CHAROTAR UNIVERSITY OF SCIENCE AND TECHNOLOGY

Criteria 3

Research, Innovations and Extension

Metric 3.6.3	Number of extension and outreach programs conducted by the institution including those through NSS/NCC/Red cross/YRC during the last five years (including Government initiated programs such as Swachh Bharat, Aids Awareness, Gender Issue, etc. and those organised in collaboration with industry, community and NGOs).

Supporting Documents

1	Reports of the Event Organised **(Year : 2019-20)**

Charusat Rural Education Development Program (CREDP)

CHARUSAT NSS UNIT

- Faculty of Technology and Engineering
- Faculty of Pharmacy
- Faculty of Computer Science and Applications
- Faculty of Management Studies
- Faculty of Sciences
- Faculty of Medical Sciences

CHAROTAR UNIVERSITY OF SCIENCE AND TECHNOLOGY

CHARUSAT NSS UNIT

A Report on Exhibition on Personal Hygiene and Menstrual Hygiene

CHARUSAT NSS Unit organised **Exhibition on personal hygiene and menstrual hygiene** for the girls at different Schools nearby CHARUSAT.

Exhibition having posters, banners and Charts was made at various schools. Volunteers of NSS from ARIP, CHARUSAT spread awareness about importance of education for girls and emphasized on continuity of their education.

Effective presentations were made to spread awareness regarding menstrual hygiene and other physical issues of female. Sanitary pads were distributed among the girls and women. Volunteers reached out to shy and self- restricted girls and women and distributed the pads and counselled them.

The details of the same are as following:

Date: **07-Jul-2019**
Time: **11:00 pm to 4:00 pm**
Venue: **Changa, Padgol, Demol, Valetava, Padgol**

Objective: The drive was conducted with a view to spread awareness about personal hygiene and menstrual hygiene for the girls at rural schools.

Scheme: The awareness drive was organised under the National Menstrual Hygiene Scheme. The scheme was started with the following objectives:

- To increase awareness among adolescent girls on Menstrual Hygiene
- To increase access to and use of high quality sanitary napkins to adolescent girls in rural areas.
- To ensure safe disposal of Sanitary Napkins in an environmentally friendly manner.

The scheme was initially implemented in 2011 in 107 selected districts in 17 States wherein a pack of six sanitary napkins called "Freedays" was provided to rural adolescent girls for Rs. 6. From 2014 onwards, funds are now being provided to States/UTs under National Health Mission for decentralized procurement of sanitary napkins packs for provision to rural adolescent girls at a subsidized rate of Rs 6 for a pack of 6 napkins. The ASHA will continue to be responsible for distribution, receiving an incentive @ Rs 1 per pack sold and a free pack of napkins every month for her own personal use. She will convene monthly meetings at the Aanganwadi Centres or other such platforms for adolescent girls to focus on issue of menstrual hygiene and also serve as a platform to discuss other relevant SRH issues. A range of IEC material has been developed around MHS, using a 360 degree approach to create awareness among adolescent girls about safe & hygienic menstrual health practices which includes audio, video and reading materials for adolescent girls and job-aids for ASHAs and other field level functionaries for communicating with adolescent girls.

Participation: In total 18 volunteers and 2 NSS Program officers with 1 non-teaching staff participated in the drive. More than 300 girls and women were benefited from the drive.

Photos

Exhibition on personal hygiene, Date : 7th July 2019, Location : Charusat nearby villages

Exhibition on personal hygiene, Date : 7th July 2019, Location : Charusat nearby villages

CHAROTAR UNIVERSITY OF SCIENCE AND TECHNOLOGY

CHARUSAT NSS UNIT

A Report on Orientation Program for F.Y. B. Tech Students

Orientation Program for First Year Students of B. Tech Program of CSPIT & DPSTAR, constituent institutes of CHARUSAT has been organised every year by CHARUSAT NSS Unit.

The Orientation Program includes various In- campus as well as outreach activities for the students. Students are provided opportunities to get involved in various creative and constructive activities. The details are as following:

Date: **15 to 24 July, 2019**

Time: **9:30 am to 4:00 pm**

Venue: **CHARUSAT Campus, Valetava, Demol**

Activities such as Tree Plantation at villages, Best out of waste competition, Poster Making on Environment, Slogan Writing on Women Empowerment, and many such activities. The students participate in the above activities in group so that they can know their batch mates and coordinate with them. The tree plantation activity was conducted for students of First Year B.Tech of CSPIT and DEPSTAR by Charusat NSS Unit. The students were explained about the trees and the importance of tree plantation. The Best out of waste competition was conducted for students of First Year B.Tech of CSPIT and DEPSTAR by Charusat NSS Unit. The students were provided waste materials from the University and were

encouraged to develop innovative and useful things from materials provided. The students showcased their talent and made awe inspiring things using the waste material like newspaper, bottles, plastics, empty cans, CD ROMS etc. The Poster Making competition was conducted for students of First Year B.Tech of CSPIT and DEPSTAR by Charusat NSS Unit to bring out the creative expression of the students and also to gauge their awareness quotient. The theme taken up was Preserving Environment. The students were provided the necessary stationery materials from the University and were encouraged to develop innovative and artistic posters. The students displayed their artistic skills through an array of posters on the given topic.

The Slogan Writing competition was conducted for students of First Year B. Tech of CSPIT and DEPSTAR by Charusat NSS Unit to bring out the creativity of the students on paper. The theme taken up was Women Empowerment. Students participated with full enthusiasm in it. The students displayed their skills through an array of slogans on the given topic.

Participation: In total 900 volunteers and 22 faculty members with 2 staff participated in the orientation program.

Photos

Orientation, Date : 15th july'19, Location : Charusat campus

Orientation, Date : 15th july'19, Location : Charusat campus

CHAROTAR UNIVERSITY OF SCIENCE AND TECHNOLOGY

CHARUSAT NSS UNIT

A Report on Tree Plantation

CHARUSAT NSS Unit organised Tree Plantation drive for the students of First Year Students of Engineering students. The details are as following:

Date: 2**2 July, 2019**

Time: **9:30 am to 4:00 pm**

Venue: **Valetava, Demol**

Orientation Program for First Year Students of B. Tech Program of CSPIT & DPSTAR, constituent institutes of CHARUSAT has been organised every year by CHARUSAT NSS Unit. The Orientation Program includes various In- campus as well as outreach activities for the students. Students are provided opportunities to get involved in various creative and constructive activities.

The tree plantation activity was conducted for students of First Year B.Tech of CSPIT and DEPSTAR by Charusat NSS Unit. The students were explained about the trees and the importance of tree plantation. More than 100 saplings were planted at nearby villages. Students were divided into small groups and were allotted different places like temples, schools, Panchayat offices, streets etc.

People of the villages were motivated to take care of the plants and take responsibility of growth of the plants. Volunteers took responsibility of visiting the plantation sites regularly.

Total 50 students of engineering colleges of CHARUSAT participated along with 3 staff and 5 teachers.

Photos

Tree plantation, Date : 22nd july 2019, Location : changa

Tree plantation, Date : 22nd july 2019, Location : changa

CHAROTAR UNIVERSITY OF SCIENCE AND TECHNOLOGY

CHARUSAT NSS UNIT

A Report on Youth Parliament at D N College of Commerce, Anand

CHARUSAT NSS Unit organised Youth Parliament at D N College of Commerce, Anand Anand District, Gujarat.

Objective: The objective of the Youth Parliament was to teach the youth principles of democracy, equip them with debating skills, stimulate them to present their own thoughts and listen to those of others, how to follow through, advocate for an idea, and make it a reality. The details of the same are as follows:

Date: **29-Jul-2019**
Time: **10:00 Am to 12:00 pm**
Venue: **D N College of Commerce, Anand**

Collaborating Institute: The event was organised in collaboration with D N College of Commerce, Anand

Participation: Around 14 NSS Volunteers and 1 NSS Program Officers from different constituent Institutes of CHARUSAT participated in the Youth Parliament.

Scheme: This program was organised under National Youth Parliament Scheme (NYPS). In collaboration with the Ministry of Parliamentary Affairs, the Union Government of India

has launched an innovative program called the National Youth Parliament Scheme (NYPS). The scheme's main objective is to encourage the students to participate in youth parliament online to spread democracy across the nation. As many as 8,000 educational institutions and 4,00,000 students have already been covered under this scheme. The scheme is divided into two: Kishore Sabha (Class IX to Class XII) and Tarun Sabha (Under Graduate / Post-Graduate Level).

Photos

Youth parliament at DN, Date : 29th july 2019, Location : DN, Anand

Youth parliament at DN, Date : 29th july 2019, Location : DN, Anand

MHRD
GOVERNMENT OF INDIA

उन्नत भारत अभियान
UNNAT BHARAT ABHIYAN

उन्नत भारत अभियान
Unnat Bharat Abhiyan

शिशित भारत-स्वस्थ भारत-स्वच्छ भारत-स्वावलम्बी भारत-संपन्न भारत

CHARUSAT
CHAROTAR UNIVERSITY OF SCIENCE AND TECHNOLOGY

U & P U. Patel Department of Computer Engineering

Department of Information Technology

Charotar University of Science and Technology Report

June-July, 2019

Activities and Progress of Unnat Bharat Abhiyan 2.0

U & P U. Patel Department of Computer Engineering and Information Technology department under CHARUSAT University has adopted one villages under UBA. The details are as follows:

Sr. No.	Adopted Village Name	District
1	Ghuteli	Anand

1. **Survey and Analysis**

GHUNTELI PRIMARY SCHOOL was established in 1892 and it is managed by the Local body. It is located in Rural area. It is located in PETLAD block of ANAND district of Gujrat. The school consists of Grades from 1 to 8. The school is Co-educational and it doesn't have an attached pre-primary section. The school is N/A in nature and is not using school building as a shift-school. Gujarati is the medium of instructions in this school. This school is approachable by all-weather road. In this school academic session starts in April. The school has Government building. It has got 11 classrooms for instructional purposes. All the classrooms are in good condition. It has 2 other rooms for non-teaching activities. The school has a separate room for Head master/Teacher. The school has Partial boundary wall. The school has had electric connection. The source of Drinking Water in the school is Tap Water and it is functional. The school has 1 boys' toilet and it is functional. and 3 girls' toilet and it is functional. The school has a playground. The school has a library and has 790 books in its library. The school does not need ramp for disabled children to access classrooms. The school has 11 computers for teaching and learning purposes and all are functional. The school is having a computer aided learning lab. The school is Provided and Prepared in School Premises providing mid-day meal.

2. **Finalizing Syllabus for English and Mathematics for AR/VR learning**

The project is based on Augmented Reality (AR) and Virtual Reality (VR). The students of lower primary school will learn English and Mathematics with visual effects. For example, we can teach student like A for Apple but by using virtual reality software, student can see the image of apple with movement and also learn different words generating from various alphabets. Following are the contents which can be represented through software.

English:

- Alphabets
- Word forming from Alphabets
- Visual effect of various words such as Apple, Orange etc.

Similarly, for mathematics, students can learn summation and differences of number by visually. Following are the contents which can be represented through software.

Mathematics:

- Number from 1 to 100
- Summation of number
- Differences of number

3. Project Planning Phase

ID	Task Mode	Name	Duration	Start	Finish
1		**Project**	**149 days**	**Sat 6/1/19 8:00 AM**	**Fri 12/20/19 5:00 PM**
2		Rquirement Gethoring & Analysis	44 days	Sat 6/1/19 8:00 AM	Wed 7/31/19 5:00 PM
3		UI Design	22 days	Fri 8/2/19 8:00 AM	Sat 8/31/19 5:00 PM
4		Coding	33 days	Sun 9/1/19 8:00 AM	Tue 10/15/19 5:00 PM
5		Unit Testing	12 days	Wed 10/16/19 8:00 AM	Thu 10/31/19 5:00 PM
6		System Testing	15 days	Wed 10/16/19 8:00 AM	Tue 11/5/19 5:00 PM
7		Beta Version	21 days	Mon 11/4/19 8:00 AM	Sat 11/30/19 5:00 PM
8		Bug fixes	21 days	Mon 11/4/19 8:00 AM	Sat 11/30/19 5:00 PM
9		Improvement	21 days	Mon 11/4/19 8:00 AM	Sat 11/30/19 5:00 PM
10		Final Testing	21 days	Mon 11/4/19 8:00 AM	Sat 11/30/19 5:00 PM
11		Release Version	15 days	Mon 12/2/19 8:00 AM	Fri 12/20/19 5:00 PM

4. Team Members

Apart from the NSS volunteers, there are following students who are going to build the application based on VR along with faculty members. 4 students and 4 staff participated.

Students:

Sr No.	Name	Semester	Branch
1	Rutvik	7th	CE
2	Neel	7th	CE
3	Ravi	7th	CE
4	Harsh Bansal	7th	IT

Faculty members:

Sr No.	Name	Designation	Department
1	Nilesh Dubey	Assistant Professor	CE
2	Amit Parmar	Assistant Professor	IT
3	Martin Parmar	Assistant Professor	CE
4	Mrugendra Rahevar	Assistant Professor	CE

Mr. Martin Parmar
Amit Parmar
UBA, Coordinator

CHARUSAT

Dr. Ritesh Patel
HoD CE

Dr. Parth Shah
HoD IT
CHARUSAT

Photos

Activity at Ghuteli, Date : 31th july2019, Location : Ghuteli

Activity at Ghuteli, Date : 31th july2019, Location : Ghuteli

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शिशित भारत-स्वस्थ भारत-स्वच्छ भारत-स्वावलम्बी भारतसंपन्न भारत

CHARUSAT
CHAROTAR UNIVERSITY OF SCIENCE AND TECHNOLOGY

U & P U. Patel Department of Computer Engineering

Smt. Kundanben Dinsha Patel Department of Information Technology

Charotar University of Science and Technology Report

August 2019

Activities and Progress of Unnat Bharat Abhiyan 2.0

U & P U. Patel Department of Computer Engineering and Smt. Kundanben Dinsha Patel Information Technology department under CHARUSAT University has adopted one village under UBA. The details are as follows:

Sr. No.	Adopted Village Name	District
1	Ghuteli	Anand

1. **Meeting with the school Principal and Teacher regarding the project**

   This meeting was held in august month for a whole day to understang the feasibility of the project and try to understand their requirement at a basic level. We have explained to them the whole project (in terms of presentation) and after that principal mam and other teachers appreciate our effort, they also shared their feedback on the development of the project.

   Our second agenda was to finalize the place where we can install the machine(A computer system with all the required software installed) that we will give them after completion of the project. We have seen all classroom and computer lab, then we have finalized the place which is near to the computer lab

2. **Photographs of meeting and discussion**

Meeting with Teachers, Date : 12th Aug2019, Location : Ghuteli

Meeting with Teachers, Date : 12th Aug2019, Location : Ghuteli

3. Team Members

Apart from the NSS volunteers, there are following students who are going to build the application based on VR along with faculty members. 10 students with 2 faculties participated.

Students:

Sr No.	Name	Semester	Branch
1	Rutvik	7th	CE
2	Neel	7th	CE
3	Ravi	7th	CE
4	Harsh Bansal	7th	IT

Faculty members:

Sr No.	Name	Designation	Department
1	Nilesh Dubey	Assistant Professor	CE
2	Amit Parmar	Assistant Professor	IT
3	Martin Parmar	Assistant Professor	CE

Mr. Martin Parmar and
Mr. Amit Parmar
UBA, Coordinators

CHARUSAT

Dr. Ritesh Patel
HoD CE

Dr. Parth Shah
HoD IT
CHARUSAT

CHAROTAR UNIVERSITY OF SCIENCE AND TECHNOLOGY

CHARUSAT NSS UNIT

A Report on Independence Day Celebration

Celebration of 73rd Independence Day was organised by CHARUSAT NSS Unit at CHARUSAT.

Objective: The celebration was aimed at paying tribute to freedom fighters and foster spirit of patriotism in the students and all citizens of the nation.

The details of the same are as follows:

Date: **August 15, 2019**
Time: **9:00 am to 10:00 am**
Venue: **Central Lawn, CHARUSAT Campus, Changa**
Participants : 2000 students with 22 faculty members with 3 staff of charusat

Celebration of Independence started with Flag hoisting ceremony by Smt.Madhuben Patel, Joint Secretary, Kelavani Mandal. The celebration was organised at central lawn, CHARUSAT Campus. Smt.Madhuben Patel hoisted the national flag and delivered inspiring speech. Registrar, Mr. Devang Joshi, Advisors Dr. Jani, Dy. Registrar Dr. Harish Desai, Deans of Faculties, Principals of constituent Institutes of CHARUSAT, Heads of

various Departments and Centres, Faculty members, Administrative staff, students as well as students and teachers of nearby rural schools attended the ceremony.

Students of rural schools of nearby villages that have joined hands with CHARUSAT, studying in standard 1 to 10 participated in the celebration as every year they participate. Charusat Rural Education Development Program (CREDP) is one of the Education Support initiatives of CHARUSAT that strives for the amelioration of school education in rural areas of Charotar region of the state of Gujarat through strengthening of school infrastructure facilities through guidance in: lab development, library and other knowledge resource development and deployment of technology and other tools in pedagogy through training and awareness programs for students, Teachers, Parents and School Managements.

A small cultural event was organised by the Unit wherein students of rural schools as well as from CHARUSAT performed small skit, patriotic songs and mono acts. At the end of the event, refreshment was served to all.

Photos

Independence Day, Date : 15th Aug.2019, Location : Charusat

Independence Day, Date : 15th Aug.2019, Location : Charusat

CHAROTAR UNIVERSITY OF SCIENCE AND TECHNOLOGY

CHARUSAT

CHARUSAT NSS UNIT

Report on National blind flag week

Date of event : **26/08/2019**
Timings : **10.00 am-3.00 pm**
Venue : **CHARUSAT, Changa**

I. Introduction:

The National Association for the Blind reaches to the remotest corner of Gujarat and provides education, training and employment to the person with visual impairment. From Banaskantha in the north to Valsad in the south, from Kutch in the west to Sabarkantha in the east, the NAB GSB has built an active network through strategically located 24 district branches. NAB GSB is developing into one stop destination for the persons with visually impairment to get access to services, schemes and concessions.

All India Flag Day for the Blind - Every 14th September becomes a day of celebration and expression of talent and joy. Performances become a way to reach to people's heart and start a new way of looking at world. To support this noble day CHARUSAT organized celebration of National Blind Flag Day (September 21, 2016) where they collected donation from CHARUSAT family and helped visually challenged people of Anand district.

Objectives:

- To contribute to Educational, Social and Economic growth of Visually challenged people of Anand District through donation collection from CHARUSAT Family.

NSS unit of CHARUSAT organized **National Blind Flag Day** on **September 21, 2018** at CHARUSAT with a view to contribute to Educational, Social and Economic growth of Visually challenged people of Anand District through generous donation from members of CHARUSAT Family.

MTIN NSS unit had taken part very actively. On the day of celebration student volunteers of MTIN collected donation box. Then the groups were made to collect money from different location of institution. Total 5 groups made. Various teams of NSS Volunteers approached students, Faculty members, Non – Teaching staff at their respective Institutes, Admin building, Canteen etc. with Awareness Banner Donation collection kit was provided by National Blind Association, Anand.

The collected donation / amount was counted in the presence of NSS Program officers and was submitted to the University at 3 PM. Total amount of the donation was offered to Mrs. Sudhaben Patel, National Blind Association, Anand District.

Participation: Total 44 NSS Volunteers, 14 Program Officers and 1 Non-teaching staff were involved in the process.

Photos

National Blind Flag Week. Date : 26th Aug.2019, Location : NAB, Anand

National Blind Flag Week. Date : 26th Aug.2019, Location : NAB, Anand

CHAROTAR UNIVERSITY OF SCIENCE AND TECHNOLOGY

CHARUSAT NSS UNIT

A Report on Orientation Program for NSS Volunteers at SPEC, Bakrol

Orientation Program for the NSS Volunteers of Sardar Patel Education Campus, Bakrol was organised by CHARUSAT NSS Unit.

Objective: The Orientation Program intended to orient students / volunteers of the Institute about the vision, mission and activities of NSS.

The orientation process included Presentation on Nature, Scope and Role of NSS. Students are provided opportunities to get involved in various creative and constructive activities. The details are as following:

Date: **29 August, 2019**

Time: **1:30 am to 4:00 pm**

Venue: **Sardar Patel Education Campus, Bakrol**

Collaborating Institute: The event was organised in collaboration with Sardar Patel Education Campus, Bakrol

Mr. Robert Parmar, Coordinator, CHARUSAT NSS delivered a speech on Role of NSS in the development of the Country. He oriented the volunteers about the origin, motto, nature of activities of NSS at various levels.

Participation: In total 16 volunteers and 2 faculty members participated in the orientation program. Almost 280 students of Sardar Patel Education Campus, Bakrol participated in the orientation program.

Scheme: This program was organised under National Youth Parliament Scheme (NYPS). In collaboration with the Ministry of Parliamentary Affairs, the Union Government of India has launched an innovative program called the National Youth Parliament Scheme (NYPS). The scheme's main objective is to encourage the students to participate in youth parliament online to spread democracy across the nation. As many as 8,000 educational institutions and 4,00,000 students have already been covered under this scheme. The scheme is divided into two: Kishore Sabha (Class IX to Class XII) and Tarun Sabha (Under Graduate / Post-Graduate Level).

Photos

Orientation Program at SPEC, Date : 29th August 2019, Location : SPEC, VVNagar

Orientation Program at SPEC, Date : 29th August 2019, Location : SPEC, VVNagar

CHAROTAR UNIVERSITY OF SCIENCE AND TECHNOLOGY

CHARUSAT NSS UNIT

A Report on Fit India Campaign at CHARUSAT

CHARUSAT NSS Unit has organised Fit India Campaign at charusat for the students of constituent institutes of CHARUSAT. The event was organised at RPCP Auditorium at CHARUSAT.

Date: 28-8-2019
Time: 10:00 am to 12:00 pm
Venue: RPCP Auditorium, CHARUSAT

All the students and Program Officers with some faculty members gathered at RPCP Auditorium wherein they were made aware about the vision and mission of Fit India Movement. Details of the movement were shared through PPT and videos provided on Website of Central Government.

Live screening of address by Prime Minister Shri Narendra Modi was organised for the students. Students shared their ideas and suggested some activities for implementation of the movement at CHARUSAT.

Scheme: CHARUSAT NSS Unit had organised Fit India Run on Gandhi Jayanti under Fit India Campaign. The motto of this event is to make a healthy generation. Students are our future and if they are not in proper fitness then our nation will have not the proper generation to achieve proper goals. Fit India Movement is a nation-wide movement in India to encourage people to remain healthy and fit by including physical activities and sports in their daily lives. It was launched by Prime Minister of India Narendra Modi at Indira Gandhi Stadium in New Delhi on 29 August 2019 (National Sports Day).

Fit India Movement is a nation-wide movement in India to encourage people to remain healthy and fit by including physical activities and sports in their daily lives.

Participation: Total 280 volunteers and 18 faculty members with 2 staff took part in the event.

Photos

Fit India, Date : 28th aug.2019, Location : charusat campus

Fit India, Date : 28th aug.2019, Location : charusat campus

CHAROTAR UNIVERSITY OF SCIENCE AND TECHNOLOGY

CHARUSAT NSS UNIT

A Report on Youth Parliament at Smt. Chandaben M Patel Institute of Computer Applications at CHARUSAT

A Youth Parliament was organised by CHARUSAT NSS Unit at Smt. Chandaben M Patel Institute of Computer Applications at CHARUSAT Campus for the volunteers of CHARUSAT wherein volunteers actively participated and proposed various bills and got involved in healthy discussion.

Objective: The objective of the Youth Parliament was to provide NSS volunteers a platform to meet volunteers from other Universities and have a fruitful interaction on essential contemporary issues. It also aims to teach the youth principles of democracy, equip them with debating skills, stimulate them to present their own thoughts and listen to those of others, how to follow through, advocate for an idea, and make it a reality. The details of the same are as follows:

Date: **30 August, 2019**
Time: **1:00 pm to 5:00 pm**
Venue: **CMPICA, CHARUSAT, Gujarat**

Volunteers were divided into 6 different groups to perform as political parties. They proposed various bills and had healthy discussions on various topics. Out of the 6 bills proposed 4 bills were accepted by the house. One bill was rejected by

voting and one bill was sent back to parliamentary committee for revision and re-proposal.

Mr. Robert Parmar, Coordinator, CHARUSAT NSS played the role of the Speaker of the house.

Participation: Around 98 NSS Volunteers and 5 NSS Program Officers with 1 staff from different constituent Institutes of CHARUSAT as well as young leaders from the village participated in the Youth Parliament.

Scheme: This program was organised under National Youth Parliament Scheme (NYPS). In collaboration with the Ministry of Parliamentary Affairs, the Union Government of India has launched an innovative program called the National Youth Parliament Scheme (NYPS). The scheme's main objective is to encourage the students to participate in youth parliament online to spread democracy across the nation. As many as 8,000 educational institutions and 4,00,000 students have already been covered under this scheme. The scheme is divided into two: Kishore Sabha (Class IX to Class XII) and Tarun Sabha (Under Graduate / Post-Graduate Level).

Photos

Youth Parliament-CMPICA, Date : 30th Aug.2019, Location : Charusat Campus

Youth Parliament-CMPICA, Date : 30th Aug.2019, Location : Charusat Campus

CHARUSAT
CSPIT
Smt. Kundanben Dinsha Patel
Department of Information Technology

Report on Youth Parliament

As a part of Swachhta Pakhwada 2019 (1st September 2019 to 15th September 2019) Smt. Kundanben Dinsha Patel Department of Information Technology, CSPIT, CHARUSAT had organized a Youth Parliament on the theme "SWACHHTA". Activity's detail is as below.

Activity at Glance

Youth parliament organized on the theme called "Swachhta Jagruti Abhiyan". It is a setup like our Indian parliament and there are people (students) who present their view on the theme (bill). The youth parliament that, we organized is for the bill on "Swachhta". What are the key points that should be there in the "Swachhta" bill and what should be the fine (penalty) for violating the rules, etc...

Students have come up with really good points and they have discussed every point of the bill in minute detail and the event was very fruitful for the students as well as for faculty and speakers. 28 students with 11 staff and 1 non teaching staff participated.

Faculty Coordinator:

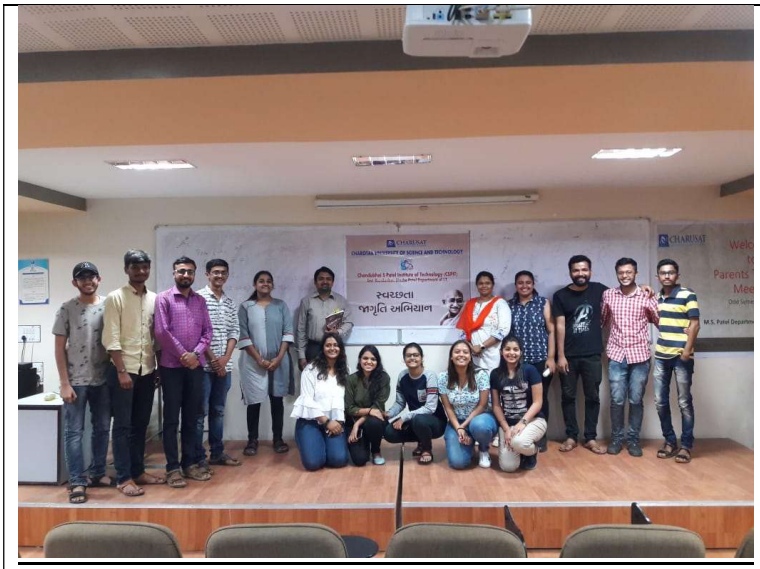
Prof. Amit Parmar
Asst. Professor
IT, CSPIT, CHARUSAT

Student Coordinators:

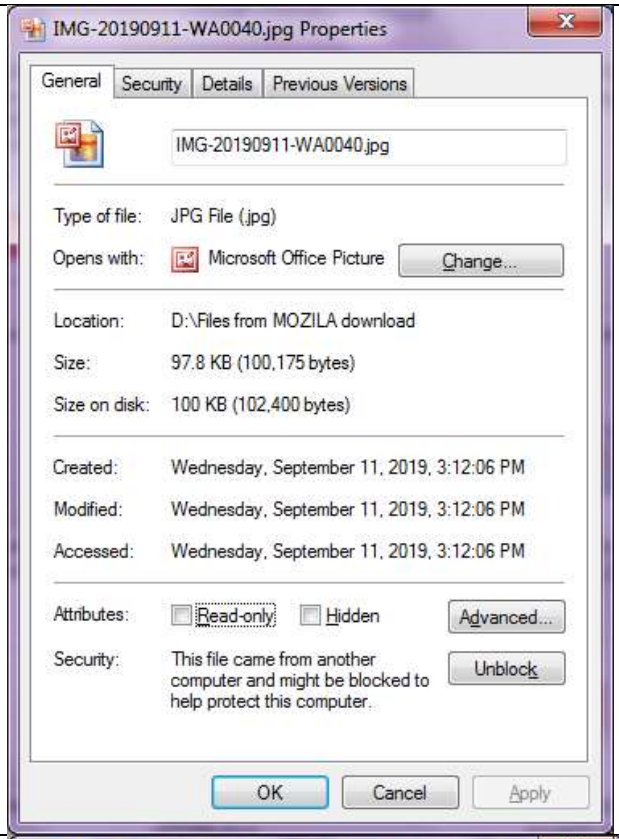
1. Bhagirathsinh Dodiya
2. Vishal Ahuja

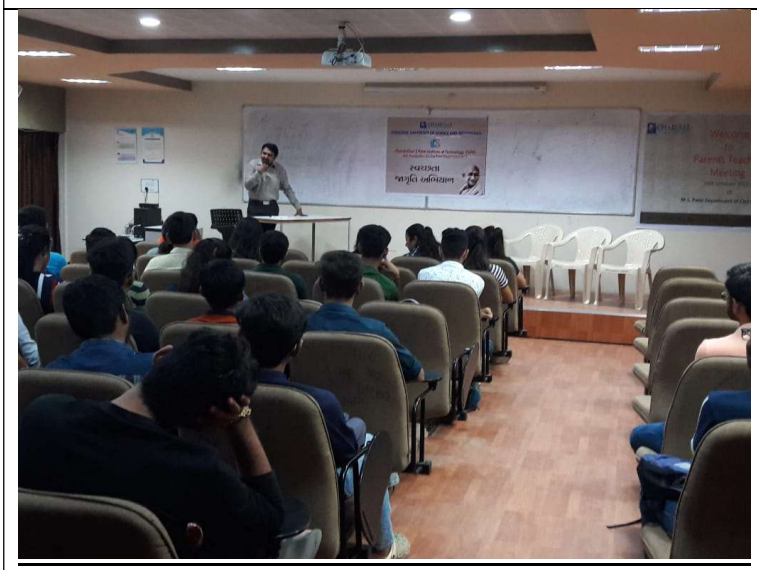
Parliament Speakers: - Prof. Robert Parmar, Prof. Priyanka Patel

Photographs of the Activity:

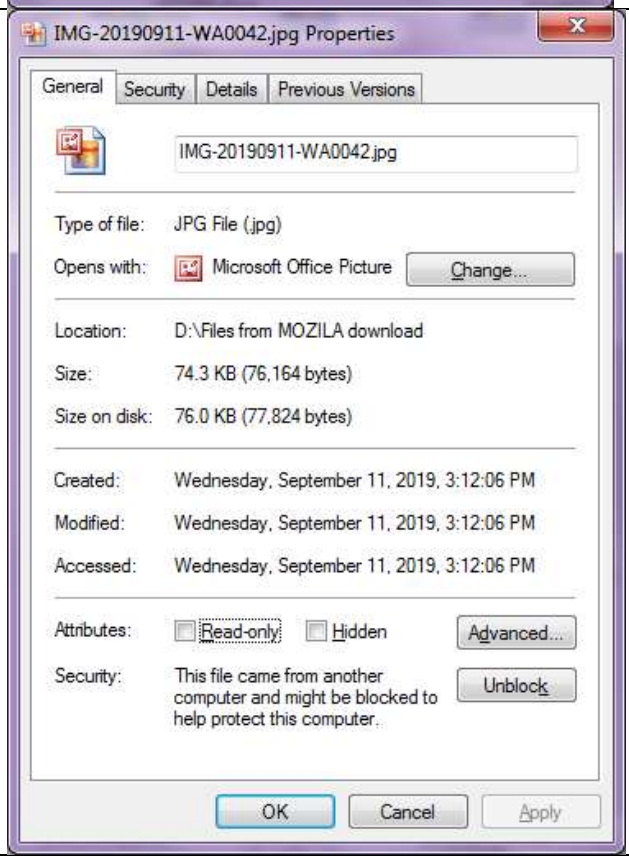


Youth parliament, Date : 1st sept.2019,
Location : Charusat





Youth parliament, Date : 1st sept.2019,
Location : Charusat



CHARUSAT
CSPIT
Smt. Kundanben Dinsha Patel
Department of Information Technology

Report on Data collection Activity

Date of Activity: 5th sept. 2019
Day: Thursday

As a part of applying for the project proposal at MHRD under UBA 2.0 (Unnat Bharat Abhiyan 2.0) Students had gone to Ghunteli Village (an adopted village by IT dept.) to celebrate Teacher's day.

Faculty Coordinator:

Prof. Amit Parmar
Asst. Professor
IT, CSPIT, CHARUSAT

Student Coordinators:

Dhaval Vaghela
Bhagirath sinh dodiya

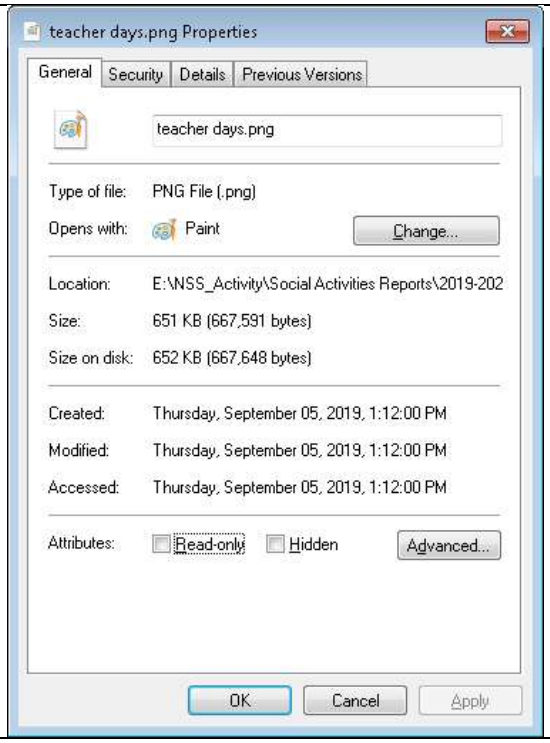
Participation : 15 students with 2 teachers.

List of participants

1	Dhaval Vaghela
2	Neel Shah - 18it124
3	Kagathava Binal - 18it045
4	Arpan Kanani - 18it047
5	Meet Manvar - 18it062
6	Nevil Parikh - 17it062
7	Parthiv Thakkar - d19it147
8	Kaaviya Modi - 18it065
9	Makadiya Happy - 18it055
10	Stuti Kuvadia - 17it047
11	Prachi Shah - 18it125
12	Chodvadiya Parth - 16it017
13	Doshi Jeel - 17it025
14	Gandhi Meeti - 18it035
15	Nikunj Patel - 18it093

Photographs of Activity

Teachers' Day Celebration at Ghunteli School, Date : 5th Sept.2019, Location : Ghuteli



CHAROTAR UNIVERSITY OF SCIENCE AND TECHNOLOGY, CHANGA

CHARUSAT NSS UNIT

A Report on "SAVE WATER AND REMOVE PLASTIC" Campaign at CHARUSAT

CHARUSAT NSS Unit organized an Exhibition on the themes "**SAVE WATER AND REMOVE PLASTIC"** on September 12, 2019 at CHARUSAT Campus under **Swachhta Pakhwada Project** initiative of Central Government.

The exhibition was organized with a view to spread awareness about problem of scarcity of drinking water in Gujarat and around the world. Other important objective of the event was to initiate thought provocation about dangers of Use of Plastic by all. More than hundred posters in English and Gujarati languages were exhibited in the Central Square of CIVIL - MECHANICAL Building, CHARUSAT Campus, Changa. The exhibition was organiseg for Two Days.

Shri Mehulbhai Patel, Ex- Executive, WALMI and an active member of JCI, Nadiad, innaguarated the exhibition in the presence of Dr. Vijay Panchal, Head, Department of Civil Enginering, CSPIT, CHARUSAT, Dr. Hiteshri Shastri, Mr. Devang Patel and NSS Program Coordinator. Mr. Mehul, discuss the issue of drinking water scacity and ways of prevention. He discussed how students can contributr in solving the problem of plastic on campus with Volunteers of CHARUSAT NSS Unit.

Around 900 students, 1 teachers with 10 staff and members of CHARUSAT Family as well as people from nearby area visited the exhibition. On the first day, Mr. Mehul, the chief guest, took students through the exhibiion and explained each poster and details in them.

With a view to promote No use of plasic on campus, volunteers sell carry bags and college bags, made of clothes and explained benefits of preventing use of plastics to the visitors.

The exhibition was successful as a positive attitude was observed in the visitors. Students, Teachers and volunteers took oath to minimise the use of One Time Use Plastics. The exhibition was supported by Water Management Forum of India and WALMI, Anand.

Photos

Exhibition on Save Water, Date : 12 sept.19, location : Charusat

Exhibition on Save Water, Date : 12 sept.19, location : Charusat

CHARUSAT
CSPIT
Smt. Kundanben Dinsha Patel
Department of Information Technology

Report on Awareness on Electoral Voter Registration

Date of Activity: 19 Sept. 2019
Day: Thursday

Activity at Glance

There was held awareness programme name "**Electoral Voter Registration**" by the Mamlatdar kacheri petlad district. There was also presence of Mamlatdar, deputy collector and our university Registrar. 60 students with 3 teachers participated.

Below listed students were present there kindly consider their attendance.
Management Team:(Present for 1.10 to 4.20)
17IT004
17IT015
17IT023
Participants Volunteer:(present for 2.20 to 4.20)
19IT048
19IT041
19IT017
D19IT155
18IT032
18IT035
18IT037

Faculty Coordinator:

Prof. Amit Parmar
Asst. Professor
IT, CSPIT, CHARUSAT

Student Coordinators:

Bhagirathsinh Dodiya
Vishal Ahuja

Photographs of Activity

Electoral voter registration, Date : 19th sept.2019, Location : Charusat

AN OUNCE OF PUBLIC HEALTH IS WORTH A POUND FOR HEALTH CARE!

Awareness Camp on World Pharmacist's Day

RAMANBHAI PATEL COLLEGE OF PHARMACY, CHARUSAT, CHANGA

The NSS Unit of Ramanbhai Patel College of Pharmacy and Department of electronics and communication of Chandubhai S. Patel Institute of Technology (CSPIT-EC)performed various activities in the Malataj village and M.K.G. Patel Vidyalaya school of Malataj on the World Pharmacist's Day, September 25, 2019. On the theme of Safe and Effective Medicines for all and Health and Hygiene awareness, volunteers raised awareness among the people by performing various activities. The following activities were conducted during the campaign:

- Awareness rally in Malataj village
- Skit was performed in village and school based on the theme Health and Hygiene
- Health and Hygiene awareness kit and pamphlets were distributed among the people of village

Nearly 60 students members and 6 faculties of both the institutes gave their esteemed cooperation and took part in awareness rally and raised awareness among people about general health and hygiene.

The main aim of the programme was to aware the people of village about the health and hygiene as deadly disease are

attacking people and people are unaware about the cure and the mortality rate is increasing day by day due to various diseases. Also, the people were made aware about the cleanliness and how its directly related to the emergence of fatal diseases like Dengue and Malaria.

Also, the message related to menstrual hygiene was passed on to the people by the mode of the skit. Volunteers also worked upon the self-medication as the people have started taking medicines randomly without the prescription of doctor which then affects the heath of people. Various slogans on health and hygiene were delivered to people during the rally to spread awareness and it was brought to attention of people that Cleanliness is the only medicine to all the diseases.

The kit was distributed among the villagers who had some health and hygiene related necessary requirements which can help people. The volunteers also explained the use of everything which was there in the kit so that people can easily understand the proper use of that product.

RPCP NSS Unit expresses gratitude whole heartedly to Dr. Sulabha Natraj, Professor in Charge and NSS Coordinator, for all the support and guidance in conducting this programme. Also, thanks to Dr. Manan Raval, for his never tiring efforts and his valuable inputs for the same. The perseverance of Dr. Amit Patel, RPCP NSS Coordinator, cannot be overlooked ever and his continuous motivation and support throughout the whole process." Coming together is a beginning, working together is a process and success only blooms where we work collectively as a unit for goal." Here, a thank you to all the faculty coordinators and volunteers as well.

Photos

Pharmacist Day, Date : 25th sept.2019, Location : Malataj

Pharmacist Day, Date : 25th sept.2019, Location : Malataj

MHRD
GOVERNMENT OF INDIA

उन्नत भारत अभियान
UNNAT BHARAT ABHIYAN

उन्नत भारत अभियान
Unnat Bharat Abhiyan

शिशित भारत-स्वस्थ भारत-स्वच्छ भारत-स्वावलम्बी भारत-संपन्न
भारत

CHARUSAT
CHAROTAR UNIVERSITY OF SCIENCE AND TECHNOLOGY

U & P U. Patel Department of Computer Engineering

Smt. Kundanben Dinsha Patel Department of Information Technology

Charotar University of Science and Technology Report

October 2019

Activities and Progress of Unnat Bharat Abhiyan 2.0

U & P U. Patel Department of Computer Engineering and Smt. Kundanben Dinsha Patel Information Technology department under CHARUSAT University has adopted one village under UBA. The details are as follows:

Sr. No.	Adopted Village Name	District
1	Ghuteli	Anand

1. **Awareness & Training Session for Teachers of Gunteli Primary School**

   Based on the previous meeting dated on 14th August, 2019 at Primary School Ghunteli, Anand, Gujarat, we had started to form a team and developed one working model of application. The application mainly for school children to help them out to understand the basics of English language as per their syllabus.

   We have arranged one meeting cum training program for teachers of Ghunteli Primary School at Charotar University Science and Technology (CHARUSAT). The main objective behind the session would be to make them aware about the project and technology (Augmented Reality and Virtual Reality) and how it will be fruitful for school children and teachers for education.

   We have asked and discuss the various methodologies being taught by teachers in the school specially for English and Mathematics. Then after, we have shown them how technology (AR/VR) can incorporate the learning with effective to school children.

2. **Demonstration of Project based on Virtual Reality and Augmented Reality to augment learning outcomes among Primary School Children**

   The first demonstration of application has been launched among the teachers. The demo includes following functionalities for English language. Learning alphabets small and capital Word forming from different letters.

   - Visual effects with sound.
   - Background graphics with music.
   - Spelling of words from alphabets.

3. **Feedback & Suggestions by Teachers**

   After demonstration, teachers have given certain important suggestions by their experience.

   - Object name with audio sound with pronunciation i.e Apple.
   - Writing style of Alphabets small & capitals.
   - Practicing different curves of lines which helps children to writes letters strength not in zigzag mode.

- Includes words such as two letters and three letters more which reduce complexity and make learning easy.

Suggestions for Mathematics modules:

- Include basic operations like Addition, Subtraction, Multiplication and Division.
- Summation of number without carry digit and then add little complexity.

4. Photographs of Training and Discussion

Activity for Ghuteli, Date : 31st oct.2019, Location : Charusat

5. Participants (Teachers)

Sr No	Name of Teacher	Designation
1	Divyanshi Pandya	Assistant Teacher
2	Gitaben R. Patel	Assistant Teacher
3	Daxaben K. Prajapati	Assistant Teacher
4	Sangitaben Patel	Assistant Teacher
5	Minaxiben K. Makwana	Assistant Teacher

6. Team Members

Apart from the NSS volunteers, there are following students who are going to build the application based on VR along with faculty members. 5 students with 3 teachers participated.

Students:

Sr No.	Name	Semester	Branch
1	Rutvik Chauhan	7th	CE
2	Neel Patel	7th	CE
3	Ravi Patel	7th	CE
4	Gohil Rushabh	5th	IT
5.	Vishwas Dhauwani	5th	IT

Faculty members:

Sr No.	Name	Designation	Department
1	Nilesh Dubey	Assistant Professor	CE
2	Amit Parmar	Assistant Professor	IT
3	Martin Parmar	Assistant Professor	CE

7. Conclusion & Future Planning

The session with teachers became much interactive in order to introduce new methodology based on technology which will be helpful for school children to understand the subject such as English and Mathematics in innovative manner.

CHAROTAR UNIVERSITY OF SCIENCE AND TECHNOLOGY

CHARUSAT NSS UNIT

A Report on Bird Rescue

A team of trained NSS Volunteers has rescued, treated and worked hard for the rehabilitation of injured, abandoned and physically challenged birds and animals in and around CHARUSAT Campus since its inception.

Date: **17-December-2019**
Time: **4:00 pm**
Venue: **CHARUSAT**

NSS Volunteers were informed about an injured dove on the campus at one of the classrooms. The bird was hit by a fan and was crying in pain. A team of volunteers reached the classroom and rescued it and brought to NSS Unit and comforted it.

The dove was treated and fed well with some food and was much comfortable in the company of the volunteers. It was found that the wing and a leg of the bird were badly injured.

Collaborating Agency: An NGO (Non- Government Organisation) based at Vidyanagar called Ray of Light Foundation, founded by a social work student Pulkit Bhatt in the year 2014 helped in treating the bird. It carries out activities like rescuing, rehabilitation, adoption of birds, animals, reptiles etc.

NSS Volunteers treated and kept the bird and handed it over to the team of Ray of Light Foundation, reached CHARUSAT Campus. The team took the bird with them and treated it well.

The act of humanities was well appreciated by the executives of CHARUSAT as well as CHARUSAT Family.

A Team of 5 trained volunteers, 1 NSS Program officer and a peon carried out the action and saved the monkey.

Photos

Bird Rescue, Date : 17th Dec.2019, Location : Charusat

Bird Rescue, Date : 17th Dec.2019, Location : Charusat

CHAROTAR UNIVERSITY OF SCIENCE AND TECHNOLOGY

CHARUSAT NSS UNIT

Report on NSS Annual Camp

CHARUSAT NSS unit organizes NSS Annual Camps every year in nearby villages. During the camp, NSS Volunteers and Program Officers live in village for Seven days and live a rural life. They get involved in various social constructive activities. An annual camp at Traj village, Gujarat was organized by CHARUSAT NSS Unit. This camp was organized for 7 days that is from 22nd to 28th January 2020. Total 102 students and 16 faculties with 1 staff participated in this camp.

Date: 22 to 28 January, 2020

Timings: 24 hours stay at village for 7 days

Venue : Traj village, Gujarat

Objectives:

- To provide opportunities to students to play their due roles in the implementation of various development programs.
- To develop their character, social consciousness and commitment, discipline and healthy and helpful attitudes towards the community
- Building up potential youth leaders by exploring the latent potential among the campers, both students as well as local youth (rural and urban)

- Emphasizing the dignity of labour and self-help and the need for combining physical work with intellectual pursuits
- Student volunteers will have an opportunity to get real life experience of staying in rural area.

Day 1 (022-01-2020)

On the first day students left from CHARUSAT Campus at 12 o'clock. The time was sharp 1 o'clock when students reached at a camp site in khandli village. Students dispatch our luggage instruments and other stuffs which they brought for the camp. In half an hour they had lunch and then group were divided. There were 7 group's in total in the camp. After that the group division they had to arrange camp property and also had to clean the Campsite and sleeping area. As the camp was in school area they had to clean campus, sleep area, the lobby and the toilet. They also arrange the study material which they have broad and made the arrangements of banners of NSS. Sleeping area was also set for boys and girls in the school. This task was finished till the time of 4 o'clock. After that there was a tea and snacks break for an hour. At 5 they all gathered for a visit in the village. They made a welcome parade in the village about making the people aware of the camp organized in their village. At 6:30 they all came back and had refreshments by that time our dinner was ready and they all enjoyed the food while seeing pictures on the projection screen about their work which they have done the whole day. After that students made preparations for next day and enjoyed the campfire till the time of bed.

Day 2 (23-01-2020)

Students woke up at 4:30 for morning parade in the village which was also known as Prabhat Feri. For Prabhat Feri they gathered at 5 o'clock in the morning. As the Prabhat Feri started there was an extreme enthusiasm in each student. They were singing lokgeet and bhajan to

make the people of the village awake in the morning. They were back till 6 o'clock and then breakfast was given to them. 1 hour time was given to all the students to quickly be ready for the morning assembly in the Campsite. At sharp 7 in the morning assembly was started by the NSS song and after that individually groups were given task for the day. At 7:30 they were distributed and divided into different work. They were given the task to clean the main temple of the village. At 8:30 they left the campsite and want towards the temple. They took all the resources which we needed to complete the task from the campsite and by walking they reach the temple. Girls in the team clean the temple from inside and boys were cleaning the outside corridor of the temple. There were many plastic wastes lying around the street near the temple. They also clean the street and collect each type of waste for decomposition. At 12:30 all came back towards the campsite for our lunch. At 1 o'clock they had lunch. After lunch students held towards another responsibility of street drama for individual groups. Each had to think about that unique thrift for street drama and had to prepare for it. Evening they had tea time and some snacks too. After that they had to be prepared for a trial performance of street drama in front of our faculty. 3 group had shown their performance till the time of dinner. With dinner they again had picture presentation of what they did the whole day. After that the other groups had shown their performance. With this they set again near the camp fire to enjoy the experience. After this they also played garba for some enjoyment. They all again set an talk about the preparation of next till the time of bed.

Day 3 (24-01-2020)

As per the schedule they woke up at 4:30 and the morning for the prabhat pheri at 5. They all were completely ready for prabhat pheri at sharp 5 o'clock. After the assembly they were

offered by new task to the group individually. They had got to complete a task to make student study. Students were from grade 6. They have made them learn about scientific models about physical health about some curriculum activities and also teach them the subject which coming the syllabus. After that regular lunch was given. After that they had time to practice the street drama which they had to perform in the evening in front of street public in the village. As the times come and at 5 o'clock they were ready to perform street play in front of the audience in the village. So all of them were divided into different regions and told to perform the script in front of street audience everywhere in the village. They not only had to perform drama in front of the audience but it was also public to make understand about national issues. It was a remarkable memory together people and perform a drama at in front of the audience In routine with delivery always had picture presentation of what they had done the whole day. After that they had a short interaction with the NSS member about any advisors remarks and experience. After that there was a short description on planning and preparation of next day with the enjoyment of camp fire in the time of bed.

Day 4 (25-01-2020)

Again or very good day starts for them at 4:30 in the morning for prabhat pheri. At sharp 5 o'clock all the members were ready for prabhat pheri. At 7 o'clock be they again gathered for morning assembly in which one person of the group had to share the experience of previous day. After that regularly they were given task of the day. Students were given new task were they should teach sports in the primary school of the village. It was at a walking distance from the campsite and as they reach at the primary school the children were very responding towards them. They conducted sports event for 4 classes and made them play football, hundred metre run, etc. After that there was an health checkup camp by charusat university- MTIN

student in the village. They were even responsibility to volunteer the health checkup camp. After that there was lunch time. They organized competitions for students of the school such as mehndi ,drawing, hair making, etc. After that they conducted a parade for women safety and women empowerment in the village in the evening. Then at night there was a bhajan sabha conducted in the Campsite in which village ladies were invited. Then they had the campfire and also had many conversations with each other till the time of bed.

Day 5 (26-01-2020)

Another wonderful morning at the campsite each and every person ready for the Prabhat Pheri at 5 o'clock. As the days are going the enthusiasm of students was increasing day by day for the prabhat pheri. After that regular yoga and refreshment were given to us. Time given for getting ready for the morning assembly was given to them. At 7 o'clock they all were ready for the morning assembly with starting of NSS song. As routine previous day experience of people was share after that assembly. They planned adoption day also known as the datak diwas. Many families in the villages given their name for adoption day. Student in the camp were nominated for adoption day were selected by picking up cheats by which the students was elected to go to the respected family in which there name has been chosen. In this a pair of students had to leave the lifestyle of the family in which they have been selected. They have to stay with that family for the whole day. They did made food ,wash utensils, clean house ,help in household work,etc... After that they had regular dinner at the campsite. After that they also enjoyed garba and the campus with expressing memories of all the days they lived there.

Day 6 (27-01-2020)

Again day with prabhat pheri at sharp 5 o'clock in the morning. They had organized ceremony for Dr. M. C. Patel and Suresh sir (physical Trainor) in the school. Teams were divided to conduct

different task for the ceremony. After all the arrangements had been done the dignity arrived for the ceremony. There was a very warm and kind welcome to all the dignitaries present in the ceremony and also the audience and students who had given hundred percent to the ceremony. There was dance performance by small girls of the school. The dignities had been offered welcome speech to the audience. After that there was praising ceremony for Dr. M. C Patel and Suresh Sir which was a very blessed honor for all the students present over there. After that there was lunch prepared for each and every person present in the ceremony and it was volunteered by NSS students. After such a great ceremony they all had a chance to visit the nearest Agriculture department for getting knowledge about new and advance equipments and measurements taken for improvement in farming sector. After that they had also visited the Gandhi Ashram to meet the orphanage kids and to interact with them. Then after they had vaan bhojan organised by the village people in respect of doing such a great job for the village. After that they all had a small program in the streets of the village in which they performed dance drama and also had perform a skit for the audience present over there.

Day 7 (28-01-2020)

There was a Pared organized by students to show love and affection towards the people of the village and give them a last goodbye for the day. This come to the end of the camp where they were sharing memories with each other by clicking pictures at the Campsite and also believing to get such a good opportunity from our university and the NSS unit. After that they gathered luggage, cleaned the premises and also upload all the requirement and resources which were brought at the Campsite again towards the university. At 12:30 sharp they left the Campsite and went to University Campus saying goodbye to everyone.

Photos

NSS camp at Traj, Date : 22nd Jan.2020, Location : Traj Village

NSS camp at Traj, Date : 22nd Jan.2020, Location : Traj Village

CHAROTAR UNIVERSITY OF SCIENCE AND TECHNOLOGY

CHARUSAT NSS UNIT

A Report on Voter's Day

National Voter's Day was observed at CHARUSAT Campus by NSS Unit to with a view to encourage more young voters to take part in the political process. It has been started from January 26, 2011 to mark Commission's foundation day. In order to effectively deal with this problem, the Election Commission had decided to take up a vigorous exercise to identify all eligible voters attaining the age of 18 years as of January 1 every year in each of the 8.5 lakh polling stations across the country.

The details of the same are as follows:
Date: **January 25, 2020**
Time: **11:00 am onwards**
Venue: **CHARUSAT Campus, Changa**

Collaborating Agency: Voter's Day was observed in line with communication with KCG (Knowledge Consortium of Gujarat). Among several initiatives taken by vibrant Gujarat, the Knowledge Consortium of Gujarat established by the Department of Education, stands out prominently as a major response to the very theme of the current century, which is being rapidly characterized as a gateway to the future where the human world

family will at last come to create the network of relationships through the harmonizing threads of knowledge. Knowledge has therefore become today the dynamic watchword, and major progressive steps of development are being measured in terms of advancing of knowledge and learning society. Indeed, the Department of Education, Government of Gujarat has manifested eloquently its commitment to the future by creating the Knowledge Consortium of Gujarat. Since the emerging world scenario is marked by various peaks of concentrated knowledge and excellence dotted across the world, it would be imperative for knowledge societies to innovate, cooperate and collaborate with other institutions of knowledge in the world.

Pledge Taking Ceremony: NSS Units of constituent institutes of CHARUSAT organised pledge Taking Ceremony across campus at 11:00 am and rest as per the convenience. Students, Faculty members and administrative as well as non- teaching staff also participated in the Pledge – Taking Ceremony at different venues.

Participation: More than 1500 students, 15 teaching and 2 Non- Teaching staff members participated in Pledge – Taking Ceremony organised at different venues across the campus.

Photos

Voters Day, Date : 25th Jan.2020, Location : Charusat

Voters Day, Date : 25th Jan.2020, Location : Charusat

CHAROTAR UNIVERSITY OF SCIENCE AND TECHNOLOGY

CHARUSAT NSS UNIT

Report on Celebration of Republic Day

Republic Day was observed by CHARUSAT NSS Unit at CHARUSAT Campus, Changa. The event was organized with a view to celebrate the spirit of patriotism and democracy on the 71st Republic Day at CHARUSAT Campus. The details of the same are as follows:

Date: **January 26, 2020**
Time: **8:00 am onwards**
Venue: **Central Lawn, CHARUSAT**
Participants : 1500 students with 25 teaching and 5 non-teaching staff of charusat

To mark the celebration of the day when our country adopted and implemented democratic practices Flag hoisting ceremony was organised at the campus. Mr. Naginbhai Patel, hoisted the flag at central lawn, CHARUSAT Campus, Changa. Deans of Faculties, Principals of constituent Institutes of CHARUSAT, Heads of various Departments and Centres, Faculty members, Administrative staff, students as well as students and teachers of nearby rural schools attended the ceremony. Around 300 students from 10 nearby Schools also participated in the celebration of Republic Day.

Awards were given to the best volunteers for NSS , CREDP and NCC for the year 2019-20 .

A cultural program was organised as a part of the celebration wherein students of CHARUSAT as well as students of different Schools performed dance, Skit, Solo song, Group songs, Solo Dance, group dance etc. More than 1200 students participated in the celebration.

National flags and badges were given to all to celebrate the joy of the day. Refreshment were served to all the participants.

Photos

Republic Day Celebration, Date : 26th Jan.2020, Location : Charusat

Republic Day Celebration, Date : 26th Jan.2020, Location : Charusat

CHARUSAT
CSPIT
Smt. Kundanben Dinsha Patel
Department of Information Technology

Report on Social Activity

Date of Activity: **31st Jan 2020**
Day: **Friday**

With the motivation of HoD of IT Dept. Dr. Parth Shah, we thought to do an activity at **Dhorikuva Primary School – Kasor**, discussing the detailed plan with Principal of the School and according to the school schedule, we fixed the date : 31st jan2020

Activity at Glance

This activity is for all the boys and girls students. We had also carried few games for all the students. The main objective of all IT faculty members to give some rejoice time to the school kids either by playing with them or by giving some things(gifts + prizes) which are helpful to them. So all the IT faculty collectively gave it to all students of the school. We have distributed the things which are listed below:

1. Fullscaps and small scap Notes
2. Pens
3. Geometry Box
4. Pencils
5. Eraser
6. Writing Pad (as Prize to good performers)
7. Plates for all students
7. Lunch of that day

Our 5 faculty members had conducted Half day sessions for all the school students around 24 to be participated.

Following Faculty Members played a vital role in the conduted activity.

Mr. Sanket Suthar	Finance, Manges Funds
Mrs. Priyanaka Patel, Miss. Nishat Shaikh, Mrs. Purvi Prajapati, Mr. Hemant Yadav, Mrs. Nehal Patel	Activity Planner

Mr. Amit Parmar, Mr. Hemant Yadav	Arrangement of Prizes
Mr. Pritesh Prajapati, Mr. Sagar Patel	Gifts Arrangements
Mr. Ravi Patel, Mr. Snehal Patel, Mr. Mikin Patel	Lunch Arrangements

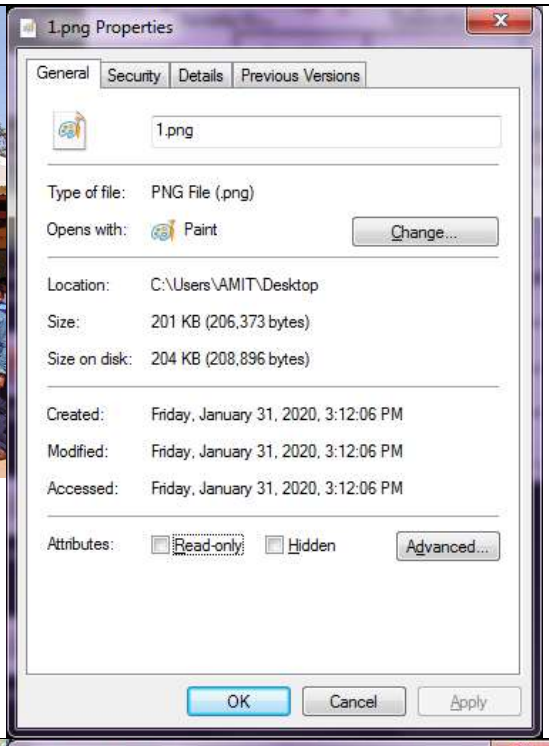
Total Collection from all the faculty members: ~39000/- rupees

List of participants

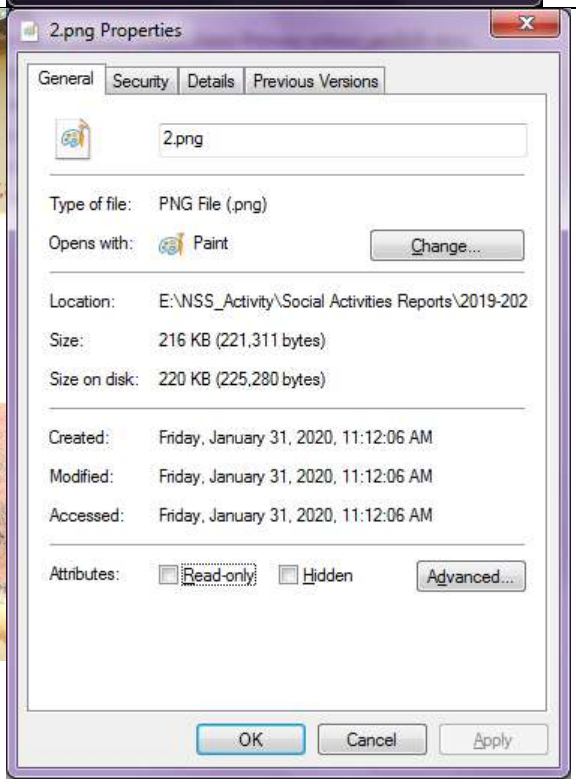
1	Parth Shah (HOD)	16	Pritesh Prajapati
2	Amit Thakkar	17	Nehal Patel
3	Bimal Patel	18	Sandip Patel
4	Purvi Prajapati	19	Harsh Patel
5	Nirav Bhatt	20	Rekha Karangiya
6	Hemant Yadav	21	Madhav Ajwaliya
7	Mrudang Pandya	22	Mikin Patel
8	Ravi Patel	23	Snehalkumar Patel
9	Nishat Shaikh	24	Prakash Solanki
10	Jalpesh Vasa		
11	Priyanka Patel		
12	Sanket Suthar		
13	Sagar Patel		
14	Henish Shah		
15	Amit Parmar		

Photographs of Activity

Activity at kasor primary school, Date : 31st Jan.2020,
Location : Kasor



Activity at kasor primary school, Date : 31st Jan.2020,
Location : Kasor



Report on Social Activity

Date of Activity: 03rd Feb 2020
Day: Monday

With the motivation of HoD of CE Dept. Dr. Ritesh Patel, we thought to visit and do an activity at Maatruchaaya (Orphan aged house)**, Nadiad** discussing the detailed plan with the mangement of orphan aged home, we fixed the date 3rd **Feb 2020**.

Activity at Glance:

The main activity to visit the Maatruchaaya is to distribute baby mats and baby diapers to baby aged from 1 to 2 years. The main of activity is to fulfill their current requirements and by contacting with the head of in charge of center Sister Varsha, she told about exact requirements specially for baby from 1 to year of age.

We reached center at 2:00 p.m. All the staff has visited center like living room, place where baby sleep etc.

Finally, all the staff personally hands over baby diapers, baby mats and kits include baby lotion to them. 24 faculty members participated.

List of participants

1	Dipsi Dave	15	Chintan Bhatt
2	Sneha Padhiyar	16	Anirudh Fatania
3	Khushboo Patel	17	Nikita Bhatt
4	Kruti Dhyani	18	Martin Parmar
5	Arpita Shah	19	Ashwin Makwana
6	Mrugendra R	20	Sagar Patel
7	Mayuri Popat	21	Dhaval Bhoi
8	Ruchita Macwan	22	Ritesh Patel
9	Vaishali M	23	Divyesh Patel
10	Deep Kotadiya	24	Dippal Israni
11	Minal		
12	Dhruti		
13	Hadik Mandora		
14	Vinay Viradia		

Photographs of Activity

CE visit to Orphan aged home, Date : 3rd feb.2020, Location : Nadiad

CE visit to Orphan aged home, Date : 3rd feb.2020, Location : Nadiad

CHARUSAT
CSPIT
Smt. Kundanben Dinsha Patel
Department of Information Technology

Report on Blind Flag Donation

Date : 20 feb, 2020
Day: Thursday

Activity at Glance

As a part of department and university NSS activity we collected the donation from every member of department (students, faculties, administration staff etc...)

Following 5 students with 1 teacher are involved in NSS activity for collection of donation for blind people of ANAND RASHTRIYA ANDHJAN MANDAL .

6th Sem students :
(Madhav sir CRNS lecture)
17IT004 : Vishal Ahuja
17IT023 : Bhagirathsinh Dodiya

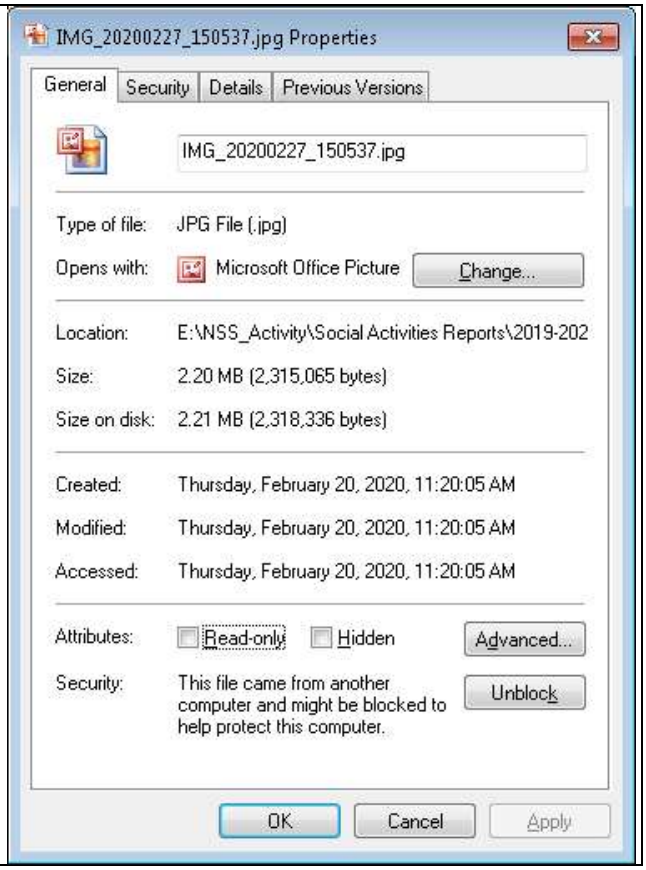
4th Sem students :
(Nirav sir DBMS lab)
18IT056 Avinash Makhija
18IT062. Meet Manvar
18IT065. Kaaviya Modi

Faculty Coordinator:

Prof. Amit Parmar
Asst. Professor
IT, CSPIT, CHARUSAT

Photographs of the Activity:

Blind flag donation, Date : 20th feb.2020,
Location : Charusat



CHAROTAR UNIVERSITY OF SCIENCE AND TECHNOLOGY

CHARUSAT NSS UNIT

A Report on Maintaining Social Distance during Lockdown in Anand District

A team of NSS Program Officers and volunteers from different constituent institutes of CHARUSAT volunteered their service at the risk of life for a noble cause. CHARUSAT NSS Unit coordinated awareness drive about Covid- 19 pandemic during Lockdown period for a month and a week.

Objective: The objective of the awareness drive was to assist Local Government bodies to prevent spread of Corona virus the district through coordinating drive of maintaining social distances. The details of the same are as follows:

Date: **11 April to 17 May, 2020**
Time: **8:00 Am to 5:00 pm**
Venue: **Anand**

A team of NSS Program Officers and volunteers from CHARUSAT were active in volunteering at different places in Anand district. All the members of the team were

allotted different places to serve in Anand and nearby areas to spread awareness through motivating people to wear masks and use sanitizer to prevent the virus. Volunteers explained people the way the virus spreads and may be dangerous for life. Volunteers rendered their services at Vegetable markets, Shops, Milk parlours, Crossings, Post Offices etc.

The team also assisted in distribution of grains at Government Grain Distribution Centres. Volunteers helped people in getting required documents to receive the grains, managed data for the distribution of grains and maintained social distancing while the distribution.

PPE Kits were distributed to Corona worriers like Police officers, members of NGO, Shopkeepers etc. by CHARUSAT NSS Unit. All the corona worriers were also provided with Refreshment, energy drinks and water regularly.

The services were well recognised by the Government and it appeared at Official Twitter account of PMOIndia, KirenRijiju, YASMinistry, NSS etc.

Mr. Surendrabhai Patel, President, CHARUSAT, Dr. M C Patel, Dr. Pankaj Joshi, Provost, Dr. Devang Joshi, Registrar, CHARUSAT and Trusties, Executives, Advisors, Deans and Principals all appreciated the services of the volunteers rendered at the risk of life for a noble cause.

Collaborating Institute: The event was organised in collaboration with DSP Office, Anand.

Participation: Around 14 NSS Volunteers and 12 NSS Program Officers from different constituent Institutes of CHARUSAT contributed during the awareness drive.

Photos :

Social Distancing during lockdown, Date : 11th April 2020, Location : Anand

Social Distancing during lockdown, Date : 17th May 2020, Location : Anand

CHAROTAR UNIVERSITY OF SCIENCE AND TECHNOLOGY

CHARUSAT NSS UNIT

A Report on Webinar on "Effective Use of PPE Kit" during Lockdown in Anand District

CHARUSAT NSS Unit organised Online Webinar on "Effective Use of PPE Kit" for NSS program officers and volunteers of S. P. University and CHARUSAT University during Lockdown. Volunteering during Lockdown period a team of NSS Program Officers and volunteers from different constituent institutes of CHARUSAT contributed in awareness drive about Covid- 19 pandemic during Lockdown period for a month and a week.

Objective: The webinar was organised with a view to train NSS Volunteers and Program Officers to use PPT Kit and prevent themselves from virus while volunteering during critical time of Lockdown. The details of the same are as follows:

Date: **15 April, 2020**
Time: **8:00 Am to 1:00 pm**
Venue: **Anand**

The Webinar was organised through online platform for the NSS program officers and volunteers of S. P. University and CHARUSAT University who were active during Lockdown period. All the NSS program officers and volunteers were provided with PPE Kits.

Dr. Sapna Patel, Assistant Professor and **NSS Program Officer** from **Manikaka Topawala Institute of Nursing**, a constituent Institute of CHARUSAT shared essential

information about PPE Kits, its use and preventive steps to the participants. She demonstrated different ways to use PPE Kits and keep ourselves safe from the infection. A team of NSS Program Officers and volunteers from CHARUSAT distributed PPE Kit to Corona Warriors and needy people to the needy people at different places in Anand district. PPE Kits were distributed to Corona worriers like Police officers, members of NGO, Shopkeepers etc. by CHARUSAT NSS Unit. All the corona worriers were also provided with Refreshment, energy drinks and water regularly.

More than 1500 masks, 1000 gloves as well as 600 sanitizers were distributed to all the Corona Warriors and needy people.

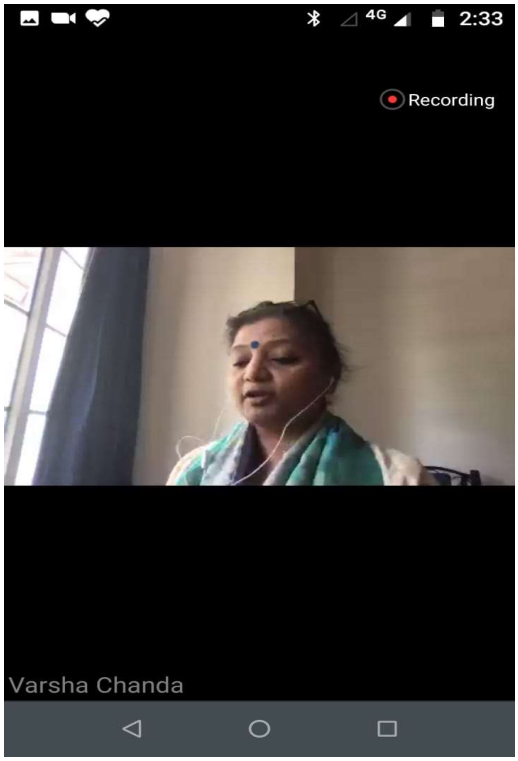
All the members of the team were allotted different places to serve in Anand and nearby areas to spread awareness through motivating people to wear masks and use sanitizer to prevent the virus. Volunteers explained people the way the virus spreads and may be dangerous for life. Volunteers rendered their services at Vegetable markets, Shops, Milk parlours, Crossings, Post Offices etc.

The team also assisted in distribution of grains at Government Grain Distribution Centres. Volunteers helped people in getting required documents to receive the grains, managed data for the distribution of grains and maintained social distancing while the distribution.

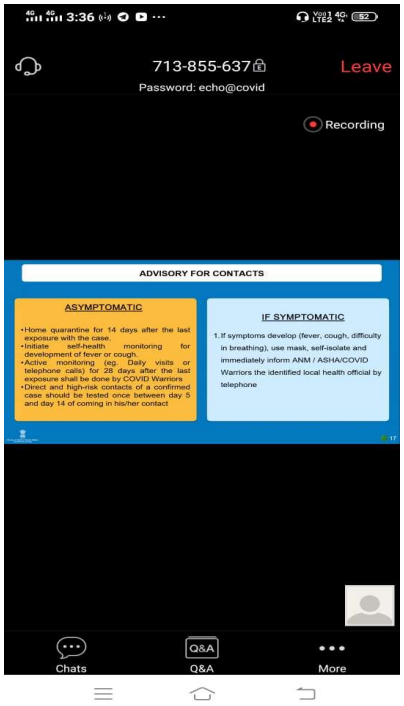
Mr. Surendrabhai Patel, President, CHARUSAT, Dr. M C Patel, Dr. Pankaj Joshi, Provost, Dr. Devang Joshi, Registrar, CHARUSAT and Trusties, Executives, Advisors, Deans and Principals all appreciated the services of the volunteers rendered at the risk of life for a noble cause.

Participation: Around 80 NSS Volunteers and 14 NSS Program Officers from different constituent Institutes of CHARUSAT contributed during the awareness drive.

Photos



Webinar on effective use of PPE Kit, Date : 15th April 2020, Location : Online



Webinar on effective use of PPE Kit, Date : 15th April 2020, Location : Online

CHAROTAR UNIVERSITY OF SCIENCE AND TECHNOLOGY

CHARUSAT NSS UNIT

A Report on PPE KIT Distribution during Lockdown in Anand District

Volunteering during Lockdown period a team of NSS Program Officers and volunteers from different constituent institutes of CHARUSAT contributed in awareness drive about Covid-19 pandemic during Lockdown period for a month and a week. The team also distributed PPE Kit to Corona Warriors and needy people in Anand.

Objective: The team distributed PPE Kit to Corona Warriors and needy people in Anand to help them to prevent themselves from virus while volunteering during critical time of Lockdown and spread awareness among people. The details of the same are as follows:

Date: **17 April, 2020**
Time: **8:00 Am to 1:00 pm**
Venue: **Anand**

A team of NSS Program Officers and volunteers from CHARUSAT distributed PPE Kit to Corona Warriors and needy people to the needy people at different places in Anand district. PPE Kits were distributed to Corona worriers like Police officers, members of NGO, Shopkeepers etc. by CHARUSAT NSS Unit. All the corona worriers were also provided with Refreshment, energy drinks and water regularly.

More than 1500 masks, 1000 gloves as well as 600 sanitizers were distributed to all the Corona Warriors and needy people.

All the members of the team were allotted different places to serve in Anand and nearby areas to spread awareness through motivating people to wear masks and use sanitizer to prevent the virus. Volunteers explained people the way the virus spreads and may be dangerous for life. Volunteers rendered their services at Vegetable markets, Shops, Milk parlours, Crossings, Post Offices etc.

The team also assisted in distribution of grains at Government Grain Distribution Centres. Volunteers helped people in getting required documents to receive the grains, managed data for the distribution of grains and maintained social distancing while the distribution.

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Collaborating Institute: The event was organised in collaboration with DSP Office, Anand.

Participation: Around 14 NSS Volunteers and 12 NSS Program Officers from different constituent Institutes of CHARUSAT contributed during the awareness drive. More than 500 people were provided food during the Lockdown period.

Photos

PPE kit distribution during lockdown, Date : 17th April 2020, Location : Anand

PPE kit distribution during lockdown, Date : 17th April 2020, Location : Anand

CHAROTAR UNIVERSITY OF SCIENCE AND TECHNOLOGY

CHARUSAT NSS UNIT

A Report on Food Distribution during Lockdown in Anand District

A team of NSS Program Officers and volunteers from different constituent institutes of CHARUSAT actively contributed in awareness drive about Covid- 19 pandemic during Lockdown period for a month and a week. The team also distributed food to needy people in Anand.

Objective: The team distributed food to needy people to help them survive during critical time of Lockdown and spread awareness about appropriate food habit in the time of Corona. The details of the same are as follows:

Date: **1 to 8 May, 2020**
Time: **11:00 Am to 1:00 pm**
Venue: **Anand**

A team of NSS Program Officers and volunteers from CHARUSAT distribute food and organic fruits to needy people at different places in Anand district. All the members of the team were allotted different places to serve in Anand and nearby areas to spread

awareness through motivating people to wear masks and use sanitizer to prevent the virus. Volunteers explained people the way the virus spreads and may be dangerous for life. Volunteers rendered their services at Vegetable markets, Shops, Milk parlours, Crossings, Post Offices etc.

The team also assisted in distribution of grains at Government Grain Distribution Centres. Volunteers helped people in getting required documents to receive the grains, managed data for the distribution of grains and maintained social distancing while the distribution.

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Collaborating Institute: The event was organised in collaboration with DSP Office, Anand.

Participation: Around 20 NSS Volunteers and 12 NSS Program Officers from different constituent Institutes of CHARUSAT contributed during the awareness drive. More than 500 people were provided food during the Lockdown period.

Photos :

Food Distribution during lockdown, Date : 1st May 2020, Location : Anand

Food Distribution during lockdown, Date : 1st May 2020, Location : Anand

CHAROTAR UNIVERSITY OF SCIENCE AND TECHNOLOGY

Charusat Rural Education Development Program

A Report on District Level Online Elocution Competition for Primary School Students

Charusat Rural Education Development Program (CREDP) organised Elocution Competition for Anand District Primary School students.

Objective: The main objective of organising the Online Elocution Competition was to provide rural students a platform to express their views about Corona Pandemic on a public platform and develop their oratory skills.

Details of the Online Elocution Competition are as follows:

Date: 1 to 15 Jun, 2020

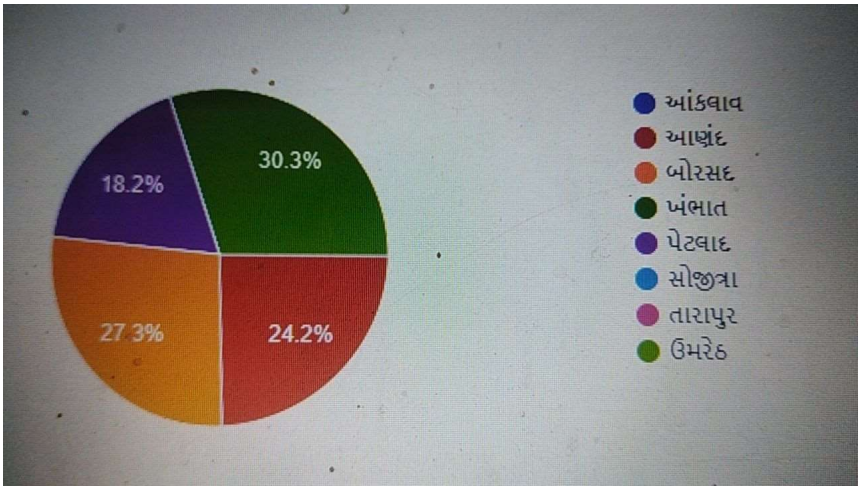
Platform: Online

Collaborating Agency: The competition was organised in collaboration with Ekta Nagar Primary School, Napa. The school has joined hands with CHARUSAT through MOU and have been actively participating various activities organised by CREDP Cell. This Event was organised under National Literacy Mission Program.

Participation: In total 36 students studying in standard 6, 7 and 8 from various Primary Schools of Anand District participated in the competition. 12 charusat volunteers and 2 faculties rendered their services during this activity.

The three categories of students were given three subjects each for the elocution competition. They had to record a video and submit it before deadline with required details in the link provided in the registration form.

Out of the 36 students / participants the best three videos were awarded First, Second and Third prizes by CHARUSAT. Teachers and parents of the students helped them prepare good content.



Sub-District wise participants for Anand District

Result of the elocution competition

Photos

Online Elocution Competition, Date : 10th June 2020, Location : Online

Online Elocution Competition, Date : 10th June 2020, Location : Online

IC:DWEEP PATEL 4:21 PM 100%
CHARUSAT
CHAROTAR UNIVERSITY OF SCIENCE AND TECHNOLOGY
ONLINE SESSION ON
"Let's Talk Green"
ON THIS
WORLD ENVIRONMENT DAY
SPEAKER : SHRI JITUBHAI TALAVIYA
(PARYAVARAN ANE SANSKRUTI TRUST - AMRELI)
Date : 5th June 2020
Time : 10:30am To 11:30am
ORGANIZER : CHARUSAT NSS UNIT
Join On Zoom Meeting App
Link : https://zoom.us/j/95443096320?pwd=UWl5SjAzVVBKSWUrUnJKUngwOTkxdz09
Meeting ID: 954 4309 6320
Password: 1ecfiz
thecharusat
CHARUSAT University

CHAROTAR UNIVERSITY OF SCIENCE AND TECHNOLOGY

CHARUSAT

CHARUSAT NSS UNIT

A Report on Webinar on World Environment Day

CHARUSAT NSS Unit organised Webinar on World Environment Day for the students of constituent institutes of CHARUSAT. World Environment Day (WED) is celebrated on 5 June every year and is the United Nations' principal vehicle for encouraging awareness and action for the protection of the environment. First held in 1974, it has been a flagship campaign for raising awareness on environmental issues emerging from marine pollution, human overpopulation, and global warming, to sustainable consumption and wildlife crime. World Environment Day has grown to become a global platform for public outreach, with participation from over 143 countries annually. Each year, WED has provided a new theme that major corporations, NGOs, communities, governments and all celebrities worldwide adopt to advocate environmental causes. The details of the same are as following:

Date: **5 June, 2020**

Time: **10:30 am to 1:00** pm

Venue: **CHARUSAT**

Platform: **Zoom**

Objective of the webinar: The webinar was organised with a view to spread awareness about the issues related to environment, challenges like global warming and Role of Youth in overcoming the challenges. This event was organised under National Mission for a Green India (GIM).

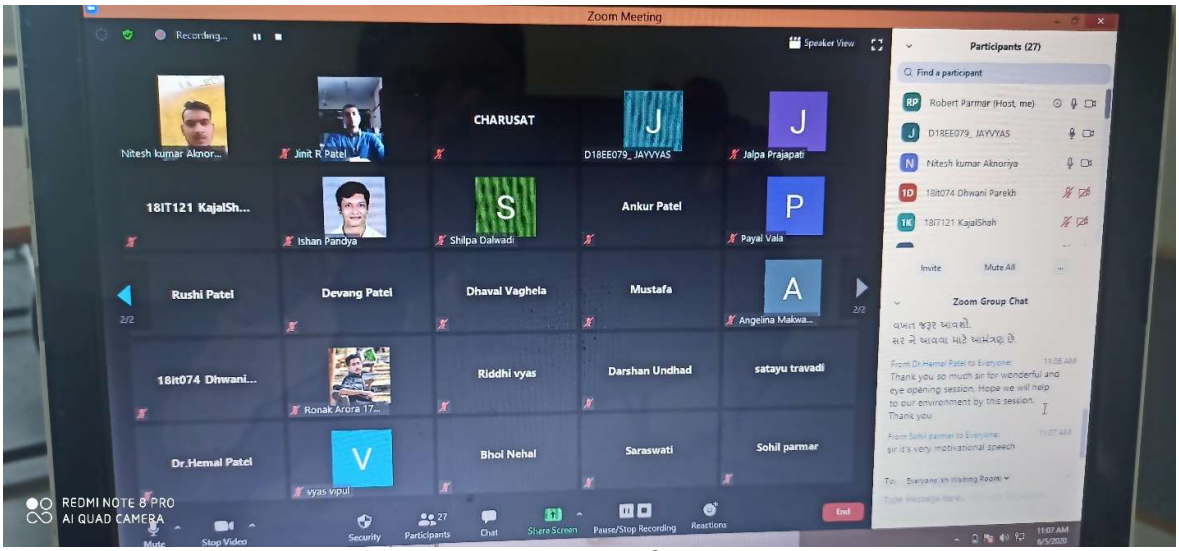
Collaborating Agency: The webinar was organised in collaboration with **Paryavaran Ane Sanskruti Rakshak Trust, Amreli.** Paryavaran Ane Sanskruti Rakshak Trust is a registered (Registration No. : F/281?(30-04-1986) non-governmental organization(NGO) working in Gujarat, India. Established in the year 1986, Paryavaran Ane Sanskruti Rakshak Trust works in the area of Art & Culture, Children, Environment and natural resource management, Health & Nutrition, HIV/AIDS, Human Rights, Water and Sanitation, Women's Development & Empowerment, etc. The organization works towards the promotion of sustainable development.

Expert of the session: Jitendrabhai S Talaviya, a well-known activist for Save Environment movement delivered an inspiring lecture on the topic 'Let's Talk Green'. He was a leading Green Global Brigade Ambassador and president of Paryavaran Ane Sanskruti Rakshak Trust.

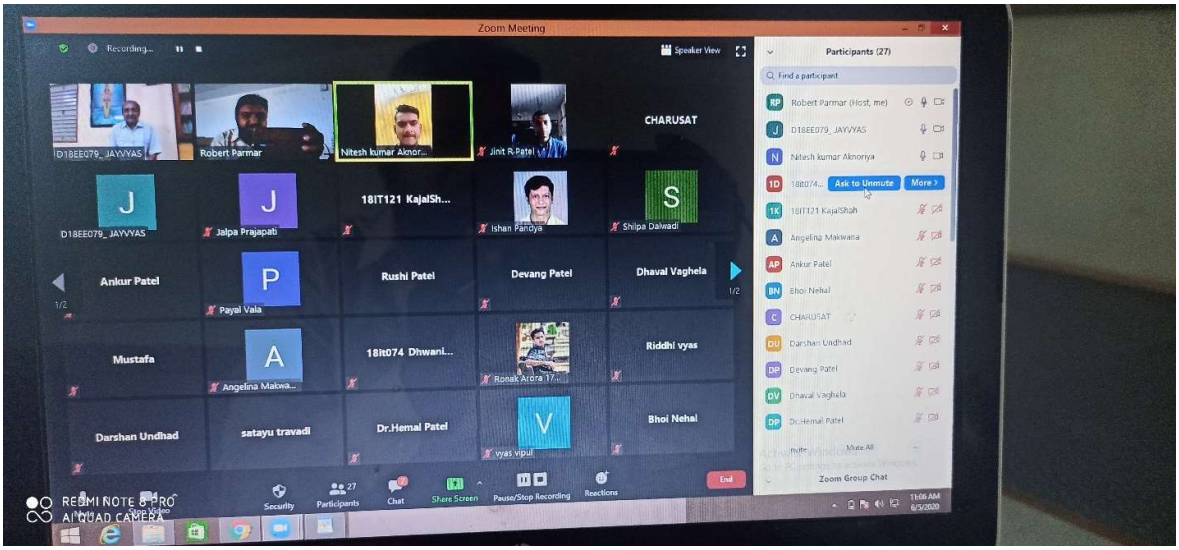
Participation: More than 80 volunteers as well as 5 faculty members and people from different field who are willing to work for the Mother Nature participated in the webinar.

Proposed Action: CHARUSAT NSS Unit has been an active member of Green Global Brigade and actively carries out tree plantation at various places. NSS Unit intends to contribute in such an initiative by planting more trees and cover more area in the vicinity of CHARUSAT in future.

Photos



Let's talk green on environment day, Date : 5th June 2020, Location : Online at Charusat



Let's talk green on environment day, Date : 5th June 2020, Location : Online at Charusat

Women Development Cell (WDC), CHARUSAT

- Faculty of Technology and Engineering
- Faculty of Pharmacy
- Faculty of Computer Science and Applications
- Faculty of Management Studies
- Faculty of Sciences
- Faculty of Medical Sciences

CHAROTAR UNIVERSITY OF SCIENCE AND TECHNOLOGY (CHARUSAT)
FACULTY OF MANAGEMENT STUDIES (FMS)
INDUKAKA IPCOWALA INSTITUTE OF MANAGEMENT (I²IM)

Women Development Cell (WDC)
Seminar on "Empowering Female Entrepreneurs"
September 30, 2019

Resource Person	**:**	**Ms. Kruti Patel** (Director, She & WE- Women Entrepreneurship Foundation Freelance Trainer) ***(Refer Annexure-1)***
Topic	**:**	Tips to Empower effective Women Entrepreneurship
Timing	**:**	01:00 PM to 04:00 PM
Venue		CMPICA Auditorium, CMPICA Building, CHARUSAT
Audience		MBA |PGDM Programs Students (100 Students) ***(Refer Annexure-2)***

Objective of the Seminar:

Women have long been underrepresented in entrepreneurship, but that trend is shifting. Women have become aware of their existence their rights and their work situation. Entrepreneurship rates among women increased by 13 percent versus 5 percent for men, according to the Global Entrepreneurship Monitor (GEM), which monitors 40 economies from around the world.
The objectives of the seminar were:

- To prepare women for business creation;
- Overcoming gender disparity; and
- To help female entrepreneurs who find it challenging to access other woman role models

Topics Covered:

1. Facts and figures on women's entrepreneurship
2. Key strategies
   a. Access to Finance
   b. Networking
   c. Supportive Environments
3. Why Women Entrepreneurship requires a different perspective?
4. Challenges faced by Women Entrepreneurs
5. Strategies for empowering women entrepreneurs:
   a. Take Risks
   b. Get Feedbacks
   c. Keep Learning
   d. Become an expert
   e. Ask what you need
   f. Positive Orientation
   g. Good Networking
   h. Have BIG Plans
   i. Be Confident
   j. Time Availability vs Prioritization
6. Public sector initiatives enhancing women's economic opportunities and empowerment
7. Private Sector Role: Training and Institutional Reforms

Feedback

Feedbacks were collected from students at the end of the session with an intention to further improve the quality of the seminars in the coming future. ***(Refer Annexure-3).*** The feedback analysis is as follows:

Sr. No.	Statements	Students Feedback	
		Mean	Standard Deviation
1	The Resource Person(s) was / were well organized.	4.19	0.65
2	The Resource person made good use of the time allotted.	4.16	0.45
3	The Resource Person had conceptual clarity and knowledge about the topic.	4.35	0.66
4	The Resource Person' presentation style was effective in helping me learn.	4.23	0.67
5	The teaching/training methods used were appropriate for the audience.	4.16	0.52
6	I enjoyed the seminar / workshop.	4.16	0.64
7	I understood the concepts as presented in the seminar/ workshop.	4.19	0.54
8	The talk improved my understanding of the topic.	4.29	0.59
9	It improved my ability to understand skills requirement for the same.	4.23	0.50
10	The learning derived for the workshop will be useful to me in future.	4.26	0.51
	Grand Mean and Avg. Standard Deviation	**4.22**	**0.57**

Glimpses

Ms.Kruti Patel Conducting Seminar with students of Charusat on 30.09.2019

CHAROTAR UNIVERSITY OF SCIENCE AND TECHNOLOGY

ACTIVITY REPORT

Name of an Event: Expert Session on "Developing Work Ethics"

Date of an event: 17th February, 2020

Date of submission: 24th February, 2020

Organizer(s): (1) Women development cell- CMPICA - CHARUSAT

(2) Equal Opportunity Cell - CHARUSAT

Venue: CMPICA Auditorium – CHARUSAT

Coordinator Details:

Coordinator (1)

Name : Dr. Sanskruti Patel

Designation: Asst. Professor

Department: MCA

Email: sanskrutipatel.mca@charusat.ac.in

Coordinator (2)

Name : Dr. Nirali Honest

Designation: Asst. Professor

Department: MCA

Email: niralihonest.mca@charusat.ac.in

Report

Type of Activity	**Expert Session**
Topic	"Developing Work Ethics"
Objectives	Think of the truly impactful, amazing people you know. Chances are, they have an uncanny ability to prioritize and focus. They decide what's important, and then they do the important things. The need for prioritization and knowing to set goal is very important, so keeping this in mind, we have organized the expert session for students of CHARUSAT.
Resource Person(s):	Dr. Bhaskar Pandya, Department of Humanities and Social Sciences, I^2 IM , CHARUSAT
Date &Duration:	17thFebruary,2020 – 10:10 a.m. to 12:10 p.m.
Targeted Audience (students of UG and PG):	All students across the University
No. of Participants:	279
Outcome	Students are able to know how to set goal and prioritize them based on different situations and circumstances.
Members involved and their roles	Dr. Sanskruti Patel (Overall Coordination) Dr. Nirali Honest (Certificate and Attendance)
Proposed budget and actual expenditures	Proposed Budget: - 6200 INR Actual Expenditure:- 3863 INR
Other Information	Number of male students participated in activity: 195 Number of female students participated in activity:84 Number of teaching staff participated in activity: Nil Number of non- teaching staff participated in activity: Nil

Event Clicks:

Photograph 1: Greetings to expert for event Dr.Bhaskar Pandya (Date: 17/02/2020)

Photograph 2: Student Coordinator Introduing the session (Date: 17/02/2020)

Photograph 3: Students and expert during session (Date: 17/02/2020)

List of Participants

Sr. No.	Name	ID	Sr. No.	Name	ID
1.	Patel Nidhi	18mca071	29.	Divya Shah	18mcal090
2.	Shah Parth	18mca093	30.	Shah Naisargi	18mcal091
3.	Amir Badi	18mcal001	31.	Neel Shah	18mcal092
4.	Krupa Bhatsana	18mcal006	32.	Shah Pratik	18mcal094
5.	Dhruvi Desai	18mcal016	33.	Sharma Dharmanandan	18mcal100
6.	Sunil Dhobi	18mcal018	34.	Harshil Trivedi	18mcal108
7.	Ronesh Gangvani	18mcal020	35.	Ujjval K Vaishnav	18mcal111
8.	Ashray Hatia	18mcal021	36.	Maitrik Vasani	18mcal112
9.	Patel Hima	18mcal022	37.	Vipul Vasara	18mcal113
10.	Roshni Jadhav	18mcal023	38.	Devmorari Neha G	18mcal116
11.	Karan Jayswal	18mcal025	39.	Junid Saleh	18mcal122
12.	Jay Dalwadi	18mcal031	40.	Bhatt Gaurav A	18msit001
13.	Alisha Malek	18mcal031	41.	Dhruv Kansara	18msit004
14.	Abdul Paravala	18mcal036	42.	Mohit Singh	18msit007
15.	Chintan Parikh	18mcal038	43.	Apurva Patel	18msit008

16.	Ankul Parmar	18mcal040	44.	Hetvi Patel	18msit012
17.	Bhumi Patel	18mcal044	45.	Hima Patel	18msit013
18.	Dhruvi Patel	18mcal048	46.	Patel Krishna	18msit014
19.	Patel Himani	18mcal059	47.	Patel Mansi	18msit015
20.	Nakul Patel	18mcal069	48.	Patel Margi	18msit016
21.	Patel Nakul	18mcal069	49.	Nikita Patel	18msit017
22.	Patel Payal P	18mcal075	50.	Niyati Patel	18msit018
23.	Vivek Patel	18mcal080	51.	Patel Prachi	18msit019
24.	Patel Vraj	18mcal081	52.	Jay Prajapati	18msit021
25.	Patidar Pranav R.	18mcal082	53.	Shah Brijesh	18msit023
26.	Krunal Pitroda	18mcal083	54.	Shah Dhruval	18msit024
27.	Sahil N Rana	18mcal087	55.	Khushbu Soni	18msit027
28.	Rachna Thakkar	18msit029	56.	Matin Diwan	18bsit009
57.	Thakor Usha	18msit030	87.	Madhav Gabani	18bsit010
58.	Manali Shah	18msit031	88.	Niyati Gadesha	18bsit011
59.	Patel Brijal	18msit032	89.	Gajjar Raj A	18bsit012
60.	Raval Urvashi	18msit033	90.	Mansi Jani	18bsit018
61.	Khalasi Vinayak	17bsit019	91.	Rushbh Joshi	18bsit021
62.	Archita Labhane	17bsit021	92.	Kapatel Drashti	18bsit022
63.	Kajal Mangani	17bsit024	93.	Maitri Kavi	18bsit026
64.	Shubham Modi	17bsit027	94.	Bhavin Khatri	18bsit027
65.	Adarsh Pandya	17bsit030	95.	Jaimish Lathiya	18bsit028
66.	Disha Parekh	17bsit032	96.	Lohe Jigar	18bsit029
67.	Kandarp Patel	17bsit046	97.	Prem P Mehta	18bsit032
68.	Kinjal Patel	17bsit048	98.	Charmi Mistry	18bsit033

69.	Love Patel	17bsit051	99.	Harsh Mistry	18bsit034
70.	Maithili Patel	17bsit052	100.	Aalekh Motani	18bsit036
71.	Meet Patel	17bsit053	101.	Suman Parekh	18bsit039
72.	Niyati Patel	17bsit059	102.	Isha Parikh	18bsit041
73.	Prachi Patel	17bsit060	103.	Patanwadia Keyur	18bsit043
74.	Yash Patel	17bsit074	104.	Ayush Patel	18bsit049
75.	Sejal Rakhasiya	17bsit075	105.	Patel Bhargav	18bsit050
76.	Sharan Shah	17bsit078	106.	Devanshi	18bsit054
77.	Vivek Thummar	17bsit084	107.	Dhruvish Patel	18bsit056
78.	Charmi Vadaliya	17bsit085	108.	Dhruv Patel	18bsit057
79.	Vivek Valand	17bsit087	109.	Patel Harsh	18bsit061
80.	Hamza Zaveri	17bsit089	110.	Harsh P Patel	18bsit062
81.	Deep Thakkar	17bsit095	111.	Jimit Patel	18bsit068
82.	Talaviya Urvish	17bsit099	112.	Jimit Patel	18bsit069
83.	Ami Bhavsar	18bsit005	113.	Kathan Patel	18bsit071
84.	Jimikumar Chhatrala	18bsit006	114.	Kirtan Patel	18bsit072
85.	Desai Dhrumil	18bsit007	115.	Krinal Patel	18bsit073
86.	Desai Meet V	18bsit008	116.	Kush Patel	18bsit075
117.	Patel Manan N	18bsit076	147.	Diksha Patel	16bca046
118.	Manav Patel	18bsit078	148.	Jinal Patel	16bca057
119.	Mehul Patel	18bsit081	149.	Manan Patel	16bca061
120.	Nachiket Patel	18bsit082	150.	Neel Patel	16bca066
121.	Nandini Patel	18bsit083	151.	Preksha Patel	16bca072
122.	Utsav Patel	18bsit089	152.	Parth Patel	16bca078
123.	Patel Vidhi	18bsit090	153.	Uttank Patel	16bca079

124.	Vraj Patel	18bsit093	154.	Yash Patwa	16bca080
125.	Yash Patel	18bsit094	155.	Dharmesh Rana	16bca085
126.	Yash Patel	18bsit095	156.	Mehul Patel	16bca085
127.	Megha H Shah	18bsit103	157.	Keval Shah	16bca090
128.	Janvi Sharma	18bsit106	158.	Kiran Shah	16bca091
129.	Samir Sherasiya	18bsit107	159.	Bhauti Soni	16bca094
130.	Ankit Suthar	18bsit108	160.	Meet Soni	16bca095
131.	Thakar Hiteshree	18bsit109	161.	Parth Soni	16bca096
132.	Harshit Trivedi	18bsit112	162.	Vedant Soni	16bca098
133.	Yash Trivedi	18bsit113	163.	Tej Sukhadia	16bca099
134.	Vidhi Vaidya	18bsit116	164.	Jay Thakkar	16bca100
135.	Modi Manav	18bsit120	165.	Jiten Thakkar	16bca101
136.	Karan Patel	18bsit122	166.	Dhruti Thakur	16bca102
137.	Priyanshi Shah	18bsit129	167.	Vyas Hiren	16bca106
138.	Sahil Dhanji	16bca018	168.	Vyas Jinil	16bca107
139.	Vinod Talpada	16bca113	169.	Patel Arkit	17bca001
140.	Dhruv Sonani	16bca115	170.	Darshil Patel	17bca002
141.	Ravi Patel	16bca118	171.	Dhrashti Patel	17bca003
142.	Vyas Maulesh	16bca108	172.	Patel Dhruvik	17bca004
143.	Umang Sadhu	16bca112	173.	Patel Jemal	17bca017
144.	Patel Heli	17bca013	174.	Jisha Patel	17bca018
145.	Patel Het	17bca014	175.	Julee Patel	17bca019
146.	Patel Jay D	17bca015	176.	Patel Kisan	17bca020
177.	Drashti Patel	17bca006	207.	Kunal Patel	17Bca031
178.	Harshil Patel	17bca012	208.	Lisa Patel	17bca032

179.	Patel Maharshi	17bca033	209.	Patel Heli	17bca066
180.	Maitri Patel	17bca034	210.	Patel Het	17bca067
181.	Meet V Patel	17bca037	211.	Yaksh Patel	17bca081
182.	Patel Meghna	17bca040	212.	Swar Patel	17bca082
183.	Patel Nirav	17bca043	213.	Yash Patel	17bca088
184.	Patel Niral	17bca044	214.	Yash Y Patel	17bca089
185.	Patel Dishit	17bca048	215.	Darshil J Punjabi	17bca092
186.	Patel Parmi	17bca049	216.	Shrutika Rahatekar	17bca093
187.	Patel Parth	17bca050	217.	Akshay B Ramnani	17bca094
188.	Patel Radhika	17bca051	218.	Dhruvi Siya	17bca097
189.	Patel Riya	17bca052	219.	Sane Darpan Y	17bca098
190.	Riya Patel	17bca054	220.	Rutvik Shah	17bca102
191.	Sakshi Patel	17bca055	221.	Sarthak Shah	17bca103
192.	Patel Arkit	17bca057	222.	Vandini Shah	17bca104
193.	Darshil Patel	17bca058	223.	Talati Riya	17bca105
194.	Dhrashti Patel	17bca061	224.	Nimit Thaker	17bca106
195.	Patel Dhruvik	17bca062	225.	Anuj Thakkar	17bca107
196.	Drashti Patel	17bca064	226.	Tejas Thaker	17bca111
197.	Harshil Patel	17bca065	227.	Trivedi Prachi	17bca113
198.	Kartavya Vadera	17bca114	228.	Bhatt Shraddha N	18bca003
199.	Shah Krishna	17bca128	229.	Bhojani Narendra B	18bca004
200.	Sharma Zhanvi	17bca134	230.	Sahil Dalsaniya	18bca007
201.	Patel Dhruvik	17bca135	231.	Rathin Engineer	18bca008
202.	Kashyap Shani	17bca139	232.	Nency Patel	18bca061
203.	Patel Priya	17bca140	233.	Patel Vihir	18bca062

204.	Pooja Mistry	18bca027	234.	Patel Nikhil G	18bca063
205.	Bhavin Moradiya	18bca028	235.	Rudra K Patel	18bca071
206.	Rutvik H Pandya	18bca030	236.	Patel Rushi Y	18bca072
237.	Dhruval Parekh	18bca031	259.	Riya Vohra	18bca010
238.	Parekh Priyank J	18bca032	260.	Ghori Smit	18bca011
239.	Kundan Parmar N	18bca034	261.	Patel Taranay	18bca076
240.	Aashvi Patel	18bca036	262.	Patel Tirth	18bca077
241.	Atif Patel	18bca039	263.	Pokiya Prathik M	18bca082
242.	Bhavya Patel	18bca040	264.	Prajapati Dinesh	18bca083
243.	Charmi Patel	18bca041	265.	Dinal Saliya	18bca086
244.	Patel Darsh	18bca042	266.	Shivam Savaliya	18bca088
245.	Gurnani Harsh	18bca014	267.	Shah AAGAM	18bca089
246.	Chirag Joshi	18bca015	268.	Shah Darshan	18bca090
247.	Azra Lokhandwala	18bca021	269.	Dipal Shah	18bca092
248.	Vedant H Mehta	18bca024	270.	Shah Foram M	18bca093
249.	Darshan Memgara	18bca025	271.	Aagam Sheth	18bca098
250.	Charmi Gunjaria	18bca013	272.	Solanki Karan N	18bca103
251.	Thakor Ravi	18bca115	273.	Jay Ajaykumar Soni	18bca106
252.	Vaghela Nikulash	18bca121	274.	Soni Jay	18bca107
253.	Patel Jaydeeep	18bca124	275.	Soni Shrey	18bca108
254.	Beladiya Tilak	18bca125	276.	Srushti Soni	18bca109
255.	Godhani Urmik P	18bca128	277.	Harshil Suthar	18bca111
256.	Mehta Deep K	18bca130	278.	Vimal Trivedi	18bca111
257.	Parth Patel	18bca135	279.	Shivam Thakkar D	18bca113
258.	Kajal Ramani	18bca140			

Specimen of Certificate being given to Participant

CHARUSAT

CHAROTAR UNIVERSITY OF SCIENCE AND TECHNOLOGY

This certificate is granted to

Saumil Shah

In recognition of participating in the Expert Lecture on "Developing Work Ethics" organized by Equal Opportunity Cell (EOC), Women's Development Cell (WDC), held on 17th February,2020.

Place : CHARUSAT,CHANGA

Institute Coordinator, EOC	Institute Coordinator, WDC	Chairperson, EOC	Chairperson, WDC

International Women's Day Celebration March 2020

Report

P D Patel Institute of Applied Sciences, CHARUSAT

Event	**1. Master Chef-PDPIAS, A Gentlemen's Challenge** **2. Mehendi art as a satellite event as part of Celebration of International Women's day on Theme "I am Generation Equality: Realizing Women's Rights"**			
Date:	**06th March, 2020**			
Time:	**1:30 p.m. to 4:30 p.m**			
Venue:	**PDPIAS Building** **P D Patel Institute of Applied Sciences** **Charotar University of Science and Technology**			
Organizing body	Women's Development Cell(WDC)and Cell for Prevention of sexual Harassment (CPSH), PDPIAS CHAPTER [As a part of CHARUSAT-WDC initiative]			
Motive of Visit:	• To observe the International women's day and reaffirm the commitment to ensure balanced rights for women for a better society • To sensitize the young generation towards gender equality • To promote the cultural tradition of Mehendi art largely popular as an occupation as well as a hobby amongst women			
Members Coordinating	**Dr Aditi Buch**	WDC Coordinator, PDPIAS		
	Dr Gayatri Dave	CPSH Coordinator, PDPIAS		
Total number of participants	**404** (from Departments of Biological/Chemical/Physical and Mathematical Sciences)	**Female students**	**245**	
		Male students	**101**	
		Female staff	**29**	
		Male staff	**29**	

Budget approved by the University	**No.**	**Item**	**Estimated expense (INR)**
	1	Infrastructural support	8,000.00
	2	Seed funding per team (as a part of contest)	12,000.00
	3	Miscellaneous	5,000.00
	4	**TOTAL**	**25,000.00**

Nature of Activities Undertaken

1. A fireless cooking contest was organized across four teams, each consisting of boys only. The teams were constituted to have boys from across all the departments in the institute and were named as Team Blue, Team White, Team Pink and Team Yellow.
2. Each team was allocated some seed amount to buy the supplies. Each team was allocated a restaurant area where they had to decorate their restaurants, display the menu and attract the customers to their food joint. The utilization of the seed money could be done for everything including decorating the area, food supplies, churning attractive offers and any last minute expense pertaining to managing the restaurant. Each team could charge a dish for maximum Rs. 30/- and the price per dish could vary within this limit as per the discretion of the team so as to attract maximum customers during the contest time of 2hours.
3. The contest began with general narration of the rules followed by announcing the restaurants open for the girls and female staff members of the institute taste and vote for their favorite team. After every half an hour the task for the teams were twisted to keep the excitement on.
4. This activity received excellent response from both the male and female participants across all the departments of the institutes. We could witness that the male students of the institute were extremely welcoming the idea of learning cooking skills to support the females sharing their day to day lives.
5. Remarkably, motivated by the idea, the male staff of the Department of Chemical Sciences arranged a special food counter to infuse enthusiasm in the participants in a unique way.
6. A total of more than 400 participants joined to make the event a grand success. The fellow students and colleagues from the neighboring departments also joined in to encourage the teams.
7. The team performance was judged by a team of 6 female members including 3 faculty, 2 lab technicians of the institute and 1 CHARUSAT WDC member outside the institute (From on campus girls hostel). They judged the teams on the criteria of hygiene, taste, efforts in cooking and the restaurant décor. Remaining judging criteria included popular votes received; number of dishes sold from the counter and ration of the counter earnings to amount invested. Summing up the results, only one team was to be selected as the winner.
8. At the conclusion of the program, the winning team (TEAM WHITE) was felicitated at the hands of the Principal, PDPIAS and the HoDs of all the departments, with certificates of appreciation as well as a token memento.
9. Memento was designed with a print of a group photograph of all the female students of the institute, specially clicked on 5th March,2020.
10. In parallel, a mehendi art counter was arranged considering that it is one of the most popular art form prevalent in this part of the country. Around 8 girl students volunteered to celebrate the day by painting mehendi tattoos for all the interested women around, for free.

The overall event in general fetched a marvelous participation from both males and females; thus serving the purpose of the theme of Generation Equality.

Brochure

CHARUSAT

International Women's Day celebration

March, 2020

Theme: "I am generation Equality: Realizing Women's Rights"

Women's Development Cell (WDC) & Cell for Prevention of Sexual Harassment (CPSH), PDPIAS, CHARUSAT present

MasterChef PDPIAS

MEN COOK FOR

WOMEN

It's a Gentlemen's challenge!

Venue: PDPIAS building

Date: 6th March 2020

Time: 1:30 p.m. onward

CHARUSAT

P. D. Patel Institute of Applied Sciences

Women's Development Cell

Cell for Prevention of Sexual Harassment

MasterChef PDPIAS

INTERNATIONAL WOMEN'S DAY CELEBRATION

This is to certify that

Mr. DHRUMIL PATEL has won the MasterChef-PDPIAS Competition organised on 6th March 2020. The Women's Development Cell (WDC) & Cell for Prevention of Sexual Harassment (CPSH), PDPIAS, appreciate his awareness towards gender equality.

Dr. Aditi Buch
Coordinator
WDC, PDPIAS

Dr. Gayatri Dave
Coordinator
CPSH, PDPIAS

P. D. PATEL INSTITUTE OF APPLIED SCIENCES, CHAROTAR UNIVERSITY OF SCIENCE AND TECHNOLOGY, CHANGA - 388 421, DIST. ANAND, GUJARAT, INDIA

Glimpses

Photograph 1: Group Photo of Students Participants (Date: 06/03/2020)

Photograph 2: Students Involvement into Activity (Date: 06/03/2020)

International Women's Day Celebration - March 6, 2020
List of Student Participants

Event: MasterChef-PDPIAS, A Gentlemen's Challenge & Mehendi art as a satellite event

Sr. No.	ID Number	Name	Semester/Dept.
1	17BSC002	BHIMANI UMABEN MAHENDRA	BSC Sem 6 Biological Sciences
2	17BSC003	CHAVDA VIDHI SANJAYSINH	
3	17BSC008	DERASHREE ANJALIBEN RAMESHCHANDRA	
4	17BSC010	DIVETIA ANUSHKA MAITRAYA	
5	17BSC012	GANDHI MAHIMA HIMANSHU	
6	17BSC018	JOSHI HEMALI JAYESHBHAI	
7	17BSC023	MACHHI RINKAL LALITCHANDRA	
8	17BSC028	PAHILANI PAVAN M	
9	17BSC030	PANDIT SHIVANI BRIJESHKUMAR	
10	17BSC031	PANDYA JAHNVI LATESHKUMAR	
11	17BSC033	PANDYA VAIDEHI JANAKKUMAR	
12	17BSC034	PARIKH HIRAK SAMIR	
13	17BSC037	PATEL AKSHA NAVINBHAI	
14	17BSC038	PATEL ATIT M	
15	17BSC042	PATEL DEEP GHANSHYAMBHAI	
16	17BSC044	PATEL DHRITIBEN VINESHKUMAR	
17	17BSC047	PATEL DIYA RUPENBHAI	
18	17BSC049	PATEL DRASHTI VIJAYKUMAR	
19	17BSC050	PATEL DRASHTIBEN JAGDISHCHANDRA	
20	17BSC051	PATEL FORAM GAURANGKUMAR	
21	17BSC052	PATEL HARDI DILIP	
22	17BSC054	PATEL JEEYA PRAKASHKUMAR	
23	17BSC055	PATEL JHANVI VIKI	
24	17BSC056	PATEL JIMEE VADILAL	
25	17BSC057	PATEL JINAL BHUPENDRAKUMAR	
26	17BSC061	PATEL LIPSABEN BRIJESHKUMAR	
27	17BSC062	PATEL MAAHI RUPESHKUMAR	
28	17BSC063	PATEL MAHARSHI KIRANCHANDRA	
29	17BSC068	PATEL MARGI JAYESHBHAI	
30	17BSC072	PATEL NIKI KETANKUMAR	
31	17BSC074	PATEL NIKITABEN NILESHBHAI	
32	17BSC078	PATEL POOJA KALPESHBHAI	
33	17BSC080	PATEL PURVA JITENDRAKUMAR	
34	17BSC087	PATEL SALONI MAHESHBHAI	
35	17BSC092	PATEL TANVI KALPESHBHAI	
36	17BSC093	PATEL TANYA MANISHBHAI	
37	17BSC094	PATEL TULSI SANJAYBHAI	
38	17BSC096	PATEL VISHVABEN BIPINBHAI	
39	17BSC097	PATEL YASHVI VIRENKUMAR	
40	17BSC100	PATIL NIRALI KISHOR	
41	17BSC101	PRAJAPATI BHAUMIK SURESHBHAI	
42	17BSC103	RAJ MAHIMABAHEN MAHENDRASINH	
43	17BSC105	RAMI DEVANGINI PARESHBHAI	
44	17BSC108	SHAIKH UZMABANU MOHAMMAD IRSHAD	
45	17BSC109	SHUKLA URVI ATUL	
46	17BSC110	SOLANKI AVANI KAUSHIKBHAI	

47	17BSC114	TRIVEDI MANSI AMISHKUMAR	
48	17BSC115	TRIVEDI RAJASEE BHAVESH	
49	17BSC117	VADHER HIRALBEN RAJENDRABHAI	
50	17BSC118	VAGHELA SHREYA DHARMENDRASINH	
51	17BSC119	VORA MAHEAK SHAILESHKUMAR	
52	17BSCP017	VYAS BANSARI SATYENDRAKUMAR	BSC Sem 6 Physical Sciences
53	18AOC002	BHADANKAR RUSHABH SHAILESHBHAI	MSC Sem 4 Chemical Sciences
54	18AOC005	DIXIT PRACHIBEN PRASHANTKUMAR	
55	18AOC006	GAJJAR JANKI KAMLESHKUMAR	
56	18AOC007	GHATODE RAVLEENKAUR JASVEERSINGH	
57	18AOC008	JOSHI ISHANI TUSHARBHAI	
58	18AOC009	KANERIA MONA MAHENDRABHAI	
59	18AOC010	KORAT DHARABEN MATHURBHAI	
60	18AOC011	PANARA MEERA DALPATBHAI	
61	18AOC012	PANCHAL ANJALIBEN VIJAYBHAI	
62	18AOC015	PATEL AMANKUMAR DINESHBHAI	
63	18AOC017	PATEL BANSARI NIRENKUMAR	
64	18AOC019	PATEL BRIJESHKUMAR NAGINBHAI	
65	18AOC021	PATEL DEEPKUMAR VIJAYKUMAR	
66	18AOC022	PATEL DIVYABEN UMESHBHAI	
67	18AOC025	PATEL HETA DIPAKBHAI	
68	18AOC026	PATEL HINAL VASANTBHAI	
69	18AOC027	PATEL JANVIBEN PARESHKUMAR	
70	18AOC029	PATEL JAY SATISHBHAI	
71	18AOC030	PATEL KRISHNABEN DILIPBHAI	
72	18AOC032	PATEL PAVANKUMAR CHANDRAVADAN	
73	18AOC033	PATEL PAYALBEN ARJUNBHAI	
74	18AOC034	PATEL PRIYA HARSHADBHAI	
75	18AOC035	PATEL RAHUL MUKESHKUMAR	
76	18AOC036	PATEL RAJ ASHVINBHAI	
77	18AOC037	PATEL RIPANKUMAR MAHESHBHAI	
78	18AOC038	PATEL RISHIKUMAR INDRAVADAN	
79	18AOC039	PATEL VIKAS PRAFULBHAI	
80	18AOC047	SOLANKI PALAK VIJAYSINH	
81	18AOC049	THAKKAR DHRUVKUMAR JITENDRAKUMAR	
82	18AOC050	TRIVEDI NIYATIBEN PARESHBHAI	
83	18BC001	GANDHI VRUSHTI SUNILKUMAR	MSC Sem 4 Biological Sciences
84	18BC002	GHOSH SNEHA SRIKUMAR	
85	18BC003	GODHANI GRISHMA RAMESHBHAI	
86	18BC004	JASANI HEEMABEN DHARMENDRABHAI	
87	18BC005	KUNDNANI JIGNA JAGDISHBHAI	
88	18BC007	MAKWANA NEESHABEN PURUSHOTTAMBHAI	
89	18BC008	NAIR AATIRA GOPINATH	
90	18BC010	PATEL AESHA NILESHBHAI	
91	18BC017	VOHRA ZEBA RONAKBHAI	
92	18BSC001	HARINI GOWRISHANKAR	
93	18BSC002	JACQUELENE MARIAM JACOB	
94	18BSC004	BABARIA DHRUVIBEN MANISHBHAI	
95	18BSC009	BHIKADIA GORAL HARIBHAI	
96	18BSC014	CHOKSI BHASHA NIRAV	
97	18BSC015	DAHAKE ANAGHA VINOD	

98	18BSC017	DAVE KRISHNA NIKHILKUMAR	
99	18BSC020	DESAI PARISHI GANESHBHAI	
100	18BSC021	DESAI SANYA SHETAL	
101	18BSC022	GAJJAR ZEEL NITINBHAI	
102	18BSC024	GODHANI DHWANI RAMESHBHAI	
103	18BSC025	GURJAR DHWANIL PRAVINKUMAR	
104	18BSC027	JANGIR AMBIKA BANWARILAL	
105	18BSC031	KYADA DRASHTI PRAKASHBHAI	
106	18BSC032	MAJMUDAR ISHA RUPIN	
107	18BSC035	MANSATA DAINYANG VIRESH	
108	18BSC036	MATTATHIL ANUPA INNOCENT	
109	18BSC037	MEHTA VAIDEHI NANDITKUMAR	
110	18BSC038	MISHRA HARSAD KISHOR	
111	18BSC039	MISTRY BIJAL AKSHAYBHAI	
112	18BSC041	AAYUSHI J MODI	
113	18BSC043	NAIR KAVYA AJAY	
114	18BSC044	PADHIYAR NEHALBA PARESHKUMAR	
115	18BSC049	PANELIYA MISHA SURESHBHAI	
116	18BSC051	PARIKH BHAVISHA ATITKUMAR	
117	18BSC052	PARIKH DHWANI	
118	18BSC057	PATEL CHAITALI ASHVINBHAI	BSC Sem 4
119	18BSC058	PATEL CHARMI MANISHKUMAR	Biological Sciences
120	18BSC059	PATEL DHARTEE MITESHKUMAR	
121	18BSC061	PATEL DHRUVI HITESHBHAI	
122	18BSC062	PATEL DHRUVI MANISH	
123	18BSC067	PATEL DWEEP LAXMIKANT	
124	18BSC069	PATEL HETAL HARKESHBHAI	
125	18BSC073	PATEL JYOTI NARESHBHAI	
126	18BSC075	PATEL KETUL BHARATBHAI	
127	18BSC077	PATEL KRUPA VIMALKUMAR	
128	18BSC078	PATEL KRUTI KANAIYALAL	
129	18BSC083	PATEL MANSIBEN RAMESHBHAI	
130	18BSC086	PATEL NANDINIBEN SATISH	
131	18BSC089	PATEL PARTH DIPAKBHAI	
132	17BSC089	PATEL SHIVKUMAR JITESHKUMAR	
133	18BSC093	PATEL RICHA JITENDRA	
134	18BSC095	PATEL SAMARTH JAYVADAN	
135	18BSC097	PATEL TRUPTIBEN ALPESHBHAI	
136	18BSC099	PATEL VRUNDABEN ATULBHAI	
137	18BSC100	PAVASHIYA ARCHI PARESHBHAI	
138	18BSC101	PINDORIA MADHAV KISHOR	
139	18BSC104	PRAJAPATI MEET BHAGIRATHBHAI	
140	18BSC106	SADABARWALA AMATULLA BURHAN	
141	18BSC107	SADARIYA URVI JAYESHBHAI	
142	18BSC108	SARAIYA DHRUMIL VIPUL	
143	18BSC109	SAVALIYA KHUSHI JAYESHBHAI	
144	18BSC118	SHAH VATSAL NUTANBHAI	
145	18BSC122	SOJITRA KANDARP HITESH	
146	18BSCP001	AGHARA RIYA PRAKASH	
147	18BSCP003	CHAUHAN HEMANGI UDAYSINH	
148	18BSCP004	CHAUHAN HITESHABEN KALPESHBHAI	
149	18BSCP005	GUPTA BHAKTI RAJENDRAKUMAR	

150	18BSCP008	MOTANI LEKHA DILIPBHAI	
151	18BSCP011	PANDYA VIDHAN	BSC Sem 4 Physical Sciences
152	18BSCP012	PARIKH DHEER AJAYKUMAR	
153	18BSCP013	PARMAR PRITKUMAR PANKAJKUMAR	
154	18BSCP014	PATEL DHRUV SATISHCHANDRA	
155	18BSCP015	PATEL HIMANSHUKUMAR MUKESHBHAI	
156	18BSCP018	SARVAIYA PARTHKUMAR JAYANTIBHAI	
157	18BSCP019	CHAUHAN SAMRUDDHI VIRALKUMAR	
158	18BT002	BHATT CHARMI VIPULBHAI	
159	18BT003	BHATT YUGMA PRASHANT	
160	18BT005	DARUWALA KAINAZ DHANJISHA	
161	18BT006	DAVE MANSI RASHMIKANT	
162	18BT009	MAHIDA HEENABEN DILIPSINH	
163	18BT011	PAREKH ANJALI JAYESHKUMAR	
164	18BT012	PATEL BANSARI PRASHANTBHAI	
165	18BT014	PATEL JANHVI HITESHBHAI	
166	18BT016	PATEL KAJALBEN ANILKUMAR	
167	18BT018	PATEL MARGI DHARMENDRAKUMAR	
168	18BT019	PATEL MONIKABEN BAKULBHAI	
169	18BT020	PATEL PAYALBEN UMESHKUMAR	
170	18BT021	PATEL PRIYA GHANSHYAMBHAI	
171	18BT022	PATEL RUMIT RAJENDRA	
172	18BT023	PATEL SHIVANI RAHULKUMAR	
173	18BT027	RANA SHIVANI SUNILKUMAR	
174	18BT028	RAO DIMPLE RATANSINH	
175	18BT029	RATHOD KHUSHBU RAMANBHAI	
176	18BT030	SADARIA RIA	
177	18BT031	SHAH DHRUTIBEN JAYESHKUMAR	
178	18BT033	SHAH ISHA RAJKUMAR	
179	18BT036	SHAH SHIKHA	
180	18BT037	SHARMA SHRUTI DARSHAN	
181	18BT038	SOLANKI URJA JAYDIPSINH	
182	18BT039	SONI ANJALI VASANT	
183	18BT042	VAHORA MUSKANBEN ABDULMAJIDBHAI	
184	18MI001	DHILAWALA BATUL FAKHRUDDINBHAI	
185	18MI002	GAMIT NAMRATA RAMESHBHAI	
186	18MI003	GOHIL MEGHABEN SURENDRASINH	
187	18MI006	KATIRA BHARTI PARESHBHAI	
188	18MI011	MISTRY BHAVIK VINAYKUMAR	
189	18MI012	PANCHAL VRUSHALIBAHEN JITENDRAKUMAR	
190	18MI014	PANDYA HIMALI ASHOKKUMAR	
191	18MI016	PANDYA POONAMBEN BHARTKUMAR	
192	18MI017	PATEL DIMPLE MANISHBHAI	
193	18MI018	PATEL DIVYABEN ARVINDBHAI	
194	18MI019	PATEL HIRAL UMESHBHAI	
195	18MI020	PATEL JEEL MANISHKUMAR	
196	18MI021	PATEL KOSHA JAYESHBHAI	
197	18MI023	PATEL MANSI MANSUKHBHAI	
198	18MI026	PATEL PRAKRUTI JAGDISHBHAI	
199	18MI027	PATEL PURVI DINESHBHAI	
200	18MI029	PATEL SHRADDHABEN SHASHIKANT	
201	18MI030	RATHOD KULDEEPSINH RAJENDRASINH	

202	18MI031	SABHANI KEYUR KISHORBHAI	
203	18MI032	SAPARIYA CHARMIBEN JAGDISHKUMAR	
204	18MI040	THAKOR SHIVANIBEN DHARMENDRASINH	
205	18MI043	VYAS VAISHNAVI HITENDRABHAI	
206	18PHY009	PATEL JAY VIJAYKUMAR	MSC SEM 4 Physical Sciences
207	19AOC001	BHATT SAURABHKUMAR DINESHKUMAR	MSC Sem 4 Chemical Sciences
208	19AOC004	DARJI RUCHITKUMAR HARSHADKUMAR	
209	19AOC005	DESAI VISHWA DEVANSHBHAI	
210	19AOC008	HIRPARA MANSI PRAVINKUMAR	
211	19AOC009	KAMANI BHOOMI MANSHUKBHAI	
212	19AOC011	LALKIYA PALLAVI PRAVINBHAI	
213	19AOC012	MAKADIA TEJASKUMAR BHUPATBHAI	
214	19AOC015	PANCHAL DARSHAN MAHESHKUMAR	
215	19AOC016	PANDYA JOLLYBEN RAJESHBHAI	
216	19AOC017	PARMAR DIPALBEN MUKESHBHAI	
217	19AOC018	PARMAR RAJASHREEBEN DASHRATHSINH	
218	19AOC019	PATEL DHARMIKKUMAR BIPINBHAI	
219	19AOC020	PATEL JEELKUMAR KALABHAI	
220	19AOC022	PATEL PREYASH PINALKUMAR	
221	19AOC023	PATEL RIDDHIBEN PANKAJKUMAR	
222	19AOC024	PATEL VAIBHAV JAYESHKUMAR	
223	19AOC024	PATEL VAIBHAV JAYESHKUMAR	
224	19AOC026	PATEL ZEEL JIGNESHKUMAR	
225	19AOC027	PETHANI PARTH KISHORCHANDRA	
226	19AOC028	RANA PIYUSHBHAI JAYESHBHAI	
227	19AOC030	SHAH MITULKUMAR DINESHKUMAR	
228	19AOC032	VAISHNAVI AJAY SAIKHEDKAR	
229	19AOC035	SRIVASTAVA AYUSHI SANJAY	
230	19BC001	BARIYA FALGUNIBEN KALSINGBHAI	MSC Sem 2 Biological Sciences
231	19BC002	DAVE RIYA HITESH	
232	19BC003	GODHASARA MANSI MAHESHBHAI	
233	19BC004	KAPADIA NEER NIRAJBHAI	
234	19BC006	PARMAR PAYAL JAYANTILAL	
235	19BC007	PATEL AAKRUTI DINESHBHAI	
236	19BC008	PATEL AKSHAYKUMAR ARUNBHAI	
237	19BC009	PATEL DEVANSHIBEN JIGNESHBHAI	
238	19BC010	PATEL HARSH SAMIRBHAI	
239	19BC011	PATEL MITALBEN PANKAJKUMAR	
240	19BC012	SUHAGIYA MAUSAMI KANTIBHAI	
241	19BSC001	BAROT KRUPA NIKUNJKUMAR	
242	19BSC035	MANSURI ASHRIN SHABBIRBHAI	
243	19BSC038	MIRCHANDANI ISHITA KISHORBHAI	
244	19BSC044	PAREKH KRISHNA MANISHKUMAR	
245	19BSC049	PATEL ASTHA GAURANGBHAI	
246	19BSC052	PATEL CHELSI ACHYUTBHAI	
247	19BSC056	PATEL DHARA URVILBHAI	
248	19BSC057	PATEL DHARA VIJAYKUMAR	
249	19BSC060	PATEL DHWANI BHARATKUMAR	
250	19BSC063	PATEL JAINI SHISHALKUMAR	
251	19BSC066	PATEL JHANVI PIYUSHKUMAR	
252	19BSC068	PATEL KIRTAN JANAKBHAI	

253	19BSC074	PATEL NIKI TEJASKUMAR	BSC Sem 2 Biological Sciences
254	19BSC076	PATEL PRACHI PRITESHKUMAR	
255	19BSC079	PATEL PURVI MANISHKUMAR	
256	19BSC082	PATEL RUCHITA UPENDRA	
257	19BSC099	PAWAR VIDHI NAVANITBHAI	
258	19BSC103	ROY DANYALAXMI	
259	19BSC109	SHAH KHUSBU RAKESH	
260	19BSC115	SHAH YACHANA ASHISHKUMAR	
261	19BSC116	SHAH YESHA HEMIL	
262	19BSC117	SHAIKH SAMEENA SHABBIR AHMED	
263	19BSC119	SINGH URMILA KIRAN	
264	19BSC121	SOLANKI JEEL RAKESHBHAI	
265	19BSC125	SUTHAR NIYATI KALPESH	
266	19BSC127	THAKKAR ISHA	
267	19BSCP001	BHAGAT PAHINI PARTHBHAI	BSC Sem 2 Physical Sciences
268	19BSCP002	BUDHARNI JANVI SURESHBHAI	
269	19BSCP009	PATEL HETVI SANJAYKUMAR	
270	19BSCP010	PATEL PRAGNABEN SURESHBHAI	
271	19BSCP011	RAMANI SHRUTI DEEPAKBHAI	
272	19BT001	ATODARIA RUCHI HIRENKUMAR	MSC Sem 2 Biological Sciences
273	19BT002	BARAIYA URJA MANOJBHAI	
274	19BT004	CHAUDHARI TIRTHNAKUMARI JAYESHBHAI	
275	19BT005	CHAUDHARY DHRUV DALJEET	
276	19BT006	CHOUDHARY SAMRIDDHI PANKAJ	
277	19BT007	DADAWALA DEVARSHI VIKRAMBHAI	
278	19BT008	GAJERA NIRALI RAJESHBHAI	
279	19BT010	GORASIYA RAVI HIMATBHAI	
280	19BT011	JAIN POOJA RAVINDRABHAI	
281	19BT012	KAPADIA JINALBEN VIJAYKUMAR	
282	19BT013	LIMBANI ARPITA RAJESH	
283	19BT014	MAKWANA VIDHI MANDIPKUMAR	
284	19BT015	MEHTA ANERI SHILPAN	
285	19BT016	NAIR ANJALI OMANAKUTTAN PILLAI	
286	19BT017	PATEL AESHA PARESHKUMAR	
287	19BT019	PATEL DRASHTI KETANKUMAR	
288	19BT025	PATEL KAIRAV PARESHBHAI	
289	19BT026	PATEL MAULIKKUMAR ARUNBHAI	
290	19BT031	PATEL SAURAV RAJESHBHAI	
291	19BT034	PATEL SWETA RAJNIKANTBHAI	
292	19BT036	PATEL TUSHARBHAI DILIPBHAI	
293	19BT038	SHAH RUTVI NALINBHAI	
294	19BT039	SHAIKH KAZIMA ABDULKARIM	
295	19BT040	UPADHYAYA JOLLY VIJAYKUMAR	
296	19BT041	PATEL MAHIMA PANKAJBHAI	
297	19MI003	BHOOT HELISHABEN PRADEEPKUMAR	
298	19MI004	CHAUDHARY YASHASVI RAJESHKUMAR	
299	19MI005	CHAUHAN RINKAL PANKAJBHAI	
300	19MI006	CHAUHAN SUHANI	
301	19MI007	DARJI AKSHINI VIJAYKUMAR	
302	19MI008	GAJERA RUCHITABEN JAYSUKHBHAI	
303	19MI009	GAJJAR MANSI PRAFULCHANDRA	
304	19MI012	IYER UMA NILKANTH	

305	19MI013	JOSHI KHUSHALI ASHOKBHAI	
306	19MI014	KASVALA RAKSHITA BHARATBHAI	
307	19MI017	NAGAR TANYA RAMESH	
308	19MI018	NAGAR YAGINI BANSIBHAI	
309	19MI020	PANCHAL VRUTTIBEN JAGDISHBHAI	
310	19MI022	PARMAR CHIRAGKUMAR MANGALBHAI	
311	19MI023	PATADIYA JAY CHETANBHAI	
312	19MI024	PATEL AAKASHKUMAR ALPESHBHAI	
313	19MI025	PATEL ABHISHEK KAMLESHBHAI	
314	19MI027	PATEL DEEPALI JITESHBHAI	
315	19MI028	PATEL DEVANSHI SHAILESHBHAI	
316	19MI029	PATEL DIPAL HARESHKUMAR	
317	19MI030	PATEL DIXITA NARENDRABHAI	
318	19MI033	PATEL HENI SUNILBHAI	
319	19MI034	PATEL JENISH NAKUL	
320	19MI035	PATEL JIMITKUMAR NIMESHKUMAR	
321	19MI038	PATEL PRACHI ATULKUMAR	
322	19MI039	PATEL PRACHI MAHESHBHAI	
323	19MI042	PRAJAPATI DISHA PRADIPKUMAR	
324	19MI043	PUROHIT MEENAKSHI HITENDRA	
325	19MI044	RANA SHRUTI DIPAK	
326	19MI048	ROHIT AJAY MANIBHAI	
327	19MI050	SHAH NIDHI ARVINDKUMAR	
328	19MI054	THAKER DEVARSHIKUMAR UPENDRAKUMAR	
329	19MI056	THAKKAR PARTH SHAILESHKUMAR	
330	19PHY002	JAIN MUSKAN ASHOK	MSC Sem 2 Physical Sciences
331	19PHY003	JOSHI PARTHKUMAR RAMESHBHAI	
332	19PHY004	MEHTA AADARSH .	
333	19PHY005	MEHTA NIDHI SANTOSHKUMAR	
334	19PHY006	NAIK AAYUSHI NIMESHBHAI	
335	19PHY007	PATEL ANURAG NEERAJBHAI	
336	19PHY008	PATEL BHAKTI KAMAL	
337	19PHY011	PATEL RAMESHRI VIJAYKUMAR	
338	19PHY012	PATEL VAISHNAVI DHIRENBHAI	
339	19PHY013	PATEL VRUSHALI NARANBHAI	
340	19PHY014	PRAJAPATI RIYAL ILESHBHAI	
341	19PHY016	RANA DHRUV MAHESHBHAI	
342	19PHY017	RONZA SAPAN ANILKUMAR	
343	19PHY018	TAHELYANI DIVYABEN HARISHKUMAR	
344	19PHY019	THAKKAR HARSH KAUSHIKKUMAR	
345	19PHY022	VERMA JAY SURENDRASINH	
346	19PHY024	KORE JYOTI PRAKASHBHAI	

List of Faculty, Research Scholars & Staff Members participation

347	DR JANKI THAKKER	DEPARTMENT OF BIOLOGICAL SCIENCES	FACULTY
348	DR SHWETA DABHI	DEPARTMENT OF PHYSICAL SCIENCES	FACULTY
349	MS RESHMA SHAH	DEPARTMENT OF MATHEMATICAL SCIENCES	FACULTY
350	DR SEEMA AMIN	DEPARTMENT OF BIOLOGICAL SCIENCES	FACULTY
351	DR JANKI PATEL	DEPARTMENT OF BIOLOGICAL SCIENCES	FACULTY
352	DR ANAMIKA JHA	DEPARTMENT OF BIOLOGICAL SCIENCES	FACULTY
353	MS NIRU PATEL	DEPARTMENT OF MATHEMATICAL SCIENCES	FACULTY
354	MS MEERA CHUDASAMA	DEPARTMENT OF MATHEMATICAL SCIENCES	FACULTY

355	MS MINAL MAMTORA	DEPARTMENT OF BIOLOGICAL SCIENCES	LAB TECHNICIAN
356	MS SONAL DESAI	DEPARTMENT OF BIOLOGICAL SCIENCES	LAB TECHNICIAN
357	MS SONIKA PATEL	DEPARTMENT OF BIOLOGICAL SCIENCES	LAB TECHNICIAN
358	MS MIRAL PATEL	DEPARTMENT OF BIOLOGICAL SCIENCES	LAB TECHNICIAN
359	MS KHUSHBU PATEL	DEPARTMENT OF BIOLOGICAL SCIENCES	LAB TECHNICIAN
360	MS BHAVINI ATEL	DEPARTMENT OF BIOLOGICAL SCIENCES	LAB TECHNICIAN
361	MS MAUNA PATEL	DEPARTMENT OF BIOLOGICAL SCIENCES	LAB TECHNICIAN
362	DHARTI PATEL	DEPARTMENT OF BIOLOGICAL SCIENCES	RESEARCH SCHOLAR
363	MESHWA PATEL	DEPARTMENT OF PHYSICAL SCIENCES	RESEARCH SCHOLAR
364	NIDHI PATEL	DEPARTMENT OF CHEMICAL SCIENCES	RESEARCH SCHOLAR
365	FARHEEN PATEL	DEPARTMENT OF BIOLOGICAL SCIENCES	RESEARCH SCHOLAR
366	VIDHI BHATT	DEPARTMENT OF BIOLOGICAL SCIENCES	RESEARCH SCHOLAR
367	NIDHI RUPARELIA	DEPARTMENT OF PHYSICAL SCIENCES	RESEARCH SCHOLAR
368	KRISHNA MODI	DEPARTMENT OF PHYSICAL SCIENCES	RESEARCH SCHOLAR
369	KIRTI PARWANI	DEPARTMENT OF BIOLOGICAL SCIENCES	RESEARCH SCHOLAR
370	MANALI CHANDNANI	DEPARTMENT OF BIOLOGICAL SCIENCES	RESEARCH SCHOLAR
371	NEERA PATEL	DEPARTMENT OF CHEMICAL SCIENCES	RESEARCH SCHOLAR
372	DR RUCHI CHATTURVEDI	DEPARTMENT OF BIOLOGICAL SCIENCES	FACULTY
373	KOMAL TILWANI	DEPARTMENT OF BIOLOGICAL SCIENCES	RESEARCH SCHOLAR
374	KOMAL PARMAR	DEPARTMENT OF BIOLOGICAL SCIENCES	RESEARCH SCHOLAR
375	UNNATI PATEL	DEPARTMENT OF CHEMICAL SCIENCES	RESEARCH SCHOLAR
376	DR C K SUMESH	DEPARTMENT OF PHYSICAL SCIENCES	FACULTY
377	DR BHASKAR BORAH	DEPARTMENT OF PHYSICAL SCIENCES	FACULTY
378	DR SANNY KAPATEL	DEPARTMENT OF PHYSICAL SCIENCES	FACULTY
379	DR MITESH PATEL	ANALUBE LAB	FACULTY
380	URVESH SONI	DEPARTMENT OF PHYSICAL SCIENCES	FACULTY
381	DR PALASH MANDAL	DEPARTMENT OF BIOLOGICAL SCIENCES	FACULTY
382	DR VAIBHAV PATEL	DEPARTMENT OF CHEMICAL SCIENCES	FACULTY
383	DR KIRAN PATEL	DEPARTMENT OF BIOLOGICAL SCIENCES	FACULTY
384	DR ABHISHEK DADHANIA	DEPARTMENT OF CHEMICAL SCIENCES	FACULTY
385	DR KAUSHAL PATEL	DEPARTMENT OF CHEMICAL SCIENCES	FACULTY
386	DR R M PATEL	DEPARTMENT OF CHEMICAL SCIENCES	FACULTY
387	DR ATUL PATEL	CMPICA, CHARUSAT	FACULTY
388	DR BHAVTOSH KIKANI	DEPARTMENT OF BIOLOGICAL SCIENCES	FACULTY
389	DR TAPAN PATEL	DEPARTMENT OF BIOLOGICAL SCIENCES	FACULTY
390	DR ANUP MARKANDE	DEPARTMENT OF BIOLOGICAL SCIENCES	FACULTY
391	DR MANDAR KULKARNI	DEPARTMENT OF BIOLOGICAL SCIENCES	FACULTY
392	MR KRUNAL KACHHIA	DEPARTMENT OF MATHEMATICAL SCIENCES	FACULTY
393	DR A B PATEL	DEPARTMENT OF MATHEMATICAL SCIENCES	FACULTY
394	DR CHIRAYU DESAI	DEPARTMENT OF BIOLOGICAL SCIENCES	FACULTY
395	MR JIMIT PATEL	DEPARTMENT OF MATHEMATICAL SCIENCES	FACULTY
396	DR MURALI SHARAF	DEPARTMENT OF BIOLOGICAL SCIENCES	FACULTY
397	MR HARDIK PATEL	CMPICA, CHARUSAT	FACULTY
398	MR RAKESH DAVE	P D PATEL INSTITUTE OF APPLIED SCIENCE	ASST. REGISTRAR
399	DR ATANU BANERJEE	DR K C PATEL R & D CENTRE, CHARUSAT	FACULTY
400	DR VANARAJ SOLANKI	DR K C PATEL R & D CENTRE, CHARUSAT	FACULTY
401	MR SUNNY PATEL	P D PATEL INSTITUTE OF APPLIED SCIENCE	OFFICE STAFF
402	MR SUCHIT PATEL	DEPARTMENT OF CHEMICAL SCIENCES	LAB TECHNICIAN
403	MR SUNNY PATEL	P D PATEL INSTITUTE OF APPLIED SCIENCE	OFFICE STAFF
404	MR GIRISH BHOI	DEPARTMENT OF PHYSICAL SCIENCES	LAB TECHNICIAN

ACTIVITY REPORT

Name of an Event: Logo Competition 2020: "Ready for innovative learning?"

Date of an event: 10/5/2020 – 15/5/2020

Date of Submission: 10/5/2020 – 15/5/2020

Organizer(s): Woman Development Cell & Equal Opportunity Cell, DEVANG PATEL INSTITUTE OF ADVANCE TECHNOLOGY AND RESEARCH, CHARUSAT

Coordinator Details:

Name: Ms. Atufaali Saiyed

Designation: Asst. Professor

Department: Information Technology

Email: saiyedaatufaali.ce@charusat.ac.in

CHARUSAT UNIVERSITY OF SCIENCE AND TECHNOLOGY (CHARUSAT

Name of Institute: DEVANG PATEL INSTITUTE OF ADVANCE TECHNOLOGY AND RESEARCH

Report on

Logo Competition 2020: "Ready for innovative learning? "

Name of Event:	**Logo Competition 2020: Ready for innovative learning?**
Date and Time of Event:	**10th May, 2020 (Sunday) to 15th May 2020(Friday)**
Event coordinator:	**Ms. Atufaali Saiyed ,** **Ms. Drashti Garadharia**

Event Schedule

Sr. No.	Time	Activity
1.	7th to 10th May 2020	Logo competition interested registration
2.	10th to 15th May 2020	Logo submission
3.	19th May 2020	Announce result & Distribution of E-Certificates

Activity Report

1. Introduction

Devang Patel Institute of Advance Technology and Research (DEPSTAR) always inspire students for the overall development in academics and co-curricular activities. The institution is devoted to intellectually vibrant atmosphere of research and imparts education in learning of sciences. Devang Patel Institute of Advance Technology and Research (DEPSTAR) is organized a Logo competition on ""Ready for Innovative Learning?" Under the Equal Opportunity Cell (EOC) & Woman Development Cell (WDC) at university level. The topic was selected on the basis of Current situation of COVID, where need to be prepare for innovative way of Learning. The Competition was announced on 7 May 2020 in the morning. Total 70 students/Faculty/Research Scholar have registered in the event from various departments from the university. Ms. Drashti Garadharia, departmental co coordinator of EOC has design Competition. Ms. Atufaali Saiyed, department co-coordinator of WDC has collected all participation Logo through Mail. Participation are allowed to submit maximum 2 logo with their logo description.

At the end of submission Deadline, Collected Logo was filtered and three best design was declared with winning certificate and All other participate awarded with participation certificate on 19th May 2020.

The Competition was effective and all participants have enjoyed this opportunity to express their creative design. We are thankful to Mr. Vijay Panchal (Convener, EOC) and Dr. Gayatri Patel (Convener, WDC) for organization, coordination and execution of the competition successfully.

2. Members involved

- Ms. Drashti Garadharia
- Ms. Atufaali Saiyed

3. Proposed budget and actual expenditures –NIL-

Event was conducted through online platform and all submission was mode online.

4. Registration Details:

Registration fee (if any): None

No. of Registration:70

No. of Participants: 32

Students: 29

Faculty Member: 2

5. List of participants:

Sr.No	NAME OF PARTICIPANT	INSTITUTE	PARTICIPANT
1	SHAH SAUMYA DHRUVESH	DEPSTAR	UG
2	HELINA GANDHI	DEPSTAR	UG
3	JEEL DOSHI	cspit- it	UG
4	BHARVI S. BHUT	DEPSTAR	UG
5	KASHYAP BHALODIYA	DEPSTAR	UG
6	HAARD PATEL	DEPSTAR	UG
7	NEHA SAJNANI	CSPIT/CE	UG
8	SAARTH MEHTA	CSPIT	UG
9	MALAV SOLANKI	CSPIT	UG
10	DEEP GAJIWALA	DEPSTAR	UG
11	DEEPESH NAIR	DEPSTAR	UG
12	KASHISH SORATHIA	DEPSTAR	UG
13	DARSHITA SHAH	CSPIT CE	UG
14	KRUPA PATEL	KDPIT - IT	UG
15	RAJIV GUPTA	CSPIT CE	UG
16	PRACHI MODI	DEPSTAR	UG
17	FRANNY JOEL EMMANUEL	MTIN	Faculty and research scholar
18	AGHERA JAY HARSUKHBHAI	DEPSTAR	UG
19	BINAL JOSHI	MTIN	Faculty and research scholar
20	JEET MAKADIYA	DEPSTAR	UG
21	KIRTANKUMAR NARENDRABHAI GOHIL	DEPSTAR	UG

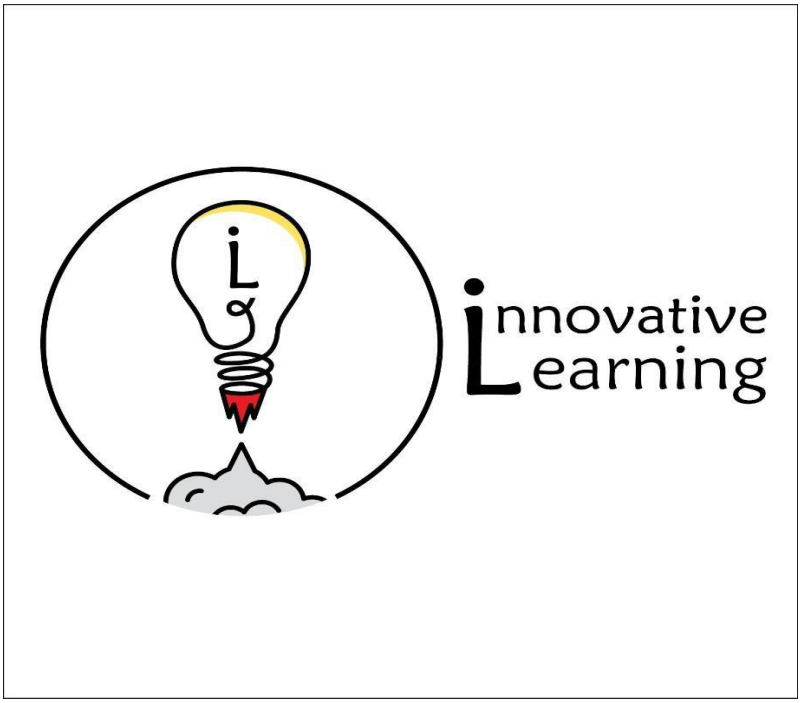
22	RAJESH K SHARMA	PIET-MCA (PARUL UNIVERSITY)	PG
23	KEYUR PANCHAL	DEPSTAR	UG
24	RUDRA BARAD	DEPSTAR	UG
25	VRAJ PATEL	DEPSTAR	UG
26	SHAH DHRUVI	DEPSTAR	UG
27	RUTWIK PATEL	DEPSTAR	PG
28	GUNDARANIA KRICY	DEPSTAR	UG
29	DARSHAN R GUPTA	DEPSTAR	UG
30	BHATT BHOOMI	CSPIT	UG
31	PRATIK DHORIYANI	CSPIT	UG
32	HEMALI PANCHA	MTIN	Faculty and Research scholar

Winner Details:

1st Rank - Rudra Barad

2nd Rank: Prachi Modi

3rd Rank: Dhruvi Shah



Photograph 1: Logo designed by First winner (Date: 16/05/2020)

Photograph 2: Logo designed by Second winner of competition (Date: 16/05/2020)

CHAROTAR UNIVERSITY OF SCIENCE AND TECHNOLOGY

ACTIVITY REPORT

Name of an Event: Creative Painting Competition

Date of an event: 18th September, 2020.

Date of Submission: 28th September, 2020.

Organizer(s): Women Development Cell (WDC)- RPCP

Venue: Online Mode

Coordinator Details:

Coordinator

Name : Dr. Jalpa Suthar

Designation: Associate Professor

Department: RPCP

Email: jalpasuthar.ph@charusat.ac.in

Submitted by: Dr. Jalpa Suthar

Report On
Creative Painting Competition
Women Development Cell (WDC) - RPCP

Objectives & Introduction:

The Women Development Cell (WDC) RPCP has organized the "**Creative Painting Competition"** for the students of CHARUSAT**.** Participants were informed to submit the painting by the 18th September, 2020.

The Topics are:

1) Covid 19 Pandemic: Curse or boon
2) Corona Warriors
3) Impact of lockdown on Women and Children
4) Teaching learning in Covid 19 Period: Challenges and opportunities

The objective of creative painting is to produce creative works that demonstrate innovation in concepts, formal language and/or materials. Describe, analyze and interpret created artwork. Recognize elements of design in works of art. Analyze, interpret and evaluate the form and content of works of art.

Members involved and their roles:

Name	**Designation**	
Dr. Jalpa Suthar	Institute level coordinator (Associate Professor)	Co ordinator
Ms. Shrina Patel (19MPHPPP001)	Student representative	

E –circular/ Notice

Proposed budget and actual expenditures:
Anticipated expenditure to be incurred in organization of this event is Rs. 5000/-.

A detailed statement of anticipated expenditure is shown below.

Sr. No.	Particulars	Amount (INR.)
	Creative Painting Competition	
1.	Rank prize (1st- 2000/-,2nd -1500/- and 3rd -1000/-)	4500
2.	Certificates	500
Total Amount (INR)		**5000/-**

Winner Rank	Prizes(INR)
1st Prize	2000/-
2nd Prize	1500/-
3rd Prize	1000/-

Actual Expenses: Rs. 4500/-

Activities carried out and beneficiaries:

WDC- RPCP received overwhelming response in from of participants from students of CHARUSAT. Total 43 students and 01 teaching staff members of RPCP participated in activity.

Outcome of the activities:

Students showed their talent and creativity n painting Competition.

Winners were felicitated with cash price and certificates.

Winners are:

1st Prize - Patel Arya Dipakkuma 18BPH041
2nd Prize – Thakor shivaniben Pratapsinh 17bph101
2nd Prize – Kachrola Pooja Prakashbhai 20MPTNS103
All participants were appreciated with certificate of participation.

Event clicks:

The Creative Painting Competition best six paintings (18th September, 2020) through Online mode

Scanned with CamScanner

Sample copy of Certificate & student attendance/ feedback if any:

List of Participants:

Sr. No	Name of the Student	Sr. No	Name of the Student
1	Dhruvi.Yogesh.Gajjar	23	Kachrola pooja Prakashbhai
2	PANDYA NIJ KIRTANBHAI	24	Prarthna B. Shihora
3	Vasu Gamdha	25	Chauhan Anu
4	BHATT PRIYA	26	Chauhan Shreya
5	Bhunia Atithi Damodar	27	Arya Patel
6	Hetula vaghasiya D	28	MESHWA PANCHAL
7	Yash Chauhan	29	KRISHNA MEHTA
8	Drashti shah (18bph089)	30	Deep Patel
9	Himali patel	31	Parmar Het Mukeshbhai
10	Kalola Sachi Nayankumar	32	KHUSHI S PATEL 18BPH056
11	Prachi patel	33	Dhvani Parmar
12	Krishna Patel	34	Aryan Bipinbhai Patel
13	Thakor shivani Pratapsinh	35	SHAH KRUPA DAXESH
14	Rutvi Patel	36	Patel Rahi Arvindbhai
15	Priyanshi Nikulkumar Marfatia	37	Nidhi patel
16	Vrushika Bimalbhai Kanthariya	38	Tarang Rameshbhai Patel
17	Divy Patel - 17BPH048	39	Vishwa Desai
18	Bhavsar Nandita p.	40	Ayushi Vaghasiya, 16BPT082 , ARIP
19	Patel Priya Dhirubhai	41	Saraswati Pathariya (19DRCL011)
20	Yesha Soni	42	PATEL PANKTI JAYDEVBHAI
21	Densy R Thumber	43	Patel Khushi Harshadkumar
22	PREXA S PATEL		

Sample copy of Certificate

Women Development Cell (WDC)
CHARUSAT

CHARUSAT

CERTIFICATE

This Certificate is Presented to Ms./Mr. PANDYA NIJ KIRTANBHAI for participating in "Creative Painting Competition" Organized by Women Development Cell (WDC) RPCP on 18th September, 2020.

rpcp
RAMANBHAI PATEL COLLEGE OF PHARMACY

Dr. Jalpa Suthar
CO-ORDINATOR
WDC-RPCP

CHAROTAR UNIVERSITY OF SCIENCE AND TECHNOLOGY (CHARUSAT)
DEVANG PATEL INSTITUTE OF ADVANCE TECHNOLOGY AND RESEARCH (DEPSTAR)

A Report

On

Poster Making Competition

Theme - "Thank You Corona Warriors"

(Organised Under Women Development Cell (WDC DEPSTAR))

Devang Patel Institute of Advance Technology and Research (DEPSTAR)
Charotar University of Science and Technology (CHARUSAT)

Women Development Cell (WDC)

Dates: September 26,2020

Convener	Organizing Committee	Faculty Coordinators
Dr. Amit Ganatra	Dr. Amit Nayak Dr. Dweepna Garg Mr. Parth Goel	Ms. Kirti Makwana Ms. Atufaali Saiyed

Preamble

Devang Patel Institute of Advance Technology and Research (DEPSTAR), a constituent of Charotar University of Science and Technology (CHARUSAT), thrives to have holistic development of the students not limited to academics, co-curricular and extracurricular activities. The institution is devoted to intellectually vibrant atmosphere of research and imparts education in learning of sciences. The main aim is to make the students aware about the latest happenings in the society so as to make them capable of having a better stand in the society.

Women Development Cell (WDC), DEPSTAR, CHARUSAT proposed a thank to all those superheroes who worked tirelessly and sacrificed their comfort during and post nationwide lockdown due to Corona Virus – COVID -19. This included (not limited to) doctors, nurses, medical staff, emergency services workers, custodial and sanitation workers, farm workers and farmers, grocery workers, public transportation workers, packaging, shipping, and delivery workers, food service workers, and teachers and childcare workers, among others. The institute proposed *Thanks* with a creative (digital) Posters by organizing a **Poster Making Competition** on - ***Theme - "Thank You Corona Warriors"***.

The details of the competition are as below:

Competition Rules / Guidelines

Student participants were required to:

1. Submit only **ONE** poster **individually**.
2. Register online and prepare a **Digital Version** of the Poster (for the given Theme) prepared using any of the applications/platforms.
3. Submit final poster
4. The submission shall be judged based on the following criteria:
    a. Aesthetics of Display
    b. Clarity / Visual impact
    c. Originality of Work
    d. Message Conveyed Through Poster
    e. Creativity

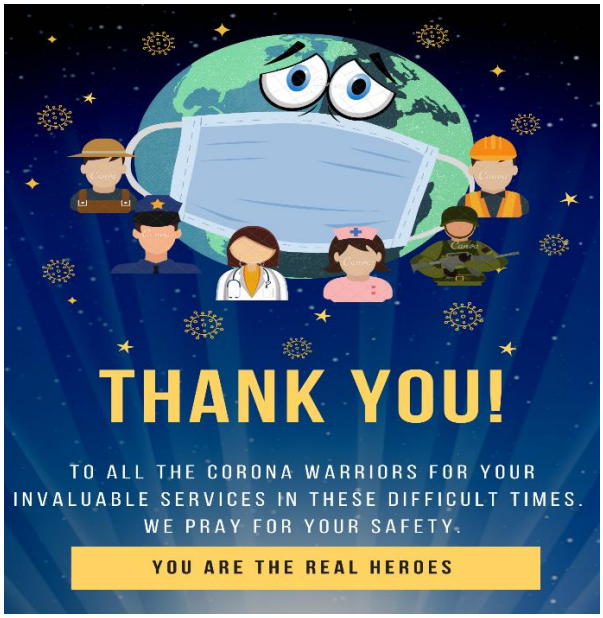
Registration / List of Participants

Based on the registration of the students, below mentioned students participated in the competition:

Sr. No.:	Name	ID No.:	Department	Year of Study	Email Address
1	MEHA NAIK	17DCE031	CE	4th Year	17dce031@charusat.edu.in
2	SHRADDHA MEHTA	18DCE057	CE	3rd Year	18dce057@charusat.edu.in
3	SMIT VACHHANI	18DCE133	CE	3rd Year	18dce133@charusat.edu.in
4	HARSH KANZARIYA	19DCE054	CE	2nd Year	19dce054@charusat.edu.in
5	HAARD PATEL	19DCE099	CE	2nd Year	19dce099@charusat.edu.in

6	RUDRA BARAD	18DCS007	CSE	3rd Year	18dcs007@charusat.edu.in
7	SHUBHAM MENDAPARA	18DCS046	CSE	3rd Year	18dcs046@charusat.edu.in
8	ANJALI PATEL	18DCS064	CSE	3rd Year	18dcs064@charusat.edu.in
9	AYUSH SOJITRA	18DCS119	CSE	3rd Year	18dcs119@charusat.edu.in
10	GRACY PATEL	19DCS088	CSE	2nd Year	19DCS088@charusat.edu.in
11	PATEL AASHKA	D19DCS149	CSE	3rd Year	d19dcs149@charusat.edu.in
12	PRINCESS KACHHADIYA	18DIT020	IT	3rd Year	18dit020@charusat.edu.in
13	KASHISH SORATHIA	18DIT075	IT	3rd Year	18dit075@charusat.edu.in

Submission of Posters



MEHA NAIK - 17DCE031

SHRADDHA MEHTA - 18DCE057

SMIT VACHHANI - 18DCE133

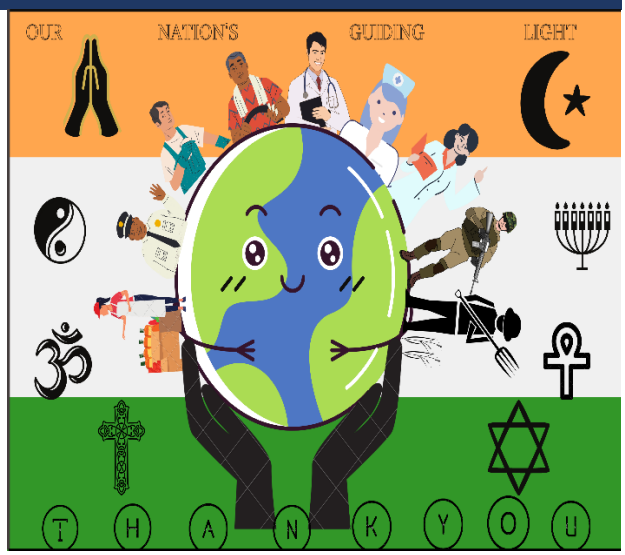
RUDRA BARAD - 18DCS007
(First Runner Up)

SHUBHAM MENDAPARA - 18DCS046

ANJALI PATEL - 18DCS064

(Second Runner Up)

AYUSH SOJITRA - 18DCS119



PRINCESS KACHHADIYA - 18DIT020

(Winner)

KASHISH SORATHIA - 18DIT075

HARSH KANZARIYA - 19DCE054

HAARD PATEL - 19DCE099

GRACY PATEL - 19DCS088

PATEL AASHKA - D19DCS149

Evaluation of Submission

Student Details					Final Points	Rank
Sr. No.:	Name	ID No.:	Department	Year of Study	Out of 25	
1	MEHA NAIK	17DCE031	CE	4th Year	12	--
2	SHRADDHA MEHTA	18DCE057	CE	3rd Year	8	--
3	SMIT VACHHANI	18DCE133	CE	3rd Year	7	--
4	HARSH KANZARIYA	19DCE054	CE	2nd Year	8	--

5	HAARD PATEL	19DCE099	CE	2nd Year	12	--
6	RUDRA BARAD	18DCS007	CSE	3rd Year	13.83	2nd Rank
7	SHUBHAM MENDAPARA	18DCS046	CSE	3rd Year	13.17	--
8	ANJALI PATEL	18DCS064	CSE	3rd Year	13.33	3rd Rank
9	AYUSH SOJITRA	18DCS119	CSE	3rd Year	10	--
10	GRACY PATEL	19DCS088	CSE	2nd Year	10	--
11	PATEL AASHKA	D19DCS149	CSE	3rd Year	12	--
12	PRINCESS KACHHADIYA	18DIT020	IT	3rd Year	15	1st Rank
13	KASHISH SORATHIA	18DIT075	IT	3rd Year	11	--

Award of Certificates

Winner and participants were awarded with achievement and participation certificates.

Annexure – Communication to the Students

CHARUSAT - DEPSTAR - WDC - Poster Making Competition - Theme- "Thank You Corona Warriors"

Inbox ×

Kirti Makwana <kirtimakwana.mba@charusat.ac.in> Wed, Sep 16, 3:06 PM

to 17dce, 17dit, 17dcse, 18dce, 18dcse, 18dit, 19dce, 19dcse, 19dit, Parth, Dweepna, Amit, Amit

Women Development Cell (WDC) - DEPSTAR

Poster Making Competition - Theme - "Thank You Corona Warriors"

DEPSTAR, CHARUSAT proposes to thank all those superheroes who worked tirelessly and sacrificed their comfort during and post nationwide lockdown due to Corona Virus – COVID -19. This includes (not limited to) doctors, nurses, medical staff, emergency services workers, custodial and sanitation workers, farmworkers and farmers, grocery workers, public transportation workers, packaging, shipping, and delivery workers, food service workers, and teachers and childcare workers, among others. The institute proposes ***Thanks*** *with* a creative (digital) Posters.

Date of Activity: September 26, 2020 (Saturday) (Submission of the prepared Posters)

Rules / Guidelines:

1. Each participant (Male / Female) can submit only **ONE** poster individually.
2. Online registration is compulsory for each participant. Participants may Register Here. (on or before September 20, 2020)
3. The participant is required to prepare a **Digital Version** of the Poster (for the given Theme) prepared using any of the applications/platforms.
4. The final version of the poster is required to be submitted on or before the given deadline (September 26, 2020). You may upload the file @ Submit Here.
5. The participants are required to rename the poster by their ID No. (e.g. 17DCExxx).
6. The submission shall be judged based on the following criteria:
    1. Aesthetics of Display
    2. Clarity / Visual impact
    3. Originality of Work
    4. Message Conveyed Through Poster
    5. Creativity
7. E- Certificate and Appreciation Certificate shall be issued to all the Winners.

--

Kirti Makwana

Mobile:+91-9586861680

CHARUSAT

CHARUSAT UNIVERSITY OF SCIENCE AND TECHNOLOGY

ACCREDITED WITH "A" GRADE BY NAAC, GOI

CHAROTAR UNIVERSITY OF SCIENCE AND TECHNOLOGY

ACTIVITY REPORT

Name of an Event: Talent Spectacular

Date of an event: 25th September To 15th October 2020

Date of Submission:

Organizer(s):

(1) Women development cell- CSPIT, Department of Information Technology, CHARUSAT

(2) Equal Opportunity Cell- CSPIT, Department of Information Technology, CHARUSAT

Venue: CSPIT, Department of Information Technology, CHARUSAT

Coordinator Details:

Coordinator (1)

Name: Purvi Prajapati (WDC member)

Designation: Asst. Professor

Department: Department of Information Technology, CSPIT

Email: purviprajapati.it@charusat.ac.in

Coordinator (2)

Name: Amit Parmar(EOC member)

Designation: Asst. Professor

Department: Department of Information Technology, CSPIT

Email: amitparmar.it@charusat.ac.in

Submitted by: (All coordinator signature)

Activity Report

Index

1. **Objectives**
2. **Members involved and their roles**
3. **Proposed budget and actual expenditures**
4. **Outcome of the activities**
5. **Event clicks**
6. **Sample copy of certificate**
7. **List of Participants**

1. Objective/s or Introduction

The objective of the event is to discover the hidden talents of the students. This competition aims for the students to show their talent, creativity and understanding by making small video which demonstrates his/her unique skills.

The event categories are:

- Salad decoration
- Dancing
- Singing
- Painting/Artwork
- Playing an instrument
- Model/ Sculpture-making
- Poetry writing

Event Brochure:

Event Circular

CHARUSAT

Purvi Prajapati <purviprajapati.it@charusat.ac.in>

CSPIT - IT Organizing Talent Spectacular event

Purvi Prajapati <purviprajapati.it@charusat.ac.in> Thu, Sep 24, 2020 at 10:40 AM
To: Convener Women Development Cell CHARUSAT <convener.wdc@charusat.ac.in>, Arpita Shah <arpitashah.ce@charusat.ac.in>, sanskruti patel <sanskrutipatel.mca@charusat.ac.in>, Vibha Parmar <vibhaparmar.ee@charusat.ac.in>, Purvi Prajapati <purviprajapati.it@charusat.ac.in>, Jalpa Suthar <jalpasuthar.ph@charusat.ac.in>, L Surbala <lsurbala.phy@charusat.ac.in>, Rameshwari Zala <rameshwarisolanki.nur@charusat.ac.in>, Dolly Sharma <dollysharma.cips@charusat.ac.in>, Rasila Vala <rasilavala.gh@charusat.ac.in>, Aditi Buch <aditibuch.biochem@charusat.ac.in>, Falguni Raval <falguniraval.ec@charusat.ac.in>, Saiyed Atufaali <saiyedatufaali.ce@charusat.ac.in>, Hiteshri Shastri <hiteshrishastri.cv@charusat.ac.in>, Dipal Sukhadiya <dipalsukhadiya.adm@charusat.ac.in>, lipi acharya <lipiacharya.cs@charusat.ac.in>

Dear All,

Kindly circulate to all the students in your department/institute.

Greetings!!!

The Women Development Cell (WDC) and Equal Opportunity Cell (EOC) of Smt. Kundanben Dinsha Patel Department of Information Technology has organized the "**Talent Spectacular**" event for the CHARUSAT students where they can show their talents by preparing a video of five to ten minutes.

The event categories are:

- Salad decoration
- Dancing
- Singing
- Painting/Artwork
- Playing an instrument
- Model/ Sculpture-making
- Poetry writing

We are looking forward to the maximum number of participants in the event.

For more details and submission find attached brochure.

submission link: https://forms.gle/CSagZVMkq26GU3hG6

In case of any query feel free to contact Purvi Prajapati (purviprajapati.it@charusat.ac.in), Amit Parmar (amitparmar.it@charusat.ac.in)

--

2. **Members involved and their roles**

Faculty Coordinator: Purvi Prajapati (WDC- Coordinator), Amit Parmar (EOC-Coordinator)

Student Coordinator: Kaaviya Modi (18IT065)

Judges: Bimal Patel, Sagar Patel, Sanket Suthar, Harsh Patel, Rekha Karangiya, Nishat Shaikh, Sandip Patel, Nehal Patel(CSPIT-IT)

3. Proposed budget and actual expenditures

Format for Proposal Submission

(For AY. 2020-2021)

The activity proposal shall include;

Name of Institute: Smt. Kundanben Dinsha Patel Department of Information Technology, CSPIT, CHARUSAT

Details of Institute WDC Co-ordinator: Purvi Prajapati

Event Sr.No.	Event Duration (Date and Month)	Event Name	Level of activity (Institute/ university/ community)	Target Audiences	Total Estimated Budget (INR)
1	September - October 2020	Talent Spectacular	University	CHARUSAT Students	*Rs. 8400/-

Proposed Event Date: 25th September to 15th October 2020

Proposed Expense: Rs. 8400/-

There are seven event categories:

- Salad decoration
- Dancing
- Singing
- Painting/Artwork
- Playing an instrument
- Model/ Sculpture-making
- Poetry writing

Category wise Winner Prize: Rs. 750/- and Runner-up Prize Rs. 450/-

Madam,

The Budget stands approved. Please encourage members to come up with more creative activities. The activities proposed are typical activities undertaken by all and sundry.

Regards,

Devang Joshi
Registrar

Charotar University of Science and Technology (CHARUSAT)
Off. Nadiad - Petlad Highway, Changa, Gujarat, INDIA 388421
c: +91 9825303420 | ph: +91 2697 265001 | e: registrar@charusat.ac.in | w: www.charusat.ac.in
CHARUSAT Helpline No: 8905-500-500

On Mon, Sep 21, 2020 at 4:06 PM Gayatri Patel <gayatripatel.ph@charusat.ac.in> wrote:

> Dear Sir,
>
> I have received a Budget note for approval for activities proposed under WDC by Purvi Prajapati, Assistant Professor, Department of Information Technology,, Faculty of Technology & Engineering, as follows.
>
> Request to go through and approve the same.
>
> Thanking you,
>
> Convener-WDC CHARUSAT
>
> ---------- Forwarded message ---------
> From: **Purvi Prajapati** <purviprajapati.it@charusat.ac.in>
> Date: Mon, Sep 21, 2020 at 2:26 PM
> Subject: Re: Proposal Submission Format and Completed Activity submission format
> To: Gayatri Patel <gayatripatel.ph@charusat.ac.in>

4. Outcome of the Activities

Students should be able to present their innovative ideas and creativity in terms of Video.

Dancing:

	Student ID & Name	**Department/Institute**
Winner	16me054 : Abhi Anish Naik	CSPIT-ME
First Runner up	17IT054 : Mital Modhavadiya	CSPIT -IT

Singing:

	Student ID & Name	**Department/Institute**
Winner	18IT133 : Thakkar Jayati Anilkumar	CSPIT -IT
First Runner up	18dcs130 : Darsh Vaghasia	Depstar - CS

Painting:

	Student ID & Name	**Department/Institute**
Winner	18BPH041 : ARYA DIPAKKUMAR PATEL	RPCP
First Runner up	19DCS011 : Anushri Bhansali	Depstar- CS

Poetry Writing:

	Student ID & Name	Department/Institute
Winner	17IT045 : Namrata Khatwani	CSPIT-IT
First Runner up	19BPH039 : Patel Khushi Harshadkumar	RPCP

Instrument Playing:

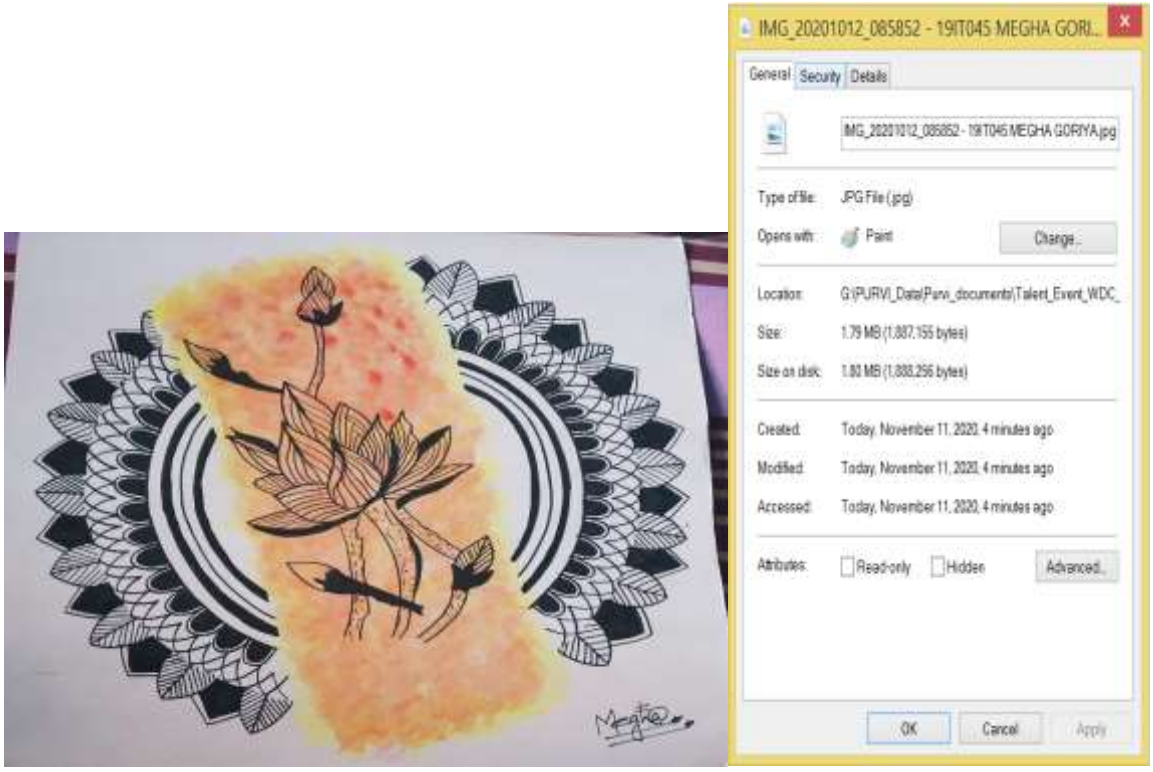
	Student ID & Name	Department/Institute
Winner	19IT039 : Ghadiya Ayush	CSPIT - IT
First Runner up	19BPH080 : Sheth Shiv AtulKumar	RPCP

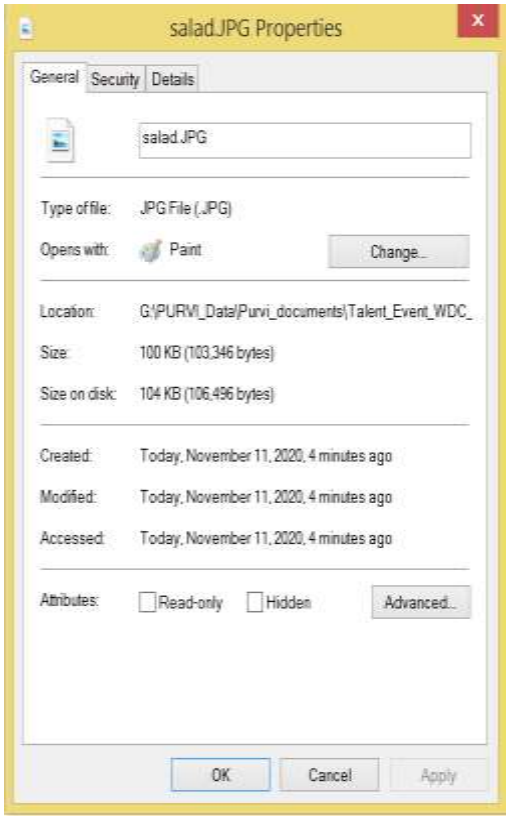
Model creation/Salad Decoration:

	Student ID & Name	Department/Institute
Winner	20BCA090 : Havi S. Shah	CMPICA

5. Event clicks

Salad Decoration:




salad.JPG Properties
General
Security
Details
salad.JPG
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Opens with: Paint
Change...
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Size: 100 KB (103,346 bytes)
Size on disk: 104 KB (106,496 bytes)
Created: Today, November 11, 2020, 4 minutes ago
Modified: Today, November 11, 2020, 4 minutes ago
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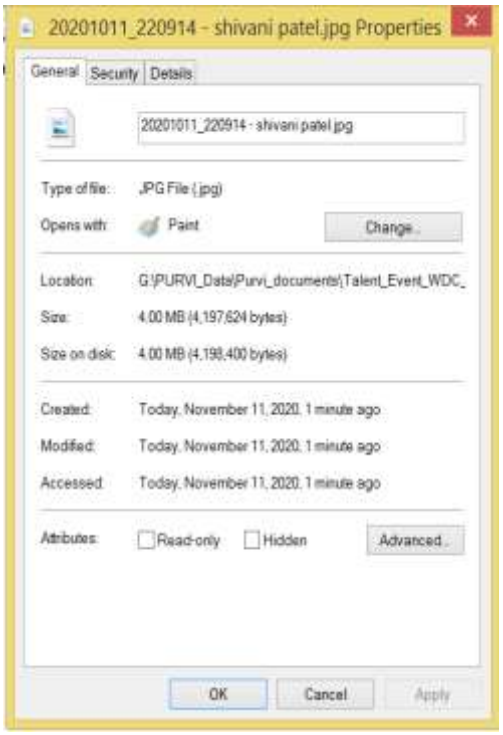
Attributes: Read-only Hidden
Advanced...
OK
Cancel
Apply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Security
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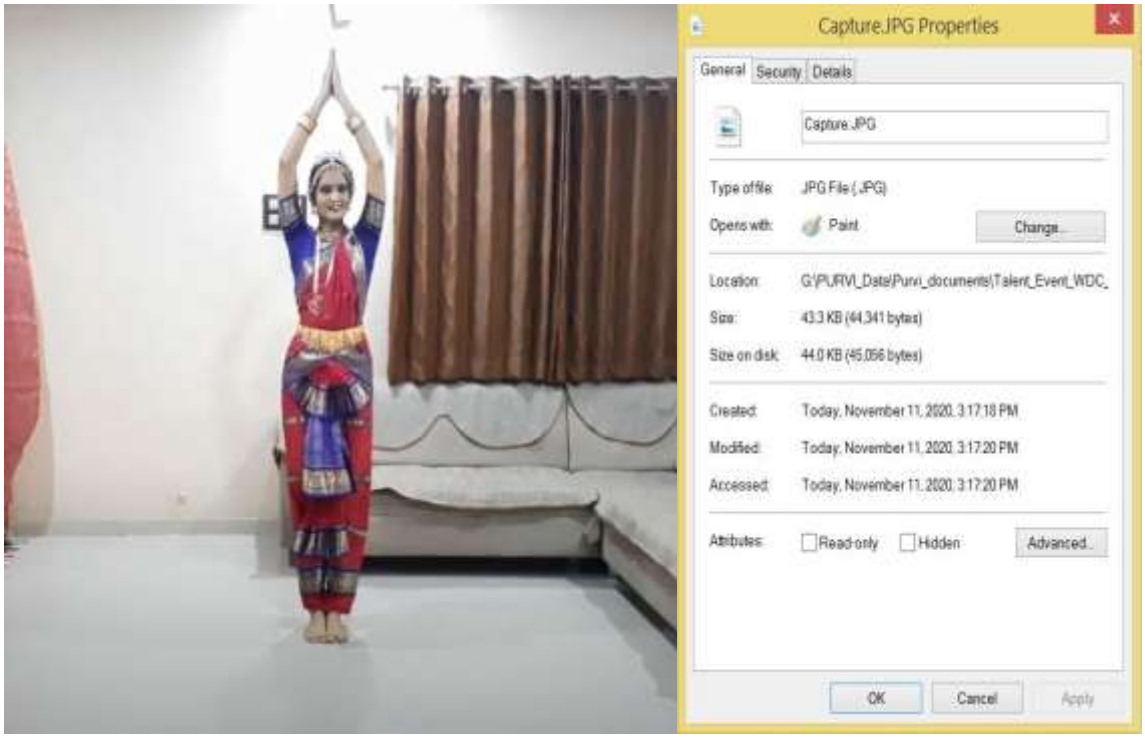
OK
Cancel
Apply



6. Sample copy of Certificate

7. List of Participants : Total 60 Participants

Dancing:

Sr.	Name	Id	Email	Department
1	Meet Vyas	18IT146	18it146@charusat.edu.in	CSPIT
2	Mital Modhavadiya	17IT054	17it054@charusat.edu.in	CSPIT
3	Gadhvi Khyati Rajeshkumar	18EC025	18EC025@charusat.edu.in	CSPIT
4	Ankita Pal	19EC032	19ec032@charusat.edu.in	CSPIT
5	Viraj pranami k	18BPH081	18bph081@charusat.edu.in	RPCP
6	Abhi Anish Naik	16me054	16me054@charusat.edu.in	CSPIT
7	Brahmbhatt khyati Jayeshkumar	18BSC013	khyatibrahmbhatt.18bsc013@gmail.com	PDPIAS
8	KHUSHI JAYESHKUMAR BRAHMBHATT	18BSC012	khushibrahmbhatt.18bsc012@gmail.com	PDPIAS
9	Trupti soni	20bca062	20bca062@edu.charusat.org	CMPICA
10	Drashti Jhaveri	19IT048	19it048@charusat.edu.in	CSPIT

Singing:

Sr.	Name	ID	Email	Department
1	VARUN LADHA	17ce049	17ce049@charusat.edu.in	CSPIT
2	Darsh Vaghasia	18dcs130	18dcs130@charusat.edu.in	Depstar
3	Thakkar Jayati Anilkumar	18IT133	18it133@charusat.edu.in	CSPIT
4	Monika kapadiya	17bpt016	17bpt016@charusat.edu.in	ARIP
5	Patel Kalyani N.	19BPH037	19bph037@charusat.edu.in	RPCP
6	Mosami Vikas Patel	19dcs094	19dcs094@charusat.edu.in	Depstar
7	Dipa khatri	19cl019	19cl019@charusat.edu.in	CSPIT
8	Patel Krina Girishbhai	19BPH041	19bph041@charusat.edu.in	RPCP
9	Malav K. Sukhadia	19IT140	19it140@charusat.edu.in	CSPIT

Painting:

Sr.	Name	ID	Email	Department
1	Divy Patel	17bph048	divymanish@gmail.com	RPCP
2	Yash M. Soni	17ec090	17ec090@charusat.edu.in	CSPIT
3	khushi patel	19dce102	19dce102@charusat.edu.in	DEPSTAR
4	Yash Chauhan	18BPH009	18bph009@charusat.edu.in	RPCP
5	Mansi Jesani	18EC036	18ec036@charusat.edu.in	CSPIT
6	Maitri Dalwadi	20TBSIT074	20TBSIT074@edu.charusat.org	CMPICA
7	Maitri Dalwadi	20TBSIT074	20TBSIT074@edu.charusat.org	CMPICA
8	Patel Shivani Sanjaykumar	20TBSIT063	20TBSIT063@edu.charusat.org	CMPICA
9	Megha Goriya	19IT045	19it045@charusat.edu.in	CSPIT
10	Isha Malli	20TBSIT069	20tbsit069@edu.charusat.org	CMPICA
11	Solanki Jeel Rakeshbhai	19BSC121	zeelsolanki.19bsc121@gmail.com	PDPIAS
12	ARYA DIPAKKUMAR PATEL	18BPH041	18bph041@edu.charusat.org	RPCP
13	Anushri Bhansali	19DCS011	19dcs011@charusat.edu.in	Depstar

14	KRUPA. H. JETHWA	20TBSIT171	20TBSIT171@edu.charusat.org	CMPICA

Poetry Writing:

Sr.	Name	ID	Email	Department
1	Namrata Khatwani	17IT045	17it045@charusat.edu.in	CSPIT
2	Jay Jagdevbhai Desai	17CE025	17ce025@charusat.edu.in	CSPIT
3	Ayushi Patel	19ec038	19ec038@charusat.edu.in	CSPIT
4	VARUN LADHA	17ce049	17ce049@charusat.edu.in	CSPIT
5	BHATT PRIYA	19BPH005	19BPH005@edu.charusat.org	RPCP
6	Trupti soni	20bca062	20bca062@edu.charusat.org	CMPICA
7	Megha Rakeshbhai Dave	20TMPHRGA003	meghadave23599@gmail.com	RPCP
8	ADWANI JAYSHREE	19EC002	19ec002@charusat.edu.in	CSPIT
9	Patel Krina girishbhai	19bph041	19bph041@charusat.edu.in	RPCP
10	Nandish Bhayani	18IT016	18IT016@charusat.edu.in	CSPIT
11	MANAN PATEL	19mcal059	19mcal059@charusat.edu.in	CMPICA
12	Patel Kalyani N.	19bph037	19bph037@charusat.edu.in	RPCP
13	Gamit Swati	20TBSIT103	20TBSIT103@edu.charusat.org	CMPICA
14	Sanabanu Mohmadhanif Shaikh	17CL083	17cl083@charusat.edu.in	CSPIT
15	Ghadiya Ayush	19IT039	19it039@charusat.edu.in	CSPIT
16	Kapadiya monika	17bpt016	17bpt016@charusat.edu.in	ARIP
17	Patel Khushi Harshadkumar	19BPH039	19bph039@charusat.edu.in	RPCP

Instrument Playing:

Sr.	Name	ID	Email	Department
1	Amre Darpan Ketan	18IT006	18it006@charusat.edu.in	CSPIT
2	Dhyanam Alpesh Pandya	19ec035	19ec035@charusat.edu.in	CSPIT
3	VARUN LADHA	17ce049	17ce049@charusat.edu.in	CSPIT
4	Ghadiya Ayush	19IT039	19it039@charusat.edu.in	CSPIT
5	Rishabh Balse	18CE006	18ce006@charusat.edu.in	CSPIT
6	Sheth Shiv AtulKumar	19BPH080	19bph080@charusat.edu.in	RPCP

Model creation/Salad Decoration:

Sr.	Name	ID	Email	Department
1	Havi S. Shah	20BCA090	20BCA090@edu.charusat.org	CMPICA
2	shah vrushali dipakbhai	20TBSIT016	20TBSIT016@edu.charusat.org	CMPICA
3	Dhwani Parikh	18bsc052	dhwaniparikh.18bsc052@gmail.com	PDPIAS

Human Resource Development Cell (HRDC), CHARUSAT

- Faculty of Technology and Engineering
- Faculty of Pharmacy
- Faculty of Computer Science and Applications
- Faculty of Management Studies
- Faculty of Sciences
- Faculty of Medical Sciences

Pri. B. I. Patel Human Resource Development Center (HRDC)

(Programme undertaken during the year: 2019-20)

Programme Name/Title:	2nd Sri Aurobindo Memorial Lecture - "Sri Aurobindo & Our Spiritual Heritage" to commemorate 148th Birth Anniversary of Sri Aurobindo
Cadre:	CHARUSAT Family including Teaching, Non-Teaching, CHARUSAT Executives and Students across all disciplines & Other Participants.
Date: [from-to]	Wednesday 14 Aug 2019
Duration:	01 day
Total Participants:	240 including 115 Teachers, 90 Students and 35 Non-Teaching Staff members
Funding body:	CHARUSAT
Name of Resource Person:	Prof. Sharad M. Joshi, Ex. Pro Vice-Chancellor M.S. University, Vadodara and distinguished faculty at Auro University, Surat

Brochure:

HRDC
Pri. B I Patel
Human Resource
Development Centre

CHARUSAT
CHAROTAR UNIVERSITY OF SCIENCE AND TECHNOLOGY

Accredited with Grade "A" by NAAC
Accredited with Grade "A" by KCG

Pri. B. I. Patel Human Resource Development Center
Commemoration of

148th Birth Anniversary Of
Sri Aurobindo

2nd Memorial Lecture under the theme :

"Sri Aurobindo & Our Spiritual Heritage"

: Key Speaker :

Prof. Sharad Joshi

Ex. Pro Vice Chancellor M.S. University, Baroda

: Programme Details :

Date : 14th August 2019,Wednesday

Time : 2:00 p.m. to 3:30 p.m.

Venue : Auditorium, PDPIAS – CHARUSAT

Event Report:

2nd Lecture Series on Sri Aurobindo under the theme, "Sri Aurobindo & Our Spiritual Heritage" in commemoration of 148th Birth Anniversary of Sri Aurobindo.

As per tradition of Charusat, HRDC initiates commemorative lecture series to pay respect and homage to personalities to shape the foundation of Indian culture and ethos.

In line with the same, HRDC initiated commemorative lecture under the theme, *"Sri Aurobindo & Our Spiritual Heritage"* on Wednesday, 14th August 2019 at 02:00 p.m. to 03:00 p.m. at Auditorium, PDPIAS, Charusat Campus Changa. **Prof. Sharad M. Joshi**, Ex. Pro Vice-Chancellor M.S. University, Vadodara and distinguished faculty at Auro University, Surat has delivered the commemorative lecture.

The key note speaker Prof. Joshi was offered floral welcome by Prof. Dr. Pankaj Joshi, Provost, Charusat University. In his brief session, he highlighted the journey of Sri Aurobindo as a teacher of English from the Maharaja Sayajirao University of Baroda to the pinnacle height of India's Independence Movement. The transformation of Sri Aurobindo as Prophet of Indian Nationalism to Rishi Aurobindo is a journey towards enriched life. Based on Life and Teachings of Sri Aurobindo, Prof. Joshi, summarized the session on designing the goals of life, becoming conscious of oneself and to attain perfection in life. The entire audience was charmed by his deliberations in lucid and simple language and the programme concluded with vote of thanks by Head HRDC.

The programme was attended by 115 Teachers, 90 Students and 35 Non-Teaching Staff members totalling to around 240 participants.

Pri. B.I. Patel Human Resource Development Center HRDC Charusat

Head HRDC

Photographs:

"Sri Aurobindo & Our Spiritual Heritage" | Dt. 14/08/2019 | Venue: PDPIAS Auditorium.

"Sri Aurobindo & Our Spiritual Heritage" | Dt. 14/08/2019 | Venue: PDPIAS Auditorium.

"Sri Aurobindo & Our Spiritual Heritage" | Dt. 14/08/2019 | Venue: PDPIAS Auditorium.

"Sri Aurobindo & Our Spiritual Heritage" | Dt. 14/08/2019 | Venue: PDPIAS Auditorium.

Pri. B. I. Patel Human Resource Development Center (HRDC)

(Programme undertaken during the year: 2019-20)

Programme Name/Title:	Webinar on "Covid 19: Role of Youth and Volunteers" had organized by CHARUSAT in association with Gujarat Institute of Disaster Management, Govt. of Gujarat.
Cadre:	CHARUSAT Family including Teaching, Non-Teaching, CHARUSAT Executives and Students across all disciplines & Other Participants.
Date: [from-to]	16 May 2020
Duration:	01 day
Total Participants:	132 including 106 Faculty, 10 Staff members and 16 Youth & Volunteers, from across the State.
Funding body:	CHARUSAT
Name of Resource Person:	Gujarat Institute of Disaster Risk Managmeent (GIDM), Gandhinagar

Brochure:

HRDC
Pri. B I PATEL
HUMAN RESOURCE
GUJARAT
INSTITUTE OF
DISASTER
MANAGEMENT
BUILDING RESILIENCE
CHARUSAT
'Covid 19: Role of Youth and Volunteers'
DT: 16/05/2020
VENUE: CISCO WEBEX PLATFORM
WING COMMANDER
PUNEET CHADHA
Gujarat Institute of Disaster Management
B/H. PDPU, Koba- Gandhinagar Highway
Village - Raisan, Dist. Gandhinagar
Ph. 079-23275804/www.gidm.gujarat.gov.in

Event Report:

CHARUSAT organized Webinar on COVID-19 PANDEMIC: Role of Youth and Volunteers

Webinar on "Covid 19: Role of Youth and Volunteers" was organised by CHARUSAT in association with Gujarat Institute of Disaster Management, Govt. of Gujarat on 16th May 2020. More than 132 participants have attended the webinar including 106 Faculty, 10 Staff members and 16 Youth & Volunteers, from across the State.

The webinar was hosted by Prin. B. I. Patel Human Resources Development Centre, CHARUSAT. Dr. Kamal Chakravartty, Head, HRDC informed that webinar aimed to enhance the understanding of COVID-19 as a disaster and not just a health emergency. The sessions were designed to focus on discussion basics about COVID-19 and how of the infection, why is it necessary to view the pandemic from the lens of Disaster Risk Management. Perceiving the pandemic as just a health emergency constrains our preparedness to the present times and few particular sectors, but, viewing it through the lens of disaster risk management, broadens our perspective and we visualize the emergent risks / issues too, like that of the upcoming season of heat-waves that would perhaps add on to the already building up pressure on our health infrastructure, or, the lockdown forced economy dip that might hinder the achievement of some of the SDGs. The role youth and volunteers should take up during this trying times. Although, we are in a lockdown and have nothing much to contribute to the betterment of the situation with the exception of frontline / essential service workers, we may find different ways to ease the situation a bit.

Providing information on the design of the webinar Shri P. K. Taneja, Director GIDM informed that it is essential that the youth and volunteers, who are the demographic dividend of the nation, be oriented towards looking at this pandemic (COVID-19) through the lens of disaster risk management, and thereby broaden their spectrum of analyzing the present as well as the future developments and consequences. In order to build this culture of looking at a crisis, such as this, in a holistic and comprehensive manner, it is absolutely essential that the youth and volunteers be explained how the prevalent understanding of disaster risk fits into the present scenario and how the systemic nature

of risk would affect every sector of development. The 'webinar' was designed to be in three segments. The first segment included information about COVID-19, answering the most obvious and the most frequently asked question to put the queries in one's mind at ease. The second segment was designed to show the participants how to view this crisis through the lens of DRM thereby tinkering their preparedness for the near future. The third segment was taken up to talk about the possible roles of youth and volunteers during this trying times. The objective behind this segment is to inspire the youth and volunteers to contribute even when they are following the rules and regulations imposed due to the lockdown!

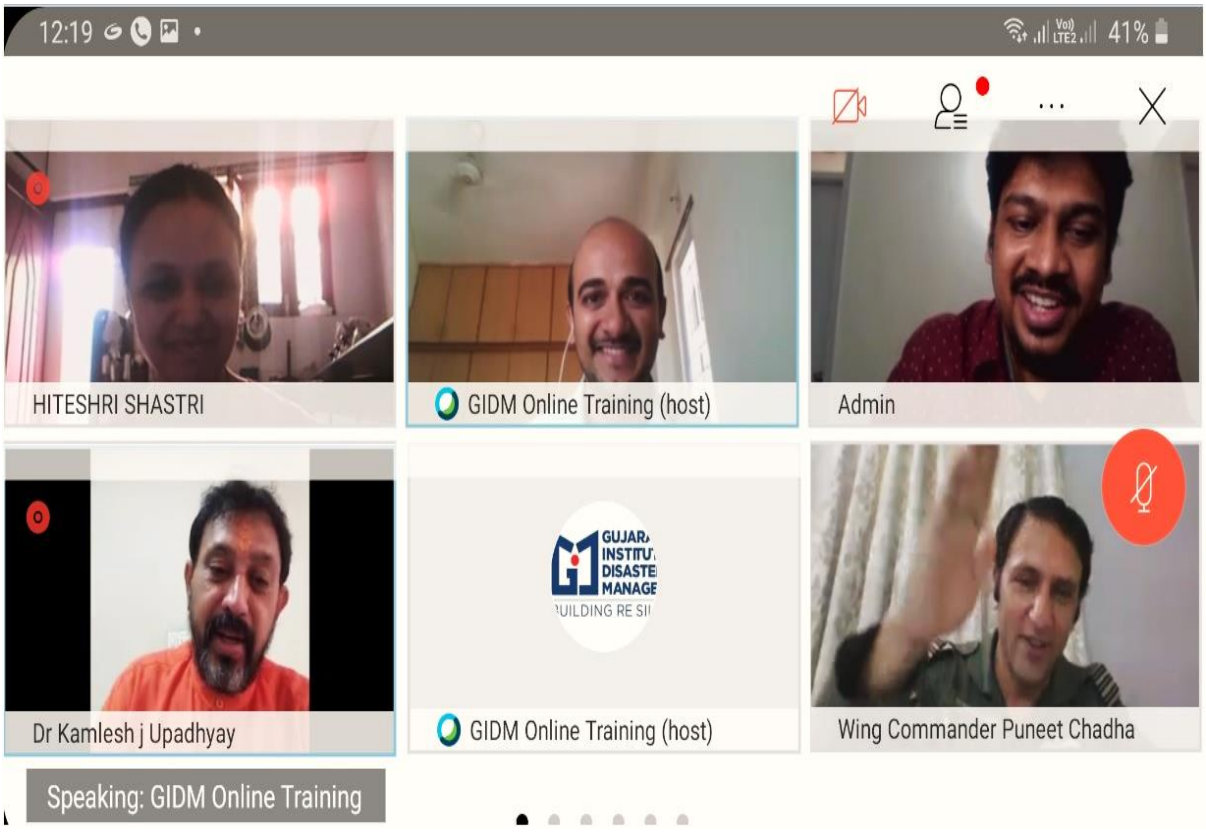
Dr. Chintan Pathak, Assistant Professor cum Program Management, GIDM has given brief about the webinar and various activities carried out by GIDM in the area of DRM. Dr. Kamlesh Upadhyay, Professor and Head, Community Medicine Dept., B.J. Medical College and Hospital have given insight and current situations about Covid-19 Pandemic. It was followed by session of Mr. Sumedh Patil, OSD, GIDM on DRM perspective of COVID-19 and Wg Cmdr Puneet Chadha, PRO Ministry of Defence and former OC No. 3 Guj Air Sqn NCC Bhavnagar and PDRT Member - GIDM on Role of Youth and Volunteers during COVID-19. Subsequently interactive session with the participants of the webinar is moderated by Dr. Chintan Pathak from GIDM and penal of experts have given the specific views to the queries from participants. Mr. Sumedh Patil moderated Q&A sessions.

The webinar ended with appreciation note of Dr. Hiteshri Shastri, Assoc. Professor and Coordinator, CHARUSAT and Dr. Chintan Pathak from GIDM. A teacher is a student for life time and adding new knowledge as per the demand of the time and situation help a teacher to do his/her role at the best says Dr. Pankaj Joshi, Provost CHARUSAT. Teachers play a great role in shaping the young minds and so the future of the nation-world and society; CHARUSAT is always concerned about equipping the faculty members with the state of art knowledge and technology and extends a wholehearted support added Registrar Dr. Devang Joshi.

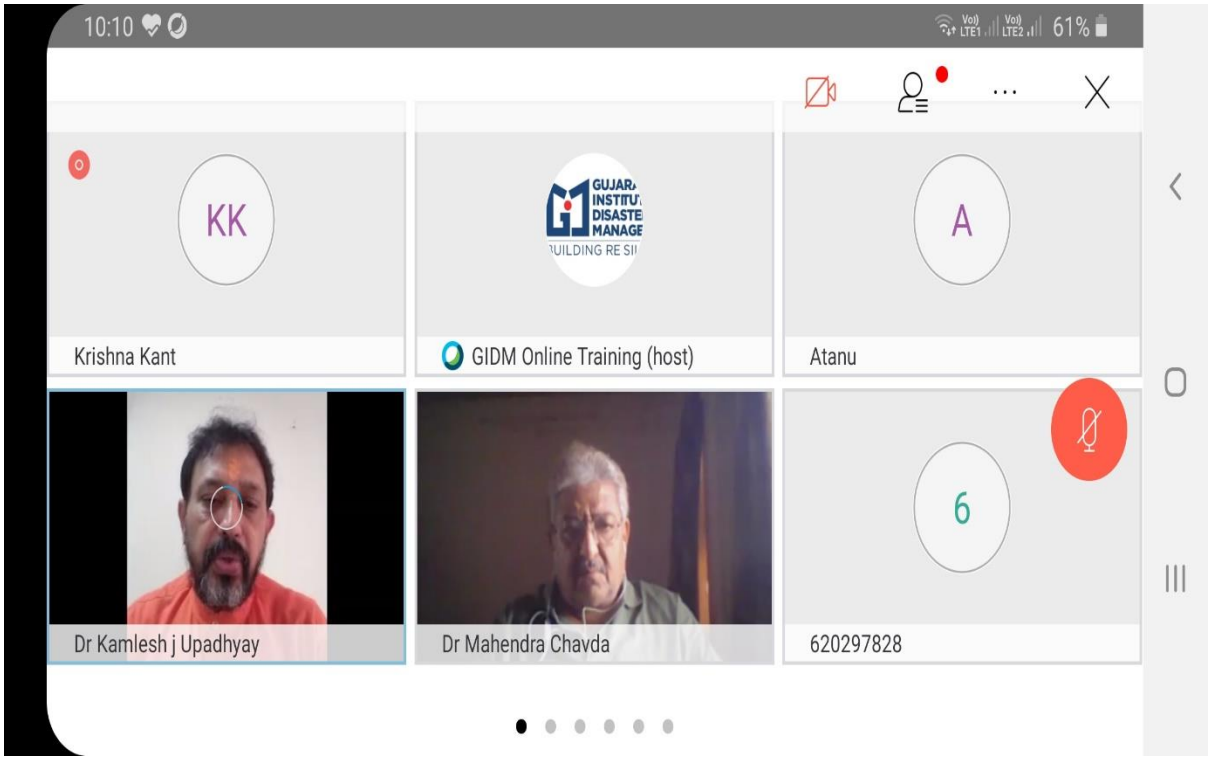
Pri. B. I. Patel Human Resource Development Center
HRDC
Charusat

Head HRDC

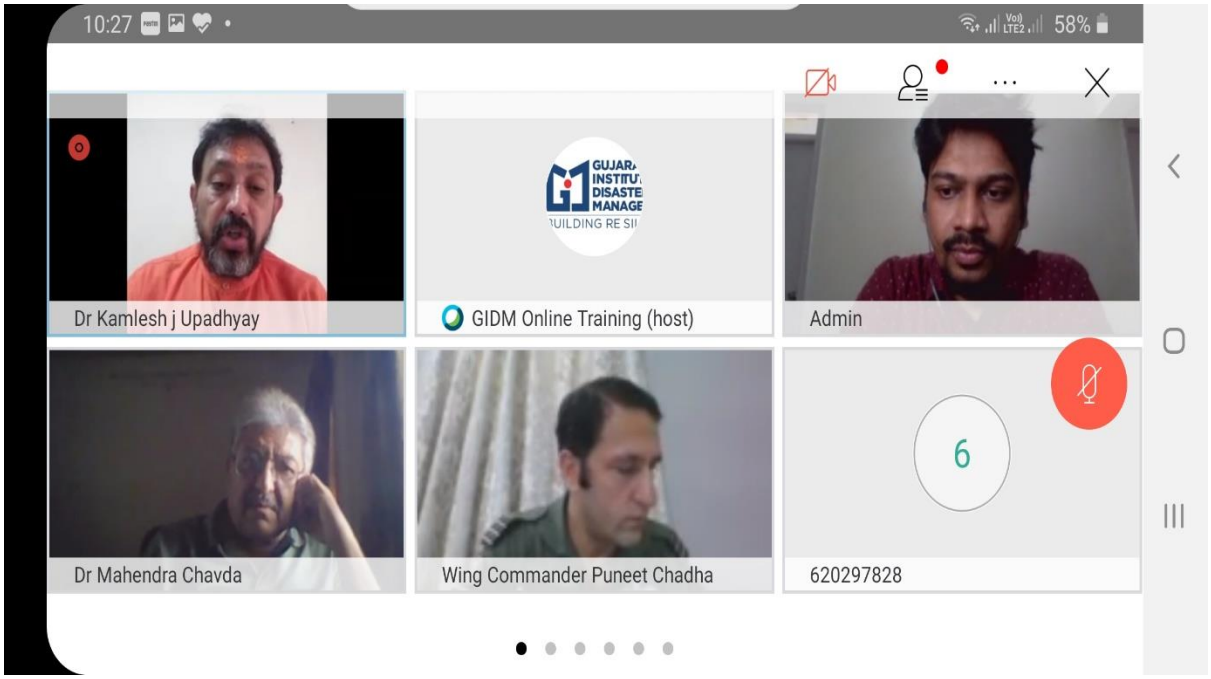
Photographs:



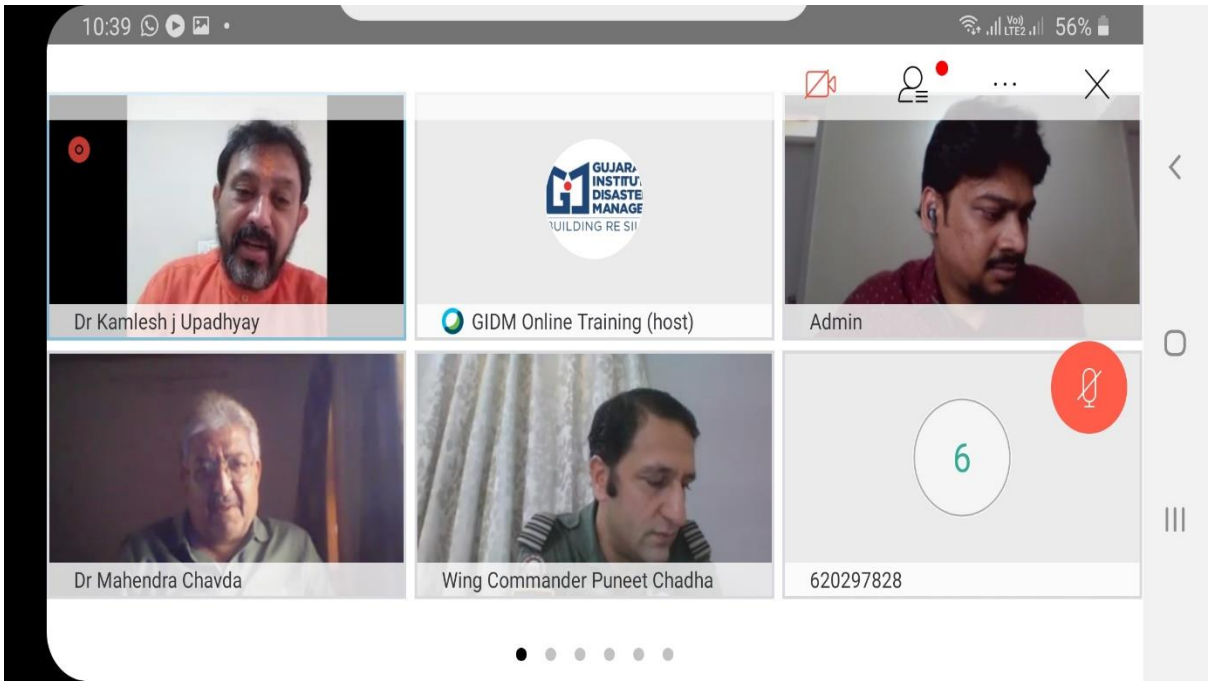
'Covid 19: Role of Youth and Volunteers' | Dt: 16/05/2020 | Venue: Cisco Webex platform



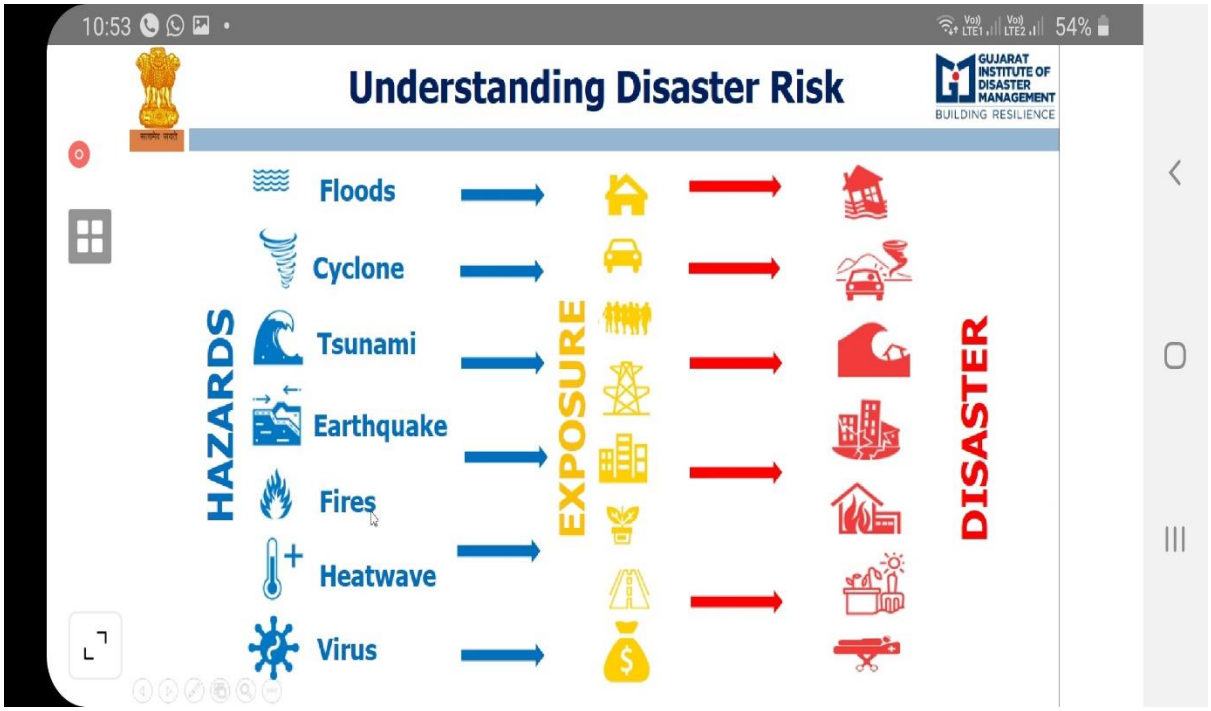
Covid 19: Role of Youth and Volunteers' | Dt: 16/05/2020 | Venue: Cisco Webex platform



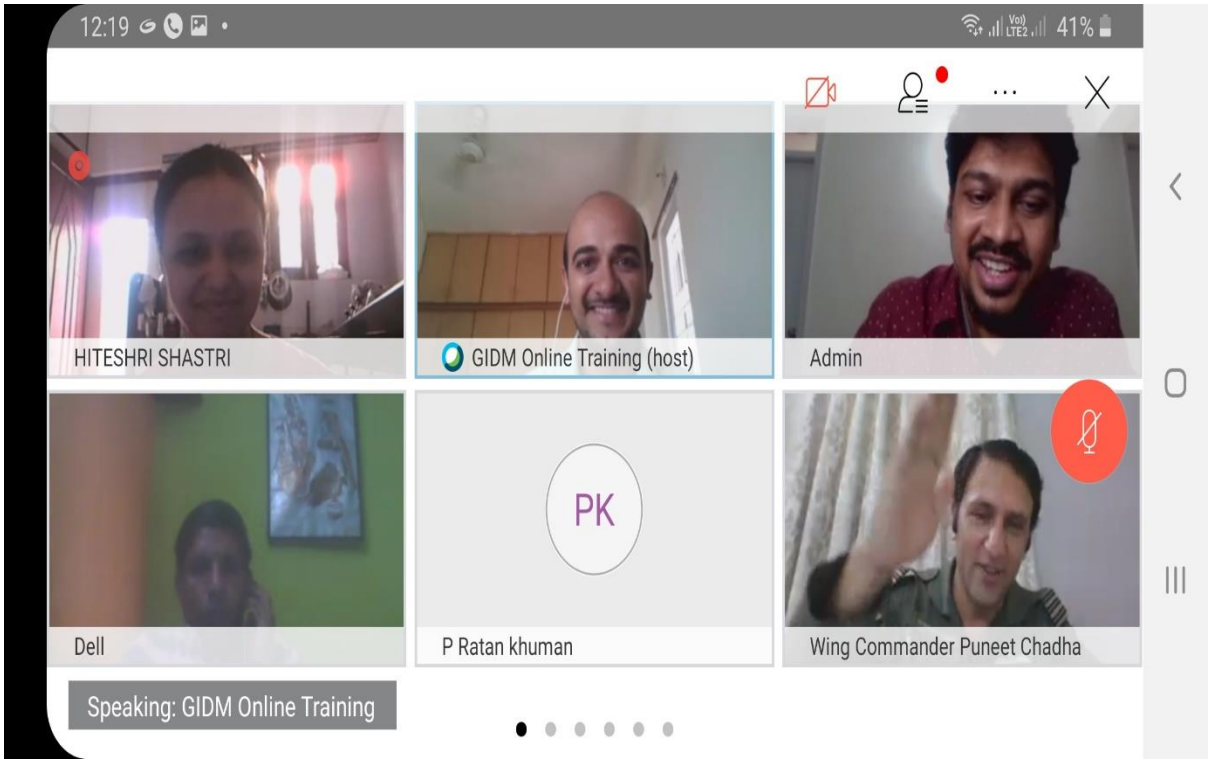
Covid 19: Role of Youth and Volunteers' | Dt: 16/05/2020 | Venue: Cisco Webex platform



Covid 19: Role of Youth and Volunteers' | Dt: 16/05/2020 | Venue: Cisco Webex platform



Covid 19: Role of Youth and Volunteers' | Dt: 16/05/2020 | Venue: Cisco Webex platform



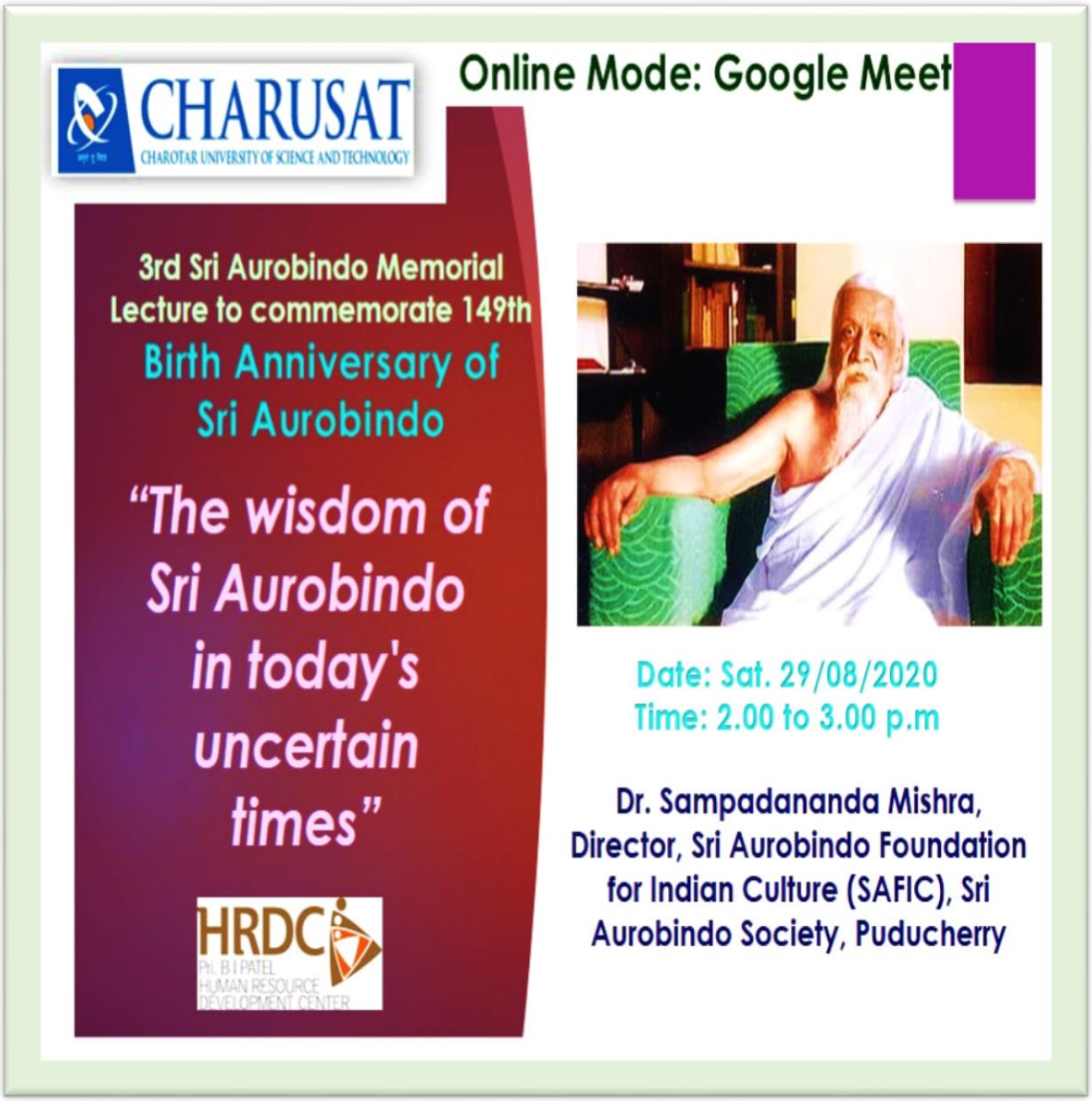
Covid 19: Role of Youth and Volunteers' | Dt: 16/05/2020 | Venue: Cisco Webex platform

Pri. B. I. Patel Human Resource Development Center (HRDC)

(Programme undertaken during the year: 2020-21)

Programme Name/Title:	3rd Sri Aurobindo Memorial Lecture - "The wisdom of Sri Aurobindo in today's uncertain times" to commemorate 149th Birth Anniversary of Sri Aurobindo
Cadre:	CHARUSAT Family including Teaching, Non-Teaching, CHARUSAT Executives and Students across all disciplines & Other Participants.
Date: [from-to]	29-Aug-2020
Duration:	01 day
Total Participants:	306 including 104 Teachers, 186 Students and 16 Non-Teaching Staff members
Funding body:	CHARUSAT
Name of Resource Person:	Dr. Sampadananda Mishra, Director, Sri Aurobindo Foundation for Indian Culture (SAFIC), Sri Aurobindo Society, Puducherry

Brochure:


CHARUSAT
CHAROTAR UNIVERSITY OF SCIENCE AND TECHNOLOGY
Online Mode: Google Meet
3rd Sri Aurobindo Memorial Lecture to commemorate 149th Birth Anniversary of Sri Aurobindo
"The wisdom of Sri Aurobindo in today's uncertain times"
HRDC
Pri. B I PATEL HUMAN RESOURCE DEVELOPMENT CENTER
Date: Sat. 29/08/2020
Time: 2.00 to 3.00 p.m
Dr. Sampadananda Mishra, Director, Sri Aurobindo Foundation for Indian Culture (SAFIC), Sri Aurobindo Society, Puducherry

Event Report:

3rd Sri Aurobindo Memorial Lecture - "The wisdom of Sri Aurobindo in today's uncertain times" to commemorate 149th Birth Anniversary of Sri Aurobindo

As per tradition of Charusat, HRDC initiates commemorative lecture series to pay respect and homage to personalities to shape the foundation of Indian culture and ethos.

In line with the same, HRDC initiated commemorative lecture under the theme, *The wisdom of Sri Aurobindo in today's uncertain times"* on Saturday, 29th August 2020 at 02:00 p.m. to 03:00 p.m. via online mode. Head HRDC has initiated the session with greeting and introducing the Key note speaker.

Dr. Mishra have taken up further through the session in very lucid manner. S ri Aurobindo Lecture was organized on Saturday, 29/08/2020 to commemorate 148th Birth Anniversary of Sri Aurobindo at CHARUSAT Campus through Webinar Session under the theme, ***"The wisdom of Sri Aurobindo in today's uncertain times"***. The key note speaker for the session was ***Dr. Sampadananda Mishra,*** Director, Sri Aurobindo Foundation for Indian Culture (SAFIC), Sri Aurobindo Society, Puducherry. He is an erudite scholar in sanskrit language and also a practitioner of Aurobindo Philosophy as an inmate of Sri Aurobindo Ashram, Puducherry for the last 25 years.

Dr. Mishra in his simple and lucid language and mannerism clearly emphasized on the fact that Sri Aurobindo's Philosophy is relevant in all ages. And, the reason being the conquest of man for knowing himself. Dr. Mishra explained that a true happiness in this world is the right terrestrial aim of man and true happiness lies in the finding and maintenance of a natural harmony of spirit, mind and body. He further narrated that the increasing manifestation of the Sattwic or Spiritual portion of the vehicle of mind enables the individual mental being in man to identify himself with the pure spiritual consciousness beyond mind. India's social system is built upon this conception; her philosophy formulates it; her religion is an aspiration to the spiritual consciousness and its fruits, her whole Dharma or Law of being is founded upon it.

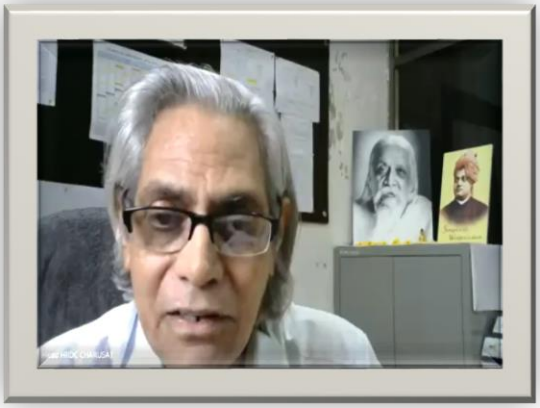
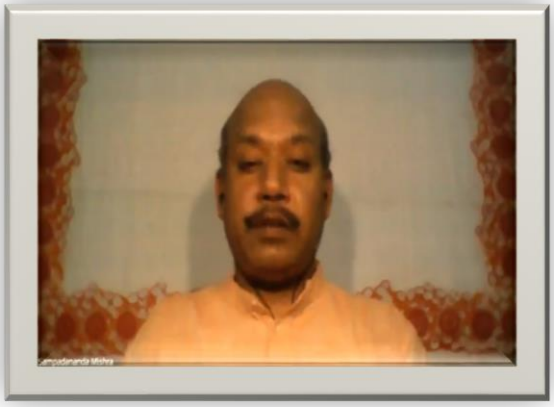
The thought provocative deliberation has enthralled everyone and recharged the spirits to search for the foundation of Indian culture once again in these uncertain times in the light of the wisdom of Sri Aurobindo. The webinar session concluded with vote of thanks to the key note speaker by Head HRDC, Charusat.

The programme was attended by 104 Teachers, 186 Students and 16 Non-Teaching Staff members totalling to around 306 participants.

Head HRDC

Photographs:

The wisdom of Sri Aurobindo in today's uncertain times | Dt. 29/08/2020 | Online Mode

The wisdom of Sri Aurobindo in today's uncertain times | Dt. 29/08/2020 | Online Mode

Equal Opportunity Cell (EOC), CHARUSAT

- Faculty of Technology and Engineering
- Faculty of Pharmacy
- Faculty of Computer Science and Applications
- Faculty of Management Studies
- Faculty of Sciences
- Faculty of Medical Sciences

CHAROTAR UNIVERSITY OF SCIENCE AND TECHNOLOGY (CHARUSAT), CHANGA – 388 421

EQUAL OPPORTUNITY CELL

Event Report

Name of Department : CHAMOS Matrusanstha Department of Mechanical Engineering

Name of Activity : Competition on Short Movie Making on theme of "Life with and without cell phone"

Date and Time of Activity : Friday 13 September 2019, 02.20 pm – 03.20 pm, Mechanical Engineering Department

Coordinator of Activity : **Dr. Dattatraya G. Subhedar**

Schedule of Activity:

Date	Time	Session	Activity
13/09/2019	02.20 pm – 03.20 pm	1 hour	Short Movie Making

Summary of the Event (Maximum 200 words):

In the era of competition, skill base knowledge is the only way to keep any one at the top. To cultivate the creativity skill of convincing others, regarding your views within a given constrained time, **CHAMOS Matrusanstha Department of Mechanical Engineering has organized** Competition on Short Movie Making on theme of **"Life with and without cell phone" on 13th September 2019.**

From this activity participants get opportunity:

- To show their creativity.
- To learn how to convey broad message in limited time.
- To think from others prospective.
- To show their team work.

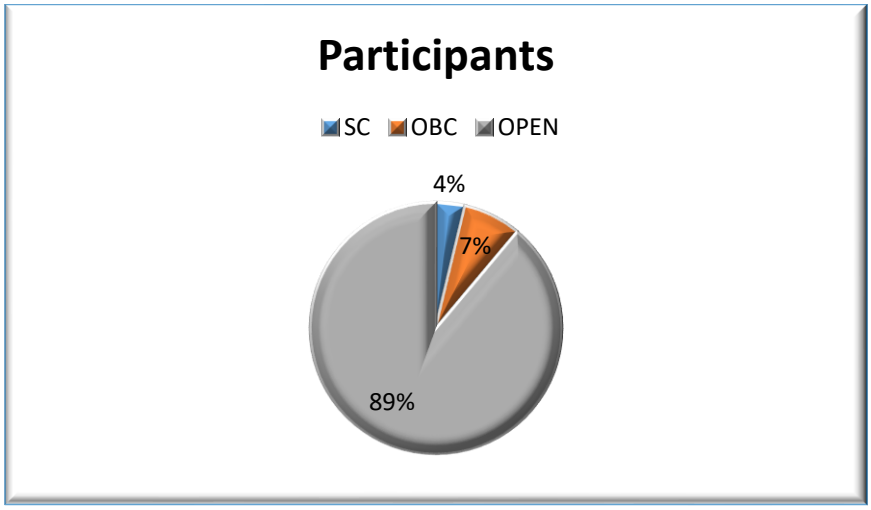
One Team of from student side and other one from faculty side were participated in the event.

Registration fee (if any): Nil

List of Participants: **Registration sheet attached**
No. of Participants: 26

Number of female participated in activity: **01**

Number of male participated in activity: **25**



Organizing body: **CHARUSAT**

Total Budget sanctioned for the activity: **Rs 7500/-**

List of Participants: Registration sheet is attached

Accounts details:

Sr. No.	Details	Rupees
Income		
1.	Nil	Nil
Expenses		
1.	Certificates printing	629.00
2.	Winner Gift	1000.00
3.	Chocolates	350.00

4.	Marker pen	40.00
Total	**Amount in words Rs. Two Thousand Nineteen Only.**	**2019.00**

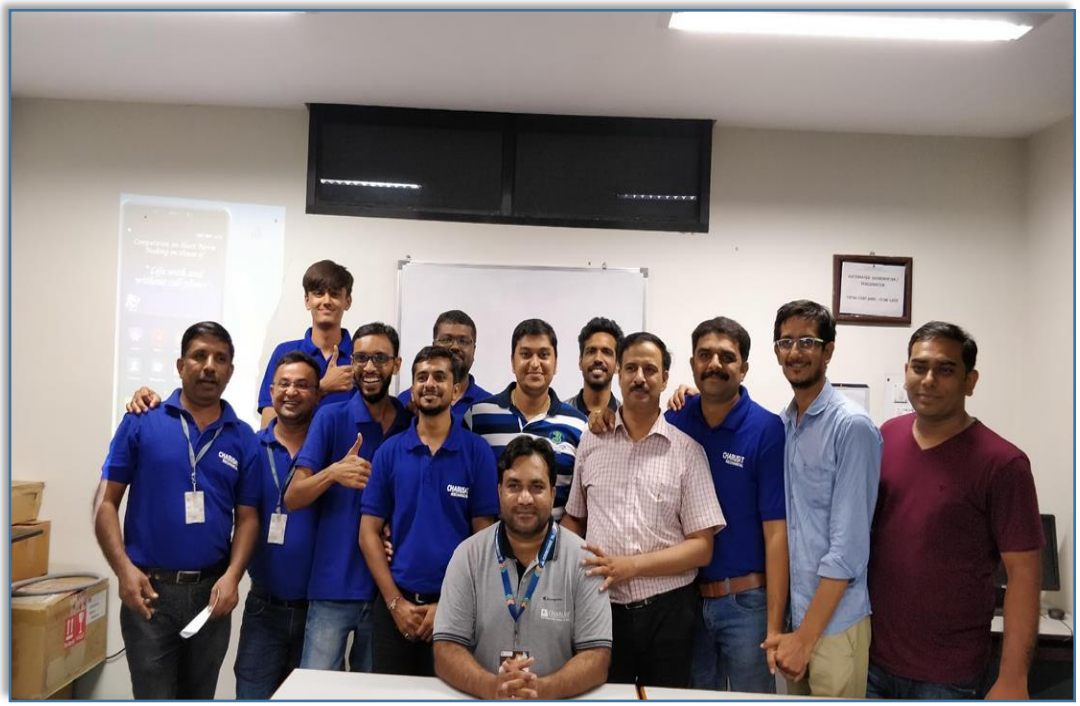
Overall impact of workshop: Very Good

Photographs of the event with captions:

Banner of the Event

Brief Introduction of Equal Opportunity Cell activities by Dr. Dattatraya Subhedar

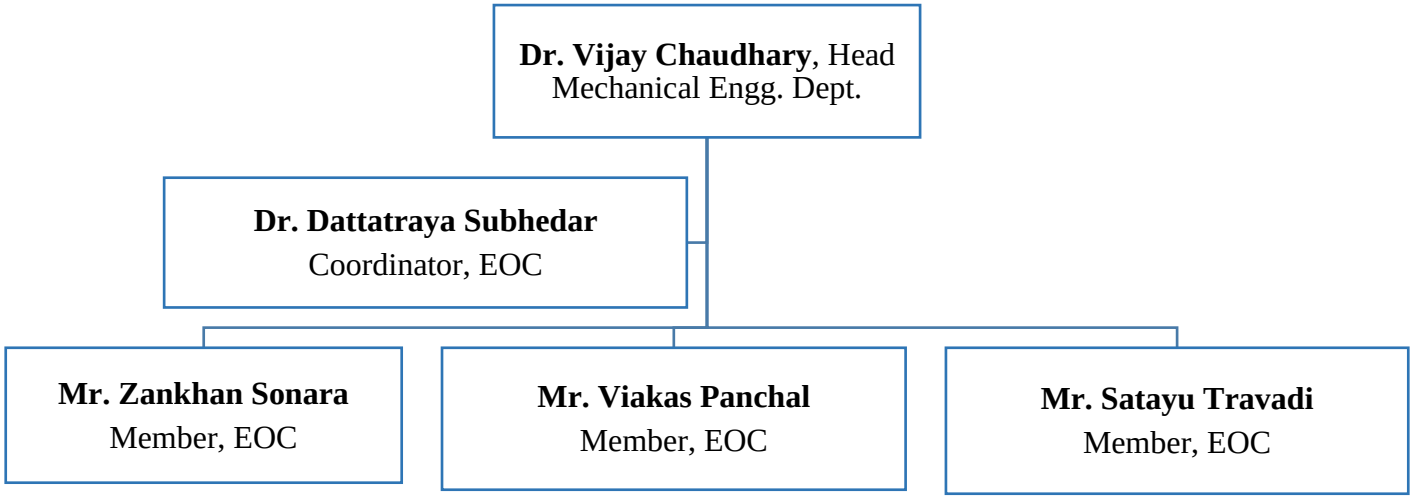
Participants & audience



Faculty Team

Prize to Winner Student Team

EOC Event Committee, Mechanical Engineering Department:



CHARUSAT UNIVERSITY OF SCIENCE AND TECHNOLOGY (CHARUSAT), CHANGA – 388 421

EQUAL OPPORTUNITY CELL

Event Report

Name of Department : Pharmacy

Name of Event : Painting Competition on 'Rain water Harvesting'

Date and Time of Event : 21-08-2019; 10.00 AM – 1.00 PM

Event coordinator : Dr. Nilay Solanki

Resource person details: NA

Judges: 1) Vipin Vageriya, Nursing department

2) Dr. Anjana Kothari, Research center

3) Dr. Dipali Patel, Civil department

Event Schedule:

Date	Time	Session	Activity
21-08-2019	10.00 AM – 1.00 PM	Morning session	Painting Competition on 'Rain water Harvesting'

Summary of the Event (Maximum 200 words):

Painting Competition on the theme of "Rain Water Harvesting" under auspices of Equal opportunity cell, CHARUSAT was organized at Ramanbhai Patel College of Pharmacy on 21st August, 2019. Registration of the event were announced online through google link and we have received overwhelming response. Total of 83 participants from various constituents institute of CHARUSAT were participated as RPCP, mechanical engineering, CSPIT-Computer, DEPSTAR-CE, DEPSTAR-IT. Out of 83 registered participants 54 participants were present during the event. Timing of the event was 10.00 to 1.00 PM and venue was RPCP square. During the event participants have drew excellent and concept based paintings.

This event was triple blindly judged by three judges from different department as mentioned in judge list. In this event total three winners were declared as follows

1) Sachi Kalola – RPCP

2) Anjali Patel – RPCP

3) Priyang Patel – DEPSTAR-CSE

All winners received cash prize of 500/- each.

Overall successful event was completed with good support from student volunteers of RPCP and faculty member Dr. Kanan Gamit.

Registration fee (if any): NA

No. of Participants: 54

List of Participants:

Sr. no	ID No.	Name of student
1	18DCE053	ANANYA MALL
2	17BPH041	ANJALI NILESHBHAI PATEL
3	18BPH008	CHAUHAN SHREYA
4	18BPH089	DRASHTI PRAGNESHKUMAR SHAH
5	18BPH022	JEEPSHA JASANI
6	18BPH021	JESIKA V JAGLAWALA
7	17BPH024	KALOLA SACHI N.
8	19TDCS014	KAPIL MOTWANI
9	19TDIT051	KASHISH SHAH
10	18BPH018	KHYATI GORASIA
11	18BPH038	KRISHNA PATEL
12	19TME024	MACWAN PARLIN PRIYAVADAN
13	18BPH100	NIDHI SONI
14	18BPH106	NIRBHAY KAPADIYA
15	18CE083	NIRMIT PATEL
16	19TDIT050	PALAK HARSUKHBHAI BERA
17	18BPH036	PANCHAL.VAIDEHI
18	19TDCE026	PARIKH VRUSHANG ASHISHKUMAR
19	19TDIT047	PATEL DARSH NIRENKUMAR
20	18BPH042	PATEL DARSHINI KALPESHKUMAR
21	18BPH047	PATEL HEMISHA DAXESHBHAI

22	18BPH054	PATEL KHUSHBU
23	18BPH055	PATEL KHUSHI JAYESHKUMAR
24	18BPH059	PATEL MAITRIBEN SHAILESH BHAI
25	19TDCE099	PATEL MIHIRKUMAR DIPAKKUMAR
26	18BPH061	PATEL NAIYA RUPALKUMAR
27	18DCS076	PATEL NIDHI JAYESH
28	18BPH063	PATEL PANKTI JAYDEVBHAI
29	18BPH066	PATEL PRACHI
30	18BPH069	PATEL RUSHI MAYANKKUMAR
31	18BPH095	PRARTHNA SHIHORA
32	18DCS077	PRIYANG SHAILESHBHAI PATEL
33	18BPH110	RAKHOLIYA BRIJESH JITENDRABHAI
34	19TDIT052	RISHI PATEL
35	18BPH010	SEFALI SANJIVBHAI CHOKSHI
36	18BPH089	SHAH DRASHTI
37	18BPH091	SHAH KRUPA DAXESH
38	18BPH097	SHUKLA MITVA
39	18BPH071	STUTI PATEL YOGESHBHAI
40	18BPH102	TADVI NIDHI SHANUBHAI
41	18CE133	VAGHELA PRUTHVIRAJSINH
42	18BPH081	VIRAJ PRANAMI
43	16BPH074	VISHWA PATEL
44	19TDIT041	VRUNDA DESAI
45	18CE094	WILSON RADADIA
46	18BPH099	DAXIT SOLANKI
47	18BPH084	RATHOD SAHIL DINESHBHAI
48	18BPH082	DHARMANSHU MAHESHBHAI RANGPARIYA
49	18BPH090	SHAH GUNJ NIRAJKUMAR
50	18BPH096	SHIVNANI UNNATI MANHARBHAI
51	16BPH073	PATEL VAISHNAVI
52	17BPH043	PATEL AVANI
53	17DCE044	PATEL HARIKRISHNA
54	16BPH075	JINISHA PHANSE

Accounts details:

Sr. No.	Details	Rupees
Income - NA		
Expenses		
1.	Cash Prize	1500/-
2.	Printing (certificate and banner)	930/-
3.	Stationary (Drawing sheet)	500/-
Total		2930/-

Overall impact of workshop: **Excellent**/Very Good/Good/Average/Poor

Photographs of the event with captions (at least six photographs):

CHARUSAT UNIVERSITY OF SCIENCE AND TECHNOLOGY (CHARUSAT), CHANGA – 388 421

EQUAL OPPORTUNITY CELL

Event Report

Name of Department/Institute: Smt. Chandaben Mohanbhai Patel Institute of Computer Applications

Name of Activity : Essay Writing on the theme of "Roles and responsibilities of men and women in the current era

Date and Time of Activity: 21st August,2019 to 28th August,2019

Coordinator of Activity : Dr. Nirali Honest, Dr. Sanskruti Patel (WDC)

Schedule of Activity:

Date and Time	Session	Activity
21st August,2019 9:10 am to 28th August,2019 07:00 pm.	The submission link was shared with all the EOC and WDC Department and Institute coordinators, for online submission of essay.	Competition open from 13th September, 21st August,2019 9:10 am to 28th August,2019 07:00 pm.

Summary of the Event (Maximum 200 words):

The roles and responsibilities of women are changing compared to the past era, this implies the change of role and responsibilities carried out by men, as well. This competition focuses on the varied roles and responsibilities that the men and women need to carry out in order to have a balance life. The essay should focus on new roles and responsibilities of men and women as compared to past, the new challenges faced in fulfilling the roles and responsibilities, and a conclusion. No more than 250 words should be used to express the thoughts. This is a brainstorming activity for the acceptance and contribution of new roles and responsibilities based on the changing environment.

Registration fee (if any): No registration fees.

Total Participants : 20

List of Participants

Sr. No.	Student Name	STUDENT ID
1.	Vishwa Mitulkumar Patel	16BPH074
2.	Jahanvi Raycha	16CE099
3.	Rutu H Thakkar	17BCA110
4.	Vishvesh.Rajin.Khandpur	17CE043
5.	Varun Ladha	17CE049
6.	Neel Makhecha	17CE054
7.	Vaishnavi Iyer	18BPH020
8.	Patel Darshini. Kalpeshkumar	18BPH042
9.	Khyati Gorasia	18BPHO18
10.	Kirtan Prajapati	19BSIT114
11.	Dave Jay Vipulkumar	19BSIT118
12.	Aneri Pradipkumar Shah	19TBPH001
13.	Patel Prachi Vikeshkumar	19TBPH003
14.	Aashka Thakkar	19TBPH016
15.	Bhatt Priya Sanjay	19TBPH039
16.	Prachi A Patel	19TBPHSQ004
17.	Patel Khushi Harshadkumar	19TBPHSQ011
18.	Aanshal Yagneshbhai Patel	19TBPHSQ017
19.	Dhruti Dharkar	19TBPHSQ021
20.	Sneha Vasa	D19CE142

Number of male students participated in activity: 15

Number of female students participated in activity:05

Number of teaching staff participated in activity: Nil

Number of non- teaching staff participated in activity: Nil

Organizing body: EOC and WDC,CHARUSAT,Changa

Collaborating agency (If any): Nil

Name of the scheme (If any): Nil

Total Budget sanctioned for the activity: 2000 INR

Accounts details:

Sr. No.	Details	Rupees
Income		
1		
Expenses		
1.	Certificates	283
2.	Cash Prize to the winner	500
Total	Seven Hundred Eighty Three Only.	783

Overall impact of workshop: Excellent/Very Good/Good/Average/Poor

Photographs of the event with captions (at least six photographs):

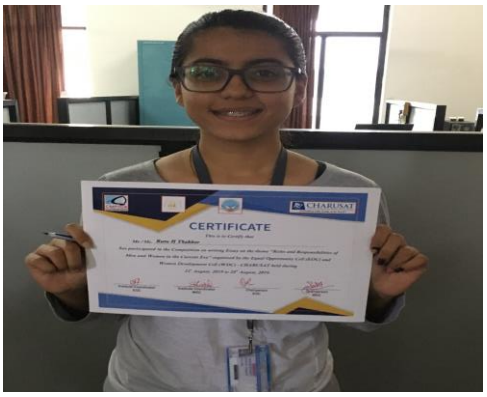
Participation and Winner Certificates

Students receiving participation certificate in CMPICA staff room 2nd September,2019.

Participation Certificates

Students receiving participation certificate in CMPICA staff room 3rd September,2019.

Participation Certificates



Students receiving participation certificate in CMPICA staff room 4th September,2019.

Participation Certificates

Students receiving participation certificate in CMPICA staff room 6th September,2019.

CHARUSAT UNIVERSITY OF SCIENCE AND TECHNOLOGY (CHARUSAT), CHANGA – 388 421

EQUAL OPPORTUNITY CELL

Event Report

Name of Department/Institute: U & P U. Patel Department of Computer Engineering/ Information Technology Department(CSPIT) + DEPSTAR

Name of Activity : Expert Talk ("How to be HAPPY as a Student?")

Date and Time of Activity: 23/08/2019, 15:15 pm to 16:15 pm

Coordinator of Activity : **Dhaval Bhoi(CE), Amit Parmar(IT), Khushi Patel(DEPSTAR)**

Resource person details:

Sr. No.	Name of the resource person	Organization of resource person
1	**Dr. Kamal Chakraborty**	Head, HRDC, CHARUSAT

Schedule of Activity:

Date	Time	Session	Activity
23rd August, 2019 [Friday]	15:15 p.m. to 16:15 p.m.	• Introduction • Welcome Address • Content delivery by Guest speaker • Vote of Thanks	"How to be HAPPY as a student"

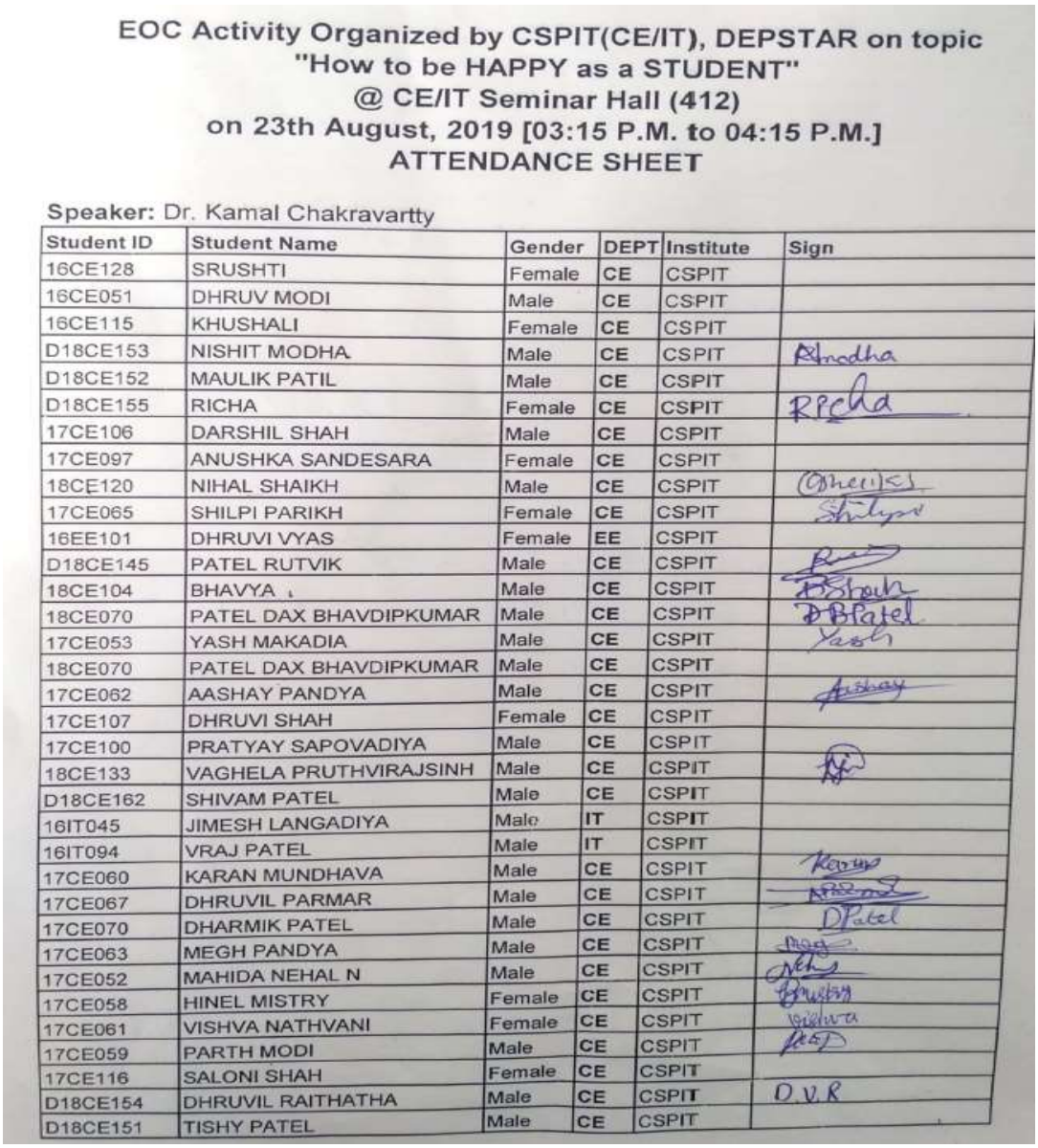
Summary of the Event (Maximum 200 words):

On 23/08/2019, 15:15 pm, students were given talk regarding an interesting topic "How to be HAPPY as a student". From CHARUSAT overall 64 students and 02 faculty members registered for this event. In the beginning Ass. Prof. Minal Maniar, from CE Department, introduced Dr. Kamal Chakraborty [Head of HRDC, CHARUSAT] and requested him to deliver a talk on "How to be Happy as a student". Dr. Kamal Chakraborty started with explanation "what is the actual meaning of being happy as a student and what are its possible benefits of it to the students & mental health". He carried on by giving examples from his real life incidents and experiences which he had witnessed. Students were fascinated by the new point of view which was introduced to them by Dr. Kamal

Chakraborty. Further highlights of his talk was, regarding the points students face in their student life and how to tackle those problems with a positive approach and to be happy. Dr. Kamal Chakraborty motivated students to prioritize education first along with other activities and be happy.
Mr. Dhaval Bhoi, CE, EOC Coordinator ended the session by showing his warm gratitude to Dr. Kamal Chakraborty on behalf of all CHARUSAT faculty members. All were motivated and had a clear vision and idea of how to be happy.

Registration fee (if any): NIL

List of Participants:



EOC Activity Organized by CSPIT(CE/IT), DEPSTAR on topic
"How to be HAPPY as a STUDENT"
@ CE/IT Seminar Hall (412)
on 23th August, 2019 [03:15 P.M. to 04:15 P.M.]
ATTENDANCE SHEET

Speaker: Dr. Kamal Chakravartty

Student ID	Student Name	Gender	DEPT	Institute	Sign
16CE128	SRUSHTI	Female	CE	CSPIT	
16CE051	DHRUV MODI	Male	CE	CSPIT	
16CE115	KHUSHALI	Female	CE	CSPIT	
D18CE153	NISHIT MODHA	Male	CE	CSPIT	
D18CE152	MAULIK PATIL	Male	CE	CSPIT	
D18CE155	RICHA	Female	CE	CSPIT	
17CE106	DARSHIL SHAH	Male	CE	CSPIT	
17CE097	ANUSHKA SANDESARA	Female	CE	CSPIT	
18CE120	NIHAL SHAIKH	Male	CE	CSPIT	
17CE065	SHILPI PARIKH	Female	CE	CSPIT	
16EE101	DHRUVI VYAS	Female	EE	CSPIT	
D18CE145	PATEL RUTVIK	Male	CE	CSPIT	
18CE104	BHAVYA	Male	CE	CSPIT	
18CE070	PATEL DAX BHAVDIPKUMAR	Male	CE	CSPIT	
17CE053	YASH MAKADIA	Male	CE	CSPIT	
18CE070	PATEL DAX BHAVDIPKUMAR	Male	CE	CSPIT	
17CE062	AASHAY PANDYA	Male	CE	CSPIT	
17CE107	DHRUVI SHAH	Female	CE	CSPIT	
17CE100	PRATYAY SAPOVADIYA	Male	CE	CSPIT	
18CE133	VAGHELA PRUTHVIRAJSINH	Male	CE	CSPIT	
D18CE162	SHIVAM PATEL	Male	CE	CSPIT	
16IT045	JIMESH LANGADIYA	Male	IT	CSPIT	
16IT094	VRAJ PATEL	Male	IT	CSPIT	
17CE060	KARAN MUNDHAVA	Male	CE	CSPIT	
17CE067	DHRUVIL PARMAR	Male	CE	CSPIT	
17CE070	DHARMIK PATEL	Male	CE	CSPIT	
17CE063	MEGH PANDYA	Male	CE	CSPIT	
17CE052	MAHIDA NEHAL N	Male	CE	CSPIT	
17CE058	HINEL MISTRY	Female	CE	CSPIT	
17CE061	VISHVA NATHVANI	Female	CE	CSPIT	
17CE059	PARTH MODI	Male	CE	CSPIT	
17CE116	SALONI SHAH	Female	CE	CSPIT	
D18CE154	DHRUVIL RAITHATHA	Male	CE	CSPIT	D.V.R
D18CE151	TISHY PATEL	Male	CE	CSPIT	

17CE051	KALPIT MACHHI	Male	CE	CSPIT	
D18CE147	JHANVI DAVE	Female	CE	CSPIT	
17CE056	ZEEL MEHTA	Female	CE	CSPIT	
17CE066	ARCHAN PARMAR	Male	CE	CSPIT	
D18CE142	GARVIT GUPTA	Male	C.E	CSPIT	
17CE102	AKSHAT SHAH	Male	CE	CSPIT	
17CE138	PARAM VYAS	Male	CE	CSPIT	
D18CE146	AKASH SAPARIA	Male	CE	CSPIT	
D18CE144	KULDIP MORI HIRALAL	Male	CE	CSPIT	
D18CE157	PATEL RUSHVIL	Male	CE	CSPIT	
D18CE156	MAYURI SAKHIYA	Female	CE	CSPIT	
D18CE167	YUKTA KHATSURIA	Female	CE	CSPIT	
D18CE165	BHUVAN THAKKAR	Male	CE	CSPIT	
D18CE169	DARSHIL PALAN	Male	CE	CSPIT	
D18CE143	SWAPNIL PADHIYAR	Male	CE	(CSPIT)	
17CE103	BANSI SHAH	Female	CE	CSPIT	
18CE024	PRATIK DHORIYANI	Male	CE	CSPIT	
17CE054	NEEL MAKHECHA	Male	CE	CSPIT	
D18EE075	ADIT PARIKH	Male	EE	CSPIT	
D18EE069	MANAN PATEL	Male	EE	CSPIT	
17CE050	DHARAM LOKHANDWALA	Male	CE	CSPIT	
18CE014	NAVDEEP DADHANIA	Male	CE	CSPIT	
17CE127	PAURAV THAKKAR	Male	CE	CSPIT	
18CE037	DHRUV KACHHADIYA	Male	CE	CSPIT	
18CE099	DHARMESH RATHOD	Male	CE	CSPIT	
18CE094	WILSON RADADIA	Male	CE	CSPIT	
18CE088	TANHA PATEL	Female	CE	CSPIT	
18CE001	TUSHAR AGARWAL	Male	CE	CSPIT	
18CE008	ZEESHAN BHATI	Male	CE	CSPIT	
18CE009	JILL BHATT	Female	CE	CSPIT	
18IT030	DHYEY DESAI	Male	IT	CSPIT	
18IT110	MAHARSHI RELIA	Male	IT	CSPIT	
18CE086	SHAIL PATEL	Male	CE	CSPIT	
18IT031	PRIYANSH DESAI	Male	IT	CSPIT	
18IT136	DHRUV THAKOR	Male	IT	CSPIT	
17IT028	AKSHAY GELANI	Male	IT	CSPIT	
18CE112	KESHA SHAH	Female	CE	CSPIT	
18CE028	MEHER GULABSINGHANI	Female	CE	CSPIT	
D18IT136	TANMAY KSHIRSAGAR	Male	IT	CSPIT	
18CE050	ANJALI MEHTA	Female	CE	CSPIT	
18DCS067	DHRUV PATEL	Male	CSE	DEPSTAR	
18DCS118	KHUSHBOO SINGH	Female	CSE	DEPSTAR	
D18DCE080	SHIVAM SOMPURA	Male	CE	DEPSTAR	
17CE079	NISARG	Male	CE	CSPIT	
17DCS037	DHRUMIL PARIKH	Male	CSE	DEPSTAR	
17DCS043	KISHAN PATEL	Male	CSE	DEPSTAR	
D19CE138	PATEL SMIT	Male	CE	CSPIT	
D18CE148	ESHA SHAH	Female	CE	CSPIT	
17IT004	VISHAL AHUJA	Male	IT	CSPIT	
17DIT005	RAJVI DALAL	Female	IT	DEPSTAR	
D18DIT072	JAYSHREE TAPANIYA	Female	IT	DEPSTAR	
17DIT051	PRIYANSHI YOGESH PATEL	Female	IT	DEPSTAR	
17DIT010	MIHIR GHODASARA	Male	IT	DEPSTAR	
17IT071	MEET PATEL	Male	IT	CSPIT	
17IT077	RIDHAM PATEL	Male	IT	CSPIT	

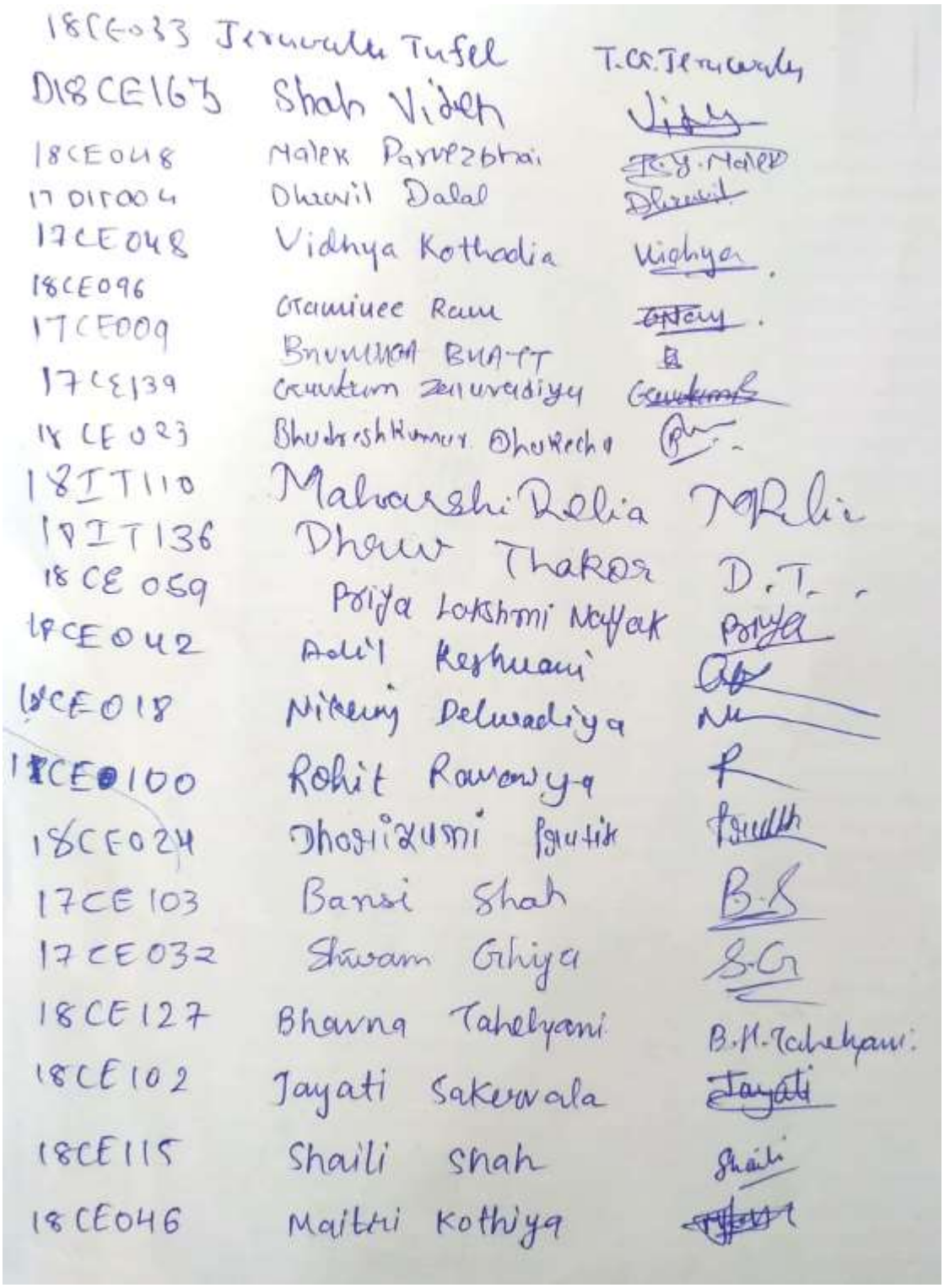
17IT076	RAJ PATEL	Male	IT	CSPIT	
17CE098	ISHAAN	Male	CE	CSPIT	
D18CE150	YASH SOMAIYA	Male	CE	CSPIT	
15EE088	BHARGAV RAVAL	Male	EE	CSPIT	
18DCS057	DEEP PANCHAL	Male	CSE	DEPSTAR	
17DIT025	PRATHAM MODI	Male	I.T.	DEPSTAR	
17DIT057	PATEL VED	Male	I.T.	DEPSTAR	
17DIT024	MEET MODI	Male	IT	DEPSTAR	
17DIT044	HITANG J. PATEL	Male	I.T	DEPSTAR	
17DIT039	DHRUVIL S PATEL	Male	IT	DEPSTAR	
17CE042	KARAN KATHIRIYA	Male	CE	CSPIT	
17DIT056	VALAY PATEL	Male	IT	DEPSTAR	
D18IT137	DHRUVKUMAR DHOLAKIYA	Male	IT	CSPIT	
17IT127	NIKET VANIA	Male	IT	CSPIT	
17IT115	TELI MAYUR GOPALBHAI	Male	IT	CSPIT	
17DIT067	RAJ U TANDEL	Male	IT	DEPSTAR	
18DCE091	VIDHEE PATEL	Female	CE	DEPSTAR	
17CE108	DHWANIL SHAH	Male	CE	CSPIT	
17DIT023	JIGAR MEHTA	Male	IT	DEPSTAR	
17DIT003	POORNAA BHATTACHARYA	Female	IT	DEPSTAR	
17DIT021	MAHEK MASTER	Female	IT	DEPSTAR	
17DIT020	LADVAIYA NIKUNJ RAJESH BH	Male	IT	DEPSTAR	
17DIT047	LIPI	Female	IT	DEPSTAR	
17DIT019	IMRAN KHAN	Male	IT	DEPSTAR	
17DIT049	NISHI PATEL	Female	IT	DEPSTAR	
D18DIT073	DARSHIL BHATT	Male	IT	DEPSTAR	
17CE078	NAMRATA PATEL	Female	CE	CSPIT	
D18IT135	KEVAL SHAH	Male	IT	CSPIT	
18IT037	GOHIL RUSHABH	Male	IT	CSPIT	
18IT039	NIHAR JAVIYA	Male	IT	CSPIT	
18IT029	VATSAL DARJI	Male	IT	CSPIT	
18IT041	JOSHI ABHISHEK D	Male	IT	CSPIT	
18IT031	PRIYANSH DESAI	Male	IT	CSPIT	
18IT031	PRIYANSH DESAI	Male	IT	CSPIT	
D18CE164	GAURANG GANATRA	Male	CE	CSPIT	
D18CE161	DARSH AMBALIYA	Male	CE	CSPIT	
18DCS055	KARANSINH PADHIAR	Male	CSE	DEPSTAR	
D18CE166	NEEL THACKER	Male	CE	CSPIT	
18DIT031	NAIMESH LAKHARA	Male	IT	DEPSTAR	
18DIT039	JAYDIP PADHIYAR	Male	IT	DEPSTAR	
17CE081	PARTH PATEL	Male	CE	CSPIT	
17CE088	CHIRAG PRANAMI	Male	CE	CSPIT	
17CE080	NISARG PATEL	Male	CE	CSPIT	
17CE094	KISHAN RUPARIYA	Male	CE	CSPIT	
18DCS077	PRIYANG SHAILESHBHAI PATE	Male	CSE	DEPSTAR	
17IT016	RAJ DAVE	Male	IT	CSPIT	
18DCS117	SIDDHPURIA AALAP NITINKUM	Male	CSE	DEPSTAR	
17DIT030	KEYUR PANCHAL	Male	IT	DEPSTAR	
17DIT040	DIXITA PATEL	Female	IT	DEPSTAR	
17CE035	RIYA INTWALA	Female	CE	CSPIT	
17CE031	NAIMISH GHEVARIYA	Male	CE	CSPIT	
17DIT036	AMAN PATEL	Male	IT	DEPSTAR	
17CE122	KARTIK SUTARIYA	Male	CE	CEIT	
17CE130	DIXIT UKANI	Male	CE	CSPIT	

18DCS063 Patel Anikes Male CSE DEPSTAR

17CE114 Preet Shah male CE CSPIT

17CE087 Meet Patolia Male CE CSPIT

17CE134 Denes Vaghani male CE CSPIT



18CE033	Jenvarlu Tufel	T.G.Tenvarlu
D18CE163	Shah Vidish	Vidy
18CE048	Malek Parvezbhai	M.P.Malek
17DIT004	Dhaval Dalal	Dhaval
17CE048	Vidhya Kothadia	Vidhya
18CE096		
17CE009	Gramivee Rana	
17CE139	Gautam Zaluvadiya	
18CE023	Bhudreshkumar Dhudecha	
18IT110	Maharshi Rolia	MRolia
18IT136	Dhruv Thakor	D.T.
18CE059	Priya Lakshmi Nayak	Priya
18CE042	Adil Keshwani	
18CE018	Nikunj Delvadiya	
18CE0100	Rohit Ravaniya	
18CE024	Dhastikumi Patel	
17CE103	Bansi Shah	B.S
17CE032	Shivam Ghiya	S.G
18CE127	Bhavna Tahelyani	B.H.Tahelyani
18CE102	Jayati Sakervala	Jayati
18CE115	Shaili Shah	Shaili
18CE046	Maitri Kothiya	

Number of male students participated in activity: 66

Number of female students participated in activity: 41

Number of teaching staff participated in activity: 02

Number of non- teaching staff participated in activity: 00

Organizing body: EOC

Collaborating agency (If any): ---

Name of the scheme (If any): ----

Total Budget sanctioned for the activity: ----

Accounts details:

Sr. No.	Details	Rupees
Income		
1.		
2.		
Expenses		
1.		
2.		
Total		

Overall impact of workshop: Excellent/Very Good/Good/Average/Poor

Photographs of the event with captions (at least six photographs):

CHARUSAT
l Opportunity Cell (EOC)
CHAROTAR UNIVERSITY OF
NCE AND TECHNOLOGY (CHARUSAT)
CHANGA - 388 421
Welcomes You All

World Pharmacist Day Celebration

Ramanbhai Patel College of Pharmacy

CHARUSAT, CHANGA – 388 421

Event Report

Name of Event : **World Pharmacist Day Celebration**
Date and Time of Event : **25-09-2019; 9.30 AM – 1.30 PM**
Event coordinators : **Dr. Nilay Solanki**
Venue : **Malataj Village and at Shreemati M.K.Patel School, Malataj**

Summary of the Event

World Pharmacist day was celebrated at Ramanbhai Patel College of Pharmacy (RPCP), CHARUSAT, Changa on 25th September, 2019. The theme was Safe and effective medicines for all included health and hygiene awareness. The event was taken up from RPCP, Charotar University of Science and Technology to Malataj Village and School.

Following activities were conducted:

1) Awareness rally in Malataj Village

2) Theme based skit performance in Village and School

3) Health and hygiene awareness kit and pamphlets distribution to village residents.

4) Online Quiz conduction on Antibiotics

The main aim of this programme was to aware the village people about the health, hygiene and cleanliness. During this event total fifty student volunteers (NSS unit) of RPCP enthusiastically joined the rally and distributed health and hygiene kits and pamphlets to village people and aware them about it. Various slogans on health and hygiene were delivered to people during the rally to spread awareness and it was brought to attention of people that Cleanliness is the only medicine to all the diseases.

The message related to health and hygiene was passed on to the people by the mode of the skit. Volunteers have also talked about self-medication as the people started taking medicines randomly without the prescription of doctor which affected the health of the people.

No. of Participants: 45

List of Student Participants:

Sr.No	Name	Sr.No	Name
1	Nirmal Ahalpara	20	Nishtha Desai
2	Shyam Bhalodiya	21	Yug Patel
3	Yash Chauhan	22	Himanshu Agrawal
4	Akshmita Gairola	23	Nandini Bhatt
5	Vaishnavi Iyer	24	Drashti Dalsania
6	Nidhi Joshi	25	Prince dhameliya
7	Dhruv Soni	26	Vishwa Dodia
8	Minaxi Malaviya	27	Pushti Gandhi
9	Dhara Mehta	28	Mehul Luhar
10	Prachi Modi	29	Bhavna Parwani
11	Hetvi Patel	30	Aarti Patel
12	Khushi Patel	31	Anjali N Patel
13	Panthi patel	32	Dharmiki Patel
14	Parthvi Patel	33	Jay Patel
15	Drashti Shah	34	Krishna Patel
16	Neha Shah	35	Minal Patel
17	Nupur Shah	36	Urmit Patel
18	Swar Shah	37	Krutarth Shah
19	Mitwa Shukla	38	Jeet Munjani
40	Gupta Ishan	39	Gupta Ishan
41	Harkhani Sanket	44	Jesani Mansi
42	Jambughoda Murtaza	45	Mayur Joshi
43	Jani Dhawani		

Faculty members participated in the event

1. Dr. Nilay Solanki, Asst. Professor, RPCP
2. Dr. Amit Patel, Asst. Professor, RPCP
3. Dr. Umang Shah, Asst. Professor, RPCP
4. Dr. Jalpa Suthar, Asst. Professor, RPCP
5. Dr. Mehul Patel, Asst. Professor, RPCP

Ramanbhai Patel College of Pharmacy (RPCP) is thankful to Gujarat State Pharmacy council for granting financial support for this activity. RPCP is also thankful to volunteers (45 students) and staff members for their support during the event.

Account Sumamry:

Sr. No.	Details	Rupees
Income - NA		
Expenses		
1.	Refreshment (snacks and Water bottle)	4200/-
2.	Stationary – Xerox of pamphlet	600/-
Total		**4800/-**

Overall impact of workshop: Excellent/Very Good/Good/Average/Poor

Photographs of the event with captions (at least six photographs):

CHAROTAR UNIVERSITY OF SCIENCE AND TECHNOLOGY[CHARUSAT]

Faculty of Medical Sciences

MANIKAKA TOPAWALA INSTITUTE OF NURSING

Report on Expert Talk on

"Coping with Examination Anxiety, You Can Do it!!!!!"

Date of event : 17/12/2019
Date of Submission : 19/12/2019
Organizers : EOC, Manikaka Topawala Institute of Nursing

Venue : Auditorium,MTIN.
Submitted By
Name :Mrs. Binal Joshi
Designation : Assistant professor
Department : Nursing
Email :binaljoshi.nur@charusat.ac.in

MANIKAKA TOPAWALA INSTITUTE OF NURSING CHARUSAT CAMPUS CHANGA

Endorsed by

Principal

19/12/19

Seal and Signature

PRINCIPAL
MANIKAKA TOPAWALA INSTITUTE OF NURSING
CHARUSAT CAMPUS - CHANGA.
AT. CHANGA - 388 421
TA. PETLAD, DIST. ANAND (GUJARAT)

Report on Expert Talk on

"Coping with Examination Anxiety, You Can Do it!!!!!"

Date: 17 /12/2019 **Day:TUESDAY** **Timings: 10.00 a.m. to 1.30 p.m.**

I. Introduction

Children must compete with their own score and not with others. For some students exams can be a breeze; revision is second nature to them and they could ace an exam with their eyes closed. But for others, sweaty palms and heart palpitations are just a part of the territory, and it seems that nothing is more impossible than sitting down and revising.Anxiety is a thief. It steals your thoughts. It steals your sleep. It steals your confidence. It steals your performance skill. A good support system can be extremely beneficial to overcome this "thief" and come out of a stressful situation thriving and in control. Researches shows that the students from medicine, dental and engineering profession has highest level of stress so MTIN has organized the expert talk on the above mentioned theme which covers a wide range of very interesting items relating to the Coping with Examination Anxiety, Boosting Memory power and getting mastery with text.

II. Objectives

- To address area of study appropriate test anxiety reduction interventions in the group of students
- To educate students on ways with which they can deal and relieve stress to excel in their day to day activities, including the upcoming final exams
- To recognize and apply memory-enhancing strategies and effective study technique
- To identify the ways of reducing anxiety during the examination
- to demonstrate the relaxation and divergent techniques

III. Participants/Beneficiaries: The students from department of Engineering andB.Sc. Nursing

IV. Agenda

Sr. No.	Time	Activity	Resource person
1.	10.00 -10.10am	Welcome speech and Introduction about programme	Mr.SumitGhosal Clinical Psychologist CHAROTAR UNIVERSITY OF SCIENCE AND TECHNOLOGY ,Changa
2.	10.10 -11.30 am	Maximising your Memory Power	
3.	11.30 -11.40 am	Refreshment	
4.	11.40 - 12.50 pm	Test Mastery	
5.	12.50-1.00 pm	Vote of thanks	
6.	01.00 -1.10 pm	Distribution of Certificates	

V. In detail explanation of the Event

Manikaka Topawala Institute of Nursing is organized an Expert session on ""Coping with Examination Anxiety, You Can Do it" under the Equal Opportunity Cell (EOC) at university level. The topic was selected on the basis of students need and priority. The session was planned on 17 December 10 a.m. in the morning. Total 125 students have participated in the event from various departments from the university. Ms. Binal Joshi, departmental co coordinator of EOC has introduced the topic and the resource person was welcomed by Dr. Anil Sharma(Principal), MTIN. The session was followed by addressing speech by Dr. Anil sir. Then Mr. SumitGhosal Sir has delivered the talk including concepts of maximizing the memory, boosting the brain power and developing the text mastery

Resource person: Mr. SumitGhosal , Clinical Psychologist,CHARUSAT.

Sir has taken very interactive session for three hours almost. Sir has covered the concepts of mastering the text and maximizing the memory. His session was interactive and participative in nature. On a first half he has focused on Memory. In that he covered short term and long term memory. He differentiated how to maximize short term and long termmemory.then he explained the factors that affect the long term memory such as Personality, job procedures or material that students studying for a test, emotional impression, Episodic memories—personal memories about experiences,Semantic memories—factual data like the color of your hair and Procedural memory. Then he explained the strategies to improve the memory. First he

demonstrated the various memorization techniques. He explained preparing Mnemonics. He showed the techniques to prepare memorable mnemonics like using pleasant images, using humor and adding colors in to it, Exaggerating the size of important parts of the image and using the symbols. Then he explained three fundamental principles of using mnemonics. They were imagination, association and location. He explained in detail about all three concepts with examples.

Then we stopped for a short tea break. After that he had conducted on the session on exercise and memory, food and memory, yoga and memory and sleep and memory. He discussed in detail about the food should be taken during examinations. He demonstrated some simple exercises hat keep brain active and alert.

He also explained how to avoid distraction from mobiles and other social media. he focused on taking adequate hours of sleep and also exercising. he demonstrated the ways to cope with examination anxiety, what to think before examination. he gave some tips to be followed during and after examinations. He elaborated the ways of overcoming the anxiety prior to practical exams and handling the pressure from colleagues, friends and family

At the end of session he demonstrated the relaxation techniques that should be practiced 20 minutes daily to improve the examination performance. He lively demonstrated the with his own voice and students were really felt relaxing after the session.

There was open question answer session at the end. Students asked him some questions related to increasing memory. Few students has given very good feedback about the session and also requested to keep such sessions in future too as this helped them a lot.

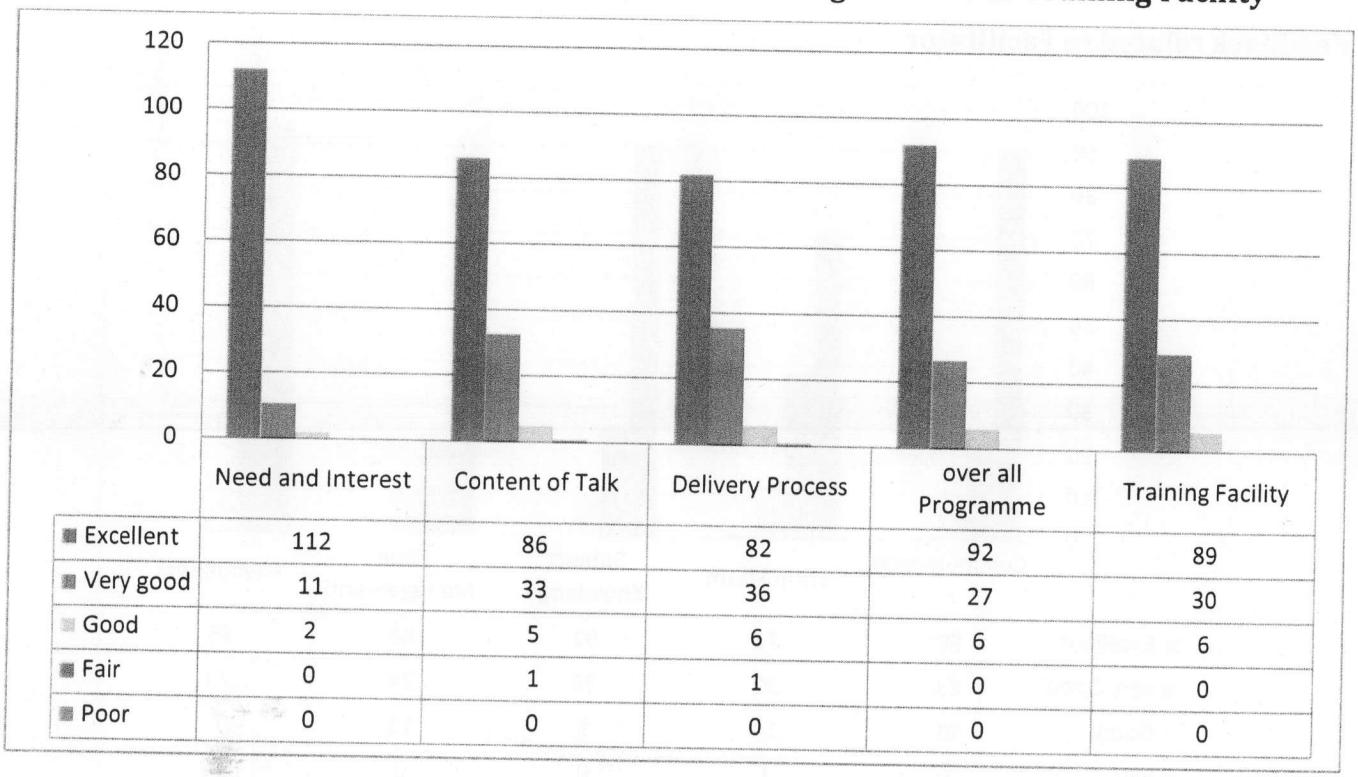
The session ended with delivering of vote of thanks and certificate distribution by departmental co coordinator.

VI: Feedback Analysis report:

A) 125 Participants were participated in this program.

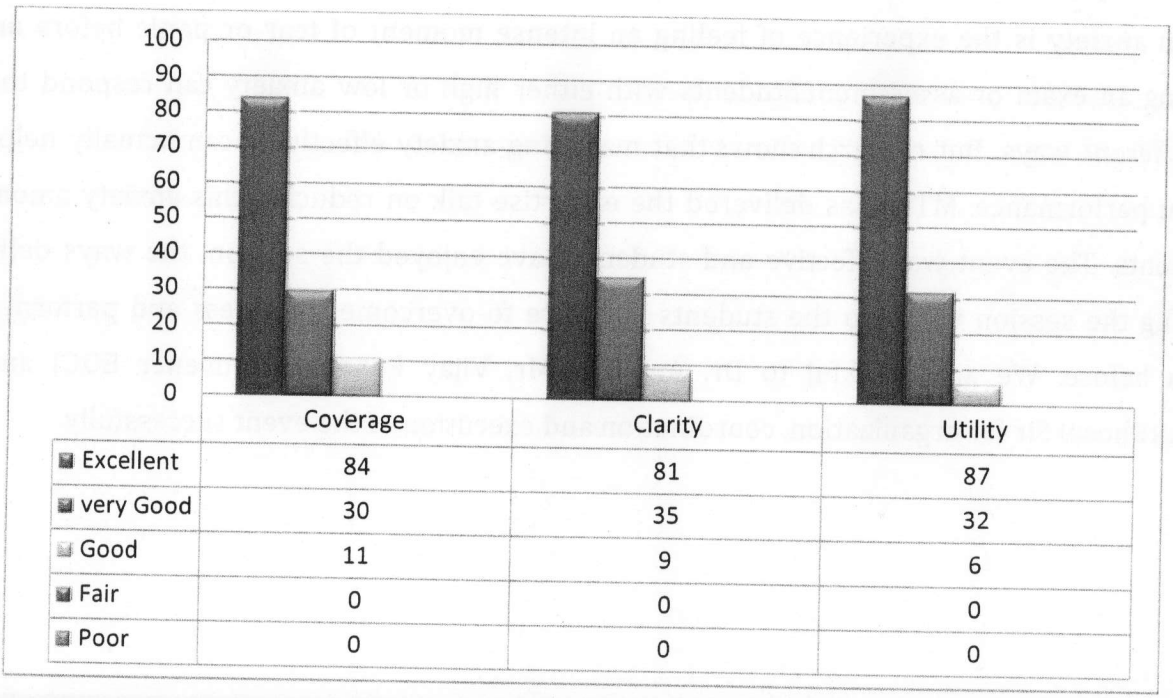
B) Graph of feedback form with number of participants' response in each category.(n=125)

Feedback Related To Need, Content, Delivery Process, Programme and Training Facility



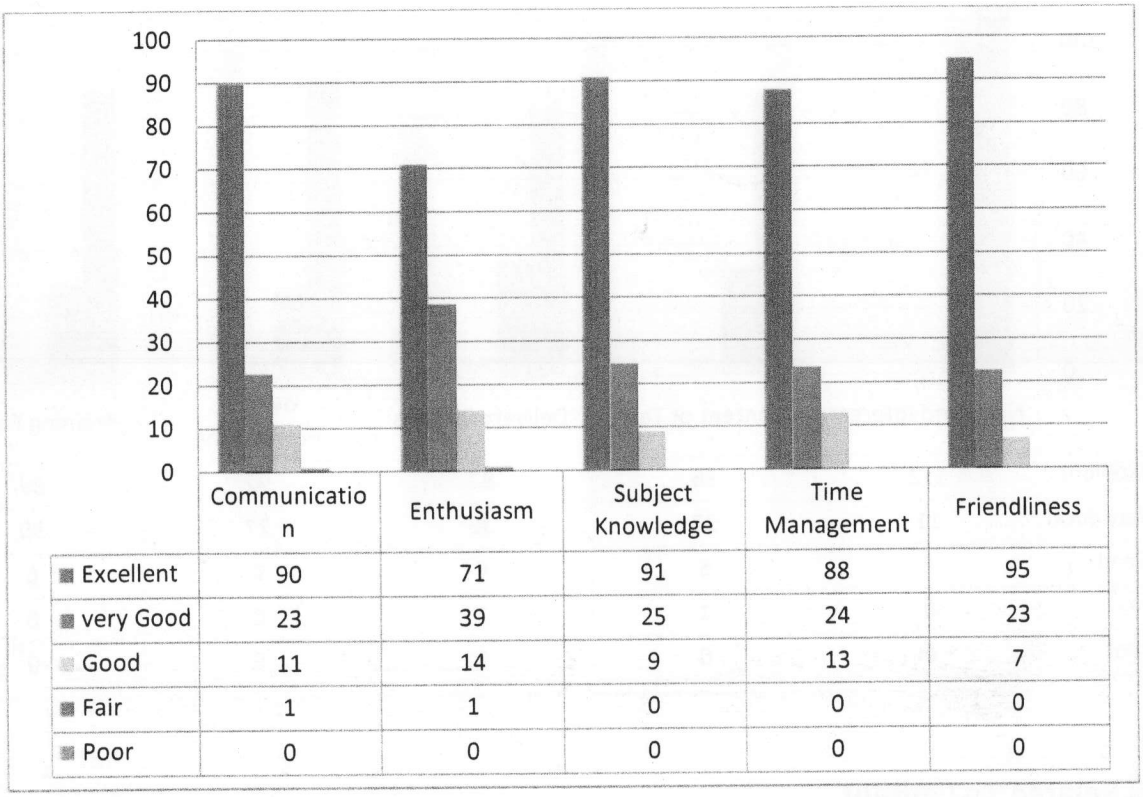
	Need and Interest	Content of Talk	Delivery Process	over all Programme	Training Facility
Excellent	112	86	82	92	89
Very good	11	33	36	27	30
Good	2	5	6	6	6
Fair	0	1	1	0	0
Poor	0	0	0	0	0

Feedback Related To Content



	Coverage	Clarity	Utility
Excellent	84	81	87
very Good	30	35	32
Good	11	9	6
Fair	0	0	0
Poor	0	0	0

Feedback related to Facilitator



	Communication	Enthusiasm	Subject Knowledge	Time Management	Friendliness
Excellent	90	71	91	88	95
very Good	23	39	25	24	23
Good	11	14	9	13	7
Fair	1	1	0	0	0
Poor	0	0	0	0	0

VI. Conclusion:

Exam anxiety is the experience of feeling an intense moment of fear or panic before and/or during an exam or assessment.Students with either high or low anxiety can respond to tests in different ways. But research shows that managing anxiety effectively can actually help with exam performance. MTIN has delivered the expertise talk on reducing this anxiety among the students. The event was effective and students have enjoyed the session. the ways delivered during the session will help the students in future to overcome the stress and perform beter than before. We are thankful to Dr. Anil Sir, Mr. Vijay Panchal (Convener EOC) and Mr. SumitGhosal Sir for organization, coordination and execution of the event successfully.

VII. Photographs:

VIII. Financial Support Received:

Name of teacher	PAN No.	Event Type	Event level (Institute/ University/ State/ National/ International)	Event title	Event organizing body	Date - From	Date - To	Type of participation (Delegate/ Paper Presenter/ Resource Person/ Session Chair/ Judge/ Member of organizing committee etc.)	Financial support received from CHARUSAT (INR)	Financial support received from other agencies/bodies	
										Name of agency/ body	Amount (INR)
Ms.Binal Joshi	AFPPJ1040P	Expert Talk under the aegis of EOC	University	"Coping with Examination Anxiety, You Can Do it!!!!!"	MTIN	17/12/2019		Event -coordinator	2680/-	-	-

CHARUSAT UNIVERSITY OF SCIENCE AND TECHNOLOGY (CHARUSAT), CHANGA – 388 421

EQUAL OPPORTUNITY CELL

Event Report

Name of Department/Institute: M&V Patel Department of Electrical Engineering

Name of Activity : Basic literacy and education through student volunteers for the poor children of the locality.

Date and Time of Activity: June-September 2019

Coordinator of Activity : Mihir R Patel (Assistant professor Electrical Dept.)

Resource person details:

Sr. No.	Name of the resource person	Organization of resource person
1.	Vyas Jay Hiteshbhai (D18EE079)	M&V Patel Department of Electrical Engineering

Schedule of Activity:

Date	Time	Session	Activity
24-06-2019 to 30-09-2019	05:00 to 6:30	evening	Teaching

Summary of the Event:

In Basic literacy and education through student volunteers for the poor children of the locality event we taught nearby kids for 1.5 hrs. every day and we have also learned a lot from them. We were played games one day in the week with them. We think Education is both the means as well as the end to a better life: the means because it empowers an individual to earn his livelihood and the end because it increases one's awareness on a range of issues – from healthcare to appropriate social behavior to understanding one's rights – and in the process help him evolve as a better citizen. Over all this was a very good event which was run by me and my hostels friends.

Registration fee (if any): No registration fees

List of Participants:

Sr No.	Student's Name	Standard
1	Bansi	4
2	Bansari	5
3	Milan	7
4	Dakshesh	7
5	Pruthviraj	7
6	Chintan	7
7	Dhruv	7
8	Monal	8
9	Bhavesh	8
10	Himesh	10
11	Sailesh	10
12	Sandip	10
13	Saleha	12

Number of male students participated in activity: 09

Number of female students participated in activity: 04

Number of teaching staff participated in activity: 00

Number of non- teaching staff participated in activity: 00

Organizing body:

Total Budget sanctioned for the activity: NA

Accounts details: NA

Overall impact of workshop: Very Good

Photographs of the event with captions:

Figure 1 fun activity at RPCP Building

Figure 2 mehndi making at RPCP Building

Figure 3 learning activity with visuals at RPCP Building

Figure 4 learning activity at RPCP Building

CHARUSAT UNIVERSITY OF SCIENCE AND TECHNOLOGY (CHARUSAT), CHANGA – 388 421

EQUAL OPPORTUNITY CELL

Event Report

Name of Department/Institute: U & P U. Patel Department of Computer Engineering

Name of Activity: PROJECT & INNOVATIVE IDEAS TO HELP PEOPLE WITH DISABILITY

Date and Time of Activity: **07/02/2020,** 11:10 am to 12:10 pm

Coordinator of Activity : Dhaval Bhoi(CE)

Resource person details:

Sr. No.	Name of the resource person	Organization of resource person
1	Faculty Members of CE Department, CSPIT, CHARUSAT (Dr. Chintan Bhatt, Minal Maniar, Ronak Patel, Divyesh Patel)	U & P U. Patel Department of Computer Engineering Department, CSPIT, CHARUSAT

Schedule of Activity:

Date	Time	Session	Activity
7th February, 2020 [Friday]	11:10 am to 12:10 pm	• Welcome Address to the participants • Presentation by students to CE Department Faculty Members • Vote of Thanks	PROJECT & INNOVATIVE IDEAS TO HELP PEOPLE WITH DISABILITY

Summary of the Event (Maximum 200 words):

On 01/01/2020, the event regarding Project & Innovative Ideas to Help people with disability was announced. Total 12 Projects [30 Students] participated from Various departments/institutes of CHARUSAT university and demonstrated their project ideas in step towards helping people with disability. Presentation/Demonstration was organized in

LAB2, Building A7 on 7/2/2020, Friday during 11:10 a.m. to 12:10 p.m. Many faculty members visited the place to boost students and encourage them to implement such projects to make life easy for people with disability.

Mr. Ashwin Makwana and Mr. Dhaval Bhoi, CE, EOC Coordinator addressed students regarding how these kind of projects can give them special recognition and appreciation in the Industry and Society.

We are very much thankful to Dr. Ritesh Patel and other teachers of the university who motivated participants and for sharing their valuable knowledge with student participants. All participants were given certificate of participants and best project ideas were given winner certificates.

Registration fee (if any): NIL

List of Participants & Other Details:

Sr. No	Student ID	Name of Student	Project Title	Major Beneficiery of Application/Software	Internal Guide Details
1	18CE032	Ankur Jariwala	IoT based Smart intra venous infusion bottle for healthcare		
	18Ce033	Tufel Jerawala			
	18Ce044	Dhruvin Koshiya		Hospital staff	Khushboo Patel
2	16EE078	Shailee Shukal	Career Opportunities for the differently abled	Disabled People	Mihir Patel
3	17BPT042	Hitesha Patel	Helping Leg/Partial Weight Bearing Device	People having difficulty below knee or foot amputation	
	17BPT060	Vanashree Sanghadia			
4		Ditee Desai	Audit for Disable Friendly Places		Dr. Dhruv Dave
		Ankita Desai			
		Jinal Thakkar			
5	18IT121	Kajal Shah	Vision Glasses - An Eye for the Blind	Blind People	Purvi Prajapati
	d19IT147	Parthiv Thakkar			
6	18CE030	Harsh Hirpara	Smart belt for blind people	Blind people	Khushboo Patel
	18CE038	kanani Parth			
	18Ce045	Harshil Kothiya			
7	17ce070	Dharmik Patel	FluentPhone	People with Stammering Problem	
	17ce049	Varun Ladha			
8	19MPTRE101	Kuldip SodhaParmar	Differentially abled Hand	People having difficulty below Elbow	
	19MPTRE102	Krishna Vaghela			
9	17BPH019	Mohit Ghataliya	Kenguru Electric Car	People with disablility	
	18BPH082	Dharmanshu Rangpariya	3D Findure Reader		
	18BPH006	Bhavsar Priyank	Dynavox Eyamax, Bionic Exoskeleton		
10	18CE018	Nikunj Delavadiya	Audio Book Player for Blind People	Blind people	
	18CE076	Jay A. Patel			
	18CE077	Jay K. Patel			
	18CE128	Keyur Thakkar			
11	18ME052	Rishit Parsana	Smart Waling Stick	Blind people	
12	18CE091	Nishit Popat	Mobile Application for Vision Correction with VR-Virtuality Reality	People having vision problem	Sagar Patel
	18CE130	Parth Trambadiya			
	18CE132	Yash Vaghani			
	18CE134	Prince Viradiya			

Number of male students participated in activity: 23

Number of female students participated in activity: 07

Number of teaching staff participated in activity: 07

Number of non- teaching staff participated in activity: 00

Organizing body: EOC

Collaborating agency (If any): ---

Name of the scheme (If any): ----

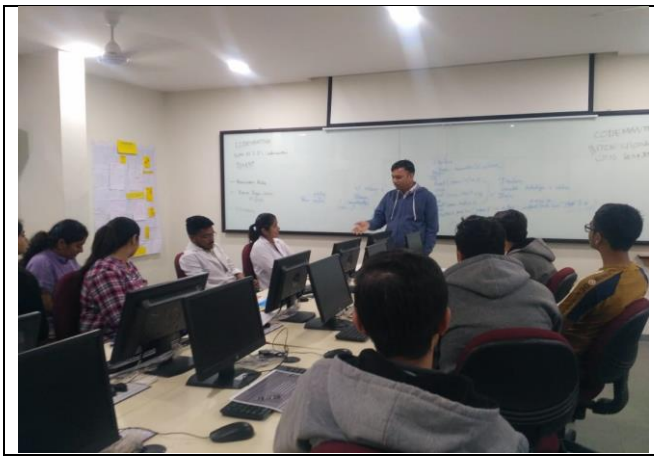
Total Budget sanctioned for the activity: ----

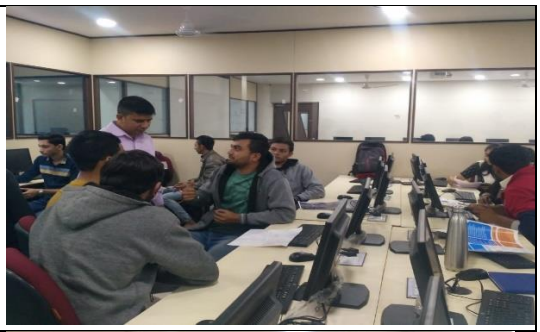
Accounts details:

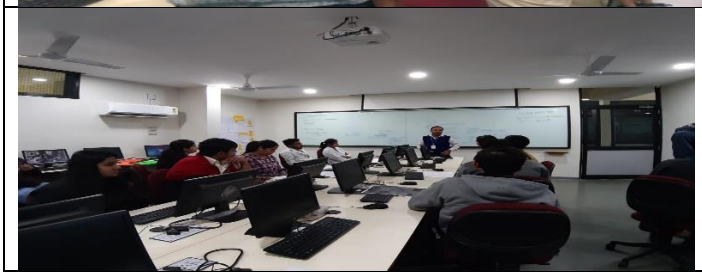
Sr. No.	Details	Rupees
Income		
1.		
2.		
Expenses		
1.		
2.		
Total		

Overall impact of workshop: Excellent/Very Good/Good/Average/Poor

Photographs of the event with captions (at least six photographs):







Detection of Defect in Veneer
Description
Methodology
Features
Benefits

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CHAROTAR UNIVERSITY OF SCIENCE AND TECHNOLOGY (CHARUSAT), CHANGA – 388 421

EQUAL OPPORTUNITY CELL

Event Report

Name of Department : CHAMOS Matrusanstha Department of Mechanical Engineering

Name of Activity : Event on "The slow cycling Race for girls"

Date and Time of Activity : Monday 27th January 2020, 10.00 am onwards

Coordinator of Activity : **Dr. Dattatraya G. Subhedar**

Schedule of Activity:

Date	Time	Session	Activity
27/01/2020	10.00 am	10 am to 12 noon	* Slow cycling Race

Summary of the Event (Maximum 200 words):

In our daily life to achieve success, happiness it is very important to adopt skill of patience, decision power that where and how much to accelerate the work. The slow cycling event for girls was organized by department of Mechanical Engineering, CHARUSAT Changa under agies of Equal opportunity cell on 27th January 2020. Through this event participant get opportunity to show their skill of control on mind while cycling.

From this activity participants get opportunity:

- To know that to win any situation in life skill as well as mind control is required.
- To show their talent of cycling.

Registration fee (if any): Nil

List of Participants: **Registration sheet attached**
No. of Participants: 13

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Number of female participated in activity: 13

Number of male participated in activity: 00

Organizing body: CHARUSAT

Total Budget sanctioned for the activity: Rs 5750/-

List of Participants: Registration sheet is attached

Accounts details:

Sr. No.	Details	Rupees
Income		
1.	Nil	Nil
Expenses		
1.	Banner	288.00
2.	Cycle Rent	300.00
3.	Transport from Vidyanagar to Charusat & Return	600.00
4.	Snacks (Tropicana)	800.00
5.	Cash Prizes	1500.00
6.	Certificates	374.00
Total	**Amount in words Rs. Three Thousand Eight Hundred Sixty Two only.**	**3862.00**

Overall impact of workshop: Very Good

Photographs of the event with captions:

Inauguration of the Event by Dr. Vijay Chaudhary

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CHAROTAR UNIVERSITY OF SCIENCE & TECHNOLOGY

Event on "The slow cycling race for Girls"

Date: 27/01/2020,

Time:10.00 am onward

CHARUSAT
CHAROTAR UNIVERSITY OF SCIENCE AND TECHNOLOGY

Equal opportunity cell
CHARUSAT

cspit
Chandubhai S Patel Institute of Technology

Organized by

CHAMOS Matrusanstha Department of Mechanical Engineering

under the aegis of Equal Opportunity Cell (EOC), CHARUSAT.

Banner of the Event

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Winner of the Event

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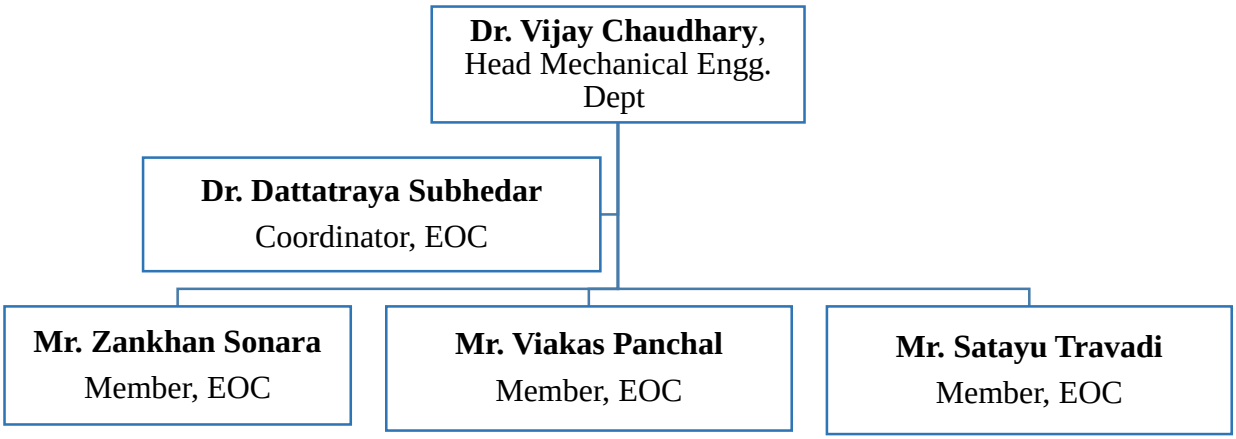
Runner up of the Event

EOC Event Committee, Mechanical Engineering Department:



CHARUSAT UNIVERSITY OF SCIENCE AND TECHNOLOGY (CHARUSAT), CHANGA – 388 421

EQUAL OPPORTUNITY CELL

Event Report

Name of Department/Institute: Smt. Chandaben Mohanbhai Patel Institute of Computer Applications

Name of Activity : Expert Lecture on Developing Work Ethics

Date and Time of Activity: 17th February,2020

Coordinator of Activity : Dr. Nirali Honest, Dr. Sanskruti Patel (WDC)

Resource person details:

Sr. No.	Name of the resource person	Organization of resource person
1	**Dr. Bhaskar Pandya**	Department of Humanities and Social Sciences, I^2 IM , CHARUSAT

Schedule of Activity:

Date	Time	Session	Activity
17th February ,2020	10:10 a.m. to 12:10 p.m.	• Introduction • Floral Welcome • Content delivery by guest speaker • Vote of Thanks	Lecture and Interaction session with the students on how to cultivate work ethics.

Summary of the Event (Maximum 200 words):

Think of the truly impactful, amazing people you know. Chances are, they have an uncanny ability to prioritize and focus. They decide what's important, and then they do the important things. The need for prioritization and knowing to set goal is very important, so keeping this in mind, we have organized the expert session for students of CHARUSAT. The session was commenced with a brief introduction of the guest and speaker Dr. Bhaskar Pandya, which was followed by the floral welcome. Dr. Bhaskar Pandya explained that the nature of goal is not static it is dynamic and keeping it right helps to succeed in ones work as they know where and how to reach. Dr. Pandya had brought various interesting videos to show how to set goal and prioritize them based on different

situations and circumstances. He explained the types of goals and suggested that goals should be realistic and they should be aligned properly. The session was ended by giving a vote of thanks to Dr. Bhaskar for delivering very valuable content in a very simple and pleasant manner and sharing his content with all, to all the participants for being very good audience and respecting Sir by listening him very carefully and silently, to the Chairperson of EOC for giving the opportunity to host the event , to the Principal CMPICA, for giving permission to carry out the event , to the staff members of CMPICA for making all the necessary actions and adjustments required to handle the event smoothly and last but not the least to all the student volunteers for managing the entire event very responsibly.

Registration fee (if any): No registration fees.

Total Participants : 74

List of Participants

Sr. No.	Name	ID	Sr. No.	Name	ID
1.	Saumil Shah	17ME087	38.	Aditya Kapadiya	19BCA035
2.	Tanmay Shah	17ME088	39.	Shivang Prajapati	19BCA037
3.	Nishi Bhavsar	17BPH004	40.	Hirapara Prince Dipakbhai	19BCA089
4.	Vishwa Dodia	17BPH013	41.	Megha Dhruv Nileshbhai	19BCA140
5.	Ghataliya Mohit	17BPH019	42.	Rushabh Joshi	18BSIT021
6.	Kalola Sachi N.	17BPH024	43.	Maitri Kavi	18BSIT026
7.	Divy Patel	17BPH048	44.	Prem Mehta	18BSIT032
8.	Himali Patel	18BPH049	45.	Aalekh Motani	18BSIT036
9.	Himani Patel	18BPH050	46.	Ishita Koyani	19BSIT016
10.	Patel Nishtha Piyusbhai	18BPH062	47.	Maitri	19BSIT064
11.	Twisha Patel	18BPH073	48.	Rutvi Patel	19BSIT087
12.	Niral P Patel	17BCA065	49.	Patel Yashkumar P.	19BSIT089
13.	Parmi K Patel	17BCA067	50.	Rushi Sukhadia	19BSIT093
14.	Shrutika Rahatekar	17BCA093	51.	Jay Luhar	19BSIT097
15.	Akshay Ramnani	17BCA094	52.	Sirja Deep Shantibhai	19BSIT116
16.	Vandini Shah	17BCA104	53.	Himaxi Amin	19MCAL002
17.	Harsh Gurnani	18BCA014	54.	Vaishnavi Chauhan	19MCAL010
18.	Mistry Pooja B	18BCA027	55.	Anjali Kansara	19MCAL026
19.	Aashvi Patel	18BCA036	56.	Shreya Mehta	19MCAL032
20.	Bhavya Patel	18BCA040	57.	Parmar Janki Pankajbhai	19MCAL046
21.	Patel Dixita A	18BCA050	58.	Manan Patel	19MCAL059
22.	Nency Patel	18BCA061	59.	Keval Shah	19MCAL071
23.	Shreji Patel	18BCA073	60.	Jiten Thakkar	19MCAL088
24.	Udish Patel	18BCA078	61.	Dhavalkumar Chhotubhai V.	19MCAL089
25.	Vaibhavi Patel	18BCA080	62.	Preksha Patel	19MSIT036
26.	Darshan Shah	18BCA090	63.	Jani Mansi	18BSIT018

27.	Dipal Shah	18BCA092	64.	Dave Jay	19MSIT118
28.	Foram Shah	18BCA093	65.	Nimesh Devani	19MCAL018
29.	Jay Soni	18BCA107	66.	Sahil Dhanji	19MCAL019
30.	Shrey Soni	18BCA108	67.	Kartik Kachhia	19MCAL023
31.	Srushti Soni	18BCA109	68.	Jiten Thakkar	19MCAL088
32.	Jinal Suthar	18BCA112	69.	Shah Aagam	18BCA089
33.	Shripati Acharya	18BCA120	70.	Kartavya Vadera	17BCA114
34.	Jaydeep Patel	18BCA124	71.	Dhaval Vaghela	17BCA115
35.	Priyanshi	18BCA132	72.	Jaydeep Vaghela	17BCA116
36.	Selency Macwan	18BCA133	73.	Anuj Thakkar	17BCA107
37.	Hetvi	18BCA136	74.	Sharma Zahanvi	17BCA134

Number of male students participated in activity: 36
Number of female students participated in activity:38
Number of teaching staff participated in activity: Nil
Number of non- teaching staff participated in activity: Nil
Organizing body: EOC,CHARUSAT,Changa
Collaborating agency (If any): Nil
Name of the scheme (If any): Nil
Total Budget sanctioned for the activity: 4500 INR

Accounts details:

Sr. No.	Details	Rupees
Income		
1.		
Expenses		
1.		
2.		

Overall impact of workshop: Excellent/Very Good/Good/Average/Poor

Photographs of the event with captions (at least six photographs):

Students introducing the guest and doing floral welcome (CMPICA Auditorium,17th February,2020)

Students introducing the guest and doing floral welcome (CMPICA Auditorium,17th February,2020)

Student participation in the session, (CMPICA Auditorium, 17th February,2020)

CHARUSAT UNIVERSITY OF SCIENCE AND TECHNOLOGY (CHARUSAT), CHANGA – 388 421

EQUAL OPPORTUNITY CELL

Event Report

Name of Department/Institute: Smt. Chandaben Mohanbhai Patel Institute of Computer Applications

Name of Activity : Poster presentation on the theme of "Issues and Challenges in life style diseases"

Date and Time of Activity: 3rd February,2020 to 10th February,2020.

Coordinator of Activity : Dr. Nirali Honest, Dr. Sanskruti Patel (WDC)

Schedule of Activity:

Date and Time	Session	Activity
3rd February,2020 to 10th February,2020	The submission link was shared with all the EOC and WDC Department and Institute coordinators, for online submission of poster.	Competition was open from 3rd February,2020 to 10th February,2020

Summary of the Event (Maximum 200 words):

India is experiencing a rapid health transition with a change in life style and living standards. This is leading to an unhealthy life by causing various diseases like cardio vascular diseases (CVDs), diabetes, cancer and respiratory diseases account for major portion of mortality and morbidity. It is estimated that unhealthy life style account for 60% of total deaths in India. The good thing however is that all these diseases are preventable through making a choice for healthy lifestyle like prevent use of tobacco & alcohol, physically inactive lifestyle, a diet high in sugar, trans-fats and salt inter-alia, etc. It is recommended that a healthy lifestyle can prevent onset of the above mentioned diseases. Simple changes in our day to day living can save us from disease like cancer, diabetes, hypertension and poor oral health. To promote this idea, we have organized the Poster Designing Competition. Poster Theme: Adopting healthy lifestyle to prevent occurrence of disease like cancer, diabetes, hypertension, cardio vascular diseases, stroke and respiratory diseases. The students were asked to prepare a Poster incorporating healthy lifestyle practices. Various themes like

Healthy lifestyle practices, Eating healthy, Being physically active and fit, Screening for early detection of diseases, were given to students.

Registration fee (if any): No registration fees.

Total Participants : 06

List of Participants

Sr. No.	Student Name	Student ID	Email
1.	SNEHA VASA	D19CE142	D19ce142@charusat.edu.in
2.	UNDAVIYA KEYUR	D19ME104	D19me104@charusat.edu.in
3.	MANAN PATEL	19MCAL059	mananunique74@gmail.com
4.	BINDI JADAV	18BBA016	18bba016@charusat.edu.in
5.	MALAV SOLANKI	17CL088	17CL088@charusat.edu.in
6.	HARSHKUMAR DAVE	D18ME118	harshdave437@gmail.com

Number of male students participated in activity: 04

Number of female students participated in activity:02

Number of teaching staff participated in activity: Nil

Number of non- teaching staff participated in activity: Nil

Organizing body: EOC and WDC,CHARUSAT,Changa

Collaborating agency (If any): Nil

Name of the scheme (If any): Nil

Total Budget sanctioned for the activity: 2000 INR

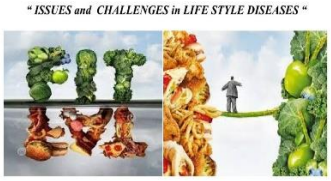
Accounts details:

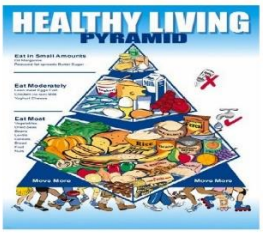
Sr. No.	Details	Rupees
Income		
1.		
Expenses		
1.	Cash Prize to the winner	1000
Total	One Thousand Only.	1000

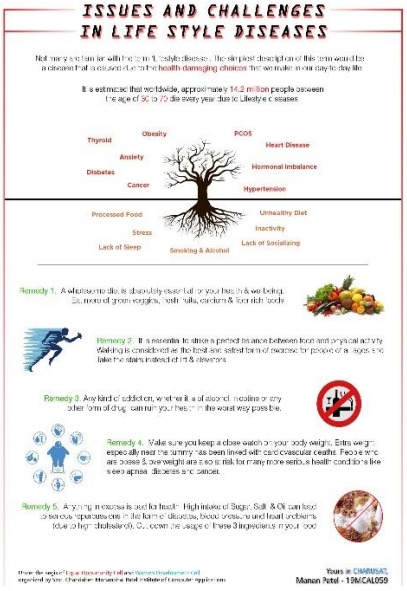
Overall impact of workshop: Excellent/Very Good/Good/Average/Poor

Photographs of the event with captions :

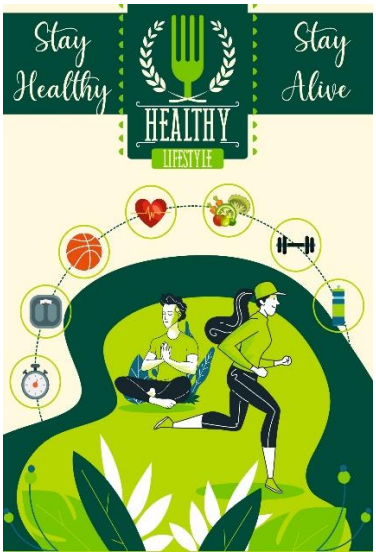
Posters prepared by students







Poster submitted by students on 4rd February,2020



Poster submitted by students on 6th February,2020

CHARUSAT UNIVERSITY OF SCIENCE AND TECHNOLOGY (CHARUSAT), CHANGA – 388 421

EQUAL OPPORTUNITY CELL

Event Report

Name of Department/Institute: M. S. Patel Department of Civil Engineering, CSPIT

Name of Activity : Poetry Writing Competition on "Gender Equality"

Date and Time of Activity: 15/2/2020_11:59pm

Coordinator of Activity : Ms. Saraswati Pathariya, Mr. Ankit Wankawala

Resource person details: Online Mode

Resource person details :

Sr. No.	Name of the resource person	Organization of resource person
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Schedule of Activity:

Date	Time	Session	Activity
24/1/2020 to 15/2/2020	11:59 pm	Online mode submission	Poetry Writing Competition on "Gender Equality"

Summary of the Event (Maximum 200 words):

Online Poetry Writing Competition was arranged by M. S. Patel Department of Civil Engineering under the Equal Opportunity Cell (EOC) during 24th January, 2020 to 15th February, 2020. The last date to collect the responses was 15th February, 2020, 11:59 pm. Participants has submitted the poetry as per the defined rules and the responses were collected through Online Mode. The poetries were very beautifully framed with the essence of gender equality. As per the jury decision the winners were announced and awarded with the cash prize.

Registration fee (if any): Nil

List of Participants:

Sr. No.	Name of participant	ID No./ Employee code	Department
1.	Mr. Punit Patel	Mechanical Department	Mechanical
2.	Namrata Khatwani	17it045	IT
3.	Dharav Vachhani	18ee049	EE
4.	Varun Sonavni	18it131	IT
5.	Ayushi Patel	19ec038	EC
6.	Guruprit Singh Bhamrah	D17cl130	CL
7.	Krupa Patel	18it090	IT
8.	Janvee Jadeja	16cl022	CL
9.	Pratik Ghevariya	16cl019	CL
10.	Vipin Vageriya	5515	MTIN
11.	Amit Parmar	IT Department	IT

Number of male students participated in activity:04

Number of female students participated in activity:04

Number of teaching staff participated in activity:03

Number of non- teaching staff participated in activity:00

Organizing body:

Collaborating agency (If any): Nil

Name of the scheme (If any): Nil

Total Budget sanctioned for the activity: 4500/-

Accounts details:

Sr. No.	Details	Rupees
Expenses		
1.	Award: 1st prize: Mr. Punit Patel_1500/- 2nd Prize: Mr. Vipin Vageriya_1000/- 3rd Prize: Ms. Krupa Patel_500/-	3000/-
2.	Certificate	210/-
	Total	3210/-

Overall impact of workshop: Excellent

Photographs of the event with captions (at least six photographs): Nil

Ramanbhai Patel College of Pharmacy
CHARUSAT, CHANGA – 388 421
Event Report

Name of Event : **Equal Opportunity and the Constitution of India – Lecture**
Date and Time of Event : **22-02-2020; 10.00 – 11.30 AM**
Event coordinators : **Dr. Nilay Solanki**
Venue : **RPCP Auditorium**

Summary of the Event

A session was arranged on the topic of "Equal Opportunity and the Constitution of India" to make students of CHARUSAT aware about their constitution right and role of equality.

This session was delivered by Mr. Mayur Khunti sir. Sir is practicing advocate in the courts of Law of Anand, Gujarat. Prior to his studies in Law he has graduated in Medical field and is conferred degree of Bachelors of Homeopathic Medicine and surgery. Sir has Postgraduate diploma in Medico Legal System from Symbiosis, Pune. He is firm follower of H.H.Shi Sri Ravishankarji and Believes that meditation should be an important part of one's life.

Following Points were delivered and discussed during the session:

- What Does Equality Mean ?
- What is Constitution of India ?
- The Constitution of India is Supreme Law.
- History - The Constitution of India
- Equality & Constitution of India
- PREAMBLE – 42nd Amendment (1977)
- Fundamental Rights (Equality before Law – Article 14, Prohibition of Discrimination – Article 15, Equality of opportunity in matters of public employment- Article 16, Abolition of Untouchability – Article 17, Abolition of Titles – Article 18
- Task based activity was also conducted among students

No. of Participants: 132

List of Student Participants attended the session:

SR NO	ID NO	NAME OF STUDENT	DEPARTMENT/INSTITUTE
1	18BPH084	Rathod Sahil	RPCP
2	18BPH013	Gandhi Dipen	RPCP

3	18BPH075	Patel Varun	RPCP
4	18BPH082	Rangpariya Dharmanshu	RPCP
5	18BPH006	Bhavshar Priyank	RPCP
6	18BPH025	Abhinav Kumar	RPCP
7	18BPH113	Sunil Kumar Yadav	RPCP
8	18BPH023	Joshi Nidhi	RPCP
9	18BPH032	Modi Prachi	RPCP
10	18BPH065	Patel Parthvi	RPCP
11	18BPH056	Khushi Patel	RPCP
12	18BPH009	Yash Chauhan	RPCP
13	18BPH085	Sanika Dongre	RPCP
14	18BPH053	Kairavi Patel	RPCP
15	18BPH037	Dhvani Parmar	RPCP
16	18BPH078	Yukta Patel	RPCP
17	18BPH066	Prachi Patel	RPCP
18	18BPH091	Krupa Shah	RPCP
19	18BPH088	Dhwani Shah	RPCP
20	18BPH093	Nupur Shah	RPCP
21	18BPH059	Maitri Patel	RPCP
22	17BPH024	Kalola Sachi	RPCP
23	18BPH064	Panthi Patel	RPCP
24	19BPH040	Patel Krutik	RPCP
25	19BPH110	Patel Harsh	RPCP
26	19BPH111	Parmar Het	RPCP
27	19BPH030	Dhruvil Patel	RPCP
28	19BPH068	Prajapati Ninad	RPCP
29	19BPH045	Malavya Patel	RPCP

30	19BPH047	Mihir Patel	RPCP
31	18BPH042	Patel Darshini	RPCP
32	18BPH077	Patel Vruti	RPCP
33	18BPH051	Patel Janki	RPCP
34	18BPH041	Patel Arya	RPCP
35	18BPH061	Patel Naiya	RPCP
36	18BPH054	Patel Khushbu	RPCP
37	18BPH089	Shah Drashti	RPCP
38	19BPH014	Jani Dev	RPCP
39	19BPH008	Rumit Dihora	RPCP
40	19BPH081	Shiyami Brijesh	RPCP
41	19BPH102	Savaliya Happy	RPCP
42	19BPH007	Dholariya Umang	RPCP
43	19BPH020	Priyansh Majmundar	RPCP
44	19BPH080	Sheth Shiv	RPCP
45	19BPH084	Dhrumil Soni	RPCP
46	17BPH048	Divy Patel	RPCP
47	19BPH023	Shardul Panchal	RPCP
48	19BPH011	Raj Gandhi	RPCP
49	19BPH017	Anurag Kshatriya	RPCP
50	18BPH111	Devansi Sheth	RPCP
51	18BPH008	Shreya Chauhan	RPCP
52	18BPH036	Vaidehi Panchal	RPCP
53	18BPH045	Heli Patel	RPCP
54	18BPH076	Vrusti Patel	RPCP
55	18BPH039	Aakruti Patel	RPCP
56	18BPH052	Jenish Patel	RPCP

57	18BPH046	Helly Patel	RPCP
58	18BPH040	Anjali Patel	RPCP
59	19bph052	Pearl Patel	RPCP
60	19bph049	Nancy Patel	RPCP
61	19bph048	Misha Patel	RPCP
62	19bph051	Nidhi Patel	RPCP
63	19bph085	Riya Soni	RPCP
64	19bph079	Naina Sharma	RPCP
65	19bph088	Miloni Thakkar	RPCP
66	19bph039	Khushi Patel	RPCP
67	19bph086	Sonvane Nidhi	RPCP
68	19bph092	Vidhi Desai	RPCP
69	19bph087	Aashka Thakkar	RPCP
70	19bph003	Isha Bhatt	RPCP
71	19bph005	Priya Bhatt	RPCP
72	19bph021	Mankad Saumya	RPCP
73	19bph101	Kamal Sagar	RPCP
74	18BPH021	Jesika Jaglawala	RPCP
75	18BPH047	Hemisha Patel	RPCP
76	18BPH010	Sefali Chokshi	RPCP
77	18BPH018	Khyati Gorasia	RPCP
78	18BPH020	Vaishnavi Iyer	RPCP
79	18BPH030	Meshwa Mehta	RPCP
80	18BPH071	Stuti Patel	RPCP
81	18BPH067	Priya Patel	RPCP
82	19BPH009	Gajera Era	RPCP
83	19BPH026	Devanshi Patel	RPCP

84	19BPH035	Janvi Patel	RPCP
85	19BPH053	Prachi Patel	RPCP
86	19BPH024	Aanshal Patel	RPCP
87	19BPH050	Nehangi Patel	RPCP
88	19BPH066	Yesha Patel	RPCP
89	19BPH059	Shreya Patel	RPCP
90	19BPH031	Diya Patel	RPCP
91	19BPH037	Kalyani Patel	RPCP
92	19BPH041	Krina Patel	RPCP
93	19BPH075	Shah Nishtha	RPCP
94	19BPH036	Patel Jil	RPCP
95	19BPH028	Patel Dhruti	RPCP
96	19BPH063	Patel Vidhi	RPCP
97	19BPH055	Patel Prachi	RPCP
98	19BPH073	Shah Aneri	RPCP
99	19BPH076	Shah Shreya	RPCP
100	19BPH089	Viramgami Swati	RPCP
101	19BPH091	Deota Dhanashree	RPCP
102	18BPH014	Hemangi Gediya	RPCP
103	18BPH028	Minaxi Malavya	RPCP
104	18BPH035	Aayushi Panchal	RPCP
105	18BPH048	Hetvi Patel	RPCP
106	18BPH099	Daxit Patel	RPCP
107	18BPH015	Pranav Gelani	RPCP
108	17BPH027	Luhar Mehul D	RPCP
109	17BPH055	Jimil Patel	RPCP
110	19BPH057	Preyash Patel	RPCP

111	19BPH082	Shukla Ishan	RPCP
112	19BPH032	Diya Patel	RPCP
113	19BPH035	Janki Patel	RPCP
114	19BPH058	Riddham Patel	RPCP
115	19BPH062	Urvi Patel	RPCP
116	19BPH056	Prexa Patel	RPCP
117	19BPH043	Krishi Patel	RPCP
118	19BPH027	Dhriti Patel	RPCP
119	18BPH049	Himali Patel	RPCP
120	18BPH050	Himani Patel	RPCP
121	18BPH062	Nishtha Patel	RPCP
122	18BPH073	Twisha Patel	RPCP
123	18BPH057	Krupa Patel	RPCP
124	19BPH078	Shaikh Razina	RPCP
125	19BPH106	Yashna Vasava	RPCP
126	19BPH077	Vrushti Shah	RPCP
127	18BPH060	Mansi Patel	RPCP
128	18BPH044	Dhwani Patel	RPCP
129	18BPH026	Kurmi Nikita	RPCP
130	19BPH015	Samarth Joshi	RPCP
131	19BPH012	Harsh Gelani	RPCP
132	18ME092	Priyansh Tivari	CSPIT

Total registration from different departments/Institutes of CHARUSAT was 157, out of which 132 participants have attended the session. **(Annexure-I)**

Ramanbhai Patel College of Pharmacy (RPCP) is Mr. Mayur Khunti sir for accepting our invitation for the session.

Account Sumamry:

Sr. No.	Details	Rupees
Income - NA		
Expenses		
1.	Honorarium	1300/-
2.	Traveling allowance	300/-
3.	Certificate printing	1400/-
Total		**3000/-**

Overall impact of workshop: Excellent/Very Good/Good/Average/Poor

Photographs of the event with captions (at least six photographs):

Introduction of Session

Student Interaction

Student Interaction – Question answer

Group Activity

Briefing about Topic

Felicitation of guest with momento

NOTICE

Equal Opportunity cell (PDPIAS)

As part of Equal opportunity cell we have arranged an expert talk on

"Role of skills in employability"

Details of the Expert lecture are as follows

Date of event	5th March, 2020 (Thursday)
Time/duration of event	10.15 am – 11.15 am
Name of event	Role of skills in employability (with special emphasize on Biological Sciences)
Venue	PDPIAS Conference Hall
Name of Resource person	Dr. Anjali Bose, Assistant manager, Zytex Biotech Private ltd, Baroda.

For registration, EOC coordinators are requested to send the names of interested students to jankithakker.bt@charusat.ac.in

Janki N Thakker

(EOC coordinator, PDPIAS)

CHAROTAR UNIVERSITY OF SCIENCE AND TECHNOLOGY (CHARUSAT), CHANGA – 388 421

EQUAL OPPORTUNITY CELL

Event Report

Name of Department: PDPIAS

Name of Event : Role of skills in employability

Date and Time of Event : 5th March 2020, 10.15 to 12.15 pm

Event coordinator : Dr. Janki N. Thakker

Resource person details:

Sr. No.	Name of the resource person	Organization of resource person
1	Dr. Anjali Bose	Assistant manager Strain Management Zytex Biotech PVt Ltd Vadodara

Event Schedule:

Date	Time	Session	Activity
05/03/2020	10.15 am – 12.15 pm	one	Expert Talk

Summary of the Event :

Dr. Janki Thakker introduced Dr. Anjali Bose and her HR team to M.Sc. Sem IV and Sem II Biological Sciences students

Dr. Anjali has done her Ph.D. in Microbiology and Post doctorate from Hyderabad University in Plant pathology

She had 5 years of experience in industry and is also involved in placement at Zytex for Microbiology section

Dr. Anjali started about the general skills required for the students to get placed and what an employee look in the candidate.

She explained about the techniques to be known for good opportunities in research and industry

She told about the attitude to be inculcated by the students during their masters and in an industry

She discussed about the failures and success are the part and everything leads to development

After that they took the interview of the interested candidate as Dr. Thakker discussed earlier if they need the candidates and they agreed for Campus on the day of the talk

Dr. Anjali gave brief about the company and HR Mr. Rajeev explained what quality they look when they hire any candidate.

After exam and interview two students were Ms Meera from Micro and Ms. Shivani from Biotech were selected and offer letter was received on June 27th, 2020

After analysis of feedback forms, it indicated that

- They found relevant to their needs most extend and some of them found very relevant
- Students also found the facilitator very enthusiastic, with good communications skills, timely managed. Most of them found these qualities excellent
- Students rated the overall program excellent and were motivated

Lot of students were interested and motivated to opt of career in education sector

Registration fee (if any): NA

List of Participants: Details as per entered in Registration form is submitted to EOC coordinator

Number of male students participated in activity: 10

Number of female students participated in activity: 85

Number of teaching staff participated in activity: 1

Number of non- teaching staff participated in activity: 0

Organizing body: PDPIAS & EOC

Collaborating agency (If any): NA

Name of the scheme (If any): NA

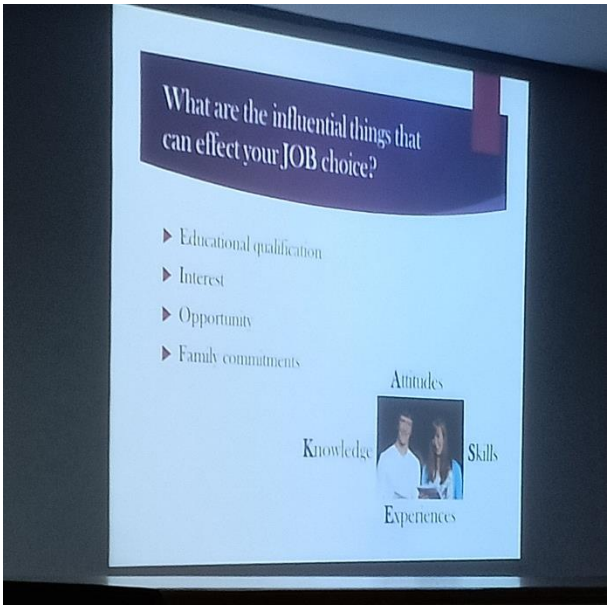
Total Budget sanctioned for the activity: NA

Accounts details: No expense was incurred

Overall impact of workshop: Excellent

Photographs of the event

Dr. Anjali delivering talk (PDPIAS Auditorium_5/3/2020)



Slide on which things influence job choice. (PDPIAS Auditorium_5/3/2020)

MSc sem IV and MSc sem II attending sessions **(PDPIAS Auditorium_5/3/2020)**

Mr. Rajeev, HR, Zytex interacting with students (PDPIAS Auditorium_5/3/2020)

Dr. Jain thanking Dr. Anjali on behalf of EOC and PDPIAS (PDPIAS Auditorium_5/3/2020)

Students giving feedback and asking questions (PDPIAS Auditorium_5/3/2020)

Department Coordinator Sign:

HEAD
DEPT. OF BIOLOGICAL SCIENCES
P. D. PATEL INSTITUTE OF APPLIED SCIENCES
CHAROTAR UNIVERSITY OF SCIENCE & TECHNOLOGY
CHARUSAT CAMPUS, CHANGA-388421
DI. ANAND (GUJARAT)

EOC coordinator

(Janki N Thakker, PDPIAS)

Head of Institute Sign

Ramanbhai Patel College of Pharmacy
CHARUSAT, CHANGA – 388 421
Event Report

Name of Event : **Survey based activity of "Self Medication and its utilization among CHARUSAT students"**
Date and Time of Event : **02-03-2020 to 22-03-2020**
Event coordinators : **Dr. Nilay Solanki**
Venue : **Online survey**

Summary of the Event

Survey based study of "Self Medication and its utilization among CHARUSAT students" was planned in the month of march 2020. Self-medication differs from self-care in that it involves drugs that may do well or cause harm. Self-medication is a fairly widespread practice in the world, particularly in economically deprived communities.

Following volunteers from final year B.Pharm conducted this survey based study under guidance of Dr. Nilay Solanki.

- Parth Patel
- Paresh Prajapati
- Parth Rana
- Vijil Vaishnani

Method for the survey: This was a questionnaire based study on self-medication and its utilization among CHARUSAT students. Following domain were evaluated attitude, knowledge and behavior of CHARUSAT student related to self-medication.

Students filled the survey information mentioned as below:

Pharmacy	**BCA/MCA**	**BBA/MBA**	**BSC/MSC**
300	13	16	32
Nursing	**Engineering**	**Physiotherapy**	**Other branch**
33	45	17	31

Question asked and answer received:

1. For which common illness/Condition you have used one or more self-medication products?

Fever	Headache	Body pain	Stomach pain	vomiting
320	332	275	236	215
diarrhea	**Cold**	**Throat infection**	**Allergy**	**Others**
195	254	165	142	108

2. Which of the following drugs you used as self-medication (OTC DRUGS)?

Anti-pyretic	Cough reliever	Multi vitamins	Pain reliever	Anti-allergens	Laxatives	Antacids
244	307	192	308	163	159	192
Anti-diarrheal	**Eye and ear drops**	**Herbal products**	**Homeopathy**	**Cough reliever**		
168	179	185	92	120		

- 48 % (235) are male and 51 % (236) were female respondents.
- 52% of the total respond are the age group of 19 to 24 years.
- 61% of the people in the response are belongs to pharmacy department.
- 76% (372) have the knowledge regarding self-medication

No. of Participants: 487

Ramanbhai Patel College of Pharmacy (RPCP) is thankful to all participants to give their consent and participated positively in the study, we are also thankful to volunteer for their support and work.

Account Sumamry:

Sr. No.	Details	Rupees
Income - NA		
Expenses		
1.	Honorarium	-
2.	Traveling allowance	-
3.	Certificate printing	-
Total		**-**

Overall impact of Suervey: Excellent/Very Good/Good/Average/Poor

Photographs of the event with captions:

As this is online event no photographs were taken

NOTICE

Equal Opportunity cell (PDPIAS)

As part of Equal opportunity cell we have arranged an expert talk on

"Various summer internship program for Science students"

Details of the Expert lecture are as follows

Date of event	8th January, 2020 (Wednesday)
Time/duration of event	03.00 pm –04.00 pm
Name of event	Various summer internship program for Science students
Venue	PDPIAS Conference Hall
Name of Resource person	Dr. Anoop Markande, Biological Sciences, PDPIAS

For registration, EOC coordinators are requested to send the names of interested students to jankithakker.bt@charusat.ac.in

Janki N Thakker

(EOC coordinator, PDPIAS)

CHAROTAR UNIVERSITY OF SCIENCE AND TECHNOLOGY (CHARUSAT), CHANGA – 388 421

EQUAL OPPORTUNITY CELL

Event Report

Name of Department: PDPIAS

Name of Event : Various summer internship program for Science students

Date and Time of Event : 8th January 2020, 03.00 – 04.00 pm

Event coordinator : Dr. Janki N. Thakker

Resource person details:

Sr. No.	Name of the resource person	Organization of resource person
1	Dr. Anoop Markande	Assistant Professor , P D Patel Institute of Applied Sciences, Charotar University of Science and Technology Changa

Event Schedule:

Date	Time	Session	Activity
08/01/2020	03.00 pm – 04.00 pm	one	Expert Talk

Summary of the Event :

Dr. Markande is Faculty in Department of Biological Sciences and he addressed the 2nd semester students of M.Sc. Biological Sciences

Dr. Markande covered various national and international schemes in his presentation.

He explained rules and regulations as well as eligibility criteria of the training offered by various national, international and state level government agencies

He explained about the scope of different training like how it can help in getting future placements, PhD entry if the student undergoes training.

Student discussed about various doubts and questions related to training.

After analysis of feedback forms, it indicated that

- They found relevant to their needs most extend and some of them found very relevant
- Students also found the facilitator very enthusiastic, with good communications skills, timely managed. Most of them found these qualities excellent
- Students rated the overall program excellent and were motivated

Lot of students were interested and motivated to opt of career in education sector

Registration fee (if any): NA

List of Participants: Details as per entered in Registration form is submitted to EOC coordinator

Number of male students participated in activity: 10

Number of female students participated in activity: 85

Number of teaching staff participated in activity: 1

Number of non- teaching staff participated in activity: 0

Organizing body: PDPIAS & EOC

Collaborating agency (If any): NA

Name of the scheme (If any): NA

Total Budget sanctioned for the activity: NA

Accounts details: No expense was incurred

Overall impact of workshop: Excellent

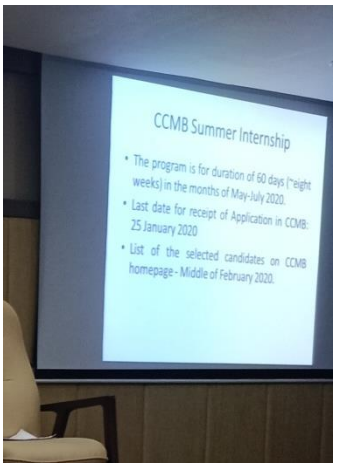
Photographs of the event

Dr. Markande introducing topic (PDPIAS Auditorium_08/01/2020)

Students attending the session (PDPIAS Auditorium_08/01/2020)

Dr. Makrkande explaining about AISEC **(PDPIAS Auditorium_08/01/2020)**

Students interacting with experts (PDPIAS Auditorium_08/01/2020)



Expert explaining about CCMB summer internship program (PDPIAS Auditorium_08/01/2020)

Students giving feedback and asking questions (PDPIAS Auditorium_08/01/2020)

Department Coordinator Sign:

EOC coordinator

(Janki N Thakker, PDPIAS)

Head of Institute Sign

To
Chairperson
EOC
CHARUSAT, Changa

CHARUSAT UNIVERSITY OF SCIENCE AND TECHNOLOGY (CHARUSAT), CHANGA – 388 421

EQUAL OPPORTUNITY CELL

Event Report

Name of Department : Electronics & Communication

Name of Event : Women Fitness Programme

Date and Time of Event : 22nd February, 2020

Event coordinator : Poonam Thanki

Resource person details:

Sr. No.	Name of the resource person	Organization of resource person
1	Mr.Jatin Patel, Ms. Janki Patel	Certified Trainer

Event Schedule:

Date	Time	Session	Activity
22/02/2020	9:30am to 11:00 am	--	Women Fitness Programme

Summary of the Event (Maximum 200 words):

Women Fitness Programme was arranged by EC department under the aegis of EOC (Equal Opportunity Cell) .The last date to collect responses was 21st February, 2020.

Registration fee (if any):No

No. of Participants: 11

List of Participants:

Sr. No.	Name of Participant	Department/Institute
1	Dhara M Patel	EC/CSPIT
2	Falguni Raval	EC/CSPIT
3	Minal Shah	CE/CSPIT
4	Mayuri Popat	CE/CSPIT
5	Khushboo Patel	CE/CSPIT
6	Kruti Dhyani	CE/CSPIT
7	Nilam Desai	CMPICA
8	Arpita patel	EC/CSPIT
9	Dhara P Patel	EC/CSPIT
10	Nehal patel	IT/CSPIT
11	Kanchal Dave	CL/CSPIT

Accounts details:

Sr. No.	Details	Rupees
Income		
1.		
Expenses		
1.	Trainer Remuneration	2500
Total		**2500**

Overall impact of workshop: Excellent/Very Good/Good/Average/Poor

Photographs of the event with captions (at least six photographs):

NOTICE

Equal Opportunity cell (PDPIAS)

As part of Equal opportunity cell we have arranged an expert talk on "Carrear opportunities in education sector for Science students"

Details of the Expert lecture are as follows

Date of event	26th February, 2020 (Wednesday)
Time/duration of event	01.15 pm –03.15 pm
Name of event	Carrear opportunities in education sector for Science students
Venue	PDPIAS Conference Hall
Name of Resource person	Head , Education Department, R H Pated B.Ed. College, Faculty of Education, Kadi Sarva Vishvavidhyalaya, Gandhinagar

For registration, EOC coordinators are requested to send the names of interested students to jankithakker.bt@charusat.ac.in

Janki N Thakker

(EOC coordinator, PDPIAS)

CHAROTAR UNIVERSITY OF SCIENCE AND TECHNOLOGY (CHARUSAT), CHANGA – 388 421

EQUAL OPPORTUNITY CELL

Event Report

Name of Department: PDPIAS

Name of Event : Expert talk on Career opportunities in Education sector

Date and Time of Event : 26th February 2020, 01.15pm – 03.15 pm

Event coordinator : Dr. Janki N. Thakker

Resource person details:

Sr. No.	Name of the resource person	Organization of resource person
1	Dr. Pratibha Dixit	Assistant Professor , Education Department, R H Pated B.Ed. College, Faculty of Education, KadiSarvaVishvavidhyalaya, Gandhinagar
2	Dr. Vinita Adwani	Assistant Professor , Education Department, R H Pated B.Ed. College, Faculty of Education, KadiSarvaVishvavidhyalaya, Gandhinagar

Event Schedule:

Date	Time	Session	Activity
26/02/2020	01.15 pm – 03.15 pm	one	Expert Talk

Summary of the Event :

Dr. Thakker, introduced the speaker to the participants.

Instead of Dr. KusumR.YadavPh,D. (Education) , Dr. Pratibha Dixit and Dr. Vinita Adwani from Faculty of Education took the sessions

Dr. Vinita has 15 years of teaching and research experience

Dr. Pratibha had 3 years of teaching experience

Dr. Pratibhastarted with introduction of topic and explained the importance of the career in education sector

She explained about the how a student can get admission in any BEd college and further do MEd.

What is the curriculum of Bed and Med? How it will help in developing teaching skills and overall personality?

What is the salary structure for Primary, secondary and Higher secondary teachers?

Dr. Vinita Adwani also further explained that after teaching for some years students can become Principal of the school and can be in direct decision making and help in development.

They also discussed that there is lot of demand of teachers as lot of schools are opening.

They explained that in last semester of Bed, they have internship in which students are placed in some school and they get stipend ranging from 10,000 to 25000. Stipend can cover fees of all semester and after that students get placed.

Students asked few questions which Dr. Adwani and Dr. Dixit addressed

Dr. Thakker gave momento to eperts and thanked her for motivating students.

After analysis of feedback forms, it indicated that

- They found relevant to their needs most extend and some of them found very releavent
- Students also found the facilitator very enthusiastic, with good communications skills, timely managed. Most of them found these qualities excellent
- Students rated the overall program excellent and were motivated

Lot of students were interested and motivated to opt of career in education sector

Registration fee (if any): NA

List of Participants: Details as per entered in Registration form is submitted to EOC coordinator

Number of male students participated in activity: 35

Number of female students participated in activity: 50

Number of teaching staff participated in activity: 1

Number of non- teaching staff participated in activity: 0

Organizing body: PDPIAS & EOC

Collaborating agency (If any): NA

Name of the scheme (If any): NA

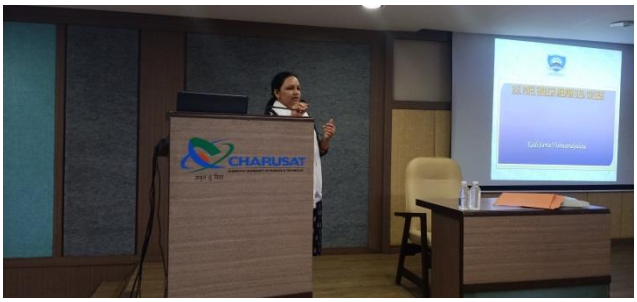
Total Budget sanctioned for the activity: NA

Accounts details: No expense was incurred

Overall impact of workshop: Excellent

Photographs of the event

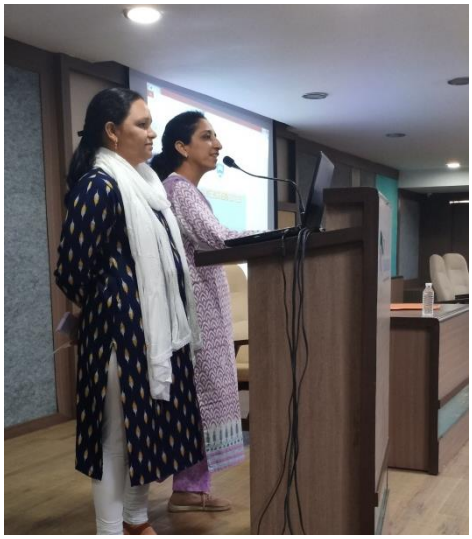
Dr. Vinita Adwani delivering talk (PDPIAS Auditorium_26/02/2020)



Dr. Pratibha Dixit delivering talk (PDPIAS Auditorium_26/02/2020)

Students attending sessions (PDPIAS Auditorium_26/02/2020)

Students interacting with experts (PDPIAS Auditorium_26/02/2020)



Experts addressing students queries (PDPIAS Auditorium_26/02/2020)

Students giving feedback (PDPIAS Auditorium_26/02/2020)

Department Coordinator Sign:

EOC coordinator

(Janki N Thakker, PDPIAS)

Head of Institute Sign

To
Chairperson
EOC
CHARUSAT, Changa

CHAROTAR UNIVERSITY OF SCIENCE AND TECHNOLOGY[CHARUSAT]

Faculty of Medical Sciences

MANIKAKA TOPAWALA INSTITUTE OF NURSING

Report on

Creative Salad Making Competition

Date of event	**: 12/03/2020**
Date of Submission	**: 18/03/2020**
Organizers	**: Equal Opportunity Cell, Manikaka Topawala Institute of Nursing**
Venue	**: Nutrition laboratory, MTIN.**
Submitted By	
Name	**: Mrs. Binal Joshi**
Designation	**: Assistant professor**
Department	**: Nursing**
Email	**: binaljoshi.nur@charusat.ac.in**

Endorsed by

Principal

19/03/2020

PRINCIPAL

MANIKAKA TOPAWALA INSTITUTE OF NURSING
CHARUSAT CAMPUS - CHANGA.
AT. CHANGA - 388 421
TA. PETLAD, DIST. ANAND (GUJARAT)

Seal and Signature

MANIKAKA TOPAWALA INSTITUTE OF NURSING
CHARUSAT CAMPUS CHANGA

Report On

Creative Salad Making Competition

Date: 12 /03/2020 **Day: Thursday** **Timings: 10.00 a.m. to 1.30 p.m.**

I. Introduction

Being Healthy is a personal choice every human should be consciously aware of.

A diet rich in vegetables and fruits can lower blood pressure, reduce the risk of heart disease and stroke, prevent some types of cancer, lower risk of eye and digestive problems, and have a positive effect upon blood sugar, which can help keep appetite in check. Fruit and vegetables should be an important part of your daily diet.

They are naturally good and contain vitamins and minerals that can help to keep us healthy. They can also help protect against some diseases. Review suggest that we should eat at least five serves of vegetables and two serves of fruit each day.

Learning the importance of exercise to eating healthy food was something the students learnt on the occasion of Salad Making Competition. With great enthusiasm, our faculty and students took an initiative to celebrate it. It was a unique experience to come together for one day to promote actions that can improve our health.

II. Objectives

Objective of the event is

To inculcate healthy food habits and awareness regarding the choice of food among the youth and creating creativity among the group of students.

To create awareness about importance of healthy foods in diet.

To bring out intellectuality and creativity with use of limited resources

To identify various nutrients available in fruits and vegetables.

To identify types of diseases induced by unhealthy foods.

III. Participants/Beneficiaries:

The Faculties and students from department of Engineering, IT and Nursing

IV. Agenda

Sr. No.	Creative Salad Making competition		Beneficence
1.	10.00 a.m. to 10.15. a.m.	Registration and Briefing	Faculty and Students of CHARUSAT
2.	10.15 a.m. to 11.15 a.m.	Competition Proper (1 hour)	
3.	11.15 a.m. to 11.45 a.m.	Final Judging	
4.	11.45 a.m. to 12.15 p.m.	Prize and Certificate Distribution	
5.	12.15 p.m. to 12.30 p.m.	Vote of thanks and concluding the event	

V. In detail explanation of the Event

MTIN Has Organized Salad Making Competition under the ages of Equal Opportunity Cell on date12 March 2020. The competition was started in the morning 10.00 a.m.in the morning.

The main focus of the Competition was not only the preparation of salads but also upon their artistic presentation which carried an aesthetic aspect. Students were allotted code numbers and tools to prepare the salad. Students were offered five different fruits (apple, banana, orange, pomegranate and grapes and three vegetables (cucumber, beetroot and carrot).Participants were allotted one hour to prepare salads under predetermined rules communicated well in advance to them. Faculty and students from different Institutes had participated in the event. Equal emphasize was on the hygienic considerations which was to be kept in view while preparing and dressing the final preparation. Participant wear allowed to use maximum five resources of their own if they want. An hour is provided to all participants to prepare their dishes and garnishing.

Active involvement of faculty and students was observed in Salad Decoration Competition. Participants displayed copious types of both vegetable and fruit salads under the following themes such as beautiful Birds, Beach safari and save birds, Salad Safari, desert and oasis, Humanity, Save girls, Salad Bird, Incredible salad, indo Nigerian

fruit salad, save birds, Parrot, Lord Ganesh, the butterfly salad, chocovitis, Rangoli salad the Peacock salad etc. All the participants were allotted separate table for their presentation of salads. Gayatri madam (Assistant Professor, RPCP) and Arpita madam (Assistant Professor, Department of Engineering) were invited as Judge. The competition has the following criteria for judging: 10 points for Workmanship, 10 points for Presentation (which includes creative description for presentation), 10 points for Taste, 10 points for Creativity for a total of 40 points. Judges went to each participant to look for creativity and presentation for final judging.

The competition was inaugurated by both the invited guest : Gayatri madam (Assistant Professor, RPCP) and Arpita madam (Assistant Professor, Department of Engineering). Dr. Anil Sharma(Principal, MTIN) has visited the exhibition and congratulated all the participants for their active participation and creativity . The students had presented their salad under above mentioned themes and artistic explanation. They explained theme, ingredients, recipe, nutritive value and importance of healthy diet a ingredients used for preparation. They articulately performed the plating of their favorite salad chopping and used a wide variety of salad dressing. They showed a lot of creativity by decorating the salads with shapes of animals, flowers, humans, and umbrella and water melon. The artists felt delighted as they were given a platform to bring out their innovation in the form of salad decoration.

At the end of session first, second and third ranks were rewarded to the students with prizes. There was a tie at the third prize,. Judges awarded two prizes at the third rank. Other students were rewarded with certificates. After certificate distribution there was a time for vote of thanks and concluding the event. First Arpita Madam expressed her feelings about the competition. She explained the importance about diet in health and fitness. She also stressed on including healthy food in diet and prevent the obesity and diseases induced by unhealthy diet. After that Gayatri madam had expressed her experience regarding participation of students and preparation of salads. She appreciated all the efforts of the students. She also explained importance of healthy diet and balanced diet. She encouraged the students to adopt the healthy life style and be

stress free. She motivated all the young one to avoid junk foods and manage the life style and stress. she explained about sufficient sleep pattern and meditation too.

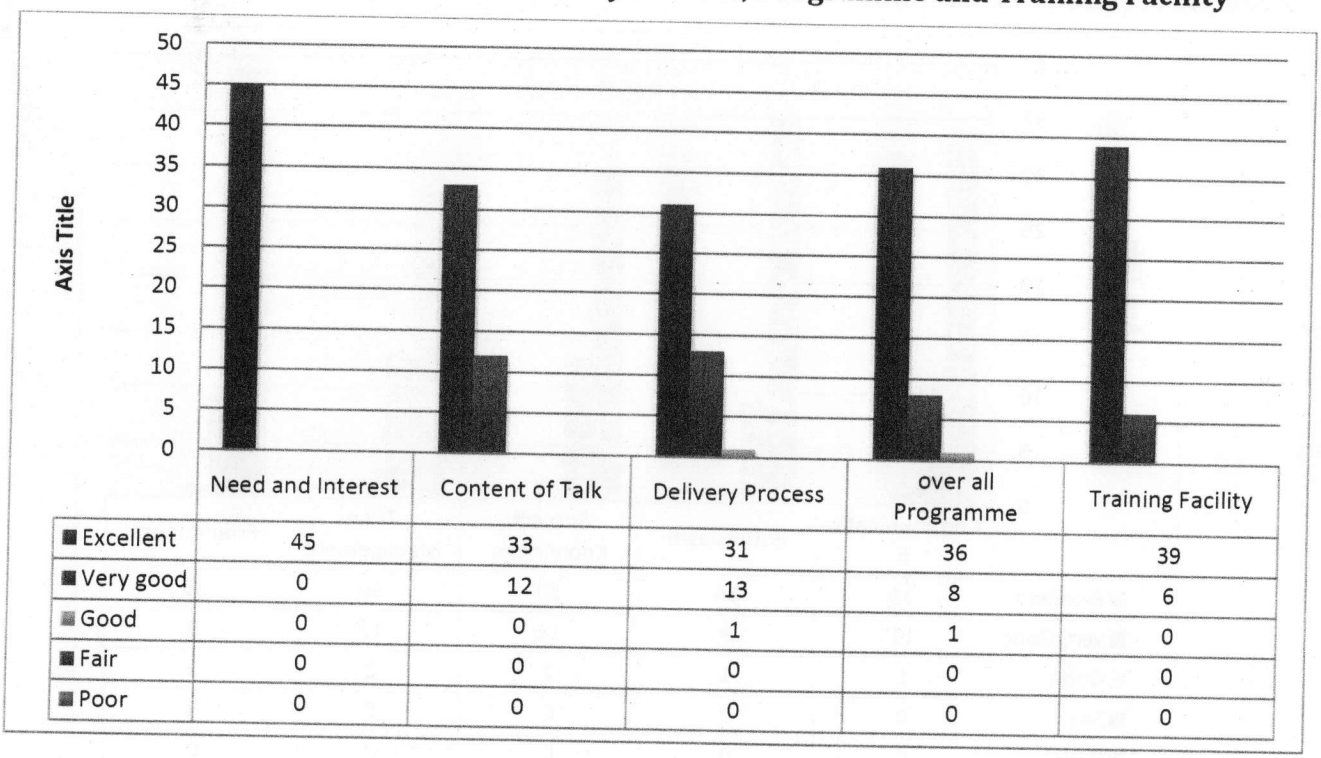
The best part of our competition was the open mindedness that our Faculty and students portrayed while eating the fruit salad that they had prepared. They also appreciated and thanked to us for organizing such informative and entertaining competition. All the participants had enjoyed the salad competitional the end of the day the students understood: To enjoy the glow of good health, they must exercise and eat a balanced meal.

Feedback Analysis Report

A) 45 Participants were participated in this program.

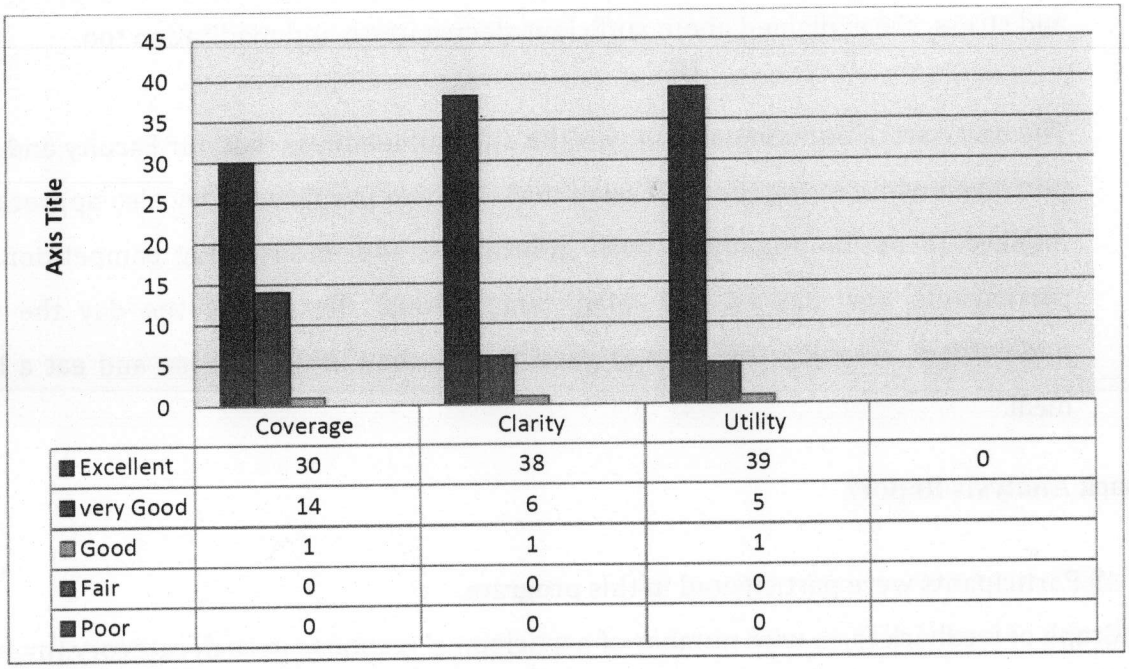
B) Graph of feedback form with number of participants' response in each category.(n=45)

Feedback Related To Need, Content, Delivery Process, Programme and Training Facility



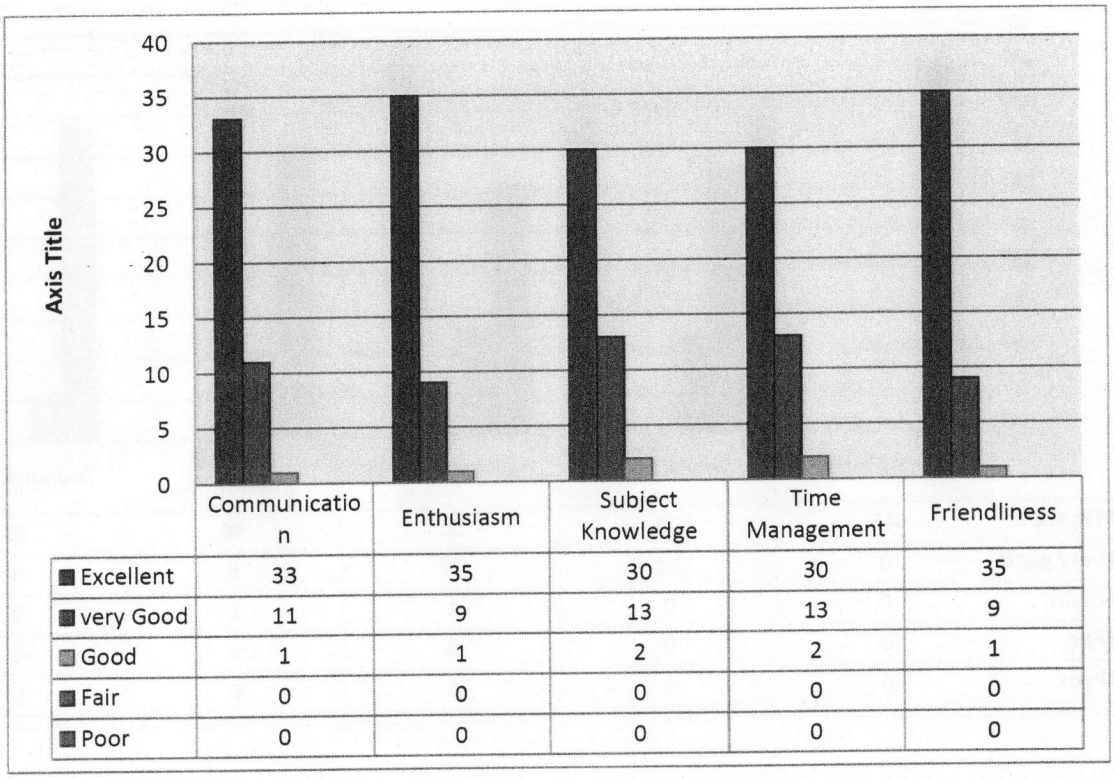
	Need and Interest	Content of Talk	Delivery Process	over all Programme	Training Facility
Excellent	45	33	31	36	39
Very good	0	12	13	8	6
Good	0	0	1	1	0
Fair	0	0	0	0	0
Poor	0	0	0	0	0

Feedback Related To Content



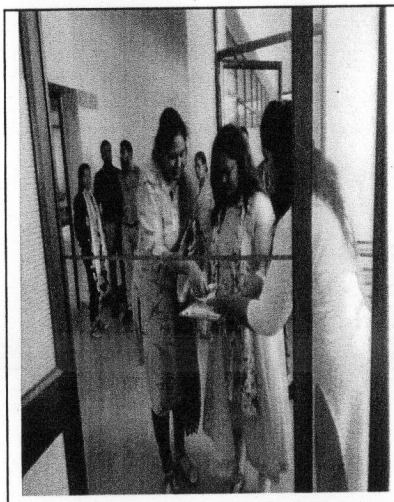
	Coverage	Clarity	Utility	
Excellent	30	38	39	0
very Good	14	6	5	
Good	1	1	1	
Fair	0	0	0	
Poor	0	0	0	

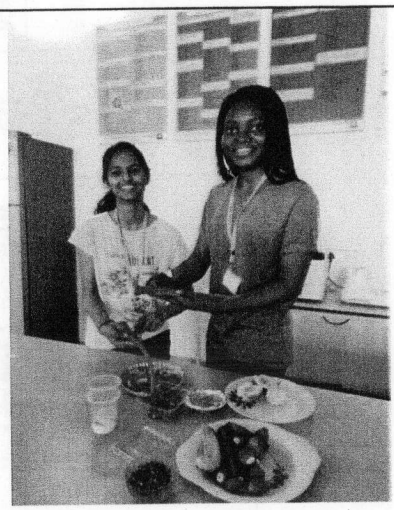
Feedback related to Facilitator



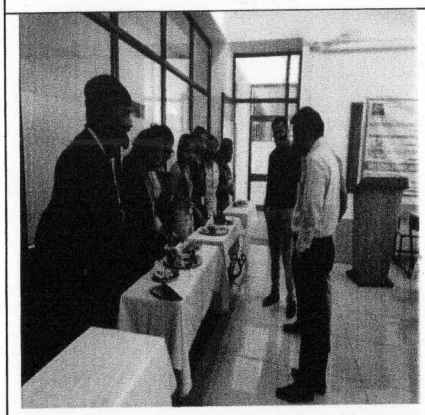
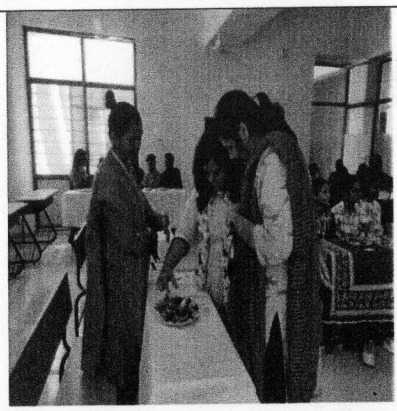
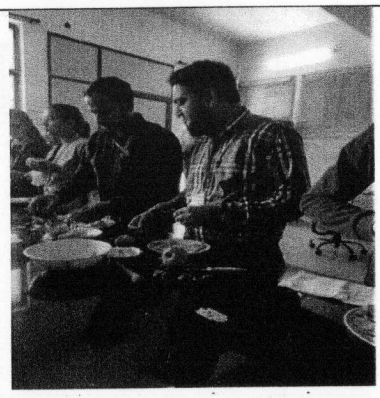
	Communication	Enthusiasm	Subject Knowledge	Time Management	Friendliness
Excellent	33	35	30	30	35
very Good	11	9	13	13	9
Good	1	1	2	2	1
Fair	0	0	0	0	0
Poor	0	0	0	0	0

Photographs of the event with captions:

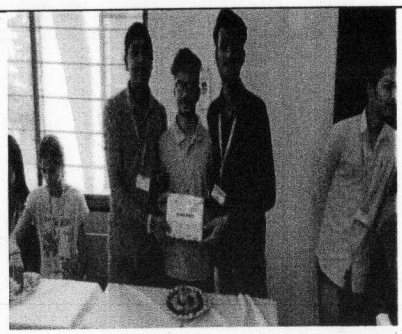




1. **Arpita madam and Gayatrimadam is inagurating the salad making competetion.**
2. **and 3. Faculty and student Preparing the salads**

3. Dr. Anil Sharma visiting the exhibition and motivating students and faculties
4. Participant preparing an dpresenting the salads
5. Arpita madam and Gayatrimadam distributing the prizes among the students



VI. Financial Support Received:

Name of teacher	PAN No.	Event Type	Event level (Institute/ University / State/ National/ International)	Event title	Event organizing body	Date - From	Date - To	Type of participation (Delegate/ Paper Presenter/ Resource Person/ Session Chair/ Judge/ Member of organizing committee etc.)	Financial support received from CHARUSAT (INR)	Financial support received from other agencies/bodies	
										Name of agency/ body	Amount (INR)
Ms. Binal Joshi	AFPPJ1040P	Expert Talk under the aegis of EOC	University	Salad Making Competition	MTIN	12/03/2020		Event -coordinator	4036/-	-	-

CHAROTAR UNIVERSITY OF SCIENCE AND TECHNOLOGY [CHARUSAT]

Faculty of Medical Sciences

MANIKAKA TOPAWALA INSTITUTE OF NURSING

Report on

Creative Salad Making competition

Under The Aegis of Equal Opportunity Cell

Date of event	**: 12/03/2020**
Date of Submission	**: 18/03/2020**
Organizers	**: EOC, Manikaka Topawala Institute of Nursing**
Venue	**: Nutrition Laboratory, classroom 208, MTIN.**
Submitted By	
Name	**: Mrs. Binal Joshi,**
Designation	**: Assistant professor**
Department	**: Nursing**
Email	**: binaljoshi.nur@charusat.ac.in**

MANIKAKA TOPAWALA INSTITUTE OF NURSING
CHARUSAT CAMPUS CHANGA

Endorsed by

Principal

19/03/2020

PRINCIPAL
MANIKAKA TOPAWALA INSTITUTE OF NURSING
CHARUSAT CAMPUS - CHANGA.
AT. CHANGA - 388 421
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Seal and Signature

CHARUSAT UNIVERSITY OF SCIENCE AND TECHNOLOGY (CHARUSAT), CHANGA – 388 421

EQUAL OPPORTUNITY CELL

Report on

Creative Salad Making competition

Name of Department : **Manikaka Topawala Institute of Nursing**

Name of Event : **Creative Salad Making competition**

Date and Time of Event : **12th March, 2020 (Thursday), 10.0 a.m. to 01.00 p.m.**

Event coordinator : **Binal Joshi**

Event Schedule:

Sr. No.	Creative Salad Making competition		Beneficence
1.	10.00 a.m. to 10.15. a.m.	Registration and Briefing	Faculty and Students of CHARUSAT
2.	10.15 a.m. to 11.15 a.m.	Competition Proper (1 hour)	
3.	11.15 a.m. to 11.45 a.m.	Final Judging	
4.	11.45 a.m. to 12.15 p.m.	Prize and Certificate Distribution	
5.	12.15 p.m. to 12.30 p.m.	Vote of thanks and concluding the event	

Summary of the Event:

MTIN Has Organized Salad Making Competition under the ages of EOC with the objective to inculcate healthy food habits and awareness regarding the choice of food among the youth and creating creativity among the group of students. Presentation of salad will also make them aware about sources of nutrients, process of metabolism and importance of healthy and natural in diet. The competition was started in the morning 10.00 a.m. Students were allotted code numbers and tools, fruits and vegetables to prepare the salad. Participants were allotted one hour to prepare salads under predetermined rules communicated well in advance to

them. Faculty and students from different institute had participated in the event. At the end of session first, second and third ranks were rewarded to the students with prizes. Other students were rewarded with certificates. After certificate distribution there was a time for vote of thanks and concluding the event. First Arpita Madam expressed her feelings about the competition. She explained the importance about diet in health and fitness. She also stressed on including healthy food in diet and prevent the obesity and diseases induced by unhealthy diet. After that Gayatri madam had expressed her experience regarding participation of students and preparation of salads. She appreciated all the efforts of the students. She also explained importance of healthy diet and balanced diet. She encouraged the students to adopt the healthy life style and be stress free. She motivated all the young one to avoid junk foods and manage the life style and stress. she explained about sufficient sleep pattern and meditation.

Registration fee (if any): None

No. of Participants: 42

List of Participants: Attached Attendance sheet
Accounts details:

Sr. No.	Details	Rupees
Income		
1.	Charusat, Changa	5000
Expenses		
1.	Banner	500
2.	Fruits	1800
3.	Vegetables	350
4.	Prizes(4),Paper dish and bowl, knives	966
5.	Certificates	420
	Total	4036

Overall impact of workshop: Excellent

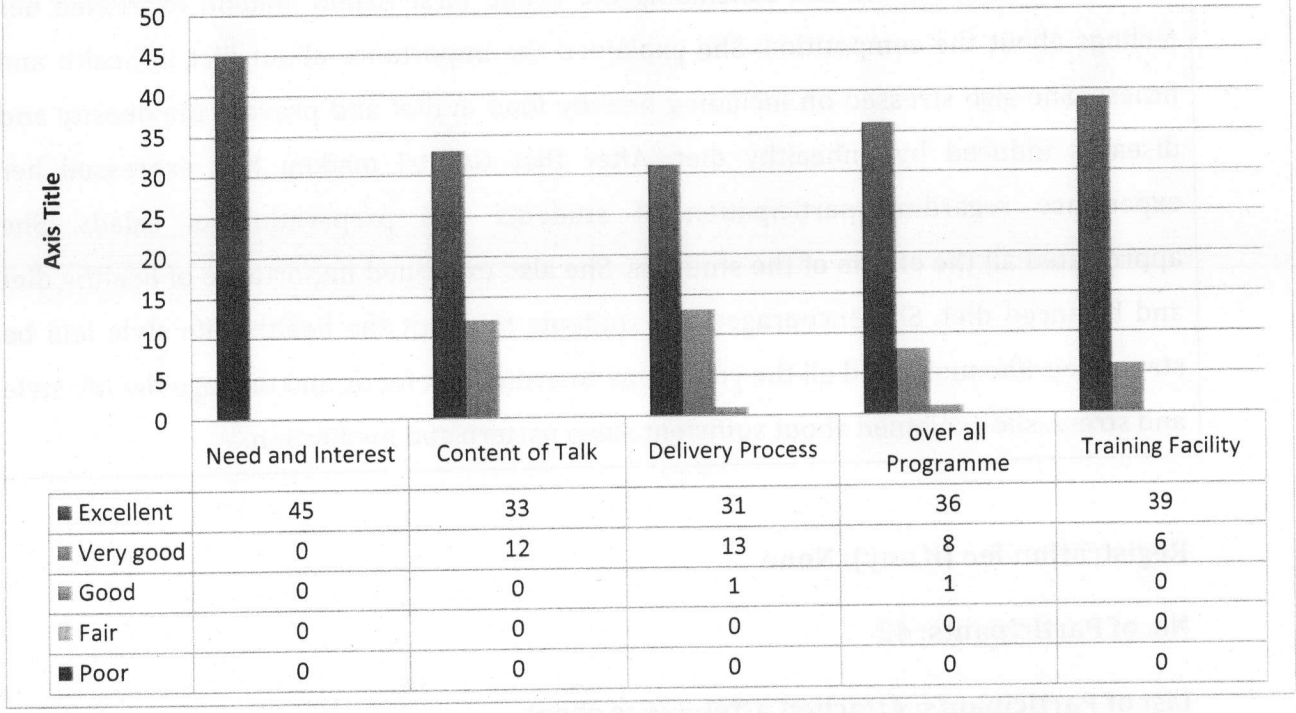
Feedback Analysis Report

Feedback Analysis report:

A) 45 Participants were participated in this program.

B) Graph of feedback form with number of participants' response in each category.(n=45)

Feedback Related To Need, Content, Delivery Process, Programme and Training Facility



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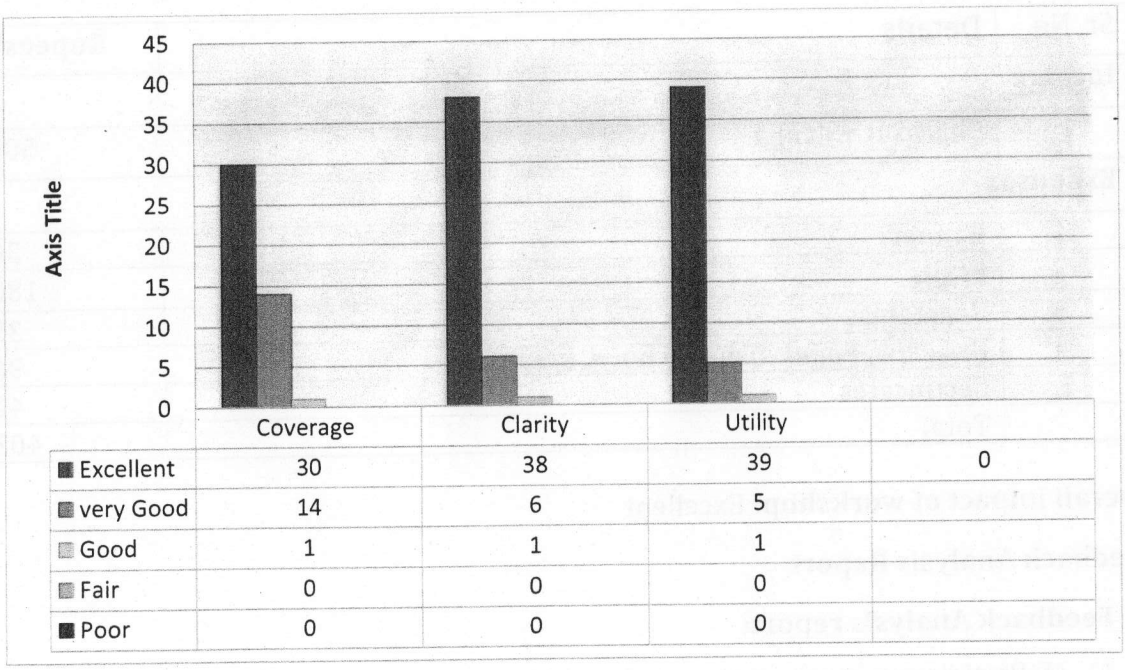

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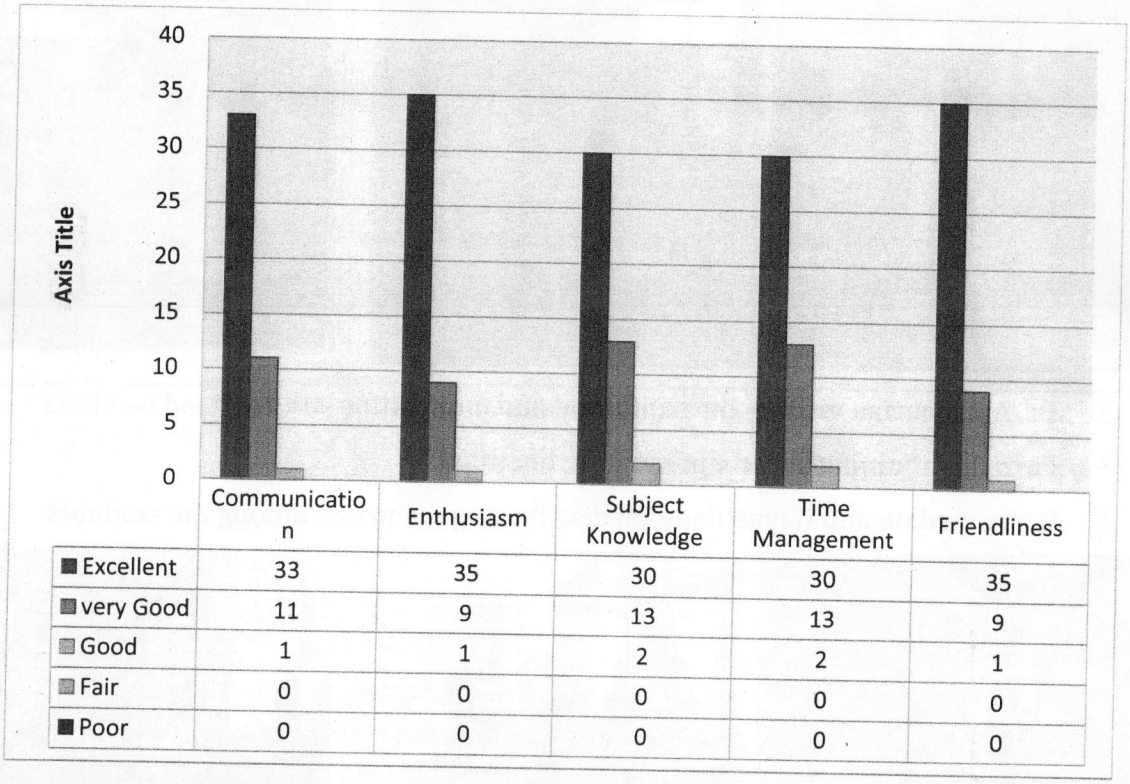

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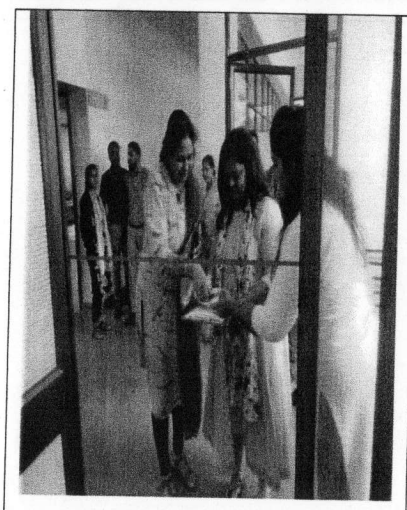

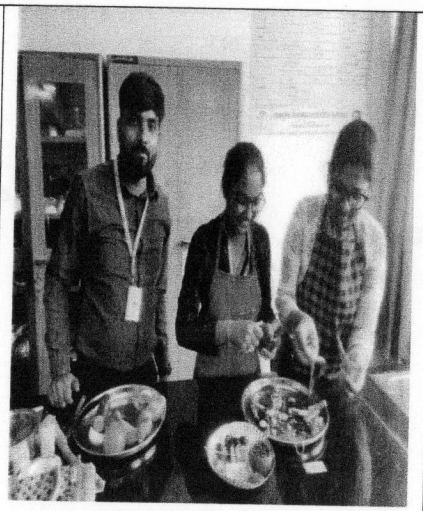

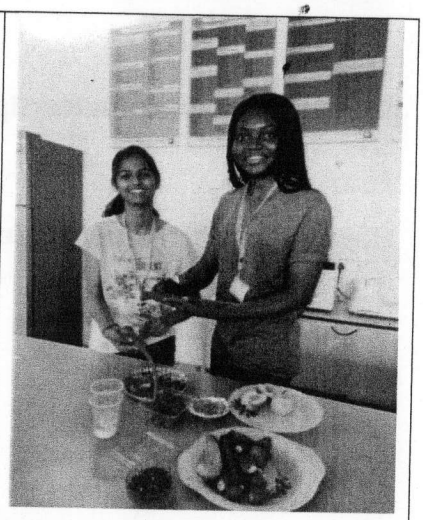

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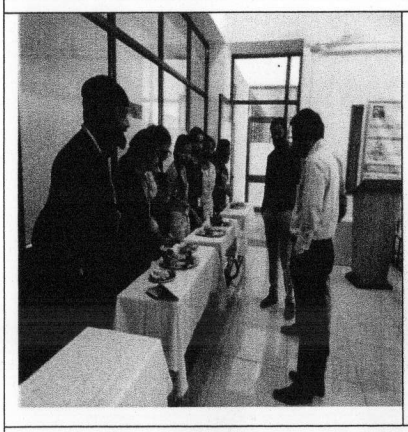
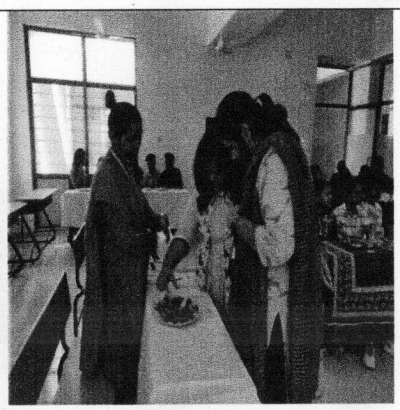
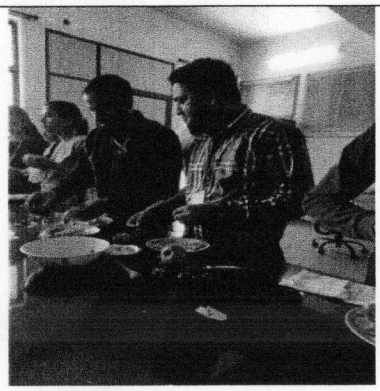

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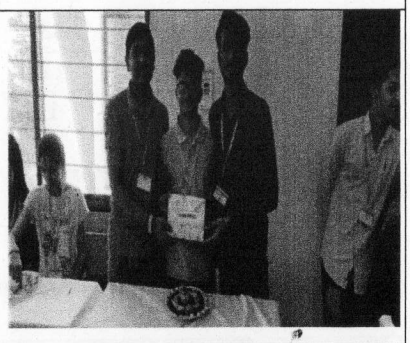

Department Coordinator Sign:

Head of Department/Institute Sign: 20/03/2020

To
Chairperson
EOC
CHARUSAT, Changa

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CHAROTAR UNIVERSITY OF SCIENCE AND TECHNOLOGY (CHARUSAT), CHANGA – 388 421

EQUAL OPPORTUNITY CELL

Event Report

Name of Department : CHAMOS Matrusanstha Department of Mechanical Engineering

Name of Activity : Event on Poster Presentation Competition on "Is education only for employment?"

Date and Time of Activity : Tuesday 28th January 2020, 01.00 pm onwards

Coordinator of Activity : **Dr. Dattatraya G. Subhedar**

Schedule of Activity:

Date	Time	Session	Activity
28/01/2020	01.00 pm	01 pm to 02 pm	* Poster Presentation

Summary of the Event (Maximum 200 words):

Aim of Education is to empower enlighten our life with employment. To give opportunity to know the importance of education in human life other than employment, the poster presentation event on " Is education only for Employment" was organized by department of Mechanical Engineering, CHARUSAT Changa under agies of Equal opportunity cell on 28th January 2020. Through this event participants get chance to know the importance of education also they can explore the skill to present their ideas smartly in limited poster space.

From this activity participants get opportunity:

- To get chance to explore how to represent their ideas on the poster.
- To know the importance of education other than employment.

Registration fee (if any): Nil

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List of Participants: **Registration sheet attached**
No. of Participants: 07

Number of female participated in activity: **01**

Number of male participated in activity: **06**

Organizing body: **CHARUSAT**

Total Budget sanctioned for the activity: **Rs 5850/-**

List of Participants: Registration sheet is attached

Accounts details:

Sr. No.	Details	Rupees
Income		
1.	Nil	Nil
Expenses		
1.	Banner	180.00
2.	Certificates & Prize	2061.00
Total	**Amount in words Rs. Two Thousand Two Hundred Forty One only.**	**2241.00**

Overall impact of workshop: Very Good

Photographs of the event with captions:

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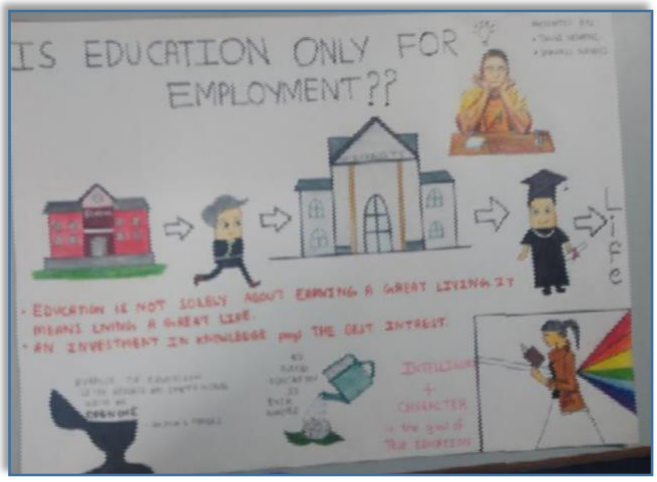
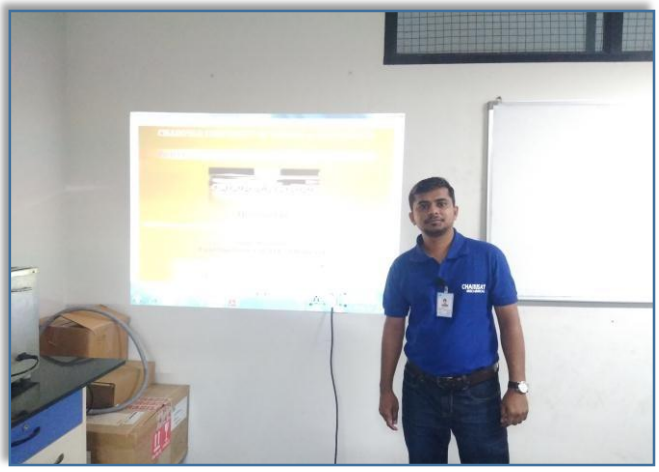
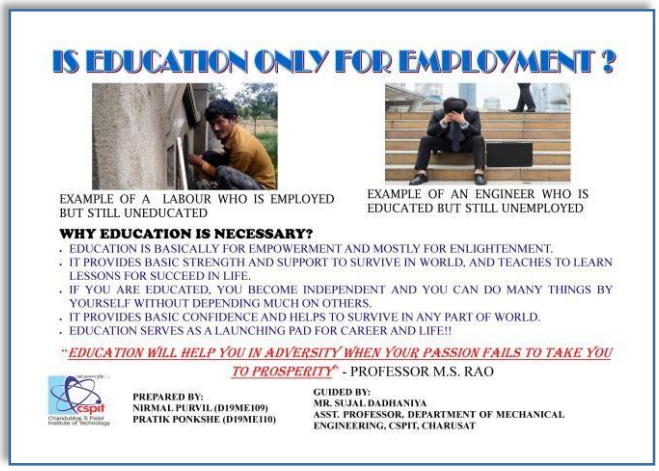
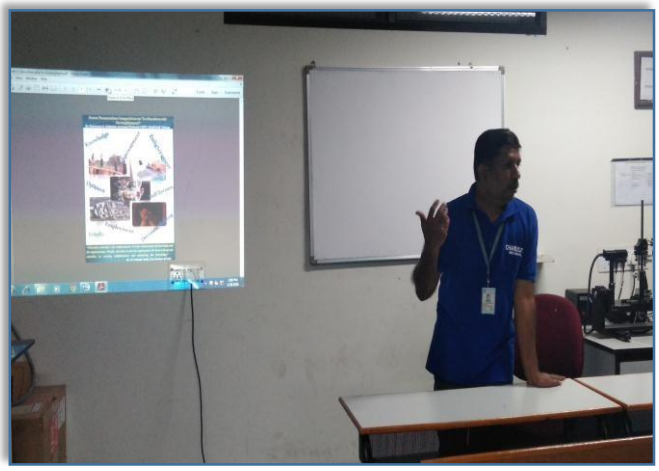

IS EDUCATION ONLY FOR EMPLOYMENT??
Life
EDUCATION IS NOT SOLELY ABOUT EARNING A GREAT LIVING IT MEANS LIVING A GREAT LIFE.
AN INVESTMENT IN KNOWLEDGE pays THE BEST INTREST.
INTELLIGENCE + CHARACTER is the goal of TRUE EDUCATION

CHAROTAR UNIVERSITY OF SCIENCE & TECHNOLOGY
EDUCATION
Organized by




IS EDUCATION ONLY FOR EMPLOYMENT ?
EXAMPLE OF A LABOUR WHO IS EMPLOYED BUT STILL UNEDUCATED
EXAMPLE OF AN ENGINEER WHO IS EDUCATED BUT STILL UNEMPLOYED
WHY EDUCATION IS NECESSARY?
EDUCATION IS BASICALLY FOR EMPOWERMENT AND MOSTLY FOR ENLIGHTENMENT.
IT PROVIDES BASIC STRENGTH AND SUPPORT TO SURVIVE IN WORLD, AND TEACHES TO LEARN LESSONS FOR SUCCEED IN LIFE.
IF YOU ARE EDUCATED, YOU BECOME INDEPENDENT AND YOU CAN DO MANY THINGS BY YOURSELF WITHOUT DEPENDING MUCH ON OTHERS.
IT PROVIDES BASIC CONFIDENCE AND HELPS TO SURVIVE IN ANY PART OF WORLD.
EDUCATION SERVES AS A LAUNCHING PAD FOR CAREER AND LIFE!!
"EDUCATION WILL HELP YOU IN ADVERSITY WHEN YOUR PASSION FAILS TO TAKE YOU TO PROSPERITY" - PROFESSOR M.S. RAO
PREPARED BY:
NIRMAL PURVIL (D19ME109)
PRATIK PONKSHE (D19ME110)
GUIDED BY:
MR. SUJAL DADHANIYA
ASST. PROFESSOR, DEPARTMENT OF MECHANICAL ENGINEERING, CSPIT, CHARUSAT



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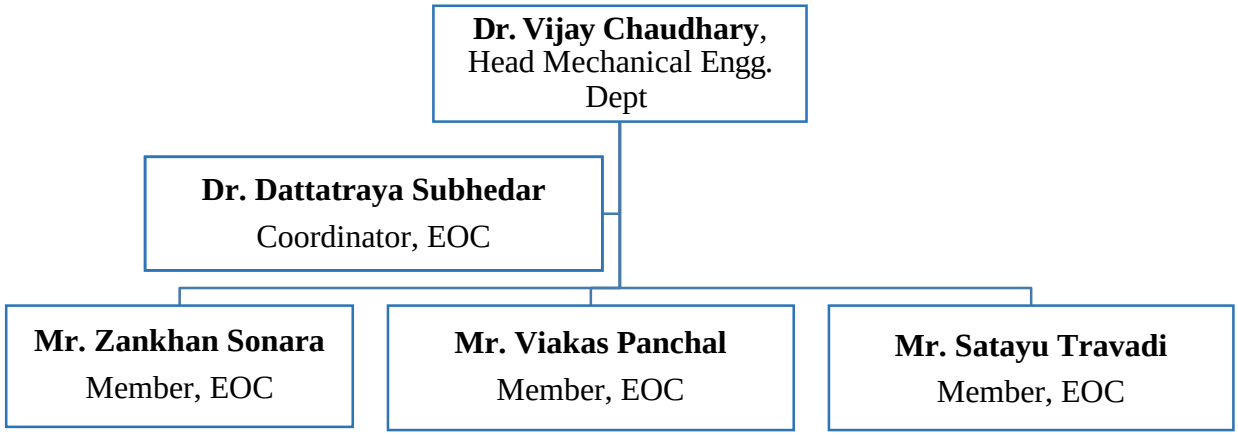
EOC Event Committee, Mechanical Engineering Department:



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CHAROTAR UNIVERSITY OF SCIENCE AND TECHNOLOGY (CHARUSAT), CHANGA – 388 421

EQUAL OPPORTUNITY CELL

Event Report

Name of Department : CHAMOS Matrusanstha Department of Mechanical Engineering

Name of Activity : Event on "Winter Night stay at CHARUSAT Campus on Eve of Republic Day"

Date and Time of Activity : Saturday 25th January 2020, 05.00 pm onwards

Coordinator of Activity : **Dr. Dattatraya G. Subhedar**

Schedule of Activity:

Date	Time	Session	Activity
25/01/2020 to 26/01/2020	05.00 pm – 09.00 am	Night	* CHARUSAT Campus visit at night. * India Map Making * Food Preparation * Musical Activity * Other Campfire activity

Summary of the Event (Maximum 200 words):

We found that due to hectic routine work human may forgot the own identity and liking. Event on "Winter Night stay at CHARUSAT Campus on Eve of Republic day was planned for faculties to give them opportunity to get involved, express themselves, and learn a bit more about their peers and themselves. Living at different time than the routine timing in the same working place can also create new energy and harmony with the place. All the participants stay whole night on the eve of 25th January 2020 in the Mechanical Engineering Department. They draw India MAP with wood waste. They prepare their night food "Khichadi –Butter milk" by collective effort. Many hidden qualities like music, singing, drawing, food preparation f faculties get explored on this occasion. Beauty of campus was experienced by the faculties.

`

From this activity participants get opportunity:

- To see the beauty of the campus at evening as well as night.
- To show their talent like music, singing, food making, drawing etc.
- To know about each other
- Team work

Registration fee (if any): Nil

List of Participants: **Registration sheet attached**
No. of Participants: 33

Number of female participated in activity: **00**

Number of male participated in activity: **33**

Organizing body: **CHARUSAT**

Total Budget sanctioned for the activity: **Rs 6850/-**

List of Participants: Registration sheet is attached

Accounts details:

Sr. No.	Details	Rupees
Income		
1.	Nil	Nil
Expenses		
1.	Banner	180.00
2.	Food expenses	3967.00
3.	Accommodation (Gadala + Chorso +Tempo rent) 30 Person	600.00
4.	Certificates	663.00
5.	other expenses (Color Page, Marker Pen +poster colour+ Electrical bulb and wire etc)	302.00
Total	**Amount in words Rs. Five Thousand Seven Hundred Twelve only.**	**5712.00**

Overall impact of workshop: Very Good

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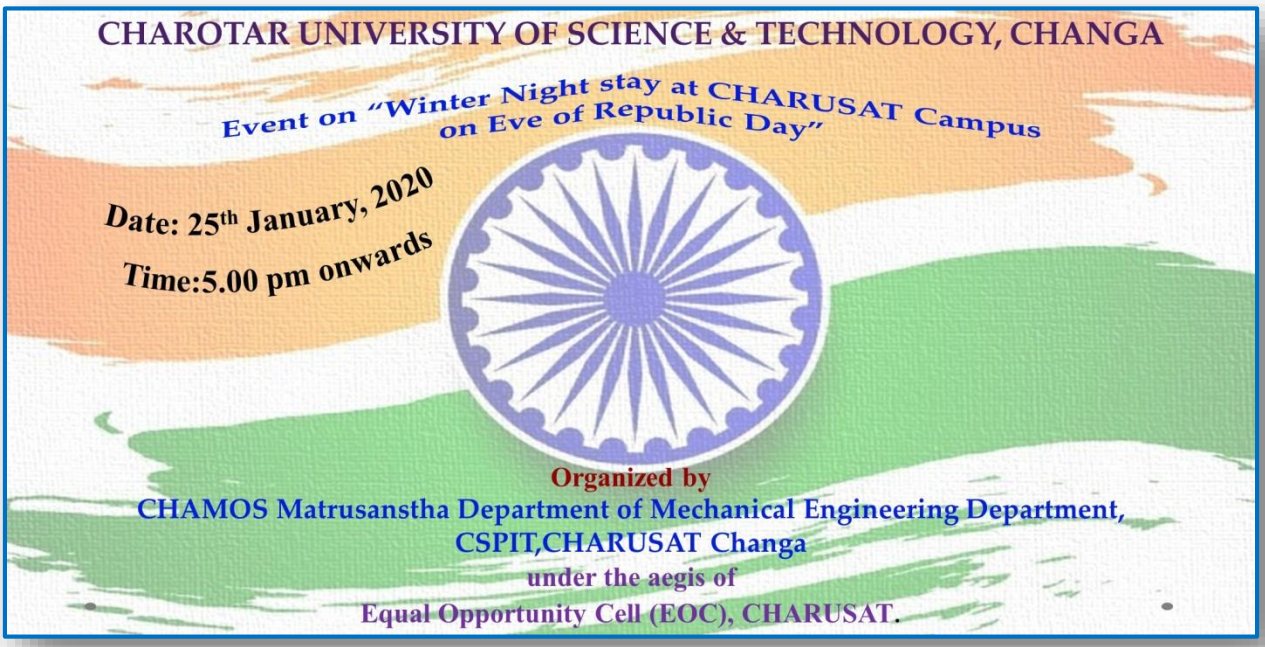
Photographs of the event with captions:



Banner of the Event

India Map using wood powder

`

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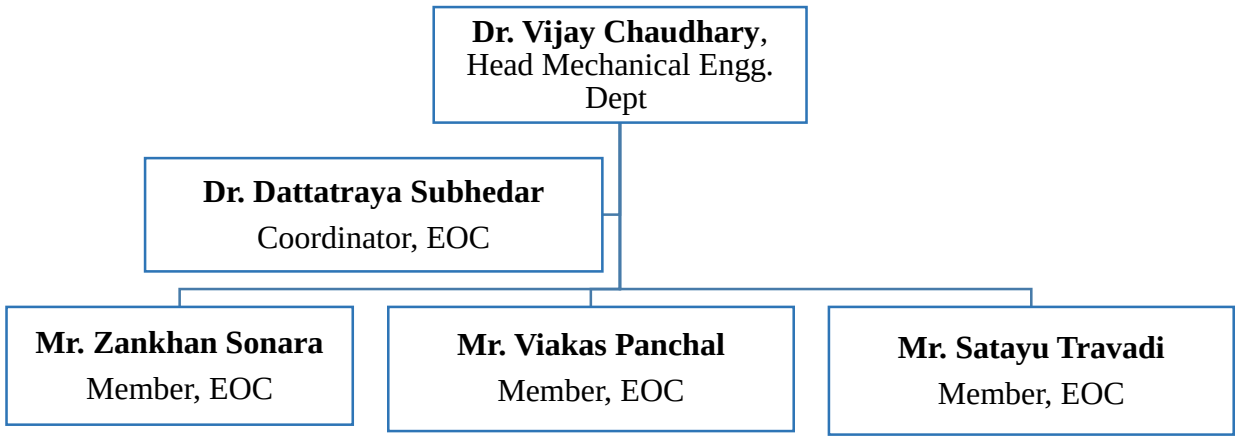
EOC Event Committee, Mechanical Engineering Department:



CHARUSAT UNIVERSITY OF SCIENCE AND TECHNOLOGY (CHARUSAT), CHANGA – 388 421

EQUAL OPPORTUNITY CELL

Event Report

Name of Department/Institute: U & P U. Patel Department of Computer Engineering

Name of Activity: THINGS TO REMOVE TO BECOME HAPPY

Date and Time of Activity : **21/04/2020,** 09:15 am to 10:45 am

Coordinator of Activity : **Dhaval Bhoi(CE)**

Resource person details:

Sr. No.	Name of the resource person	Organization of resource person
1	Dhaval Bhoi, Assistant Professor, U & P U. Patel Department of Computer Engineering	U & P U. Patel Department of Computer Engineering Department, CSPIT, CHARUSAT

Schedule of Activity:

Date	Time	Session	Activity
21st April, 2020 [Tuesday]	09:15 am to 10:45 am	• Welcome Address to the participants • Presentation by Resource Person • Vote of Thanks	THINGS TO REMOVE TO BECOME HAPPY

Summary of the Event (Maximum 200 words):

During COVID19, EOC, CE, CSPIT organized the event regarding "THINGS TO REMOVE TO BECOME HAPPY" was organized to help students and faculty members to remain happy and calm while managing day to day activities. Total 38 students of different departments and institutes participated and gain advantage of it. As this was different than other EOC activity due to its online mode execution using *zoom application* considering the COVID19 pandemic situation. Faculty member Mr. Rajesh Patel from DEPSTAR helped in this activity for its smooth execution.

Mr. Dhaval Bhoi, CE, EOC Coordinator addressed students regarding how a person can manage to remain happy. He nicely explained with real life examples the prime important topics like, how to to be in present, managing bad spending habits, how to face fear of failure and organizing lifestyle to help students.

We are very much thankful to Dr. Ritesh Patel for motivation and Mr. Rajesh Patel in helping and managing the well-organized fruitful session. All participants were happy and felt they could now be able to happy after attending this session and would really help them to improve their life.

Registration fee (if any): NIL

List of Participants & Other Details:

Sr No	Student ID	Student Name	Gender	Department	Institute
1.	18CE113	MITEN SHAH	Male	CE	CSPIT
2.	D19CE169	Mayank patel	Male	CE	CSPIT
3.	19ce032	Goradiya manan jayeshbhai	Male	CE	CSPIT
4.	18ce107	dheuv shah	Male	CE	CSPIT
5.	18CE108	Ghyan	Male	CE	CSPIT
6.	18CE064	Rushiraj Parekh	Male	CE	CSPIT
7.	18ee016	Anjali Lalwani	Female	EE	CSPIT
8.	18CE117	Vimarsh Shah	Male	CE	CSPIT
9.	18CE111	Karna shah	Male	CE	CSPIT
10.	19EE018	Raj Yashrajsinh	Male	EE	CSPIT
11.	18CE061	Padariya Jeel P.	Male	CE	CSPIT
12.	D17CE145	Rajvi Patel	Female	CE	CSPIT
13.	16ee043	Khushbu parmar	Female	EE	CSPIT
14.	19ce125	Krenil	Male	Ce	Cspit
15.	19EC044	Patel Het Vinodkumar	Male	EC	CSPIT
16.	18CE137	Rajiv Kumar Gupta	Male	CE	CSPIT
17.	17ec062	Sagar Patel	Male	EC	CSPIT
18.	18CE109	Jay Shah	Male	CE	CSPIT
19.	16ce068	jainil patel	Male	CE	CSPIT
20.	D18it134	Mansi Satpute	Female	IT	CSPIT
21.	D18it133	Nandini	Female	IT	CSPIT
22.	18IT120	Jimit Shah	Male	IT	CSPIT
23.	18IT080	Darshil Patel	Male	IT	CSPIT
24.	17IT058	Kunal Padia	Male	IT	CSPIT
25.	18CE114	SHAH SHAIL NILESHBHAI	Male	CE	CSPIT
26.	18CE119	Yash Jigeshkumar Shah	Male	CE	CSPIT

27.	17it117	Biraj Thanki	Male	IT	CSPIT
28.	16it041	nikunj khandar	Male	IT	CSPIT
29.	19it011	Jainam	Male	IT	cspit
30.	D19CE165	TIRTH JOSHI	Male	CE	CSPIT
31.	19IT058	Tejas Ladhani	Male	IT	CSPIT
32.	17ec071	Parikshit Rathode	Male	EC	Cspit
33.	19CE042	Kinana Hirani	Male	CE	CSPIT
34.	18BN012	Makvana kailash	Female	Bsc nursing	MTIN
35.	18bn011	Macwana Valency Ravikant	Female	Nursing	MTIN
36.	18bn042	Shina patel	Female	Nursing	MTIN
37.	18bn017	Parmar shruti	Female	BSc.nursing	MTIN
38.	17BN012	Padhiyar Zinal	Female	MTIN	MTIN

Number of male students participated in activity: 28

Number of female students participated in activity: 10

Number of teaching staff participated in activity: 01

Number of non- teaching staff participated in activity: 00

Organizing body: EOC

Collaborating agency (If any): ---

Name of the scheme (If any): ----

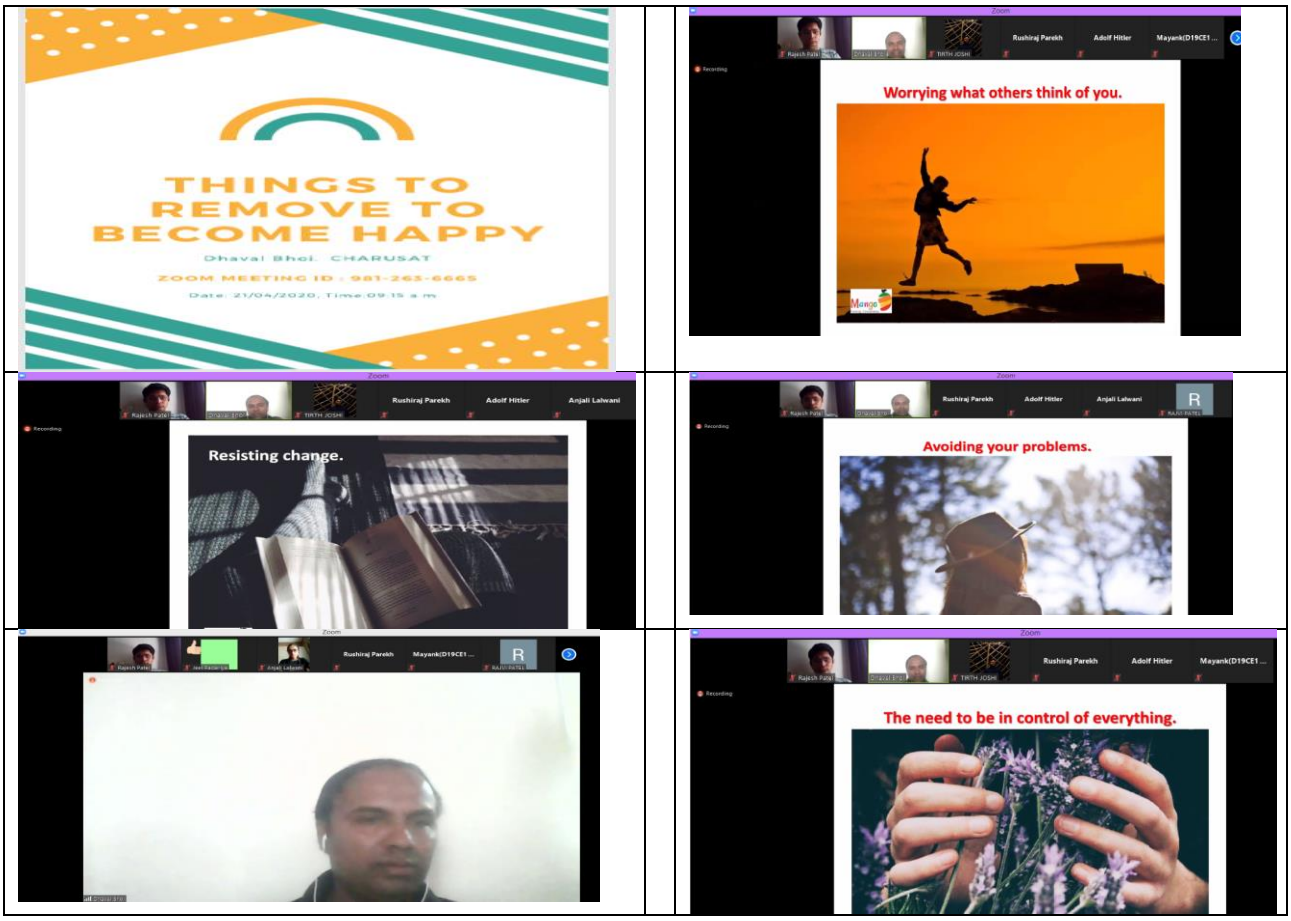
Total Budget sanctioned for the activity: ----

Accounts details:

Sr. No.	Details	Rupees
Income		
1.		
2.		
Expenses		
1.		
2.		
Total		

Overall impact of workshop: Excellent/Very Good/Good/Average/Poor

Photographs of the event with captions (at least six photographs):



CHARUSAT UNIVERSITY OF SCIENCE AND TECHNOLOGY (CHARUSAT), CHANGA – 388 421

EQUAL OPPORTUNITY CELL

Event Report

Name of Department/Institute: Smt. K D Patel Department of Information Technology / CSPIT

Name of Activity : An event to make video on " How to stay safe from COVID 19"

Date and Time of Activity: 25/3/2020 to 27/3/2020

Coordinator of Activity : Prof. Amit Parmar

Resource person details: NA

Schedule of Activity:

Date	Time	Session	Activity
25/3/2020 TO 27/3/2020	THREE DAYS	NA	It is a competition to make video on awareness

Summary of the Event (Maximum 200 words):

An event to make video on " How to stay safe from COVID 19" is the competition open for whole charusat family members. In the event, participants had to make video on awareness of COVID 19 precaution and preventions and submit to the coordinator and best and creative videos will win the competition. We received creative videos from participants and from them we were having two students as winner and runner up.

Registration fee (if any): There were NO registration fees.

List of Participants:

Sr. No.	Name of participant	ID No./ Employee code
1.	Nishit Patel	19IT105
2.	Harsh Bhatt	18EC088
3.	Binal Joshi	-
4.	Bhagirath Dodiya	17IT023

Number of male students participated in activity: 03

Number of female students participated in activity: 01

Number of teaching staff participated in activity: 01

Number of non- teaching staff participated in activity: 00

Organizing body: Smt. K D Patel Department of Information Technology / CSPIT

Collaborating agency (If any): NA

Name of the scheme (If any): NA

Total Budget sanctioned for the activity: NA

Photographs of the event with captions (at least six photographs):

This event was an online event and it also organized during lockdown period (Covid 19 lockdown so, there was no legitimate condition to click photograph

CHAROTAR UNIVERSITY OF SCIENCE AND TECHNOLOGY[CHARUSAT]

Faculty of Medical Sciences

MANIKAKA TOPAWALA INSTITUTE OF NURSING

Report on Essay Writing Competition

Theme for the Essay:

"Impact of Corona Pandemic on Education "

Under the Aegis of Equal Opportunity Cell

Date of event : **20/04/2020**
Date of Submission : **26/06/2020**

Organizers : **EOC, Manikaka Topawala Institute of Nursing**

Venue : **Auditorium, MTIN.**

Submitted By

Name : **Mrs. Binal Joshi,**
Designation : **Assistant professor**
Department : **Nursing**
Email : **binaljoshi.nur@charusat.ac.in**

EQUAL OPPORTUNITY CELL

Report on Essay Writing Competition

Theme for the Essay:

"Impact of Corona Pandemic on Education "

Name of Department : Manikaka Topawala Institute of Nursing

Name of Event : Essay Writing Competition Theme for the Essay: "Impact of Corona Pandemic on Education "

Date and Time of Event : 20th April 2020 (Monday)

Event coordinator : Binal Joshi

Introduction:

The 2019–20 coronavirus pandemic has affected educational systems worldwide, leading to the near-total closures of schools, universities and colleges. At the middle April 2020, approximately 1.723 billion learners have been affected due to school closures in response to the pandemic. According to UNESCO monitoring, 191 countries have implemented nationwide closures and 5 have implemented local closures, impacting about 98.4 percent of the world's student population. Over the past weeks, education officials have been forced to cancel classes and close the doors to campuses across the world in response to the growing coronavirus outbreak . The worldwide spread of novel coronavirus disease is severely affecting life as per the recent updates, almost one-third to half of the global population is now under some form of lockdown In such an exceptional situation of the century, we are living in it is crucial to understand how educators are adapting to the constraints imposed on by the government due to coronavirus lock-down and its impact on students and education. The essay writing competition was organised with aim of stimulating the critical thinking related to impact of corona pandemic on nursing education.

Objectives:

1. To encourage creativity and leadership skills through essay writing.
2. To create opportunities for the faculties and students to demonstrate their critical thinking and writing skills.
3. To comprehend the degree of cognitive processes involved with human learning persuasively and present well-connected ideas current critical situation.
4. To express the perception of educators and students regarding corona pandemic on education.

Beneficiaries: Faculty and Students of CHARUSAT

Event Schedule:

Sr. No.	Theme for the Essay: "Impact of Corona Pandemic on Education "
1.	Invitation mail and Registration for the Competition open for Faculty and Students of CHARUSAT
2.	Submission of Essay with predefined rules
3.	Evaluation of Essay
4.	Prize and Certificate Distribution

Summary of the Event:

The COVID-19 pandemic has affected educational systems worldwide, leading to the near-total closures of schools, universities and colleges. The impact of closure of educational institutions was more severe for disadvantaged children and their families, causing interrupted learning, compromised nutrition, childcare problems, and consequent economic cost to families who could not work. Online learning has become a critical lifeline for education, as institutions seek to minimize the potential for community transmission. Technology can enable teachers and students to access specialized materials well beyond textbooks, in multiple formats and in ways that can bridge time and space. Being in line with Current conditions Manikaka Topawala Institute of Nursing is organized Essay Writing Competition Under the aegis of Equal Opportunity Cell (EOC). Theme for the Essay: **"Impact of Corona Pandemic on Education** ".The participants were invited through the google form to register for the

event. Registration was open for all the faculties and students. Total thirty five registrations were received for the essay competition. As there was a lock down period enough time was allotted to submit the essays. Total 15 essays were received from participants from the category of faculty and students. All the participants were communicated priorly about the rules to be followed for essay. The essays were framed by certain rules like 1000to 2000mwords irrespective of language with Individual entries. The quality of the essays received were amazing as participants demonstrated their critical thinking and writing skills. All the essays demonstrated clear positive and negative idea about impact of corona pandemic on nursing education. The idea of each paragraph was explained and illustrated through examples, details, and descriptions. Participants had narrated their opinions those are interesting and important, organization of the content was logical and effective, word choice was specific and memorable, sentence fluency were smooth and expressive, conventions was correct and communicative in all the essays. Mr. Swandeep Dhanopia and Ms. Shalini Joshi (Assistant professor, MTIN) has evaluated the essays and collectively ranked them. Ms. Franny (Assistant professor, MTIN) under the category of faculty achieved the first rank.Mr.Tejas P. Nanal from(CSPIT) department ranked the first award and Mr. Dhrumil Modi(CSPIT) ranked the second award under the category of the students. Every participant was rewarded with a certificate of participation. The awardees students had received rank e certificate. As of lockdown prizes are not given to all of them. but when they will resume to institute the prizes will be distributed among them.

Registration fee (if any): None

No. of Participants: 15

List of Participants: Attached Registration sheet

Overall impact of Event: Excellent

Accounts Details: Nill

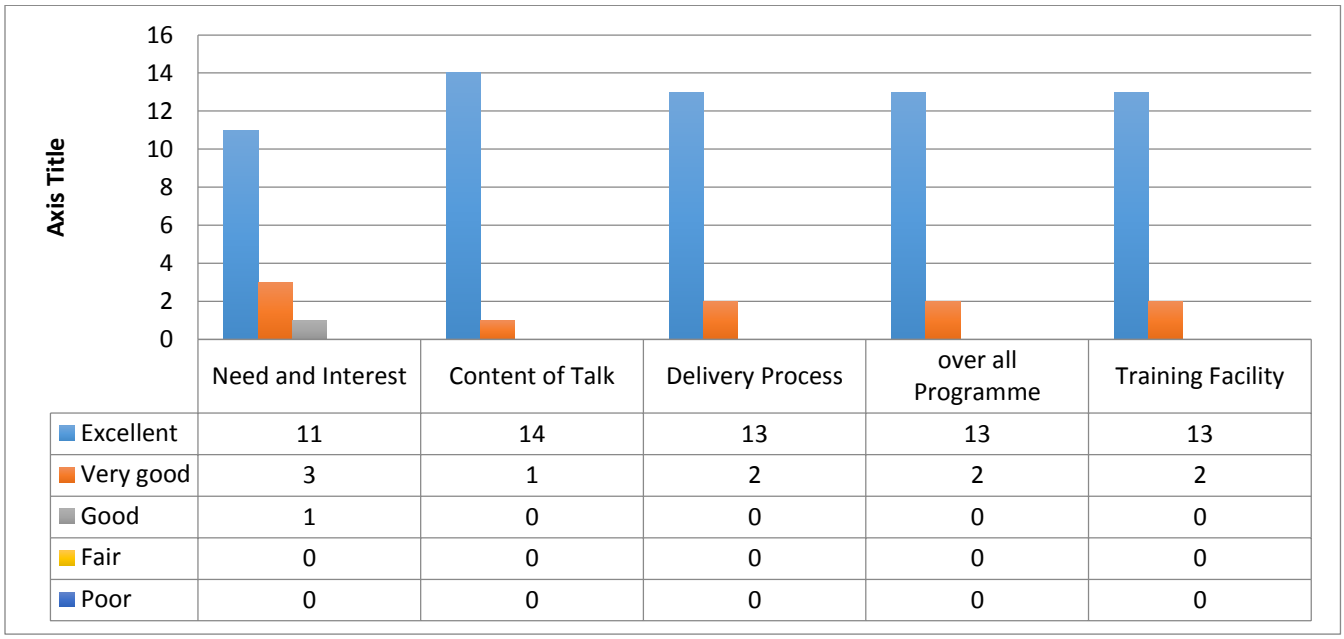
Feedback Analysis Report

Feedback Analysis report:

A) 15 Participants were participated in this program.

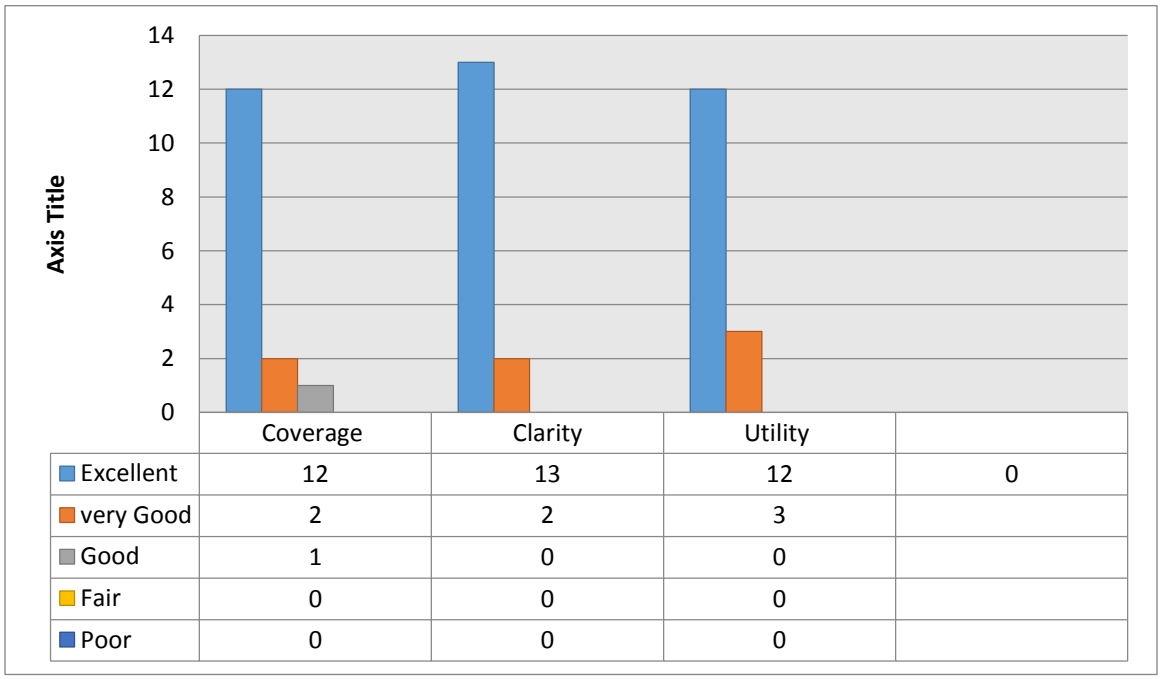
B) Graph of feedback form with number of participants' response in each category. (n=15)

Feedback Related to Need, Content, Delivery Process, Program and Training Facility



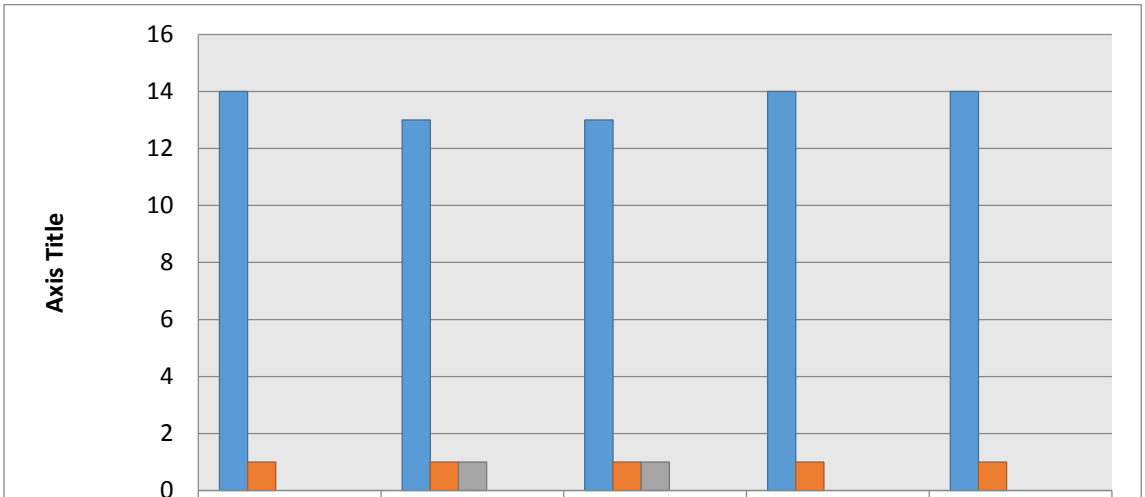
	Need and Interest	Content of Talk	Delivery Process	over all Programme	Training Facility
Excellent	11	14	13	13	13
Very good	3	1	2	2	2
Good	1	0	0	0	0
Fair	0	0	0	0	0
Poor	0	0	0	0	0

Feedback Related To Content



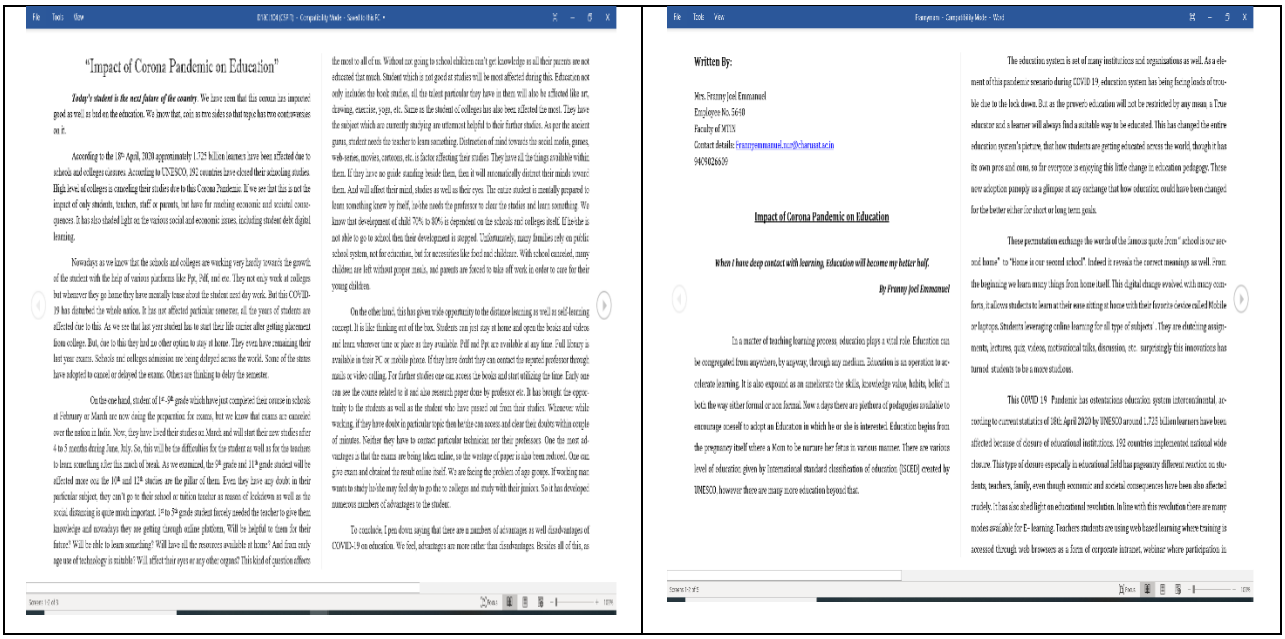
	Coverage	Clarity	Utility	
Excellent	12	13	12	0
very Good	2	2	3	
Good	1	0	0	
Fair	0	0	0	
Poor	0	0	0	

Feedback related to Facilitator



	Communication	Enthusiasm	Subject Knowledge	Time Management	Friendliness
Excellent	14	13	13	14	14
very Good	1	1	1	1	1
Good	0	1	1	0	0
Fair	0	0	0	0	0
Poor	0	0	0	0	0

Photographs of the event with captions:



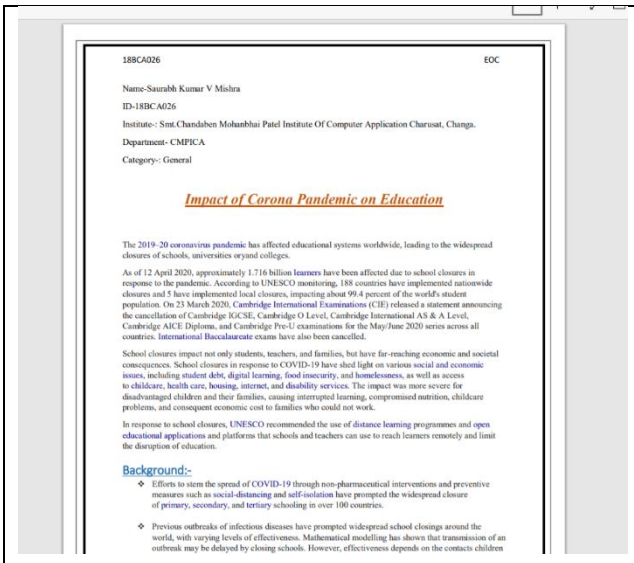
"Impact of Corona Pandemic on Education"

Written By:

Impact of Corona Pandemic on Education

When I have deep contact with learning, Education will become my better half.

By Franny Joel Emmanuel



18BCA026 EOC

Name-Saurabh Kumar V Mishra

ID-18BCA026

Institute-: Smt.Chandaben Mohanbhai Patel Institute Of Computer Application Charusat, Changa.

Department- CMPICA

Category-: General

Impact of Corona Pandemic on Education

The 2019–20 coronavirus pandemic has affected educational systems worldwide, leading to the widespread closures of schools, universities oryand colleges.

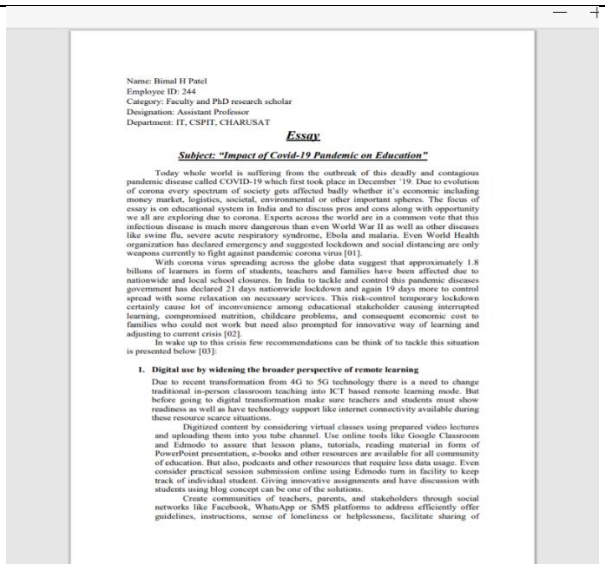
As of 12 April 2020, approximately 1.716 billion learners have been affected due to school closures in response to the pandemic. According to UNESCO monitoring, 188 countries have implemented nationwide closures and 5 have implemented local closures, impacting about 99.4 percent of the world's student population. On 23 March 2020, Cambridge International Examinations (CIE) released a statement announcing the cancellation of Cambridge IGCSE, Cambridge O Level, Cambridge International AS & A Level, Cambridge AICE Diploma, and Cambridge Pre-U examinations for the May/June 2020 series across all countries. International Baccalaureate exams have also been cancelled.

School closures impact not only students, teachers, and families, but have far-reaching economic and societal consequences. School closures in response to COVID-19 have shed light on various social and economic issues, including student debt, digital learning, food insecurity, and homelessness, as well as access to childcare, health care, housing, internet, and disability services. The impact was more severe for disadvantaged children and their families, causing interrupted learning, compromised nutrition, childcare problems, and consequent economic cost to families who could not work.

In response to school closures, UNESCO recommended the use of distance learning programmes and open educational applications and platforms that schools and teachers can use to reach learners remotely and limit the disruption of education.

Background:-

- Efforts to stem the spread of COVID-19 through non-pharmaceutical interventions and preventive measures such as social-distancing and self-isolation have prompted the widespread closure of primary, secondary, and tertiary schooling in over 100 countries.
- Previous outbreaks of infectious diseases have prompted widespread school closings around the world, with varying levels of effectiveness. Mathematical modelling has shown that transmission of an outbreak may be delayed by closing schools. However, effectiveness depends on the contacts children



Name: Bimal H Patel
Employee ID: 244
Category: Faculty and PhD research scholar
Designation: Assistant Professor
Department: IT, CSPIT, CHARUSAT

Essay

Subject: "Impact of Covid-19 Pandemic on Education"

Today whole world is suffering from the outbreak of this deadly and contagious pandemic disease called COVID-19 which first took place in December '19. Due to evolution of corona every spectrum of society gets affected badly whether it's economic including money market, logistics, societal, environmental or other important spheres. The focus of essay is on educational system in India and to discuss pros and cons along with opportunity we all are exploring due to corona. Experts across the world are in a common vote that this infectious disease is much more dangerous than even World War II as well as other diseases like swine flu, severe acute respiratory syndrome, Ebola and malaria. Even World Health organization has declared emergency and suggested lockdown and social distancing are only weapons currently to fight against pandemic corona virus [01].

With corona virus spreading across the globe data suggest that approximately 1.8 billions of learners in form of students, teachers and families have been affected due to nationwide and local school closures. In India to tackle and control this pandemic diseases government has declared 21 days nationwide lockdown and again 19 days more to control spread with some relaxation on necessary services. This risk-control temporary lockdown certainly cause lot of inconvenience among educational stakeholder causing interrupted learning, compromised nutrition, childcare problems, and consequent economic cost to families who could not work but need also prompted for innovative way of learning and adjusting to current crisis [02].

In wake up to this crisis few recommendations can be think of to tackle this situation is presented below [03]:

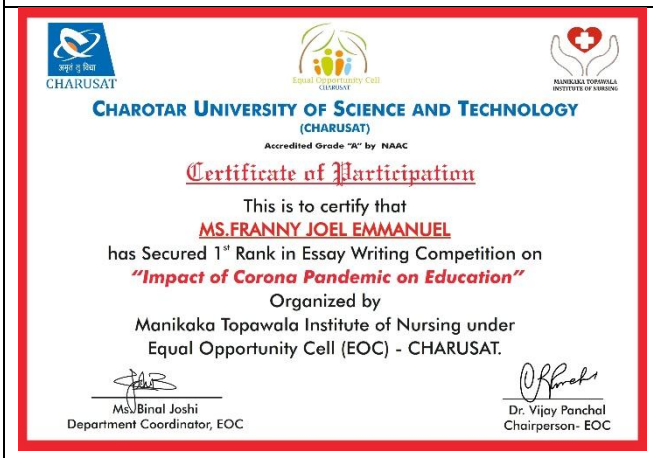
1. **Digital use by widening the broader perspective of remote learning**

Due to recent transformation from 4G to 5G technology there is a need to change traditional in-person classroom teaching into ICT based remote learning mode. But before going to digital transformation make sure teachers and students must show readiness as well as have technology support like internet connectivity available during these resource scarce situations.

Digitized content by considering virtual classes using prepared video lectures and uploading them into you tube channel. Use online tools like Google Classroom and Edmodo to assure that lesson plans, tutorials, reading material in form of PowerPoint presentation, e-books and other resources are available for all community of education. But also, podcasts and other resources that require less data usage. Even consider practical session submission online using Edmodo turn in facility to keep track of individual student. Giving innovative assignments and have discussion with students using blog concept can be one of the solutions.

Create communities of teachers, parents, and stakeholders through social networks like Facebook, WhatsApp or SMS platforms to address efficiently offer guidelines, instructions, sense of loneliness or helplessness, facilitate sharing of

Essays written By Faculty and students



CHARUSAT

Equal Opportunity Cell CHARUSAT

MANIKAKA TOPAWALA INSTITUTE OF NURSING

CHAROTAR UNIVERSITY OF SCIENCE AND TECHNOLOGY

(CHARUSAT)

Accredited Grade "A" by NAAC

Certificate of Participation

This is to certify that

MS.FRANNY JOEL EMMANUEL

has Secured 1st Rank in Essay Writing Competition on

"Impact of Corona Pandemic on Education"

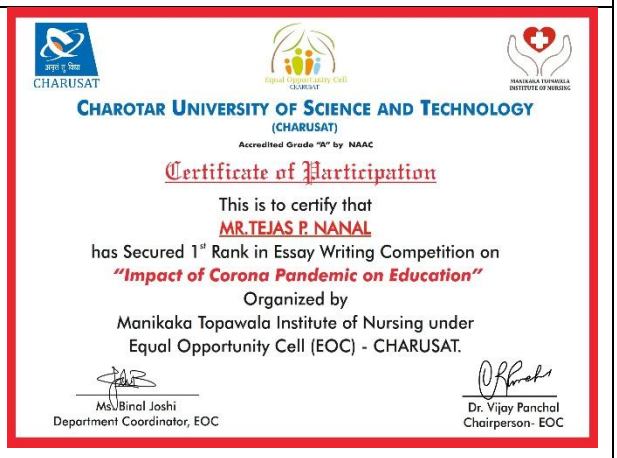
Organized by

Manikaka Topawala Institute of Nursing under

Equal Opportunity Cell (EOC) - CHARUSAT.

Ms. Binal Joshi
Department Coordinator, EOC

Dr. Vijay Panchal
Chairperson- EOC



CHARUSAT

Equal Opportunity Cell CHARUSAT

MANIKAKA TOPAWALA INSTITUTE OF NURSING

CHAROTAR UNIVERSITY OF SCIENCE AND TECHNOLOGY

(CHARUSAT)

Accredited Grade "A" by NAAC

Certificate of Participation

This is to certify that

MR.TEJAS P. NANAL

has Secured 1st Rank in Essay Writing Competition on

"Impact of Corona Pandemic on Education"

Organized by

Manikaka Topawala Institute of Nursing under

Equal Opportunity Cell (EOC) - CHARUSAT.

Ms. Binal Joshi
Department Coordinator, EOC

Dr. Vijay Panchal
Chairperson- EOC

1. **E-Certificate of student who ranked first and second in the event**

CHAROTAR UNIVERSITY OF SCIENCE AND TECHNOLOGY[CHARUSAT]

Faculty of Engineering

DEVANG PATEL INSTITUTE OF ADVANCE TECHNOLOGY AND RESEARCH

Report on

Logo Competition 2020: "Ready for innovative learning? "

Under the Aegis of Equal Opportunity Cell & Woman Development Cell

Date of event : **10/5/2020 – 15/5/2020**
Organizers : **EOC & WDC, DEVANG PATEL INSTITUTE OF ADVANCE TECHNOLOGY AND RESEARCH**

Submitted By : **Online, Google Form.**
Report By:

Name : **Ms. Drashti Garadharia**
Designation : **Assistant professor cum Research fellow**
Email : **drashtigaradharia.dce@charusat.ac.in**

EQUAL OPPORTUNITY CELL & Woman Development Cell

Report on

Logo Competition 2020: "Ready for innovative learning? "

Name of Institute : DEVANG PATEL INSTITUTE OF ADVANCE TECHNOLOGY AND RESEARCH

Name of Event : *Logo Competition 2020: "Ready for innovative learning? "*

Date and Time of Event : 10th May, 2020 (Sunday) to 15th May 2020(Friday)

Event coordinator : Ms. Drashti Garadharia, Ms. Binal Kaka, Ms. Atufaali Saiyed

Event Schedule:

Sr. No.	Time	Activity
1.	7th to 10th May 2020	Logo competition interested registration
2.	10th to 15th May 2020	Logo submission
3.	19th May 2020	Announce result & Distribution of E-Certificates

Summary of the Event:

Devang Patel Institute of Advance Technology and Research (DEPSTAR) always inspire students for the overall development in academics and co-curricular activities. The institution is devoted to intellectually vibrant atmosphere of research and imparts education in learning of sciences. Devang Patel Institute of Advance Technology and Research (DEPSTAR) is organized an Logo competition on ""Ready for Innovative Learning?" under the Equal Opportunity Cell (EOC) & Woman Development Cell (WDC) at university level. The topic was selected on the basis of Current situation of COVID,

where need to be prepare for innovative way of Learning. The Competition was annoused on 7 May 2020 in the morning. Total 70 students/Faculty/Research Scholar have registered in the event from various departments from the university. Ms. Drashti Garadharia, departmental co coordinator of EOC has design Competition. Ms. Binal Kaka has design submission Form, Ms. Atufaali Saiyed, co-coordinator of WDC has collected all participation Logo through Mail. Participation are allowed to submit maximum 2 logo with their logo description.

At the end of submission Deadline, Collected Logo was filtered and three best design was declared with winning certificate and All other participate awarded with participation certificate on 19th May 2020.

The Competition was effective and All participant have enjoyed this opportunity to express their creative design. We are thankful to Mr. Vijay Panchal (Convener EOC) and Mrs. Gayatri Patel (Convener WDC) for organization, coordination and execution of the competition successfully.

Registration fee (if any): None

No. of Registration: 70

No. of Participants: 32

List of Participants:

NAME OF PARTICIPANT	INSTITUTE	CATEGORY OF PARTICIPANT	Student ID /Faculty ID
shah saumya dhruvesh	depstar	UG	133
helina gandhi	depstar	UG	008
jeel doshi	cspit- it	UG	025
bharvi s. bhut	depstar	UG	008
kashyap bhalodiya	depstar(cse)	UG	10
haard patel	depstar	UG	099
neha sajnani	cspit/ce	UG	096

saarth mehta	cspit	UG	26
malav solanki	cspit	UG	88
deep gajiwala	depstar	UG	030
deepesh karthikeyan nair	depstar (it)	UG	038
kashish sorathia	depstar	UG	075
darshita shah	cspit ce	UG	105
krupa patel	kdpit - it	UG	078
rajiv gupta	cspit ce	UG	137
prachi modi	depstar	UG	028
franny joel emmanuel	mtin	faculty and research scholar	5640
aghera jay harsukhbhai	devang patel	UG	001
binal joshi	mtin	faculty and research scholar	5625
jeet makadiya	depstar	UG	50
kirtankumar narendrabhai gohil	depstar	UG	19
rajesh k sharma	piet-mca(parul university)	PG	190511201747
keyur panchal	depstar	UG	30
rudra barad	depstar	UG	007
vraj patel	depstar	UG	58
shah dhruvi kalpeshkumar	depstar	UG	123
rutwik patel	depstar	PG	48
gundarania kricy	depstar	UG	19dce035
darshan r gupta	depstar	UG	19DCE036
bhatt bhoomi	cspit	UG	18IT012
pratik dhoriyani	cspit	UG	18CE024
hemali pancha	mtin	faculty and research scholar	

Winner Details:

1st Rank - Rudra Barad

2nd Rank - Prachi Modi

3rd Rank - Dhruvi Shah

Accounts details:

Sr. No.	Details	Rupees
Income		
1.	Charusat, Changa	0/-
Expenses		
1.	Online mode of Submission	0/-
Total		**0/-**

Winner Logo of the event:

CHARUSAT UNIVERSITY OF SCIENCE AND TECHNOLOGY (CHARUSAT), CHANGA – 388 421

EQUAL OPPORTUNITY CELL

Event Report

Name of Department/Institute: Smt. Chandaben Mohanbhai Patel Institute of Computer Applications

Name of Activity : Poster presentation on the theme of "Forming New Habits in the Era of the Coronavirus"

Date and Time of Activity: 18th June,2020 to 23rd June,2020.

Coordinator of Activity : Dr. Nirali Honest, Dr. Sanskruti Patel (WDC)

Schedule of Activity:

Date and Time	Session	Activity
Competition open from 18th June, 12:10 pm to 23rd June,2020 10:00 pm.	The submission link was shared with all the EOC and WDC Department and Institute coordinators, for online submission of poster.	Competition was open from 18th June,2020 to 23rd June,2020

Summary of the Event (Maximum 200 words):

With the coronavirus pandemic upon us, people are readily forming new habits, such as washing their hands more frequently, keeping the home and surrounding clean, eating fresh and healthy food, etc. This competition aims to foster the "Poster Presentation" competition, on the new positive habits formed during the Coronavirus pandemic. Simple new habits in our day to day living can save us from the pandemic, so in this context we have organized the Poster Designing Competition. The theme for Poster Designing is "Forming New Habits in the Era of the Coronavirus " . The students need to prepare a Poster incorporating new positive habits that you have adopted to fight and survive against the COVID-19.

Registration fee (if any): No registration fees.

Total Participants : 16

List of Participants

Sr. No.	Student Name	Student ID	Sr. No.	Student Name	Student ID
1.	Saarth Mehta	19EC026	9.	Shubham Mendapara	18DCS046
2.	Mansi Jesani	18EC036	10.	Anjali Patel	18DCS064
3.	Dhruvin Laljibhai Kalathiya	19DCS049	11.	Krish Pabani	18DCS054
4.	Shyam G. Khambholja	17EC037	12.	Priya Bhatt	19BPH005
5.	Samaksh Khatri	18DCS035	13.	Deepesh K. Nair	18DIT038
6.	Aashka Premprakash Vasava	19DCS155	14.	Marmik Thakore	17DIT068
7.	Supriya Ghosh	D18EC103	15.	Patel Mishaben R.	19BPH048
8.	Meet D. Vyas	19BSIT129	16.	Saurabh V Mishra	18BCA026

Number of male students participated in activity: 10

Number of female students participated in activity:06

Number of teaching staff participated in activity: Nil

Number of non- teaching staff participated in activity: Nil

Organizing body: EOC and WDC,CHARUSAT,Changa

Collaborating agency (If any): Nil

Name of the scheme (If any): Nil

Total Budget sanctioned for the activity: 2000 INR
Accounts details:

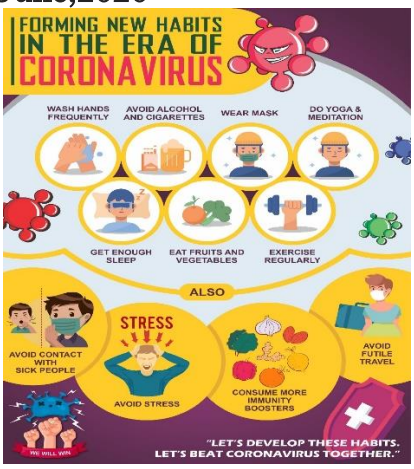
Sr. No.	Details	Rupees
Income		
1.		
Expenses		
1.	Cash Prize to the winner and runner up.	1500
Total	One Thousand Five Hundred	1500

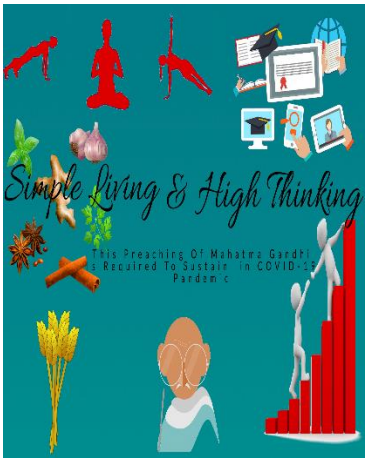
Overall impact of workshop: Excellent/Very Good/Good/Average/Poor

Photographs of the event with captions (at least six photographs):

Posters prepared by students

Student posters received during the competition from 18th June,2020 to 23rd June,2020





Student posters received during the competition from 18th June,2020 to 23rd June,2020

CHARUSAT UNIVERSITY OF SCIENCE AND TECHNOLOGY (CHARUSAT), CHANGA – 388 421

EQUAL OPPORTUNITY CELL

Event Report

Name of Department/Institute: M&V Patel Department of Electrical Engineering

Name of Activity : Celebrated World Environment Day-2020 by planting trees.

Date and Time of Activity: 5th June, 2020.

Coordinator of Activity : Mihir R Patel (Assistant professor Electrical Dept.)

Resource person details:

N/A

Schedule of Activity:

Date	Time	Venue	Activity
05-06-2020	02:00-03:30	Behind CHARUSAT Hospital	Tree Plantation

Summary of the Event:

Our environment is one of the most important aspects to survive on this planet. Moreover, it is the only thing that can make life sustainable. Without it, we cannot survive even a single day. For instance, our skin will burn, the lungs will get ruptured, our blood pressure would rise.

World Environment on 5th June every year. People from more than 100 countries celebrate this day. Furthermore, the world environment day is run by the United Nations Environment Programme (UNEP). Since the year 1973. Above all the main purpose of celebrating this day was to spread awareness. The awareness was about the conservation of our environment.

On this occasion at CHARUSAT university we have celebrated world environment day by under the aggies of equal Opportunity Cell. We have planted neem trees (50 Nos.), behind CHARUSAT hospital. Due to COVID-19 only few persons have participated in this event. The details of participants and photographs are attached in report.

Registration fee (if any): N/A

List of Participants:

Sr No.	Name
1	Mihir R Patel (CSPIT-EE)
2	Jignesh S Patel (CSPIT-EE)
3	Naitik R Patel (Estate Department)
4	Mahesh Solanki (Estate Department)
5	Jatin Rohit (Estate Department)

Number of male students participated in activity: 00

Number of female students participated in activity: 00

Number of teaching staff participated in activity: 02

Number of non- teaching staff participated in activity: 03

Organizing body:

Total Budget sanctioned for the activity: NA

Accounts details: NA

Overall impact of workshop: Very Good

Photographs of the event with captions:

CHARUSAT UNIVERSITY OF SCIENCE AND TECHNOLOGY (CHARUSAT), CHANGA – 388 421

EQUAL OPPORTUNITY CELL

Event Report

Name of Department/Institute: M&V Patel Department of Electrical Engineering

Name of Activity : Joy of Giving Program at Old age home Mehlav.

Date and Time of Activity: 30th June, 2020.

Coordinator of Activity : Mihir R Patel (Assistant professor Electrical Dept.)

Resource person details:

N/A

Schedule of Activity:

Date	Time	Venue	Activity
30-06-2020	11:00-01:30	Krishna Sharay Old age home, Mehlav	Offering Lunch to Old age peoples

Summary of the Event:

Close to 18 million elderly in India are homeless. Senior citizens living in poverty face abandonment by their own families as they cannot earn an income. Many a times, they are left with no choice but to beg to survive. Many elderlies are left alone after their children move to the cities in search of better livelihood. In the last few days of their lives, who will they look up to?

On behalf of Equal Opportunity Cell, M & V Patel department of Electrical Engineering we have decided to support this elderly people by serving the food. We (our staff) had contributed the fund for food and served food at old age home "KRISHNASHARAY", which is located at Indukaka Ipcowala chatralay mehlav. When we look at the happy faces of elderly people, we felt immense joy among our self. On behalf of our department me and Jignesh patel has coordinated this activity in which 50 peoples (including staff of old age home) have benefited.

Registration fee (if any): N/A

List of Participants:

Sr No.	Name
1	**Mihir R Patel (CSPIT-EE)**
2	**Jignesh S Patel (CSPIT-EE)**

Number of male students participated in activity: 00

Number of female students participated in activity: 00

Number of teaching staff participated in activity: 02

Number of non- teaching staff participated in activity: 00

Organizing body:

Total Budget sanctioned for the activity: NA

Accounts details: NA

Overall impact of workshop: Very Good

Photographs of the event with captions:

CHARUSAT UNIVERSITY OF SCIENCE AND TECHNOLOGY (CHARUSAT), CHANGA – 388 421

EQUAL OPPORTUNITY CELL

Event Report

Name of Department : **Pharmacy**

Name of Event : **Equal opportunity and contribution of young students for Atmanirbhar India (Digital poster making competition) [Online submission]**

Date and Time of Event : **07-09-2020 – 23/09/2020 [Online entries received]**

Event coordinator : **Dr. Nilay Solanki**

Judges:

1) Mr. Nikunj Parekh (RPCP)

2) Ms. Nirali Honest (CMPICA)

3) Mr. Dhaval Bhoi (CSPIT-CE)

4) Dr. Binal Joshi (MTIN)

5) Ms. Saraswati Pathariya (Civil Engineering)

Event Schedule:

Period of entry submission	Activity
07-09-2020 – 23/09/2020	Digital poster on "Equal opportunity and contribution of young students for Atmanirbhar India"

Summary of the Event (Maximum 200 words):

Digital poster making competition on the theme of "Equal opportunity and contribution of young students for Atmanirbhar India" under auspices of Equal opportunity cell, CHARUSAT was organized at Ramanbhai Patel College of Pharmacy between 07/09/2020 - 23/09/2020. Total of 27 participants from various constituents institute of CHARUSAT were registered from RPCP, MTIN, CSPIT (Computer and Mechanical engineering) and CMPICA. In this event proper

instruction were given to students via email through respective class coordinators and accordingly students have submitted their entries.

First three winners are given prices (given through online transaction mode by account department - CHARUSAT). This event was blindly judged by five judges from different department as mentioned in judge list. Digital posters were given codes for evaluation through google form link shared to judges.

In this event total three winners were declared as follows;

1st Rank - Neel Prajapati (18CE093)

2nd Rank - Krupa Patel (18BPH057)

3rd Rank - Priya Patel (18BPH067)

All winners received cash prizes and all registered students were given E-certificates.

Overall successful event was completed with good support from student volunteers of RPCP and EOC committee member Dr. Kanan Gamit.

Registration fee (if any): NA

No. of Participants: 27

List of Participants:

Sr. no	Name of student
1	Hetula Vaghela
2	Neel Prajapati
3	Shah Nidhi
4	Dev Jani
5	Hetvi Ladhawala
6	Mansi Patel
7	Bharti Makwana
8	Naina Sharma
9	Jainil Patel
10	Bhavin Moradiya
11	Vinay Patel
12	Anjali Ganvit
13	Shalaka Dubal
14	Het Parmat
15	Het Patel

16	Kamal Sagar
17	Krupa Patel
18	Aryan Pandya
19	Vipin Vagheriya
20	Pinkal Shah
21	Prachi Patel
22	Priya Patel
23	Tanvi Hemani
24	Zinzuvadia Diwyanshi
25	Himali Patel
26	Charmi Patel
27	Pranita

Accounts details:

Sr. No.	Details	Rupees
Expenses		
1.	Prizes for winner (Online transfer)	3700/-
Total		**3700/-**

Overall impact of Event: Excellent

Photographs of the event with captions:
As this online event no any photographs were taken.
We have incorporated winner's digital poster for reference

1st rank

2nd Rank

3rd Rank

ATMANIRBHAR INDIA AND EQUAL OPPORTUNITIES FOR YOUTH
OBJECTIVES
Reviving economy in short term
Insulating India from global economic downturn
1. LOCAL TO GLOBAL
65% of India's population below age of 35 and 50% of India's population below age of 25
YOUTH : THE STRENGTH OF INDIA
India is uniquely poised to realize its demographic potential with huge educated youth
Indians heading several MNC shows there is no dearth of knowledge and talent
There is just a need to upgrade the skills of youth in these technology driven world
2. REDUCING IMPORT
3. GLOBALLY COMPETITIVE PRODUCT

CHARUSAT UNIVERSITY OF SCIENCE AND TECHNOLOGY (CHARUSAT), CHANGA – 388 421

EQUAL OPPORTUNITY CELL

Event Report

Name of Department/Institute: U & P U. Patel Department of Computer Engineering

Name of Activity: Meditation: My Time for Self Development

Date and Time of Activity : **05/09/2020,** 10:00 am to 11:00 am

Coordinator of Activity : **Dhaval Bhoi(CE)**

Resource person details:

Sr. No.	Name of the resource person	Organization of resource person
1	Dr. Janki N. Thakker Associate professor Department of Biological sciences Bachelors in Microbiology, Masters in Botany and Ph.D in Botany	Department of Biological Sciences, PDPIAS, CHARUSAT

Schedule of Activity:

Date	Time	Session	Activity
5th April, 2020 [Saturday]	10:00 am to 11:00 am	• Welcome Address to the participants by Mayuri Popat • Presentation by Resource Person • Vote of Thanks by Minal Shah • E-Certificate Design by Sagar Patel	Meditation: My Time for Self Development

Summary of the Event (Maximum 200 words):

During COVID19, EOC, CE, CSPIT organized the event regarding "Meditation: My Time for Self Development" was organized to help students, teaching faculty members and

non-teaching staff members to remain happy and calm while managing day to day activities with the help of meditation. Total 52 students/faculty members/teaching staff members of different departments and institutes participated and gain advantage of it. As this was different than other EOC activity due to its online mode execution using *Google Meet application* considering the COVID19 pandemic situation. Faculty member Mr. Sagar Patel, Minal Shah and Mayuri Popat from CE, CSPIT helped in this activity for its smooth execution.

Dr. Janki Thakkar, PDPIAS, addressed participants regarding how a person can manage to remain happy and use his/her own time for self-development. She nicely explained with real life examples the prime important topics like, how to to be in present, proper time management, how to face fear of failure and organizing lifestyle to help participants.

We are very much thankful to Dr. Ritesh Patel for motivation and Mr. Sagar Patel for designing and providing E-certificates to all the participants. All participants were happy and felt they could now be able to happy after attending this meditation session and would really help them to improve their life.

Registration fee (if any): NIL

List of Participants & Other Details:

Id No	Name	Gender	Institute	Department
244	Patel Bimal Harivadan	M	CSPIT	IT
276	Bhavin Dave	M	CSPIT	CE
328	Nikita Bhatt	F	CSPIT	CE
344	Kalpesh Patel	M	CSPIT	CE
422	GAJANAN SHANKARRAO PATANGE	M	CHAROTAR UNIVERSITY OF SCIENCE AND TECHNOLOGY	MECHANICAL ENGINEERING
467	Vaishali Koria	F	CSPIT	CE
474	Jigneshkumar Patoliya	M	CSPIT	EC
496	Dr.Hardik Modi	M	CSPIT	EC
738	Vasa Jalpesh Harkishanbhai	M	CSPIT	Information Technology
778	PRIJESHKUMAR PATEL	M	CSPIT	CL
833	Mayuri Popat	F	CSPIT	CE
990	TUSHAR MEHTA	M	CMPICA	MCA
999	Dr. Hetal Patel	M	Smt. Chandaben Mohanbhai Patel Institute of Computer Applications	MCA
1022	Rajvi Yadav	M	CMPICA	MCA
1316	Milap Patel	M	Ramanbhai Patel College of Pharmacy, Charotar University of Science and Technology	Pharmacy
5557	Raxesh Mistry	M	Manikaka Topawala Institute of Nursing	MTIN

8185	Kruti Dhyani	F	CSPIT	CE
8189	HARMISH BHATT	M	CHANDUBHAI S. PATEL INSTITUTE OF TECHNOLOGY	DEPARTMENT OF MECHANICAL ENGINEERING
8240	Divyesh Patel	M	CSPIT	CE
8305	Renu Koshy	F	CSPIT, CHARUSAT	Civil
8306	Hemal Parekh	M	CSPIT, CHARUSAT	Civil engineering
8317	Aayushi Pushpakant Chaudhari	M	Chandubhai S. Patel Institute of Technology	Computer Engineering
8318	Ruchita Macwan	F	CSPIT	CE
8324	Padmavathi Bindulal	F	CSPIT	CE
8328	Dipsi Dave	F	CSPIT	CE
8330	SNEHA PADHIAR	F	cspit	CE
16ce068	PATEL JAINIL	M	cspit	ce
17EE024	Kadiya Jay Nikhilkumar	M	C.S.P.I.T	Electrical Engineering
17me053	PATEL ANIKETKUMAR NARENDRABHAI	M	CSPIT	Mechanical Engineer
17ME095	DHWANIL SONI	M	Cspit	MECHANICAL
18BPH080	Pinkal shah	F	Ramanbhaipatel institute of pharmacy	Rpcp
18bph091	Shah Krupa Daxesh	F	RPCP	Pharmacy
18bph093	Nupur Shah	F	RPCP	Pharmacy
18CE005	Aliabbas Attarwala	M	CSPIT	CE
18CE006	Rishabh Balse	M	CSPIT	CE
18CE088	Tanha Patel	F	CSPIT	CE
18CE093	Neel Prajapati	M	CSPIT	U & PU PATEL
18CE094	Wilson Radadia	M	CSPIT	CE
18CE101	Yash P. Saitwal	M	CSPIT	CE
18ce102	Jayati Sakervala	F	CSPIT	CE
18ce107	Dhruv Shah	M	CSPIT	CE
18ce112	Kesha Shah	F	Cspit, CHARUSAT UNIVERSITY	Computer engineering
18it059	Bhakti Manani	F	CSPIT	IT
19ce011	Vatsal Bhingradiya	M	CSPIT	CE
19ce136	MANAN SHAH	M	CSPIT	CE
19EC024	Malvi Sakshi	F	CSPIT	EC
19EC061	SHADIYA JAFRULLAKHAN PATHAN	M	CSPIT	EC

19ee018	Raj Yashrajsinh	M	CSPIT	Electrical engineering
19IT008	BAROT SAMEER RAJENDRABHAI	M	CSPIT	IT
19IT009	Bhagat Shreyansh Umeshchandra	M	CSPIT	IT
D17CE165	Vishan Patel	M	CSPIT	CE
D18CE161	Darsh Ambaliya	M	CSPIT	CE

Number of male students participated in activity: 18

Number of female students participated in activity: 08

Number of teaching staff participated in activity: 19

Number of non- teaching staff participated in activity: 07

Organizing body: EOC

Collaborating agency (If any): ---

Name of the scheme (If any): ----

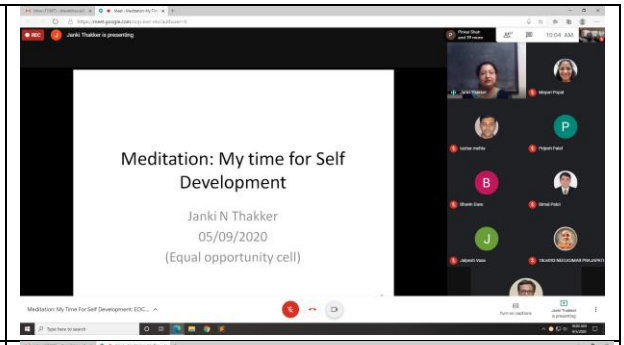
Total Budget sanctioned for the activity: -------

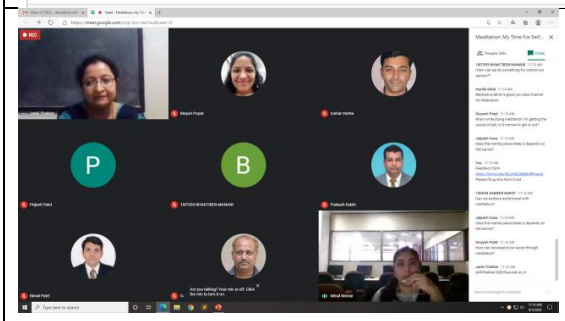
Accounts details:

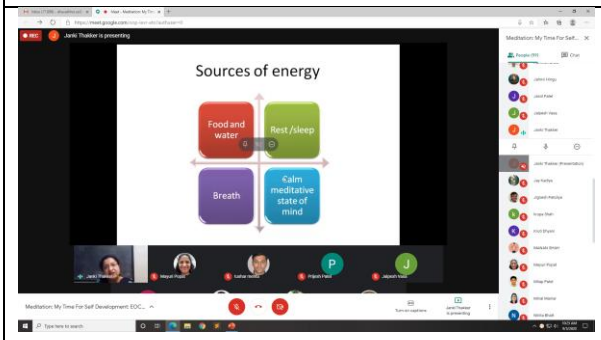
Sr. No.	Details	Rupees
Income		
1.		
2.		
Expenses		
1.		
2.		
Total		

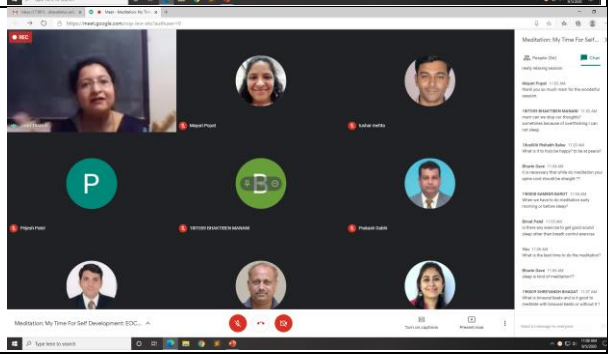
Overall impact of workshop: Excellent/Very Good/Good/Average/Poor

Photographs of the event with captions (at least six photographs):









CHARUSAT UNIVERSITY OF SCIENCE AND TECHNOLOGY (CHARUSAT), CHANGA – 388 421

EQUAL OPPORTUNITY CELL

Event Report

Name of Department/Institute: Smt. Chandaben Mohanbhai Patel Institute of Computer Applications

Name of Activity : **Expert Lecture on "How to improve concentration and memory while studying"**

Date and Time of Activity: **18th September,2020**

Coordinator of Activity : Dr. Nirali Honest

Resource person details:

Sr. No.	Name of the resource person	Organization of resource person
1	**Dr. Mayur Khunti**	Adv. Mayur Khanti, Faculty of Art of Living Organization, Practicing Advocate, and Medico Legal Consultant.

Schedule of Activity:

Date	Time	Session	Activity
20th September,2020	03:10 p.m. to 04:10 p.m.	• Introduction of the expert • Content delivery by expert speaker • Practicing meditation • Vote of Thanks	Lecture and Interaction session with the students on "How to improve concentration and memory while studying".

Summary of the Event (Maximum 200 words) :

Concentration refers to the mental effort you direct toward whatever you're working on or learning at the moment. It's sometimes confused with attention span, but attention span refers to the length of time you can concentrate on something. This session is arranged specially for students to help them focus and concentrate while studying, so it will help to derive interest in their learning experience.

Registration fee (if any): No registration fees.

Total Participants : 38

List of Participants

Sr. No.	Name	ID	Sr. No.	Name	ID
1.	MANAN PATEL	19MCAL059	20.	DHARTIBEN PATEL	19BSIT103
2.	KEVAL SHAH	19MCAL071	21.	VATSAL BHINGRADIYA	19CE011
3.	JAY MANDAVIYA	18DCE054	22.	KHUSHBUBEN PATEL	18BPH054
4.	MIHIR THAKAR	19ME093	23.	HARSH PANCHAL	D18EE089
5.	DHYEY SONI	18EC097	24.	NUPUR SHAH	18BPH093
6.	HEMANG PATEL	D18EE085	25.	MANAV PATEL	20BCA088
7.	DHWANI JANI	18EC035	26.	MIRAJ PATEL	20BCA087
8.	DULAREY MD	19ME037	27.	SANJAY BARAIYA	19MCAL003
9.	HIMALIBEN PATEL	18BPH049	28.	KRUPA SHAH	18BPH091
10.	VRUNDA DHOBI	18DCE026	29.	KRUPA JETHWA	20TBSIT506
11.	NIDHI SONI	18BPH100	30.	YASH VAGHASIYA	18EC108
12.	OM DHIMAR	18DCE025	31.	SMIT PARIKH	20TBSIT153
13.	HEM VYAS	18ME096	32.	DHARATIBEN PATEL	20TBSIT100
14.	PRIYANKI PATEL	19BSIT091	33.	KAJALBEN RAMNANI	18BCA140
15.	AKSHAR PATEL	19BCA177	34.	VIVEK BHATT	19MCAL007
16.	HIRAL PATEL	19BCA145	35.	HARDI THAKKAR	19MCAL087
17.	MAITRIBEN DALWADI	20TBSIT074	36.	JAYESH KAURANI	20BCA001
18.	RONAK ARORA	17ME007	37.	RONAK S. ARORA	17ME007
19.	KHUSHI PATEL	20BCA017	38.	YASH PATEL	20TBSIT501

Number of male students participated in activity: 23
Number of female students participated in activity:15
Number of teaching staff participated in activity: Nil
Number of non- teaching staff participated in activity: Nil
Organizing body: EOC,CHARUSAT,Changa
Collaborating agency (If any): Nil
Name of the scheme (If any): Nil
Total Budget sanctioned for the activity: 4500 INR

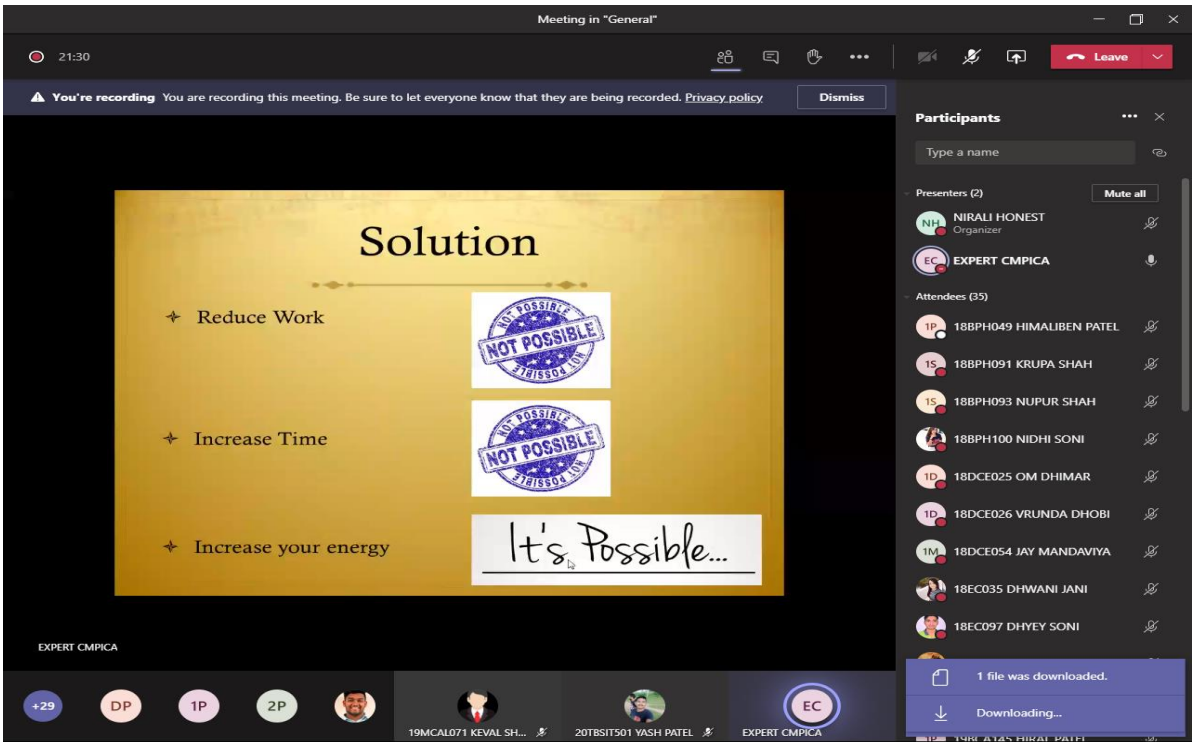
Accounts details:

Sr. No.	Details	Rupees
Income		
1.	Honorarium	1000/-
Expenses		
1.		
2.		

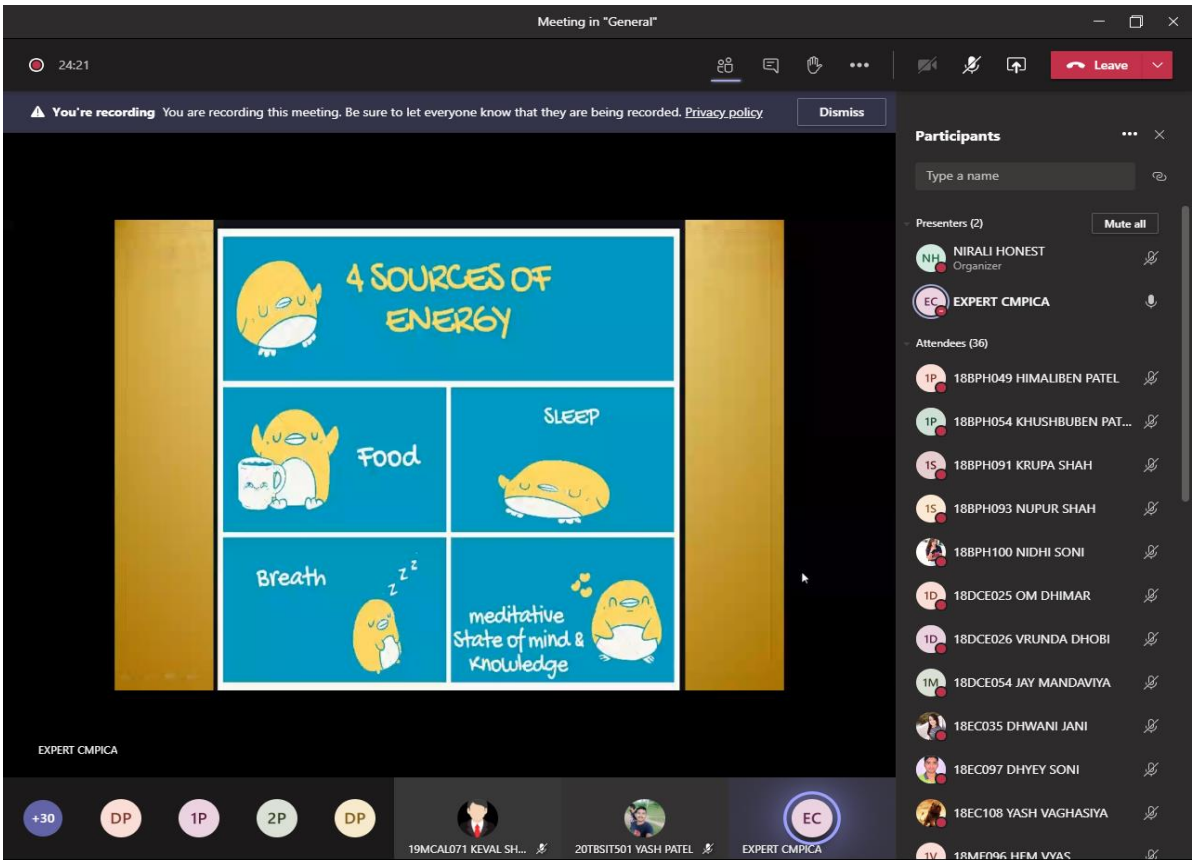
Overall impact of workshop: Excellent/Very Good/Good/Average/Poor

Photographs of the event with captions (at least six photographs):

Students attending the session online on Microsoft Teams, 18th September,2020 3:40 pm



Students attending the session online on Microsoft Teams, 18th September,2020 3:50 pm



Students attending the session online on Microsoft Teams, 18th September,2020 4:00 pm

Students attending the session online on Microsoft Teams, 18th September,2020 4:10 pm

Institute Coordinator Sign :

Head of Department/Institute Sign :

CHARUSAT UNIVERSITY OF SCIENCE AND TECHNOLOGY (CHARUSAT), CHANGA – 388 421

EQUAL OPPORTUNITY CELL

Event Report

Name of Department/Institute: U & P U. Patel Department of Computer Engineering

Name of Activity: A talk on "Diversity and Inclusion in STEM (Science, Technology, Engineering & Mathematics"

Date and Time of Activity: 26/09/2020, 03:00 pm to 04:00 pm

Coordinator of Activity : Arpita Shah (CE), Dhaval Bhoi (CE), Sagar Patel (CE)

Resource person details:

Sr. No.	Name of the resource person	Organization of resource person
1	Dr. Fauzia Idrees	CEO, Cynosure Technologies, UK

Schedule of Activity:

Date	Time	Session	Activity
26th September, 2020 [Saturday]	03:00 pm to 04:00 pm	• Welcome Address to the participants • Presentation by Resource Person • Vote of Thanks	A talk on "Diversity and Inclusion in STEM (Science, Technology, Engineering & Mathematics"

Summary of the Event (Maximum 200 words):

The Women Development Cell (WDC) & EOC (Equal Opportunity Cell) U & P U. Patel Department of Computer Engineering, CSPIT, CHARUSAT organized the event regarding "Diversity and Inclusion in STEM (Science, Technology, Engineering & Mathematics" was organized to help female students and faculty. Total 27 students and faculty members of different departments and institutes participated and gain advantage of it. As this was different activity than other EOC activity due to its online mode execution using *Google Meet* considering the COVID19 pandemic situation. Faculty member Mr. Sagar Patel from CE, CSPIT helped in this activity for its smooth execution.

Ms. Dr. Fauzia Idrees gave talk on woman diversity and inclusion in science, technology engineering and mathematics and role a woman can play for development & research.

We are very much thankful to Dr. Ritesh Patel for motivation and Sagar Patel for helping in managing the well-organized fruitful session. All participants were quite satisfied with the session content.

Registration fee (if any): NIL

List of Participants & Other Details:

Sr. No.	Name of participant	ID No./ Employee code	Signature
1.	Dipsi Dave	8328	
2.	Vaishali Koria	467	
3.	Nupur Hiteshkumar Shah	18bph093	
4.	NEHAL SANDIPKUMAR PATEL	8130	
5.	Nishita Ardeshna	19DIT003	
6.	Saraswati Pathariya	8310	
7.	Foram. J. Shelat	9019	
8.	SHAH KRUPA DAXESH	18BPH091	
9.	Kanchal Dave	8232	
10.	KRUTI DHYANI	8185	
11.	Poornaa Bhattacharya	17dit003	
12.	BHOOMI M. BAVDA	19mnog001	
13.	Yukta patel	18BPH078	
14.	Gorajiya Sonali	19dit021	
15.	Pinkal shah	18BPH080	
16.	pritiparekh1603@gmail.com	19MNCH001	
17.	Vidhi Desai	19BPH092	
18.	Dhanashree Deota	19BPH091	
19.	SNEHA A. PADHIAR	8330	
20.	Viramgami Swati Nitinkumar	19BPH089	
21.	Dhaval Bhoi	52	
22.	Rajvi Yadav	1022	
23.	Arpita Shah	66	
24.	Trusha Patel	897	
25.	Mankad Saumya	19BPH021	
26.	Shaikh Amrin	828	
27.	Padmavathi Bindulal	8324	

Number of male students participated in activity: 00

Number of female students participated in activity: 13

Number of teaching staff participated in activity: 14

Number of non- teaching staff participated in activity: 00

Organizing body: EOC

Collaborating agency (If any): Women Development Cell (WDC), CHARUSAT

Name of the scheme (If any): ----

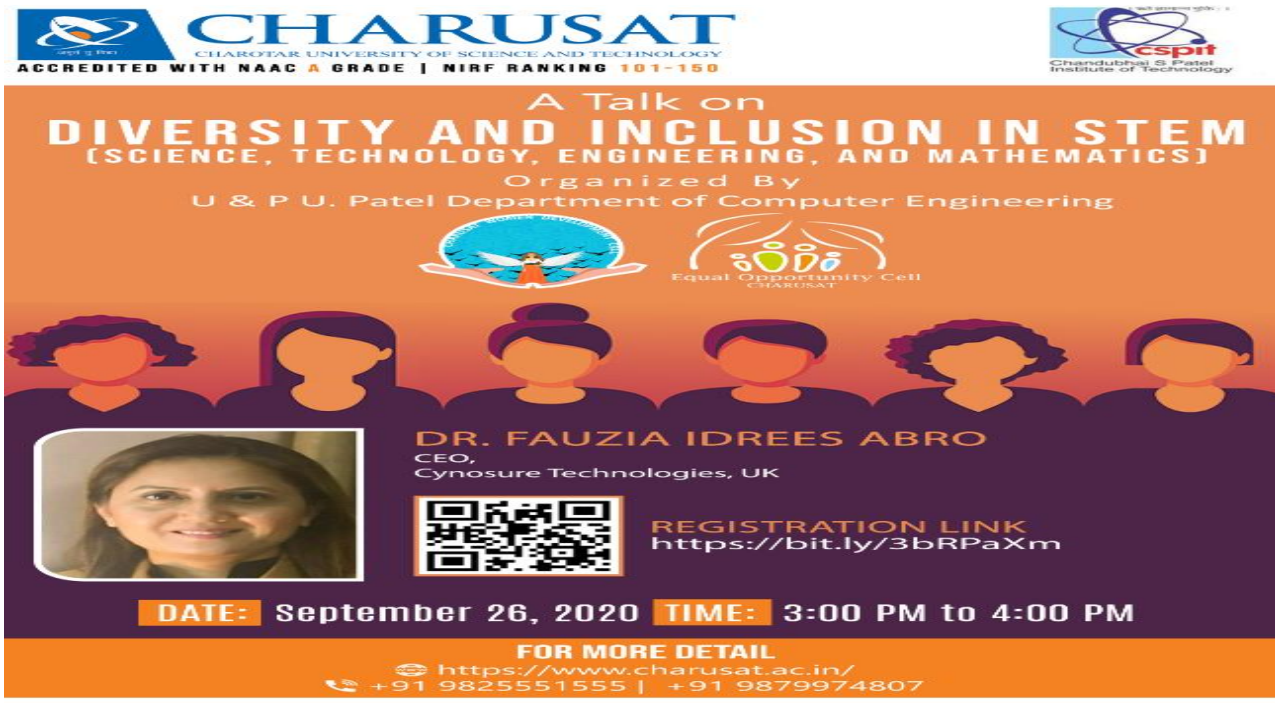
Total Budget sanctioned for the activity: ----

Accounts details:

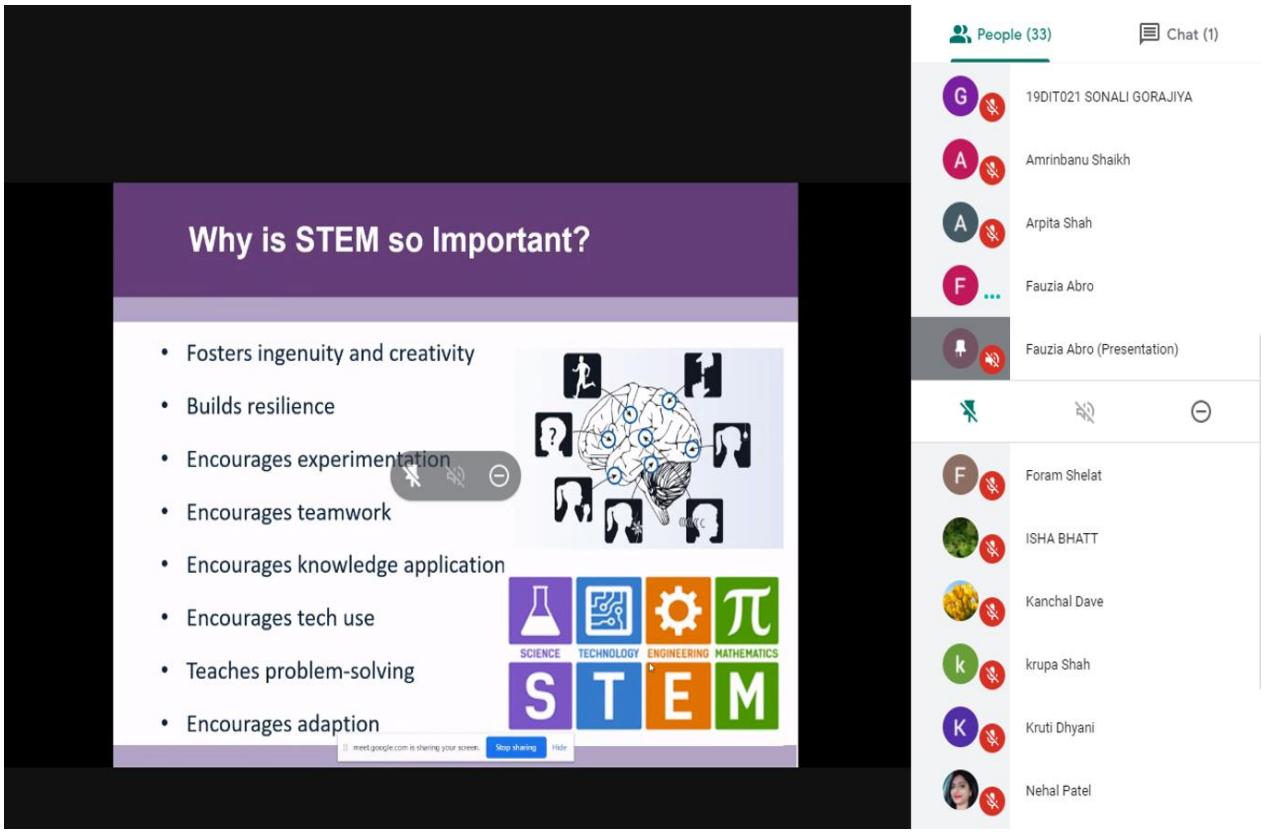
Sr. No.	Details	Rupees
Income		
1.		
Expenses		
1.		
Total		

Overall impact of workshop: Excellent/Very Good/Good/Average/Poor

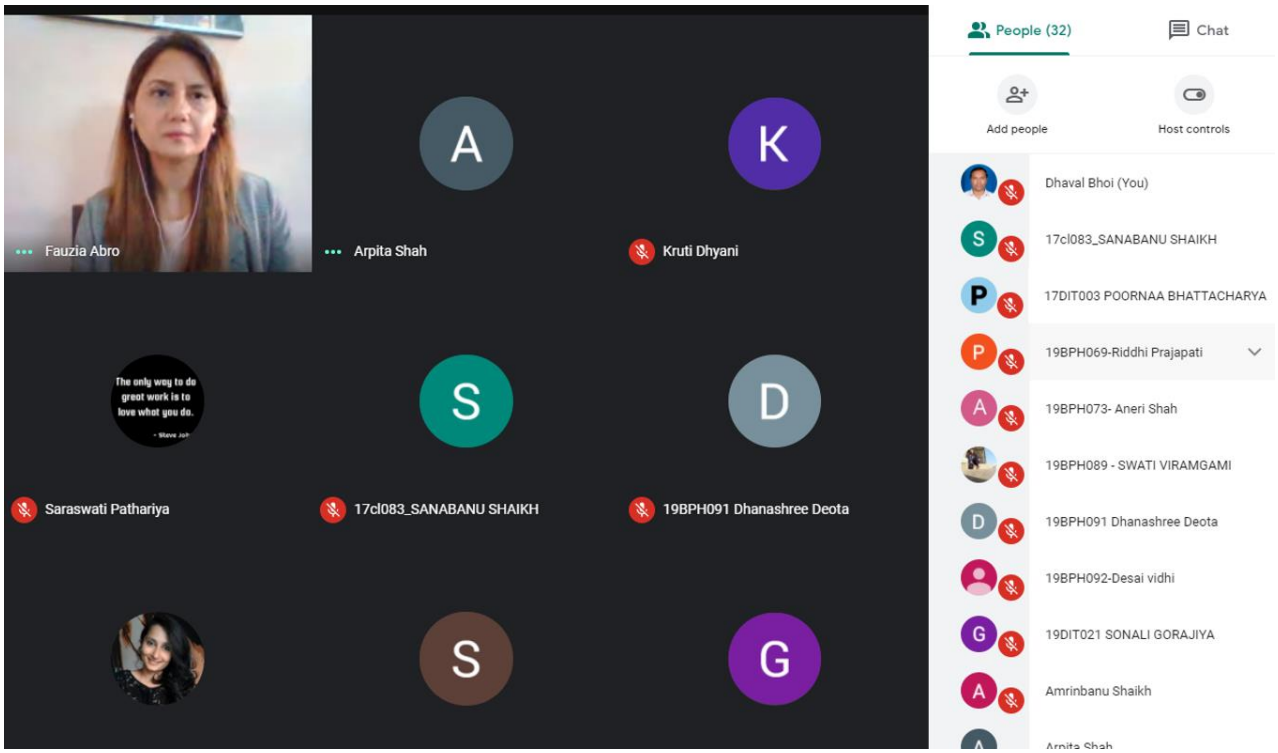
Photographs of the event with captions (at least six photographs):



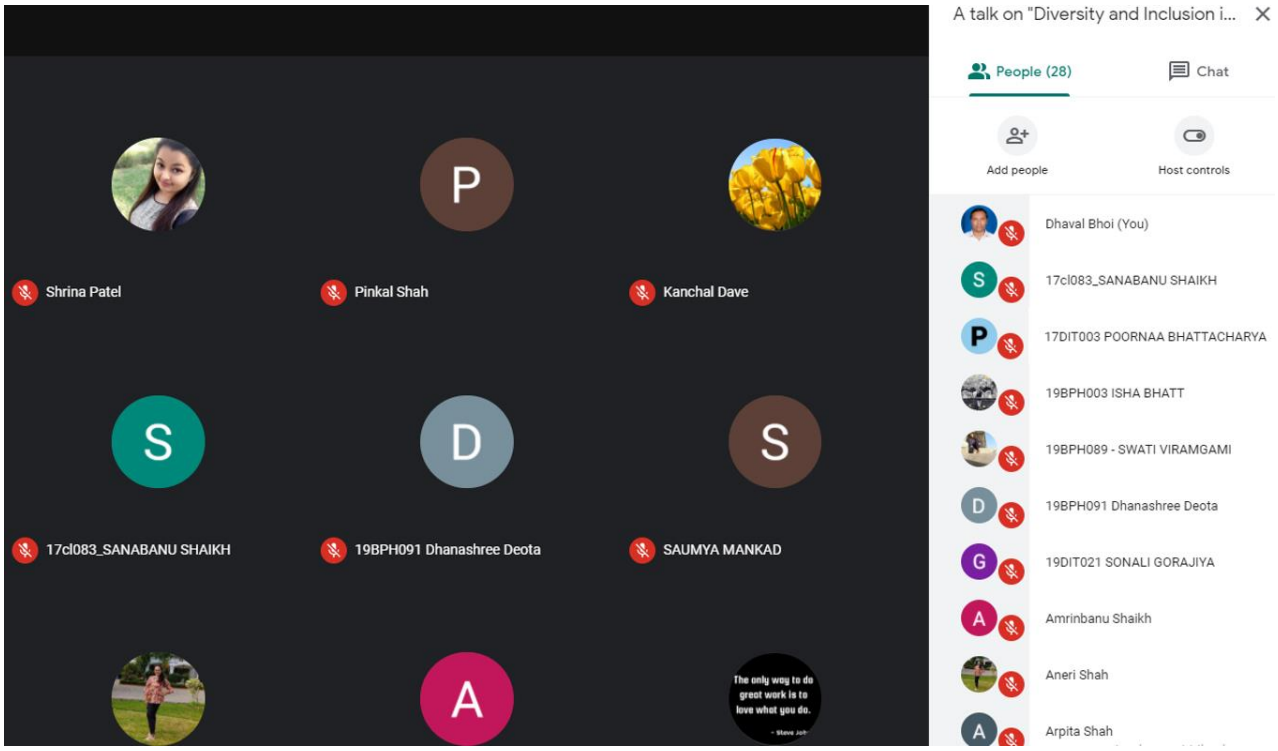
Poster/Banner of the Event



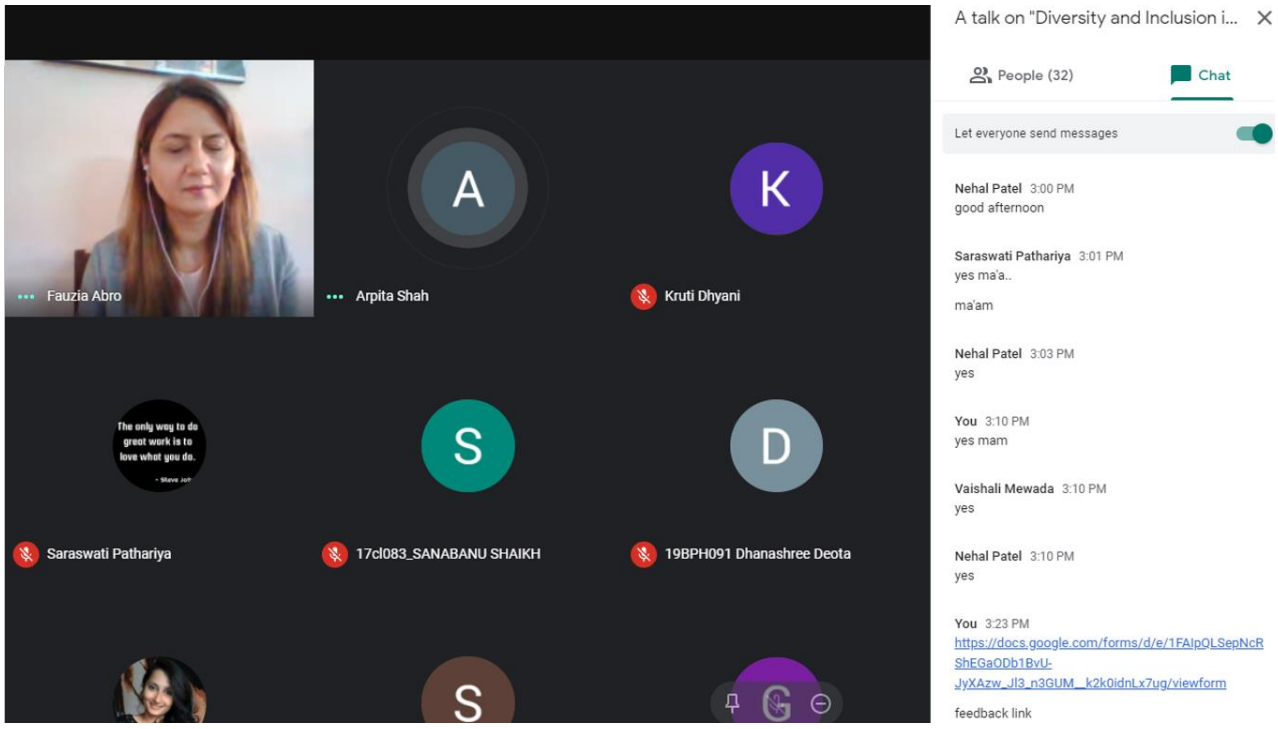
Importance of STEM



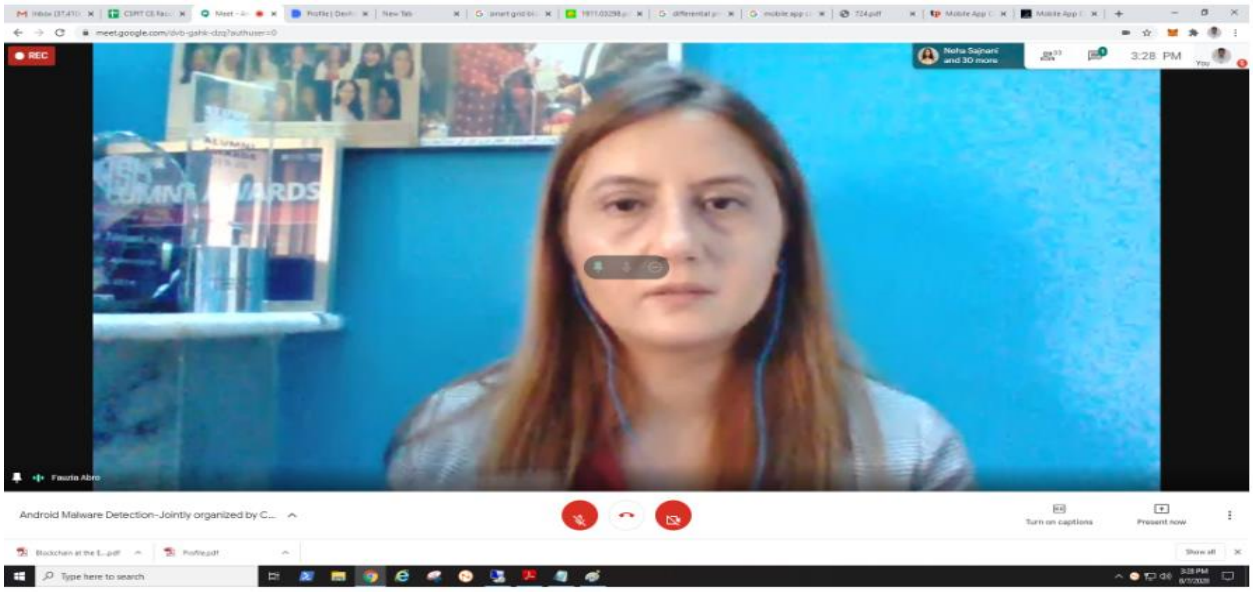
Expert Interacting with Audience



Participants during the Event



Feedback link shared with participants



Expert Solving Doubts/Queries at the end of session

CHARUSAT UNIVERSITY OF SCIENCE AND TECHNOLOGY (CHARUSAT), CHANGA – 388 421

EQUAL OPPORTUNITY CELL

Event Report

Name of Department/Institute: Smt. Kundanben Dinsha Patel Department of Information Technology, CSPIT

Name of Activity : Talent Show in "Talent Spectacular"

Date and Time of Activity: 25th September To 15th October 2020

Coordinator of Activity :

Coordinator (1)

Name: Amit Parmar(EOC member)

Designation: Asst. Professor

Department: Department of Information Technology, CSPIT

Email: amitparmar.it@charusat.ac.in

Coordinator (2)

Name: Purvi Prajapati (WDC member)

Designation: Asst. Professor

Department: Department of Information Technology, CSPIT

Email: purviprajapati.it@charusat.ac.in

Resource person details:

Sr. No.	Name of the resource person	Organization of resource person
-	-	-

Schedule of Activity:

Date	Activity
25th September To 15th October 2020	▪ Salad decoration ▪ Dancing ▪ Singing ▪ Painting/Artwork ▪ Playing an instrument ▪ Model/ Sculpture-making ▪ Poetry writing

Summary of the Event (Maximum 200 words):

The objective of the event is to discover the hidden talents of the students. This competition aims for the students to show their talent, creativity and understanding by making small video which demonstrates his/her unique skills.

The event categories are:

- Salad decoration
- Dancing
- Singing
- Painting/Artwork
- Playing an instrument
- Model/ Sculpture-making
- Poetry writing

Registration fee (if any):

List of Participants:

Dancing:

Sr.	Name	Id	Email	Department
1	Meet Vyas	18IT146	18it146@charusat.edu.in	CSPIT
2	Mital Modhavadiya	17IT054	17it054@charusat.edu.in	CSPIT
3	Gadhvi Khyati Rajeshkumar	18EC025	18EC025@charusat.edu.in	CSPIT
4	Ankita Pal	19EC032	19ec032@charusat.edu.in	CSPIT
5	Viraj pranami k	18BPH081	18bph081@charusat.edu.in	RPCP
6	Abhi Anish Naik	16me054	16me054@charusat.edu.in	CSPIT
7	Brahmbhatt khyati Jayeshkumar	18BSC013	khyatibrahmbhatt.18bsc013@gmail.com	PDPIAS
8	KHUSHI JAYESHKUMAR BRAHMBHATT	18BSC012	khushibrahmbhatt.18bsc012@gmail.com	PDPIAS
9	Trupti soni	20bca062	20bca062@edu.charusat.org	CMPICA
10	Drashti Jhaveri	19IT048	19it048@charusat.edu.in	CSPIT

Singing:

Sr.	Name	ID	Email	Department
1	VARUN LADHA	17ce049	17ce049@charusat.edu.in	CSPIT
2	Darsh Vaghasia	18dcs130	18dcs130@charusat.edu.in	Depstar
3	Thakkar Jayati Anilkumar	18IT133	18it133@charusat.edu.in	CSPIT
4	Monika kapadiya	17bpt016	17bpt016@charusat.edu.in	ARIP
5	Patel Kalyani N.	19BPH037	19bph037@charusat.edu.in	RPCP
6	Mosami Vikas Patel	19dcs094	19dcs094@charusat.edu.in	Depstar
7	Dipa khatri	19cl019	19cl019@charusat.edu.in	CSPIT
8	Patel Krina Girishbhai	19BPH041	19bph041@charusat.edu.in	RPCP
9	Malav K. Sukhadia	19IT140	19it140@charusat.edu.in	CSPIT

Painting:

Sr.	Name	ID	Email	Department
1	Divy Patel	17bph048	divymanish@gmail.com	RPCP
2	Yash M. Soni	17ec090	17ec090@charusat.edu.in	CSPIT
3	khushi patel	19dce102	19dce102@charusat.edu.in	DEPSTAR
4	Yash Chauhan	18BPH009	18bph009@charusat.edu.in	RPCP
5	Mansi Jesani	18EC036	18ec036@charusat.edu.in	CSPIT
6	Maitri Dalwadi	20TBSIT074	20TBSIT074@edu.charusat.org	CMPICA
7	Maitri Dalwadi	20TBSIT074	20TBSIT074@edu.charusat.org	CMPICA
8	Patel Shivani Sanjaykumar	20TBSIT063	20TBSIT063@edu.charusat.org	CMPICA
9	Megha Goriya	19IT045	19it045@charusat.edu.in	CSPIT

10	Isha Malli	20TBSIT069	20tbsit069@edu.charusat.org	CMPICA
11	Solanki Jeel Rakeshbhai	19BSC121	zeelsolanki.19bsc121@gmail.com	PDPIAS
12	ARYA DIPAKKUMAR PATEL	18BPH041	18bph041@edu.charusat.org	RPCP
13	Anushri Bhansali	19DCS011	19dcs011@charusat.edu.in	Depstar
14	KRUPA. H. JETHWA	20TBSIT171	20TBSIT171@edu.charusat.org	CMPICA

Poetry Writing:

Sr.	Name	ID	Email	Department
1	Namrata Khatwani	17IT045	17it045@charusat.edu.in	CSPIT
2	Jay Jagdevbhai Desai	17CE025	17ce025@charusat.edu.in	CSPIT
3	Ayushi Patel	19ec038	19ec038@charusat.edu.in	CSPIT
4	VARUN LADHA	17ce049	17ce049@charusat.edu.in	CSPIT
5	BHATT PRIYA	19BPH005	19BPH005@edu.charusat.org	RPCP
6	Trupti soni	20bca062	20bca062@edu.charusat.org	CMPICA
7	Megha Rakeshbhai Dave	20TMPHRGA003	meghadave23599@gmail.com	RPCP
8	ADWANI JAYSHREE	19EC002	19ec002@charusat.edu.in	CSPIT
9	Patel Krina girishbhai	19bph041	19bph041@charusat.edu.in	RPCP
10	Nandish Bhayani	18IT016	18IT016@charusat.edu.in	CSPIT
11	MANAN PATEL	19mcal059	19mcal059@charusat.edu.in	CMPICA
12	Patel Kalyani N.	19bph037	19bph037@charusat.edu.in	RPCP
13	Gamit Swati	20TBSIT103	20TBSIT103@edu.charusat.org	CMPICA
14	Sanabanu Mohmadhanif Shaikh	17CL083	17cl083@charusat.edu.in	CSPIT
15	Ghadiya Ayush	19IT039	19it039@charusat.edu.in	CSPIT
16	Kapadiya monika	17bpt016	17bpt016@charusat.edu.in	ARIP
17	Patel Khushi Harshadkumar	19BPH039	19bph039@charusat.edu.in	RPCP

Instrument Playing:

Sr.	Name	ID	Email	Department
1	Amre Darpan Ketan	18IT006	18it006@charusat.edu.in	CSPIT
2	Dhyanam Alpesh Pandya	19ec035	19ec035@charusat.edu.in	CSPIT
3	VARUN LADHA	17ce049	17ce049@charusat.edu.in	CSPIT
4	Ghadiya Ayush	19IT039	19it039@charusat.edu.in	CSPIT
5	Rishabh Balse	18CE006	18ce006@charusat.edu.in	CSPIT
6	Sheth Shiv AtulKumar	19BPH080	19bph080@charusat.edu.in	RPCP

Model creation/Salad Decoration:

Sr.	Name	ID	Email	Department
1	Havi S. Shah	20BCA090	20BCA090@edu.charusat.org	CMPICA
2	shah vrushali dipakbhai	20TBSIT016	20TBSIT016@edu.charusat.org	CMPICA
3	Dhwani Parikh	18bsc052	dhwaniparikh.18bsc052@gmail.com	PDPIAS

Number of male students participated in activity: 16

Number of female students participated in activity: 44

Number of teaching staff participated in activity: 00

Number of non- teaching staff participated in activity: 00

Organizing body:

(1) Equal Opportunity Cell- CSPIT, Department of Information Technology, CHARUSAT

(2) Women development cell- CSPIT, Department of Information Technology, CHARUSAT

Collaborating agency (If any): -

Name of the scheme (If any): -

Total Budget sanctioned for the activity: 8400/- INR

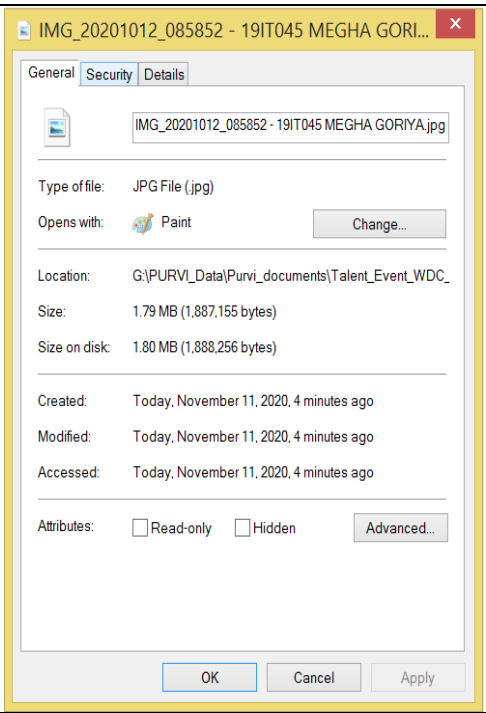
Accounts details:

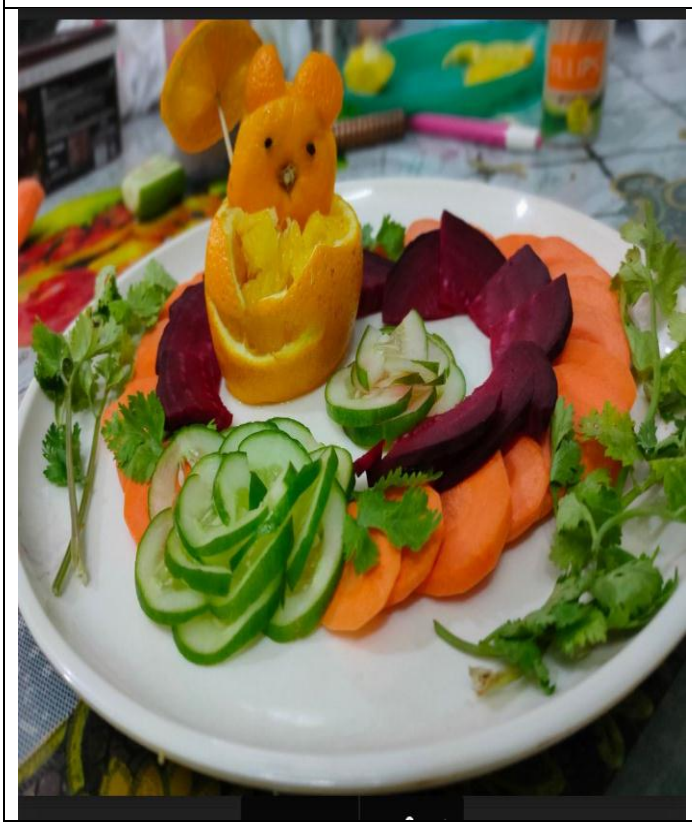
Sr. No.	Details	Rupees
Expenses		
1.	Prize money to students (Winner, Runner ups etc…)	8400
Total		8400/-

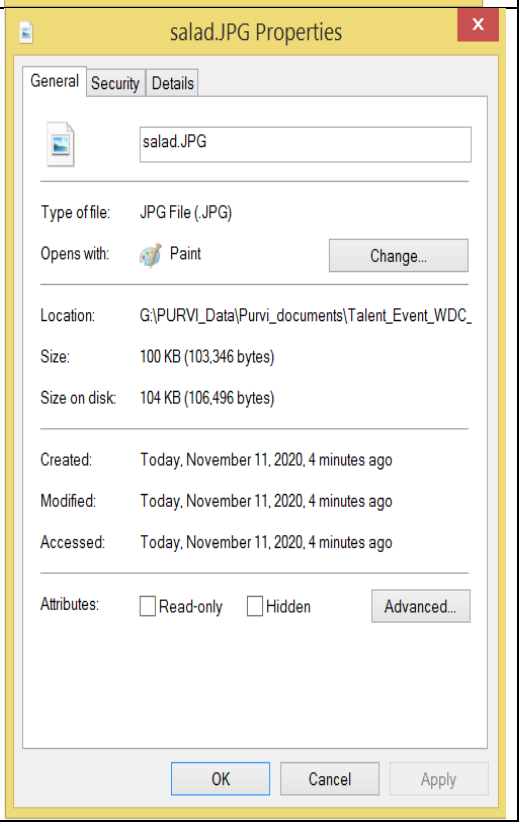
Overall impact of workshop: Excellent

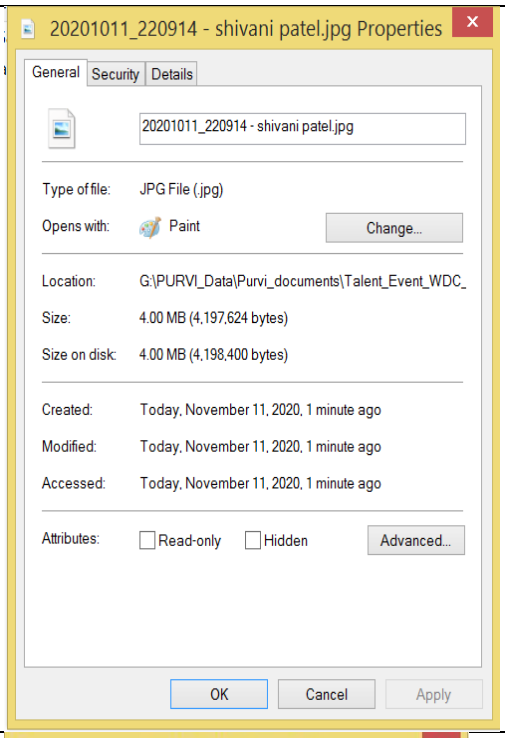
Students should be able to present their innovative ideas and creativity in terms of Video.

Photographs of the event with captions (at least six photographs):





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Cancel
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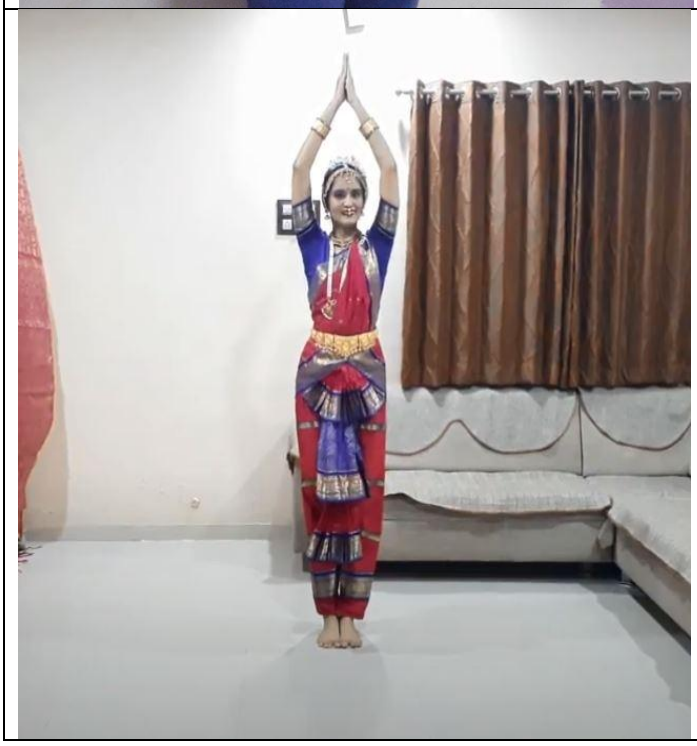

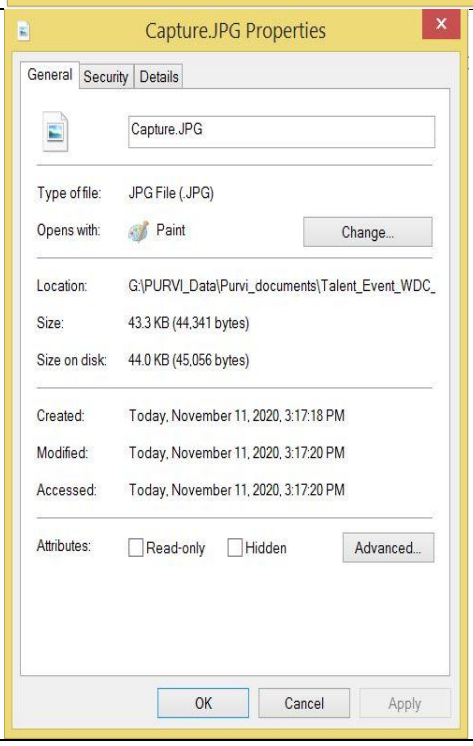
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Details
Capture.JPG
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Cancel
Apply

CHARUSAT UNIVERSITY OF SCIENCE AND TECHNOLOGY (CHARUSAT), CHANGA – 388 421

EQUAL OPPORTUNITY CELL

Event Report

Name of Department/Institute: PDPIAS

Name of Activity : Pros and cons of virtual learning/education- From student's perspective (online)

Date and Time of Activity: 22nd October 2020

Coordinator of Activity : Janki N Thakker

Resource person details: NA

Sr. No.	Name of the resource person	Organization of resource person

Schedule of Activity:

Date	Time	Session	Activity
22nd October, 2020	03.00 to 04.00 pm	Online	Discussion on "Pros and cons of virtual learning/education- From student's perspective"

Summary of the Event (Maximum 200 words):

The discussion extended above 4.30 and students very interestingly shared their views on the online learning pros and cons. Most of the points were in favor of the virtual learning but few cons were also discussed by students.
Overall it was an excellent session which was enjoyed by students and they demanded to have more such sessions and extend the time for such events which

will be kept in mind for future such events. Google forms for feedback was also taken and students in events wanted to participate in such events

Registration fee (if any):

List of Participants:

Sr No	ID	Name
1	18BSC001	HARINI
2	18BSC002	JACQUELENE Mariam
3	18BSC003	YASHVI Kapadia
4	18BSC008	DRASHTI BHAVSAR
5	18BSC017	KRISHNA DAVE
6	18BSC018	TWISHABEN DAVE
7	18BSC021	SANYA DESAI
8	18BSC029	RUTU KANSAGARA
9	18BSC030	LINTA KURIEN
10	18BSC034	DISHA MANEK
11	18BSC035	DAINYANG MANSATA
12	18BSC036	ANUPA MATTATHIL
13	18BSC038	HARSAD MISHRA
14	18BSC039	BIJAL MISTRY
15	18BSC041	AAYUSHI MODI
16	18BSC043	KAVYA NAIR
17	18BSC048	KRUSHALI PANDYA
18	18BSC052	DHWANI PARIKH
19	18BSC054	SHRADDHA PARMAR
20	18BSC058	CHARMI PATEL
21	18BSC059	DHARTEE PATEL
22	18BSC061	DHRUVI PATEL
23	18BSC062	DHRUVI PATEL
24	18BSC066	DOLLYBEN PATEL
25	18BSC068	HARSHKUMAR PATEL
26	18BSC069	HETAL PATEL
27	18BSC077	KRUPA PATEL
28	18BSC080	MAITRI PATEL
29	18BSC090	PEARL PATEL
30	18BSC099	VRUNDABEN PATEL
31	18BSC101	MADHAV PINDORIA

32	18BSC105	DEVANSHI RANA
33	18BSC106	AMATULLA SADABARWALA
34	18BSC107	URVI SADARIYA
35	18BSC110	AAYUSHI SHAH
36	18BSC113	HETA SHAH
37	18BSC122	KANDARP SOJITRA
38	18BSC125	DEVANSHI TRIVEDI
39	18BSC127	SHARMIN VAHORA
40	18BSC130	MONALI WANI
41	18BSIT073	KRINAL PATEL
42	19BCA002	CHINTAN MANDALIYA
43	19BCA035	ADITYA KAPADIYA
44	19BSC007	TULSI CHAUDHARI
45	19BSC019	KRINA GADHESARIYA
46	19BSC023	PRIYABEN GOSAI
47	19BSC029	MAITRI KANSARA
48	19BSC048	ANUSHKA PATEL
49	19BSC082	RUCHITA PATEL
50	19BSC087	SHIVANEE PATEL
51	19BT001	RUCHI ATODARIA
52	19BT003	DHARTI BHADLA
53	19BT006	SAMRIDDHI CHOUDHARY
54	19BT009	RUTIKKUMAR GHODASARA
55	19BT012	JINALBEN KAPADIA
56	19BT015	ANERI MEHTA
57	19BT020	HARSH PATEL
58	19BT025	KAIRAV PATEL
59	19BT028	NIYATIBEN PATEL
60	19BT031	SAURAV PATEL
61	19BT035	TANVI PATEL
62	19BT036	TUSHARBHAI PATEL
63	19BT037	VIYUSHTI PATEL
64	19BT038	RUTVI SHAH
65	19BT039	KAZIMA SHAIKH
66	19BT040	JOLLY UPADHYAYA
67	19MCAL003	SANJAY BARAIYA
68	20BCA017	KHUSHI PATEL
69	20BCA028	TARANG BARAIYA
70	20BCA054	SMIT SONI
71	20BCA082	KESHVI SANGHANI

72	20BCA158	SALMAN MUKARDAMWALA
73	20TBSC001	MANSI PATEL
74	20TBSC006	JAIVIN BHATT
75	20TBSC027	RIDDHI KA PATEL
76	20TBSC046	SHREYANSHI MEHTA
77	20TBSC047	HANUT TRIVEDI
78	20TBSC052	JUHI SHAH
79	20TBSC069	KRISHNA SUTARIYA
80	20TBSC077	JEEL JOSHI
81	20TBSC082	DIYABEN PATEL
82	20TBSC097	PRATHAM BHATT
83	20TBSC098	MIHIKA KARIA
84	20TBSC110	YASHKUMAR AAGAL
85	20TBSC114	KHUSHI JOBANPUTRA
86	20TBSC128	2KHUSHI PATEL
87	20TBSC130	TANAY THAKKAR
88	20TBSC131	HIMALI JANI
89	20TBSC135	ABHI SURALKAR
90	20TBSC150	ROSHNI PATEL
91	20TBSC160	YUTI PATEL
92	20TBSC166	BHAKTI THAKKAR
93	20TBSC169	PARAM RAJGURU

Number of male students participated in activity: 19

Number of female students participated in activity:74

Number of teaching staff participated in activity: NA

Number of non- teaching staff participated in activity: NA

Organizing body: EOC cell PDPIAS

Collaborating agency (If any): NA

Name of the scheme (If any):NA

Total Budget sanctioned for the activity: NA

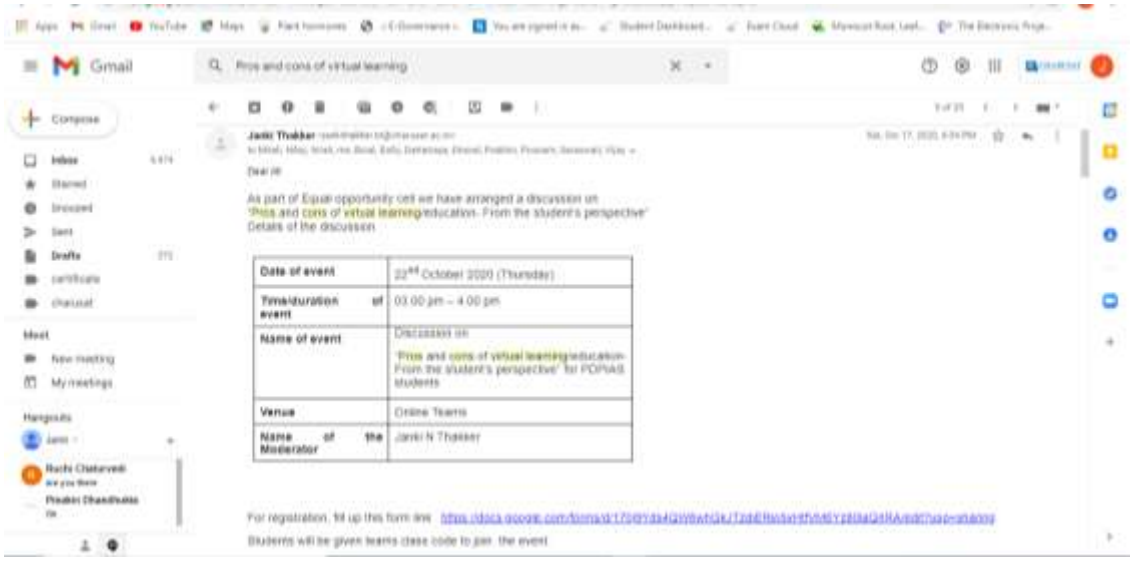
Accounts details: NA

Sr. No.	Details	Rupees
Income		

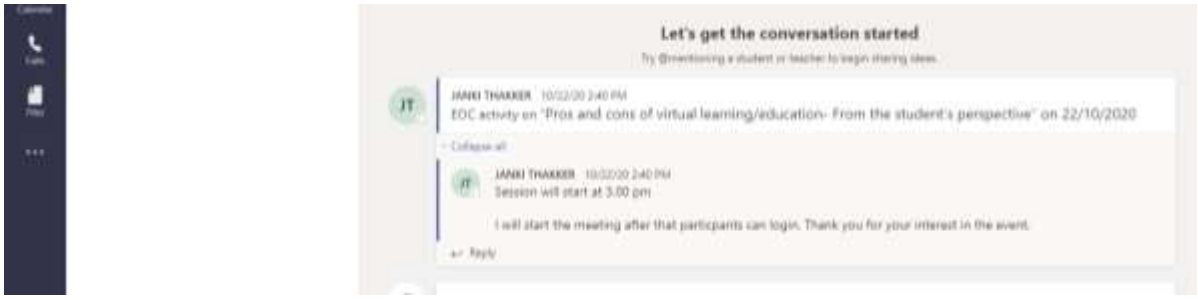
1.		
Expenses		
1.		
Total		

Overall impact of workshop: Excellent/Very Good/Good/Average/Poor: **Very good**

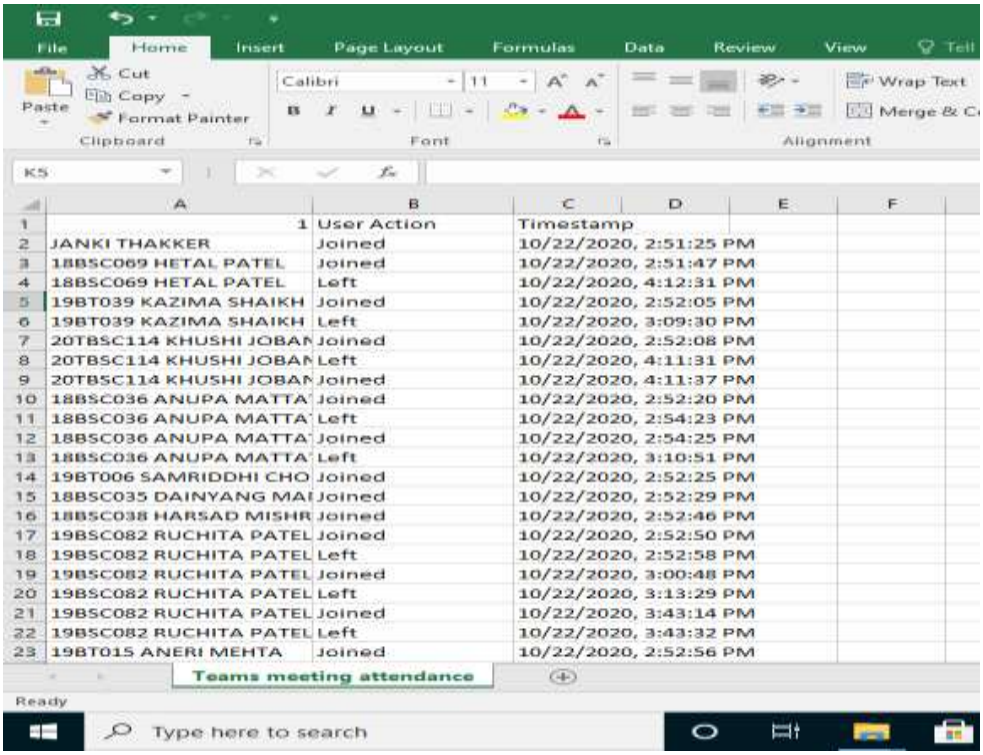
Photographs of the event with captions (at least six photographs):



Announcement (notice)_17/10/2020



Conversations with participants PDPIAS room 202_22/10/2020



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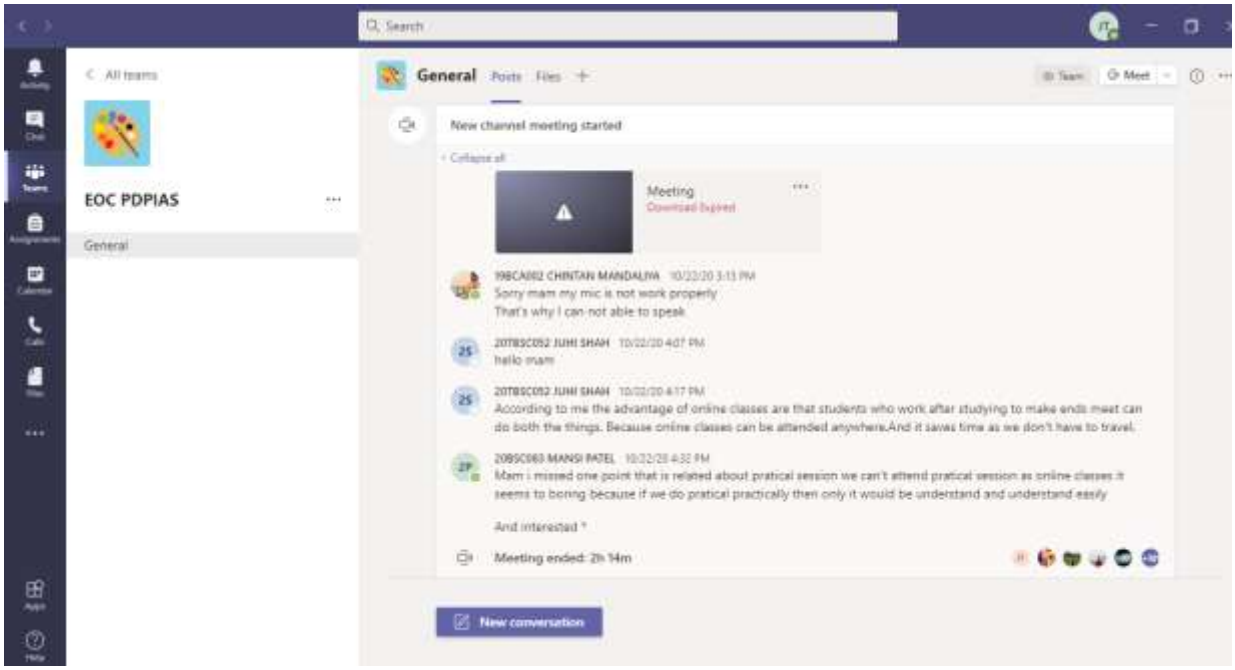
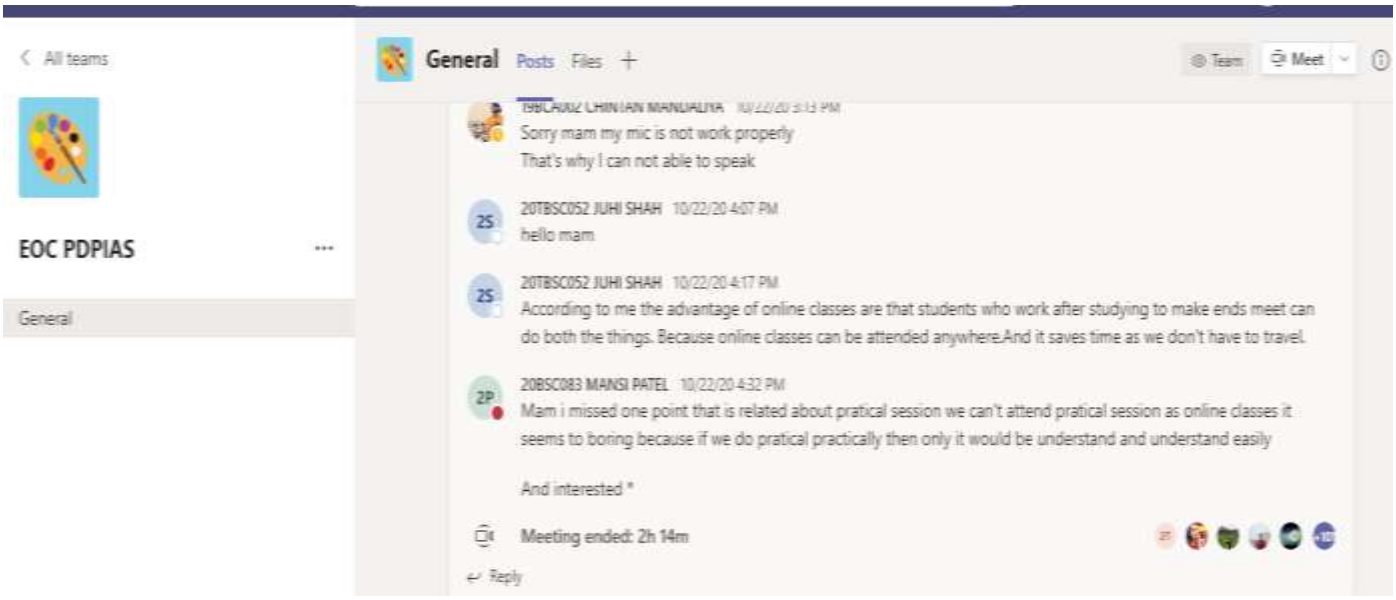
1	1	User Action	Timestamp
2	JANKI THAKKER	Joined	10/22/2020, 2:51:25 PM
3	18BSC069 HETAL PATEL	Joined	10/22/2020, 2:51:47 PM
4	18BSC069 HETAL PATEL	Left	10/22/2020, 4:12:31 PM
5	19BT039 KAZIMA SHAIKH	Joined	10/22/2020, 2:52:05 PM
6	19BT039 KAZIMA SHAIKH	Left	10/22/2020, 3:09:30 PM
7	20TBSC114 KHUSHI JOBAN	Joined	10/22/2020, 2:52:08 PM
8	20TBSC114 KHUSHI JOBAN	Left	10/22/2020, 4:11:31 PM
9	20TBSC114 KHUSHI JOBAN	Joined	10/22/2020, 4:11:37 PM
10	18BSC036 ANUPA MATTA	Joined	10/22/2020, 2:52:20 PM
11	18BSC036 ANUPA MATTA	Left	10/22/2020, 2:54:23 PM
12	18BSC036 ANUPA MATTA	Joined	10/22/2020, 2:54:25 PM
13	18BSC036 ANUPA MATTA	Left	10/22/2020, 3:10:51 PM
14	19BT006 SAMRIDDHI CHO	Joined	10/22/2020, 2:52:25 PM
15	18BSC035 DAINYANG MAI	Joined	10/22/2020, 2:52:29 PM
16	18BSC038 HARSAD MISHR	Joined	10/22/2020, 2:52:46 PM
17	19BSC082 RUCHITA PATEL	Joined	10/22/2020, 2:52:50 PM
18	19BSC082 RUCHITA PATEL	Left	10/22/2020, 2:52:58 PM
19	19BSC082 RUCHITA PATEL	Joined	10/22/2020, 3:00:48 PM
20	19BSC082 RUCHITA PATEL	Left	10/22/2020, 3:13:29 PM
21	19BSC082 RUCHITA PATEL	Joined	10/22/2020, 3:43:14 PM
22	19BSC082 RUCHITA PATEL	Left	10/22/2020, 3:43:32 PM
23	19BT015 ANERI MEHTA	Joined	10/22/2020, 2:52:56 PM

Info regarding meeting (PDPIAS room 202)_22/102020



Meeting room details (PDPIAS room 202)_22/102020



Student views in writing (PDPIAS room 202) _22/102020

CHARUSAT UNIVERSITY OF SCIENCE AND TECHNOLOGY (CHARUSAT), CHANGA – 388 421

EQUAL OPPORTUNITY CELL

Event Report

Name of Department/Institute: Smt. Chandaben Mohanbhai Patel Institute of Computer Applications

Name of Activity : Poster presentation on the theme of "Innovative ways to celebrate Festivals during the Pandemic situation"

Date and Time of Activity: 12th November,2020 to 31st December,2020

Coordinator of Activity : Dr. Nirali Honest

Schedule of Activity:

Date and Time	Session	Activity
12th November,2020 to 31st December,2020	The submission link was shared with all the EOC Department and Institute coordinators, for online submission of poster.	Competition was open from 12th November,2020 to 31st December,2020

Summary of the Event (Maximum 200 words):

Lots of changes have happened in the pandemic situation faced all over the world. The way the festivals are celebrated every year has changed this year, due to the pandemic situation. The competition is planned to emphasize any innovative way that the students have planned or celebrated any festival during this year. This shows the change in thinking and lifestyle that is adopted by the students to support mankind during the epidemic situation. So with this intense the poster theme was planned as "Innovative ways to celebrate Festivals during the Pandemic situation".

Registration fee (if any): No registration fees.

Total Participants: 03

List of Participants

Sr. No.	Student Name	Student ID	Email	Contact Number
1.	Pranita Zaveri	18CE136	18ce136@charusat.edu.in	9409289863
2.	Meet Vyas	19BSIT129	19bsit129@charusat.edu.in	9998449398
3.	Patel Nandni	20BCA130	nandnipatel5322@gmail.com	7226021355

Number of male students participated in activity: 01

Number of female students participated in activity:02

Number of teaching staff participated in activity: Nil

Number of non- teaching staff participated in activity: Nil

Organizing body: EOC, CHARUSAT, Changa

Collaborating agency (If any): Nil

Name of the scheme (If any): Nil

Total Budget sanctioned for the activity: 500 INR

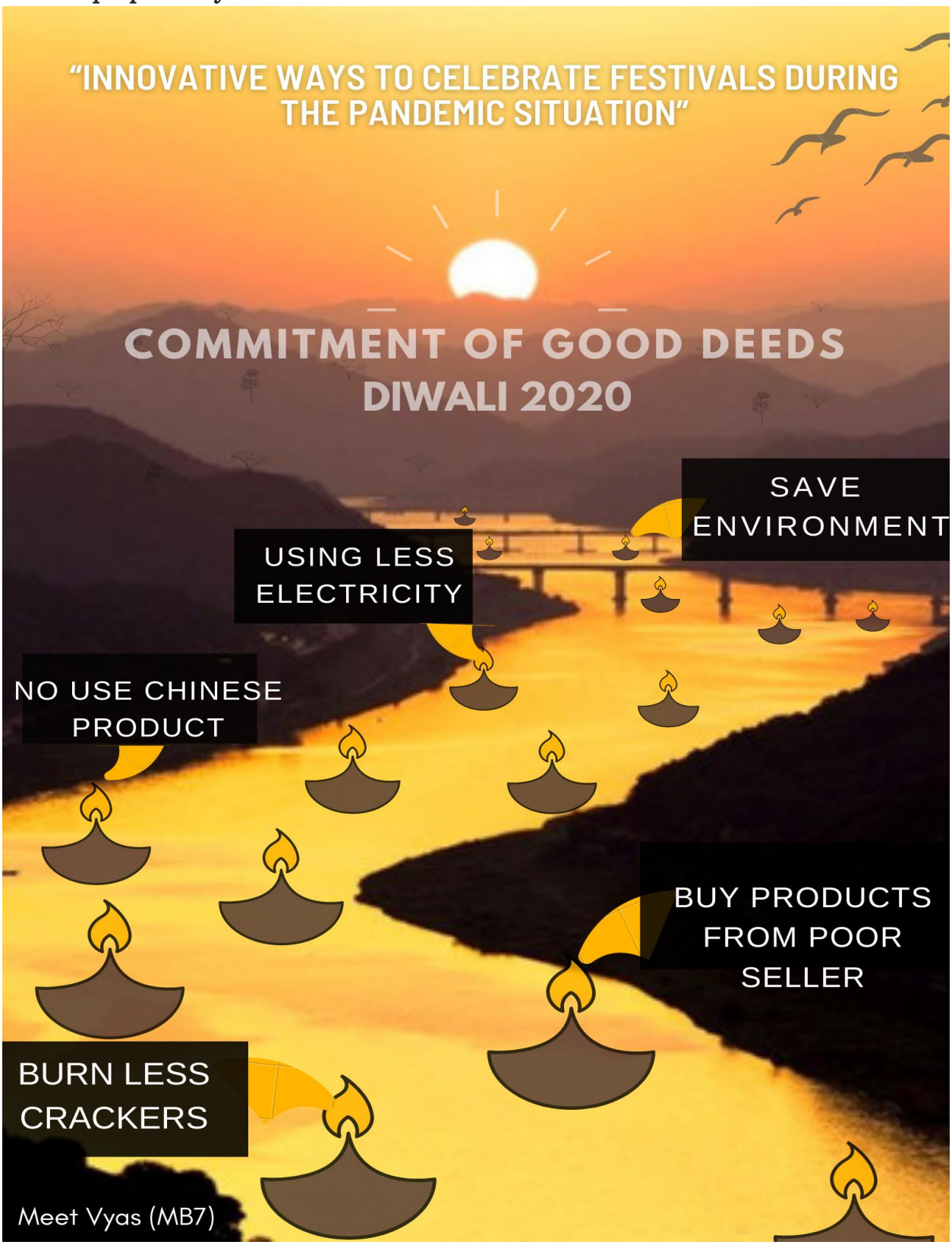
Accounts details:

Sr. No.	Details	Rupees
Income		
Expenses		
1.		
Total		

Overall impact of workshop: Excellent/Very Good/Good/Average/Poor

Photographs of the event with captions:

Posters prepared by students



Student posters submitted as part of competition on 16th November,2020 at 12:06 pm

Student posters submitted as part of competition on 18th November,2020 at 01:43 pm
12/15/2020 11:26:44

Student posters submitted as part of competition on 15th December,2020 at 11:26 am

Department /Institute Coordinator Sign:

Head of Department/Institute Sign:

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CHAROTAR UNIVERSITY OF SCIENCE AND TECHNOLOGY (CHARUSAT), CHANGA – 388 421

EQUAL OPPORTUNITY CELL

Event Report

Name of Department : CHAMOS Matrusanstha Department of Mechanical Engineering

Name of Activity : Event on Poster Presentation Competition on "Virtual Classroom strategies for Slow Learners"

Date and Time of Activity : Saturday 05th September 2020, 02.00 pm onwards

Coordinator of Activity : **Dr. Dattatraya G. Subhedar**

Schedule of Activity:

Date	Time	Session	Activity
05/09/2020	02.00 pm	02 pm to 03 pm	* Poster Presentation

Summary of the Event (Maximum 200 words):

Due to the COVID-19 epidemic most of the country started education using online platform. The major concerns of all the education system is how learning should be make more effective using virtual classroom. On the occasion of the birth anniversary of Dr. Sarvepalli Radhakrishnan CHAMOS Matrusanstha Department of Mechanical Engineering, C. S. Patel Institute of Technology, had organized the online poster presentation event on "Virtual Classroom strategies for Slow Learners" under the aegis of Equal Opportunity cell, CHARUSAT. Many faculties actively participated and present their views regarding the benefits of Virtual platform for all the learners.

From this activity participants get opportunity:

- To get chance to express their views on virtual classrooms
- Also they explore the new ideas to implement online education effectively, from the other participants

`

Registration fee (if any): Nil

List of Participants: **Registration sheet attached**
No. of Participants: 05

Number of female participated in activity: **00**

Number of male participated in activity: **05**

Organizing body: **CHARUSAT**

Total Budget sanctioned for the activity: **Nil**

List of Participants: Registration sheet is attached

Accounts details:

Sr. No.	Details	Rupees
Income		
1.	Nil	Nil
Expenses		
1.	Nil	Nil
Total		**Nil**

Overall impact of Event: Very Good

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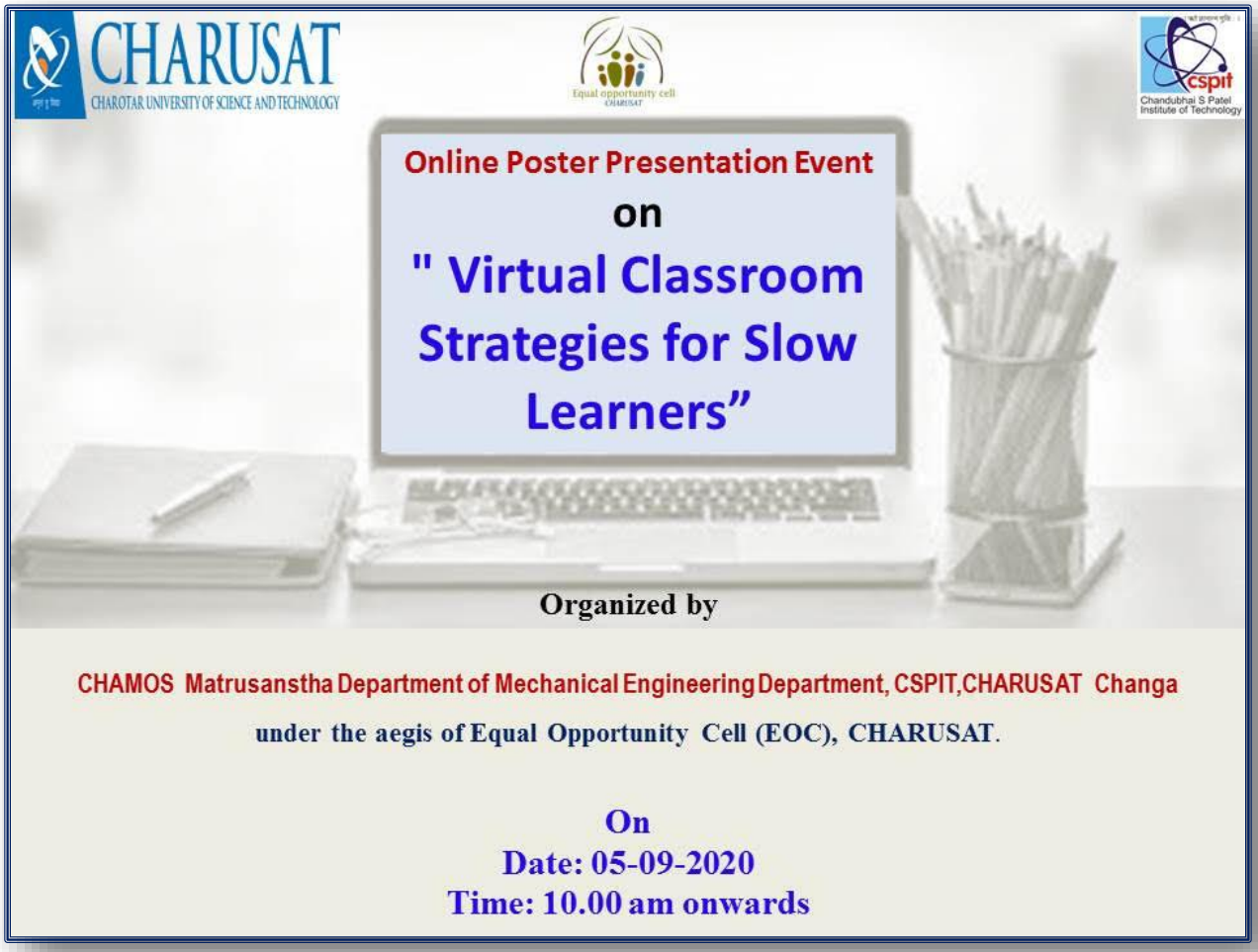
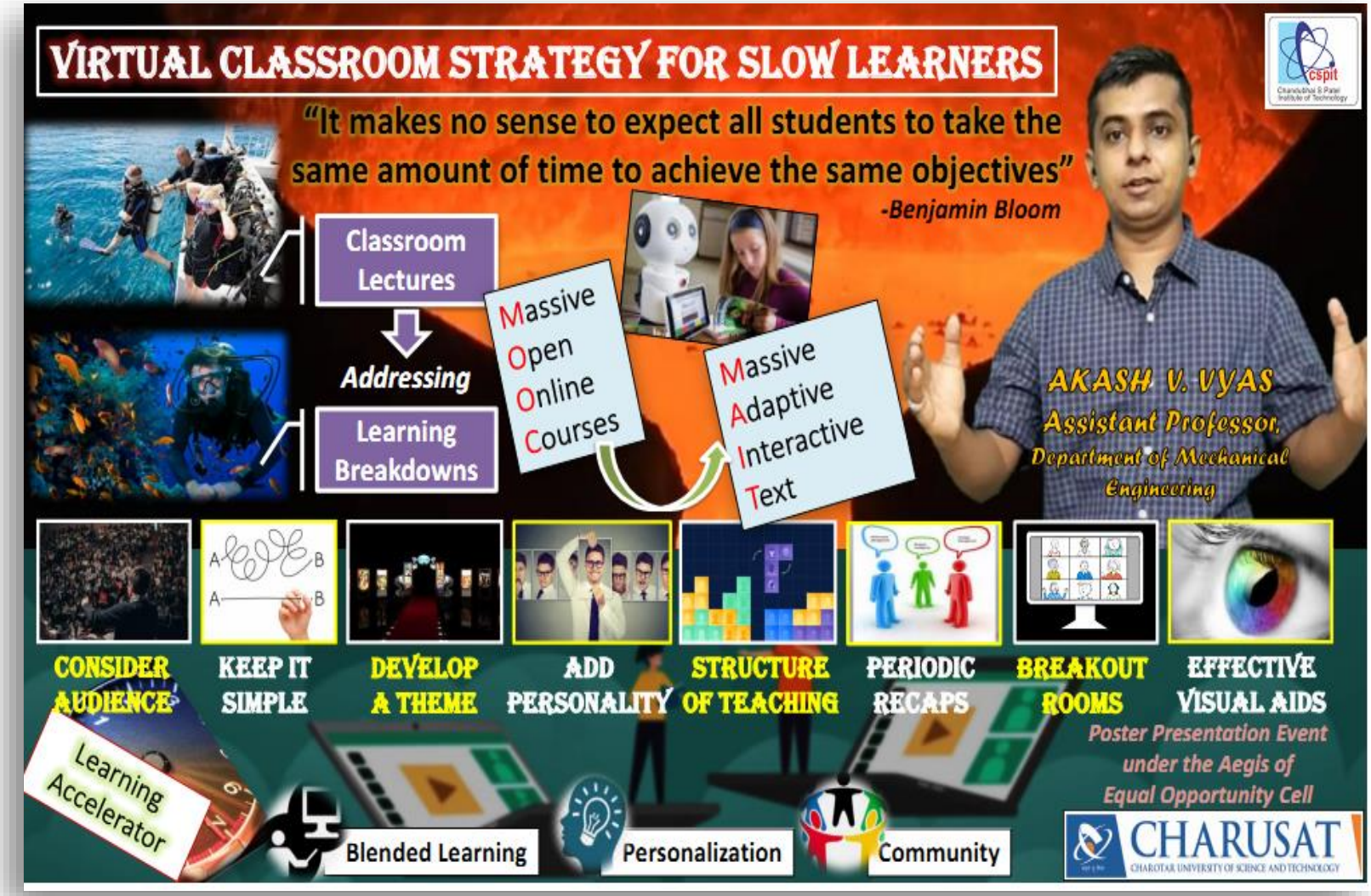
Photographs of the event with captions:



Banner (Online, 05 /09/2020)



Poster by Mr. Akash Vyas (Online, 05 /09/2020)

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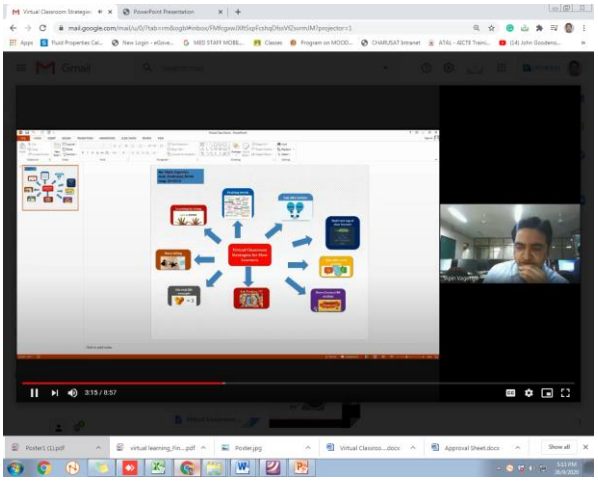

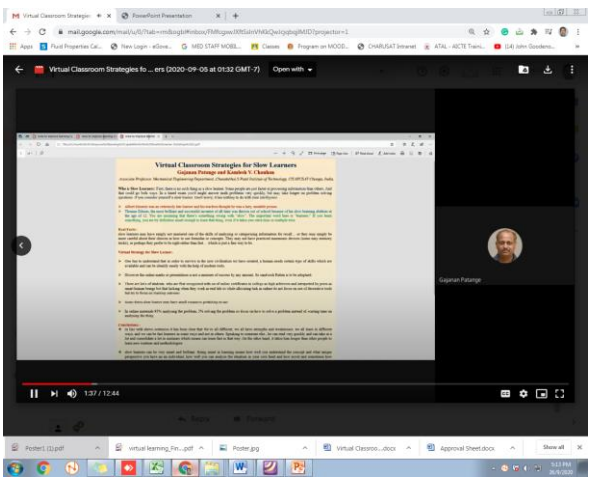

Online Presentation by the Participants (Online, 05 /09/2020)

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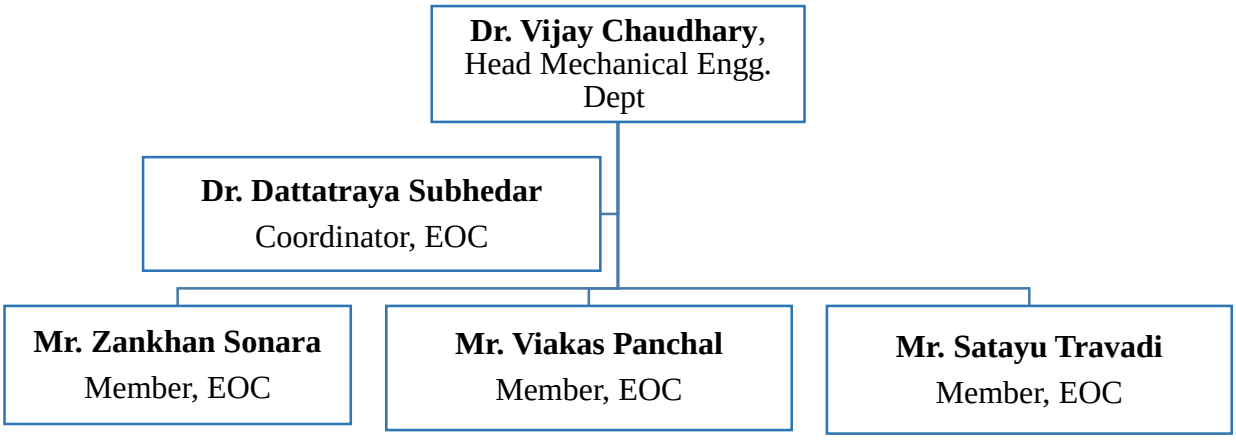
EOC Event Committee, Mechanical Engineering Department:



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List of Participants:

Sr. No	Participant Name	Institute/Department	Male/Female	Contact	Signature
1	Mr. Vipin Vageriya	Manikaka Topawala Institute of Nursing	Male	7874038375	Online
2	Dr. Gajanan Patange	CSPIT/ME	Male	9998716477	Online
3	Dr. Kamlesh Chauhan	CSPIT/ME	Male	9819023373	Online
4	Dr. Dattatraya Subhedar	CSPIT/ME	Male	9712624320	Online
5	Mr. Akash Vyas	CSPIT/ME	Male	9558807231	Online

CHARUSAT UNIVERSITY OF SCIENCE AND TECHNOLOGY (CHARUSAT), CHANGA – 388 421

EQUAL OPPORTUNITY CELL

Event Report

Name of Department : M&V Patel Department of Electrical Engineering

Name of Event : Seminar on "How to face the challenges of the LIFE"

Date and Time of Event : 10th October, Saturday, 2020, 02:00 p.m. to 03:30 p.m.

Event coordinator : Mihir R Patel (Assistant professor Electrical Dept.)

: Jignesh S Patel (Assistant professor Electrical Dept.)

Resource person details:

Sr. No.	Name of the resource person	Organization of resource person
1.	Prof. Dr. Kamal Chakravartty	Head HRDC, CHARUSAT

Event Schedule:

Date	Time	Activity
10th October, 2020	02:00 p.m. to 03:30 p.m.	Seminar

Summary of the Event (Maximum 200 words):

As a part of EOC we have arrange a Seminar on "How to face the challenges of the LIFE", on 10th October, 2020. Dr. Kamal Chakravartty, speaker has conducted this seminar during 02:00 p.m. to 03:30 p.m. through google meet.
Dr. kamal has share inspiring and provoking thoughts on life by giving the example on swami Vivekananda, lord buddha and Krishna. Sir has also shared their personal experience on life that will help all the participants for upcoming life. From the feedback of the participants the takeaway from the event is: Gratitude, Turn Toward Reality, accepting my own emotions, facing my reality to move forward and definitely having a slow and disciplined life in order to have an incrementing growth, Face to challenges of life and respect to all Maintain good relationship to others Prayer for all person, To face and embrace reality, and

sharpen your emotional well-being by "PRACTICING GRATITUDE ". and many more.
The participants have enjoyed the seminar and felt very grateful for Equal Opportunity Cell, CHARUSAT for organizing this activity.
I am very thankful to department head Dr. Nilay Patel sir, and EOC chairperson Dr. Vijay Panchal sir, for their supports for making this event successful.

Registration fee (if any): No registration fees

No. of Participants: 58 + 02(Event coordinators) =60

Sr. No.	Name	Roll No
1	janvi panchal	16bpt035
2	Patel Hemang Mahendrabhai	D18EE085
3	Jaykumar patel	18ee028
4	Harsh Pravinbhai Kukadiya	20BCA013
5	Raj Gajjar	18BSIT012
6	Tariqahmed Mohmmadiqbal Vaidya	20BCA135
7	Vishal Sanjay Kesur	17EE026
8	Dhairya Shitalbhai Patel	19EE011
9	Priyanka Vasavada	18ec109
10	Soni Dhruv A.	17EE062
11	Pranav Prajapati	18EE040
12	Riya Patel	18EE035
13	Darshil Aghera	19ee001
14	NISHITA PATEL	19ee015
15	Gohil Pruthvirajsinh Jagdishsinh	19EE004
16	Drashti Narendrabhai Ka.Patel	18BSIT022
17	Pandya Aryan	20TBSIT119
18	Ami Bhaveshkumar Bhavsar	18BSIT005
19	Chirag Prajapati	18EE039
20	Harsh Bhatt	19bsit055
21	Garvi Thakkar	20BCA004
22	PANCHAL HARSH	d18ee089
23	Patel Vidhi Rajeshkumar	19ee017
24	Kavan Dhavalkumar Patel	18ec073
25	Neel Prajapati	17EE053
26	Jalay Shah	19BSIT096
27	Niki Patel	16BPT051
28	MANTHAN J PATEL	17EE044
29	Srushti Padaliya	18EC052
30	Binal Joshi	5625
31	KRUPA. H. JETHWA	20TBSIT171
32	Chavda Harsh N	19BSIT019
33	Bhaumik Soni	17EE061
34	Sanjay baraiya	19mcal003

35	Maitri dalwadi	20TBSIT074
36	Chirag A. Panchal	19BSIT054
37	Deep Sheta	19BSIT086
38	Chirag Kahar	18EC039
39	Anuj Bhatt	18ee003
40	Jay shah	19EE020
41	Jay S Patel	18BSIT063
42	Macwan Tejaskumar Dilipbhai	17BSCP006
43	POKAR RAJVI MAHENDRABHAI	16bpt068
44	Akshat Dharmesh Patel	19EC037
45	Diya patel	19BCA103
46	Kirtan Prajapati	19Bsit114
47	Praneetsinh Rajput	20TBSIT097
48	Amin Jinal	16bpt001
49	patel aarti	19Bsit046
50	PRIYANKI K PATEL	19bsit091
51	Kadiya Jay Nikhilkumar	17EE024
52	maitri patel	19bsit064
53	Smit Parikh	20TBSIT153
54	Divyesh thakkar	19bca157
55	Thaker Jahnavi	19bsit094
56	Vrunda Patel	19BSIT002
57	Saurav prajapati	19bca076
58	Dharti patel	19bsit103

Number of male students participated in activity: 36

Number of female students participated in activity: 21

Number of teaching staff participated in activity: 03

Number of non- teaching staff participated in activity: 00

Organizing body: Equal opportunity Cell, CHARUSAT

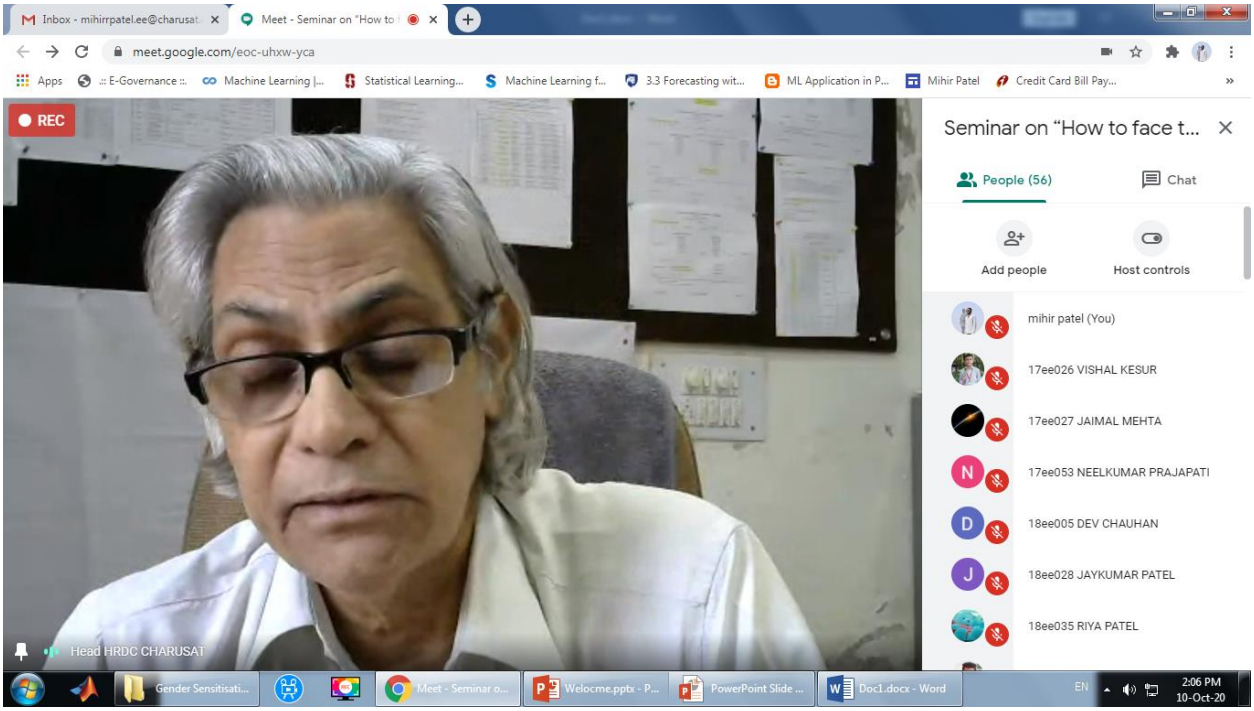
Collaborating agency (If any): ---

Name of the scheme (If any): ---

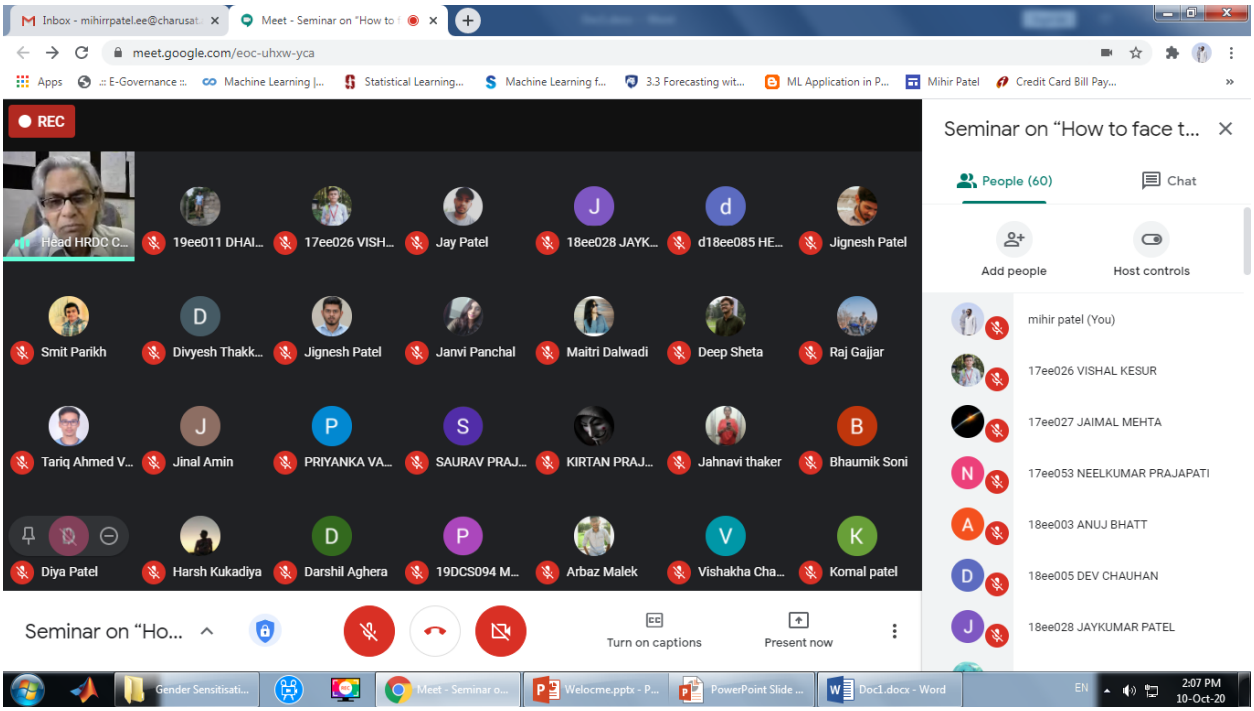
Total Budget sanctioned for the activity: NA

Overall impact of seminar: Excellent

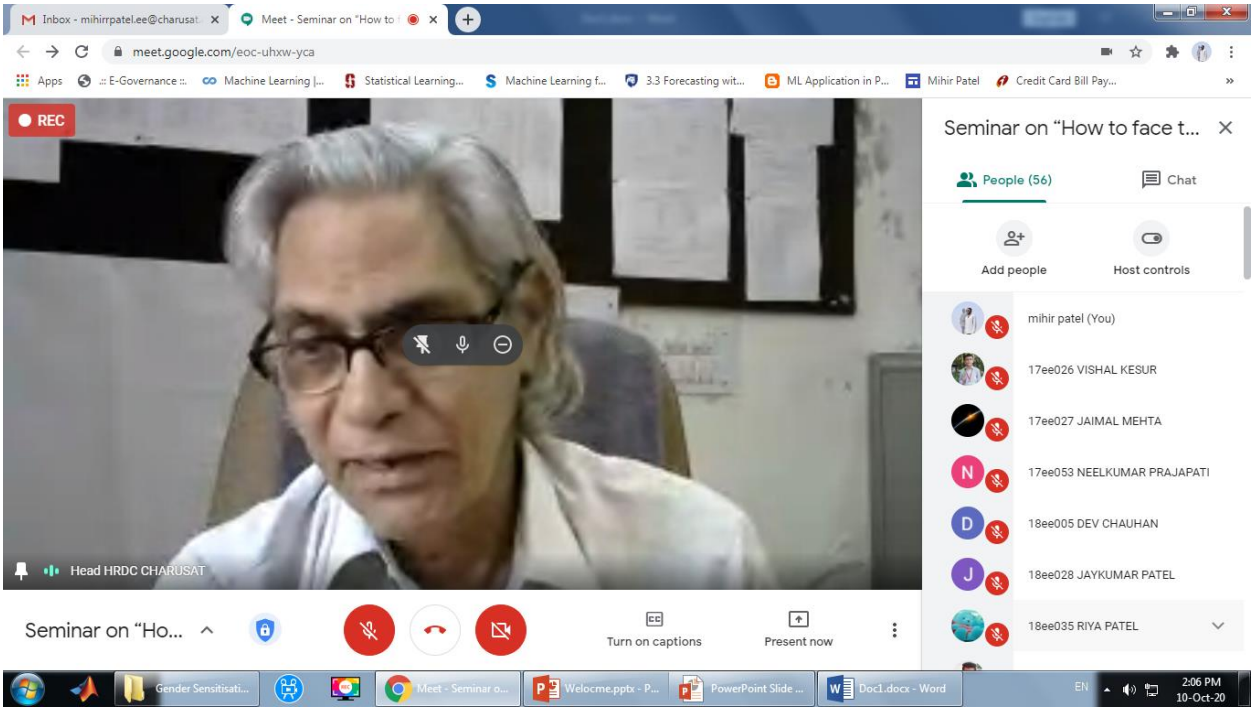
Photographs of the event:



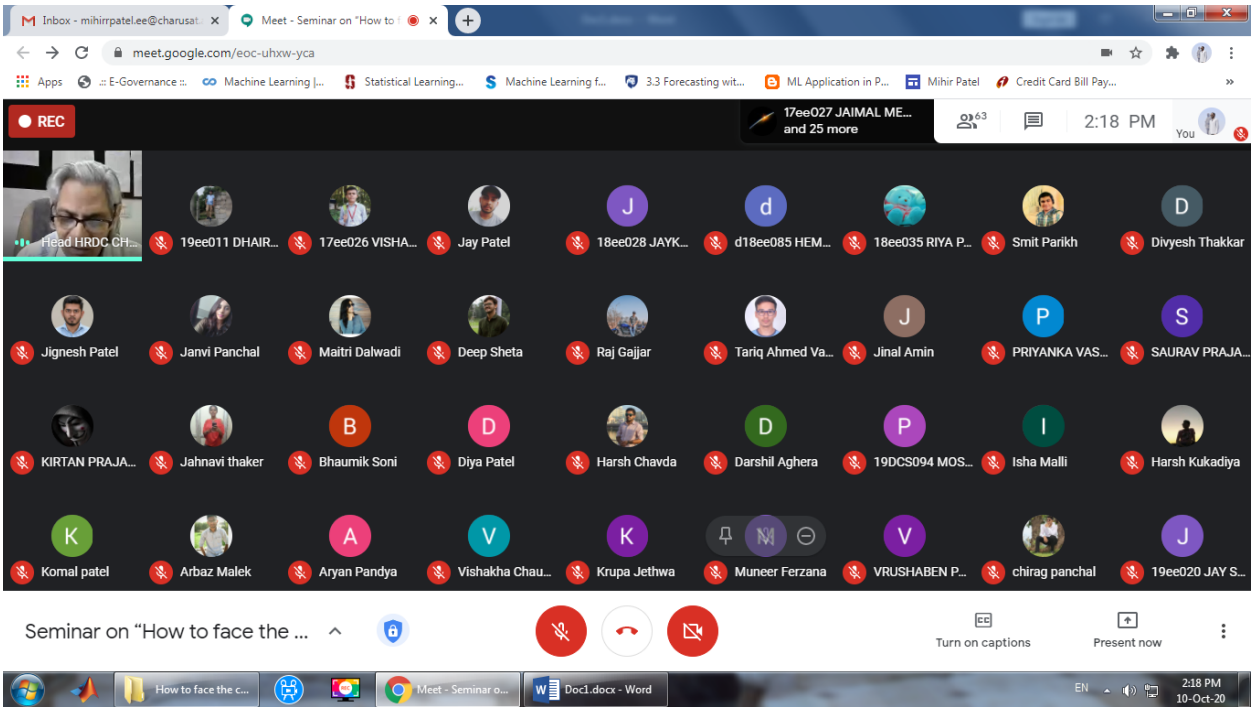
Photograph-1: Speaker Dr. Kamal sir (CHARUSAT_10/10/2020)



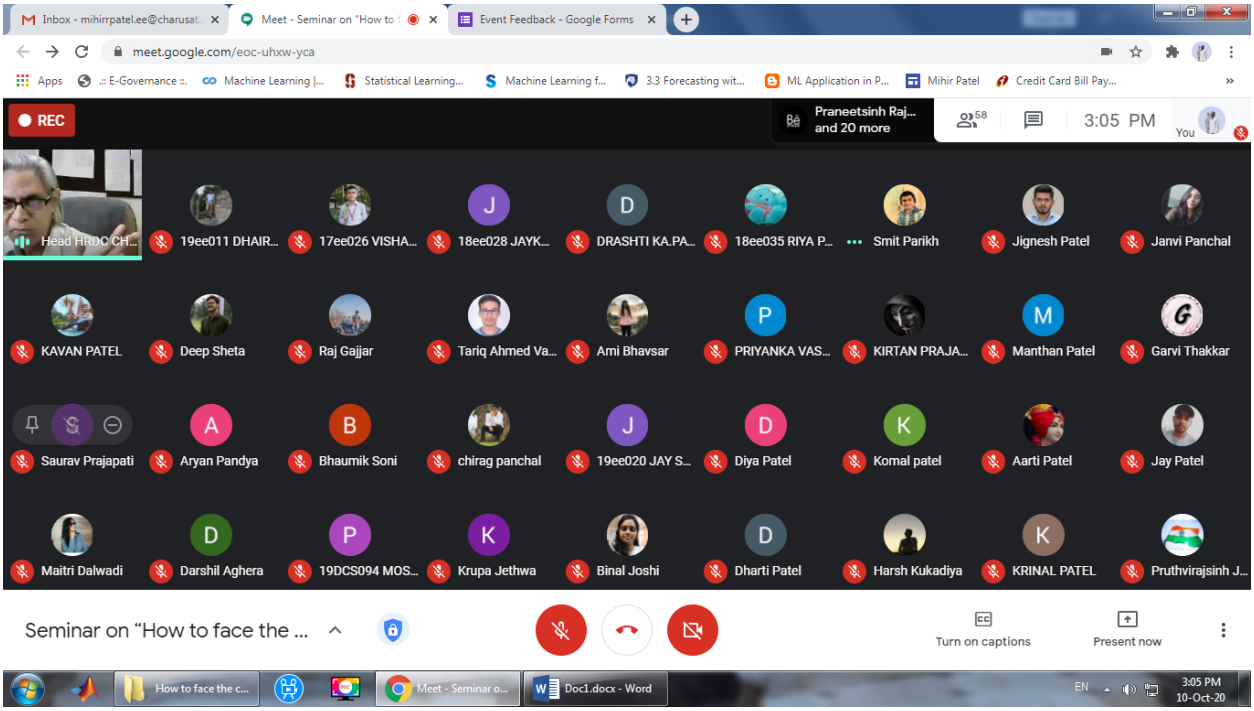
Photograph-2: With Participants (CHARUSAT_10/10/2020)



Photograph-3: Speaker Dr. Kamal sir (CHARUSAT_10/10/2020)



Photograph-4: With Participants (CHARUSAT_10/10/2020)



Photograph-5: With Participants (CHARUSAT_10/10/2020)

CHAROTAR UNIVERSITY OF SCIENCE AND TECHNOLOGY[CHARUSAT]

Faculty of Medical Sciences

MANIKAKA TOPAWALA INSTITUTE OF NURSING

Report on Webinar on

"Educational Schemes and Provisions for Special Children"

Under The Aegis of Equal Opportunity Cell

Date of event	**: 10/11/2020**
Date of Submission	**: 14/12/2020**
Organizers	**: EOC, Manikaka Topawala Institute of Nursing**
Venue	**: VIRTUAL MODE THROGH GOOGLE MEET.**
Submitted By	
Name	**: Mrs. Binal Joshi,**
Designation	**: Assistant professor**
Department	**: Nursing**
Email	**: binaljoshi.nur@charusat.ac.in**

Endorsed by

Principal

14/12/2020

Seal and Signature

PRINCIPAL
MANIKAKA TOPAWALA INSTITUTE OF NURSING
CHARUSAT CAMPUS - CHANGA
AT. CHANGA - 388 421
TA. PETLAD, DIST. ANAND (GUJARAT)

CHARUSAT UNIVERSITY OF SCIENCE AND TECHNOLOGY (CHARUSAT), CHANGA – 388 421

EQUAL OPPORTUNITY CELL

Report on Webinar on

"Educational Schemes and Provisions for Special Children"

Date: 10/11/2020 **Day: TUESDAY** **Timings: 11.00 a.m. to 12.00 p.m.**

Event coordinator **: Binal Joshi**

I. Introduction

- Despite all the best efforts at prevention, children may be born with or develop the following disabilities in early childhood, from the causes which are not yet fully understood or could be prevented.
- The Sustainable Development Goals (SDGs) mandate systematic monitoring of the health and wellbeing of all children to achieve optimal early childhood development. Developmental disabilities are a group of conditions resulting from impairments that affect a child's physical, learning, or behavioral functioning.
- Affected children typically have sensory impairments (hearing and vision loss), epilepsy or seizures, cerebral palsy, attention deficit hyperactivity disorder (ADHD), autism spectrum disorder (ASD), intellectual disability, or other learning disorders.
- There are certain provisions for disabled children which may benefit the scholars for availing their academics well as routine requirement keeping during a view that there's lack of data regarding the provisions of disable child The EOC (Equal Opportunity Cell), Manikaka Topawala institute of Nursing has organized an interview on Topic: "Educational schemes and provisions for special children" on date 10/11/2020 through Google meet.

II. Objectives

- To address the issue of education disabilities among children in India.

- To address the current problems and challenges faced by children with disabilities.
- To classify the disabilities prevalent among Indian children
- To elaborate the area of various educational schemes and provisions for special children
- To recognize governmental and non-govern mental agencies serving the children with disabilities.
- To elaborate various financial and social resources for disabled in children.

III. Participants/Beneficiaries: The Faculty and students from CHARUSAT university

IV. Agenda

Sr. No.	Time	Activity	Resource person
1.	11.00 -10.05 am	Introduction of Event and Resource person	Ms. Rukhshana Sholapurwala B.H.Sc. Child Development, M.Ed.in Education Department of Pediatrics,KEM Hospital,Bombay
2.	11.06 -12.00 pm	A Talk on Provisions for Disabled Children	
3.	12.00- 12.10 pm	Vote of thanks And Certificate Distribution	

V. In detail explanation of the Event

Manikaka Topawala Institute of Nursing is organized an Expert session on "Educational schemes and provisions for special children"" under the Equal Opportunity Cell (EOC) at university level. The topic was selected on the basis of need and priority of faculty and student of university. The session was planned on 10 November 10 a.m. in the morning. Total 51 students have participated in the event from various departments from the university. Ms. Binal Joshi, departmental co coordinator of EOC has introduced the topic and the resource person was welcomed by Mr. Vipin (HOD, Department of Paediatrics), MTIN. Then Ms. Ruksana Madam has delivered the talk including intruding disability and provisions of the child with learning disability.

Resource person:

Ms. Rukhshana Sholapurwala, B.H.Sc. Child Development, M.Ed.in Education

Department of Pediatrics,KEM Hospital,Bombay

Madam has started the session with her own illustration as she was too disabled child and how she has accomplished current status and position. Madam has described her problems involvement and challenges she confronted amid her raising and how she had overcome all the issues. Madam has interfered the definition of debilitated children and cleared the concept of disability among children. She too clarified the components influencing the incapacity among the children. She centered on the challenges of a debilitated child faces in her life. She introduced with classification of disabilities and explained in brief about types of disabilities. They were 1. Visual impairment, 2.Hearing impairment, 3. Loco motor impairment; Cerebral Palsy, 4. Mental retardation and mental illness and 5. Children with learning disabilities. She has oriented the concepts of Blindness, Low vision, Leprosy cured persons, and Hearing impaired, Locomotors disability, Dwarfism. Intellectual disability, Mental illness, Autism spectrum disorder, Cerebral palsy and Muscular dystrophy. She has also explained chronic neurological Chronic Neurological Conditions, specific learning disability, multiple sclerosis, speech and language disability, thalassemia, haemophilia, sickle cell anaemia, multiple disabilities, acid attack victims and Parkinson's disease in detail. The talk was proceeding towards specific types of learning disabilities. Madam focused elaborating the concepts of Dyslexia. Dysgraphia and Dyscalculia.

As she was learning disabled child She explained she explained to tool to understand the development of speech and language in children, screen the speech and language development in children especially in those where the delay/problem in the development is suspected and To screen the speech and language development in the children by parents and significant others as early as possible so that professional help can be sought when there is a delay.

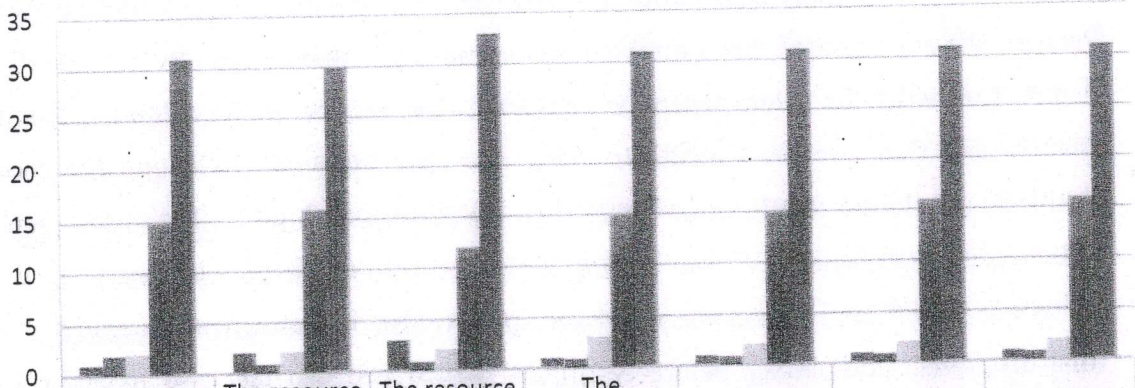
The following details Provisions / Concessions for XIII to Post Graduation .Madam has explained general provisions of disabled child in India they are Constitution, Education Laws, Health Laws, Family Laws, Succession laws, Labour Laws, Judicial Procedures, Income Tax Laws, & Various Acts e.g. The Person with Disabilities Act, 1995,The Mental Health Act, 1987,The Rehabilitation Council of India, 1992,The National Trust for Welfare of Persons with Autism, Cerebral Palsy, Mental

Retardation, and Multiple Disabilities Act, 1999 and Declaration On The Rights Of Mentally Retarded Persons. she also narrated that a disabled person can gets a reader, can receive extra Time to write the Papers, Can write the exam papers on computer, Can answer in Key Points rather than essay type answers and Can Use the Calculator. After that she explained following procedure to receive a certificate.i.e. He/she should issue Letter from the Principal, Multi – disciplinary approach, Medical/ Neurological examination ,Vision, hearing tests, occupational therapy test, Analysis of school reports, IQ testing (WISC test), Educational assessment, Psychiatric assessment if required, Case conference/ final diagnosis, Counselling before certificate issued and can take 4-6 months to complete. Any candidate wish to take a disability certificate has to follow above mentioned process. Madam has also guided us to understand the different financial and social resources to enable provisions for disabled children. Madam has elaborated certain governmental and non-governmental agencies working for disabled children. Madam has shared her experiences and case studies from her clinic which help the learners to co relate with live and true examples to understand the issues that children are facing and how we can guide and help them. There was a question answer session at the end. Students asked many questions to madam related provisions for under graduate. One of the faculties also asked Madam the procedure to open and run disability centre. One of the students asked If any provision for in central government jobs in engineering domain for visually impaired candidate (75%) Few faculty and students has given very good feedback about the session and also requested to keep such sessions in future too as this helped them a lot. The session ended with delivering of vote of thanks and certificate distribution by departmental co coordinator. The event was effective and students have enjoyed the session.

VI: Feedback Analysis report:

A) 51 Participants were participated in this program.

B) Graph of feedback form with number of participants' response in each category.(n=51)

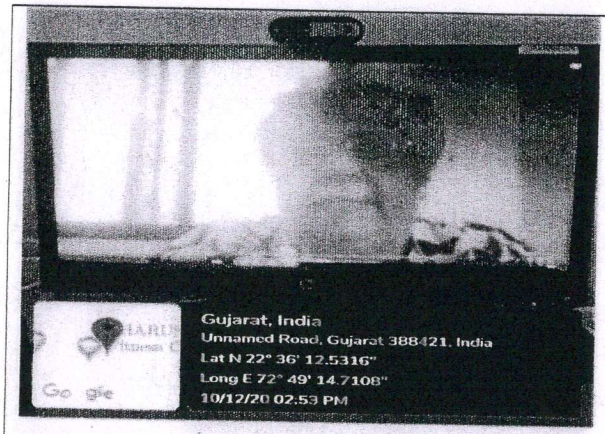


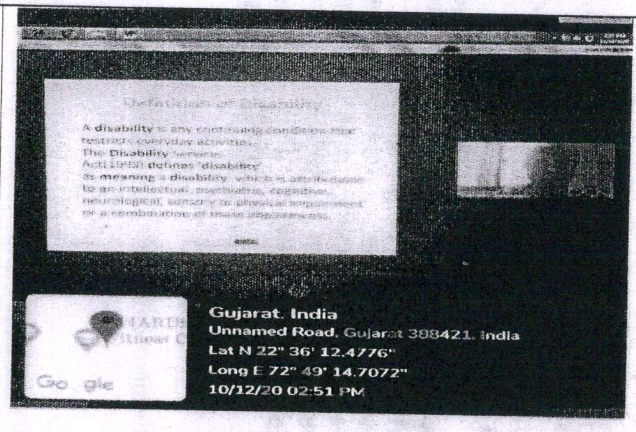
	The resource person made good use of time allotted.	The resource person had conceptual clarity and Knowledge about the topic.	The resource person's presentation style was effective in helping to learn.	The teaching/training methods were appropriate for the audience.	I understood the concepts as presented in the talk.	The talk improved my understanding of the topic.	The learning derived for the talk will be useful to me in future.
Excellent	1	2	3	1	1	1	1
Very good	2	1	1	1	1	1	1
Good	2	2	2	3	2	2	2
Fair	15	16	12	15	15	16	16
Poor	31	30	33	31	31	31	31

VI. Conclusion:

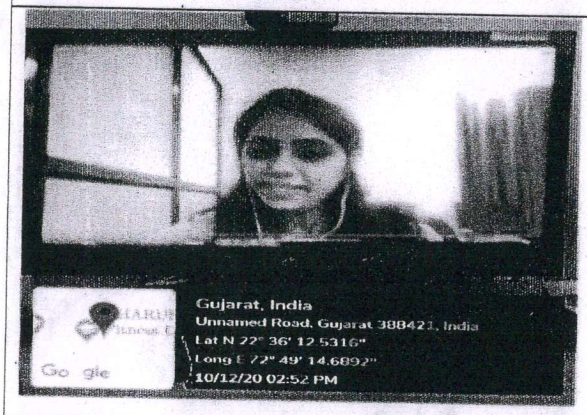
A webinar "Educational Schemes and Provisions for Special Children was on effective and all the participants have gained fruitful information during session. Disabilities among the people and learning provisions of disabled children help the faculties and student to guide and support in availing the benefits offered from various resources. the effectiveness the event was observed by presence of the students till the end of session and their interaction. We are thankful to Dr. Anil Sir (Professor cum Principal, MTIN, Mr. Vijay Panchal (Convener EOC) and Ms. Ruksana Madam for organization, coordination and execution of the event successfully.

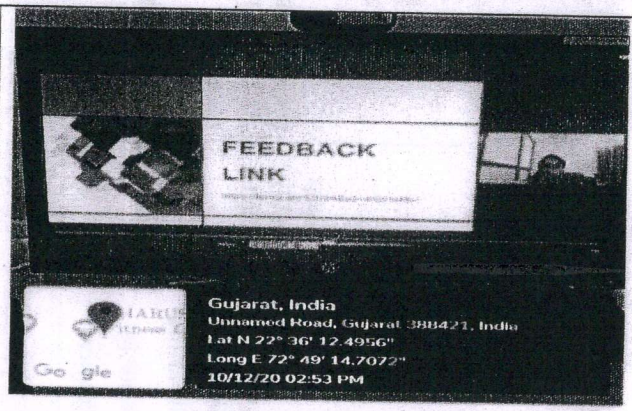
VII. Photographs of the event with captions::





Ruksana Madam Deliverig the session (10/11/2020)





Moderator Binal Joshi hosting the event and sharing the feedback link (10/11/2020)

E-Certificate

This is to Certify that

has participated as a Delegate in the webinar on

"Educational Schemes & Provisions for Special Children"

held on 10th November, 2020 - Tuesday

Organized by EOC - Manikaka Topawala Institute of Nursing,

A Constituent of Charotar University of Science and Technology (CHARUSAT).

E-Certificate

This is to Certify that

Ms. Rukhsana Shaikh

has participated as a Resource Person & delivered talk in the webinar on

"Educational Schemes & Provisions for Special Children"

held on 10th November, 2020 - Tuesday

Organized by EOC - Manikaka Topawala Institute of Nursing,

A Constituent of Charotar University of Science and Technology (CHARUSAT).

A copy of certificate received by Resorce p[erson and delegates of the event

VIII. Financial Support Received:

Name of teacher	PAN No.	Event Type	Event level (Institute/ University/ State/ National/ International)	Event title	Event organizing body	Date - From	Date - To	Type of participation (Delegate/ Paper Presenter/ Resource Person/ Session Chair/ Judge/ Member of organizing committee etc.)	Financial support received from CHARUSAT (INR)	Financial support received from other agencies/bodies	
										Name of agency/ body	Amount (INR)
Ms. Binal Joshi	AFPPJ1040P	Expert Talk under the aegis of EOC	University	A webinar on Educational Schemes and Provisions for Special Children"	MTIN	10/11/2020		Event -coordinator	1000/-	-	-

Department Coordinator Sign:

Head of Department/Institute Sign: 14/12/2020

To
Chairperson
EOC
CHARUSAT, Changa

CHARUSAT
CHARUTAR UNIVERSITY OF SCIENCE AND TECHNOLOGY

Equal Opportunity Cell
CHARUSAT

MANIKAKA TOPAWALA
INSTITUTE OF NURSING

FREE WEBINAR

4th STAR Rated Institute in Gujarat GSIRF

A GRADE UNIVERSITY BY NAAC GOVT. OF INDIA

"Educational Schemes & Provisions for Special Children"

10th November,2020

11:00 am to 12:00 pm

Ms. Rukhshana Sholapurwala

B.H.Sc. Child Development, M.Ed.in Education
Department of Pediatrics
KEM Hospital,Bombay

Scan QR Code

For Registration

Contact:

Ms. Binal Joshi
+91- 9913149039

Registration Link

https://forms.gle/zBJXQz9eowKbKngn8

CHAROTAR UNIVERSITY OF SCIENCE AND TECHNOLOGY[CHARUSAT]

Faculty of Medical Sciences

MANIKAKA TOPAWALA INSTITUTE OF NURSING

Report on Webinar on

"Maternal Nutrition and Congenital Anomalies"

Under The Aegis of Equal Opportunity Cell

Date of event	**: 24/10/2020**
Date of Submission	**: 15/12/2020**
Organizers	**: EOC, Manikaka Topawala Institute of Nursing**
Venue	**: Virtual mode through Zoom application.**
Submitted By	
Name	**: Mrs. Binal Joshi,**
Designation	**: Assistant professor**
Department	**: Nursing**
Email	**: binaljoshi.nur@charusat.ac.in**

Endorsed by

Principal

15/12/2020

Seal and Signature

PRINCIPAL
MANIKAKA TOPAWALA INSTITUTE OF NURSING
CHARUSAT CAMPUS - CHANGA.
AT. CHANGA - 388 421
TA. PETLAD, DIST. ANAND (GUJARAT)

MANIKAKA TOPAWALA INSTITUTE OF NURSING
CHARUSAT CAMPUS CHANGA

CHARUSAT UNIVERSITY OF SCIENCE AND TECHNOLOGY (CHARUSAT), CHANGA – 388 421

EQUAL OPPORTUNITY CELL

Report on Webinar on

"Maternal Nutrition and Congenital Anomalies"

Date: 24th October 2020 **Day: Saturday** **Timings: 10.00 a.m. to 11.00 p.m.**

Event coordinator: Binal Joshi

I. Introduction

Congenital anomalies are one of the main causes of the global burden of disease, A nutrient-rich maternal diet before and during pregnancy is associated with improved fetal health, more appropriate birth weight, and increased rates of maternal and infant survival and plays significant role in prevention of congenital anomalies. Prenatal nutrition influences fetal growth, normal development of physiological function2 and gestational weight gain . Poor nutrition during pregnancy is a major public health problem in the United States and other countries. There is compelling evidence from epidemiologic studies that poor nutrition during pregnancy, in the form of insufficient intake, low protein, or deficiencies in micronutrients, is associated with poor developmental outcomes in children including lower cognitive functioning, deficits in attention, and disruptive behavior problems To obtain in profundity understanding of the concept MTIN has organized webinar on Maternal Nutrition and Congenital Anomalies for the staff and students.

II. Objectives

- To orient with Current status of congenital anomalies among the children in India
- To brief elements of nutrition in diet of adolescent girl and natalmother
- To create awareness about significance of nutrition in natal mothers and adolescent girls
- To co relate maternal nutrition with congenital anomalies.
- To recognize important elements of the maternal nutrition.

- To identify outcomes of under nutrition among adolescents and perinatal mothers
- To elaborate strategies to prevention of congenital anomalies among children

III. Participants/Beneficiaries:

The Faculty and students from CHARUSAT University and various institutes of nursing

IV. Agenda

Sr. No.	Time	Activity	Resource person
1.	10.00 -10.05 a.m.	Introduction about Event and Resource person	**Mr. Himanshu Vyas** Associate Professor and Nursing Superintendent All India Institute of Medical Sciences, Jodhpur
2.	10.06 -11.00 a.m.	Talk on Maternal Nutrition and Congenital Anomalies	
3.	11.00- 11.10 a.m.	Vote of thanks and Distribution of Certificate	

V. In detail explanation of the Event

Manikaka Topawala Institute of Nursing is organized an Expert session on "Maternal Nutrition and Congenital Anomalies" under the Equal Opportunity Cell (EOC) at university level. The topic was chosen on the basis of need and priority of faculty and student at university as majority of the faculties and students are adolescent girls and young female faculties. To upgrade advance research practices prevalent in maternal health and nutrition the session was planned on 24 October 10 a.m. in the morning. Total 158 students have registered for the event from various departments from the university and nursing institute. Ms. Binal Joshi, departmental co coordinator of EOC has introduced the topic and the resource person was welcomed by Mr. Vipin (HOD, Department of Pediatrics), MTIN. Then Mr. Himanshu Vyas has delivered the talk including maternal nutrition and congenital anomalies among children.

Resource person:

Mr. Himanshu Vyas
Associate Professor and Nursing Superintendent
All India Institute of Medical Sciences, Jodhpur

The event was planned on date 24 October 2020 from 10 am to 11 a.m. the session was initiated at 9. 45 a. m through the zoom platform and telecasted live on you tube also. Ms. Binal Joshi was the moderator of the session. Madam has welcomed all the participants and addressed the session with welcome speech. Madam initiated with importance of maternal nutrition and congenital anomaly among the participants. Then Madam has introduced the Resource person of the event Mr. Himanshu Vyas. Mr. Vipin Sir had addressed the speech with welcoming the resorce person and participants and has delivered the significance of maternal nutrition in preventing congenital anomaly.

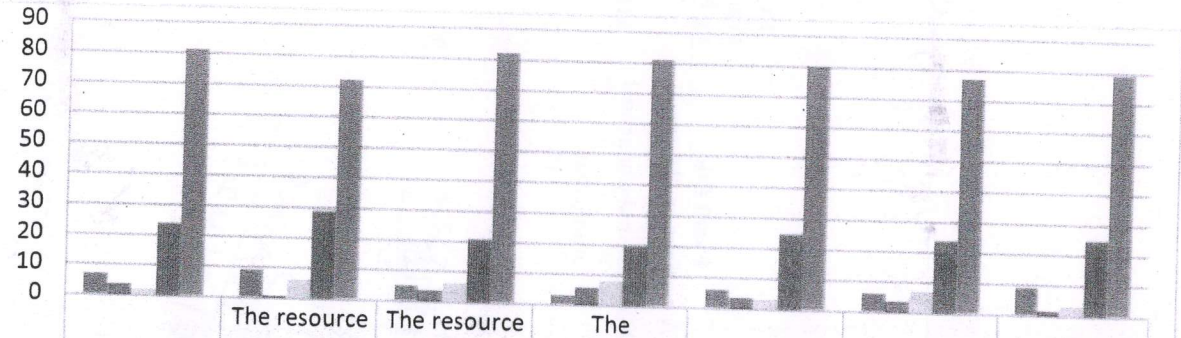
Himanshu sir initiated with describe current status and vital rates related to congenital anomalies in india with reference research papers. Sir firstly explained vital statistics related to maternal and child health and discussed magnitude of the problem in India in detail. Sir has justified the importance of the title of the webinar to learn in detail with rationales by explaining A nutrient-rich maternal diet before and during pregnancy is associated with improved fetal health, more appropriate birth weight, and increased rates of maternal and infant survival.
He explained that birth weight is the primary outcome to study congenital anomalies in children and it is closely associated with maternal weight. Sir discussed nutritional needs and weight gain in first, second and third trimester of the pregnancy specially consumption of folate, balanced diet and iron. Sir explained that women should gain somewhere between 11.5 to 16 kilograms during pregnancy. Most will gain 1 to 2 kilograms during the first trimester, and then 0.5 kilogram a week for the rest of the pregnancy. He has also presented his talk with various research paper showing deficiency of folate is closely related with neural tube defects. He explained in detail all the nutrients required during antenatal period. He stressed to take care of adolescent girls as she is the future mother and not to keep her underweight or overweight. Sir explained that Iron is difficult to get from the diet, so take an iron supplement or prenatal vitamin with iron and maintain healthy weight of the mother is necessary for healthy

pregnancy and fetal wellbeing. Then sir explained each nutrient individually and associated anomalies in child. The session was very informative. The student gained fruitful knowledge about the influence of maternal nutrition on health of the fetus and newborn child. Lastly sir explained the food not to consume by natal mother like tobacco and alcohol and explained the negative influence of such food on baby. Then sir concluded the session with measure to be followed during covid pandemic. He gave his blessing and best wishes to be safe and secure in this pandemic. At the end there was a session for clearing the doubt from the participants. Vote of thanks was delivered by moderator. Feedback link was shared with participants and certificate was deliver to them.

VI: Feedback Analysis report:

A) 118 Participants were participated in this program.

B) Graph of feedback form with number of participants' response in each category. (n=118)



	The resource person made good use of time allotted.	The resource person had conceptual clarity and Knowledge about the topic.	The resource person's presentation style was effective in helping to learn.	The teaching/training methods were appropriate for the audience.	I understood the concepts as presented in the talk.	The talk improved my understanding of the topic.	The learning derived for the talk will be useful to me in future.
Excellent	7	9	5	3	6	6	9
Very good	4	1	4	6	4	4	2
Good	2	6	6	8	3	7	3
Fair	24	29	21	20	25	24	25
Poor	81	72	82	81	80	77	79

VIII. Financial Support Received:

Name of teacher	PAN No.	Event Type	Event level (Institute/ University/ State/ National/ International)	Event title	Event organizing body	Date - From	Date - To	Type of participation (Delegate/ Paper Presenter/ Resource Person/ Session Chair/ Judge/ Member of organizing committee etc.)	Financial support received from CHARUSAT (INR)	Financial support received from other agencies/bodies	
										Name of agency/ body	Amount (INR)
Ms. Binal Joshi	AFPPJ1040P	Expert Talk under the aegis of EOC	University	A webinar on "Maternal Nutrition and Congenital Anomalies	MTIN	24/10/2020		Event -coordinator	-	-	-

Department Coordinator Sign:

Head of Department/Institute Sign: 15/12/2020

To
Chairperson
EOC
CHARUSAT, Changa

CHARUSAT
अमृतं तु विद्या
CHAROTAR UNIVERSITY OF SCIENCE AND TECHNOLOGY

A GRADE UNIVERSITY BY NAAC GOVT. OF INDIA

MANIKAKA TOPAWALA INSTITUTE OF NURSING

FREE WEBINAR

4th STAR Rated Institute in Gujarat GSIRF

Maternal Nutrition & Congenital Anomalies

Mr. Himanshu Vyas

Associate Professor &
Nursing Superintendent
AIIMS - Jodhpur

ZOOM

Meeting ID: 858 3039 5034
Password: CHN2020

24th October, 2020

10:00 am to 11:00 am

Contact:
Ms. Binal Joshi
+91- 9913149039

Registration Link
https://forms.gle/7xwVVrxEvo4uqmCs5

HIMANSHU VYAS
Associate Professor, College of Nursing
Nursing Superintendent
All India Institute of Medical Sciences, Jodhpur
Email: vyash@aiimsjodhpur.edu.in

Professional Qualification	Year	University / Board
Ph.D. Nursing	Pursuing	National Consortium , Indian Nursing Council with RGUHS, Registered in January 2018
M.Sc. Nursing (OBG Nursing)	2010	Rajiv Gandhi University of Health Sciences, Bengaluru
B.Sc. Nursing	2006	Rajasthan University of Health Sciences, Jaipur

Experience:

1. Total 12 years of teaching experience in undergraduate and post graduate Nursing Program.
2. Presently working as Associate Professor and Nursing Superintendent at AIIMS Jodhpur
3. Working at AIIMS Jodhpur since 2013

- Member of many professional organisations including Society of Midwives, India
- Participated in many conferences as Resource faculty, have many publications & presented papers in conferences.
- Examiner for UG and PG Nursing Courses in Institutes of National Importance.
- Handled 12 research projects after joining AIIMS, Jodhpur.

Faculty of Medical Sciences

Charotar University of Science & Technology

Faculty of Medical Sciences

Ashok & Rita Patel Institute of Physiotherapy

Women Development Cell, ARIP
In collaboration with
NSS, ARIP

International Women's Day Celebration, 2020
Health Education on "Menstrual Health and Hygiene"

Venue: Changa Kanyashala School, Changa
Date: 6th March 2020

1. **Objectives**:
   The Health education was focused on spreading knowledge and awareness regarding menstrual health among the rural school adolescent girls.
   The objectives of the program were to
   - Impart knowledge about menstruation
   - Educate and demonstrate on how to use and dispose sanitary pads
   - Spread awareness on maintaining a healthy practice during menstruation

2. **Members involved and their roles**
   Co-ordinator: Dr. L. Surbala Devi (WDC member - ARIP).
   Co- coordinator: Mr. Robert Parmar (NSS Coordinator – CHARUSAT) & Dr. Hemal Patel (NSS member – ARIP)
   Student Representatives: Ms. Hardi Soni, Ms. Ayushi Vaghasia, Ms. Jhanvi Kadia and Ms. Pooja Patel (student representatives)**,** ARIP

3. **Proposed budget and actual expenditures**
   Proposed budget: Rs. 10000/-
   Actual Expenses: Rs. 3284/-

4. **Activities carried out and beneficiaries**
   Activities:
   - Mapping the knowledge, attitude and practice towards menstrual hygiene among the rural school children
   - Education on menstruation with a video from Menstrupedia "Hello Periods – Gujarati"
   - Education about the healthy diet plan and physical activity plan for a healthy period
   - Distribution of Sanitary pads

   Beneficiaries:
   - 112 Rural school adolescent girls of standard 6th, 7th and 8th.

Charotar University of Science & Technology

Faculty of Medical Sciences

Ashok & Rita Patel Institute of Physiotherapy

Glimpses of the Health Education Program

Charotar University of Science and Technology
Faculty of Medical Sciences
Ashok & Rita Patel Institute of Physiotherapy

Report on Community Camp

- **Name of Event :** Community Camp
- **Date of Event:** 19/07/2019
- **Venue:**Dumaral TA: Nadiad
- **Organizer:** Ashok and Rita Patel Institute of Physiotherapy

1. **Objective:**
   - Objective of community camp was to screen the community for health related issues like pain, arthritis, paralysis, peripheral neuropathy, disability, childhood deformities etc.
   - To assess the patient and identify activity limitation.
   - To provide education about their condition and teach necessary exercises.
   - To provide awareness about health and physical fitness and importance of physical activity and hence improve overall quality of life.

2. **Members Involved:**
   - **Co-ordinator:**Dr. Dixa
   - **Students:** Abhishek, Chaitanya, Nishith, Soban
   - **Attendant:** Mr. Chirag Patel

3. **Beneficiaries:**
   - 11 males, 14 females
   - 25 individuals of community

4. Picture:

Dr. Dixa and students serving to community

Charotar University of Science and Technology
Faculty of Medical Sciences
Ashok & Rita Patel Institute of Physiotherapy

Report on Community Camp

- **Name of Event :** Community Camp
- **Date of Event:** 18/07/2019
- **Venue:**Gutal TA: Nadiad
- **Organizer:** Ashok and Rita Patel Institute of Physiotherapy

1. **Objective:**
   - Objective of community camp was to screen the community for health related issues like pain, arthritis, paralysis, peripheral neuropathy, disability, childhood deformities etc.
   - To assess the patient and identify activity limitation.
   - To provide education about their condition and teach necessary exercises.
   - To provide awareness about health and physical fitness and importance of physical activity and hence improve overall quality of life.

2. **Members Involved:**
   - **Co-ordinator:**Dr. Vandita Soni
   - **Students:** Krishna, Riddhi, Jinal, Panth
   - **Attendant:** Mr. Chirag Patel

3. **Beneficiaries:**
   - 10 males, 11 females
   - 21 individuals of community

4. Picture:

Dr. Vandita and students serving to community

CHARUSAT UNIVERSITY OF SCIENCE AND TECHNOLOGY (CHARUSAT), CHANGA – 388 421

EQUAL OPPORTUNITY CELL

Report on Essay Writing Competition

Theme for the Essay:

"Impact of Corona Pandemic on Education "

Name of Department : **Manikaka Topawala Institute of Nursing**

Name of Event : **Essay Writing Competition Theme for the Essay: "Impact of Corona Pandemic on Education "**

Date and Time of Event : **20th April 2020 (Monday)**

Event coordinator : **Binal Joshi**

Introduction:

The 2019–20 coronavirus pandemic has affected educational systems worldwide, leading to the near-total closures of schools, universities and colleges. At the middle April 2020, approximately 1.723 billion learners have been affected due to school closures in response to the pandemic. According to UNESCO monitoring, 191 countries have implemented nationwide closures and 5 have implemented local closures, impacting about 98.4 percent of the world's student population. Over the past weeks, education officials have been forced to cancel classes and close the doors to campuses across the world in response to the growing coronavirus outbreak . The worldwide spread of novel coronavirus disease is severely affecting life as per the recent updates, almost one-third to half of the global population is now under some form of lockdown In such an exceptional situation of the century, we are living in it is crucial to understand how educators are adapting to the constraints imposed on by the government due to coronavirus lock-down and its impact on students and education. The essay writing competition was organised with aim of stimulating the critical thinking related to impact of corona pandemic on nursing education.

Objectives:

1. To encourage creativity and leadership skills through essay writing.
2. To create opportunities for the faculties and students to demonstrate their critical thinking and writing skills.
3. To comprehend the degree of cognitive processes involved with human learning persuasively and present well-connected ideas current critical situation.
4. To express the perception of educators and students regarding corona pandemic on education.

Beneficiaries: Faculty and Students of CHARUSAT

Event Schedule:

Sr. No.	Theme for the Essay: "Impact of Corona Pandemic on Education "
1.	Invitation mail and Registration for the Competition open for Faculty and Students of CHARUSAT
2.	Submission of Essay with predefined rules
3.	Evaluation of Essay
4.	Prize and Certificate Distribution

Summary of the Event:

The COVID-19 pandemic has affected educational systems worldwide, leading to the near-total closures of schools, universities and colleges. The impact of closure of educational institutions was more severe for disadvantaged children and their families, causing interrupted learning, compromised nutrition, childcare problems, and consequent economic cost to families who could not work. Online learning has become a critical lifeline for education, as institutions seek to minimize the potential for community transmission. Technology can enable teachers and students to access specialized materials well beyond textbooks, in multiple formats and in ways that can bridge time and space. Being in line with Current conditions Manikaka Topawala Institute of Nursing is organized Essay Writing Competition Under the aegis of Equal Opportunity Cell (EOC). Theme for the Essay: **"Impact of Corona Pandemic on Education** ".The participants were invited through the google form to register for the

event. Registration was open for all the faculties and students. Total thirty five registrations were received for the essay competition. As there was a lock down period enough time was allotted to submit the essays. Total 15 essays were received from participants from the category of faculty and students. All the participants were communicated priorly about the rules to be followed for essay. The essays were framed by certain rules like 1000to 2000mwords irrespective of language with Individual entries. The quality of the essays received were amazing as participants demonstrated their critical thinking and writing skills. All the essays demonstrated clear positive and negative idea about impact of corona pandemic on nursing education. The idea of each paragraph was explained and illustrated through examples, details, and descriptions. Participants had narrated their opinions those are interesting and important, organization of the content was logical and effective, word choice was specific and memorable, sentence fluency were smooth and expressive, conventions was correct and communicative in all the essays. Mr. Swandeep Dhanopia and Ms. Shalini Joshi (Assistant professor, MTIN) has evaluated the essays and collectively ranked them. Ms. Franny (Assistant professor, MTIN) under the category of faculty achieved the first rank.Mr.Tejas P. Nanal from(CSPIT) department ranked the first award and Mr. Dhrumil Modi(CSPIT) ranked the second award under the category of the students. Every participant was rewarded with a certificate of participation.The awardees students had received rank e certificate. As of lockdown prizes are not given to all of them. but when they will resume to institute the prizes will be distributed among them.

Registration fee (if any): None

No. of Participants: 15

List of Participants: Attached Registration sheet

Overall impact of Event: Excellent

Accounts Details: Nill

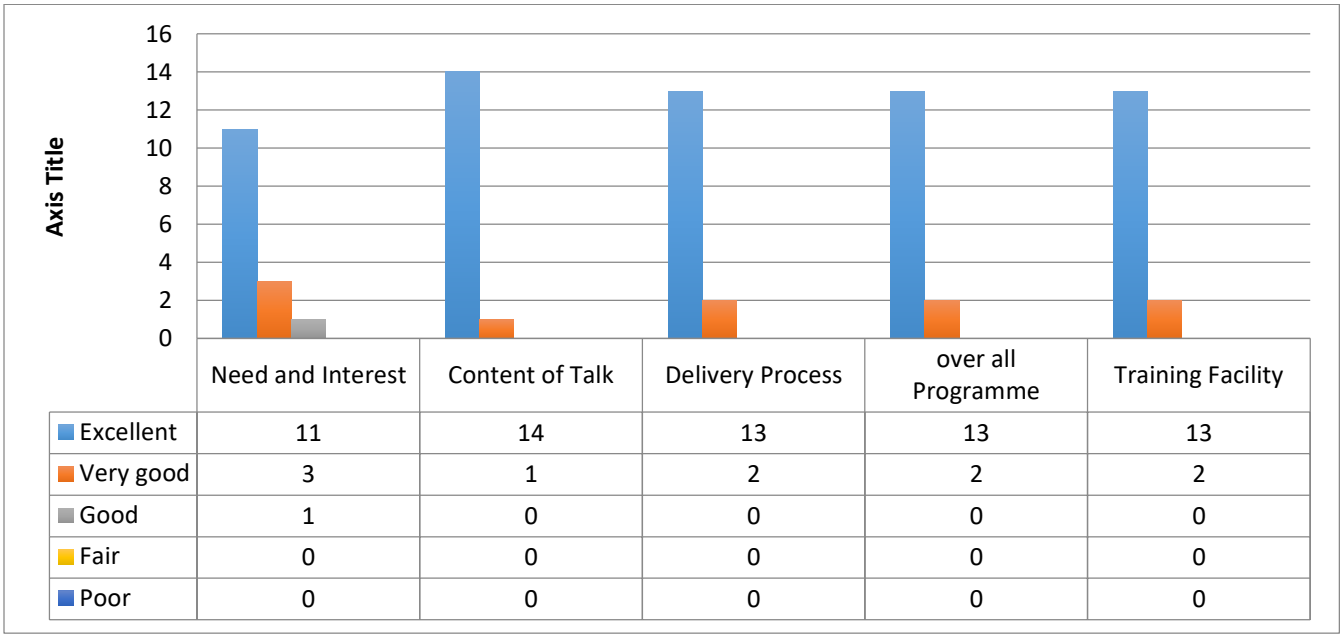
Feedback Analysis Report

Feedback Analysis report:

A) 15 Participants were participated in this program.

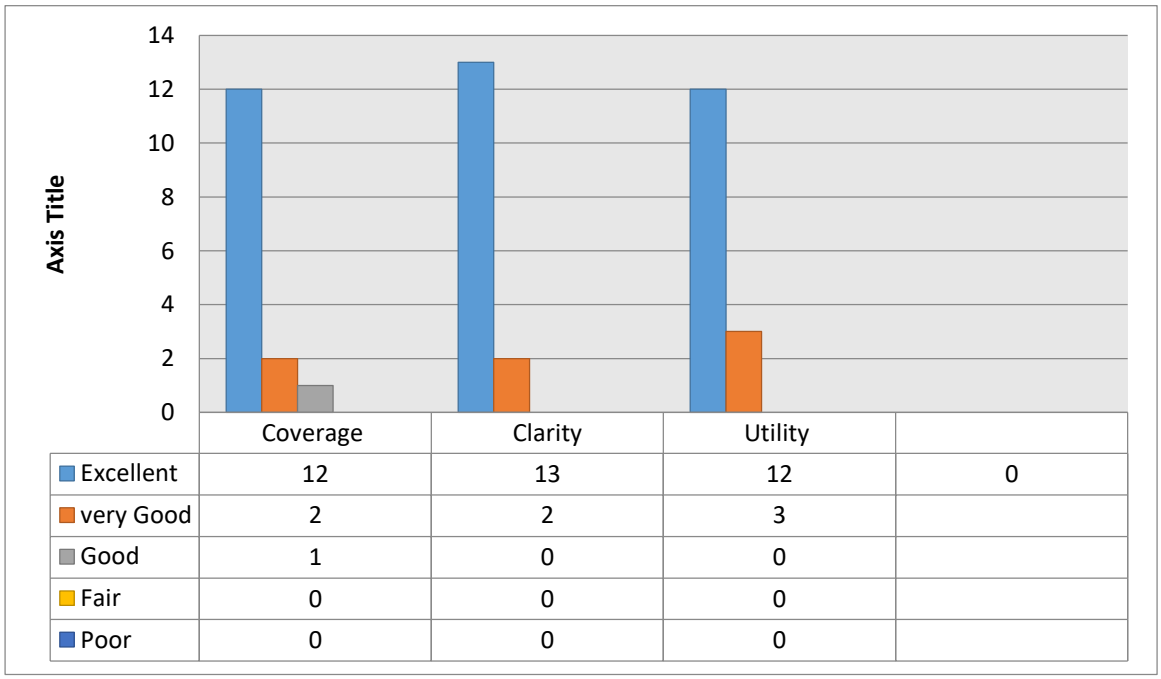
B) Graph of feedback form with number of participants' response in each category. (n=15)

Feedback Related to Need, Content, Delivery Process, Program and Training Facility



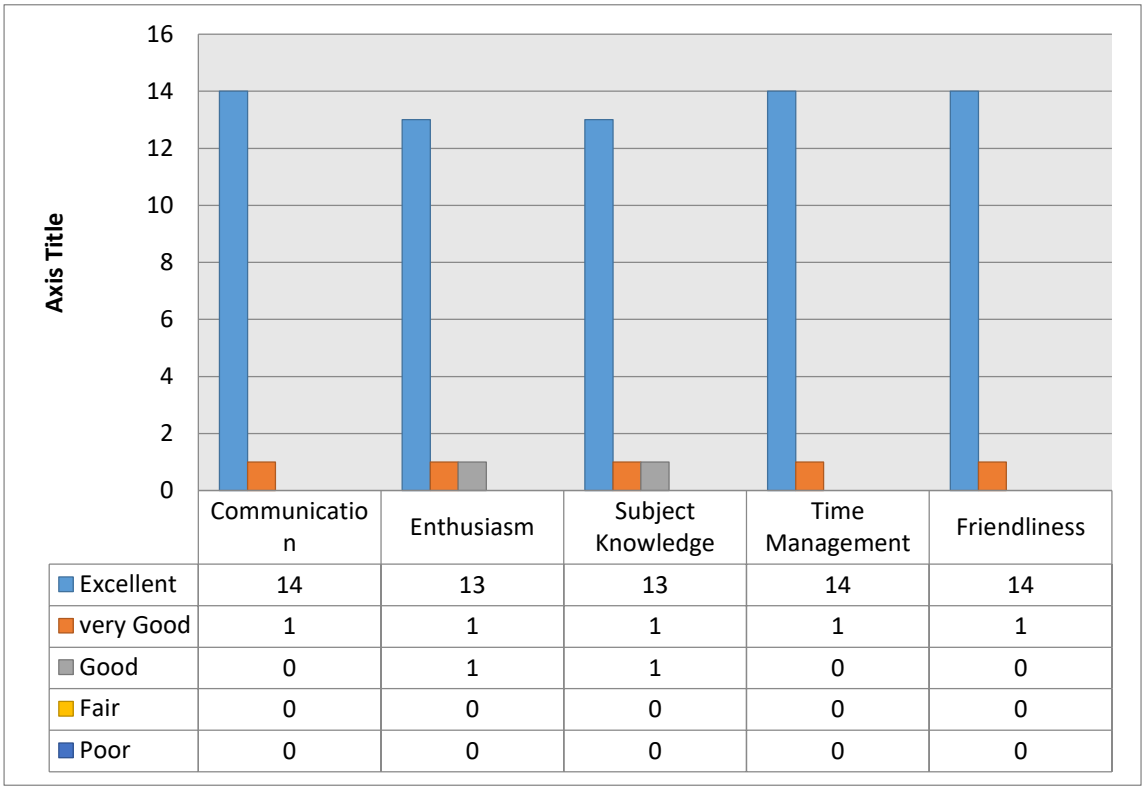
	Need and Interest	Content of Talk	Delivery Process	over all Programme	Training Facility
Excellent	11	14	13	13	13
Very good	3	1	2	2	2
Good	1	0	0	0	0
Fair	0	0	0	0	0
Poor	0	0	0	0	0

Feedback Related To Content



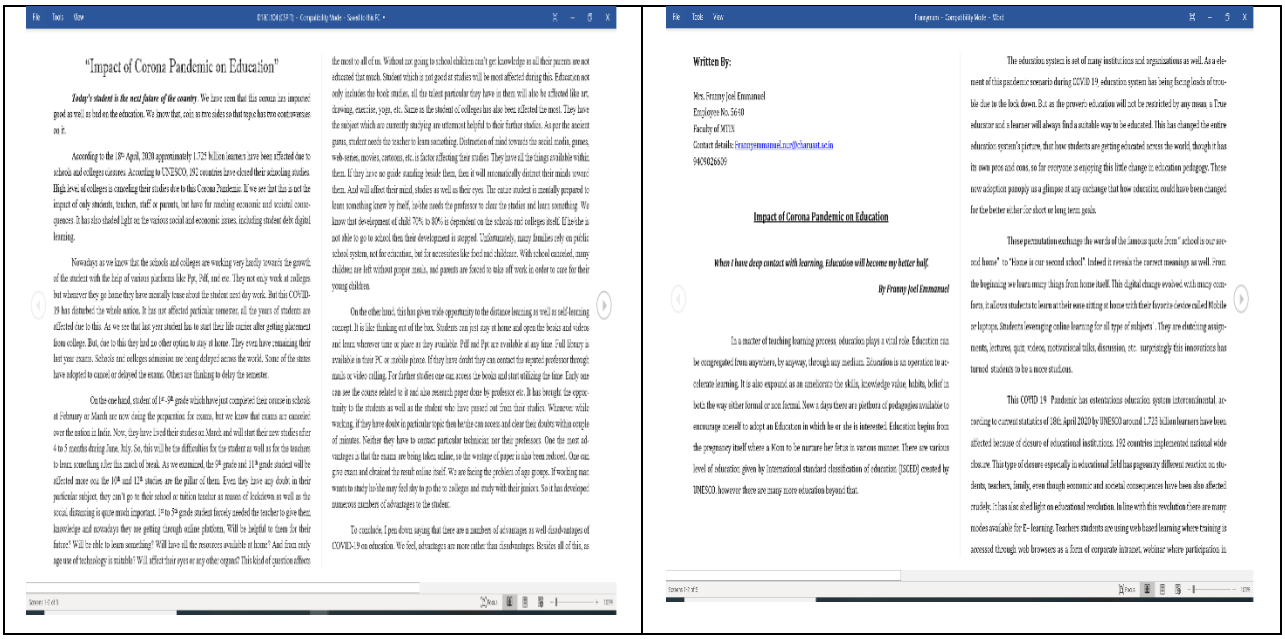
	Coverage	Clarity	Utility	
Excellent	12	13	12	0
very Good	2	2	3	
Good	1	0	0	
Fair	0	0	0	
Poor	0	0	0	

Feedback related to Facilitator



	Communication	Enthusiasm	Subject Knowledge	Time Management	Friendliness
Excellent	14	13	13	14	14
very Good	1	1	1	1	1
Good	0	1	1	0	0
Fair	0	0	0	0	0
Poor	0	0	0	0	0

Photographs of the event with captions:



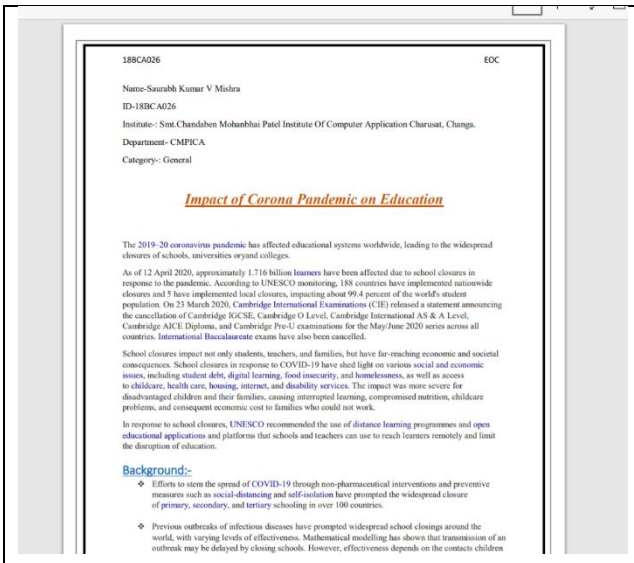
"Impact of Corona Pandemic on Education"

Written By:

Impact of Corona Pandemic on Education

When I have deep contact with learning, Education will become my better half.

By Franny Joel Emmanuel



18BCA026 EOC

Name-Saurabh Kumar V Mishra

ID-18BCA026

Institute-: Smt.Chandaben Mohanbhai Patel Institute Of Computer Application Charusat, Changa.

Department- CMPICA

Category-: General

Impact of Corona Pandemic on Education

The 2019–20 coronavirus pandemic has affected educational systems worldwide, leading to the widespread closures of schools, universities oryand colleges.

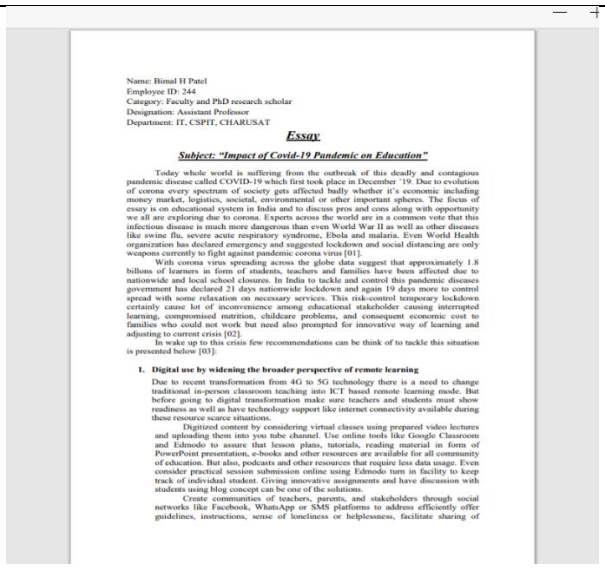
As of 12 April 2020, approximately 1.716 billion learners have been affected due to school closures in response to the pandemic. According to UNESCO monitoring, 188 countries have implemented nationwide closures and 5 have implemented local closures, impacting about 99.4 percent of the world's student population. On 23 March 2020, Cambridge International Examinations (CIE) released a statement announcing the cancellation of Cambridge IGCSE, Cambridge O Level, Cambridge International AS & A Level, Cambridge AICE Diploma, and Cambridge Pre-U examinations for the May/June 2020 series across all countries. International Baccalaureate exams have also been cancelled.

School closures impact not only students, teachers, and families, but have far-reaching economic and societal consequences. School closures in response to COVID-19 have shed light on various social and economic issues, including student debt, digital learning, food insecurity, and homelessness, as well as access to childcare, health care, housing, internet, and disability services. The impact was more severe for disadvantaged children and their families, causing interrupted learning, compromised nutrition, childcare problems, and consequent economic cost to families who could not work.

In response to school closures, UNESCO recommended the use of distance learning programmes and open educational applications and platforms that schools and teachers can use to reach learners remotely and limit the disruption of education.

Background:-

- Efforts to stem the spread of COVID-19 through non-pharmaceutical interventions and preventive measures such as social-distancing and self-isolation have prompted the widespread closure of primary, secondary, and tertiary schooling in over 100 countries.
- Previous outbreaks of infectious diseases have prompted widespread school closings around the world, with varying levels of effectiveness. Mathematical modelling has shown that transmission of an outbreak may be delayed by closing schools. However, effectiveness depends on the contacts children



Name: Bimal H Patel
Employee ID: 244
Category: Faculty and PhD research scholar
Designation: Assistant Professor
Department: IT, CSPIT, CHARUSAT

Essay

Subject: "Impact of Covid-19 Pandemic on Education"

Today whole world is suffering from the outbreak of this deadly and contagious pandemic disease called COVID-19 which first took place in December '19. Due to evolution of corona every spectrum of society gets affected badly whether it's economic including money market, logistics, societal, environmental or other important spheres. The focus of essay is on educational system in India and to discuss pros and cons along with opportunity we all are exploring due to corona. Experts across the world are in a common vote that this infectious disease is much more dangerous than even World War II as well as other diseases like swine flu, severe acute respiratory syndrome, Ebola and malaria. Even World Health organization has declared emergency and suggested lockdown and social distancing are only weapons currently to fight against pandemic corona virus [01].

With corona virus spreading across the globe data suggest that approximately 1.8 billons of learners in form of students, teachers and families have been affected due to nationwide and local school closures. In India to tackle and control this pandemic diseases government has declared 21 days nationwide lockdown and again 19 days more to control spread with some relaxation on necessary services. This risk-control temporary lockdown certainly cause lot of inconvenience among educational stakeholder causing interrupted learning, compromised nutrition, childcare problems, and consequent economic cost to families who could not work but need also prompted for innovative way of learning and adjusting to current crisis [02].

In wake up to this crisis few recommendations can be think of to tackle this situation is presented below [03]:

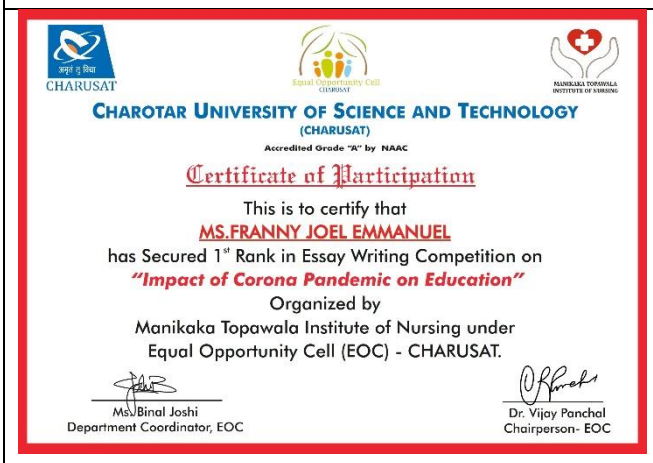
1. **Digital use by widening the broader perspective of remote learning**

Due to recent transformation from 4G to 5G technology there is a need to change traditional in-person classroom teaching into ICT based remote learning mode. But before going to digital transformation make sure teachers and students must show readiness as well as have technology support like internet connectivity available during these resource scarce situations.

Digitized content by considering virtual classes using prepared video lectures and uploading them into you tube channel. Use online tools like Google Classroom and Edmodo to assure that lesson plans, tutorials, reading material in form of PowerPoint presentation, e-books and other resources are available for all community of education. But also, podcasts and other resources that require less data usage. Even consider practical session submission online using Edmodo turn in facility to keep track of individual student. Giving innovative assignments and have discussion with students using blog concept can be one of the solutions.

Create communities of teachers, parents, and stakeholders through social networks like Facebook, WhatsApp or SMS platforms to address efficiently offer guidelines, instructions, sense of loneliness or helplessness, facilitate sharing of

Essays written By Faculty and students



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Equal Opportunity Cell CHARUSAT

MANIKAKA TOPAWALA INSTITUTE OF NURSING

CHAROTAR UNIVERSITY OF SCIENCE AND TECHNOLOGY

(CHARUSAT)

Accredited Grade "A" by NAAC

Certificate of Participation

This is to certify that

MS.FRANNY JOEL EMMANUEL

has Secured 1st Rank in Essay Writing Competition on

"Impact of Corona Pandemic on Education"

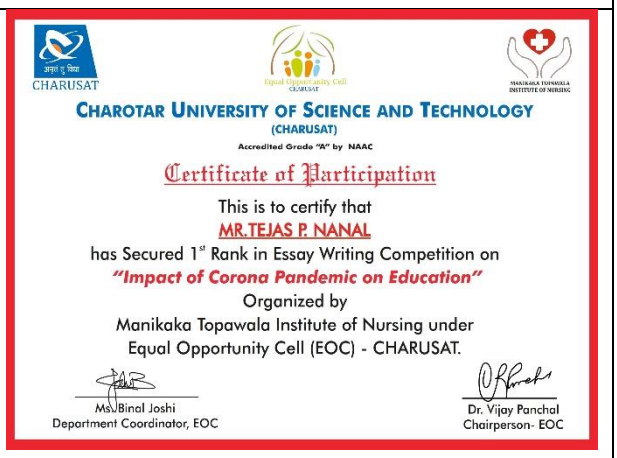
Organized by

Manikaka Topawala Institute of Nursing under

Equal Opportunity Cell (EOC) - CHARUSAT.

Ms. Binal Joshi
Department Coordinator, EOC

Dr. Vijay Panchal
Chairperson- EOC



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Dr. Vijay Panchal
Chairperson- EOC

1. **E-Certificate of student who ranked first and second in the event**

Department Coordinator Sign:

Head of Department/Institute Sign:

To
Chairperson
EOC
CHARUSAT, Changa

Report of role play on
Importance of Antenatal Visit

Date: 30/12/2019 **Day: Monday** **Timings: 10.30 - 11.30 am**

I. Introduction

Antenatal care (also known as prenatal care) refers to the regular medical and nursing care recommended for women during pregnancy. The importance of antenatal care is often overdone in most households as the would-be mother is flooded with advice about what is right and what is wrong for her. The health of future generations is to a great extent determined by the baby's growth and development within the womb. The success of fetal life determines not only the health of the newborn, but also has a major impact on adult health and disease risk. Good perinatal health is therefore important to individuals, to society and to future generations.

Having regular antenatal check-ups is an important part of staying healthy and making sure baby is healthy. Regular checks during pregnancy can assist in identifying and reducing risks to either mother or baby. Furthermore because the initial phases of pregnancy have a large impact on perinatal and subsequent adult health, optimal care needs to be initiated before pregnancy. The promotion of preconception health will not only improve women's general health but has a favorable effect on the health of the next generation. Preconception care may require a change of mind set both for healthcare professionals and also for women, their partners and their families, but again the benefits to society could be great.

The 1st and 3rd semester M.Sc. Nursing students had performed role play on importance of antenatal visit at Civil hospital , Nadiad.

II. Objectives of the event:

The objectives of event were-

1. To create awareness regarding antenatal visit.
2. To maintain health of mother during pregnancy
3. To create awareness about identification of high risk cases and appropriate management.

4. To prevent development of complications
5. To remove the stress and worries of the mother regarding the delivery process
6. To educate the mother about child care, nutrition, sanitation and hygiene.
7. To develop knowledge about healthy practices among pregnant women.

III. Participants/Beneficiaries:

The event was organized by 1st and 3rd semester M.Sc. nursing students. The participants were antenatal mothers and their relatives.

IV. In detail explanation of the event with colored photographs:

The script of role play was

Characters	Name of the students	Semester/ Year
Doctor	Minakshi Patidar	III SEM, M.Sc. Nursing
Nurse	Jignya Asari	III SEM, M.Sc. Nursing
Pregnant women	Christian Priyanka	III SEM, M.Sc. Nursing
Friend	Bhoomi Bavda	I SEM, M.Sc. Nursing
Anchors	Jignya Asari	III SEM, M.Sc. Nursing

The role play was started by 10.30 am at Nadiad Civil Hospital. There were more than 20 participants present. Total 4 students participated in role play.

Description about scenes

Scene-1

In this scenario one pregnant woman was doing her routine work at her home. While doing work she feels giddiness and nausea so she felt that it was normal in pregnancy. So she did not care about it. At that time her friend came to meet her.

Scene-2

During this, both were doing normal conversation and friend (Kavita) asked her about her health then she told that she felt giddiness, nausea, etc. and also told that it was normal she didn't bother. But her friend told that it was normal at certain level but extreme level of this can cause any complication during antenatal period.

Now the friend got idea about it that she did not take care of her so she asked her about how many antenatal visit she has been through. So pregnant women replied in negatively (not attended any antenatal visit).

Scene-3

In this scenario, friend of pregnant women took her to the hospital for checkup.

Scene-4

In this scenario, they both came to OPD, nurse attend the pregnant women and assess vital parameters and send to the doctor for checkup.

Doctor asked pregnant women about her health issues. While taking history doctor asked about her antenatal visit and told why she did not come for visit. Doctor then explained that it's not too late yet. So she can register herself.

Nurse has assessed the woman –measurement of fundal height, fetal heart sound, fetal lie and presentation, inspection of abdomen and other findings.

After that doctor has explained the importance of antenatal visit.

Following things were explained by doctor to pregnant woman.

Minimum – 4 ANC visits

1st visit – around 16 weeks

2nd visit – between 24 and 28 weeks

3rd visit – at 32 weeks

4th visit – at 36 weeks.

Antenatal advice Entire pregnancy – 300 Kcal/day (extra)

Diet: Supplementary iron therapy is needed for all pregnant mothers from 20 weeks onwards. (30 mg of ferrous / day) (60- 100 mg/day) is given for large women, twin, and those women who book for ANC late in pregnancy anemic woman should take (200 mg/day

Hygiene: Daily bath is recommended, as it stimulation refreshing and relaxing. Avoid hot water bath.

Bowel care: As there is increase chance of constipation, regular bowel movement may be facilitated by regulation of diet taking plenty of fluids, vegetables and milk.

Breast Care Wash the breast with clean tap water. Exercise Walk in moderation. Avoid lifting heavy things. Avoid long time standing. Avoid sitting with crossed legs as this may impede circulation.

Dressing: Tight clothes and belts are avoided The patient should wear loose but comfortable dresses. High heel shoes are better avoided. Alcohol, smoking and drugs should be avoided as the may affect the fetal wellbeing

Rest and sleep 8 hour sleep at night At least 2 hour sleep after mid-day meal Hard strenuous work should be avoided in first trimester and last 4 weeks Coitus Should be avoided in • 1st trimester • last 6 weeks

Warning sign 1. Headache

2. Blurring of vision
3. Convulsion
4. Vaginal bleeding
5. Fever

Color pictures:

PATIENT'S RIGHTS
Our mission is to provide quality healthcare services inline of free, affordable prices, in a healthy environment and with zeal and compassion.

V. Conclusion

The event was concluded by giving message regarding importance of antenatal visits. Many aspects like number of antenatal visits, diet during pregnancy, rest and sleep during pregnancy, requirements of iron and folic acid and danger signs during pregnancy was discussed in detail through the role play. The event was well appreciated by antenatal mothers and their relatives.

I. Financial Support Received: Not applicable

Name of teacher	PAN No.	Event Type	Event level (Institute/ University/ State/ National/ International)	Event title	Event organizing body	Date - From	Date - To	Type of participation (Delegate/ Paper Presenter/ Resource Person/ Session Chair/ Judge/ member of organizing committee etc.)	Financial support received from CHARUSAT (INR)	Financial support received from other agencies/bodies	
										Name of agency/ body	Amount (INR)

Report On

Creative Salad Making Competition

Date: 12 /03/2020 **Day: Thursday** **Timings: 10.00 a.m. to 1.30 p.m.**

I. Introduction

Being Healthy is a personal choice every human should be consciously aware of.

A diet rich in vegetables and fruits can lower blood pressure, reduce the risk of heart disease and stroke, prevent some types of cancer, lower risk of eye and digestive problems, and have a positive effect upon blood sugar, which can help keep appetite in check. Fruit and vegetables should be an important part of your daily diet.

They are naturally good and contain vitamins and minerals that can help to keep us healthy. They can also help protect against some diseases. Review suggest that we should eat at least five serves of vegetables and two serves of fruit each day.

Learning the importance of exercise to eating healthy food was something the students learnt on the occasion of Salad Making Competition. With great enthusiasm, our faculty and students took an initiative to celebrate it. It was a unique experience to come together for one day to promote actions that can improve our health.

II. Objectives

Objective of the event is

To inculcate healthy food habits and awareness regarding the choice of food among the youth and creating creativity among the group of students.

To create awareness about importance of healthy foods in diet.

To bring out intellectuality and creativity with use of limited resources

To identify various nutrients available in fruits and vegetables.

To identify types of diseases induced by unhealthy foods.

III. Participants/Beneficiaries:

The Faculties and students from department of Engineering, IT and Nursing

IV. Agenda

Sr. No.	Creative Salad Making competition		Beneficence
1.	10.00 a.m. to 10.15. a.m.	Registration and Briefing	Faculty and Students of CHARUSAT
2.	10.15 a.m. to 11.15 a.m.	Competition Proper (1 hour)	
3.	11.15 a.m. to 11.45 a.m.	Final Judging	
4.	11.45 a.m. to 12.15 p.m.	Prize and Certificate Distribution	
5.	12.15 p.m. to 12.30 p.m.	Vote of thanks and concluding the event	

V. In detail explanation of the Event

MTIN Has Organized Salad Making Competition under the ages of Equal Opportunity Cell on date12 March 2020. The competition was started in the morning 10.00 a.m.in the morning.

The main focus of the Competition was not only the preparation of salads but also upon their artistic presentation which carried an aesthetic aspect. Students were allotted code numbers and tools to prepare the salad. Students were offered five different fruits (apple, banana, orange, pomegranate and grapes and three vegetables (cucumber, beetroot and carrot).Participants were allotted one hour to prepare salads under predetermined rules communicated well in advance to them. Faculty and students from different Institutes had participated in the event. Equal emphasize was on the hygienic considerations which was to be kept in view while preparing and dressing the final preparation. Participant wear allowed to use maximum five resources of their own if they want. An hour is provided to all participants to prepare their dishes and garnishing.

Active involvement of faculty and students was observed in Salad Decoration Competition. Participants displayed copious types of both vegetable and fruit salads under the following themes such as beautiful Birds, Beach safari and save birds, Salad Safari, desert and oasis, Humanity, Save girls, Salad Bird, Incredible salad, indo Nigerian

fruit salad, save birds, Parrot, Lord Ganesh, the butterfly salad, chocovitis, Rangoli salad the Peacock salad etc. All the participants were allotted separate table for their presentation of salads. Gayatri madam (Assistant Professor, RPCP) and Arpita madam (Assistant Professor, Department of Engineering) were invited as Judge. The competition has the following criteria for judging: 10 points for Workmanship, 10 points for Presentation (which includes creative description for presentation), 10 points for Taste, 10 points for Creativity for a total of 40 points. Judges went to each participant to look for creativity and presentation for final judging.

The competition was inaugurated by both the invited guest : Gayatri madam (Assistant Professor, RPCP) and Arpita madam (Assistant Professor, Department of Engineering). Dr. Anil Sharma(Principal, MTIN) has visited the exhibition and congratulated all the participants for their active participation and creativity . The students had presented their salad under above mentioned themes and artistic explanation. They explained theme, ingredients, recipe, nutritive value and importance of healthy diet a ingredients used for preparation. They articulately performed the plating of their favorite salad chopping and used a wide variety of salad dressing. They showed a lot of creativity by decorating the salads with shapes of animals, flowers, humans, and umbrella and water melon. The artists felt delighted as they were given a platform to bring out their innovation in the form of salad decoration.

At the end of session first, second and third ranks were rewarded to the students with prizes. There was a tie at the third prize,. Judges awarded two prizes at the third rank. Other students were rewarded with certificates. After certificate distribution there was a time for vote of thanks and concluding the event. First Arpita Madam expressed her feelings about the competition. She explained the importance about diet in health and fitness. She also stressed on including healthy food in diet and prevent the obesity and diseases induced by unhealthy diet. After that Gayatri madam had expressed her experience regarding participation of students and preparation of salads. She appreciated all the efforts of the students. She also explained importance of healthy diet and balanced diet. She encouraged the students to adopt the healthy life style and be

stress free. She motivated all the young one to avoid junk foods and manage the life style and stress. she explained about sufficient sleep pattern and meditation too.

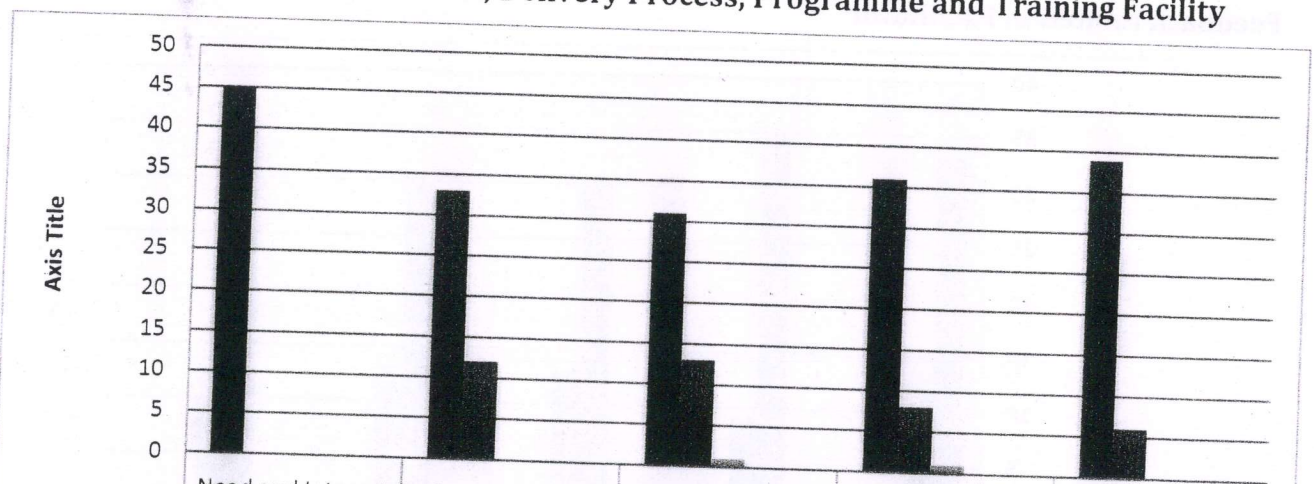
The best part of our competition was the open mindedness that our Faculty and students portrayed while eating the fruit salad that they had prepared. They also appreciated and thanked to us for organizing such informative and entertaining competition. All the participants had enjoyed the salad competitional the end of the day the students understood: To enjoy the glow of good health, they must exercise and eat a balanced meal.

Feedback Analysis Report

A) 45 Participants were participated in this program.

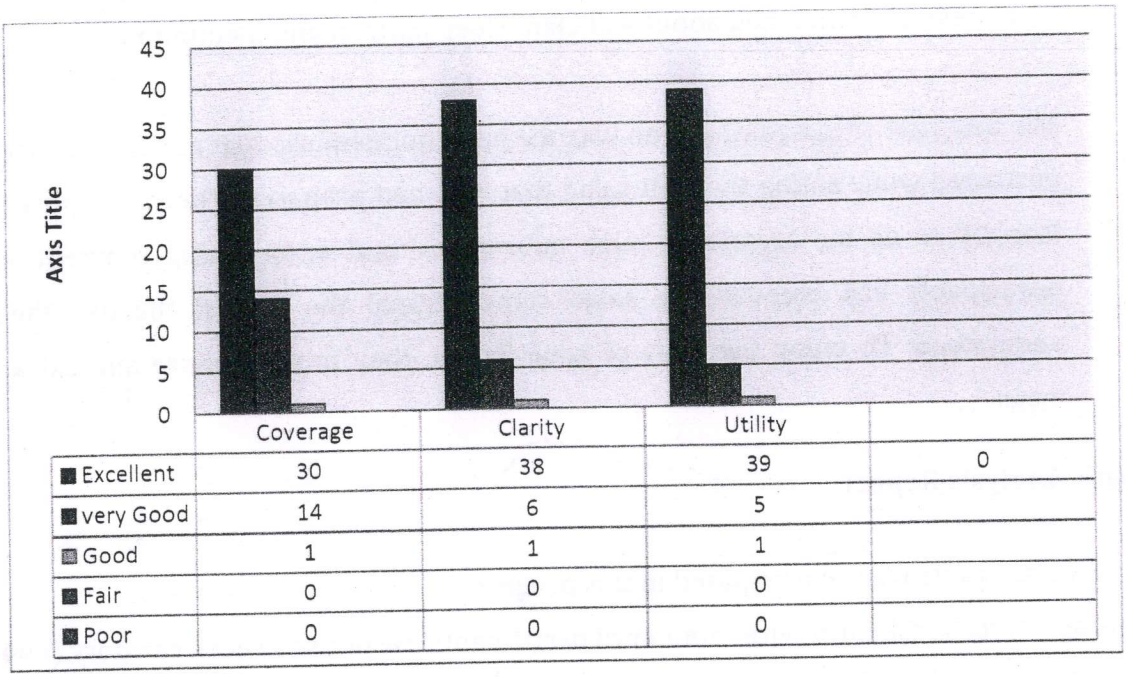
B) Graph of feedback form with number of participants' response in each category.(n=45)

Feedback Related To Need, Content, Delivery Process, Programme and Training Facility



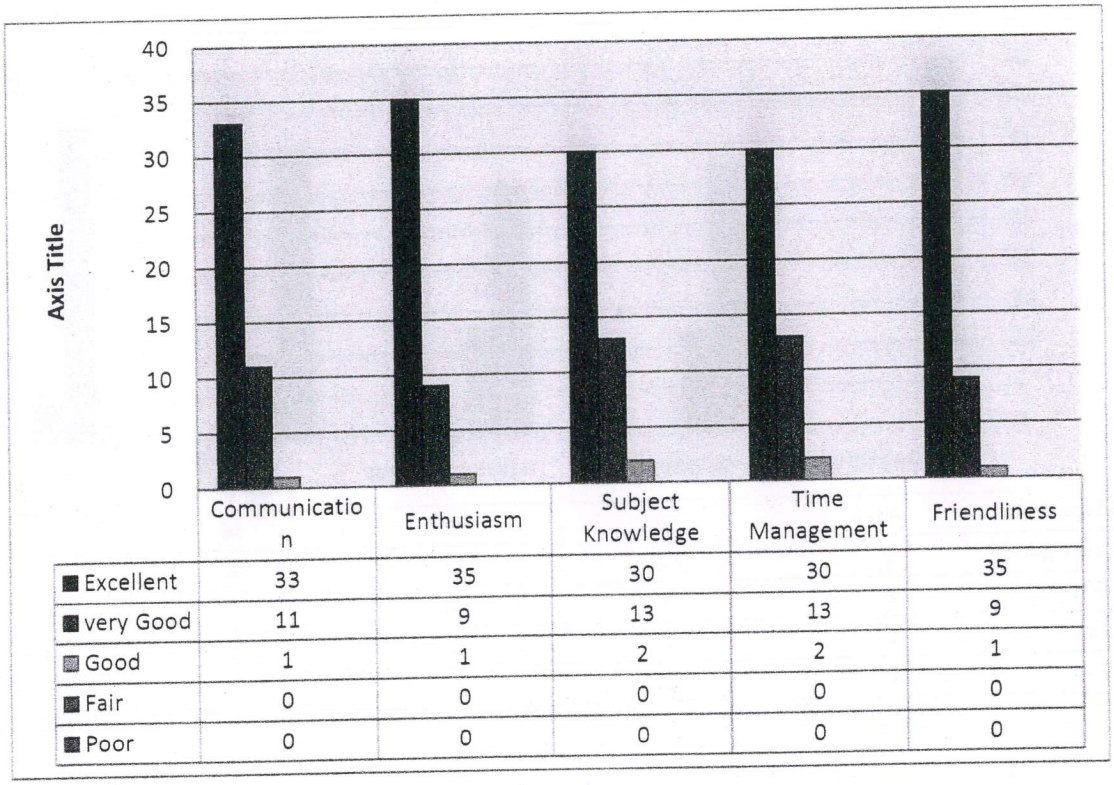
	Need and Interest	Content of Talk	Delivery Process	over all Programme	Training Facility
Excellent	45	33	31	36	39
Very good	0	12	13	8	6
Good	0	0	1	1	0
Fair	0	0	0	0	0
Poor	0	0	0	0	0

Feedback Related To Content



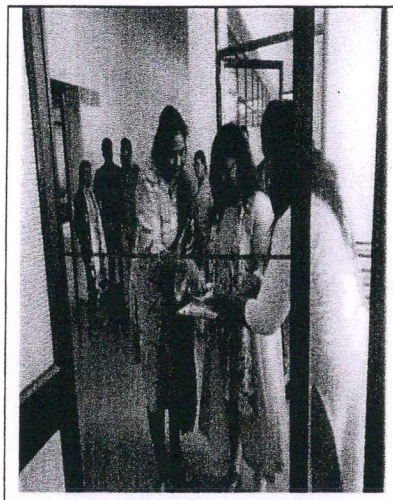
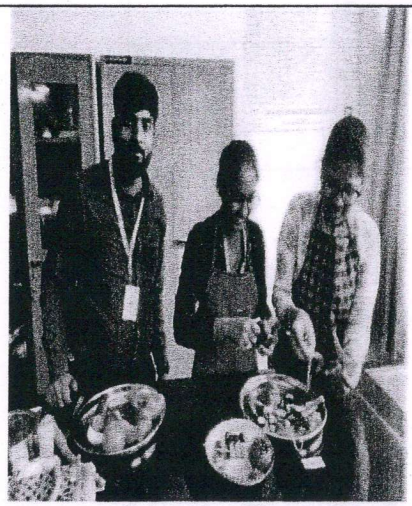
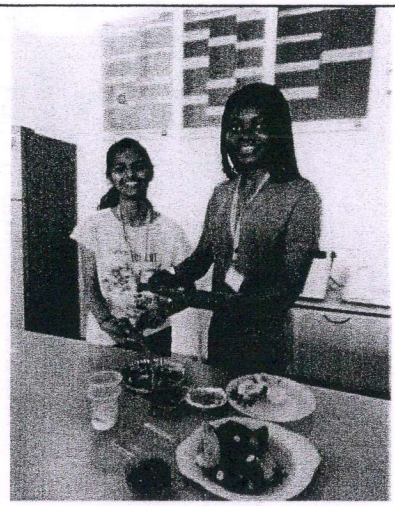
	Coverage	Clarity	Utility	
Excellent	30	38	39	0
very Good	14	6	5	
Good	1	1	1	
Fair	0	0	0	
Poor	0	0	0	

Feedback related to Facilitator

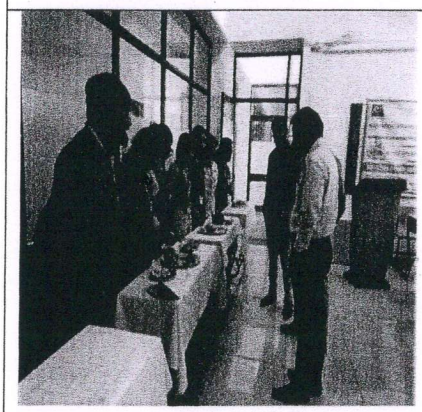
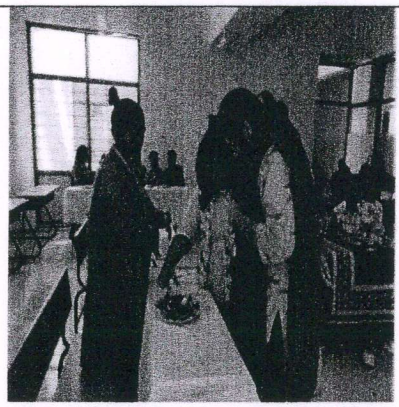
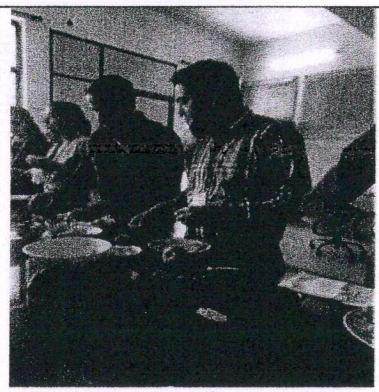


	Communication	Enthusiasm	Subject Knowledge	Time Management	Friendliness
Excellent	33	35	30	30	35
very Good	11	9	13	13	9
Good	1	1	2	2	1
Fair	0	0	0	0	0
Poor	0	0	0	0	0

Photographs of the event with captions:

1. **Arpita madam and Gayatrimadam is inagurating the salad making competetion.**
2. **and 3. Faculty and student Preparing the salads**

3. Dr. Anil Sharma visiting the exhibition and motivating students and faculties
4. Participant preparing an dpresenting the salads
5. Arpita madam and Gayatrimadam distributing the prizes among the students

VI. Financial Support Received:

Name of teacher	PAN No.	Event Type	Event level (Institute/ University / State/ National/ International)	Event title	Event organizing body	Date - From	Date - To	Type of participation (Delegate/ Paper Presenter/ Resource Person/ Session Chair/ Judge/ Member of organizing committee etc.)	Financial support received from CHARUSAT (INR)	Financial support received from other agencies/bodies	
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Ms. Binal Joshi	AFPPJ1040P	Expert Talk under the aegis of EOC	University	Salad Making Competition	MTIN	12/03/2020		Event -coordinator	4036/-	-	-

Report on Extension Activity of Clay Modeling competition on Celebration of children's Day

Date: 14 /11/2019 **Day: Thursday** **Timings: 9.00 am to 4.30 pm**

I. Introduction

Children's Day is celebrated all over India on November 14, 2019 every year. The day signifies the importance of increasing awareness of the rights, care and education of children. The day is a reminder that every child deserves education, nurturing and the best of everything. They are the building blocks of the nation and hence, the future of the nation depends how well they are brought up. Clay modeling is a great way to develop a child's fine motor skills, imagination and spark creativity. To celebrate the day MTIN has organized the clay modeling competition among the students of the MTIN to bring the best of the creativity with fun among them.

II. Objectives

1. To stimulate the imagination of the students and enable them to give a better shape to their creativity and develop speaking skills.
2. To promote creative clay as a fun and sustainable healthy activity
3. To create awareness among beneficiaries about various aspects of play
4. To create sensitization about role of play in growth and development among children
5. To construct their understanding of the concept of play and children.
6. To promote understanding of significance of play in children

III. Participants/Beneficiaries: B.Sc. Nursing and GNM Students from MTIN

IV. Agenda

SN	Topic	Time	Faculty
1	Distribution of clay and explanation of concept	Previous Day	Mr. Vipin
2	Exhibition of Clay models for Faculty and students	10 a.m.to 1 p.m.	Ms. Binal
3	Presentation and Evaluation of clay Models		Ms.Franny

V. In detail explanation of the Event

Play is essential to development because it contributes to the cognitive, physical, social, and emotional well-being of children and youth. Play also offers an ideal opportunity for parents to engage fully with their children. Despite the benefits derived from play for both children and parents, time for free play has been markedly reduced for some children. The event was planned with the aim of stimulating students mind towards creativity, and fun with learning.

Play plays a significant contribution in learning and development among students. Play also allows students to use their creativity while developing their imagination, dexterity, and physical, cognitive, and emotional strength. Distribution of the clay was done prior to event and students were given the theme of "Play In children".

The clay models were arranged in MCH Laboratory till 9.3o a.m. and then the exhibition was open for visitors.

Students were allowed free to input their creativity in preparing the models .the students has created variety of models on various themes.

1. Garden theme

   A group of students have prepared a clay model on a garden theme where the garden was prepared and use of multiple colors was done. They made a bunch to hang around the garden, or let kids play with them and pretend they're flying around the backyard. Some decorative materials were used and it was very creative model prepared by the students.

2. Mother and Baby

   A student from GNM programme has prepared a model on the theme of mother and baby bonding with each other. The model was decorated with multiple color and was having very fine finishing with heart touching concept

3. Cricket stadium

   The student from B.Sc. Nursing programme has prepared a model of cricket stadium and decorated with clay Leds, clay bat, and clay ball and clay hoardings. She has used different colors to give a realistic look of stadium.

4. Play in Ancient and Modern Era

   The model was prepared by the B.Sc. Nursing students was presenting the concept of play in ancient era and modern era. They have prepared all the replica of ancient toys and modern

toys.They focused the importance of gross motor activity used in play and how it contributes in physical and developmental progress. The theme also explain the drawbacks and impact of using excessive mobiles and internet among children

5. The Village

   The students from B.Sc. Nursing programme has prepared a model on the theme of village where they had introduce the concept of well, hut, open land , trees, birds and swings which resembles a scene of small village of interior India. The model was beautifully decorated with grass, flowers and colors. students presented well with the concept of ancient India.

6. Ancient kitchen Tools

   The students from B.Sc. and GNM. Nursing programme has prepared a clay models on old kitchen tools like Chula, spoons, various kitchen utensils and home material. The models were tiny and beautiful. It gave a very realistic appearance and shape of home articles and accessories of kitchen

7. Animals and Birds

   The students from B.Sc. and GNM. Nursing programme has prepared a clay models on variety of animal and birds and displayed. They very finely worked and had given efforts to make understand the concept of cognitive play among children

8. Toys used in play

   The students from B.Sc. and GNM. Nursing programme has prepared a clay models on variety of toys used for children like teddy bears etc. They have decorated all with different water colors and even turmeric and ginger. They used different creative tools to prepare and shape them .they had a great fun in preparing all this models

The students and visitors had a great fun during exhibition. It was unique concept introduced learning with fun. Students have explained the concept of their model with their skill. They created communication from the clay and also learned the concept of play and contribution of clay in development of children.

VI: Feedback Analysis report:

A) 40 Participants were participated in this program.

B) Table of feedback form with number of participants' response in each category.

VI. Conclusion:

Play is very important to a child's development; it is an integral part of a child's Early Years Foundation Stage and supports their learning journey too.

The clay modeling competition was organized on the theme of "Play in children "The exhibition was very successful in delivering the learning with fun. The models were creative and colorful. We are thankful to Dr. Anil sir and Mr. Vipin Sir for supporting us in organizing and delivering such extension activities. We are also thankful to all the students of MTIN for actively participating in the event.

VII. Photographs:

clay Modeling play Material.

VIII. Financial Support Received:

Name of teacher	PAN No.	Event Type	Event level (Institute/ University/ State/ National/ International)	Event title	Event organizing body	Date - From	Date - To	Type of participation (Delegate/ Paper Presenter/ Resource Person/ Session Chair/ Judge/ member of organizing committee etc.)	Financial support received from CHARUSAT (INR)	Financial support received from other agencies/bodies	
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Ms.Binal	AFPPJ1040P	Extension Activity	Institute	Clay modelling Competition on theme of "play in Children'	MTIN	14/11/2019	14/11/2019	Event -coordinator	1290/-	-	-

Date:06/11/2019 **Day: Wednesday** **Timings: 10:00 am to 12:00 pm**

I. Introduction:

6th semester, 3rd year B.Sc. Nursing students were posted at Nadiad civil hospital for clinical training. As part of their clinical requirements the students have arranged role play on topic- "Awareness regarding Exclusive breast feeding, Kangaroo mother care and weaning" on date 06/11/2019 at 10:00 am to 12:00 pm under the supervision of Ms. Angelina Makwana and Ms. Nirali Patel.

II. Agenda:

Type of extension activity	Topic	Date and time	Venue
Role play	Awareness regarding exclusive breast feeding, Kangaroo mother care and weaning	06/11/2019 10:00 am to 12:00 pm	Maternity ward, Civil hospital, Nadiad

III. Objectives of the event:

After completion of the role play the participants will able:

- To know the importance of exclusive breastfeeding.
- To learn about kangaroo mother care.
- To get knowledge of weaning.
- To apply knowledge into day to day practice.

IV. Participants/Beneficiaries: Maternity ward patients and their relatives

V. Role play- Awareness regarding Exclusive breast feeding, Kangaroo mother care and weaning

The concept of the role play was to make the people aware about importance of Exclusive breast feeding, kangaroo mother care and weaning in the form of role play by comparing the two families the one who follows healthy practices of Exclusive breast feeding, kangaroo mother care and weaning and the other who are not aware about the Exclusive breast feeding, kangaroo mother care and weaning.

Exclusive breastfeeding

Breastfeeding has many health benefits for both the mother and infant. Breast milk contains all the nutrients an infant needs in the first six months of life. Breastfeeding protects against diarrhoea and common childhood illnesses such as pneumonia, and may also have longer-term health benefits for the mother and child, such as reducing the risk of overweight and obesity in childhood and adolescence.

Exclusive breastfeeding means that the infant receives only breast milk. No other liquids or solids are given – not even water – with the exception of oral rehydration solution, or drops/syrups of vitamins, minerals or medicines.

WHO recommendations: Infants should be exclusively breastfed for the first six months of life to achieve optimal growth, development and health. Thereafter, to meet their evolving nutritional requirements, infants should receive nutritionally adequate and safe complementary foods, while continuing to breastfeed for up to two years or beyond.

For infants to survive, grow and develop properly they require the right proportion of nutrients. Breast milk is rich in nutrients and anti-bodies and contains the right quantities of fat, sugar, water and protein. These nutrients are major pre-requisites to the health and survival of the baby. When a child is exclusively breast fed, their immune system is strengthened, enabling it to life-threatening illnesses like pneumonia and diarrhoea amongst other infections. In fact, reports indicate that babies who are not breast fed for the first six months of life are 15 times more likely to die from Pneumonia compared to newborns that are breast fed exclusively for six months after birth.

The World Health Organization estimates that around 220,000 children could be saved every year with exclusive breastfeeding. It recommends that colostrum, the yellowish sticky breast milk that is produced at the end of pregnancy as the ideal food for newborns; to be given within the first hour of birth, a process referred to as early initiation. Infants breast fed within the first hour of birth are three times more likely to survive than those who have their first breast milk after a day. Exclusive breastfeeding should be given from birth up to 6 months and continued breastfeeding is recommended with appropriate complementary food until the child celebrates his/her second year birth day without water, food or drink. The only exceptions are rehydration salts and syrups that contain medicine.

It becomes essential that we counsel, encourage and support mothers to initiate exclusive breastfeeding. Governments, family members and community health workers all have a role to play in the survival of newborns through the uptake of exclusive breast feeding.

Kangaroo Mother Care (KMC)

Kangaroo Mother Care (KMC) is a special method of care of low birth weight (<2500gm) babies. As the name suggests Kangaroo Mother Care consists of keeping the baby in close skin-to-skin contact with his/her mother as practiced by female kangaroo animal for their babies. It benefits the baby by,

- Keeping the baby warm
- Promoting and sustaining breastfeeding
- Decreasing risk of infection
- Promoting bonding between baby and mother

Components:

Skin to skin contact: Early, continuous and prolonged skin-to-skin contact between the mother and the baby is the basic feature of KMC. The infant is placed on her mother's chest between the breasts.

Exclusive breast feeding : The baby on KMC is breastfed exclusively. Skin-to-skin contact promotes breast milk production and enables the small baby to learn sucking quickly. Intimate physical contact during KMC strengthens the emotional bonding between the mother and the baby.

Benefits:

- Breastfeeding - Studies have reported that KMC results in increased breastfeeding rates as well as increased duration of breastfeeding.
- Thermal control - Prolonged skin-to-skin contact between the mother and her LBW infant maintains temperature of baby in normal range. This is as good as keeping the baby in an incubator.
- Early discharge - Studies show that KMC cared LBW infants can be discharged from the hospital earlier than the conventionally managed babies. The babies gain more weight on KMC than on conventional care.

- Less sickness - Babies who receive KMC remain healthier during infancy than those without KMC. KMC protects babies against infections.
- Other effects - KMC helps both infants and parents. Mothers are less stressed during kangaroo care than when the baby is receiving incubator care. They also experience a stronger bonding with the baby, increased confidence, and a sense of deep satisfaction that they are able to do something special for their babies. Fathers feel more relaxed, comfortable and better bonded while providing kangaroo care.

Procedure:

- The baby should be placed between the mother's breasts in an upright position.
- The head should be turned to one side and in a slightly upturned position. KMC process. This position helps in breathing of and allows eye-to-eye contact between the mother and her baby.
- The legs and arms should be folded. Baby's abdomen should be at the level of the mother's upper abdomen.
- Support the baby bottom with a sling/binder.
- Feeding:
  - ✓ Holding the baby near the breast stimulates milk production.
  - ✓ Mother should express milk while the baby is still in KMC position.
  - ✓ The baby could be fed with paladai, cup, spoon or tube, depending on the condition of the baby.
- Privacy: KMC requires some exposure on the part of the mother. This can make her nervous and could be de-motivating. So mother should be provided some privacy for practicing KMC.
- Duration for which KMC should be practiced: To begin with, it may not be possible for the mother to provide KMC for a prolonged period of time. But each session of KMC should last at least an hour. The aim should be to provide KMC as long as possible preferably 24 hours a day.
- Using a comfortable chair or several pillows on an ordinary bed KMC can be provided during sleep and rest.

- Babies love receiving KMC after going home. When the mother and baby are comfortable, KMC continues for as long as possible, first at the hospital then at home until the weight is 2500 g. By this time, the baby starts wriggling to show that she is uncomfortable, pulls her limbs out, cries and fusses every time the mother tries to put her back skin to skin.
- Post-discharge follow-up

Weaning

The word "wean" means a passage from one relationship to another not a loss or detachment from a relationship. The weaning process begins the first time your baby takes food from a source other than your breast – whether it's formula from a bottle or mashed banana from a spoon. Weaning is the gradual replacement of breastfeeding with other foods and ways of nurturing.

From a strictly medical point-of-view, the younger the baby the more important it is for him to receive breastmilk. For the premature baby, the benefits of breastmilk may be even more important than for the term baby. The more immature the baby, the greater the need for the protective features of breastmilk. The American Academy of Pediatrics recommends that for ideal nutrition, your baby should be exclusively breastfed for the first six months, and that nursing should continue after the introduction of solids for at least 12 months and longer if mother and baby wish. The World Health Organization recommends that babies be exclusively breastfed for the first 6 months, and that breastfeeding be continued for up to two years of age or beyond.

Importance:

- Premature babies in particular need careful planning of the nutrients in their food, to make sure they continue to develop and grow.
- New tastes and textures help encourage babies to eat a range of foods, which helps make sure that their diet is balanced later in life. Solid foods help babies to practise lip, tongue and jaw movements.
- Eating together is also an important social activity. It is thought that babies can learn skills like eating from watching others.

- Weaning also provides a great opportunity for all members of your family to become involved in feeding your baby.

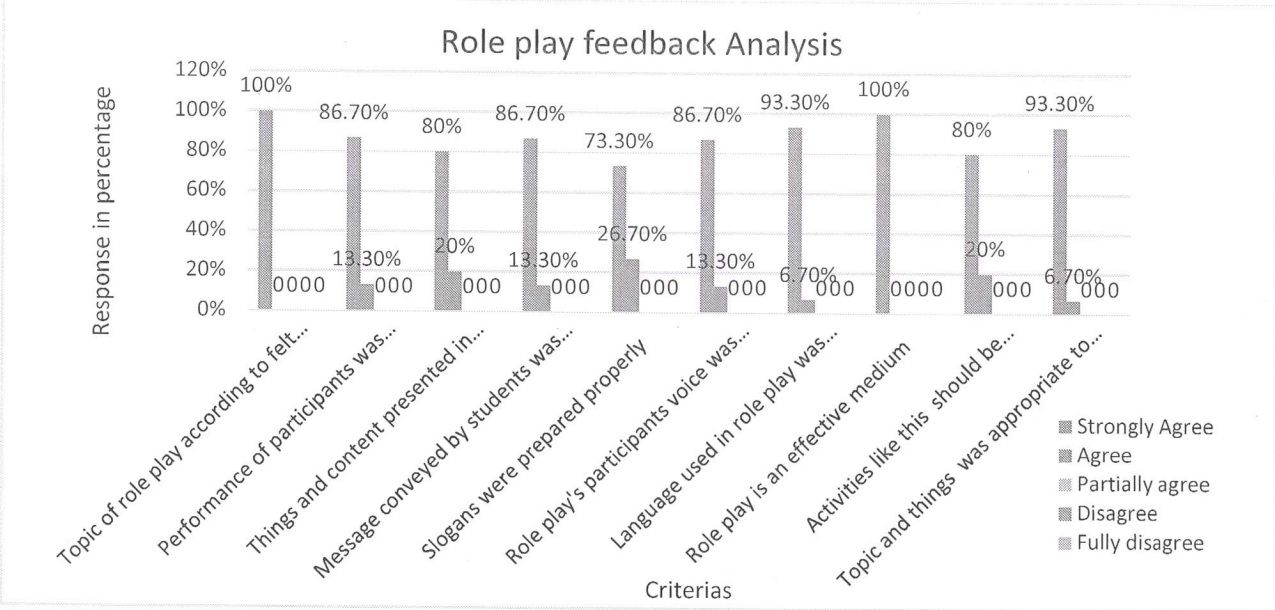
VI. Feedback Analysis report:

A. Number of participants: 15

B. Table of feedback form with number of participants' response in each category: 15

Sr. No.	Criteria	Strongly Agree (5)	Agree (4)	Partially agree (3)	Disagree (2)	Fully disagree (1)
1.	Topic of role play according to felt needs	100%	00	00	00	00
2.	Performance of participants was interesting	86.7%	13.3%	00	00	00
3.	Things and content presented in role play was adequate	80%	20%	00	00	00
4.	Message conveyed by students was understandable	86.7%	13.3%	00	00	00
5.	Slogans were prepared properly	73.3%	26.7%	00	00	00
6.	Role play's participants voice was audible	86.7%	13.3%	00	00	00
7.	Language used in role play was appropriate	93.3%	6.7%	00	00	00
8.	Role play is an effective medium	100 %	00	00	00	00
9.	Activities like this should be organized again and again	80%	20%	00	00	00
10.	Topic and things was appropriate to the group	93.3%	6.7%	00	00	00

C. Analysis depicted through graphs.



VII. Financial support received: Nil

VIII. Conclusion

Students had participated in the role play activity and received positive feedback from audience and all had appreciated to them. We express our heartfelt gratitude to the principal, MTIN and CHARUSAT University for constant guidance and unconditional support.

6/11/2019
Awareness regarding Exclusive BF, Its Weanings

PHOTOGALLERY

Role play

Delivering knowledge regarding weaning

Teach about Post-discharge follow up

Role play Group

Report on Exhibition cum mass health education

Date : 01.10.2019
Day: Tuesday
Timings: 10.00 am to 01.00 pm
Venue: Civil hospital, Nadiad

I. Introduction:

The students of 6th semester- B.Sc. Nursing & 3rd semester M.sc nursing from Manikaka Topawala Institute of Nursing, CHARUSAT, and CHANGA were posted at civil hospital, Nadiad for clinical posting of Obstetrics and gynecological nursing. During posting they identified the need of patients and planned for exhibition cum mass health education. So on the date 01/10/2019 exhibition on topics such as: Garbh sanskar , postanatal care , postanatal exercise , family planning , breast feeding & new born care was organized under the supervision of Ms. Angelina Makwana , Ms. JalpaPrajapati & Ms. Ishita shah.

II. Objectives:

Students will be able to:

- Understand about garbh sanskar/ advices and postnatal care
- Develop skill in giving health education
- To make aware the community about garbh sanskar, postnatal care, new born care.

III. Participants/Beneficiaries: All antenatal mothers, postnatal mothers, relatives

IV. About poster exhibition

The students of 6th semester B.Sc. Nursing & 3rd semester M.sc. Nursing students organized poster exhibition for the mothers and their relatives. The students identified four themes based on the need of patients. The theme was garbh sanskar, postnatal carecare, posrnatal diet, postnatal exercise, breast feeding techniques , family planning method and new born care. After identification of themes, students started preparing posters under the guidance of Ms. Angelina Makwana, Ms. JalpaPrajapati & Ms. Ishita shah Following topics were covered as sub themes of poster exhibition.

Garbh Sanskar

Garbh Sanskar is not only about the care taken during pregnancy, but about starting preparations at least a year before conception. Garbh Sanskar covers pre-pregnancy, pregnancy as well as the breastfeeding phase, guiding parents until the child is about 2 years old.

List of Garbh Sanskar Activities for Pregnant Women

According to Ayurveda, Garbh Sanskar is one of the best ways to give birth to a healthy baby. It's all about the mother maintaining a sound state of mind, not only mentally, but physically, emotionally and spiritually as well. Ayurvedic Garbh Sanskar suggests certain guidelines to keep in mind for the pregnant mother. These include:

1. Healthy Eating Habits
2. Positive Thinking
3. Practising Yoga or Some Form of Light Exercise
4. Meditation
5. Prayer
6. Listening to Music Which Brings Peace to the Mind
7. Reading Calming or Spiritual Books
8. Keeping the Mind Relaxed and Happy
9. Consuming Herbal Ghee during Pregnancy
10. Channel your Creativity

Postnatal Care

a. **Physiological changes:** advised the mother about various type of changes after delivery that was include
   1. Involution of uterus and stages of lochia
   2. Weight loss: usual loss of 4.5-5.5 kg occurs after delivery
   3. Brest changes occur weather nursing or not nursing
   4. Discomforts and measures to provide comfort
      - Incision healing: use ice packs, sitz bath and topical anaesthetics
      - After pains: administer analgesics

b. **Self-care measures:-**

   Advice mother to take care of herself and her child i advised about
   1. Personal hygiene including perineal care
   2. Postpartum exercises including Kegel exercises
   3. Schedule activities to avoid fatigue

4. Diet instructions
5. Breast and nipple care

c. **Diet:** advised mother to include Fruits and vegetables, Whole grains, Lean protein, like fish, beef, and soy foods, Dairy — choose skim or low-fat milk, Leafy greens, Iron, especially if you suffer from postpartum symptoms. You can find this in things like fortified cereals, prune juice, and lean meats, Vitamin C, which can help with wound healing for mothers who delivered via C-section. Find this in oranges, tomatoes, and natural fruit juices.

d. **Vaginal discharge:** Advised mother that you will have vaginal discharge after delivery. The discharge is bright red the first 1 or 2 days after delivery, and then turns pink. The discharge becomes white or yellow by about day 10 after delivery. It is normal to have discharge on and off for 6 weeks after delivery. Use a sanitary pad rather than a tampon. This helps prevent a vaginal infection. The discharge should not have a bad smell.

e. **Postpartum exercise:-**Advised mother to do Pelvic floor, and kegal exercise. The area between your rectum and vagina is known as the perineum. It stretches and often tears during birth. Sometimes a doctor will cut this area to help your labor. You can help this area recover after your delivery by doing Kegel exercises, icing the area with cold packs wrapped in towels, and sitting on a pillow.

f. **Constipation:-**Eat high-fiber foods to stimulate bowel activity, and drink plenty of water. Ask your doctor about safe medications. Fiber can also relieve hemorrhoids, as well as over-the-counter creams or sitting in a sitz bath. Drinking water helps ease problems with urinating after birth. If you experience incontinence, Kegel exercises can strengthen your pelvic muscles.

g. **Breast care:-**When your milk comes in, your breasts may feel full and hard. If you plan to breastfeed, ask caregivers to show you how to hold and breastfeed your baby

h. **Exclusive breast feeding:-**advised mother to provide frequent and exclusive breast feeding. It will improve infant health status and help for growth and development.

i. **Mood changes:-** advised mother about psychological changes, Some of these changes occur because of lack of sleep, hormone changes, and caring for a new baby. Some mood changes can be more serious, such as severe (very bad) postpartum depression (deep sadness). Talk with your caregiver if you feel unable to care for yourself or your baby after delivery.

j. **Care of the newborn**

1. Characteristics of a normal newborn
2. Breast feeding techniques
3. Physical care of the newborn such as bathing, changing, holding and feeding
4. Signs and symptoms of illness

k. **Importance of scheduling a postpartum check-up with health care provider for self and infant**

l. **Resumption of sexual intercourse:** may be safely resumed when there is no active bleeding and episiotomy has healed(approximately 3 weeks)

m. **Family planning and birth control**

Information about various contraceptive methods

Postnatal exercise

Purposes of Postnatal exercise

Postnatal exercise helps to regain the strength of abdominal muscles and help prevent lower back injury and other complications like abdominal organs from "drooping forward" due to lack of support. They also help you regain a flat stomach

Types of antenatal exercise

(1) Pelvic tilting

This exercise can now be done in supine lying as well as side lying, sitting and standing positions. Pelvic tilting and head lifting may be performed only if there is no diastasis and peaking of abdominal muscles on lifting the head.

(2) Knee rolling

In a back lying position with knees bent, pull in the abdomen and roll both knees to one side as far as possible. Return the knees to the upright position and relax the abdomen. Pull in again and roll your knees to the opposite side this time. Do this at least 10-15 times daily to derive benefit.

(3)Breathing exercises

Breathing is an important technique to ease pain and stress. It is best to inhale through the nose and exhale through the mouth. There are three types of breathing: Diaphragmatic breathing, which utilises not only your chest, but your abdomen as well. It promotes relaxation by decreasing the effects of the sympathetic nervous system.

(4) Ankle and foot exercise

This exercise helps improve circulation and can be performed while seated on a chair or on the floor. If seated on the floor, extend one leg out and away from your body.

With your back straight and arms at your sides, extend your toes forward and away from your body as far as you can. From this position, bend your foot back, pointing your toes up to the sky and your heel away from your body.

(5)Kegel exercises (for strength)

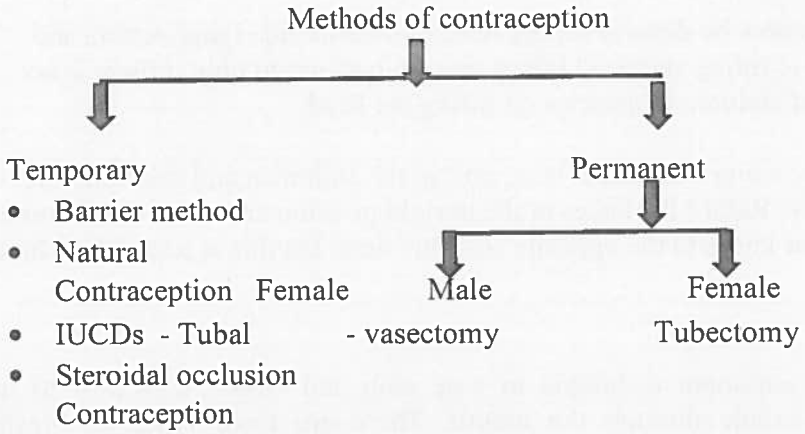
Sit, stand tall or lie on you back with your knees bent and legs comfortably apart. Close your eyes, imagine what muscles you would tighten to stop yourself from passing urine. If you can't feel a distrinct tightening of these muscles, ask for some help from a physiotherapist. She will help you to get started. Now that you can feel your pelvic floor muscles working, tighten them around your front passage, vagina and back passage astrongly as possible and hold for three to five seconds doing this. You should feel your pelvic floor muscles up inside you and feel a definite let go as the muscles relax. If you can hold longer (but no more than eight seconds), then do so. Remember squeeze must stay strong and you should feel a defrinite let go. Repeat up to ten times or until you feel your pelvic floor musicles fatigue. Rest for a few seconds in between each squeeze. Steps on to three, count as one exercise set. If you can do three sets per day in different positions.

Family Planning

"Family planning as a way of thinking & living that is adopted voluntarily, upon the basis of knowledge, attitude & responsible decisions by individuals & couples, in order to promote the health & welfare of the family group & thus contribute effectively to the social development of the country."

Methods of contraceptives:

- The various method of contraception are schematically depicted below:



Newborn care

"Good care of the newborn begins with good preparation"

1. Explained mother to take adequate amount of nutritional diet i.e. rich in protein, Vitamins etc.
2. Taught breast feeding technique and care of breast by demonstration method.

3. Encouraged mother to wash her hands before and after handling the baby.
4. Explained mother to give feeding every 2 hourly to the baby.
5. Taught kangaroo mother care to the mother and encouraged her to practice it daily.
6. Explained immunization schedule.
7. Explained care of neonate.
8. Encouraged mother to come for the regular follow up care.
9. Advised that She Should Not Eat Junk Food and She should Avoid heavy lifting and heavy household activities.
10. Explain to the mother not to expose the baby to draughts
11. Tell mother to wrap the baby
12. Provide exclusive breast feeding for 6 months
13. Burp the baby after feed

Activities on the day of exhibition

- In morning after reached to civil hospital Nadiad, Students prepared area of exhibition.
- Incharge nurse of maternity ward inaugurated the exhibition. Other sisters and hospital staff attained the inauguration function.
- After inauguration exhibition was open for visit
- Students explained all the posters as per allotment to all participants
- Feedback was taken from participants

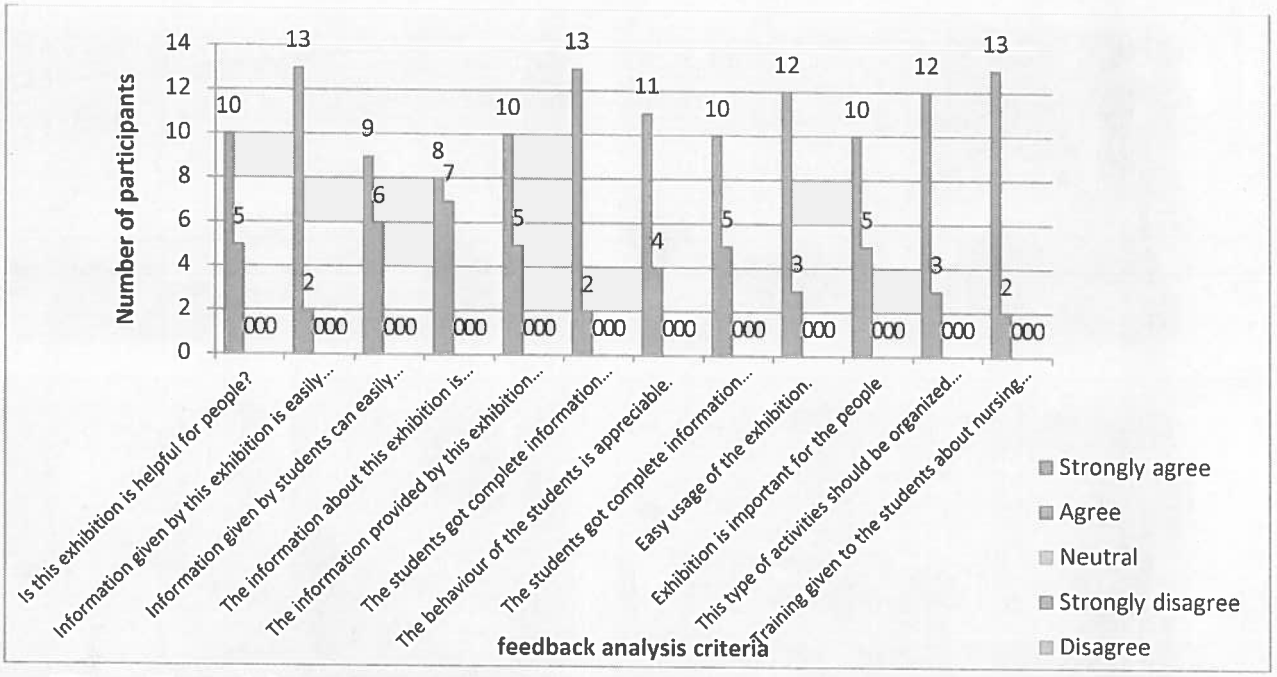
V. Feedback Analysis:

A. Number of participants:15

B. Table of feedback form with number of participants' response in each category.

	Scale: 5-Excellent; 4- Very Good; 3- Good: 2- Satisfactory; 1-Poor					
S. No.	**Statements**	**Strongly agree**	**Agree**	**Neutral**	**Strongly disagree**	**Disagree**
1	Is this exhibition is helpful for people?	10	5	0	0	0
2	Information given by this exhibition is easily understandable.	13	2	0	0	0
3	Information given by students can easily implement.	9	6	0	0	0
4	The information about this exhibition is provided in advance.	8	7	0	0	0
5	The information provided by this exhibition is according to the need of society.	10	5	0	0	0
6	The students got complete information regarding this exhibition during their training period.	13	2	0	0	0
7	The behaviour of the students is appreciable.	11	4	0	0	0
8	The students got complete information regarding the health exhibition during their training periods.	10	5	0	0	0
9	Easy usage of the exhibition.	12	3	0	0	0
10	Exhibition is important for the people	10	5	0	0	0
11	This type of activities should be organized again.	12	3	0	0	0
12	Training given to the students about nursing is appropriate.	13	2	0	0	0

VI. Analysis depicted through graphs.



VII. Financial support received: Nil

VIII. CONCLUSION

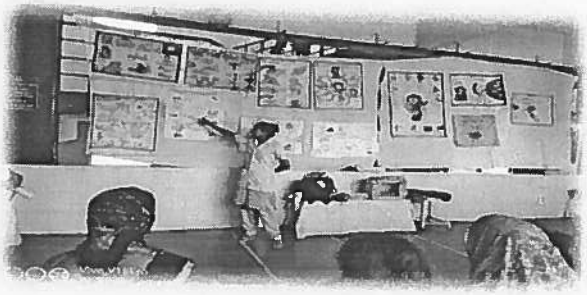
At the end of the exhibition students were able to know about garbh sanskar, postnatal care, new born care & family Plannig. They also gain experience in giving health education to mothers and their relatives. We are thankful to CHARUSAT and civil hospital Nadiad to provide us such opportunity.

Photographs:

01/10/2019

Garbh Sanskar

Photographs:



Students explaining regarding Garbh sanskar, postanatal care, postanatal exercise, family planning, breast feeding & new born care

Report on Celebration of ORS & Breastfeeding week 2019

Date: -27/09/2019

Day: friday

Timings: 10.00 am-3 .00 pm

I. Introduction:

Children are the wealth of tomorrow. Maintenance of their constant health is our Moto. Consuming healthy and adequate Practices is one of the most convenient way to lead in a good wholestic care status and to boost preventive aspects. It Helps the child exhibit optimistic and confident social behaviors. Healthy parenting involvement and intervention in the child's day-to-day life lay the foundation for bet social and academic skills. Children also gain strong problem-solving skills when they have a positive relationship with their parents. To boost the effective parent child relationship many care regimens require and it starts from the birth itself. With this aim Department of pediatric nursing of MTIN has set an outstanding program at Karishma Special School, kashiben children hospital during the 6th semester , B.Sc. Nursing posting in the field of education by conducting this type of Extenstion Activities to nourish special children more and to give them maximum satisfaction of their lives. The dance on immunization schedule was one of the most eye catching event of the day along with the poster presanttion and live demonstration of chocking care. Students have organized enthusiastically in this event under the guidance of Mr. Arapan Pandya,Mr. Bapu K. Assistant Professor, Ms. Franny Emmanuel, Nursing Tutor .

Objectives:

At the end of the Program the Students / audience will be able to understand:

1. To introduce the immunization schedule
2. To explain the Prevention of accidents
3. To identify the Care regimen for mentally challenged children

III Description:

Day 1

Topic: 1

Immunization Schedule

A vaccination schedule is a series of vaccinations, including the timing of all doses, which may be either recommended or compulsory, depending on the country of residence. A vaccine is an antigenic preparation used to produce active immunity to a disease, in order to prevent or reduce the effects of infection by any natural or "wild" pathogen. There were poster exhibition on introduction, statistical data, purpose, schedule, yojanas prevailing for this, advantages, and a most attractive dance on Immunization schedule. They conclude that these strategies will have a positive impact both on neonatal, childhood morbidity and mortality, which could represent an important step towards achieving the Millennium Development Goals. Students actively explained all the parents and staff of karishma schhol.

Topic: 2

Prevention of childhood accidents

"Prevention is better than a cure" is an old and popular proverb, which means it is better to stop bad things from happening, than to fix them after they have already happened. Toddle are known for this more as thy come in vulnerable age, plenty of cases we may find in this age group due to this we came up with this idea to do something under this heading. Students had presented various types of accidents according to age group. Students explained that Many accidents occur due to human factors. These factors include unsafe acts, un-mindfulness, negligence, lack of knowledge and training. Another leading factor of accidents is working conditions. Unsafe working conditions can include faulty machines, faulty designs, substandard processes, occupational hazards, fire and other hazards, etc.. Accidents will continue to happen if preventative measures are not taken. Accident prevention can be achieved by commitment and cooperation between parents and children or a care giver. They also showed the complication and preventive steps which can mitigate their needs in terms of protection and prevention of children. They demonstrated techniques of abdominal thrust, according o age group if chocking arise.

Topic: 3

Care of mentally challenged children

Mentally challenged is euphemistic language to describe someone who has an intellectual disability or who is perceived to have an intellectual disability. The “challenged” part of the term is in

reference to a perceived deviation of intellectual capacity from the normal range for one's age. With this reason our students stated these special children. students added introduction, statistics, types of problems, causes, yojanas, pevetion, health promotions, etc. they brought some live games articles too to encouraged special childrens and their parents.students explained that ntellectual disability affects about 2–3% of the general population. 75–90% of the affected people have mild intellectual disability. Non-syndromic or idiopathic ID accounts for 30–50% of cases. About a quarter of cases are caused by a genetic disorder.they also brought some real notebooks drawing of these children and showcased it very nicely.

Photographs:

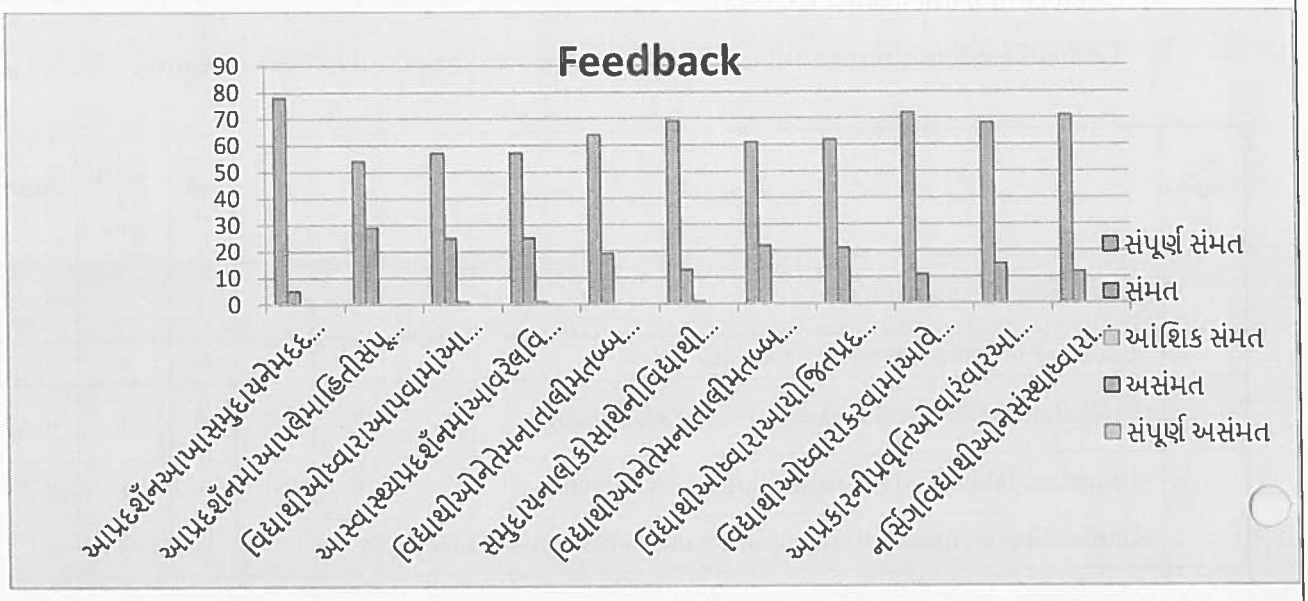
IV Feedback Analysis report 0f exhibition on health literacy campaign

A. Number of participants- 83

B. Table of feedback form with number of participants' response in each category.

અનુ-ક્રમણિકા	માપદંડ	સંપૂર્ણ સંમત	સંમત	આંશિક સંમત	અસંમત	સંપૂર્ણ અસંમત
1.	આપ્રદર્શનઆખાસમુદાયનેમદદરૂપછે?	78	5	0	0	0
2.	આપ્રદર્શનમાંઆપલેમાહિતીસંપૂર્ણરીતેસમજીશકાયછે?	54	29	0	0	0
3.	વિદ્યાર્થીઓધ્વારાઆપવામાંઆવેલમાહિતીસરળ રીતેઅનુસરીશકાયએમછે?	57	25	1	0	0
4.	આસ્વાસ્થ્યપ્રદર્શનમાંઆવરેલવિષયવસ્તુસમુદાયની જરૂરિયાતમુજબછે?	57	25	1	0	0
5.	વિદ્યાર્થીઓનેતેમનાતાલીમતબ્બકાદરમ્યાનઆખાસમુદાયનેજરૂરિયાતસંપૂર્ણમાહિતીઆપેલછે?	64	19	0	0	0
6.	સમુદાયનાલોકોસાથેનીવિદ્યાર્થીઓનીવર્તણુકપ્રશંસનીયછે?	69	13	1	0	0
7.	વિદ્યાર્થીઓનેતેમનાતાલીમતબ્બકાદરમ્યાનલોકોનેસ્વાસ્થ્યપ્રદજીવનમાટેયોગ્યરીતેમાર્ગદર્શનઆપેલછે?	61	22	0	0	0
8.	વિદ્યાર્થીઓધ્વારાઆયોજિતપ્રદર્શનનોલાભસરળતાથીલઇશકાયએમછે?	62	21	0	0	0
9.	વિદ્યાર્થીઓધ્વારાકરવામાંઆવેલપ્રવૃતિઓસમુદાયનાલોકોમાટેમહત્વપૂર્ણછે.?	72	11	0	0	0
10	આપ્રકારનીપ્રવૃતિઓવારંવારઆયોજિતકરવાનીજરૂરછે?	68	15	0	0	0
11	નર્સિગવિદ્યાર્થીઓનેસંસ્થાધ્વારાસમુદાયનીસેવાકરવામાટેઆપવામાંઆવતીતાલીમયોગ્યછે.?	71	12	0	0	0

C. Analysis depicted through graphs.



V Conclusion

At the end of the Program group was satisfied and gathered the profound knowledge and gained adequate content, thus we have fulfilled the objectives of this Program. Entire Group improved their confidence level while dealing Health education. Overall students learnt the good practical aspects. Feedback was collected and it suggested that they welcomed this initiative and they are motivated to explore more dimension in this platform also they are willing to adopt this feeding style in their children. Students were actively participated in this program and spread profound knowledge to the group. This was a great experience for them to learn new things in a different innovative way. Medical Superintendent was very impressed with his activity and motivated staff and students with the appreciation.

VI Financial support received:

Name of teacher	PAN No.	Event Type (Seminars/ conference/ workshops/ Orientation Program/ Refresher Course/ Faculty Development Programs/ Short Term Course/extension activity etc.)	Event level (Institute/ University/ State/ National/ International)	Event title	Event organizing body	Date - From	Date - To	Type of participation (Delegate/ Paper Presenter/ Resource Person/ Session Chair/ Judge/ member of organizing committee etc.)	Financial support received from CHARUSAT (INR)	Financial support received from other agencies/bodies	
										Name of agency/ body	Amount (INR)
NA	-	-	-	-	-	-	-	-	-	-	-

Report of role play on plastic ban and water conservation

Date: 14/09/2019 **Day: Saturday** **Timings: 5.00-7.00 pm**

I. Introduction

To accelerate the efforts to achieve universal sanitation coverage and to put focus on sanitation, the Prime Minister of India launched the Swachh Bharat Mission on 2nd October, 2014. The Mission Coordinator for SBM is Secretary, Department of Drinking Water and Sanitation (DDWS), Ministry of Jalshakti with two Sub-Missions, the Swachh Bharat Mission (Gramin) and the Swachh Bharat Mission (Urban). Together, they aim to achieve Swachh Bharat by 2019, as a fitting tribute to Mahatma Gandhi on his 150th Birth Anniversary.

In Rural India, this would mean improving the levels of cleanliness through Solid and Liquid Waste Management activities and making villages Open Defecation Free (ODF), clean and sanitized.

II. Agenda:

Sr. No.	TIME	EVENT
1.	3.30-4.00 pm	Reporting at event venue Pamol
2.	4 pm-5.30 pm	Arrangement and practice
3.	6 pm-7 pm	Role play by students
4.	7.00-7.15 pm	Speech
5.	7.15-7.30 pm	Puppet show
6.	7.30-8.00 pm	Conclusion

III. Objectives of the event:

Ministry of Human Resource Development (HRDC) observed **"Swachhta Pakhwada" 2019** during 1st September 2019 to 15th September 2019 with mission mode "Jal Shakti Abhiyan" and "Single Use Plastic" which was launched by Hon'ble Prime Minister Narendra Modi.

In support of Government students of Manikaka Topawala Institute of Nursing, NSS Unit of MTIN along with Primary Health Center Pamol (Borsad) jointly organized a health awareness activity at Pamol village of Borsad Taluka-Anand on 14th September.

A Role Play on theme "Plastic ban" was played by MTIN students.

1. The objectives of event were-
2. To create awareness regarding plastic ban movement.
3. To understand about health hazards of using plastic
4. To aware about importance of clean water.
5. To introduce and demonstrate various methods used to clean the water at house hold level.
6. To educate about Impact of polluted water on health.
7. To develop healthy practices among community
8. To understand importance of hygiene in day to day life

IV. Participants/Beneficiaries:

The event was organized by nursing students. The participants were

a. Children
b. Parents
c. Youth of villages
d. ASHA worker
e. Aganwadi worker
f. Members of Panchayat

V. In detail explanation of the event with colored photographs:

The Government of India objectives to achieve the clean less by following-

Vision

The aim of Swachh Bharat Mission (Gramin) is to achieve a clean and Open Defecation Free (ODF) India by 2nd October, 2019

Purpose

- To bring about an improvement in the general quality of life in the rural areas, by promoting cleanliness, hygiene and eliminating open defecation.

- To accelerate sanitation coverage in rural areas to achieve the vision of Swachh Bharat by 2nd October 2019.
- To motivate communities to adopt sustainable sanitation practices and facilities through awareness creation and health education.
- To encourage cost effective and appropriate technologies for ecologically safe and sustainable sanitation.
- To develop, wherever required, community managed sanitation systems focusing on scientific Solid & Liquid Waste Management systems for overall cleanliness in the rural areas.
- To create significant positive impact on gender and promote social inclusion by improving sanitation especially in marginalized communities

The script of role play was--

Characters	**Name of the students**	**Semester/ Year**
Doctor	Patel Akshay	6th semester B.Sc. Nursing
House wife	Patel Aashruti Vijaykumar	2nd semester B.Sc. Nursing
Family member	Parmar Akshitaben Shaileshbhai	2nd semester B.Sc. Nursing
	Vansola Naiya Rahulkumar	2nd semester B.Sc. Nursing
	Makvana Kailashben Vikrambhai	2nd semester B.Sc. Nursing
Sarpanch	Patel Prit Pareshbhai	2nd semester B.Sc. Nursing
Teacher	Patel Mukti Manoj	2nd semester B.Sc. Nursing
Students	Patel Fenny Rakeshkumar	2nd semester B.Sc. Nursing
	Patel Taniyaben Sunilbhai	2nd semester B.Sc. Nursing
	Patel Tanviben Mahendrabhai	2nd semester B.Sc. Nursing
	Chaudhari Shreyaben Bhilabhai	2nd semester B.Sc. Nursing
Farmer	Patel Hetal Nitinkumar	2nd semester B.Sc. Nursing
Vegetable seller	Patel Ayush Ranjitbhai	2nd semester B.Sc. Nursing
Anchors	Kristi Aneri Arunbhai	2nd semester B.Sc. Nursing
	Parmar Frenkeyben Kaushikbhai	2nd semester B.Sc. Nursing

The role play was started by 6 pm at Pamol village. The villagers were very excited to know about the activity of nursing student. There were more than 200 participants present. Total 20 students participated in role play.

Description about scenes

Scene-1

In this scenario one family was doing their routine. The male of the family was going to farm and girl was going to school. But one male was sick and he was going to hospital to see the doctor.

Scene-2

During this, 4 students went to school. Teacher taught the students about use of plastic and health hazards of use of plastic with the class room based activity.

Scene-3

In this scenario comparison of two house was made in the terms of cleanliness, water use and use of plastic. Then, the complaint was made to the Sarpanch about the dirty surrounding by two young villagers.

Scene-4

During this, the sick person of the family got more serious and finally died. Doctor diagnosed cancer as a reason of the death. Also the crops of the farm was spoiled because of more plastic waste in the river and canal.

Scene-5

There was the meeting called by the Sarpanch where all problems and poosible solution of the village were discussed. At last everyone has taken oath not to use plastic, to keep the surroundings clean and to save water.

The role play was followed by puppet show regarding the importance of iron tablets for pregnant women and anaemia girls. Effective strategies to address iron deficiency anemia (IDA) usually have three main objectives: to increase intake of absorbable iron; to enhance absorption of ingested iron; and to reduce iron losses, particularly those associated with infections and parasites. Iron supplementation and fortification are practical approaches to achieve the first two objectives, while other public health measures are expected to help achieve the third one. Iron supplementation is seen as an effective means of increasing intake of iron and, eventually, other

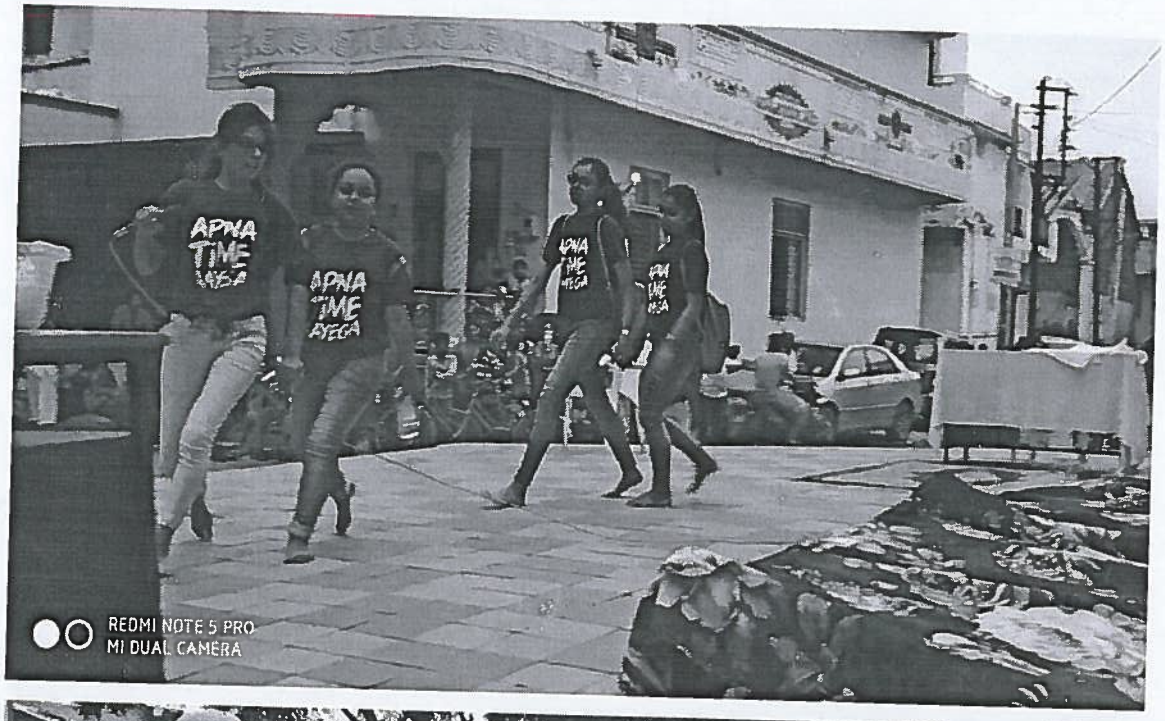
anemia-related nutrients. Iron supplementation is probably the best available option to effectively address ID/IDA in pregnant women and young children.

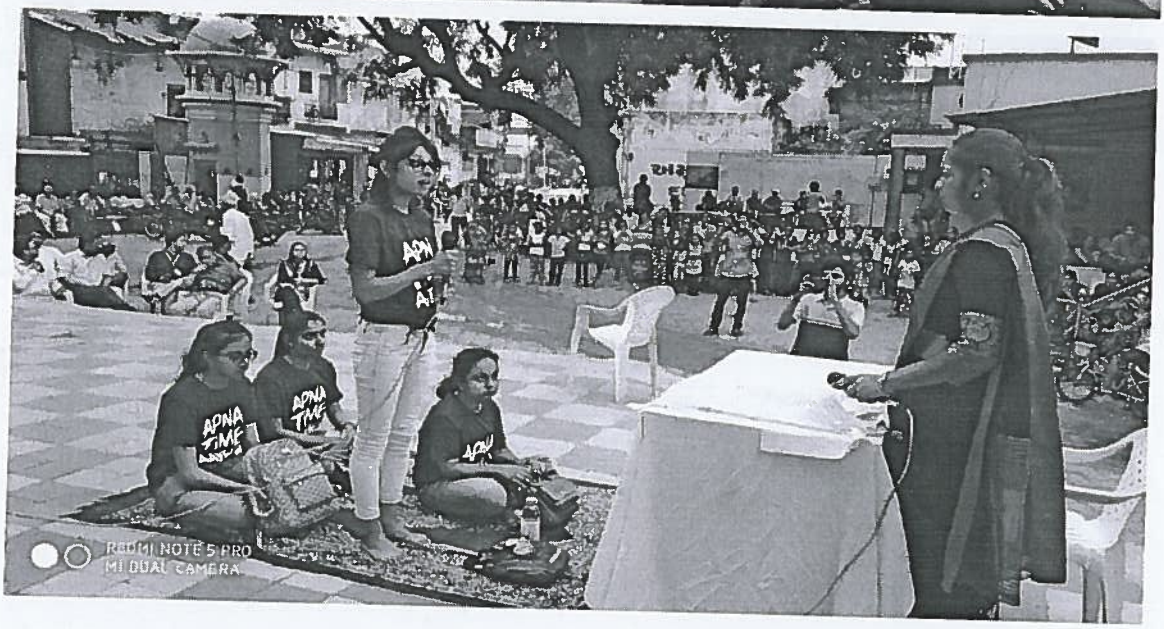
Color pictures:

anemia-related nutrients. Iron supplementation is probably the best available option to effectively address ID/IDA in pregnant women and young children.

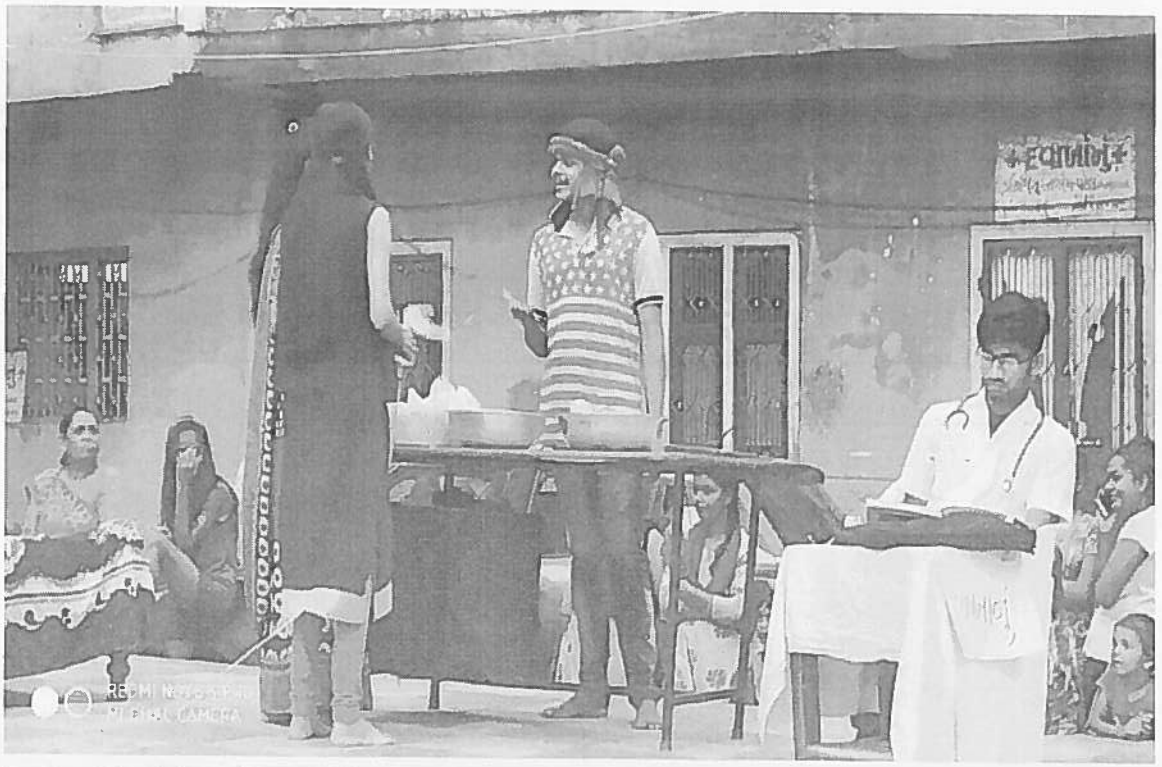
Color pictures:

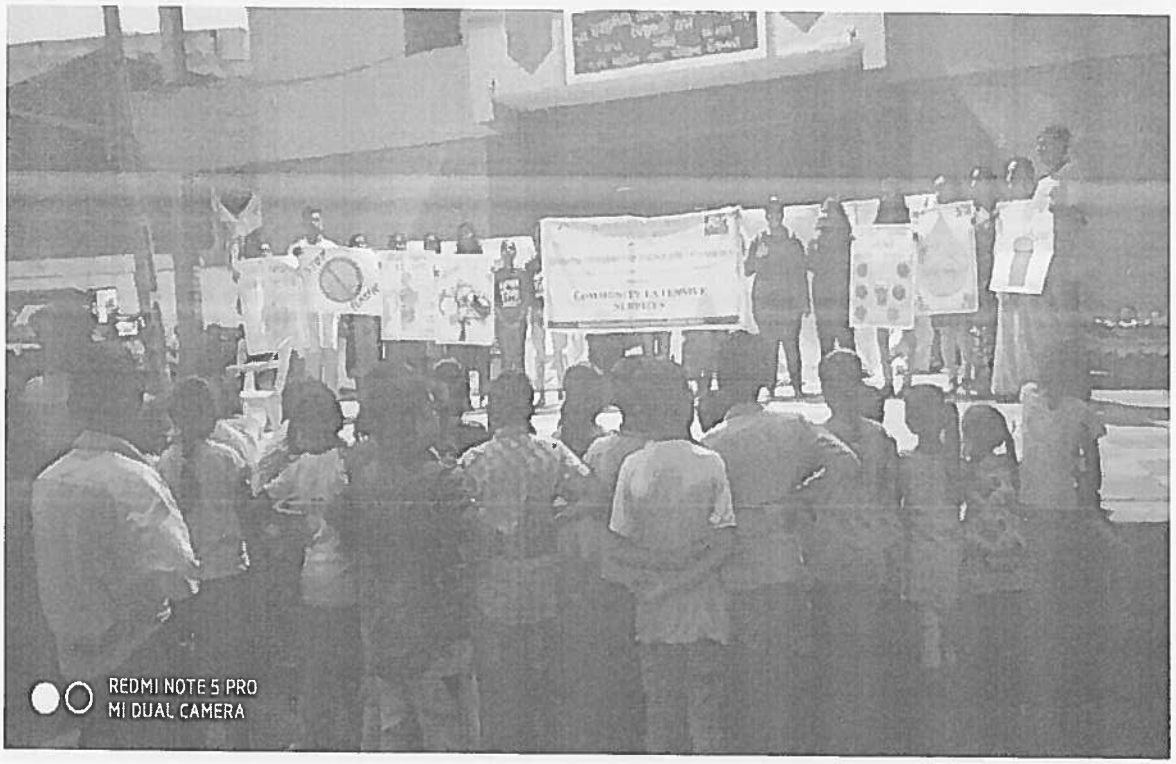
Motivated communities to adopt sustainable sanitation practices and facilities through awareness creation and health education





Role Play on theme "Plastic ban" was played by MTIN students

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VI. Conclusion

The event was concluded by giving message regarding clean drinking water, environment sanitation, plastic free village and maintenance of personal hygiene and using of iron pills during anaemia and pregnancy. Taluka Health Officer Dr. Rakesh Patel advised villagers to avoid plastic use and to focus on healthy life style. The event was well appreciated by community people.

I. Financial Support Received:

Name of teacher	PAN No.	Event Type	Event level (Institute/ University/ State/ National/ International)	Event title	Event organizing body	Date - From	Date - To	Type of participation (Delegate/ Paper Presenter/ Resource Person/ Session Chair/ Judge/ member of organizing committee etc.)	Financial support received from CHARUSAT (INR)	Financial support received from other agencies/bodies	
										Name of agency/ body	Amount (INR)
Ms.Sapna Patel	BRNPP4936R	Role play	Institute	Role play on plastic ban and water conservation	MTIN	14/09/2019	14/09/2019	Event Coordinator	Rs.330	-	-

Report on Exhibition cum mass health education

Date: 19.08.2019
Day: Monday
Timings: 10.00 am-03.00 pm
Venue: Civil hospital, Nadiad

I. Introduction:

Thestudents of 6th semester- B.Sc. Nursing, Manikaka Topawala Institute of Nursing, CHARUSAT, CHANGA were posted atcivil hospital, Nadiad for clinical posting of Obstetrics and gynecological nursing. During posting they identified the need of patients andplanned for exhibition cum mass health education. So on the date 19/08/2019exhibition on topics such as: antenatal care, antenatal diet, antenatal exercise, minor ailments with its management during pregnancy and postnatal care was organized under the supervision of Ms. Angelina Makwana and Ms. JalpaPrajapati.

II. Objectives

Students will be able to:

- Understand about antenatal care/ advices and postnatal care
- Develop skill in giving health education
- To make aware the community about antenatal care, postnatal care, new born care.

III. Participants/Beneficiaries: All antenatal mothers, postnatal mothers, relatives.

IV. About poster exhibition

The students of 6th semester B.Sc. Nursing organized poster exhibition for the mothers and their relatives. The students identified four themes based on the need of patients. The theme was antenatal care, antenatal diet, antenatal exercise, minor ailments with its management during pregnancy and postnatal care. After identification of themes, students started preparing posters under the guidance of Ms. Angelina Makwana and Ms. JalpaPrajapati. Following topics were covered as sub themes of poster exhibition.

Antenatal Care

1. **Antenatal visits:**
    - Frequency of antenatal visits
    - Every month during the first 6 months.

- vaginal bleeding, gush of fluid per vagina, abdominal pain, persistent headache, blurring of vision, oedema of lower limbs or face, persistent vomiting

Antenatal diet

- The daily requirements are:
- Calories: 2500 Kcal.
- Proteins: 60 gm.
- Carbohydrates: 200- 400 gm.
- Lipids: should be restricted.
- Vitamin A: 5000 IU, Vitamin B1 (Thiamine): 1mg, Vitamin B2 (Riboflavin): 1.5 mg, Nicotinic acid: 15mg, Ascorbic acid (vit. C): 50mg, Vitamin D: 400 IU, Folic acid: 0.5 mg.
- Minerals: Iron: 15 mg, Calcium: 1000 mg.
- So the suggested daily diet should include: milk or its derivatives, 1-2 eggs, fresh vegetables and fruits, 2 pieces of red meat replaced once weekly by sea fish and once by calf 's liver, cereals and bread are recommended also coffee and tea should be restricted.

Antenatal exercise

Purposes of antenatal exercise

Antenatal exercise aims at preventing low back pain and enhancing physical and psychological preparation for delivery by means of joint stretching and muscle strengthening.

Guidelines for antenatal exercise

- Breathe smoothly, work gradually according to your capability
- Work twice or thrice a day and repeat each set of movements ten times in every session
- Antenatal exercise may begin when pregnancy reaches 16 to 20 weeks
- Physiotherapist may make modifications to the exercise according to your physical conditions

Types of antenatal exercise

(1) Pelvic floor exercise - Sit on a chair with your back against the seatback - Tighten the vaginal, urethral and anal muscles as if trying to withhold urination or defecation. You can also do this exercise in a standing position. Pelvic floor exercise enhances the control and support of pelvic floor muscles. It helps you prepare for childbirth and prevents uterine prolapse, urinary incontinence and haemorrhoid.

- Every 2 weeks during the 7th and 8th months.
- Every week during the last month.
- More frequent visits are indicated in high risk pregnancy.

2. **Smoking:**
   - Smoking: should be avoided as it may cause intrauterine growth retardation or premature labour.
   - Rest and sleep: 2 hours in the midday and 8 hours at night.
   - Exercises: violent exercises as diving and water sports should be avoided. House work short of fatigue and walking are encouraged.
3. **Clothing:**
   - Lighter and looser clothes of non-synthetic materials are more comfortable due to increased BMR and sweating.
   - Clothes which hang from the shoulders are more comfortable than those requiring waste bands.
   - Breast support is required.
   - Avoid tight elastic hosiery or its bands
4. **Bathing:**
   - Bathing: Shower bathing is preferable than tube or sea bathing for fear of ascending infection. Vaginal douching should be avoided
5. **Bowels:**
   - Constipation is avoided by increasing vegetables, fluids and milk intake and mild exercise. Liquid paraffin should not be used for long period as it interferes with absorption of fat- soluble vitamins (A and D)
6. **Travelling:**
   - Long and tiring journeys should be avoided particularly if the woman is prone to abortion or preterm labour. Flying is not contraindicated but not the long ones and near term.
7. **Exposure to infections:**
   - Is to be avoided particularly those of documented teratogenicity e.g. rubella, cytomegalovirus, herpes hominis and varicella zoster viruses
8. **Exposure to irradiation:** is to be avoided whether diagnostic or therapeutic
9. **Warning symptoms:**
   - Indicate immediate contact to the obstetrician are

(2) Back and abdominal exercise - Sit on a chair with your back against the seatback - Breathe naturally - Tighten the abdomen and then press the pelvis downwards to flatten your low back against the seatback. Hold for 5 seconds, and relax This exercise helps you by correcting the low back and pelvic posture. It strengthens your abdominal muscles and prevents back pain.

(3) Ankle exercise - Sit on a chair with your back against the seatback - Start with one ankle and turn the foot upwards and downwards. Each up-and-down movement is counted as one time. Repeat ten times - Rotate the ankle to draw an inward or outward circle. Each circular movement is counted as one time. Repeat ten times - Repeat the same steps at the other ankle - Ankle exercise helps reduce leg swelling and varicose vein, thus alleviating the problem of leg cramps

(4) Lower limbs relaxation exercise - This exercise enhances the flexibility and strength of inner thighs and pelvic muscles. It helps you get accustomed to the delivery position and prevent thigh spasm during delivery - Sit on a stable low chair against a wall and spread your thighs sideways. Hold for 5 seconds and relax

Note: 1. It is suitable for pregnant women with tight thighs 2. Do not pull apart the thighs 3. Please note that this exercise is not suitable for those with pain over the pubic bones

(5) Breathing exercise - Breathing techniques for pain relief during labour. Exhale before inhale is suggested A. Abdominal breathing - Suitable for mild pain - Breathe in through the nose and feel the abdomen expand. Then breathe out through the mouth B. Lower costal breathing - Suitable for medium pain - Put your hands on the lower rib cage. Breathe in through the nose and feel your chest expand. Then breathe out lightly through the mouth 79 C. Apical breathing Subsequent Visits - Suitable for severe pain - Cross your hands below the clavicles with your mouth slightly open. Breathe in through the nose and the mouth. Breathe out lightly as if trying to flicker the flame of a candle without blowing it out, and feel the upper lungs moving slightly up and down * During contractions, try to relax and control your breathing * In between contractions, rest and relax as much as you can in the most comfortable position.

Minor ailments during pregnancy and its management

Most of ailments experienced during pregnancy are usually temporary and caused by hormonal changes and the extra strain body is under.

1. **Backache**

   Pregnancy strains your back and posture. To avoid or reduce backache, avoid lifting heavy weights, wearing high-heeled shoes or standing for too long. The following are some tips which may help to alleviate backaches:

   - Support back with a cushion. Kneeling on all fours and rocking from side to side.
   - Sleep on side with a pillow between your legs.
   - Sit with back straight and well-supported.
   - Use hot or cold pack on the sore part of back.
   - Have someone to massage back. If are engaging a professional massage therapist, do inform him/her that pregnant.

2. **Bloatedness**

   This is because are retaining fluid, which is a common complaint that is aggravated by prolonged standing. should drink 2 litres of fluid daily and should limit intake of tea, coffee and cola as the caffeine content of these drinks will affect the vitamins in food, particularly vitamin C. Some women also feel better when they eat less salt and monosodium glutamate.

3. **Constipation**

   Constipation is normal during pregnancy. The consumption of iron-containing prenatal vitamins, hormonal changes and the pressure of the uterus on the rectum can aggravate constipation. Should ensure that have adequate amounts of fibre in diet and drink plenty of water..

4. **Faintness**

   This arises from low blood pressure. Avoid long periods of standing, getting up too quickly and overheating, especially in the bath.

5. **Heartburn / Indigestion**

   This is a painful, burning sensation in the chest caused by the regurgitation of stomach acid into the throat. The symptoms of indigestion, including heartburn, are common during pregnancy and are caused by hormonal changes and the growing womb pressing on the stomach. To reduce indigestion and heartburn, should eat small frequent meals, avoid spicy and greasy foods and refrain from drinking large amounts of liquid before bedtime. Alcohol, coffee and chocolate may aggravate the problem. should try to sit as upright as possible and avoid lying flat after a meal. Propping yourself up with pillows at night may help to ease the symptoms. If the symptoms are not

relieved with diet and lifestyle changes, the doctor may prescribe medications to help to ease the symptoms.

6. **Incontinence**

   This can be due to the extra weight and pressure of your baby pressing on bladder and pelvic floor, especially when laugh, sneeze or run. Regular pelvic floor exercises during and after pregnancy will help.

7. **Leg Aches and Cramps**

   The extra weight which carry during the pregnancy can cause legs to ache. Leg cramps are also common in the last months of pregnancy. Simple stretching and exercises may help in alleviating these aches and cramps.

8. **Morning Sickness**

   This is especially common in the early months of pregnancy and can occur at any time of the day. It usually disappears by 14 weeks.

   The American College of Obstetricians and Gynecologists offers these suggestions to help soothe morning sickness:

   - Make sure get enough rest.
   - Stay away from odors that upset stomach.
   - Instead of eating three large meals each day, eat five to six smaller meals throughout the day.
   - Before getting out of bed, eat a few crackers to calm stomach.
   - Snack on protein-rich foods, such as yogurt.
   - Skip foods that are greasy or high in fat.

9. **Piles**

   These are dilated veins in your anus and can be very painful, itchy and uncomfortable, usually occurring from the third month onwards. Piles may bleed a little and may make going to the toilet uncomfortable and painful. Constipation and straining on the toilet can aggravate the condition, so try to keep stools soft and regular. Having a diet high in fibre, such as wholemeal bread, fruits and vegetables, and drink plenty of water will help to prevent constipation; which in turn can help to ease or prevent piles.

10. **Sleeplessness and Tiredness**

    It is common to feel tired and exhausted during pregnancy. This could be due to anxiety, heartburn, and your baby pressing on your bladder or sheer bulk, making it difficult to get a good night's sleep. A hot milky drink and a warm shower may help you relax and try to get as much rest as possible. Avoid caffeinated drinks as caffeine can make it harder to go to sleep.

Postnatal Care

1. The importance of having someone nearby for the first 24 hours.

2. The importance and recommended timing of postnatal visits.
3. The importance of the new mother eating more and healthier foods – posters about local practices and taboos to ensure women have access to good nutrition. The new mother should also drink plenty of clean, safe water.
4. The importance of rest and sleep and the need to avoid hard physical labour.
5. Posters of normal postpartum bleeding and lochia – discuss with women how much blood loss they can expect, for how long. When bleeding is more than normal, they should seek care urgently.
6. Postnatal care
7. Posters about the danger signs for the woman and baby and the importance of seeking help quickly.
8. Personal hygiene in the context of local practices and the environment. Students explained women the type of pads they will use and their disposal, and care of episiotomy in the context of home conditions. Hand washing is particularly important to prevent infections. It is also important not to insert anything into the vagina.
9. Posters about the importance of birth spacing and counsel on the use of a family planning method.
10. Posters about infant feeding and the importance of only taking prescribed medicines when breastfeeding. Posters about the need for warmth, good ventilation and hygiene for both mother and baby.
11. Model of breasts for demonstrate breast care

Activities on the day of exhibition

- In morning after reached to civil hospital Nadiad, Students prepared area of exhibition.
- Incharge nurse of maternity ward inaugurated the exhibition. Other sisters and hospital staff attained the inauguration function.
- After inauguration exhibition was open for visit
- Students explained all the posters as per allotment to all participants
- Feedback was taken from participants

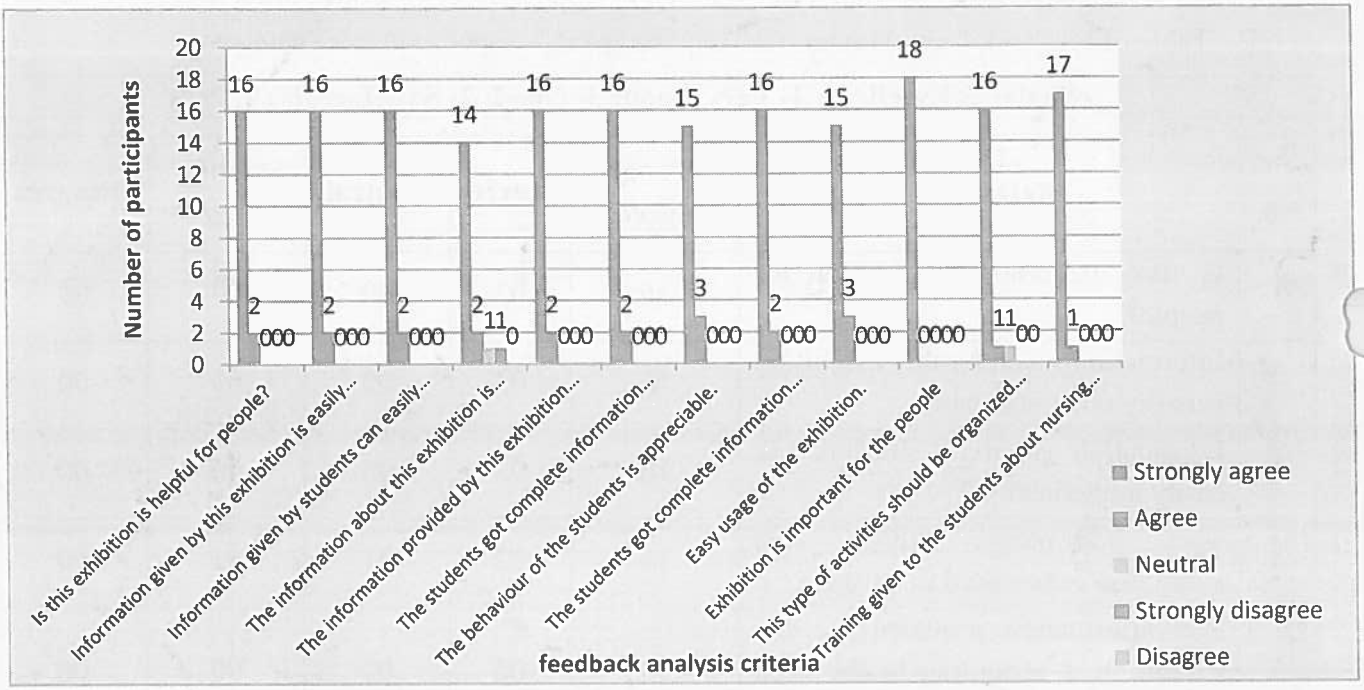
V. Feedback Analysis:

A. Number of participants: 18

B. Table of feedback form with number of participants' response in each category.

	Scale: 5-Excellent; 4- Very Good; 3- Good: 2- Satisfactory; 1-Poor					
S. No.	**Statements**	**Strongly agree**	**Agree**	**Neutral**	**Strongly disagree**	**Disagree**
1	Is this exhibition is helpful for people?	16	02	00	00	00
2	Information given by this exhibition is easily understandable.	16	02	00	00	00
3	Information given by students can easily implement.	16	02	00	00	00
4	The information about this exhibition is provided in advance.	14	02	01	01	00
5	The information provided by this exhibition is according to the need of society.	16	02	00	00	00
6	The students got complete information regarding this exhibition during their training period.	16	02	00	00	00
7	The behaviour of the students is appreciable.	15	03	00	00	00
8	The students got complete information regarding the health exhibition during their training periods.	16	02	00	00	00
9	Easy usage of the exhibition.	15	03	00	00	00
10	Exhibition is important for the people	18	00	00	00	00
11	This type of activities should be organized again.	16	01	01	00	00
12	Training given to the students about nursing is appropriate.	17	01	00	00	00

VI. Analysis depicted through graphs.

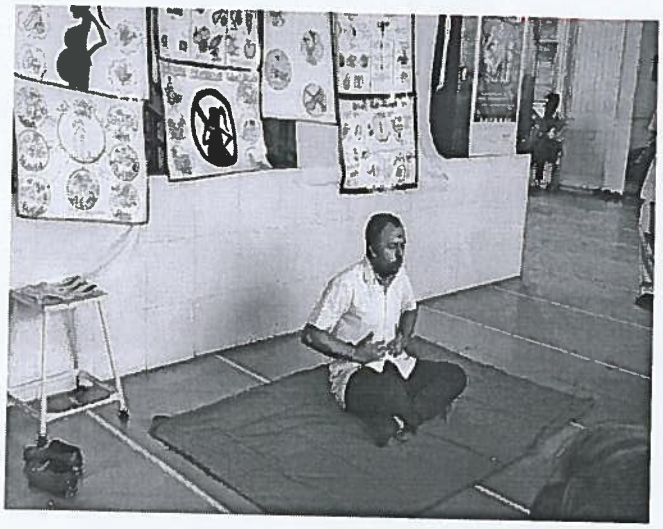


VII. Financial support received: Nil

VIII. CONCLUSION

At the end of the exhibition students were able to know about antenatal care, postnatal care, new born care. They also gain experience in giving health education to mothers and their relatives. We are thankful to CHARUSAT and civil hospital Nadiad to provide us such opportunity.

Photographs:



Antenatal care, antenatal diet, antenatal exercise, minor ailments with its management during pregnancy and postnatal care

Report on Celebration of ORS & Breastfeeding week 2019

Date: -22/08/2019

Day: Thursday

Timings: 10.00 am-3 .00 pm

I. Introduction:

Children are the wealth of tomorrow. Maintenance of their constant health is our Moto. Consuming healthy and adequate Practices is one of the most convenient way to lead in a good wholestic care status and to boost preventive aspects. It Helps the child exhibit optimistic and confident social behaviors. Healthy parenting involvement and intervention in the child's day-to-day life lay the foundation for better social and academic skills. Children also gain strong problem-solving skills when they have a positive relationship with their parents. To boost the effective parent child relationship many care regimens require and it starts from the birth itself. With this aim Department of pediatric nursing of MTIN has set an outstanding program at Karishma Special School, kashiben children hospital during the 6th semester , B.Sc. Nursing posting in the field of education by conducting this type of Extenstion Activities to nourish special children more and to give them maximum satisfaction of their lives. Students have organized enthusiastically in this event under the guidance of Mr. Arapan Pandya, Assistant Professor, Ms. Franny Emmanuel, Nursing Tutor .

Objectives:

At the end of the Program the Students / audience will be able to understand:

1. To introduce the Essential New Born Care
2. To explain the Breastfeeding
3. To improve practice of KMC
4. To identify the Care regimen for waterborn diseases
5. To modify the Play according to age group with their Growth and Development benifits

III Description:

Day 1

Topic: 1

Exhibition on Essential New Born Care

The "essential newborn care" can be used in a variety of ways, the Healthy Newborn Network uses the term to refer to key routine practices in the care of the newborn, particularly at the time of birth and over the first hours of life, whether in the health facility or at home. Key strategies to improve newborn health are highlighted in this exhibition. These include prioritising ENC components according to local needs, and addressing issues such as sustainability and scale at the start of an intervention. The students recommend integrating ENC with existing maternal and child survival programmes, but emphasise the need to ensure that newborn health issues remain prominent. They conclude that these strategies will have a positive impact both on neonatal morbidity and mortality, and in turn on infant mortality rates, which could represent an important step towards achieving the Millennium Development Goals. Students demonstrated Baby Bath, And how to do Eye care, ear care, cord care, skin care, and other basics.

Topic: 2

Exhibition on Breastfeeding

Breastfeeding, also known as nursing, is the feeding of babies and young children with milk from a woman's breastHealth professionals recommend that breastfeeding begin within the first hour of a baby's life and continue as often and as much as the baby wants. During the first few weeks of life babies may nurse roughly every two to three hours, and the duration of a feeding is usually ten to fifteen minutes on each breast. students explained Benefits for the mother include less blood loss following delivery, better uterus shrinkage, and decreased postpartum depression. Breastfeeding delays the return of menstruation and fertility, a phenomenon known as lactational amenorrhea Long term benefits for the mother include decreased risk of breast cancer, cardiovascular disease, and rheumatoid arthritis. Breastfeeding is less expensive than infant formula. They demonstrated techniques of breastfeeding, latching burping and also exhibited types of breastmilk.

Topic: 3

Exhibition on KMC

Kangaroo care or kangaroo mother care (KMC), sometimes called skin-to-skin contact, is a technique of newborn care where babies are kept chest-to-chest and skin-to-skin with a parent, typically their mother. It is most commonly used for low birth-weight preterm babies, who are more likely to suffer from hypothermia, while admitted to a neonatal unit to keep the baby warm and support early breastfeeding. Students added that Kangaroo care, named for the similarity to how certain marsupials carry their young, was initially developed in the 1970s to care for preterm infants in countries where incubators were either unavailable or unreliable. There is evidence that it is effective in reducing both infant mortality and the risk of hospital-acquired infection, and increasing rates of breastfeeding and weight gain. They demonstrated live KMC procedure and advised parents that Skin-to-skin care is also used to describe the technique of placing full-term newborns very soon after birth on the bare chest of their mother or father. This also improves rates of breastfeeding and can lead to improved stability of the heart and breathing rate of the baby.they also exhibited KMC room and its feature.

Topic: 4

Exhibition on Waterborn Diseases

Waterborne diseases are caused by drinking contaminated or dirty water. Contaminated water can cause many types of diarrheal diseases, including Cholera, and other serious illnesses such as Guinea worm disease, Typhoid, and Dysentery. Water related diseases cause 3.4 million deaths each year. Students have included, typhoid, cholera and diarrhea. Students explained that Water pollution occurs when unwanted materials, industrial waste, human waste or animal waste, garbage, sewage effluents, etc. enter into water, changes the quality of water which makes it harmful to the environment and also to human health. Waterborne diseases are caused by drinking water or eating food washed in water which is polluted, contains protozoa that can cause infections like Amoebiasis, Giardiasis, toxoplasmosis, etc, contains viruses like Hepatitis A or E, or water may contain bacteria like E.coli, cholera or typhoid fever or water with parasites like roundworm, hookworm and ringworm. Waterborne diseases are generally caused by polluted water from contamination of human or animal waste in the water.According to World Health Organization (WHO), 80% of diseases are water borne. Drinking water in various countries does not meet WHO standards. 3.1% of deaths occur due to the unhygienic and poor quality of water. In India, over one lakh people die of water-

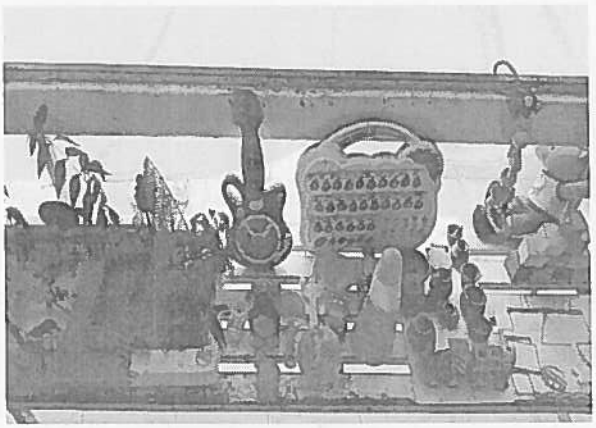
borne diseases annually. Students demonstrated ORS preparation and live food exhibition should be eaten during this period.

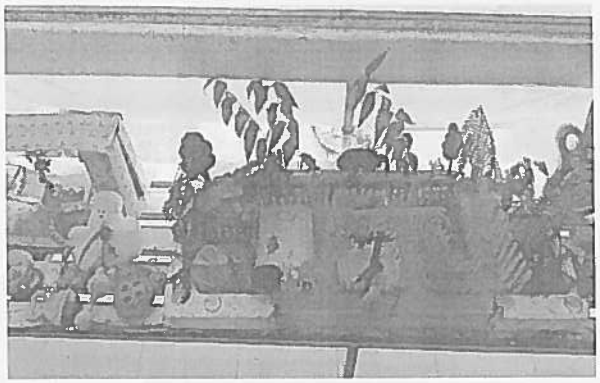
Topic:5

Exhibition on Play according to Growth and development

Play is essential to development because it contributes to the cognitive, physical, social, and emotional well-being of children and youth. Play also offers an ideal opportunity for parents to engage fully with their children. Despite the benefits derived from play for both children and parents, time for free play has been markedly reduced for some children. This report addresses a variety of factors that have reduced play, including a hurried lifestyle, changes in family structure, and increased attention to academics and enrichment activities at the expense of recess or free child-centered play. Students have gathered all age group play materials and notify the age wise growth and development.

Photographs:





22/08/2019
Health Literacy Campaign

Photographs:

Exhibition on health literacy campaign

posters on health literacy campaign

IV Feedback Analysis report 0f exhibition on health literacy campaign

A. Number of participants- 83

B. Table of feedback form with number of participants' response in each category.

અનુ-ક્રમણિકા	માપદંડ	સંપૂર્ણ સંમત	સંમત	આંશિક સંમત	અસંમત	સંપૂર્ણ અસંમત
1.	આપ્રદર્શનઆખાસમુદાયનેમદદરૂપછે?	78	5	0	0	0
2.	આપ્રદર્શનમાંઆપલેમાહિતીસંપૂર્ણરીતેસમજીશકાયછે?	54	29	0	0	0
3.	વિદ્યાર્થીઓધ્વારાઆપવામાંઆવેલમાહિતીસરળ રીતેઅનુસરીશકાયએમછે?	57	25	1	0	0

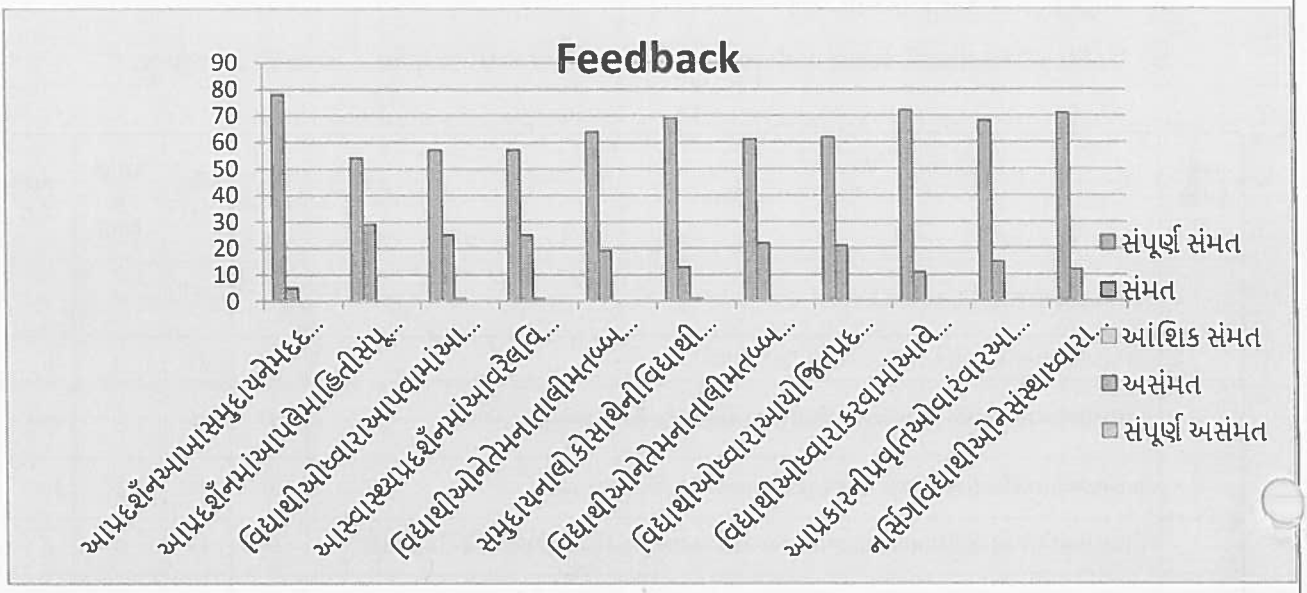
IV Feedback Analysis report 0f exhibition on health literacy campaign

A. Number of participants- 83

B. Table of feedback form with number of participants' response in each category.

અનુ-ક્રમણિકા	માપદંડ	સંપૂર્ણ સંમત	સંમત	આંશિક સંમત	અસંમત	સંપૂર્ણ અસંમત
1.	આપ્રદર્શનઆખાસમુદાયનેમદદરૂપછે?	78	5	0	0	0
2.	આપ્રદર્શનમાંઆપલેમાહિતીસંપૂર્ણરીતેસમજીશકાયછે?	54	29	0	0	0
3.	વિદ્યાર્થીઓધ્વારાઆપવામાંઆવેલમાહિતીસરળ રીતેઅનુસરીશકાયએમછે?	57	25	1	0	0
4.	આસ્વાસ્થ્યપ્રદર્શનમાંઆવરેલવિષયવસ્તુસમુદાયની જરૂરિયાતમુજબછે?	57	25	1	0	0
5.	વિદ્યાર્થીઓનેતેમનાતાલીમતબ્બકાદરમ્યાનઆખાસમુદાયનેજરૂરિયાતસંપૂર્ણમાહિતીઆપેલછે?	64	19	0	0	0
6.	સમુદાયનાલોકોસાથેનીવિદ્યાર્થીઓનીવર્તણુકપ્રશંસનીયછે?	69	13	1	0	0
7.	વિદ્યાર્થીઓનેતેમનાતાલીમતબ્બકાદરમ્યાનલોકોનેસ્વાસ્થ્યપ્રદજીવનમાટેયોગ્યરીતેમાર્ગદર્શનઆપેલ છે?	61	22	0	0	0
8.	વિદ્યાર્થીઓધ્વારાઆયોજિતપ્રદર્શનનોલાભસરળતાથીલઇશકાયએમછે?	62	21	0	0	0
9.	વિદ્યાર્થીઓધ્વારાકરવામાંઆવેલપ્રવૃતિઓસમુદાયનાલોકોમાટેમહત્વપૂર્ણછે.?	72	11	0	0	0
10	આપ્રકારનીપ્રવૃતિઓવારંવારઆયોજિતકરવાનીજરૂરછે?	68	15	0	0	0
11	નર્સિગવિદ્યાર્થીઓનેસંસ્થાધ્વારાસમુદાયનીસેવાકરવામાટેઆપવામાંઆવતીતાલીમયોગ્યછે.?	71	12	0	0	0

C. Analysis depicted through graphs.



II. Conclusion

At the end of the Program group was satisfied and gathered the profound knowledge and gained adequate content, thus we have fulfilled the objectives of this Program. Entire Group improved their confidence level while dealing Health education. Overall students learnt the good practical aspects. Feedback was collected and it suggested that they welcomed this initiative and they are motivated to explore more dimension in this platform also they are willing to adopt this feeding style in their children. Students were actively participated in this program and spread profound knowledge to the group. This was a great experience for them to learn new things in a different innovative way. Medical Superintendent was very impressed with his activity and motivated staff and students with the appreciation.

Report on Celebration of ORS & Breastfeeding week 2019

Date: -29/7/2019 to 31/7/2019

Day: Monday to Wednesday

Timings: 10.00 am-3 .00 pm

I. Introduction:

ORS Day is celebrated every year on 29th July to highlight the importance of Oral Rehydration Salts (ORS) as a cost-effective method of health intervention. Acute diarrhoeal diseases are one of the leading causes of mortality in infants and young children in many developing countries. According to WHO, diarrhoeal disease is the second leading cause of death in children under five years old. Diarrhoea, which is frequently caused by poor sanitation and hygiene, can have serious, even deadly results, typically as a result of diarrhoea-related dehydration. It particularly affects infants, children and old people. Diarrhoea generally lasts for several days, and leaves the body without water and salts that are necessary for survival. Most people who die from diarrhoea actually die from severe dehydration and fluid loss from the body. Dehydration from diarrhoea can be prevented by giving extra fluids at home, or it can be treated simply and effectively by giving adequate glucose-electrolyte solution called Oral Rehydration Salts (ORS) solution. ORS Jodi (ORS and Zinc) has proven to be successful in the prevention and management of acute diarrhoea and dehydration.

World Breastfeeding Week is celebrated every year from 1 to 7 August to encourage breastfeeding and improve the health of babies around the world. It commemorates the Innocenti Declaration signed in August 1990 by government policymakers, WHO, UNICEF and other organizations to protect, promote and support breastfeeding.This year, WHO is working with UNICEF and partners to promote the importance of family-friendly policies to enable breastfeeding and help parents nurture and bond with their children in early life, when it matters most. This includes enacting paid maternity leave for a minimum of 18 weeks, and paid paternity leave to encourage shared responsibility of caring for their children on an equal basis. Mothers also need access to a parent friendly workplace to protect and support their ability to continue breastfeeding upon return to work by having access to breastfeeding breaks; a safe, private, and hygienic space for expressing and storing breastmilk; and affordable childcare.

Objectives:

At the end of the Program the Students / audience will be able to understand:

1. To introduce the ORS and Breastfeeding Theme 2019.
2. To explain the ORS preparation
3. To improve the practice regarding Breastfeeding
4. To identify the advantages of breastfeeding
5. To modify the wrong technique of breastfeeding by demonstration

III Description:

Day 1 to 3

ORS COUNTER

ORS Week Theme: : "The Amrut in Dehydration"

Oral rehydration salts contain a variety of salts (electrolytes) and sugar. The combination of electrolytes and sugar stimulates water and electrolyte absorption from the gut. It therefore prevents or reverses dehydration and replaces lost salts in conditions such as diarrhoea and vomiting.ORS is available in the market in a powder form in sachets/ readymade solutions or one can also easily make it at home as well. Students explained How to make the ORS drink which is available in powder form, They added that "Put the contents of the ORS packet in a clean container. Check the packet for directions and add the amount of clean water as indicated. Too little water could make the diarrhoea worse. Add water only. Do not add ORS to milk, soup, fruit juice or any soft drinks. Do not add sugar. Stir well, and feed it to the child from a clean cup. Do not use a bottle. Encourage the child to drink as much as possible. A child under the age of 2 years needs at least 1/4 to 1/2 of a large (250-millilitre) cup of the ORS drink after each watery stool. Give 1-2 teaspoon every 2-3 minutes. A child aged 2 years or older needs at least 1/2 to 1 whole large (250-millilitre) cup of the ORS drink after each watery stool. If the child vomits- wait for 10 minutes. Give a teaspoonful every 2-3 minutes. If the child is on breast feeding, continue it along with ORS.followed by distribution of ORS sachets.

Preparation of ORS at Home:

If ORS packets are not available, you can prepare it at home as well.

Clean Water - 1 litre - 5 cupful (each cup about 200 ml.)

Sugar - Six level teaspoons (1 teaspoon = 5grams)

Salt - Half level teaspoon

Stir the mixture till the sugar dissolves

The home-made solution is adequate in most cases and is very effective for rehydration. Be very careful to mix the correct amounts. Too much sugar can make the diarrhoea worse and too much salt can be extremely harmful to the child.

Types of ORS- Rice based, Trisodium citrate, Low osmolarity and Super ORS.

Rehydration with intravenous fluids is needed in cases of severe dehydration.

Many Visitors asked several queries and students answered them wisely, questions they included were as follows:

1. Can the ORS solution be stored? The ORS solution should be covered and not kept for more than 24 hours, due to the risk of bacterial contamination.
2. Can ORS be used for everyone? ORS is safe and can be used to treat anyone suffering from diarrhoea, before a detailed diagnosis is done by the doctor. Adults need rehydration treatment as much as children, although children must always be treated immediately because they become dehydrated more quickly.
3. What happens if the ORS is prepared with dirty water? The benefits of fluid replacement would be lost if you use contaminated water. Boil and cool the water before use. In situations where it is difficult to boil water, use the filtered water possible.

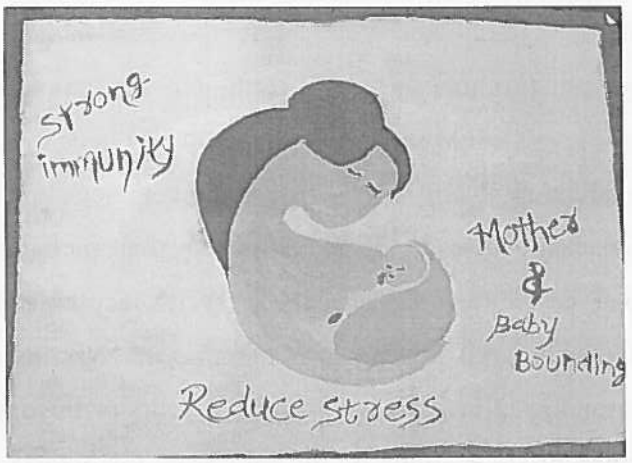
Day 3

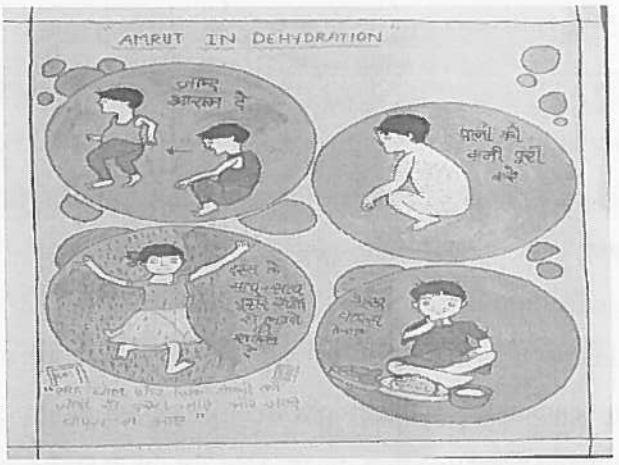
Poster Competition

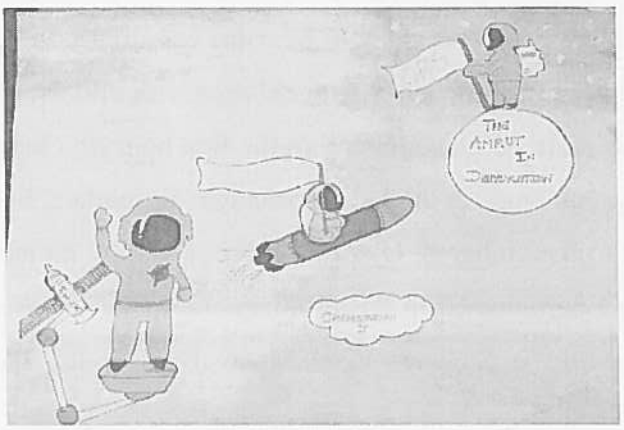
Breastfeeding Week Theme: : "Empower Parents, enable Breastfeeding "

Breastfeeding: Breastfeeding promotes better health for mothers and children alike. Increasing breastfeeding to near-universal levels could save more than 800 000 lives every year, the majority being children under 6 months. Breastfeeding decreases the risk of mothers developing breast cancer, ovarian cancer, type 2 diabetes, and heart disease. It is estimated that increased breastfeeding could avert 20 000 maternal deaths each year due to breast cancer. WHO recommends exclusive breastfeeding starting within one hour after birth until a baby is 6 months old. Nutritious complementary foods should then be added while continuing to breastfeed for up to 2 years or beyond. Exclusive breastfeeding means that for an average mother ,direct suckling by the baby from the breasts is all that is needed. For very premature babies, expressing milk and addition of some essential nutrients may be needed. also known as nursing, is the feeding of babies and young children with milk from a woman's breast.Health professionals recommend that breastfeeding begin within the first hour of a baby's life and continue as often and as much as the baby wants.Students include advantages to mother, Baby and to the society, they also includes position, points to b erembered, Diet of the breastfeeding mothers. 23 students Batch B of 6 semester B.Sc. Nursing have participated in Poster competition. Their posters were showing the importance of ORS and Breastfeeding. 3 Students Patel Moxa, Patel Nidhi, Patel Ayushi won prizes for best poster presentation.

Photographs:

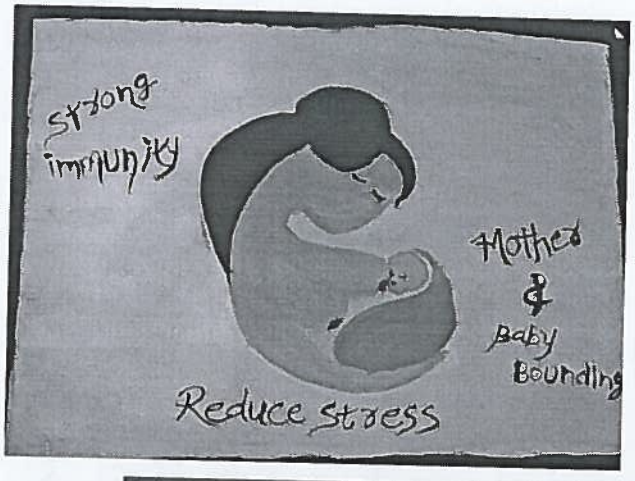


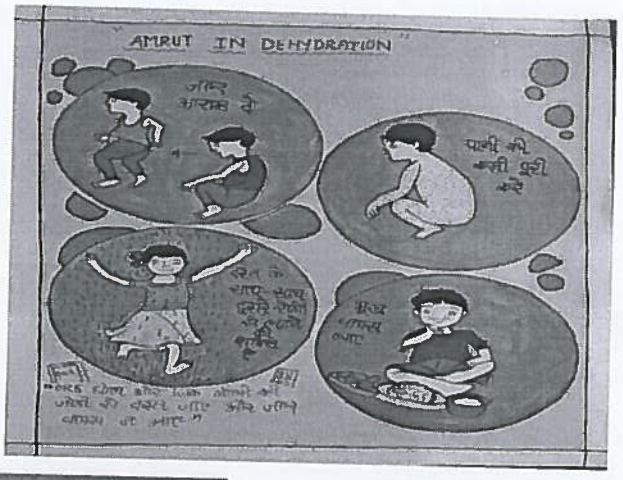




Celebration of ORS & Breast feeding Week
29/7/2019

Photographs:





Explain the ORS preparation

ORS Counter

ORS Counter

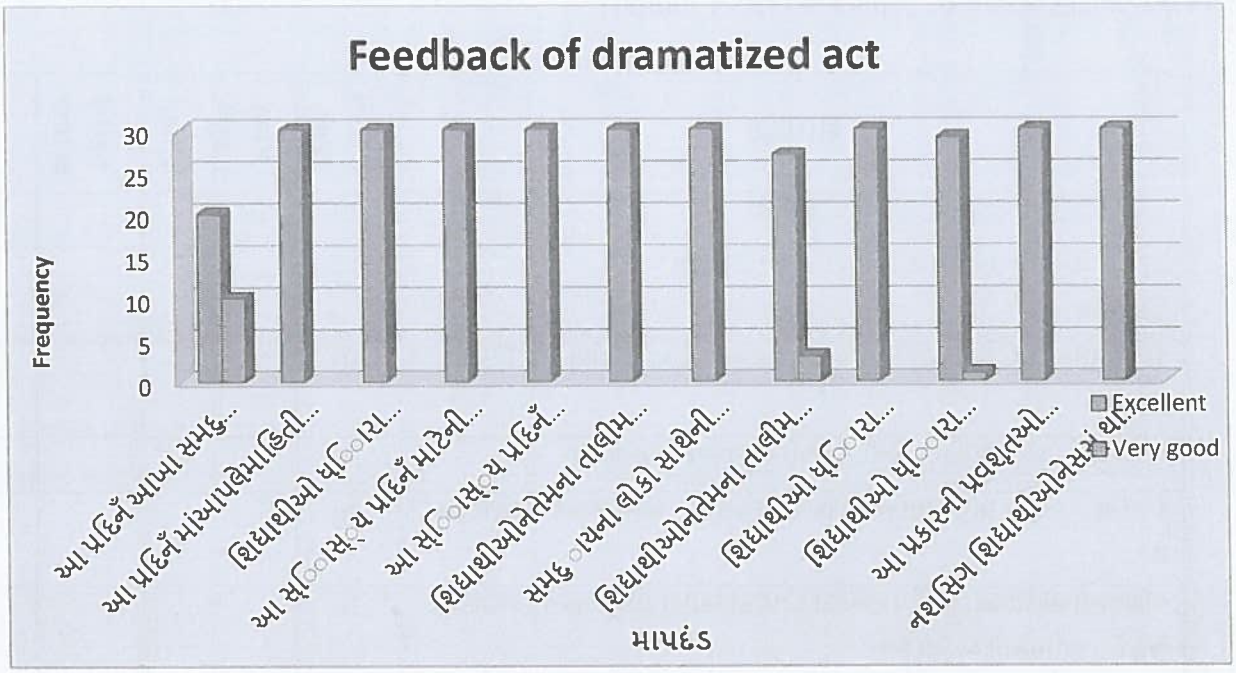
IV Feedback Analysis report 0f ORS Counter:

માપદંડ	Excellent	Very good	Good	Satisfactory	Poor
1. આ પ્રદિનઁ આખા સમદુ ાયનેમદદરૂપ છે?	20	10			
2. આ પ્રદિનઁ માંઆપલેમાહિતી સપં િૂણરીતેસમજી િકાય છે?	30				
3 શિધાથીઓ ધ્ િારા આપિામાંઆિેલ માહિતી સરળ રીતેઅનસુ રી િકાય એમ છે?	30				
4. આ સ્ િાસ્ ્ય પ્રદિનઁ માટેની માહિતી આગળથી આપેલ છે?	30				
5 આ સ્ િાસ્ ્ય પ્રદિનઁ માંઆિારેલ શિષયિસ્તુસમદુ ાયની જરૂહરયાત મજુ બ છે?	30				
6 શિધાથીઓનેતેમના તાલીમ તબ્બકા દરમ્યાન આખા સમદુ ાયનેજરૂહરયાત સપં િૂણમાહિતી આપેલ છે?	30				
સમદુ ાયના લોકો સાથેની શિધાથીઓની િતણણકુ પ્રિસં નીય	30				
શિધાથીઓનેતેમના તાલીમ તબ્બકા દરમ્યાન લોકોનેસ્ િાસ્ ્યપ્રદ જીિન માટેયોગ્યરીતેમાગણદિણન આપેલ છે?	27	3			
શિધાથીઓ ધ્ િારા આયોજજત પ્રદિનઁ નો લાભ સરળતાથી લઇ િકાય એમ છે?	30				
શિધાથીઓ ધ્ િારા કરિમાંઆિેલ પ્રવશૃતઓ સમદુ ાયના લોકો માટેમિત્ િપિૂ ણછે.?	29	1			
આ પ્રકારની પ્રવશૃતઓ િારંિાર આયોજજત કરિાની જરૂર છે?	30				
નશસિગ શિધાથીઓનેસસ્ં થા ધ્ િારા સમદુ ાયની સેિા કરિા માટેઆપિામાંઆિાતી તાલીમ યોગ્ય છે.?	30				

A. Number of participants- 30

B. Table of feedback form with number of participants' response in each category.

C. Analysis depicted through graphs.



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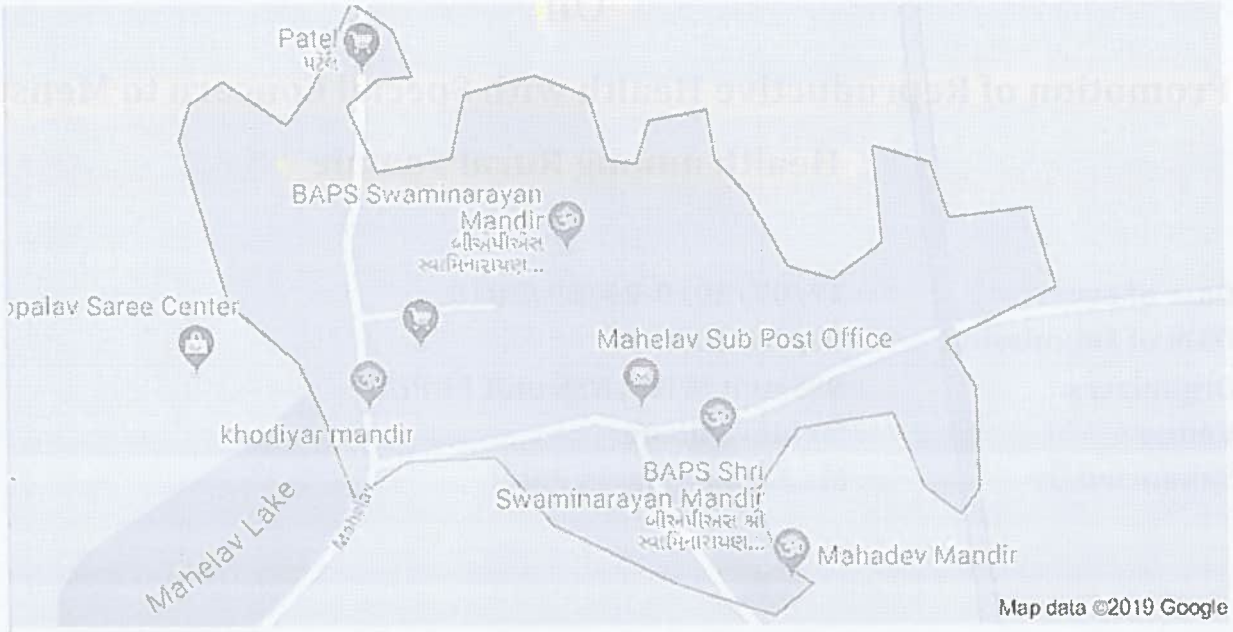
Report of UBA Project on

Promotion of Reproductive Health with Special Concern to Menstrual Health among Rural Female

Date: 27/07/2019-20/09/2019

I. Introduction

Unnat Bharat Abhiyan 2.0 at Mehlav village



Mahelav
Gujarat 388440

Tehsil: Petlad, District: Anand, Gujarat, INDIA. Pin code: 388440

The village of Mehlav is situated about 12 kilometer to the west of the tehsil headquarters Petlad. It is about18 kilometers North-west from the district headquarters Anand.

Rationale for the Project:

Deep engrained social stigma attached to gynecological issues in general, and menstruation in particular, in India impact not only the overall health of rural women but also

the disposal habits of menstrual hygiene waste. These are subjects considered a taboo, and people refrain from talking about it openly Women are so ashamed of the phenomenon of menstruation that they avoid disposing the waste properly and rather hide it or dispose it in a way that can be detrimental to the environment.

Now-a-days, plastic sanitary napkins have replaced cloth napkins to a large extent. The material used to make plastic napkins is non-biodegradable, thus leading to the accumulation of used napkins in large heaps in landfills. Used sanitary napkins that have not been disposed of properly sometimes block the drainage system.

Another problem of accumulated menstrual waste is that menstrual blood on napkins stagnates for longer duration, thus allowing pathogens to thrive in it. Stagnant menstrual blood accumulates a lot of bacteria such as Escherichia coli, which rapidly multiply at an exponential rate. The red blood cells in the menstrual blood nourish the bacteria and emit a foul odor when they die. Heaps of sanitary napkins with a large amount of disease causing bacteria on them pose a significant threat to the hygiene in the surrounding areas.

Therefore, disposal of sanitary napkins is a problem that needs to be dealt with seriously. Young girls and even certain older women are not aware of the hygiene problems caused by the improper disposal of sanitary pads. Efforts must be made to create awareness about the importance of menstrual hygiene and the problems caused by the lack of it. The best ways to dispose menstrual waste is to incinerate sanitary napkins using electrical or physical fire-based incinerators without allowing the smoke generated in the process to escape into the atmosphere. Napkins must be incinerated immediately after they are used, without giving time for pathogens to grow on them.

It is imperative that we take the initiative to educate females in villages regarding their gynecological issues and promote menstrual sanitation in an environment –friendly manner.

II. Agenda/ Work plan:

Phase-I: Rapport building with villagers.

Action plan-

By organizing sabhas, health awareness rallies, poster exhibitions, role plays and cultural activities, street plays.

Date	Time	Activities	Area/ venue	Involved manpower
05.07.2019	11.00 am	Meeting with Sarpanch and Medical officer for planned activities	Panchayat	NSS programme officer of MTIN and PDPIAS
08.07.2019		Contact and communication with dealer of sanitary napkin vending and incineration machine		Programme officer MTIN and PDPIAS
27.07.2019	10.00 am to 12.00 pm	Health awareness rally on personal hygiene	Mehlav village	NSS volunteers of MTIN and PDPIAS Programme officer of MTIN and PDPIAS Total 60 members
2.08.2019 3.08.2019	10.00 am to 12.00 pm	Poster exhibition on menstrual hygiene	Government school Panchayat of village	NSS volunteers of MTIN and PDPIAS Programme officer of MTIN and PDPIAS Total 60 members
24.08.2019	10.. am to 1.00 pm	Street play on menstrual hygiene	Various streets of village	Total 25 NSS volunteers of MTIN and PDPIAS

III. Objectives of the project:

The objectives of the project were-

- To promote health awareness among villagers (males and females), especially related to reproductive health.
- To promote menstrual health of females by ensuring by availability of quality sanitary napkins and environmental friendly disposal of used napkins through sanitary napkin incinerator.
- To empower villagers through skill development.
- To create awareness among villagers about the project.

IV. Participants/Beneficiaries:

The event was organized by NSS volunteers of MTIN and PDPIAS. The participants were residents of Mehlav village.

V. In detail explanation of the event with colored photographs:

Activity-1: Meeting with Sarpanch and Trustee of the school

Date-27.7.2019

Day-Saturday

Time-12.30 pm to 1.15 pm

Detail description:

Prior appointment was taken to meet Sarpanch of the village, Mr. Lalabhai Patel. The meeting was begun with introduction. Then I have explained the objective of the meeting which was as follow.

- To introduce the importance of reproductive health.
- To explain menstrual hygiene.
- To identify means and methods of discard of used sanitary pads.
- To discuss the methods of creating awareness among village population about menstrual hygiene and hazards of unhygienic discard of used sanitary pads.
- To discuss the places to keep sanitary napkin vending and incineration machine.
- To discuss about assigning responsibilities of utilization of sanitary napkin vending and incineration machine.

The detail discussion was made for above mention agenda. The Sarpanch was agreed to support for the project. Same time he called the trustees of the School to discuss the places to keep sanitary napkin vending and incineration machine. We got very good response from the trustees also. And he agreed to keep one sanitary napkin vending and incineration machine at school. Again they did telephonic call to one of the active female elected leader of village. We fixed the appointment to meet her on the same day.

Activity-2: Meeting with female elected member of gram-panchayat

Date-27.7.2019

Day-Saturday

Time- 1.30 pm to 2.00 pm

Detail description:

We met madam at her home. And did detail discussion. The objectives were as below.

- To introduce the importance of reproductive health.
- To explain menstrual hygiene.
- To identify means and methods of discard of used sanitary pads.
- To discuss the methods of creating awareness among village population about menstrual hygiene and hazards of unhygienic discard of used sanitary pads.
- To discuss about assigning responsibilities of utilization of sanitary napkin vending and incineration machine.

We decided to arrange a meeting with all the female of the Mehlav village to create awareness among them about menstrual hygiene and disposal of used sanitary pads.

Activity-3: Telephonic conversation with vendors

Date-28.7.2019

Day-Saturday

Time- 1.30 pm to 2.30 pm

Detail description:

Telephonic discussion was made with five various venders about features, capacity and cost of the machines through telephonic conversation. The quotations were got from all the vendors about sanitary napkin vending and incineration machine.

Activity-4: Awareness about clean surroundings through role play and door to door campaign.

Date-8.8.2019

Day-Thursday

Time-12.00 pm to 2.30 pm

Detail description:

Total 25 NSS volunteers of Manikaka Topawala Institute of Nursing and PD Patel Institute of Applied Scineces participated in this activity. First of all, the students called people outside their home and requested them to gather at one place. Role play was performed by 10 students on the theme clean surroundings. The role play was for 20 minutes.

The script of role play was

Characters	Name of the students	Institute	Semester/ Year
Doctor	Harsh Patel	MTIN	3rd year B.Sc. Nursing
Nurse	Mansi Patel	PDPIAS	2nd year B.Sc.
School going student	Viraj Gandhavi	PDPIAS	2nd year B.Sc.
Food seller	Akshay Patel	MTIN	3rd year B.Sc. Nursing
Friends	Parth Patel, Khushal Dave	PDPIAS	2nd year B.Sc.
Grand father	Abhay Vadand	MTIN	3rd year B.Sc. Nursing
Grand Mother	Unnati Patel	MTIN	3rd year B.Sc. Nursing
FHW	Hetal Padhiyar	MTIN	3rd year B.Sc. Nursing
Anchors	Rahil Paladiya,	MTIN	3rd year B.Sc. Nursing

Description about scenes

Scene-1:

There was a boy in the family. The grandmother and grandfather were talking to each other about clean surroundings. The boy and his friends are going to school.

Scene-2:

There was a vender outside the school who was selling food items. He was suffering with cholera. He did not maintain personal hygiene. And he was using open surrounding for defecation. With the contaminated hands he was selling the food products. The school boys bought puff from him.

Scene-3:

After 1 day the boy got severe vomiting and diarrhea. His family took him to doctor and nurse. They identified many same cases on the same day and made conclusion that it was because of the food seller.

Scene-4:

At last the FHW of the village counsel the village people about importance of the clean surroundings.

Total four areas of the village had covered for the role play.

After that remaining students did door to door campaigning about clean surroundings. Also colored pamphlets were distributed in the pictorial form to make awareness about it. The following points were discussed during the door to door campaign.

- Use of dustbins.
- Cleaning of surrounding regularly.
- Use of toilets.
- Use of DDT.
- Keep water storage clean.

Activity-5: Meeting with Medical officer of Mehlav village

Date-22.8.2019

Day-Thursday

Time-12.00 pm to 1.15 pm

Detail description:

Prior appointment was taken by Ms. Sapna Patel, NSS Programme Officer, Manikaka Topawala Institute of Nursing to meet medical officer of Mehlav village, Mr. Rakesh contractor. The meeting was based on following objectives.

- To discuss the places to keep sanitary napkin vending and incineration machine.
- To discuss about assigning responsibilities of utilization of sanitary napkin vending and incineration machine.
- To seek help from ASHAs in creating awareness about use of sanitary napkin vending and incineration machines.

The detail discussion was made for above mention agenda. Doctor appreciated the project. He has shown the places at Community Health Centre to install the sanitary napkin vending and incineration machine. He has assigned the responsibilities to 2 workers of community health centre. He also ensured that help will be provided for various awareness activities from the CHC for this project.

Activity-6: Awareness through role play about menstrual Hygiene and use of incineration machines for disposal of used sanitary napkins

Date-23.8.2019

Day-Friday

Time- 12.00 pm to 2.45 pm

Detail description:

15 NSS volunteers of Manikaka Topawala Institute of Nursing had participated in the role play. The role play was based on following objectives.

- To aware the people of Mehlav about menstrual hygiene.
- To aware the villagers about health hazards created by menstrual waste.
- To create awareness among public about proper technique of menstrual waste disposal.
- To create awareness among people about use of sanitary napkin vending machines and incineration machines for used sanitary napkins.
- To create awareness among villagers about leave hesitation around menstruation and live healthy reproductive life.

The script of role play was

Characters	Name of the students	Institute	Semester/ Year
Mother	Jadav Trushaben	MTIN	3rd year B.Sc. Nursing
Father	Patel Harsh	MTIN	3rd year B.Sc. Nursing
Grand Mother	Patel MITWABEN	MTIN	3rd year B.Sc. Nursing
Grand father	Patel Akshay	MTIN	3rd year B.Sc. Nursing
Daughter	Patel Hima	MTIN	3rd year B.Sc. Nursing
Friend	Padhiyar Hetalben	MTIN	3rd year B.Sc. Nursing
Friend's mother	Prapti	MTIN	3rd year B.Sc. Nursing
Doctor	Twinkle	MTIN	3rd year B.Sc. Nursing
Nurse	Patel Unnati	MTIN	3rd year B.Sc. Nursing
NGO members	Patel Mansi, Vasava Riddhi	MTIN	3rd year B.Sc. Nursing
Anchors	Rahil Paladiya,	MTIN	3rd year B.Sc. Nursing

Description about scenes

Scene-1:

The family scene where father was working in the farm, mother was doing house hold chores, grandfather was reading newspaper and grandmother was praying to God. Their daughter went to school with her friend.

Scene-2:

Daughter came from the school and she had her first menstruation cycle. There was a big debate in the house about using of clothes during periods and following traditional "No touch method" where the daughter was not allotted to touch anything at the home and not allowed to go to school.

Scene-3:

Because of her absence in the school, a friend of her and mother visited she. They took the menstruating girl to the hospital due to her abdominal pain.

Scene-4:

Health education about use of sanitary napkins instead to clothes by doctor and nurse.

Scene-5:

Demonstration about use of vending machine and incineration machine for the used sanitary napkins by members of NGO at the hospital.

The role play was performed in five various setting of Mehlav village. At last various governmental schemes related to sanitary napkins were explained to people.

Activity-7: Awareness through rally about personal hygiene and use of technology for waste disposal.

Date-30.8.2019

Day-Friday

Time- 1.30 pm to 3.00 pm

Detail description:

35 NSS volunteers of PD Patel Institute of Applied Sciences had participated in the rally. The theme of rally was personal hygiene and use of technology for waste disposal. The rally started from the community health centre of Mehlav village. Six ASHAs had also participated in the rally. The rally passed from all the areas of Mehlav village. The NSS volunteers were speaking

various slogans in Gujarati language related to the theme of the rally. Also many holdings with theme based slogans were hold by the participants. The following slogans were used by the students.

- Our earth our day
- Recycling: the good, the better, the best
- Don't Litter, it makes the world bitter
- Be the change you want to see in the world: Reduce, Reuse, Recycle
- Do it for the Kids
- To convert waste as wealth..... Don't convert wealth as waste.
- Make our planet a clear place to live
- Don't burn our future

Activity-8: Awareness about personal hygiene and menstrual hygiene through poster exhibition

The activity was organized on 18.09.2019. Total 40 NSS volunteers of Manikaka Topawala Institute of Nursing and PD Patel Institute of Applied Sciences participated in this activity. The students were assigned the following topics to prepare the posters on it.

- Body wash
- Cleaning teeth
- Washing hands
- Washing clothes
- Surrounding cleaning
- Menstruation
- Beliefs, myths and taboos of menstruation
- Menstrual hygiene: human rights and MDGs
- Health risks of poor menstrual hygiene
- In appropriate hygienic practice
- Sanitary protection material
- Ending hesitation around menstruation

All the students had prepared the posters by themselves. The villagers were informed well in advance about the exhibition. Also the schools were informed to take part in the exhibition. It was organized at the middle of the village. Around 400 villagers and school students had seen the exhibition. All the NSS volunteers had explained the charts to the audience. Further the WHO steps of hand hygiene was demonstrated to all participants and return demonstration was taken by the NSS volunteers. Many school teachers had also visited the exhibition.

Activity- 9: Meeting with Principal of Mehlav-Bandhani high school

Prior appointment was taken by Ms. Sapna Patel, NSS Programme Officer, ManikakaTopawala Institute of Nursing to meet Principal, Mehlav-Bandhani high school. The meeting was based on following objectives.

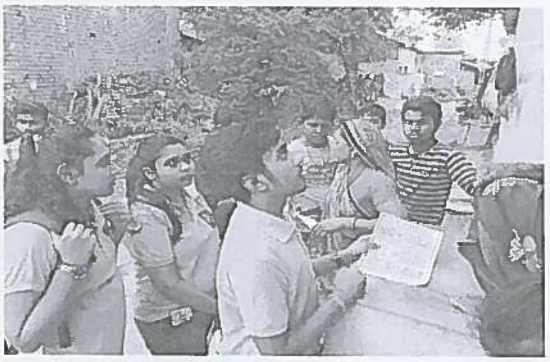
- To discuss the places to keep sanitary napkin vending and incineration machine.
- To discuss about assigning responsibilities of utilization of sanitary napkin vending and incineration machine.
- To seek help from teachers in creating awareness about use of sanitary napkin vending and incineration machines.

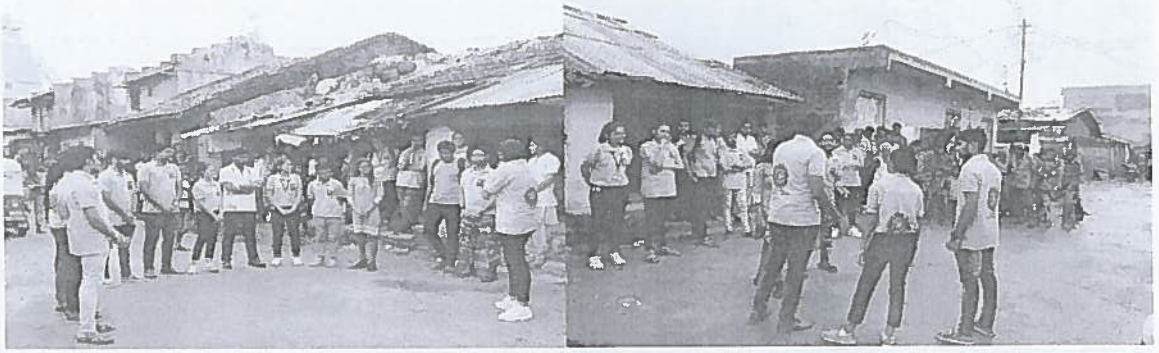
The detail discussion was made for above mention agenda. Principal had appreciated the project. He has shown three various places of the school to install the sanitary napkin vending and incineration machine. He has assigned the responsibilities to 2 workers the school. He also ensured that help will be provided for various awareness activities from the school for this project.

Color pictures:

Meeting with Sarpanch and Trustee of the school

Awareness about clean surroundings through role play and door to door campaign.





Meeting with Medical Officer, Mehlav CHC

➔ **Awareness through role play about menstrual Hygiene and use of incineration machines for disposal of used sanitary napkins**

Awareness through rally about personal hygiene and use of technology for waste disposal

Awareness about personal hygiene and menstrual hygiene through poster exhibition

Meeting with Principal of Mehlav-Bandhani high school

VI. Conclusion

All the events were concluded by giving message regarding waste disposal, personal hygiene, menstrual hygiene, and use of sanitary napkin vending machine and incineration machine for used sanitary napkins. All the activities were well appreciated by members of Gram Panchayat, Medical Officer and residents of village. It was a good learning experience for all the NSS volunteers and programme officers. The NSS team is thankful to Government of India, CHARUSAT, Principals of MTIN and PDPIAS and faculties who had helped during mentioned activities.

I. Financial Support Received:

Name of teacher	PAN No.	Event Type	Event level (Institute/ University/ State/ National/ International)	Event title	Event organizing body	Date - From	Date - To	Type of participation (Delegate/ Paper Presenter/ Resource Person/ Session Chair/ Judge/ member of organizing committee etc.)	Financial support received from CHARUSAT (INR)	Financial support received from other agencies/bodies	
										Name of agency / body	Amount (INR)
Mr. Vaibhav Patel (PDPIAS)	ATTPP2372A	Unnat Bharat Abhiyan Project	National	UBA project on Promotion of Reproductive Health with Special Concern to Menstrual Health among Rural Female	Government of India	27.7.2019	20.9.2020	Organizing committee	NA	Government of India	Rs.10,000

Date- 18/07/2019

Report of Exhibition on Malaria and Its Prevention

Introduction:

As a part of their curriculum, students of 4th semester / 2nd year b.Sc Nursing have conducted exhibition on Diabetes and Hypertensions as highest number of people suffering from it as it shown in community diagnosis At end of the exhibition participants will able to gain knowledge about prevention of Diabetes and Hypertensions, will have positive attitude towards control and prevention of Diabetes and Hypertensions and participant will be skilful in the management of Diabetes and Hypertensions.

Introduction:

Overview

Diabetes mellitus refers to a group of diseases that affect how your body uses blood sugar (glucose). Glucose is vital to your health because it's an important source of energy for the cells that make up your muscles and tissues. It's also your brain's main source of fuel.

The underlying cause of diabetes varies by type. But, no matter what type of diabetes you have, it can lead to excess sugar in your blood. Too much sugar in your blood can lead to serious health problems.

Chronic diabetes conditions include type 1 diabetes and type 2 diabetes. Potentially reversible diabetes conditions include pre-diabetes — when your blood sugar levels are higher than normal, but not high enough to be classified as diabetes — and gestational diabetes, which occurs during pregnancy but may resolve after the baby is delivered.

Causes

To understand diabetes, first you must understand how glucose is normally processed in the body.

How insulin works

Insulin is a hormone that comes from a gland situated behind and below the stomach (pancreas).

- The pancreas secretes insulin into the bloodstream.
- The insulin circulates, enabling sugar to enter your cells.
- Insulin lowers the amount of sugar in your bloodstream.
- As your blood sugar level drops, so does the secretion of insulin from your pancreas.

The role of glucose

Glucose — a sugar — is a source of energy for the cells that make up muscles and other tissues.

- Glucose comes from two major sources: food and your liver.
- Sugar is absorbed into the bloodstream, where it enters cells with the help of insulin.
- Your liver stores and makes glucose.
- When your glucose levels are low, such as when you haven't eaten in a while, the liver breaks down stored glycogen into glucose to keep your glucose level within a normal range.

Causes of type 1 diabetes

The exact cause of type 1 diabetes is unknown. What is known is that your immune system — which normally fights harmful bacteria or viruses — attacks and destroys your insulin-producing cells in the pancreas. This leaves you with little or no insulin. Instead of being transported into your cells, sugar builds up in your bloodstream.

Type 1 is thought to be caused by a combination of genetic susceptibility and environmental factors, though exactly what those factors are is still unclear. Weight is not believed to be a factor in type 1 diabetes.

Causes of prediabetes and type 2 diabetes

In prediabetes — which can lead to type 2 diabetes — and in type 2 diabetes, your cells become resistant to the action of insulin, and your pancreas is unable to make enough insulin to overcome this resistance. Instead of moving into your cells where it's needed for energy, sugar builds up in your bloodstream.

Exactly why this happens is uncertain, although it's believed that genetic and environmental factors play a role in the development of type 2 diabetes too. Being overweight is strongly linked to the development of type 2 diabetes, but not everyone with type 2 is overweight.

Causes of gestational diabetes

During pregnancy, the placenta produces hormones to sustain your pregnancy. These hormones make your cells more resistant to insulin.

Normally, your pancreas responds by producing enough extra insulin to overcome this resistance. But sometimes your pancreas can't keep up. When this happens, too little glucose gets into your cells and too much stays in your blood, resulting in gestational diabetes.

Symptoms

Diabetes symptoms vary depending on how much your blood sugar is elevated. Some people, especially those with prediabetes or type 2 diabetes, may not experience symptoms initially. In type 1 diabetes, symptoms tend to come on quickly and be more severe.

Some of the signs and symptoms of type 1 and type 2 diabetes are:

- Increased thirst
- Frequent urination
- Extreme hunger
- Unexplained weight loss
- Presence of ketones in the urine (ketones are a byproduct of the breakdown of muscle and fat that happens when there's not enough available insulin)
- Fatigue
- Irritability
- Blurred vision
- Slow-healing sores
- Frequent infections, such as gums or skin infections and vaginal infections

Type 1 diabetes can develop at any age, though it often appears during childhood or adolescence. Type 2 diabetes, the more common type, can develop at any age, though it's more common in people older than 40.

Risk factors for type 1 diabetes

Although the exact cause of type 1 diabetes is unknown, factors that may signal an increased risk include:

- **Family history.** Your risk increases if a parent or sibling has type 1 diabetes.
- **Environmental factors.** Circumstances such as exposure to a viral illness likely play some role in type 1 diabetes.
- **The presence of damaging immune system cells (autoantibodies).** Sometimes family members of people with type 1 diabetes are tested for the presence of diabetes autoantibodies. If you have these autoantibodies, you have an increased risk of developing type 1 diabetes. But not everyone who has these autoantibodies develops diabetes.

- **Geography.** Certain countries, such as Finland and Sweden, have higher rates of type 1 diabetes.

Risk factors for prediabetes and type 2 diabetes

Researchers don't fully understand why some people develop prediabetes and type 2 diabetes and others don't. It's clear that certain factors increase the risk, however, including:

- **Weight.** The more fatty tissue you have, the more resistant your cells become to insulin.
- **Inactivity.** The less active you are, the greater your risk. Physical activity helps you control your weight, uses up glucose as energy and makes your cells more sensitive to insulin.
- **Family history.** Your risk increases if a parent or sibling has type 2 diabetes.
- **Race.** Although it's unclear why, people of certain races — including black people, Hispanics, American Indians and Asian-Americans — are at higher risk.
- **Age.** Your risk increases as you get older. This may be because you tend to exercise less, lose muscle mass and gain weight as you age. But type 2 diabetes is also increasing among children, adolescents and younger adults.
- **Gestational diabetes.** If you developed gestational diabetes when you were pregnant, your risk of developing prediabetes and type 2 diabetes later increases. If you gave birth to a baby weighing more than 9 pounds (4 kilograms), you're also at risk of type 2 diabetes.
- **Polycystic ovary syndrome.** For women, having polycystic ovary syndrome — a common condition characterized by irregular menstrual periods, excess hair growth and obesity — increases the risk of diabetes.
- **High blood pressure.** Having blood pressure over 140/90 millimeters of mercury (mm Hg) is linked to an increased risk of type 2 diabetes.

- **Abnormal cholesterol and triglyceride levels.** If you have low levels of high-density lipoprotein (HDL), or "good," cholesterol, your risk of type 2 diabetes is higher. Triglycerides are another type of fat carried in the blood. People with high levels of triglycerides have an increased risk of type 2 diabetes. Your doctor can let you know what your cholesterol and triglyceride levels are.

Risk factors for gestational diabetes

Any pregnant woman can develop gestational diabetes, but some women are at greater risk than are others. Risk factors for gestational diabetes include:

- **Age.** Women older than age 25 are at increased risk.
- **Family or personal history.** Your risk increases if you have prediabetes — a precursor to type 2 diabetes — or if a close family member, such as a parent or sibling, has type 2 diabetes. You're also at greater risk if you had gestational diabetes during a previous pregnancy, if you delivered a very large baby or if you had an unexplained stillbirth.
- **Weight.** Being overweight before pregnancy increases your risk.
- **Race.** For reasons that aren't clear, women who are black, Hispanic, American Indian or Asian are more likely to develop gestational diabetes.

Complications

Long-term complications of diabetes develop gradually. The longer you have diabetes — and the less controlled your blood sugar — the higher the risk of complications. Eventually, diabetes complications may be disabling or even life-threatening. Possible complications include:

- **Cardiovascular disease.** Diabetes dramatically increases the risk of various cardiovascular problems, including coronary artery disease with chest pain (angina), heart attack, stroke and narrowing of arteries (atherosclerosis). If you have diabetes, you're more likely to have heart disease or stroke.

- **Nerve damage (neuropathy).** Excess sugar can injure the walls of the tiny blood vessels (capillaries) that nourish your nerves, especially in your legs. This can cause tingling, numbness, burning or pain that usually begins at the tips of the toes or fingers and gradually spreads upward.

  Left untreated, you could lose all sense of feeling in the affected limbs. Damage to the nerves related to digestion can cause problems with nausea, vomiting, diarrhea or constipation. For men, it may lead to erectile dysfunction.

- **Kidney damage (nephropathy).** The kidneys contain millions of tiny blood vessel clusters (glomeruli) that filter waste from your blood. Diabetes can damage this delicate filtering system. Severe damage can lead to kidney failure or irreversible end-stage kidney disease, which may require dialysis or a kidney transplant.

- **Eye damage (retinopathy).** Diabetes can damage the blood vessels of the retina (diabetic retinopathy), potentially leading to blindness. Diabetes also increases the risk of other serious vision conditions, such as cataracts and glaucoma.

- **Foot damage.** Nerve damage in the feet or poor blood flow to the feet increases the risk of various foot complications. Left untreated, cuts and blisters can develop serious infections, which often heal poorly. These infections may ultimately require toe, foot or leg amputation.

- **Skin conditions.** Diabetes may leave you more susceptible to skin problems, including bacterial and fungal infections.

- **Hearing impairment.** Hearing problems are more common in people with diabetes.

- **Alzheimer's disease.** Type 2 diabetes may increase the risk of dementia, such as Alzheimer's disease. The poorer your blood sugar control, the greater the risk appears to be. Although there are theories as to how these disorders might be connected, none has yet been proved.

- **Depression.** Depression symptoms are common in people with type 1 and type 2 diabetes. Depression can affect diabetes management.

Complications of gestational diabetes

Most women who have gestational diabetes deliver healthy babies. However, untreated or uncontrolled blood sugar levels can cause problems for you and your baby.

Complications in your baby can occur as a result of gestational diabetes, including:

- **Excess growth.** Extra glucose can cross the placenta, which triggers your baby's pancreas to make extra insulin. This can cause your baby to grow too large (macrosomia). Very large babies are more likely to require a C-section birth.
- **Low blood sugar.** Sometimes babies of mothers with gestational diabetes develop low blood sugar (hypoglycemia) shortly after birth because their own insulin production is high. Prompt feedings and sometimes an intravenous glucose solution can return the baby's blood sugar level to normal.
- **Type 2 diabetes later in life.** Babies of mothers who have gestational diabetes have a higher risk of developing obesity and type 2 diabetes later in life.
- **Death.** Untreated gestational diabetes can result in a baby's death either before or shortly after birth.

Complications in the mother also can occur as a result of gestational diabetes, including:

- **Preeclampsia.** This condition is characterized by high blood pressure, excess protein in the urine, and swelling in the legs and feet. Preeclampsia can lead to serious or even life-threatening complications for both mother and baby.
- **Subsequent gestational diabetes.** Once you've had gestational diabetes in one pregnancy, you're more likely to have it again with the next pregnancy. You're also more likely to develop diabetes — typically type 2 diabetes — as you get older.

Hypertension

Overview

High blood pressure is a common condition in which the long-term force of the blood against your artery walls is high enough that it may eventually cause health problems, such as heart disease.

Blood pressure is determined both by the amount of blood your heart pumps and the amount of resistance to blood flow in your arteries. The more blood your heart pumps and the narrower your arteries, the higher your blood pressure.

You can have high blood pressure (hypertension) for years without any symptoms. Even without symptoms, damage to blood vessels and your heart continues and can be detected. Uncontrolled high blood pressure increases your risk of serious health problems, including heart attack and stroke.

High blood pressure generally develops over many years, and it affects nearly everyone eventually. Fortunately, high blood pressure can be easily detected. And once you know you have high blood pressure, you can work with your doctor to control it.

Symptoms

Most people with high blood pressure have no signs or symptoms, even if blood pressure readings reach dangerously high levels.

A few people with high blood pressure may have headaches, shortness of breath or nosebleeds, but these signs and symptoms aren't specific and usually don't occur until high blood pressure has reached a severe or life-threatening stage.

When to see a doctor

You'll likely have your blood pressure taken as part of a routine doctor's appointment.

Ask your doctor for a blood pressure reading at least every two years starting at age 18. If you're age 40 or older, or you're 18 to 39 with a high risk of high blood pressure, ask your doctor for a blood pressure reading every year.

Blood pressure generally should be checked in both arms to determine if there's a difference. It's important to use an appropriate-sized arm cuff.

Your doctor will likely recommend more frequent readings if you've already been diagnosed with high blood pressure or have other risk factors for cardiovascular disease. Children age 3 and older will usually have blood pressure measured as a part of their yearly checkups.

If you don't regularly see your doctor, you may be able to get a free blood pressure screening at a health resource fair or other locations in your community. You can also find machines in some stores that will measure your blood pressure for free.

Public blood pressure machines, such as those found in pharmacies, may provide helpful information about your blood pressure, but they may have some limitations. The accuracy of these machines depends on several factors, such as a correct cuff size and proper use of the machines. Ask your doctor for advice on using public blood pressure machines.

Causes

There are two types of high blood pressure.

Primary (essential) hypertension

For most adults, there's no identifiable cause of high blood pressure. This type of high blood pressure, called primary (essential) hypertension, tends to develop gradually over many years.

Secondary hypertension

Some people have high blood pressure caused by an underlying condition. This type of high blood pressure, called secondary hypertension, tends to appear suddenly and cause higher blood pressure than does primary hypertension. Various conditions and medications can lead to secondary hypertension, including:

- Obstructive sleep apnea
- Kidney problems
- Adrenal gland tumors
- Thyroid problems
- Certain defects you're born with (congenital) in blood vessels
- Certain medications, such as birth control pills, cold remedies, decongestants, over-the-counter pain relievers and some prescription drugs
- Illegal drugs, such as cocaine and amphetamines

High blood pressure has many risk factors, including:

- **Age.** The risk of high blood pressure increases as you age. Until about age 64, high blood pressure is more common in men. Women are more likely to develop high blood pressure after age 65.
- **Race.** High blood pressure is particularly common among people of African heritage, often developing at an earlier age than it does in whites. Serious complications, such as stroke, heart attack and kidney failure, also are more common in people of African heritage.
- **Family history.** High blood pressure tends to run in families.
- **Being overweight or obese.** The more you weigh the more blood you need to supply oxygen and nutrients to your tissues. As the volume of blood circulated through your blood vessels increases, so does the pressure on your artery walls.
- **Not being physically active.** People who are inactive tend to have higher heart rates. The higher your heart rate, the harder your heart must work with each contraction and the stronger the force on your arteries. Lack of physical activity also increases the risk of being overweight.
- **Using tobacco.** Not only does smoking or chewing tobacco immediately raise your blood pressure temporarily, but the chemicals in tobacco can damage the lining of

your artery walls. This can cause your arteries to narrow and increase your risk of heart disease. Secondhand smoke also can increase your heart disease risk.

- **Too much salt (sodium) in your diet.** Too much sodium in your diet can cause your body to retain fluid, which increases blood pressure.
- **Too little potassium in your diet.** Potassium helps balance the amount of sodium in your cells. If you don't get enough potassium in your diet or retain enough potassium, you may accumulate too much sodium in your blood.
- **Drinking too much alcohol.** Over time, heavy drinking can damage your heart. Having more than one drink a day for women and more than two drinks a day for men may affect your blood pressure.

  If you drink alcohol, do so in moderation. For healthy adults, that means up to one drink a day for women and two drinks a day for men. One drink equals 12 ounces of beer, 5 ounces of wine or 1.5 ounces of 80-proof liquor.
- **Stress.** High levels of stress can lead to a temporary increase in blood pressure. If you try to relax by eating more, using tobacco or drinking alcohol, you may only increase problems with high blood pressure.
- **Certain chronic conditions.** Certain chronic conditions also may increase your risk of high blood pressure, such as kidney disease, diabetes and sleep apnea.

Sometimes pregnancy contributes to high blood pressure, as well.

Although high blood pressure is most common in adults, children may be at risk, too. For some children, high blood pressure is caused by problems with the kidneys or heart. But for a growing number of kids, poor lifestyle habits, such as an unhealthy diet, obesity and lack of exercise, contribute to high blood pressure.

Complications

The excessive pressure on your artery walls caused by high blood pressure can damage your blood vessels, as well as organs in your body. The higher your blood pressure and the longer it goes uncontrolled, the greater the damage.

Uncontrolled high blood pressure can lead to complications including:

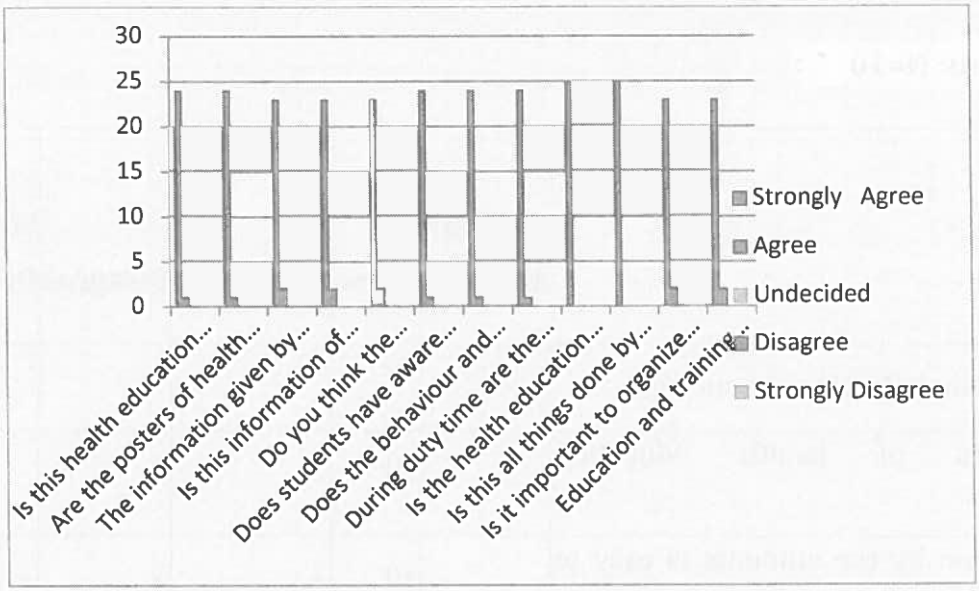
- **Heart attack or stroke.** High blood pressure can cause hardening and thickening of the arteries (atherosclerosis), which can lead to a heart attack, stroke or other complications.
- **Aneurysm.** Increased blood pressure can cause your blood vessels to weaken and bulge, forming an aneurysm. If an aneurysm ruptures, it can be life-threatening.
- **Heart failure.** To pump blood against the higher pressure in your vessels, the heart has to work harder. This causes the walls of the heart's pumping chamber to thicken (left ventricular hypertrophy). Eventually, the thickened muscle may have a hard time pumping enough blood to meet your body's needs, which can lead to heart failure.
- **Weakened and narrowed blood vessels in your kidneys.** This can prevent these organs from functioning normally.
- **Thickened, narrowed or torn blood vessels in the eyes.** This can result in vision loss.
- **Metabolic syndrome.** This syndrome is a cluster of disorders of your body's metabolism, including increased waist circumference; high triglycerides; low high-density lipoprotein (HDL) cholesterol, the "good" cholesterol; high blood pressure and high insulin levels. These conditions make you more likely to develop diabetes, heart disease and stroke.
- **Trouble with memory or understanding.** Uncontrolled high blood pressure may also affect your ability to think, remember and learn. Trouble with memory or understanding concepts is more common in people with high blood pressure.
- **Dementia.** Narrowed or blocked arteries can limit blood flow to the brain, leading to a certain type of dementia (vascular dementia). A stroke that interrupts blood flow to the brain also can cause vascular dementia.

More than 30 villagers were attended the exhibition and staff of Anganwadi and Gram Panchayat were also witnessed the exhibition.

Feedback Analysis: N=10

Sr no.	Questions	Strongly Agree	Agree	Undecided	Disagree	Strongly Disagree
1	Is this health education helpful to the society?	-	10	-	-	-
2	Are the posters of health education understandable?	-	10	-	-	-
3	The information given by the students is easy to understand	-	10	-	-	-
4	Is this information of particular topic is given to you prior?	1	9	-	-	-
5	Do you think the information given by the students are necessary to you?	1	9	1	-	-
6	Does students have aware you of this topics during their posting time?	-	9	1	-	-
7	Does the behaviour and interaction of student with you is good?	-	9	1	-	-
8	During duty time are the students giving you health education?	-	9	1	-	-
9	Is the health education given to you peoples by the students during this exhibition is helpful to you?	1-	8	2	-	-
10	Is this all things done by the students like health education are important?	-	8	2	-	-
11	Is it important to organize this kind of events/programmes regularly?	-	9	1	-	-
12	Education and training given to the students by the Nursing college to help the society is adequate?	-	9	1	-	-

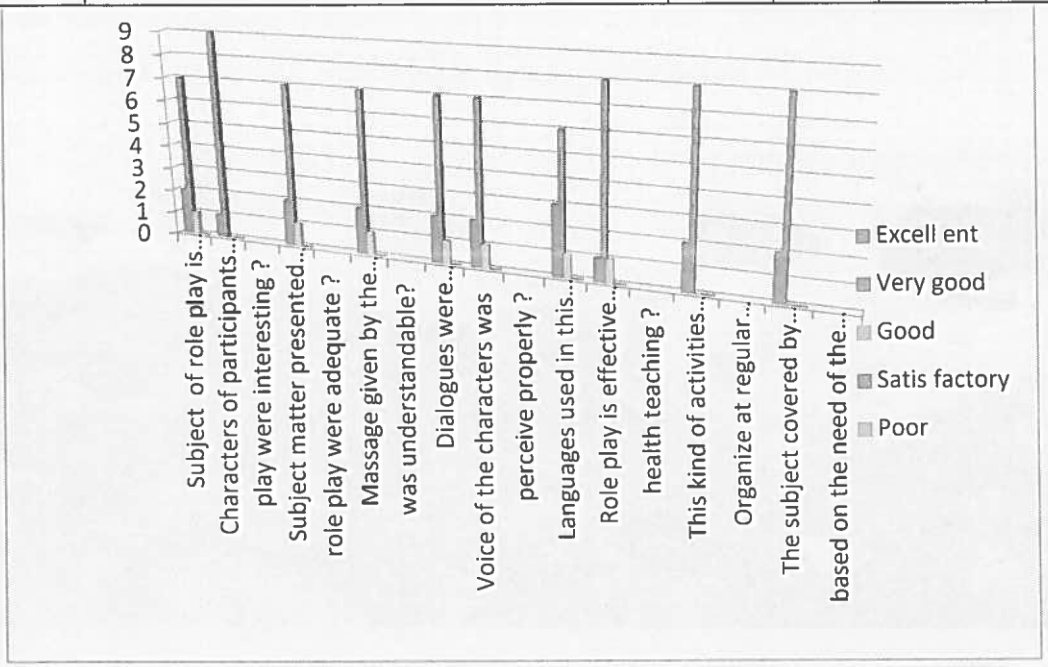
Most of the participants have given positive feedback about9 the exhibition.



FEEDBACK OF ROLE PLAY

Sr.No	Content	Excellent	Very good	Good	Satisfactory	Poor
1	Subject of role play is essential ?	2	7	1	-	-
2	Characters of participants in this role play were interesting ?	1	9	-	-	--
3	Subject matter presented by this role play were adequate ?	2	7	1	-	-
4	Massage given by the students was understandable?	2	7	1	-	-
5	Dialogues were appropriate ?	2	7	1	-	-
6	Voice of the characters was perceive properly ?	2	7	1	-	-
7	Languages used in this role play was appropriate ?	3	6	1	-	-
8	Role play is effective method of health teaching ?	1	8	1	-	-
9	This kind of activities should be Organize at regular intervals.	2	8	-	-	-

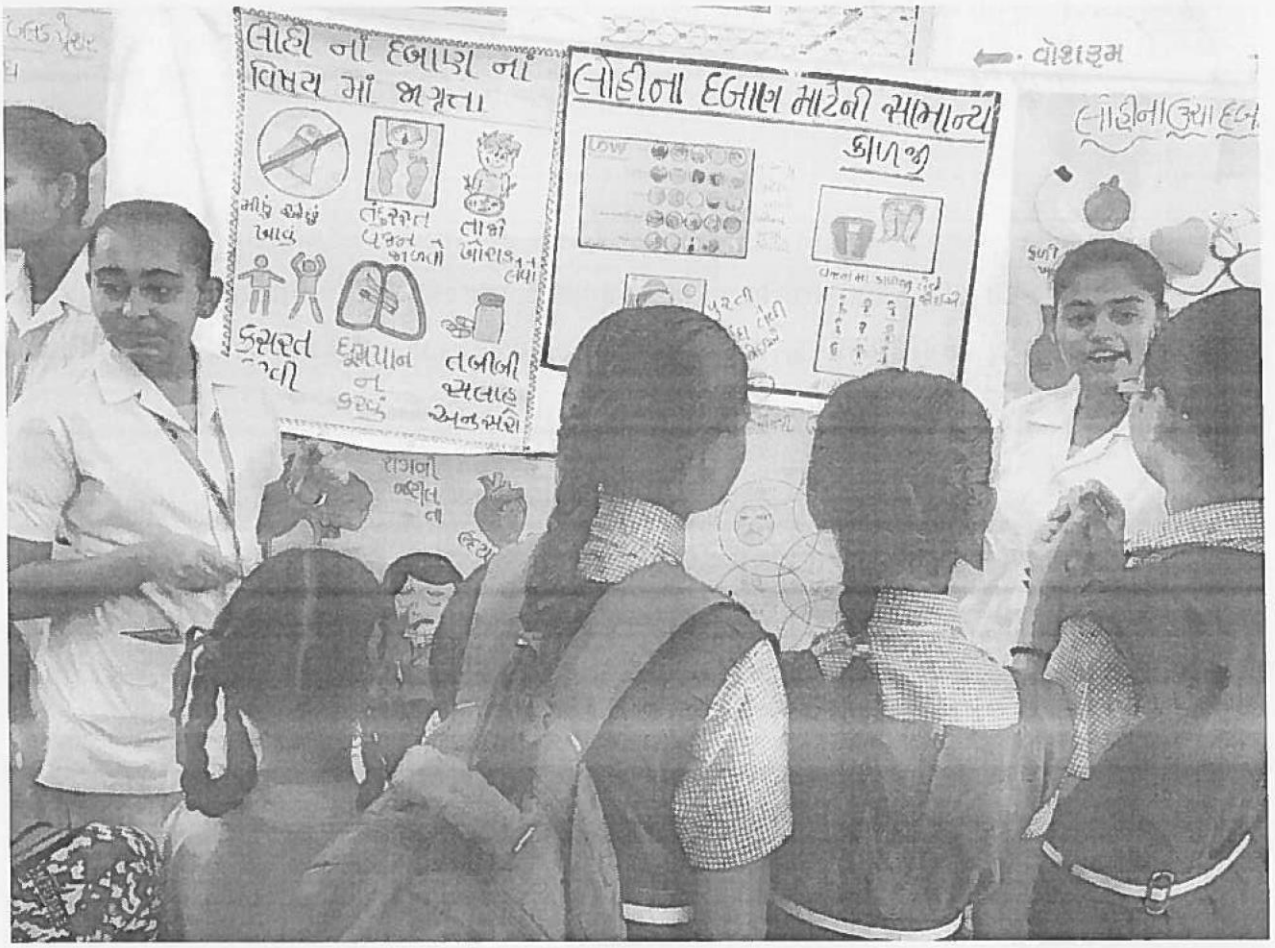
10	The subject covered by this Role play is based on the need of the society ?	2	8	-	-	-



Conclusion:

Students have participated in exhibition actively and received positive feedback from participants and all have appreciated the students. We express our heartfelt gratitude to Principal, MTIN and CHARUSAT University for constant guidance and unconditional support.

PHOTOGALLARY


લોહી ના દબાણ ના વિષય માં જાગૃત્તા
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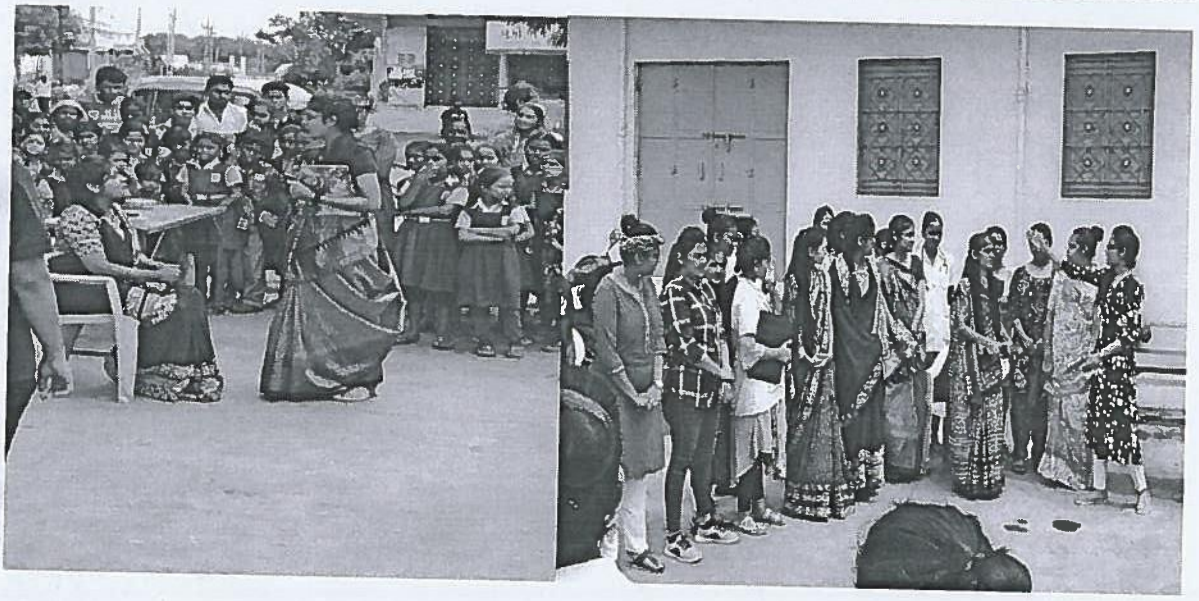
કાળજી
વોશરૂમ

Exhibition roleplay on HT / DM

18/7/19



Role play on prevention of Diabetes and Hypertensions

Exhibition on prevention of Diabetes and Hypertensions,

Report of Exhibition on Methods of Family Planning

Introduction:

As a part of their curriculum, students of 4th semester / 2nd year B.Sc. Nursing have conducted exhibition on Exhibition on Methods Family Planning **"on world population day** objective At end of the exhibition participants will able to gain knowledge about objectives, Methods Family Planning "advantages and disadvantages, will have positive attitude towards stabilization of population and participant will be gain adequate knowledge and positive attitude about different type of methods.

Introduction:

India's population has already reached 1.26 billion in the current year and considering the present growth rate, by 2028, the country's population will be more than China, according to a recent report from the UN. Though, the report has clearly mentioned that the rate of population growth has slowed down in recent years, due to effective implementation of family planning and family welfare programmes, yet the rate is growing at a much faster rate compared to China. The national fertility rate is still high which is leading to long-term population growth in India.

However, the family planning programme in India cannot be ignored. Let us discuss below about family planning in India and how it has played a major role in solving the problem of population growth in India to a certain extent:

The objectives, strategies and activities of the Family Planning division are designed and operate towards achieving the family welfare goals and objectives stated in various policy documents (NPP: National Population Policy 2000, NHP: National Health Policy 2002 and NRHM: National Rural Health Mission) and to honour the commitments of the Government of India (including ICPD: International Conference on Population and Development, MDG: Millennium Development Goals, Sustainable Development Goals-SDG, FP-2020 summit and others).

History of Family Planning in India

Population growth has been a cause of worry for the Government of India since a very long time. Just after independence, the Family Planning Association of India was formed in 1949. The country launched a nationwide Family Planning Programme in 1952, a first of its kind in the developing countries. This covered initially birth control programmes and later included under its wing, mother and child health, nutrition and family welfare. In 1966, the ministry of health created a separate department of family planning. The then ruling Janata Government in 1977 developed a new population policy, which was to be accepted not by compulsion but voluntarily. It also changed the name of Family Planning Department to Family Welfare Programme.

Family Planning / Family Welfare Programme (FWP) by the Government in India

This is a centrally sponsored programme, for which 100% help is provided by the Central to all the states of the country. The main strategies for the successful implementation of the FWP programme are:

- FWP is integrated with other health services.
- Emphasis is in the rural areas
- 2-child family norm to be practiced
- Adopting terminal methods to create a gap between the birth of 2 children
- Door-to-door campaigns to encourage families to accept the small family norm
- Encouraging education for both boys and girls
- Encouragement of breast feeding
- Proper marriageable adopted (21 years for men and 18 years for women)
- Minimum Needs Programme launched to raise the standard of living of the people.
- Monetary incentives given to poor people to adopt family planning measures.
- Creating widespread awareness of family planning through television, radio, news papers, puppet shows etc.

Importance of Family Planning in India

Family planning is not confined to only birth control or contraception. It is important as whole for the improvement of the family's economic condition and for better health of the mother and her children. First of all, family planning highlights the importance of spacing births, at least 2 years apart from one another. According to medical science, giving birth within a gap of more than 5 years or less than 2 years has a seriously affect the health of both the mother and the child.

Giving birth involves costs and with an increase in the number of children in a family, more medical costs of pregnancy and birth are involved, along with incurring high costs of bringing up and rearing the children. It's the duty of the parents to provide food, clothing, shelter, education to their children. Family planning, if adopted, has an effective impact on stabilising the financial condition of any family.

Impact of Family Planning Programme in India

The initiatives taken by the Government in implementing the Family Planning Programme have significant impact on the country as a whole. India was the first country in the world to establish a government family planning program way back in 1952. According to 2011 Family Welfare Programme, some major achievements are as follows:

Awareness of one or more methods of contraception.

- Increase in contraceptives use over the years.
- Knowledge of female sterilization, which is considered to the most safest and popular method of modern family planning.
- Increase in the use of condoms.
- Increased knowledge about contraceptive pills.
- Fertility rate low among educated women.
- Fertility rate low among higher income groups.

Family Planning in India:

More Success Expected

The family planning programmes are successful to a great extent but India still has a long way to go. Family planning has always been the main emphasis in population policies adopted by the Government of India. However, there is a need of more public awareness and public participation. Gender inequality, preference of sons over daughters, low standard of living, poverty, traditional thought processes of Indians, age-old cultural norms continue to cause poor family planning practices all across the country.

FAMILY PLANNING SCENARIO (NHFS, DLHS AND AHS)

The last survey figures available are from NFHS3 (2005-06) and DLHS-3 (2007-08), which are being used for describing current family planning situation in India. Nation-wide, the small family norm is widely accepted (the wanted fertility rate for India as a whole is 1.9 (NFHS-3) and the general awareness of contraception is almost universal (98% among women and 98.6% among men: NFHS-3).

Both NFHS and DLHS surveys showed that contraceptive use is generally rising (see adjoining figure). Contraceptive use among married women (aged 15-49 years) was 56.3% in NFHS-3 (an increase of 8.1 percentage points from NFHS-2) while corresponding increase between DLHS-2 & 3 is relatively lesser (from 52.5% to 54.0%). The proximate determinants of fertility like, age at marriage and age at first childbirth (which are societal preferences) are also showing good improvement at the national level.

Contraceptive services under the National Family Welfare Programme The methods available currently in India may be broadly divided into two categories, spacing methods and permanent methods. There is another method (emergency contraceptive pill) to be used in cases of emergency. 6.3.1.a. Spacing Methods:- These are the reversible methods of contraception to be used by couples who wish to have children in future. These include: A. Oral Contraceptive Pills (OCPs)

- These are hormonal pills which have to be taken by a woman, preferably at a fixed time, daily. The strip also contains additional placebo/iron pills to be consumed during

the hormonal pill free days. The method may be used by majority of women after screening by a trained provider.

- At present, there is a scheme for delivery of OCPs at the doorstep of beneficiaries by ASHA with a minimal charge. The brand "MALA-N" is available free of cost at all public healthcare facilities.

B. Condoms

- These are the barrier methods of contraception which offer the dual protection of preventing unwanted pregnancies as well as transmission of Reproductive Transmitted Infection/Sexually Transmitted Infection (RTI/STI) including HIV. The brand "Nirodh" is available free of cost at government health facilities and supplied at the doorstep by the ASHAs for minimal cost. C. Intra-Uterine Contraceptive Devices (IUCD)

- **Copper containing IUCDs are a highly effective method for long term birth spacing.**

- Should not be used by women with uterine anomalies or women with active PID or those who are at increased risk of STI/RTI (women with multiple partners).

The acceptor needs to return for follow up visit after 1, 3 and 6 months of IUCD insertion as the expulsion rate is highest in this duration.

- Two types:

o Cu IUCD 380A (10 yrs)

o Cu IUCD 375 (5 yrs)

- New approach of method delivery- postpartum IUCD insertion by specially trained providers to tap the opportunities offered by institutional deliveries.

Permanent Methods:- These methods may be adopted by any member of the couple and are generally considered irreversible. A. Female Sterilisation

- **Two techniques:**

- **Minilap:** Minilaparotomy involves making a small incision in the abdomen. The fallopian tubes are brought to the incision to be cut or blocked. Can be performed by a trained MBBS doctor.
- **Laparoscopic:** Laparoscopy involves inserting a long thin tube with a lens in it into the abdomen through a small incision. This laparoscope enables the doctor to see and block or cut the fallopian tubes in the abdomen. Can be done only by trained and certified MBBS doctor or specialist. B. Male Sterilisation

• Through a puncture or small incision in the scrotum, the provider locates each of the 2 tubes that carries sperm to the penis (vas deferens) and cuts or blocks it by cutting and tying it closed or by applying heat or electricity (cautery). The procedure is performed by MBBS doctors trained in these. However, the couple needs to use an alternative method of contraception for first three months after sterilization till no sperms are detected in semen.

• Two techniques being used in India: o Conventional o Non- Scalpel Vasectomy – no incision, only puncture and hence no stitches

c. Emergency Contraceptive Pill (ECP)

• To be consumed in cases of emergency arising out of unplanned/unprotected intercourse and

• The pill should be consumed within 72 hours of the sexual act and should never be considered a replacement for a regular contraceptive.

Other Commodities - Pregnancy Testing Kits (PTKs)

• Helps to detect pregnancy as early as one week after the missed period, thus providing an early opportunity for medical termination of pregnancy, thus saving lives lost to unsafe abortions and

• These are available at the sub-centre level and also carried by ASHA. 6.3.1.e. Service Delivery Points

• All the spacing methods, viz. IUCDs, Oral Contraceptive Pills(OCPs) and Condoms are available at the public health facilities beginning from the sub-centre level. Additionally,

OCPs Condoms and Emergency Contraceptive Pills (since are not skill based services) are available at the village level also through trained ASHAs and Annual Report 2015-16

- Permanent methods are generally available at primary health centre level or above. They are provided by MBBS doctors who have been trained to provide these services. Laparoscopic sterilization is being offered at CHCs and above level by a specialist gynaecologist/surgeon only.

These services are provided to around 20 crores eligible couples. Details of services provided at different level of:

The Salient features of the Family Planning Programme

A. On-going interventions:

- More emphasis on spacing methods like IUCD
- Availability of Fixed Day Static Services at all facilities.
- Emphasis on minilaptubectomy services because of its logistical simplicity and associated with less failure and complication rates.
- A rational human resource development plan is in place for provision of IUCD, minilap and NSV to empower the facilities (DH, CHC, PHC, SHC) with at least one provider each for each of the services and Sub Centres with ANMs trained in IUD insertion.

Ensuring quality care in Family Planning services by establishing Quality Assurance Annual Report 2015-16 88 Committees at State and district levels.

- Accreditation of more private/NGO facilities to increase the provider base for family planning services under PPP.
- Increasing male participation and promoting Non- Scalpel Vasectomy.
- Compensation scheme for sterilization acceptors, under the scheme, Ministry of Health & Family Welfare provides compensation for loss of wages to the beneficiary and also to the service provider (& team) for conducting sterilizations. The compensation scheme has been enhanced in 11 high focus States from the year 2014.

'National Family Planning Indemnity Scheme' under which clients are indemnified in the eventualities of deaths, complications and failures following sterilization. The providers/ accredited institutions are indemnified against litigations in those eventualities.

- Post-Partum Intra-Uterine Contraceptive Devices(PPIUCD) Incentive for service providers and ASHAs.

- Ministry of Health & Family Welfare has introduced short term IUCD (5 years effectivity), Cu IUCD 375 under the National Family Planning Programme. Training of State level trainers has already been completed and process is underway to train service providers up to the sub-center level.

- A new method of IUCD insertion (postpartum IUCD insertion) has been introduced by the Government.

- Promoting post-partum family planning services at district hospitals by providing for placement of dedicated family planning counsellors and training of personnel. B. Home Delivery of Contraceptives (HDC)

- A new scheme was launched to utilize the services of ASHA to deliver contraceptives at the doorstep of beneficiaries. The scheme was launched in 233 pilot districts of 17 States on 11 July 2011 and later expanded to the entire country from 17th December 2012.

- ASHA is charging a nominal amount from beneficiaries for her effort to deliver contraceptives at doorstep i.e. Re. 1 for a pack of 3 condoms, Re. 1 for a cycle of OCPs and Rs. 2 for a pack of one tablet of ECP.

Ensuring Spacing at Birth (ESB)

- Under a new scheme launched by the Government of India, services of ASHAs to be utilised for counselling newly married couples to ensure spacing of 2 years after marriage and couples with 1 child to have spacing of 3 years after the birth of 1st child. The scheme is operational in 18 States (EAG, North Eastern and Gujarat and Haryana). ASHA would be paid following incentives under the scheme: o Rs. 500/- to ASHA for delaying first child birth by 2 years after marriage; o Rs. 500/- to ASHA for ensuring

spacing of 3 years after the birth of 1st child and o Rs. 1000/- in case the couple opts for a permanent limiting method up to 2 children only.

Pregnancy Testing Kits (PTKs)

• **Nishchay:** Home based Pregnancy Test Annual Report 2015-16 89 Kits (PTKs) was launched under NRHM in 2008 across the country and was anchored with the Family Planning Division on 24th January, 2012.

• The PTKs are being made available at subcenters and to the ASHAs.

• The PTKs facilitate the early detection and decision making for the outcomes of pregnancy.

E. Improving contraceptives supply management up to peripheral facilities.

F. Demand generation activities in the form of display of posters, billboards and other audio and video materials in the various facilities. G. Strong political will and advocacy at the highest level, especially in states with high fertility rates. H. New interventions to improve access to contraception • Expansion of basket of choice

o Injectable Depot Medroxyprogesterone Acetate (DMPA): The Drugs Technical Advisory Board (DTAB) agreed to the introduction of the injectable contraceptive DMPA in the public health system under the National Family Planning Programme.

o POP: Under piloting process

o Centchroman: Under programming

• Improved Contraceptive Packaging: The packaging for Condoms, OCP and ECP is now being improved so as to influence the demand for these commodities.

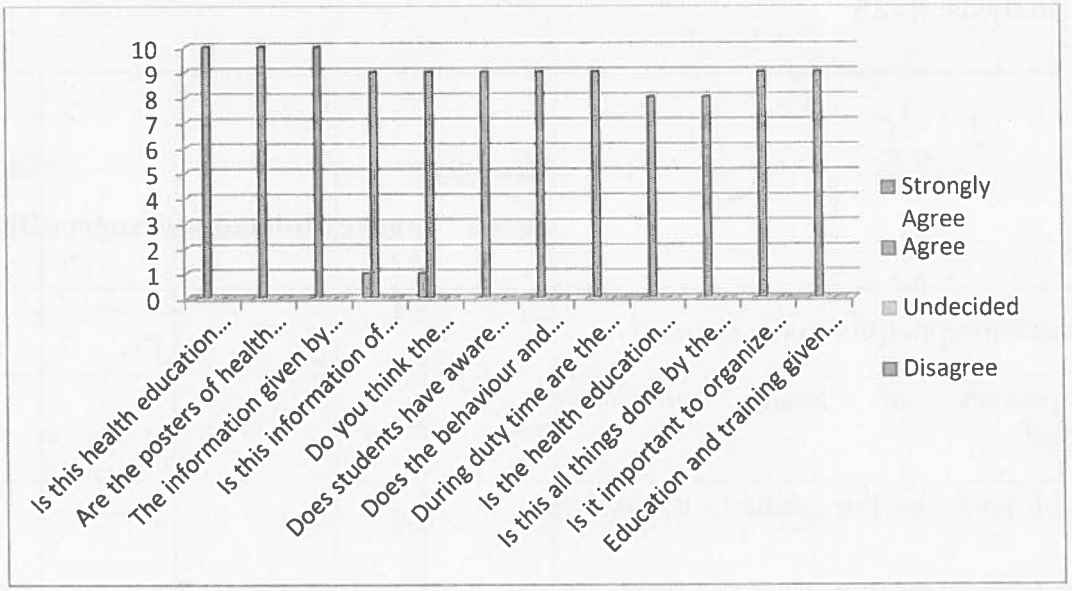
This Strategy was the result of an extensive consultative process that spanned 2 years and involved the participation of more than 400 technical experts from 70 Member States.

More than 25 villagers were attended the exhibition and staff of Anganwadi and Gram Panchayat were also witnessed the exhibition.

Feedback Analysis: N=25

Sr no.	Questions	Strongly Agree	Agree	Undecided	Disagree	Strongly Disagree
1	Is this health education helpful to the society?	24	01	-	-	-
2	Are the posters of health education understandable?	24	01	-	-	-
3	The information given by the students is easy to understand	23	02	-	-	-
4	Is this information of particular topic is given to you prior?	23	02	-	-	-
5	Do you think the information given by the students are necessary to you?	23	02	-	-	-
6	Does students have aware you of this topics during their posting time?	24	01	-	-	-
7	Does the behaviour and interaction of student with you is good?	24	01	-	-	-
8	During duty time are the students giving you health education?	24	01	-	-	-
9	Is the health education given to you peoples by the students during this exhibition is helpful to you?	25	00	-	-	-
10	Is this all things done by the students like health education are important?	25	-	-	-	-
11	Is it important to organize this kind of events/programmes regularly?	23	02	-	-	-
12	Education and training given to the students by the Nursing college to help the society is adequate?	23	02	-	-	-

Most of the participants have given positive feedback about the exhibition.



Conclusion:

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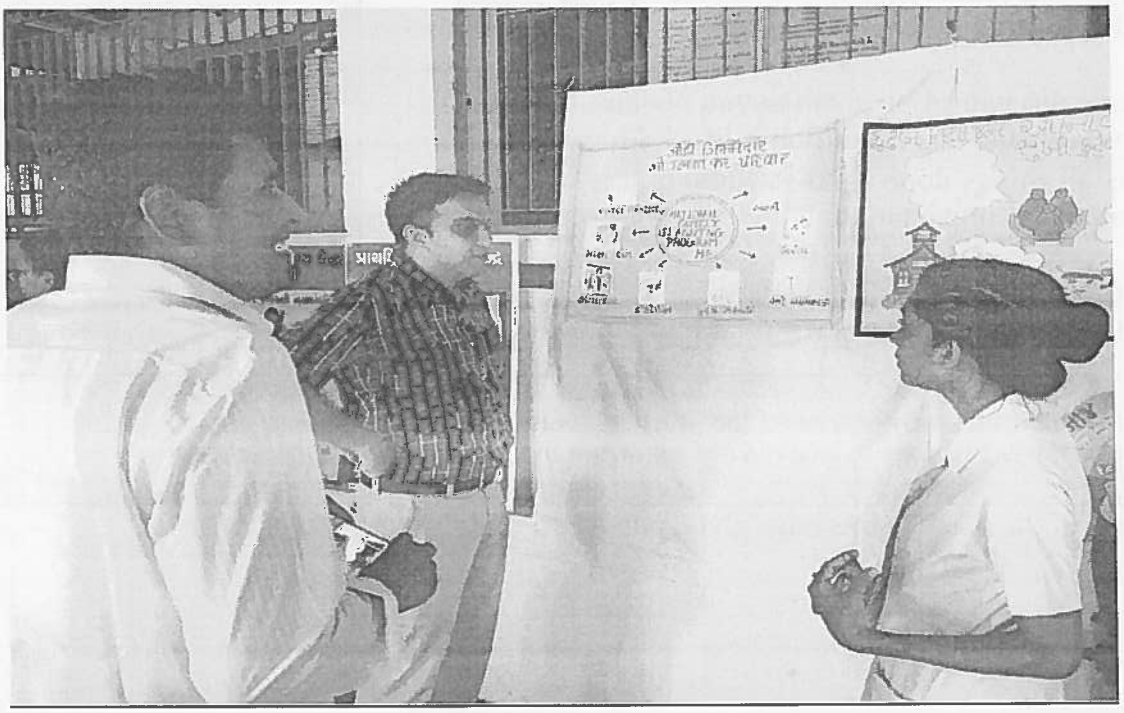


18/7/2019

Exh. Family Planning

Exhibition on Methods Family Planning **"on world population day**

Report on Exhibition on Antenatal Care and Antenatal Assessment programme

Date: 12.07.2019
Day: Monday
Timings: 10.00 am-03.00 pm
Venue: Bandhni PHC,

I. Introduction:

The students of 4th semester- B.Sc. Nursing, Manikaka Topawala Institute of Nursing, CHARUSAT, CHANGA were posted at PHC bandhni for clinical posting of Community Health Nursing health nursing. During posting they identified the need of community and planned for exhibition cum mass health education. So on the date 19/08/2019 exhibition on topics such as: antenatal care, antenatal diet, antenatal exercise, minor ailments with its management during pregnancy and postnatal care was organized under the supervision of Mr. Ankit Christian and Ms. Priyanka Talpada.

II. Objectives:

Students will be able to:

- Understand about antenatal care/ advices and postnatal care
- Develop skill in giving health education
- To make aware the community about antenatal care, postnatal care, new born care.

III. Participants/Beneficiaries: All antenatal mothers, postnatal mothers, relatives

IV. About poster exhibition

The students of 4th semester B.Sc. Nursing organized poster exhibition for the mothers and their relatives. The students identified four themes based on the need of patients. The theme was antenatal care, antenatal diet, antenatal exercise, minor ailments with its management during pregnancy and postnatal care. After identification of themes, students started preparing posters under the guidance of Mr. Ankit Christian and Ms. Priyanka Talpada. Following topics were covered as sub themes of poster exhibition.

Antenatal Care

1. **Antenatal visits:**
    - Frequency of antenatal visits
    - Every month during the first 6 months.
    - Every 2 weeks during the 7th and 8th months.
    - Every week during the last month.
    - More frequent visits are indicated in high risk pregnancy.
2. **Smoking:**
    - Smoking: should be avoided as it may cause intrauterine growth retardation or premature labour.
    - Rest and sleep: 2 hours in the midday and 8 hours at night.
    - Exercises: violent exercises as diving and water sports should be avoided. House work short of fatigue and walking are encouraged.
3. **Clothing:**
    - Lighter and looser clothes of non-synthetic materials are more comfortable due to increased BMR and sweating.
    - Clothes which hang from the shoulders are more comfortable than those requiring waste bands.
    - Breast support is required.
    - Avoid tight elastic hosiery or its bands
4. **Bathing:**
    - Bathing: Shower bathing is preferable than tube or sea bathing for fear of ascending infection. Vaginal douching should be avoided
5. **Bowels:**
    - Constipation is avoided by increasing vegetables, fluids and milk intake and mild exercise. Liquid paraffin should not be used for long period as it interferes with absorption of fat- soluble vitamins (A and D)

6. **Travelling:**
    - Long and tiring journeys should be avoided particularly if the woman is prone to abortion or preterm labour. Flying is not contraindicated but not the long ones and near term.
7. **Exposure to infections:**
    - Is to be avoided particularly those of documented teratogenicity e.g. rubella, cytomegalovirus, herpes hominis and varicella zoster viruses
8. **Exposure to irradiation:** is to be avoided whether diagnostic or therapeutic
9. **Warning symptoms:**
    - Indicate immediate contact to the obstetrician are
    - vaginal bleeding, gush of fluid per vagina, abdominal pain, persistent headache, blurring of vision, oedema of lower limbs or face, persistent vomiting

Antenatal diet

- The daily requirements are:
- Calories: 2500 Kcal.
- Proteins: 60 gm.
- Carbohydrates: 200- 400 gm.
- Lipids: should be restricted.
- Vitamin A: 5000 IU, Vitamin B1 (Thiamine): 1mg, Vitamin B2 (Riboflavin): 1.5 mg, Nicotinic acid: 15mg, Ascorbic acid (vit. C): 50mg, Vitamin D: 400 IU, Folic acid: 0.5 mg.
- Minerals: Iron: 15 mg, Calcium: 1000 mg.
- So the suggested daily diet should include: milk or its derivatives, 1-2 eggs, fresh vegetables and fruits, 2 pieces of red meat replaced once weekly by sea fish and once by calf 's liver, cereals and bread are recommended also coffee and tea should be restricted.

Antenatal exercise

Purposes of antenatal exercise

Antenatal exercise aims at preventing low back pain and enhancing physical and psychological preparation for delivery by means of joint stretching and muscle strengthening.

Guidelines for antenatal exercise

- Breathe smoothly, work gradually according to your capability
- Work twice or thrice a day and repeat each set of movements ten times in every session
- Antenatal exercise may begin when pregnancy reaches 16 to 20 weeks
- Physiotherapist may make modifications to the exercise according to your physical conditions

Types of antenatal exercise

(1) Pelvic floor exercise - Sit on a chair with your back against the seatback - Tighten the vaginal, urethral and anal muscles as if trying to withhold urination or defecation. You can also do this exercise in a standing position. Pelvic floor exercise enhances the control and support of pelvic floor muscles. It helps you prepare for childbirth and prevents uterine prolapse, urinary incontinence and haemorrhoid.

(2) Back and abdominal exercise - Sit on a chair with your back against the seatback - Breathe naturally - Tighten the abdomen and then press the pelvis downwards to flatten your low back against the seatback. Hold for 5 seconds, and relax This exercise helps you by correcting the low back and pelvic posture. It strengthens your abdominal muscles and prevents back pain.

(3) Ankle exercise - Sit on a chair with your back against the seatback - Start with one ankle and turn the foot upwards and downwards. Each up-and-down movement is counted as one time. Repeat ten times - Rotate the ankle to draw an inward or outward circle. Each circular movement is counted as one time. Repeat ten times - Repeat the same steps at the other ankle - Ankle exercise helps reduce leg swelling and varicose vein, thus alleviating the problem of leg cramps

(4) Lower limbs relaxation exercise - This exercise enhances the flexibility and strength of inner thighs and pelvic muscles. It helps you get accustomed to the delivery position and prevent thigh spasm during delivery - Sit on a stable low chair against a wall and spread your thighs sideways. Hold for 5 seconds and relax

Note: 1. It is suitable for pregnant women with tight thighs 2. Do not pull apart the thighs 3. Please note that this exercise is not suitable for those with pain over the pubic bones

(5) Breathing exercise - Breathing techniques for pain relief during labour. Exhale before inhale is suggested A. Abdominal breathing - Suitable for mild pain - Breathe in through the nose and feel the

abdomen expand. Then breathe out through the mouth B. Lower costal breathing - Suitable for medium pain - Put your hands on the lower rib cage. Breathe in through the nose and feel your chest expand. Then breathe out lightly through the mouth 79 C. Apical breathing Subsequent Visits - Suitable for severe pain - Cross your hands below the clavicles with your mouth slightly open. Breathe in through the nose and the mouth. Breathe out lightly as if trying to flicker the flame of a candle without blowing it out, and feel the upper lungs moving slightly up and down * During contractions, try to relax and control your breathing * In between contractions, rest and relax as much as you can in the most comfortable position.

Minor ailments during pregnancy and its management

Most of ailments experienced during pregnancy are usually temporary and caused by hormonal changes and the extra strain body is under.

1. **Backache**

   Pregnancy strains your back and posture. To avoid or reduce backache, avoid lifting heavy weights, wearing high-heeled shoes or standing for too long. The following are some tips which may help to alleviate backaches:

   - Support back with a cushion. Kneeling on all fours and rocking from side to side.
   - Sleep on side with a pillow between your legs.
   - Sit with back straight and well-supported.
   - Use hot or cold pack on the sore part of back.
   - Have someone to massage back. If are engaging a professional massage therapist, do inform him/her that pregnant.

2. **Bloatedness**

   This is because are retaining fluid, which is a common complaint that is aggravated by prolonged standing. should drink 2 litres of fluid daily and should limit intake of tea, coffee and cola as the caffeine content of these drinks will affect the vitamins in food, particularly vitamin C. Some women also feel better when they eat less salt and monosodium glutamate.

3. **Constipation**

   Constipation is normal during pregnancy. The consumption of iron-containing prenatal vitamins,

hormonal changes and the pressure of the uterus on the rectum can aggravate constipation. Should ensure that have adequate amounts of fibre in diet and drink plenty of water..

4. **Faintness**

   This arises from low blood pressure. Avoid long periods of standing, getting up too quickly and overheating, especially in the bath.

5. **Heartburn / Indigestion**

   This is a painful, burning sensation in the chest caused by the regurgitation of stomach acid into the throat. The symptoms of indigestion, including heartburn, are common during pregnancy and are caused by hormonal changes and the growing womb pressing on the stomach. To reduce indigestion and heartburn, should eat small frequent meals, avoid spicy and greasy foods and refrain from drinking large amounts of liquid before bedtime. Alcohol, coffee and chocolate may aggravate the problem. should try to sit as upright as possible and avoid lying flat after a meal. Propping yourself up with pillows at night may help to ease the symptoms. If the symptoms are not relieved with diet and lifestyle changes, the doctor may prescribe medications to help to ease the symptoms.

6. **Incontinence**

   This can be due to the extra weight and pressure of your baby pressing on bladder and pelvic floor, especially when laugh, sneeze or run. Regular pelvic floor exercises during and after pregnancy will help.

7. **Leg Aches and Cramps**

   The extra weight which carry during the pregnancy can cause legs to ache. Leg cramps are also common in the last months of pregnancy. Simple stretching and exercises may help in alleviating these aches and cramps.

8. **Morning Sickness**

   This is especially common in the early months of pregnancy and can occur at any time of the day. It usually disappears by 14 weeks.
   The American College of Obstetricians and Gynecologists offers these suggestions to help soothe morning sickness:

   - Make sure get enough rest.
   - Stay away from odors that upset stomach.
   - Instead of eating three large meals each day, eat five to six smaller meals throughout the day.
   - Before getting out of bed, eat a few crackers to calm stomach.

- Snack on protein-rich foods, such as yogurt.
- Skip foods that are greasy or high in fat.

9. **Piles**

These are dilated veins in your anus and can be very painful, itchy and uncomfortable, usually occurring from the third month onwards. Piles may bleed a little and may make going to the toilet uncomfortable and painful. Constipation and straining on the toilet can aggravate the condition, so try to keep stools soft and regular. Having a diet high in fibre, such as wholemeal bread, fruits and vegetables, and drink plenty of water will help to prevent constipation; which in turn can help to ease or prevent piles.

10. **Sleeplessness and Tiredness**

It is common to feel tired and exhausted during pregnancy. This could be due to anxiety, heartburn, and your baby pressing on your bladder or sheer bulk, making it difficult to get a good night's sleep. A hot milky drink and a warm shower may help you relax and try to get as much rest as possible. Avoid caffeinated drinks as caffeine can make it harder to go to sleep.

Activities on the day of exhibition

- In morning after reached to Bandhni PHC, Students prepared area of exhibition.
- Medical officer of PHC inaugurated the exhibition. Other sisters and PHC staff attained the inauguration function.
- After inauguration exhibition was open for visit
- Students explained all the posters as per allotment to all participants
- Feedback was taken from participants

V. Feedback Analysis:

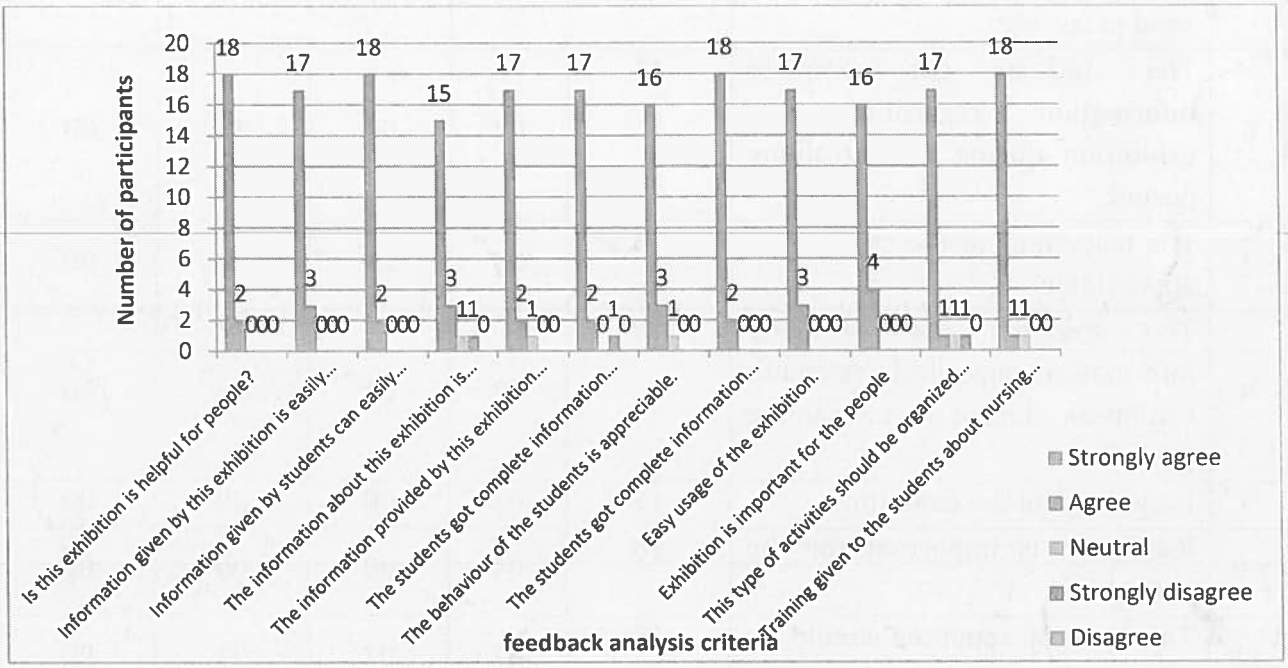
A. Number of participants: 20

B. Table of feedback form with number of participants' response in each category.

	Scale: 5-Excellent; 4- Very Good; 3- Good: 2- Satisfactory; 1-Poor					
S. No.	**Statements**	**Strongly agree**	**Agree**	**Neutral**	**Strongly disagree**	**Disagree**
1	Is this exhibition is helpful for people?	18	02	00	00	00

2	Information given by this exhibition is easily understandable.	17	03	00	00	00
3	Information given by students can easily implement.	18	02	00	00	00
4	The information about this exhibition is provided in advance.	15	03	01	01	00
5	The information provided by this exhibition is according to the need of society.	17	02	01	00	00
6	The students got complete information regarding this exhibition during their training period.	17	02	00	01	00
7	The behaviour of the students is appreciable.	16	03	01	00	00
8	The students got complete information regarding the health exhibition during their training periods.	18	02	00	00	00
9	Easy usage of the exhibition.	17	03	00	00	00
10	Exhibition is important for the people	16	04	00	00	00
11	This type of activities should be organized again.	17	01	01	01	00
12	Training given to the students about nursing is appropriate.	18	01	01	00	00

VI. Analysis depicted through graphs.



VII. Financial support received: Nil

VIII. CONCLUSION

At the end of the exhibition students were able to know about antenatal care, postnatal care, new born care. They also gain experience in giving health education to mothers and their relatives. We are thankful to CHARUSAT and PHC Bandhani to provide us such opportunity.

12/7/2019

Antenatal Care
- Ante- Assas.

Photographs:

Inauguration of program of event.

Exhibition on Antenatal Care

ANGANWADI REPORT

INTRODUCTION

The students of 2nd year, as part of community subject posted at Bandhni PHC from 01/07/2019 to 27/07/2019. As a part of their community requirements they visited Anganwadi of Bandhni village and along with it they have conducted health assessment of Anganwadi children's and prepared food for them on date 5th July 2019 under the supervision of Ms. priyanka Talpada, Nursing tutor.

OBJECTIVES

At the end of the visit the students will be able,

1) To Assess the health status of Anganwadi children's
2) To learn about the organization chart of ICDS
3) To learn about various services rendered by Anganwadi
4) To Elaborate job description of Anganwadi worker and helper
5) To Discuss role of various health agencies in ICDS
6) To Elucidate records and reports maintained at Anganwadi

ANGANWADI DETAILS

The Anganwadi is handled by Anganwadi worker and her helper. Students have covered Anganwadi which are under PHC Bandhni. These Anganwadi renders its services to children from age group of 0-6 years, adolescent girls from age of 11-18 years, antenatal women and lactating women.

ORGANIZATION OF ICDS:

ACTIVITIES PERFORMED AT ANGANWADI

Every Anganwadi has been provided with the schedule of activities that are to be followed regularly on daily basis by the Anganwadi worker, this schedule is as follow:

Time	Activities
9:00 to 9:30 am	**For 6 months - 3 years of children**
	Cleaning and housekeeping of Anganwadi
9:30 to 10:00 am	Cooking of breakfast by the helper
	Instruction about breast feeding and weaning to mothers by Anganwadi worker
10:30 to 10:45 am	**For 3 years - 6 years of children**
	Children's' arrival
	Maintaining personal hygiene of children
	Prayer is performed and nutrition candy distribution
10:45 to 11:00 am	Breakfast time for children as per weekly menu
11:15 to 12:15 pm	Pre-primary education: about colors, animals, shaes, numbers,

	even poems,etc
12:15 to 12:45 pm	Out-door games and playing for children
12:45 to 13:15 pm	Afternoon lunch/snacks provided to children
13:15 to 14:00 pm	Group discussion among Anganwadi worker and helper about Anganwadi services and indoor activities for children using pre-school kit
14:00 to 15:30 pm	Promotion of ICDS and Anganwadi services related to growth monitoring into public by Anganwadi worker

Along with these daily activities, many activities are conducted on weekly, monthly or need basis by Anganwadi worker under guidance of Female Health Worker.

SUPPLEMENTARY FOOD OF ANGANWADI:

Every Anganwadi provides breakfast and afternoon snacks to all the children, for this they provide food materials prepared from readymade packets provided by government. They have weekly menu as follows:

Week days	Breakfast	Afternoon Snacks
Monday	Sukhadi	Masala bhakhari Thapla, tuvar dal, friuts
Tuesday	Vagharelikhichadi	Muthiya
Wednesday	Shiro	Dal, rice,sabji
Thursday	Muthiya	Pulav,rice,chana
Friday	Shiro/sukhadi	Dhebra
Saturday	Sweet Puda	Vegetables khichadi, chana dal

Along with these food items, malnourished children are provided with laduswhich are rich in carbohydrates and calorie made up of 20 grams chana flour, 5 grams wheat flour, 5 grams peanuts, 8 grams edible oik and 15 grams jaggery. Even adolescent girls and antenatal and lactating women are provided wheat and oil on home base

Revised Supplementary Nutritional norms:

Sr No.	Category	K Cals/day	Protein (g/day)
1	Children(6-72 months)	500	12--15
2	Pregnant and nursing mothers	600	18-20
3	Severely malnourished children(6-72 months)	800	

JOB DESCRIPTION OF ANGANWADI WORKER:

Primary Functions:

- Listing pregnant mothers and identification of at risk mothers
- Maternal weight recording
- Food supplementation
- Iron and folic acid supplementation
- TT motivation
- Depot holding for contraceptives
- Recording of birth weight and referral of low birth weight babies to VHN
- Ensuring breastfeeding for newborns
- Identification children for immunization
- Follow-up of immunized children
- Growth monitoring – children under 6 months
- Growth monitoring – children 6 months to 3 years
- Identification of children for feeding
- Referral for growth failure and other health problems
- Vitamin–A supplement – children under 6 years
- Iron and folic acid supplementation
- Treatment of children for minor ailments
- Referral of ARI cases to VHN
- ORT education and distribution of ORS

RECORDS AND REPORTS OF ANGANWADI:

These are the following record and reports maintained at anganwadi:

- Registration book
- Daily food stock register
- Vaccination register
- Survey Register
- Diet Register
- Annual register
- Growth chart
- Home visit register
- Antenatal women food supplementation register
- Referral register
- Weekly children's weight register

NAME OF ANGANAWADI AREA: Kasbaa Anganwadi

Sr no	Name	Age	Gender	Ht (cm)	Wt (cm)	HC	CC	MUAC	Degree of malnutrition
1	Ushra	5	Female	102	15	50	51	14	Mild malnutrition
2	Jiya	4	Female	98	13	52	51	12	Mild malnutrition
3	Ashra	4	Female	102	14	49	48	14	Normal
4	Zoya	5	Female	111	14	50	53	14	Mild malnutrition
5	Mishba	2	Female	92	10	48	48	13	Mild malnutrition
6	Sadiya	5	Female	116	14	49	50	14	Mild malnutrition
7	Ruhi	4	Female	106	14	50	50	14	Normal
8	Naju	4	Female	96	12	48	50	14	Mild malnutrition
9	Dastakin	4	Female	96	15	51	52	15	Normal
10	Mantasha	4	Female	90	10	47	49	14	Moderate malnutrition
11	Nevajish	4	Female	90	10	46	46	13	Mild malnutrition
12	Nemat	4	Female	92	11	48	47	15	Normal
13	Ayan	2	Male	90	20	48	49	16	Normal
14	Atif	2	Male	90	12	51	50	16	Normal

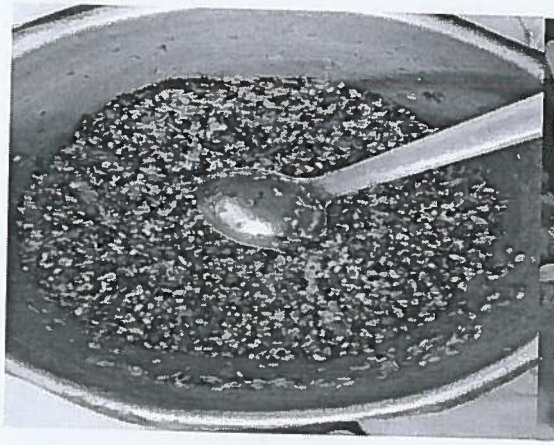
15	Raees	4	Male	105	15	51	51	15	Normal
16	Nitin	3	Male	92	14	50	52	14	Normal
17	Rehan	5	Male	107	16	51	53	15	Normal
18	M.subhan	4	Male	101	17	50	51	14	Normal
19	Ayat	3	Male	92	14	49	50	15	Normal
20	Mohammad	2	Male	88	10	47	47	14	Mild malnutrition
21	Tahir	4	Male	100	15	49	52	16	Normal
22	Taskin	2	Male	85	11	46	44	14	Normal
23	Albaksh	2	Male	86	10	46	43	13	Severe malnutrition

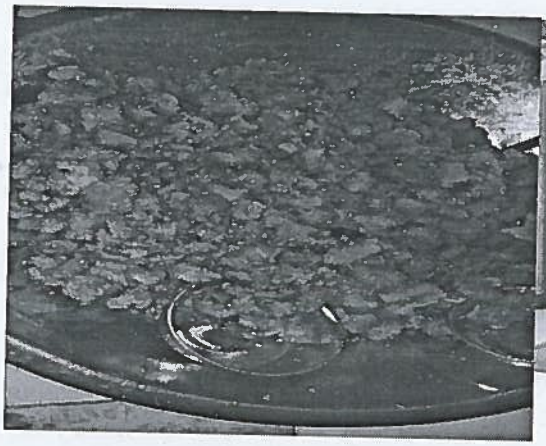
PHOTOGALLERY

Kashba Anganwadi Bandhani Village 5/6/2019

6/7/2019

Heealth Assessment of Anganwadi children





Kashba Anganwadi Bandhani Village 5/6/2019

Kashba Anganwadi Bandhani Village 5/6/2019

CONCLUSION

Students of 2nd year Bsc. nursing students have carried out health assessment of Anganwadi children and also prepared food for childrens at Anganwadi of Bandhni Village. We express our gratitude to Principal of MTIN and CHARUSAT University for their unconditional support.