

NATIONAL PHYSIOTHERAPY CONFERENCE

17th CONPHYCS 2026

Ashok & Rita Patel Institute of Physiotherapy · CHARUSAT University, Changa

“Precision in Prevention to Rehabilitation: Explore, Engage and Excel.”

27–28 November 2026

CULTURAL COMPETITIONS

Rules & Regulations

List of Cultural Activities

Category	Activities
Spotlight Era · Stage	Group Dance Fashion Show Street beat- physio street play Physio Shark Tank
Aesthetic Corner · Craft	Anatomical body painting Photography Lipin Art
The physio arena- the clinical gauntlet	-
Online	Reel making contest

Conference registration is compulsory for participating in the cultural competitions.

General Rules & Code of Conduct

- Participants must follow instructions given by the Cultural Committee.
- Misconduct, abusive behaviour, harassment, or arguments with judges/organizers may lead to disqualification.
- The decision of the judges shall be considered final.

Spotlight Era · Stage*Applicable to all stage activities: Group Dance, Fashion Show, Drama & Physio Shark Tank*

- Moderated by: Dr. Shipraa Shah
- Contact details: +91 8141348100

Group Dance

Folk / Contemporary / Fusion

Entries	One entry per institute
Eligibility	UG & PG students
Team Size	6–12 members (no substitution permitted)
Time Limit	8 minutes (5+3)

Rules & Format

- Dance style can include any form of dance or theme.
- Costumes, props, and songs should be arranged by the participants.
- Last date for registration and soundtrack submission is on **15 November 2026**.
- Participants are requested to carry their sound tracks in a pen drive format to the venue as a backup on the day of event.
- In case of requirement of any materialistic things like tables, chairs, etc from the institute for your performance kindly inform priorly.
- Participants need to wind up their dance props from the stage after completion of their dance.
- Inappropriate clothing, offensive messages, abusive language, vulgar content, or unsuitable songs will not be permitted.
- Dance/stage performances should not convey any indecent gestures.
- All participants must carry their valid student ID proof during the event.
- Participants have to be present 30 minutes before their given reporting time.
- Anything that can damage the stage (fire, sharp objects, glass, explosives, liquids, powders) is not allowed.
- For stage setup, 1–2 minutes will be provided.
- Participants must submit the final soundtrack in MP3 format only, within the specified deadline.
- No changes will be permitted after submission.
- Any last-minute modifications will be considered only by the Cultural Committee, and will be accepted solely if the reason is valid and feasible.

Fashion Show

Entries	One entry per institute
Eligibility	UG & PG students
Team Size	10–14 members
Time Limit	8 minutes (5+3)
Theme	Movement Beyond Boundaries/ From Motion to Emotion

Rules & Format

- Costumes, props, and songs should be arranged by the participants.
- Last date for registration and soundtrack submission is on **15 November 2026**.
- Participants are requested to carry their sound tracks in a pen drive format to the venue as a backup on the day of event.
- In case of requirement of any materialistic things like tables, chairs, etc from the institute for your performance kindly inform priorly.
- Participants need to wind up their props from the stage after completion of their performance.
- Inappropriate clothing, offensive messages, abusive language, vulgar content, or unsuitable songs will not be permitted.
- Dance/stage performances should not convey any indecent gestures.
- All participants must carry their valid student ID proof during the event.
- Participants have to be present 30 minutes before their given reporting time.
- Anything that can damage the stage (fire, sharp objects, glass, explosives, liquids, powders) is not allowed.
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- No changes will be permitted after submission.
- Any last-minute modifications will be considered only by the Cultural Committee, and will be accepted solely if the reason is valid and feasible.

Street beat- Physio Street play

Entries	One entry per institute
Eligibility	UG & PG students
Team Size	8- 10 members
Time Limit	10 minutes
Language	Gujarati / Hindi / English
Theme	“A Life Without Movement”

Rules & format

- The Script must be original; Plagiarism will lead to disqualification.
- In case of requirement of any materialistic things like tables, chairs, etc from the institute for your performance kindly inform priorly.
- Inappropriate clothing, offensive messages, abusive language, vulgar content, or unsuitable songs will not be permitted.
- Stage performances should not convey any indecent gestures.
- All participants must carry their valid student ID proof during the event.
- Participants have to be present 30 minutes before their given reporting time.
- For setup, 1–2 minutes will be provided.
- No microphones or speakers will be provided; voice projection will be considered as a domain for scoring.
- No pre-recorded audios as background will be allowed.
- Use dialogue, acting, movement, slogans, music, rhythm and audience interaction creatively.
- The performance should deliver one strong central message, rather than trying to address too many issues.
- Live singing, percussion, slogans and rhythmic clapping are encouraged.
- Strictly Prohibited - Religious, caste-based, gender-based , Political campaigning, or disability-based mockery

Physio Shark Tank

Pitch Your Innovation

Entries	1-2 entries per institute
Eligibility	UG & PG Students
Presentation Time	5 minutes & 2 minutes for Q&A
Theme	“Movement, independence and empowerment”

Rules & Format

- Participants must present an innovative idea, product or solution related to physiotherapy.
- One idea per team; each participant can be a part of only one team.
- Prototypes and models are allowed for demonstrations.
- All content must be original; Plagiarism may result in disqualification.
- No previously awarded ideas allowed.
- Use of AI-generated content for the core/main idea is not permitted.
- Submit a 250-word abstract before the event.
- 5-minute presentation + 2-minute Q&A.
- Use of PowerPoint is allowed.

Aesthetic Corner · Craft — Anatomical body painting, Photography & Lipan Art

- Moderated by : Dr. Krupa Patel
- Contact details: +91 9327503306

Anatomical body painting

Entries	2- Entries per Institute
Team members	2 participants (1 model & 1 participant)
Time duration	1 hour
Materials	Each participant must bring their own material
Theme	“The Human Body ART”

Rules and regulations

- Participants must bring their own model for body painting. The model should be in comfortable and appropriate dressing as per college decorum.
- Only water-based, skin-safe colours are allowed.
- No materials will be provided by the organizing committee.
- The theme will be Anatomical / Physiotherapy-related (musculoskeletal, neurological, cardiovascular, respiratory, etc.). Scientific accuracy is encouraged.
- Site of Painting: Case Scenario Based.
- Paintings will be evaluated based on: Anatomical accuracy, Relevance to physiotherapy, Creativity and innovation, Colour selection and use, Neatness and presentation, overall visual impact
- Participants will get: 3-5 minutes to explain their artwork to the judges & for question-and-answer session
- Participants must report 30 minutes before the scheduled competition time.
- No offensive, political, discriminatory, or inappropriate content.
- Anatomical structures represented should be reasonably accurate.
- Participants will be given a fixed time, preferably 60 minutes.
- No pre-painted body parts or digitally printed designs may be used.

Photography

Capture the Story of Physiotherapy

Entries	2 entries per Institute
Team members	Individual
Theme	“Movement Through My Lens”
Time Duration	45 mins
Materials	Phone Camera/DSLR

Camera & Technical Requirements

- Combining multiple photographs to create one image is not permitted.
- Participants may use any kind of camera or smartphone for capturing photographs.
- Submit the photographs in JPG/JPEG format only — RAW images or any other file formats will not be accepted.
- Basic editing adjustments such as brightness, contrast, exposure, and lightness adjustments, and cropping are permitted using in-built phone editing tools.
- Use of external photo-editing applications or advanced editing software is strictly prohibited.
- No copyrighted photograph downloaded from the internet is allowed — in such case the team will be disqualified.
- The photograph must be submitted in the prescribed digital format.
- Participants should provide a title and 2–3-line description for each photograph.
- The organizing committee reserves the right to reject inappropriate or offensive content.
- The file name must be the "CONFERENCE REGISTRATION NUMBER- INSTITUTE NAME (SHORT FORM)".

Lipan Art

Traditional Mud & Mirror Craft

Entries	2 entries from each institute
Team Members	2 participants
Time Duration	60 mins
Board Provided	6 x 6 ft board & Clay will be provided by the organizers
Materials	Paint, mirror, glue (participants need to arrange)

Rules & Format

- Participants must arrange their own additional materials required for the artwork.
- No pre-made or pre-moulded Lipan pieces allowed; work must be done on-site.
- No pre-drawn sketches transferred onto the board before the event starts, light pencil line allowed within the allocated time.
- Artwork should represent creativity while maintaining the traditional essence of Lipan art.
- Artwork must be labelled with the allocated ID.

The physio arena

- Moderated by: DR Mayuri Lakhwani
- Contact details: +91 9714133556

Entries	1 entry per Institute
Team members	4 members per team
Time duration	2 hours
Eligibility	UG & PG Students
Checkpoints	8-10 checkpoints across campus

Rules & regulations
• All members must carry valid student ID. • At each point there will be a OSCE patterned station for attaining the next clue. • Skipping a checkpoint will lead to addition of penalty. • No damaging campus property, signage or plants to find clues. • Misconduct, tampering with another team's clues or inappropriate behaviour will lead to disqualification. • Organizers' decision on scoring and disputes is final. • Participants must follow instructions from the volunteers stationed at each checkpoint and throughout the course of the treasure hunt. • Each team will be provided a map of the campus to guide the hunt. • Mobile phones will strictly not be allowed and will be collected before the beginning of the treasure hunt. • Participants should report 30 mins before the beginning of the event. • No substitution of participants will be permitted once the teams are registered.

Reel-making contest

Eligibility	UG & PG students
Entries	Multiple entries from an institute are allowed
Team members	1-2 participants per team
Time duration	30 sec-1 min video length will be allowed
Submission	
Theme	

Rules & regulations
• The minimum resolution of video should be 1080P, preferably 4K if available. • The reel must be uploaded in 9:16 aspect ratio. • The reel must be clear and free from any indecent gestures. • Personal information must not be included in the reel. • Reel should be with appropriate and have a clear audio • Names of participants, Contact details of all participants & CONFERENCE Registration number. • The file name must be the "CONFERENCE REGISTRATION NUMBER- INSTITUTE NAME (SHORT FORM)".